

# Studfield Wantirna Community News

A free community newspaper

Edition 15 - Summer 2011/12



Where do the people of Wantirna go in Summer? The Beach?

- Studfield Primary School Time Capsule
- History of Bialik
   College
- Knox School students build Penguin homes
- Wantirna Bendigo Bank's New Manager



Photo by Chris Ellis

Delivered FREE to 7000 households & businesses in Studfield and Wantirna

#### **INFORMATION** and **CONTENTS**

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#### **POSITION VACANT:**

SWCN is looking for volunteers to help get our community paper out to the Studfield and Wantirna Community every second month. No experience is necessary, just a commitment to the SWCN philosophy of strengthening and informing the local community.

If you are interested in joining our friendly team and getting involved in your community, we would love to hear from you.

## Enjoy your summer holiday!

The team is very happy to welcome new member Arlene Bach. Arlene will be writing community stories for us and has started by introducing herself (page 3) and by writing an article about the Studfield Primary School time capsule on page 5. We look forward to Arlene keeping us informed in future editions.

Arlene's arrival is timely as we are taking the plunge and moving from quarterly to bi-monthly production in 2012. Our next edition will be in February, then we will have editions every second month, with the final edition in December.

Last month, the SWCN team attended the Community Newspaper Association Conference in Geelong. It's great to gather new ideas and information about community newspapers all over Victoria. We are grateful to Knox City Council's Community Development Fund for providing funding to allow our volunteers to attend this annual event.

The crazy pre-Christmas days are fast approaching. People are busy, busy, busy as the end of the year events run into hectic Christmas shopping, with parties, concerts, gatherings, last days and farewells taking all our time and attention.

With all that action, we can do with a holiday! By early January, Wantirna is so quiet. The contrast is stark as people leave the city for annual holidays. So where does everybody go? Many people holiday at regular destinations, and meet up with their "summer friends". We would love to hear your holiday stories and share them in our February edition, so drop us a line at swnewspaper@gmail.com.

Happy reading and enjoy your break!

Janet on behalf of the team.

Interested in previous issues of SWCN? Visit our website at studfieldwantirnanews.wikispaces.com

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Thank you to all the volunteers who contribute to our paper with photos, stories and articles.

Thank you to our local Members of Parliament for their generous support of our community paper.

Thank you to the local businesses, who support the production of our community newspaper.

Please support us by supporting them!

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# **Welcome to SWCN's New Volunteer**

My name is Arlene, and I live and shop locally and pick up my copy of the Studfield Wantima Community News at the Wantima Mall Bendigo Bank.

Last edition I saw a Position Vacant Ad for a Community Story Writer, and after applying for the position and being enthusiastically welcomed by the Committee, here I am.

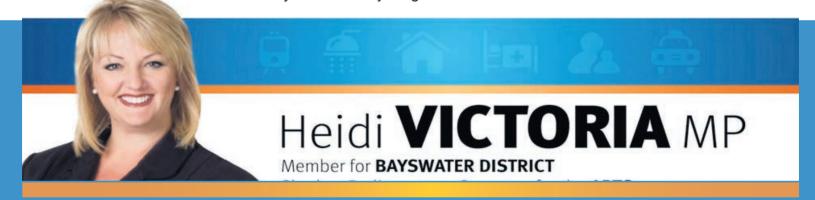
I have lived in Wantima for the last nine years with my Husband Rainer and the love of our lives, our Staffy Monty. We love this area for its abundance of walking tracks and parks, and being woken up by the sound of the Maggies warbling good morning to us. We also have a resident owl in our street, and we see him quite often if we are coming home late.

My full time job is as a Bus Driver taking Disabled Children to and from school, which is always interesting and at present I have a great group on board, with many many different skills and talents among them. We have a very talented Artist, a prolific Leggo Builder, a beautiful singer and a very accurate Mathematician and they are just a few of the talents on board. Most of them love a chat and are happy and enthusiastic in whatever they are doing. So as you can see, mine is a lovely job that doesn't really feel like work at all.

Some of my interests include hunting for bargains at Markets, Op-Shops and Antique Shops, I have had some great bargains from the Wantirna Market on a Sunday, where you can get just about anything you want, and sometimes find some really strange and peculiar things too. I love music, anything from Neil Diamond and John Denver to AC/DC and just about anything in between. Over the years I have completed guite a few Tapestries and Craft projects, and will be having my very first go at making a Patchwork and Applique quilt, once the first parcel of it arrives at the end of each month, so hopefully in nine months I will have a gorgeous Country Farmyard scene Quilt to display, wish me luck with it! Reading would be my favourite past time and I cant sit down without having something to read, even if I am watching T.V, all read just about anything, from my favourite Author Stephen King to the latest Junk Mail that's been delivered. Speaking of which, get ready for the avalanche of it with Christmas fast approaching!

