

Studfield-Wantirna Community News

Edition 7 - Summer 2009/10



Photo by Elaine Craig of Knox Photographic Society

- **Ringwood Community Garden Celebrates 30 years**
- **Wantirna Mall Upgrade**
- **Jazz Doesn't Have Rhythm!**
- **History Takes a Front Seat with the Mayor..**
- **The Passing of "Wantirna's Social Lady"**
- **Ruby Reaches 100 years**

Ready for Summer

FREE



A message from
Heidi Victoria
Member for Bayswater



Hello all!

I hope you're all doing well and looking forward to the upcoming festive season! I just wanted to quickly write to let you know about something that affects everyone in our community - Neighbourhood Watch. Recently there have been changes by the Government,

making it harder for Neighbourhood Watch to operate. The provision of highly localised information about crime in our neighbourhood is being replaced by more generalized data for a whole Police Service Area - in this case, the whole of Knox. Neighbourhood Watch is an important tool in crime prevention, and it needs your input. I encourage everyone who is able, to get involved. To find out more about Neighbourhood Watch or other local organisations you could volunteer with, please contact my office on 9729 1622.

Have a safe, joyous and happy festive season.

Heidi.



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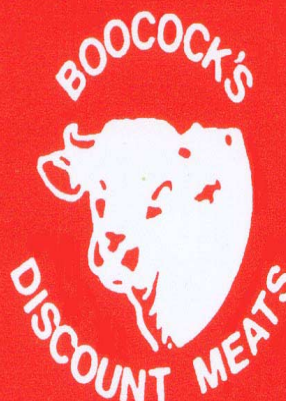
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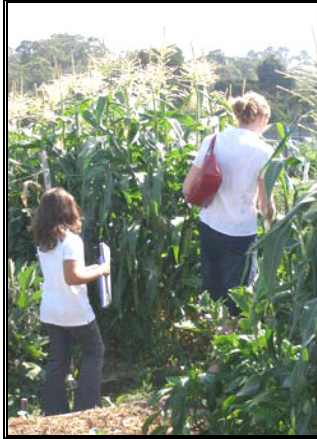
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Ringwood Community Garden Inc Celebrating 30 Years of Active Community Gardening

From Phoenix to Open Garden.

Ringwood Community Garden will be open to the public on 30th and 31st of January 2010 as part of the ABC Open Garden Scheme. The gardeners have been growing vegetables, fruit and herbs for 30 years making the club one of the oldest in Victoria.



Our membership is a rich mix of individuals from a wide variety of cultures who happily share ideas and perspectives on what and how to grow vegetables, herbs, flowers and fruit. A virtual United Nations exists within the Garden. On any given day it is possible to hear Italian, Greek, German, Polish or Chinese accents mixing with the English of Irish, British and Anglo-Australian members. The diversity of propagation techniques and the wide variety of produce reflects this broad cultural interchange.



We have citrus trees, berry plants, peas, beans, artichokes, chives, onions, potatoes, tomatoes, lettuce, rhubarb, sweet corn, spring onions, Chinese vegetables, water melon and herbs all growing in well-developed plots. We are also delighted to have the involvement of local disability groups on several of the plots including the sensory garden established along the front fence.

For the first two decades its home was near the heart of Ringwood. In 2002, the site was claimed by the Eastlink development and the bulldozers moved in and the Ringwood Community Garden faced closure. However, after persistent lobbying the gardeners secured a new site from Vic Roads.

Situated in Selkirk Avenue, Wantirna, this land is located adjacent to the J. W. Manson Reserve, a popular recreation area for local residents. The Garden opened at its new location in July 2004 with 102 garden plots on what was once been bare, open ground.



No-one had expected the Garden would survive its site loss, so its regeneration, literally like a Phoenix rising from the ashes, is testament to the energy and enthusiasm, persistence and effort of the members. They are to be congratulated on this example of community solidarity - demonstrating what can be achieved by commitment and perseverance.

As a result the Ringwood Community Garden continues to prosper and provide residents of Knox, Maroondah and surrounding suburbs the opportunity to grow heritage organic vegetables in a sustainable, supportive community environment.

The club is grateful for the support of local and federal politicians, Maroondah City Council, the Federal Government 'Regional Partnership Funding Scheme', South-East Water and other sponsors.

•oO•

**Come and visit the
Ringwood Community Garden
Selkirk Avenue
Wantirna**

30th Anniversary Open days

Saturday 30th and Sunday 31st January, 2010
10.00AM to 4.30PM
Admission \$6.00

(35% of the entry fee is retained by the Garden)

Fresh, organically grown produce on sale.

For further information contact:
Ringwood Community Garden Member Secretary
Ralph Powell - 9801.4031

www.ringwoodcommunitygarden.org.au

Contact

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Contact: Orana Neighbourhood House.

TO ADVERTISE:

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Thank you to the local businesses who support the production of our community newspaper.

Please support us by supporting them!

Ready for Summer!

Welcome to Studfield Wantirna Community News Summer Edition! Our paper is produced by a volunteer team and is an initiative of Orana Neighbourhood House in Wantirna South. The purpose of our paper is to provide an opportunity for our local community to share information and to gain a better understanding of the activities and services available. Local groups provide networks for involvement that help people keep active and connected. They help strengthen our community and make it a better place to live. We also provide a vehicle for local traders to promote their businesses. We focus on small local businesses as they are an integral part of our community. We are grateful for the support of businesses who choose to advertise with us. Without their support we couldn't fund the production of our paper.

Recently, two of our team attended the Community Newspapers Association of Victoria (CNAV) conference in Toolangi near Kinglake. There was an interesting forum on the role of community newspapers in times of crisis. In the fire affected areas community newspapers have helped local people keep informed while so much is changing around them. It was apparent that communities rely on the networks within them to provide necessary support to local people. Resilient communities are equipped to help themselves and are also able to reach out and support one another in times of crisis. The question is what makes communities resilient in the first place? All across Victoria community newspapers do a great job strengthening their communities.

Happy reading!!

Janet Claringbold, on behalf of the team.

Thank you to Cr. Adam Gill and Cr. Joe Cossari for their generous support of our community paper.

What's happening..... at Orana Neighbourhood House

We are looking forward to a "new look" Orana in 2010. Orana has received funding for a portable classroom through the State Government's Modernising Neighbourhood Houses scheme and thanks to the Federal Government's economic stimulus package, the Knox Houses Network of five Neighbourhood Houses, has received over \$800,000 as part of a Teaching and Learning grant. Of this, Orana will be receiving elearning equipment and \$30,000 for a refurbishment.