I am looking forward to getting into my new position here at S.W.C.N and meeting new people and experiencing new things.

See you next Edition, Arlene



#### Hi there!

I hope you're all enjoying the warmer weather as we head towards the festive season. I can't believe how quickly this year has gone. As we all look forward to taking a well earned break, the summer holiday period is one that often brings an increased risk of trauma on our roads. It saddens me to hear news of families going through the tragedy of losing a loved one at a time when they should all be celebrating their lives together. Whether you're spending the holidays at home or at a beautiful location elsewhere, I would like to appeal to you all to stay safe on our roads. Slow down, think before you drink and just remember that your wellbeing is more important to your family than any gift you could give them.

As the weather warms up, we should also remember that an enjoyable day at the pool or beach can turn deadly if we don't look out for each other. Preventable drownings are responsible for the loss of far too many young lives at this time of year. So if you're holidaying with children by the water this summer, always keep them within your sight.

On a lighter note, this is the time of year when I attend a number of local school concerts, graduations and celebrations. Whether it's an end of year assembly for a group of Preps or a valedictory dinner for those finishing secondary school, I always pick up a sense of excitement for the future from every student I meet. As a mother, I know every parent is proud of their own child but I think we, as a community, should take a great deal of pride in the generation of children we have brought into this world. I would like to wish you all a happy and safe Christmas. I look forward to seeing you all again in 2012.

Contact Heidi on 9729 1622, or email: heidi.victoria@parliament.vic.gov.au.

# **News from The Library**



#### The year is fast drawing to a close and summer will soon be here and with it the Summer Reading Club.

The Summer Reading Club has its origins in children's library programs which commenced in the USA in the 1890's, which laid the foundations for library services to children. It has grown into an annual event enjoyed by children in many countries and shared by thousands of Australian children in all states.

The theme for this year is 'The Amazing Read'. Young readers are asked to sign up to read ten books of their own choice to go into a draw for some great prizes. There are rewards along the way to encourage the children to complete

their reading record. They can do as many reading sheets as they like, all the more chances for a prize.

The Summer Reading Program opens on Thursday 1 December: children can sign up at any ERL branch. We will celebrate the close of the program on Monday 23 January 2012 with celebrations at Ferntree Gully and Lilydale Libraries. Our special guest at the celebrations this year will be singer and entertainer Andy Mason who comes to us all the

way from Seattle in the USA. Andy has been entertaining children for over twenty years and is a much loved guest at Summer Reading Club gatherings in the USA.

Recently due to an initiative of ERL Board Member Councillor Adam Gill and funded by the City of Knox, we are now able to offer regular Saturday storytimes in three Knox Libraries. Knox, Rowville and Boronia Libraries host storytime sessions every Saturday at 10.30am. We are hoping that families whose commitments make visits to weekday storytimes impossible, will be able to share the joy of storytime on the weekends. We are also able to offer storytime sessions at Bayswater West Community Café during term times. Look for our storytellers at the popular Cinema under the Stars at the Guy Turner Reserve Bayswater in summer 2012.

The year 2012 has been designated the National Year of Reading and Eastern Regional Libraries has a number of plans to make the year a very special one.

To celebrate our love of words we have invited wordsmith David Astle to join us on Valentine's Day 2012. David will be familiar to viewers of the SBS quiz show 'Letters and Numbers' where he never ceases to top contestants with the obscure words he discovers. Known to crossword addicts as 'DA' David creates crosswords for some of Australia's leading publications. If you love words keep lunchtime on Tuesday 14 February free for a date with David.

Charles Dickens will be 200 years old next year and we will be celebrating that event

> on a Sunday afternoon in late May with a performance of 'Playing Miss Havisham' with New Zealand performer Helen Moulder. This presentation has been very well received and we are delighted to be able to celebrate one of world's most loved writers in the Year of Reading.

Later in 2012 Eastern Regional Libraries will be staging a children's literature festival over a weekend in July. We will be offering the chance to meet with authors, take part in workshops on writing and art and to enjoy some of

our favourite entertainers and meet some new writers, artists and performers.