This funding is very welcome and will allow Orana to provide more programs and activities to the community in a better facility.

Orana's program for term 1, 2010 will be available before the end of the year and will be delivered to local homes in January. So keep an eye on your letterbox!

Orana Neighbourhood House, 62 Coleman Road, Wantirna South
Manager: Leeann Herman Telephone 9801 1895
onh@netspace.net.au www.orananh.org.au

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Wantirna Mall Upgrade

By Janet Claringbold

In early 2010, works will begin on the upgrade to Wantirna Mall. The local community has been somewhat puzzled by the \$1 million plan, when they can recall improvements made to the shopping area only a few years ago. There has been some concern about losing carpark spaces and the removal of trees.

According to Angelo Kourambas, Director of City Development at Knox Council, the original request for an upgrade came from the Wantirna Mall traders' group. The group petitioned the Council for an upgrade and it was successfully included in forward planning as long as five years ago. The Wantirna Mall upgrade is part of the Council's program to continually improve key activity centres throughout Knox as set out in the planning blueprint "Knox 2025". Other recent upgrades include Bayswater and Dorset Square in Boronia.

Council considers the improvements made to Wantirna Mall a few years ago more of an aesthetic improvement rather than a coordinated approach to the whole centre. For this upgrade, the carpark will be brought up to Australian Standards and safe pedestrian access from the carpark to the shops is included. The current garden beds are being removed to allow for wider pedestrian areas to encourage more outdoor activities. The paving will be redone on all of the paths in front of shops but will not include the paths at the west end of the strip as these don't belong to Council.

The Department of Primary Industries in the State Government operates a scheme to "underground" powerlines throughout Victoria. The purpose of the scheme is to improve local areas in a number of ways including;

- allowing for more trees on street sides;
- more space for parking;
- more alfresco space for restaurants and cafes;
- improved power reliability because placing wires underground can offer more protection from trees and damage during storms;
- improved vistas and general enhancement of livability for the community.

The Powerline Relocation Committee will pay 50% of costs to Knox Council for the Wantirna Mall project as a successful applicant.

It looks like we will have to wait for better shade at the Mall as all the trees near the shops and all the trees in the carpark are being removed, except the two lemon scented gum trees near the toilets. The trees along Mountain Highway are also staying. Although the carpark trees are being removed, they will be replaced with 35 new trees. Along the promenade, near the shops, the trees will be transplanted to other sites in and around Wantirna and replaced with 57 trees. Works will not include improvements to individual shops and shade or wet weather awnings as these belong to each individual shop owner and are therefore, not the Council's responsibility.



Trees planted in the carpark at Dorset Square in Boronia

Darren Wallace, President of the Knox Environment Society feels that the spotted gums in the carpark were a very poor choice, when they were originally planted because they may eventually grow very large, destroying the carpark surface and will ultimately either require removal, or significant loss of carpark spaces. Already, some damage to the carpark is evident. Darren explains that this species is generally not a very good shade tree, as it is quite "upright" in form. Darren believes the proposed replacement trees that are smaller growing are more appropriate for carpark spaces. A number of them are local indigenous species such as the Red Box, which grows particularly well in difficult situations such as carparks, where there is significant exposure and radiant heat from the asphalt surrounds.

These trees will develop a lovely well rounded canopy for future shade.

Darren is also particularly pleased to see the project contains significant water sensitive urban design features (which should improve the water quality of "run-off" before it enters storm water) and to see the retention of the 2 Lemon Scented Gums around the toilets as there is enough space there for them to develop into truly magnificent trees.

If you have any questions or would like more information about the Wantirna Mall Upgrade or would like more information, you can call Jane Kuchins at Knox Council on 9298 8534 or email wantirnamall@knox.vic.gov.au.

Ref: www.knox.vic.gov.au, www.dpi.vic.gov.au



Introducing the Rotary Club of Knox

What actually is a Rotary Club? People see the Rotary Wheel in various places and wonder what it means. A Rotary Club is a service club. Essentially, any Rotary Club does three things. In the case of the Rotary Club of Knox this entails:-

Projects in the Knox Community

In the Rotary Club of Knox recent projects have included:-

- Replacing light globes in the local community,
- Tree planting, in conjunction with Knox Council,
- Promotion of 'bowel scan' in conjunction with a national initiative against bowel cancer.

Projects in Other Communities

Rotary has a strong tradition of international projects. In the case of the Rotary Club of Knox this includes:-

- 'The Spirit of Sharing' which last year raised \$59,000 for chronically underprivileged children in Fiji
- The funding of ShelterBoxes which give vital life-saving shelter and supplies to people caught in floods and tsunamis in Burma, Samoa and Sumatra.
- The sending of urgently needed hospital beds to Sri Lanka and Fiji.



Club member Cr. Peter Cole delivering sporting goods to children in Fiji in the Rotary-sponsored 'Spirit of Sharing' initiative



Rotary Club of Knox member Rod Williams submits to a sponsored beheading at a Rotary function

Fund Raising

Throughout the year the Rotary Club of Knox organises fund raising activities. These bring in much-needed cash but are also great fun for everyone concerned. In the last year these have included:-

- A memorabilia night where people could be photographed with Robert Harvey.
- Sausage sizzles at Bunnings and the popular 'Street Rod' events.
- A jazz afternoon with a 20 piece band.



Robert Harvey with Andrew Burgan of Rotary Club of Knox.

The Rotary Club of Knox meets at the Knox Club on Wednesdays at 12.30pm. Meetings carry on until 2.00pm For further details please phone president Gary Weston on 0409 553 168 or at westong@bigpond.com.



Your Local State Emergency Service - Knox SES

Volunteers Serving the Community

By Nicole Mills

Seasons Greetings...

What a busy time the volunteers of the Knox State Emergency Service have had over the past 6 months.

Requests for assistance have exceeded 600 individual tasks since the beginning of June this year. The majority of these jobs were for storm/weather affected fallen trees or tree limbs. Other tasks included; Building damage, trees down causing traffic hazards and flooding. Knox SES volunteers are also responsible for the rescuing of trapped persons, whether through road accident, household or industrial mishap.