Eastern Regional Libraries Children's Reading Ambassador has been selected for the National Year of Reading. Our Youth Services Librarians have been impressed with the workshops and books of Adam Wallace, and we feel he will make an ideal ambassador. Adam is an artist. poet and author with several books to his credit. Children will love his book 'Better Out than In' and love playing with the newly published 'Fun Ferret'. board books. Adam is a former engineer and teacher who decided to become a full time writer. Fans of Andy Griffith will love his work and be amazed at his range of talent. Check out his website www.adam-wallace-books.com/ index3newnew.htm and get to know him better. He will be joining us at a number of children's events next year and is sure to become a firm favourite.

# Talking Tech with Micah **Choosing Your First** Computer

Shopping for a new computer can be a bit of a daunting task, especially if you are not quite sure what you need. Chances are you don't play the latest high definition games, and probably require something guite entry-level. If you'd like the ability to email friends, surf the internet, and do basic word processing, then even the cheapest computer will suit you fine. Laptop computers have massively dropped in price, and now it seems all the major retailers will have something around the \$399 price point. Sure, they might try to convince you that a thousand dollar alternative is better suited, but be wary of the incentives some sales people receive.

Desktop computers are often a little bit more expensive than laptops, though it's hardly logical as to why. Savvy marketing will attempt to convince us that bigger is better, but when it comes to choosing your new computer, a laptop is not only more convenient than a desktop, but many of them are better value too! Just be sure to find the model with a screen size that suits you, down the track you can always upgrade the performance specs of a laptop, but you're stuck with the screen for life. The best offers are generally on 15" notebooks. they are most commonly considered the right balance between performance, price and portability.

If you'd like any extra advice on buying your new computer, please email micah@talkingtech.com.au and you'll be looked after. Or, if you'd like to rent-to-own a computer, contact Computers For All on 1300 87 77 74. Happy shopping! -Micah Macri

Computers For All, offers a range of new and refurbished computers with a rent-to-own program for Centrelink recipients. Payments are processed directly through Centrepay for one year, and then stop. For more information contact Andre, Micah or the Computers for All team on 1800 87 77 74 or at www.ComputersForAll.com.au



# Around Studfield & Wantirna

## **OLD TIMES AND NEW TIMES** SCHOOL MATES REUNITED THROUGH TIME CAPSULE.

Old School friends Richard Goldsmith and Jason Cock who attended Studfield Primary School during the 1980s, had lost touch with each other over the years, but have rekindled their friendship through their quest to find a Time Capsule, that was buried way back in 1985, when the boys were in grade six.

A few years after the Time Capsule was buried, Studfield Primary in Coleman Rd was sold off for Housing Development and the School was transferred to new grounds a few blocks away on Darwin Rd, becoming Studfield East Primary and eventually changing its name to Yawarra Primary, as it is known today.

When the School was relocated, the Time Capsule was dug up and along with another more recent Time Capsule, was buried in the grounds of Studfield East Primary in the early 1990s, and both were eventually forgotten.

Richard and Jason caught up with each other recently after nearly twenty years apart, thanks to facebook, and after a game of Golf one day, decided to have a go at hunting the Time Capsule down.

#### By Arlene Bach

They contacted Yawarra Primary, and Assistant Principal Jennifer Clancy generously volunteered her time and effort, in helping them to track it down. Using Facebook and contacting anyone that might have any information or memories of the Capsule, they started to piece together the jigsaw of its whereabouts.

Around July/August this year they started digging for it, and eventually unearthed it, but only after a false alarm when they found the Capsule from the early '90s. Which unfortunately was not fully waterproof and only the School Flag and a few other bits and pieces were able to be saved from it. Everything else being severely water damaged.

Just about ready to give up, they decided on one last try and as soon as Jason dug the spade in, it struck the top of the Capsule! It was situated in front of a tree and a brick wall that was part of an unused court yard. As they dug down to about a metre or so, it became clear that this was definitely their original 1985 Capsule and it appeared to be in excellent condition.

What does it contain ?????



The site of Studfield Primary School on Coleman Road, Wantirna Sth.

Find out at the Family Picnic BBQ Day All past Students and Families of any year, connected with Studfield Primary School are invited to get together for a great day on Sunday 12th February 2012 at 10 o'clock at the Tim Neville Arboretum Dorset Rd Femtree Gully.

OFFICIAL OPENING OF THE TIME CAPSULE AT NOON.

Digital Copies of the contents of the Time Capsule will be available for a Donation, with the proceeds going towards permanently displaying the Capsule at Yawarra Primary School.

For more Details please contact: Richard Goldsmith on 0407 348 172 Or Jason Cock on 0414745370



# SWCN Competition Winners collect their prizes!

Logo competition winner Lesley McGee is the proud owner of a new laptop computer, thanks to the generosity of competition sponsor Computers for All. Micah Macri presented a delighted Lesley with her prize which she plans to use for researching family history.

The draw to decide the lucky people who voted in our competition has selected Barry Mitchell of Boronia and Karen Veltri of Wantirna who won vouchers generously donated by Hogsbreath Cafe.

Once again SWCN would like to thank all involved in our successful logo competition.

Micah Macri of Computers for All presents Lesley McGee with her prize (left).

# Local History

# Before the Knox School there was... Bialik College

#### Bialik College purchased about half of the current Knox School site on Burwood Highway, Wantirna South in 1974.

The site was then about 4 hectares or approximately 10 acres. Bialik College was originally known as the Hebrew Bialik Kindergarten which commenced in Carlton in late 1941. Bialik College

was then established in Hawthorn in 1963. The College experienced a rapid increase in enrolments in the early to mid-1970s and as a result, Bialik College purchased 10 acres of old orcharding country on Burwood Highway, Wantirna South.

A two-storey school building of about 1,600 square metres was erected on the site for Bialik College. This building is now the current Knox School Junior building. This building was architecturally

designed by Joshua and Mary Pila and erected in 1975. Bialik College was ready for students at the start of the 1976 school year. The Health Commission approved the building for use as a school on 9 June 1976. The only other health inspection was carried out on 1 April 1977 and indicated that there were no problems with the facilities.

There was provision on both sides of the building for six separate classrooms in 1981, the upper floor level had had two classrooms subdivided to provide staff accommodation and the Principal's office together with an additional office area for interviews, a sick room and a book room. In addition to concrete paving and a bitumen paved driveway, a visitor's car park and a staff car park had been completed. There was also a bitumen paved basketball court, an infant's playground, a playing field, a grassed basketball court and an oval. A landscaped garden had been planted but about 60% of the total land holding was yet to be developed. The rest was just thick scrub, sometimes described as "jungle", as far back as High Street Road.



Bialik College

Apart from the present Junior School building, in 1981 a back fence was near the current auditorium, a boundary fence was west of the current pavilion and a straight line of pine trees were along the western boundary. Whitten's Nursery was on the eastern boundary. On one occasion in 1981 members of the prospective buyers walked through the property and all got lost in the dense scrub at the rear of the property.

According to Mr. D. M. Goldsmith, the Principal of Bialik College in 1980, the College decided to sell the property "because of the distance most students had to travel." Bialik students had to travel from inner suburbs such as Brighton and Kew and some even had to travel up to 80

by Glen Turnbull, Local Historian

minutes each way to get to school. It was Bialik College policy to transport students by taxi as that was found to be cheaper than by bus.

Bialik College produced a master plan that was in some ways similar to the one later produced for Knoxfield College (original name for The Knox School). Four buildings including an administration. classroom, gymnasium and sports oval were planned. In 1980, Bialik College catered for 140 students from Grades 3 to Year 8, but claimed it could accommodate up to 240 students. Bialik College purchased an old brickworks site in Auburn Road, Hawthorn and moved their Senior School there. The College still operates from that site and the Bialik College Junior School operates from Hawthorn.

When the Bialik College site at Wantirna South site was for sale, the Education Department expressed some interest but they had already purchased land for the Wantirna High School on Harold Street. Advertisements at the time stated that the site could be converted to a medical clinic or private hospital because there was plumbing in every room.

Ten years ago, Glen Turnbull wrote the history of The Knox School for their 20th anniversary. The book was entitled, "Fly Like a Falcon". The book is still available at the school.



cnr Stud & Boronia Roads Wantirna 3152

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and Wednesday Curry Night Seniors Meals available every day except Friday & Saturday Nights

- Café ~ lunch & light snacks available every day
- Live Entertainment every Friday Night in the Members Lounge
- Tuesday Trivia Night : Saturday Karaoke Night
- Members Bar Meals available 7 days a week for lunch & dinner

Social and Full Membership available

# What's Cool at School?

Proudly brought to you by Shaun Leane MP, Member for Eastern Metropolitan Region



# Building More than Penguin Homes from The Knox School

Year Eight and Nine students of The Knox School have spent several weeks building penguin homes as part of their community involvement project this year.