The City of Knox was affected by a significant wind storm during the month of August. Within a 48 hour period from the 24th to the 26th of August Knox SES was inundated with calls for assistance from more than 350 residents. Due to the urgency and substantial damage encountered, Knox SES was assisted by 15 other SES units from around Victoria. At one stage during the operations there were in excess of 90 State Emergency Service Volunteers in the field assisting residents from all 9 suburbs within the City of Knox, with the worst hit area being along Boronia Road from Wantirna to Boronia. Volunteers and resources came from Dunolly,

Kyabram, Brimbank, Malvern, Corio, Geelong, South Barwon, Castlemaine, Wangaratta, Seymour, Frankston, Pakenham, Chelsea, Altona and Narre Warren SES units. Supports also came from the Department of Human Services, Victoria Police, Salvation Army, local CFA Brigades, VICSES regional and state offices and the Knox City Council.

SES volunteers are on-call 24 hours a day to provide emergency assistance if you or your property are affected by a flood or storm. Call 132 500 from anywhere in Victoria for emergency SES assistance. When you phone this number you will be connected to an emergency communications centre who will direct your needs to your local SES unit. For any other emergencies phone triple zero (000) to be directed to Police, Fire or Ambulance.

As the festive season is fast approaching, it is a timely opportunity to remind everyone to take care on the roads. Please ensure that you abide by the road rules and stay safe this and all future years.

From all of the volunteers at Knox SES, we wish you and your families all the very best for this Festive Season!..... and a Happy New Year!

Victorian Jazz Archive Inc.

Located at the western gateway to Wantirna is the Victorian Jazz Archive Inc.

JAZZ DOESN'T HAVE RHYTHM!

My name is Maria and I have recently joined the VJA as a volunteer. That's nice I hear you say, not all that unusual. Well it is in my book, as I have not been brought up listening to Jazz music, but a variety of different music, due to having older siblings etc. My era was the late 50's and the 60's, dancing to Rock and Roll, Twisting, Shaking; you name it I did it; in fact I was known as swivel hips in my younger days! Whoa! I hear you say again, what on earth am I doing here in a jazz environment. I just love music with a passion. However let me quantify myself.

For the last 11 ½ years I have worked as a lift driver and information officer for Myer Melbourne in the Bourke street store. I was made redundant earlier this year, along with the last of my fellow team members as a result of the store being totally rebuilt inside, including the eventual demolition of the over 95 year old manual lifts.

After looking for some time for new employment it was suggested to me to volunteer for the VJA since I like music and I have computer skills, general office skills and so on. But, I thought, jazz music, I know nothing about it and I'm not sure I even like it. I had the impression it had no rhythm, even though I had a debate on the train home from work one night with a native African Australian man who told me off and gave me a run down on the history of jazz. It was a most enjoyable trip home.

So I took the bull by the horns and phoned Ray Sutton the General Manager of the VJA. He was giving me a run down on the operations and involvement of the VJA, and I gave him a brief outline of the appropriate skills I would be able to contribute as well. His enthusiasm was very obvious as well as infectious and I was beginning to really warm to the idea. He suggested I come in for an interview and I managed to be there within the hour. At this point I have to say when I put the phone down my hand was shaking, and thought it weird and took it as a good omen; I certainly was not nervous.

Well you could have blown me down with a feather when I walked in. The whole place was full of people a number of years older than myself (I affectionately call anyone older than myself including my hubby an old codger) and most are computer literate. That in itself for me is a wonderful sight, then you hear happy dancing music from several places in the

area. I felt like doing the Charleston immediately, and everyone was happy doing whatever they were doing, be it accounts, archiving data on the computer, digitizing photos, or posters, ripping music off records to record for archiving, you name it, it was being done. I was hooked even before I had formally met anyone; I knew I wanted to work in this environment more than anything.

Ray and I sat down in the kitchen and chatted which included me giving him my resume. The longer we chatted the more I knew I wanted to be here. Even though I had told him about my lack of Jazz knowledge, I had the necessary skills to help the processes that were already in place. I was also given a tour and met some of the people and found them all to have a wonderful sense of humour (without political correctness), and that is what makes it so great to work there.

I went to a Jazz event not long after I started, the fundraiser for the Ferntree Gully Fire Brigade, where I helped sell some raffle tickets and if you were there you may remember me. I loved every minute of it and danced till I could no longer move my feet. I get reminded occasionally that I once said that I thought Jazz had no rhythm and have to admit that I am being inducted to jazz in the best possible way and loving it and am slowly building my collection of jazz music.

Maybe if you're wondering how driving a lift at Myer gives me computer skills. Prior to Myer I had worked in a number of offices and at Myer I created our own personal floor plans for each floor in each building, I also did the staff roster for our own department and so on.

And just in case you would like to know what it was like to drive a lift, check out the following website makingaustralia.abc.net.au go to "Story Gallery" and then mine is titled *liftgirlslament*. It might give you some idea of what makes me tick. I am looking forward to many years working here.

Cheers, Maria.

If you have some time available, and would like to join the happy throng of volunteers, at The Victorian Jazz Archive located at "Koomba Park", 15 Mountain Highway, Victoria, call Ray Sutton on 9800 5535 Website: vicjazzarchive.org.au

CHRISTMAS RECOLLECTIONS

By Jenny Slater

Each year, as the Christmas season approaches, my mind winds back the clock to the festive celebrations of my childhood. Anticipation and excitement were generated when Mum began her annual cooking marathon with the wonderful aroma of the Christmas cake cooking in the oven of the wood fuelled stove. Half a mallee root and closed flue did the job to perfection.

The puddings were always prepared when every family member was at home to ensure they could each make a wish whilst stirring the sixpences and threepences in to this magnificent mixture of dried fruits, butter, eggs, breadcrumbs and most important of all the brandy! No-one made a Christmas pudding like my Mum. After this concoction was boiled in its pudding cloth it was hung on a special hook for several weeks just inside the back door and served as a constant reminder of the joy to come and sometimes it was hung on the clothes line to prevent mould.

Further cooking rituals were carried out prior to Christmas. No matter how hot the weather became Mum would fire up that stove and produce crunchy cheese straws, shortbreads to melt in the mouth, luscious mince pies and other delicious sweet treats to tempt the relatives and friends who visited to offer their compliments of the season.

Doilies, fine china, lace and linen table cloths and dainty silver cutlery were carefully taken from the walnut crystal cabinet and the shelf in the linen press allotted specifically to the storage of these precious glory box items. Mum's cotton house dress and pinny would be exchanged for the corsets and stockings under a formal garment more suited for going to town for the day. Panic would ensue should a visitor arrive unannounced and appropriate preparations had not been made. Somehow Dad usually managed to avoid being present on many of these occasions. Being a man on the land it was easy to offer an excuse like the furrowing out had to be done before the irrigation water arrived or the vines had to be sprayed to prevent mildew.

As the 25th December approached and the school year had finished it was time for we children to do our Christmas shopping. Off to town we went with our shopping lists and money handed out by Dad. Somehow the purchase and the secreting of the gifts and the wrapping ritual on Christmas Eve surpassed the joy of giving and receiving.

Christmas morning, when my older brother and sister woke me to investigate the contents of the pillow slips carefully placed in front of the fire place the night before, each one with a name pinned on, was a time of abject terror for me for I was fearful that Santa Claus would still be there. I was literally dragged in to the lounge protesting loudly. Except the year Mum and Dad had just arrived home from a party and were still doing

their stuff when we chose to get up. Horror of horrors there was nothing in front of the fireplace! Not even empty pillow cases. Happily we found them in the hall that was a close call for our parents!

After the opening of presents amid lots of oohing and aahing with two bleary eyed parents suffering the effects of their night out, the preparation of the food began.

My task was to set the table. Once again out came the lace, the fine china, the silver and the delicate crystal. Strangely it was a pleasure to carry out this task with great precision and thought to detail, and yet, at any other time my sister and I would fight over whose turn it was to set the table.

Succulent, tender roast chook from our own chook house beheaded by Dad and plucked and prepared by Mum, mouth watering pork with the crunchiest crackling and perfect pink pickled leg of lamb from the butcher was the usual fare. This was accompanied by golden brown crispy roasted vegetables and petite shelled green peas. Served with appropriate condiments the traditional delicious repast, once again perfectly cooked in the wood stove using the appropriate number of mallee roots and the exact position of the flue, was enjoyed by everyone. Our plates laden we children were also permitted to have a small glass of saturne.

Somehow we still managed to find room for the pudding for there would be no money otherwise, and so, with a reminder to chew carefully, we would dig in. "I've got one!" would be the cry as a silver treasure clinked on the spoon of the eater.

All hands on deck for the washing up and re-setting of the table for the evening meal was the next requirement. This was followed by a rest, which for me, usually meant playing with new toys or the enjoyment of reading a brand new book.

Despite the fact the weather was mostly extremely hot, often 40 degrees, my father insisted on the hot meal but the work and organization was Mum's domain and she obliged year after year.

It must be revealed that not all Christmas Days hold joyful recollections. There was the year when I was seven years old and suffering a gastric upset. I lay on the couch all day unable to lift my head and felt utterly miserable or when Auntie Peg got drunk and verbally insulted my mother thus ending a long standing friendship.

After the death of my father my mother moved from the family home to a house with an electric stove and, although she continued to cook Christmas dinner, I swear it was not quite the same as those years when she used the ever reliable old wood stove.

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What's Cool at School?

Proudly brought to you by
Shaun Leane MP,
Member for Eastern
Metropolitan Region



Wantirna Primary School kids learn to make good health their choice!

The learning community at Wantirna Primary School promote a solid foundation of social, emotional and physical wellbeing, to build academic growth and success. One aspect of this is the school's involvement in "Free Fruit Friday", a state government initiative where students at almost 300 Victorian government primary schools are enjoying free fresh fruit every Friday, as a part of the 'Go for your life' program.

The school has made a link with the Wantirna Mall Fruit Market grocer, supporting local business as well as providing the children with a variety of high quality, seasonal produce every week. Free Fruit Friday aims to increase the consumption of fruit and vegetables, as they are a vital part of every child's life.



Stephanie, Ben, Tyler and Matthew of Wantirna Primary School know what healthy food is all about at Wantirna Mall Fruit Market

The program is more comprehensive than just supplying free fruit and vegetables because children are also being taught the benefits of healthy eating habits at school. During Term Four the students in the Junior Learning Unit studied a unit of work on 'Healthy Food', investigating the many reasons to enjoy a wide variety of fruit and vegetables, including the provision of important vitamins and the prevention of disease. The supply of fresh fruit each week enables the children of Wantirna Primary to make real life links to the curriculum and assist decision making.

School Principal Jason Walker says "Not only are we ensuring our young people get the best possible start in life, we are buying locally and supporting our local community."



Zac is a happy, gorgeous 4 & 1/2 year old Bichon Frise X Poodle. Zac first presented to us under horrific circumstances - He had been hit by a car.

Superficially, his injuries were extensive, but we had no idea about any internal injuries and wouldn't know until x-rays were performed. Immediately we saw the gravel-burned and bruised area over his right side and some small punctures on his chest.

Suffering from pain and shock, Zac was given pain relief and placed on IV fluids to stabilise him before we investigated the true extent of his injuries. His external wounds were bathed and dressed and he was put into a bed to be constantly monitored and stabilised before x-rays of the chest and abdomen could be done.

The next day proved both good and bad for Zac. The x-rays showed no breaks but his skin was a mess! Under anaesthetic Zac's skin was cleaned and all dirt and stones removed. One deep hole was stitched and the rest bandaged to make sure it had a moist and clean environment to heal.

The major problem that Zac now faced was the high

possibility that the area would never properly heal as the skin had been damaged so extensively. Weeks of re-bandaging and checks would tell the story of Zac's wellbeing.

Over the next few weeks some areas of Zac's skin had healed well but other areas had not and needed to be removed surgically. This was a trying process for both Zac and his owner however both had the courage and will to continue.

After 6 weeks of visits of bandage changes only one area had not healed successfully and Zac was anaesthetised again to have the area de-brided, re-stitched and re-bandaged for the last time. 14 days later the last stitch was removed from Zac and he had his first complimentary hydrobath 2 months after the accident! During all the time Zac had visited and stayed, he had been nothing short of a gentleman and one who we love seeing here.

If you would like to have your pet's health and wellbeing looked after by knowledgeable, professional and caring people, please contact us on 97299908 or drop into 6 The Mall Wantirna.



3 weeks after the accident 2 months after the accident

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Dorothy
the *meets* **Santa Claus**
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Knox City Council

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*Australian Banking & Finance Magazine Awards 2008

History takes the front seat with the Mayor in Wantirna... *by Barry Cornell*

With candles blazing the Mayor helps celebrate....