This project was run by Bunnings Vermont-South to support the Phillip Island Nature Park volunteer program in conserving little penguin numbers. This project enabled students to learn much more than just building penguin homes.

The Activities Organiser for Bunnings Vermont-South, Mary Reily, and Power Tool Expert, Shane Lindsay, developed a school community project that reinforced a number of

Dear readers.

friends.

lovemeilisa.

values in a safe and well supervised environment. The students learnt the importance of preparation and to take the

My name is Meilisa Lengkong and I

am a 22 year old dietetic student living

in Knox. I started drawing when I was

10 and had continue my hobby ever

since. I started drawing a series of sketches with inspirational quotes to

make greeting cards for family and

I've now have over 100 sketches

necessary time to complete their project to a high standard. At the end of the workshop sessions, held at the Vermont -South store, the students received a



Bunnings show bag and a certificate of participation. The final part of the project involved delivering the penguin homes to Phillip Island Nature Park. The students not only delivered the boxes but also installed them in a cleared site opposite Shelley Beach. This part of the

project was important for the students to see that even a small positive contribution to the community can have a big effect. It should not take too long before all the homes that were installed will be occupied by Phillip Island's biggest tourist attraction, the little penguin.

I would like to sincerely thank Bunnings Vermont-South, particularly Mary and Shane, in allowing The Knox School to be part of their pilot school community project. I hope that this relationship can continue for many years to come.

Christian Stuckey Head of Upper Middle School The Knox School

# Hello! from Meilisa

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind"



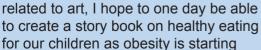
Thank you to Meilisa for sharing her drawings with SWCN. We look forward to more artful messages of inspiration from Meilisa in future editions. Editor



Over 100 years of local history Knox Historical Society Museum Open Sundays 1-4pm

3 Olivebank Rd FTG Melways ref. 65 D12





you can view on www.deviantart.com/

Although I am not studying something

to take over our next generation. It's going to be a tough journey but with a supportive community like ours and a strong mindset, anything is possible!

Thank you, Meilisa

## News from the Victorian Jazz Archive

#### Victorian Jazz Archive

#### Proactively Collecting, Archiving and Disseminating Australian Jazz.

In our last issue we introduced readers to a few of the volunteers who help run this exciting museum. Thanks to some unexpected feedback (such as, "I didn't know you worked at the Jazz Archive!") we have decided to feature a few more of the hard working but happy volunteers who make this endeavour possible.

The man with the day-to-day responsibility of actually keeping the organisation running is Ray Sutton. Ray is the Archive's General Manager and despite his formidable job he receives no pay. After retirement from his regular employment as IT Administrative Officer with the Robert Bosch Company, Ray was looking for some fulfilling but less stressful activity to while away his time. We're not sure if his present activity is less stressful but with such a friendly and co-operative staff



we believe he has found his niche. Unlike many of the long-time Jazz aficionados who volunteer their services. Ray has been verv guickly and pleasantly indoctrinated into the world of jazz since his arrival some three years ago.

An equally formidable job is that performed by the Collections Manager, a position held by one Mel Blachford. Mel was a pharmacist in his "former life", and he says that his interest in jazz developed at Pharmacy College where he was exposed to jazz performances by such bands as Yarra Yarra and the Red Onions. For the uninitiated, these bands played good old-fashioned Dixieland. Mel was hooked and, upon retirement, when the opportunity arose to spend his time in a jazz environment, he jumped at it. At the Archive, Mel has a staff of helpers who assist him in collecting, assessing, archiving, storing, and where appropriate disseminating the multitude of jazz-related artefacts that the Archive receives.

There is a retail shop at the Archive which sells jazz-related CDs, DVDs, books, and other collectibles. Barry Mitchell runs the shop-quite an onerous undertaking. Like most of the volunteers, Barry loves his jazz. He can be seen on a regular basis at functions of the Victorian Jazz Club and other similar conventions and gatherings. Since the cost of running the Archive depends on fundraisers, donations and grants, Barry's sale of the shop's products helps keep the place functioning.

The Archive has just had its Annual General Meeting at which it voted-in a new Chairman in place of Bill Ford who has retired from the position. The new Chairman is Terry Norman (formerly the Archive's Vice Chairman). Terry, who comes from a background in industrial engineering strategy, has been a volunteer at the Archive for three years where he is involved in IT and related matters. He has long had an interest in jazz. In fact Terry (along with another volunteer, John Thrum who plays piano) regularly plays saxophone in a small jazz band called the Blue Tones.