It is not every day you get to celebrate a 75th Anniversary in the community of Wantirna, but that is what just happened on Sunday 25th October. Special guests included Cr David Cooper the Mayor of Knox, Tennis Victoria board member and Treasurer John Bryan and President of Eastern Region Tennis Robert Jackson. Over 70 past and current members along with Life members of the Wantirna Tennis Club from near and far attended, travelling from as far as Traralgon.

Barry Cornell, President of the club welcomed the guests and all those present with special mention of Albert (Alby) Thompson the longest serving life member who attended on the day. Alby with the help of Cr David Cooper cut the anniversary cake. Barry shared the history of "Windy Wantirna" and some of the more recent developments at the club. The club volunteers and members have been very busy recently; improving this number one tennis facility.

Lately the club doubled its rain water tank collection and distribution system which was completely self funded by the club.

Lay Luu, a Club member and local business owner of Wantirna Cake and Kitchen in the Wantirna Mall, provided the Anniversary cake. He was also introduced to those present so that he could show the silver and bronze medals he recently won in Sydney at the Masters games. He couldn't stop smiling and we along with his family are very proud of him.

On display were items placed in the 'time capsule' at the

club's 60th Anniversary which certainly made for some great discussion and memories. The successful function was made even more special with the junior club championship finals being conducted by our Club coach Kelly Bisinella during the afternoon. A special



L to R...Albert (Alby) Thompson, longest serving Life member of Wantirna Tennis Club with Mayor of Knox Cr David Cooper cutting the 75th Anniversary Cake at the Club's recent celebration.

presentation of 2010 Australia Open tickets was made by the President to the winners and runners up competitors, this was proudly provided by Steve Wood from Tennis Australia.

Coach Kelly played an exhibition match with state grade players which made for a terrific fun day with some free coaching tips from the crowd back to the coach. Kelly Bisinella is the Wantirna Tennis Club's resident coach, she is a Tennis Australia qualified elite coach and can be found coaching at the club with her coaching team and the future tennis champions of tomorrow Monday to Wednesday and Saturday mornings. Kelly is also currently conducting a "Mum's tennis" program at the club. Next February, Kelly will commence a 'high performance tennis Academy' at our club for talented juniors.

Overall it was a fantastic and memorable afternoon, proving that the community and family spirit is alive and well at the Wantirna Tennis Club

Inc. If you are interested in coming and looking at our facilities and playing options, give us a call and arrange to come and have a look at the best tennis club in Knox.

Wantirna Tennis Club Inc
Wantirna Reserve, Cnr Mountain Hwy and
Burwood Hwys Wantirna 3152
Melway Ref: 63C8
Club Secretary: Alison 0408576025
or email wantirnatennis@gmail.com
Club coach: Kelly 0414874482 or 9759 6687

Boronia Probus

Our club, of 60 members, was formed in 1988 so we have just reached our 21st Birthday.

We meet at the Knox Club on the First Thursday of the Month. Starting time is 9.45 am.

Our Meetings finish at Noon with Business from 10.00 to 10.30 followed by a "cuppa" break until 11.00. Our first class Guest Speaker then gives his talk until 11.45 followed by questions until Noon.

Our club is a "friendly" club with members having retired from a wide diversity of business activities. We like new

prospective members to attend 2 times before being admitted to the club which we feel is fair to our new friends.

Nomination Fee is \$ 25 and the Meeting Fee is \$ 5 to cover costs for Rent and Food.

There is a club outing or a Club Luncheon each month. We also have an annual trip.

That is enough of the written word PLEASE come to the Knox Club after contacting..... **John Riley 9762 1958**

The Passing of “Wantirna’s Social Lady”

by Glen Turnbull, local historian,

My dear friend and fellow local historian, Mrs Marjorie Noon wrote and informed me of the death of Mrs Doris “Dot” Bromley back in August this year.

Dot Bromley was the wife of Jim Walker of whom Walker Reserve in Wantirna South is named. The tragic story behind the naming of Walking Reserve should serve as a reminder to all who walk the shores of this country.

During a fishing trip in March 1953, Dot’s daughter Lorraine was washed off a rock ledge. In a valiant attempt to save his daughter’s life, Jim Walker (Dot’s husband) jumped into the waves to rescue her. Lorraine and Jim tragically lost their lives that day. Lorraine’s body was discovered shortly afterward, but Jim’s body was never found despite many days of searching.

As Jim’s body was never found, Dot was caught up in a legal loophole for 7 years. The Walker family ran a pulp factory in Lewis Road Wantirna South. The terrible accident caused the business to decline severely before some generous locals pitched in to help.

Dot was the socialite and fundraiser of the area, spending much time working for various community groups, particularly the original St John’s Church of England building and hall. She was a gifted musician, playing the piano for school concerts, weekly dances, fundraising balls and many other events in the district. Her musical trio included Mr Pat Walls of Wantirna

South (headmaster) and Mr Hugh Bunnet, who was a long lived local gentleman.

When Dot left the Lewis Road Pulp works she moved to Ringwood to retire. Marjorie Noon met her there when her own mother was in respite. Later, Dot moved to a Nursing home in Rupert St Ringwood. Dot met Mr Ron Bromley at Ringwood and they later married. She continued playing music after marrying Ron and together they shared a brightness of song and happy memories among the residents there.

When Dot died in August this year, she had reached the age of 97. She is survived by her sons Norman and Ray and grandchildren, many of whom played sport with the Wantirna South Football and Cricket Clubs. Both clubs sent condolences to the family after Dot’s passing.

Dot’s life was certainly altered after 1953 but she remained positive. I sincerely thank Marjorie for remembering the life of Dot Bromley and her work in Wantirna over many years. Today, the naming of Wantirna Reserve and the old Memorial Gates are a reminder to us of the life of Dot and Jim and their extended family.

**If you have a local history question, please contact me at gaturnbull@yahoo.com.au*

Glen is a former president of the Knox Historical Society Inc. and current councillor of the Royal Historical Society of Victoria.



Part of Jim Walker’s Apple Pulp Factory on Lewis Road c.1950



Ask the Osteo! with Dr. Jason Stone of Wantirna Osteopathy

Any muscular or joint problems?
Write in to our featured Osteopath Dr. Jason Stone for advice.
Send your queries to:
studfieldwantiranews@netspace.net.au

Q. I have a shoulder problem which has been so bad at night time that I have to take Nurofen to sleep is there anything else you suggest I can do?

Peter, Wantirna

A. Peter if the Nurofen is helping, you probably have inflammation inside the joint which is usually due to the supraspinatus muscle getting impinged. Often this muscle gets inflamed when we hunch over a lot e.g over a computer causing our upper back and shoulder blades to tighten up and fall forward. This hunching alters the position of the shoulder joint and subsequently puts more

strain on the suprapinatus muscle. It is important to address the sitting posture, get up and move around more frequently and get a therapist to address these tight muscles and joints.

Q. Is swimming the best exercise for back pain?

Marty, Wantirna

A. There are a lot of great stretches that are probably more effective for managing and relieving back pain, however, floating in a pool without the weight of gravity is also a great way to relax the joints and muscles causing pain. The only real issues I have seen where swimming aggravates back pain are when the patient has difficulty breathing on both sides and often ends up with a poor technique. The swimming pool is also an excellent place to stretch and work on improving your mobility.



Reflexology

~ Health Benefits from an ancient therapy.

By Marita Reynolds

Reflexology is a form of massage conducted primarily on the feet and hands. Reflexology dates back as far as 2330BC to ancient Egypt where Egyptian hieroglyphics have been discovered showing physicians working on the people's feet and hands. Reflexology is still practiced today. Modern reflexology dates back to 1917 when a medical doctor, Dr William Fitzgerald developed Zone Therapy, where the body is sectioned into ten zones with each zone representing particular organs or body systems. Dr Fitzgerald made the discovery when he worked on patient's hands and feet, and found that it helped to relieve pain in the related organ of the body. Today a growing number of people are able to feel the benefits of reflexology and see their own health improve.

Reflexology is a non-invasive, holistic therapy that complements all forms of medicine and alternative therapies. We can view the body as a finely tuned instrument and if everything is functioning properly the body remains in a healthy well-balanced state. However, if certain organs or body systems are not functioning properly the body will feel unbalanced and disease may occur.

Reflexology can help to bring the body back into balance by helping to reduce stress, improve circulation and boost lymphatic function. There are thousands of nerve endings in the feet and these are interconnected to other body systems via the spinal cord and brain. A reflex is actually a reflection of an organ or body system located at a specific region on the foot or hand.

During a foot reflexology session the practitioner incorporates gentle stretching techniques to relax and loosen the foot and then works the entire body systems using their thumb and fingers, gently massaging over each reflex area to stimulate the point. By stimulating the reflex, the practitioner and client work together to assess areas of

sensitivity and congestion, indicating the need to improve energy, circulation and blood flow to the associated gland, organ or body system represented on that part of the foot. This process also assists in providing the body with a gentle, yet effective detoxification. Sessions are usually one hour in duration. Following treatment clients usually comment that their feet feel lighter and freer. With our hands and feet working overtime on a daily basis it makes sense to provide them with a little TLC.

The benefits of Reflexology are now becoming more widely known within the community. For people with diabetes, those who have had a stroke or those experiencing difficulties with menopausal symptoms or any circulatory issues, these people may find reflexology beneficial. It can assist in helping to improve a variety of conditions. Whereas one visit will provide the client with a general feeling of relaxation, it is recommended that the client allow at least 3-6 visits to fully assess the effects reflexology has on their condition.

It is very interesting to see ancient healing therapies like reflexology, acupuncture and massage still offering health benefits to us in the 21st century. It is as though we have rediscovered ancient wisdom that was lost somewhere along the way.

Marita Reynolds from Sole Response is a practising Reflexologist in Wantirna Naturopathic and Remedial clinic located in the professional suites situated at the top of the staircase in the Studfield Shopping Centre in front of Tivoli café at Suite 9/249 Stud Road, Wantirna.

For further information on the health benefits of Reflexology please visit our website at www.soleresponse.com. Please also see our advertisement on the colour middle insert for holiday specials.

Ruby Reaches 100 years

by Janet Claringbold



Ruby and Albert Schmolling knew a very different Wantirna when they ran their orchard over 50 years ago. The orchard was on the north-east corner of Stud and Boronia Roads and was home to Ruby and Albert for 25 years. Ruby Schmolling, who now lives at the Knoxfield Hostel in Scoresby Road, turned 100 on November 9th, and has been witness to the locality changing from rural orchards to suburbia.

Ruby was born in Ringwood in 1909, where her father, Newton Greenway was a berry farmer, also selling flowers and vegetables. The berry farm was in Arlington Street, where Ruby grew up. She attended Ringwood State School until she was 14 years, and then worked on the family farm. On Saturdays Ruby worked at a café in Ringwood which was opposite the Ringwood picture theatre. Albert used to come into the café for supper after the pictures, and their relationship grew from there.

In 1935, Ruby and Albert married and began their life together at the Schmolling orchard. Their house is still standing, but has been moved to its current location on the corner of Stud Road and Princess Street, Bayswater.

Albert's father Carl Schmolling, who established the

orchard, was known to have imported a bell from Germany, for the local Lutheran church in 1888. This bell was donated to St Stephen's Anglican Church when the Lutheran church ceased to operate and the congregations combined. This bell is still used at St Stephen's church in Warruga Avenue, Bayswater.

When Ruby and Albert's son Stuart was little, Ruby would walk down to Bayswater station with the pram and catch the train to Ringwood to visit her family. Shopping was mainly done at Pegler's general store in Bayswater, which was known for stocking "just about everything".

In 1960, the orchard was sold and subdivided. Albert and Ruby retired and purchased two adjoining lots of the orchard's subdivision for their new home which was at 89 Stud Road. Ruby established a garden with flowers and vegies. Every year, until Ruby was 96 she made cumquat jam which was her favourite.

Throughout their retirement, Albert and Ruby kept themselves busy raising funds for Monkami, a support centre for people with disabilities in Croydon. Albert made wooden children's furniture, dolls cradles and prams while Ruby sewed and knitted things for dolls. They took orders and sold things from their home raising thousands of dollars. They were awarded Life Membership of Monkami in 1971.

Congratulations Ruby, on a life worth living for 100 years!

Thanks to Pauline Brown of the Boronia & The Basin Community News and to Joan Schmolling. Ref: www.ststephensbayswater.org.au

Knox Home Garden Club *with Lonni Holland*

At the time I'm typing this article, the breeze is blowing a cold south easterly, the skies are clear albeit a few high level innocuous clouds, and the moon is a setting waning gibbous. Musing over the Spring's arctic weather patterns, delivering twice the average rainfall (according to our rain gauge), and the farmers in the Western districts blessed by very good rains and hopeful of a good harvest. The longer wintery conditions were heartening as it signified not only extra water for our farmers, gardens, trees, and creeks but the cold temperatures sustained the moisture in the soils, and extra good snow melt. Keep up your hopes and rain dances for further good rains!