There are 50 contented volunteers who perform various interesting duties at the Victorian Jazz Archive, but because there is always some staff turn-over, the Archive regularly seeks new helpers, particularly to assist in running guided tours for visiting groups. An interest in or knowledge of jazz is an advantage, and prospective starters should phone the Archive on 9800 5535.

The Victorian Jazz Archive, 15 Mountain Highway, Wantirna (Melways Reference 63, C8) is open to the public on Tuesdays and Fridays from 10 am to 3 pm. For group visits which include refreshments and a live band performance please ring Marina Pollard on (03) 9800 5535 or 9781 4972.

# Wantirna man sparks national gambling reform

Sometimes it takes a tragic incident to get national policy makers to pay attention. This was the case with local Wantirna resident, Henry. His incredible story has put online gambling concerns squarely on the national agenda.

Henry, who lives locally with his widowed mother, is a problem gambler who had been betting thousands of dollars on various gambling websites.

His real problems only started, however, when Sportsbet began offering him credit to bet with. His bank account was empty, but credit was on offer. Despite being unemployed, Henry was offered \$80,000 in credit from Sportsbet!

Henry accepted the credit, gambled it away, and was soon in serious trouble. With Henry unable to pay back the debt,

Sportsbet took Henry to court, made him a bankrupt and were about to seize his and his mother's modest house.

Like many, I was shocked to learn that gambling companies were able to give credit to their customers. It is not right. It is one thing to lose everything in your savings account, but another to literally be able to gamble your house away without leaving your living room. Fortunately, we were able to put enough public pressure on Sportbet to get them to waive the debt and save Henry's house. Now, I want to see the law changed.

Last week, the federal Coalition signalled its intent to prohibit credit being offered so that cases like Henry's could not happen again. We also want to crack down on the ubiquitous advertising of internet gambling.

I am pleased to have put these items onto

the agenda. Unfortunately, it took a dreadful incident from one of our locals to be the catalyst.

If you have experiences that highlight problem gambling or ideas on how to tackle problem gambling, please email me: alan.tudge.mp@aph.gov.au

Alan Tudge MP, Federal Member for Aston

Gambler's Help Eastern (GHE) is a service for anyone experiencing harm from their own gambling. It is also available to the person's family, friends and community who may be affected.

**EACH Social & Community Health Gambler's HELP Eastern & Gambler's** help line - 1300 131 973 http://www.problemgambling.vic.gov.au/

# Wantirna Mall

#### The friendly place to be.....

#### Wantirna Mall Upgrade

Wantirna Mall is looking great, now the power lines are underground, the paving is finished and the trees are going in!

What a difference it makes without the clutter of the overhead powerlines and with the new wider pavements, the Mall has a very spacious and open feel.



Removing the barriers has unveiled the project so we can see it as it will be when it is completed and now we can enjoy the easier access from the carpark.

There are now 19 new poles installed for better lighting and next we will have new seats, bins and bike hoops.

For further information please contact Jane Kuchins on 9298 8000

or email wantirnamall@knox.vic.gov.au

You can also visit Council's website: www.knox.vic.gov.au.







# Introducing.....Wantirna Community Bank Branch's New Manager

We asked the new Wantirna Community Bank manager Sarah Thurrowgood to introduce herself to our readers and to tell us about her vision for our local Bendigo Community Bank Branch.

## What inspired you to work in the Banking industry?



I have been working since I was 11 years old which started in the family bakery and pie shop "Max's Pies & Cakes" which was on Mountain Hwy in Bayswater. My parents taught me how to serve customers and count

their change out to them - I think that started my passion for customer service, and after working a variety of jobs growing up I knew that whatever I did, I wanted to work with people. I took my first job in banking when I was looking to work more consistent hours from retail and was surprised with how much I loved it.

What keeps you motivated in your role? In banking no two days are the same. There is a lot of variety in my job, from keeping up with the changing interest rates and financial products, coaching and training the team, talking to many different people and helping them to reach their financial goals - whether it is to save a bit extra each week or help them buy a house or upgrade their car. I am motivated to make a difference in the lives of people I meet and to apply business principles to create positive change. In now working for a Community Bank I have the opportunity to do that even more.

#### How is the Bendigo Community Bank different from other Banks?

The structure is really different, as the Community Bank® branches such as Wantirna's are run by a board of local volunteers, and the main driver is to contribute back to our community, therefore the greater the profit we make the more we can contribute. Everyone hears about how many billion dollars of profit are made each year by the major banks, yet how much of that is given back to the community? Since this Community Bank® model was created 12 years ago by Bendigo Bank over \$60 million has been given back to the local communities of Australia.

## What is your vision for the Wantirna Branch?

The team are amazing in the branch with Karen, Ross, Debbie, Lee and Evelyn. Combined we have a total of 63 years

banking experience! I would love to see more of this experience and knowledge shared with customers and grow the business so that we can give more money back to Wantirna - through donations, sponsorship of clubs and events and by being involved with larger community projects.

#### Do you have any interests or hobbies?

I really love music, I am currently taking singing lessons and I also play tenor saxophone. Going for walks, catching up with family, reading books about business and personal development along with cooking are some of my favourite ways to spend time.

If you have any banking needs or want to find out more about your local Community Bank, feel free to contact Sarah and the friendly team at Wantirna Community Bendigo Bank: Shops 5 - 6, Wantirna Mall, 348 Mountain Hwy, Wantirna, 3152 www.bendigobank.com.au/wantirna Phone: 9720 4122



#### How to avoid a financial hangover this Christmas



In the lead up to Christmas, many peoples' budgets and savings can be ruined by spending sprees of yuletide proportions. However, with a little bit of thought and planning, it is possible to have a jolly Christmas without putting a strain on your budget.

#### Budget tips for Christmas & New Year:

- Do a budget write out a list of the people you'd like to buy for and put a price limit next to each name. If it adds up to too much, review the limits you've set.
- Organise a 'Secret Santa' instead of buying a gift for everyone, consider a 'Kris Kringle' arrangement where each member in your family draws a name out of a hat and only buys a present for that person. Don't forget to set a price limit so that no one goes overboard.
- 3. Don't forget layby it may be a bit old fashioned, but many shops offer no deposit laybys right up until Christmas.
- Shop online more often than not you can find the item you want for a lot less online. Books make a great Christmas gift and can often be ordered on the internet at heavily discounted prices.
- 5. Stockpile Christmas groceries pop a

few extra items in your shopping trolley each week and store them away in the pantry, so your Christmas grocery shopping bill won't be so scary. Stock up on items when they're on sale or look out for 'two for one' deals which make for really economical Christmas shopping.

- Be credit card wise while credit cards are convenient, they are also addictive over the Christmas period and can quickly undo a well-planned budget. Avoid buying gifts with credit, unless you are going to be able to pay off your card before interest is charged. You don't want to be still paying off Christmas well into the New Year.
- 7. Budget for New Year expenses when doing your Christmas budget, don't forget to factor in for some of the big expenses you'll be facing in the New Year. If you've got children, be mindful that all those back to school costs are just around the corner.

Like most things, if people don't carefully plan their festive season expenses, they will end up with a major headache when the fun of Christmas is over and the summer holiday is a distant memory.

#### Want to know more?

To make an appointment to see John Barker, John Pritchard, Damien Turner or Mark Burridge, who will use their experience, dedication and determination to help you achieve financial freedom



contact Horizon Financial Strategies' Administrator Rebecca on **9720 7552** or call in to **Shop 12 Wantirna Mall.** 

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Any advice given is general only and has not taken into account your objectives, financial situation or needs. Because of this, before acting on any advice, you should consult a financial planner to consider how appropriate the advice is to your objectives, financial situation and needs.



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#### NEW MANAGEMENT - SAME FRIENDLY FACES AT TRAVEL BUG WANTIRNA

After working at The Travel Bug for over twenty years, Julie Blanche and Melanie Webb are very excited to take over ownership and management of the agency effective from the 14th of October 2011.

We have both been with the agency for many years, seeing many changes across the industry during this time. We are really looking forward to returning the agency to its former glory and once again offering the high level of service and confidence our clients have come to expect in years gone by...

We are also pleased to welcome Kelly back to the agency. Kelly spent five years with The Travel bug between 2002 and 2007, and since then has been gaining extensive travel experience at a large inner suburban agency. Along with the new owners Julia and Melanie, Kelly is once again looking forward to sharing her travel and booking experience with valued clients of Travel Bug Wantirna.

#### BOOK 4 - SAVE 4

That's right, book 4 or more people with any of our premium tour operators and you can save 4% on you the tour component of the trip.