I know I keep on about MULCH, so I hope you've been getting fit shovelling the mulch materials onto your gardens, as I've been shovelling 2 cubic meters of course pine bark. A variety of soft and hard woody or stony mulches are ideal. Importantly, before applying any mulch, either wait until the rains have saturated the area, or use reticulated, recycled or tank water to dampen the soil. If the ground is already dry when applying mulch, it would need to have 20mm of rain before the water reaches the soil to benefit the plants. If the soil is compacted, carefully drive a garden fork in to

loosen and break down the clumps of soil. After feeding the plants with liquid compost or Sea-Sol, start covering with as much organic compost, shredded newspaper, hay or straw, or leaf mould (soft mulches), and top with the hard mulches. IMPORTANT! Resist over mulching especially with the stony, pine bark or wood mulches, as the soil needs oxygen, and thick pine bark can create a mat, and absorb water making it difficult for plants to access water, turning the soil hydrophobic. Be sure to pull "hard mulch" away from the trunks of plants, instead create a dish around root zone.

Remember to liquid feed your vegetables every few weeks with a weak solution of Power Feed, Sea-Sol, or home made liquid compost tea, spread potash around tomato plants, encouraging flowering and fruiting. Don't forget to enjoy your Summer garden, always apply sun block out, and keep drinking lots of water!!

**The Knox Home Garden Club
welcomes new members!**

General meetings held:

**3rd Monday of each month 8pm, Parkhills U3A,
Park crescent, Ferntree Gully.**

Supper afterwards...



Life Activities Club Knox Inc.

The years might have passed by, but being Older, Not Old, we still love to have fun. Some members were coaxed into playing a part in our interpretation of "Snow White and the Seven Dwarfs". This was one of the highlights at our 22nd. Birthday party in October (see photo). Apologies to Ronald Dahl, but you can see that we are no threat!! In fact, some of our Dwarfs went AWOL.

The skits are always fun, just wondering what we'll see at our Christmas Party?

Our Viet Nam contingent has returned from a most enjoyable holiday, and our Weekend Getaway group spent a long weekend investigating Dromana and surrounding area.

Next is our Christmas Party, then it is time for us to wish everybody, happy times with friends and family, a Safe, Pleasant, Merry Christmas, and Success, Happiness, Prosperity and Good Health in 2010.

WAIT, there's more, please feel free to join in on one or two activities during Summer, as our Club continues throughout the year. (Alas) No holidays for retirees!

Unless it is a total fire ban day, we will still be walking, then Cinema, Painting, Water Aerobics, Badminton, etc. etc., remember we are happy to give more information, in

fact, the current newsletter is now available, all we need is your name and address, and the stamped envelope is ready. Then it is up to the Postie.

**More information is available by phone to
Melva 9762 3764 Helen 9729 1151**

Life Activities Club Knox Incorporated No. A0052438Z and is a member of the Life Planning Foundation of Australia Incorporated (Certificate of Incorporation Reg. No. A00 307 09U: A.B.N. 74 869 342 108)



Knox & District Over 50s inc.

As you read this in December, Knox & District Over 50s will have had its AGM and final meeting for the year. We are heading off to the Waverly Golf Club for our Christmas Lunch breakup then we relax till late January when meetings resume. On behalf of our members, I would like to wish all your readers a very Happy Christmas and a prosperous New Year.

Our members will need a bit of a break as spring has been rather busy, especially October. Members headed off to the Blue Mountains for a fun filled and noisy week; replaced the usual Antiques Roadshow hotel lunch with a luncheon outing on Puffing Billy; joined in Knox Council's Seniors Week by running a well attended fun bingo afternoon, delivered roses to nursing homes and finished with a jazz afternoon at the council offices. Not to be outdone, we all got together again for a Cup Day spit roast at the Boronia Progress Hall. There were winners and losers on the sweeps, but everyone was a winner when it came to having a good time. November is also the time of our Annual General Meeting which saw a number of the longer serving committee members stepping aside for a well earned break. This meant a number of new faces coming on board to learn the ropes and share their ideas to reinvigorate the steering committee.

There is already an outing planned for January with a trip down to the Mornington Peninsula wrapped around the

inevitable lunch. This was so popular that our trips co-ordinator had to desperately seek a larger bus to cater for the demand. Other activities are yet to be determined by the new committee, but we all hope the Antiques Roadshow luncheons continue after the first outing organised to the Mulgrave Country Club in January.

We had to suddenly cancel our advertised 5th Tuesday Trivia Day on September 29th due to last minute lack of members to run the event. If you were put out, the Group apologises. Due to the change in committee, the only regular events that most probably will continue, apart from our regular monthly meeting, will be:

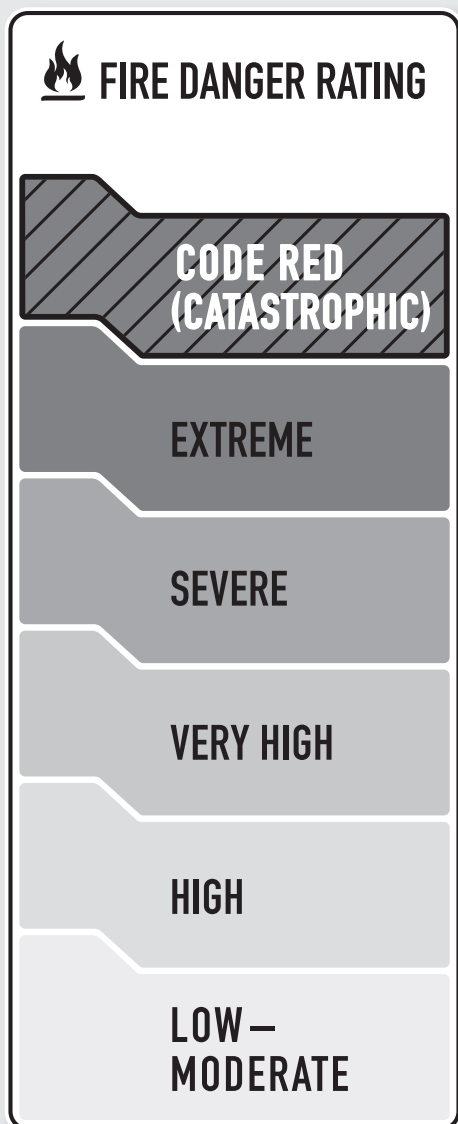
- 1st Tuesday - Book Club at the Boronia Progress Hall
- 2nd Tuesday - Luncheon outing to local venues
- 4th Tuesday - our Group meeting, with a variety of interesting speakers. 1.30 pm start in the main hall

The Knox & Districts Over 50s is not just once a month, it is all of the month. Suit yourself, just come to the monthly meeting or come to everything, it's your choice. Get out your diary and make a note to come along and join in on the 4th Tuesday in each month, or any other Tuesday. We want to see you there.

There is no joining fee and our annual membership is currently \$15. There is a \$2 entry fee to our 4th Tuesday Group meeting that covers hall hire and refreshments.

Enquiries to Stuart Laurie 9763 8756

Making Victoria FireReady:



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- ▶ The safest option is to leave early in the day if you live in a bushfire prone area and your Bushfire Survival Plan is to leave. Only stay if your home is well prepared and you can actively defend it.
- ▶ If you live in a bushfire prone area and your Bushfire Survival Plan is to leave, the safest option is to leave at the beginning of the day.
- ▶ Check your Bushfire Survival Plan.
- ▶ Check your Bushfire Survival Plan.

New Fire Danger Ratings. Look for them, act on them.

Victoria has adopted the new national Fire Danger Rating scale to help individuals and communities understand the level of fire danger on any given day.

The new ratings recognise the significant increase in severe bushfire conditions over the past decade and the greater level of danger to the community, as experienced on Saturday 7 February 2009.

It's important for all Victorians to be aware of the ratings, which will feature on weather forecasts, in newspapers, websites, radio and TV.

The new ratings provide a clear prediction of likely fire behaviour, including how difficult it would be to put a fire

out once it has started. They provide information on:

- The sort of bushfire behaviour that could be experienced on that day.
- The type of threat a bushfire may pose to life and property on that day.

Be aware of the Fire Danger Rating every day during the fire season, and be prepared to take the appropriate actions. For more information go to www.cfa.vic.gov.au

PREPARE. ACT. SURVIVE.
FireReady 

For more information visit www.cfa.vic.gov.au

RINGWOOD FIELD NATURALISTS CLUB inc

When you were at school, did you love Nature Study? Emperor gum caterpillars turning into moths in the classroom, tadpoles growing into frogs and bunches of wildflowers and orchids picked on the way to school. Some of these things are not allowed now, but we still have good memories of these days with our favourite classroom teachers.

Well this may be your chance to follow this love of all things in our natural environment.

The RINGWOOD FIELD NATURALISTS CLUB inc was formed in 1961, 48 years ago by writer and Naturalist Jack Hyett and fellow Naturalist Bill King.

The group was formed and quickly grew to a large gathering of 'like minded' people who shared the love of nature and the bush and what was in it.

Whether it was a love of birds, flowers, orchids, butterflies and insects or many other interests in the local bush and beyond.

The group is still going strong with a monthly meeting, followed by an excursion on the following weekend.

Our meetings are on the second Wednesday of each month at 7-30pm in room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melways 49 H10)

A guest speaker with varied topics each month gives an

illustrated talk, followed by members giving reports and showing images of what they may have seen during the month. Always something new to be learned.

Recent speakers and other information about the Club can be found on our website at <http://home.vicnet.net.au/~rfnc>.

On Wednesday 13th January our meeting is an illustrated talk by local naturalist Linda Rogan.

Her topic is 'The Imperial Blue Butterfly and others from home and away'.

The following month, on Wednesday 10th February the topic is 'Lyrebirds in Sherbrooke Forest'.

All visitors are welcome.

For more details phone Alison or Peter on 9801-6946.



Knox Councillors Visit Templeton Tennis Club Wantirna

Templeton Tennis Club welcomed a visit from Councillors Joe Cossari and Andrew Walter of Knox Council. Our two special guests were shown over the facility in October to gain an appreciation of the activities of the club and current and future requirements in relation to this vital sporting venue.

Templeton Tennis Club Has also been successful in attracting funds from council for maintenance and re-laying of pavers that have been affected by the prolonged drought. Ongoing removal of some of the older trees and some re-planting, has further enhanced the area around the clubhouse.

Templeton Tennis Club established for 25 years, is a premium facility located in the City of Knox. The complex features 8 synthetic grass 'drought proof' courts catering for all levels of ability and offers a range of competition including: -

- Junior Saturday morning competition.
- Saturday afternoon Senior Men's and Ladies competition
- Mid Week Ladies competition.
- Night competition - Monday, Tuesday, Wednesday and Thursday evenings.

We can also improve your existing game, or even if you are a complete beginner, get you started via our elite coaching staff!

At Templeton Tennis Club we never overlook the social aspect of the game and it is great to see the many family groups taking to the courts, particularly on a Sunday for some exercise and enjoyment.

Come up and check us out! We invite you to and see what we offer! Should you wish to visit the club, please contact us and we will happily show you through the facility.

Come and join us at our family friendly tennis club....Your club....Templeton Tennis Club.

Templeton Tennis Club Inc.
Templeton Reserve, Templeton St Wantirna 3152.
Melways Ref. 63 G9
Membership: Russell 9887 1957
Clubhouse Phone: 9887 3505
President: John 9803 0201
Coaching: Kelly 0414 874 482
Email: templetontennis@gmail.com



27 HAVELOCK RD
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Ph: 9729 3425



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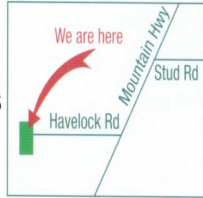
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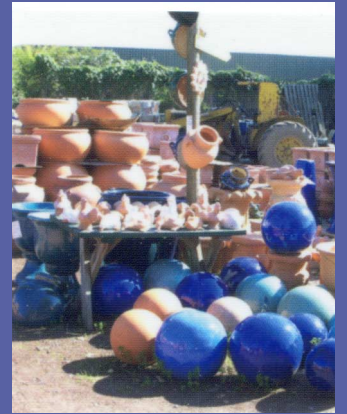
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Phone: 9729 2305



Dr. Alison Brown
BVSc(Hons), MACVSc

6 The Mall,
Wantirna 3152

Phone: 9729 9908
Fax: 9729 9805

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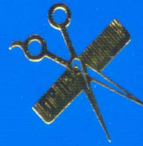


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