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As an introductory offer, until the 30th June 2012 we would like to offer a 4% discount on any tours booked through our premium tour companies when you book. Mention this ad when you come in!



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#### Wantirna Vet Clinic

## Don't feed your pets toxic treats this Christmas!



With the festive season upon us take a moment to think about your pets. While you might think they would enjoy a chocolate santa or some of your BBQ leftovers there are some foods that are toxic to dogs. Chocolate contains theobromine which is toxic

to dogs as their bodies cannot break it down. Signs can include vomiting, diarrhoea, trembling, muscle spasms and seizures. Dark unsweetened cooking chocolate has the highest levels of theobromine, followed by dark chocolate, milk chocolate, then white chocolate. If your dog ingests chocolate take it to a veterinarian immediately so they can induce vomiting. Other foods to avoid are raisins or sultanas which can cause kidney damage. If you have a Christmas barbeque be sure your dogs don't eat any onion. Onion is toxic to your dog's red blood cells and can cause anaemia. Cooked bones are also a no no as they can splinter into sharp fragments and cause problems to the gastrointestinal system.

If the house is decorated with Christmas lilies or any other lilies and you have a furry feline friend make sure they don't eat any of the lilies. Any part of the lily flower or stem can cause kidney damage in cats and often only small amounts need to be ingested. So if you have playful cats or kittens around have the flowers high up out of reach or choose another type of flower! If your cat ingests any part of a lily contact your local veterinarian.

By Dr. Alison Brown





#### **News in Good Health and Well Being**

#### About Asthma

Asthma can best be described as a chronic inflammatory condition of the respiratory tract which can be reversed either spontaneously or with treatment. This inflammatory condition can be triggered by non-allergy sources for example a viral respiratory illness, pollution, drugs or via an immune allergy response (National Asthma Council Australia., 2006).

The National Asthma Council of Australia (2006) has indicated that of the 2.2 million people who are currently diagnosed with asthma, eighty per cent are due to an allergy response.

#### The allergy response

In susceptible individuals the early phase of an immune response involves a cascade of events which trigger a number of specific immune cell activation. The first stage involves the activation of antigen presenting cells and in particular dendritic cells. It is these dendritic cells, which have captured the allergen, binding to histocompatibility complex molecules then migrating to the lymph nodes which stimulates T-cell production, setting off the allergy response. T-cells stimulate the production of B cells who then transform into plasma cells. These plasma cells then produce antibodies that are specific to the allergen. This primes the immune system so that when a particular allergen is encountered again, the antibodies react and activate the release of inflammatory agents such as histamines. In the early stages of the allergy response in an allergy prone individual certain cells activate with a corresponding increase in antibody levels to fight the particular allergen, this antibody increase is mediated by the release of specific immune cells called cytokines. It is postulated that even though allergic and non-allergic individuals produce an allergic response through T-cell activation, only those that produce more IL4 and IL5 cytokines go on to develop respiratory changes. It is believed that IL4 and 5 produce a greater TH2 (T-helper-2) immune response while the non-allergic individual produces a greater TH1 (T-helper-1) response. The TH2 response would mediate a greater inflammatory response.

#### **Airway changes**

The initial response from the release of histamines and leukotriens from mast cells lead to bronchoconstriction and hypersecretion of mucus and produces chest tightness, breathlessness, coughing and wheezing. Eventually this allergic response leads to a chronic inflammation of the airways. This inflammation affects the bronchi causing hyperresponsiveness leading to smooth muscle enlargement and cell number increase. These changes produce the classical signs of bronchospasm, airway obstruction via mucus secretion and smooth muscle changes leading to a wheeze. Long term changes lead to smooth muscle, bronchial blood vessel, collagen layer thickening and loss of airway distensibility changes.

Proper assessment and medication plans are paramount to control of this condition. Complementary therapies many also assist in this area along with conventional treatment.

Claude Trevisan Naturopath - Myotherapist

N.D.,Adv Dip.R.M (Myo).,RMT.,Ass.Dip.Hth.Sci.,C.M.,Cert.Adv.Sports.M.,Cert.Adv.S.T.T.,



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   Skin Conditions

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#### **News in Good Health and Well Being**



#### How can we assist our bodies to detoxify gently?

We live in a world where our bodies are continually working to filter our systems from toxic waste. Not only are our bodies affected by the processed food we commonly eat and the alcohol we drink, but also by what we absorb through our skin, the air we breathe and our environment. Toxins congest our system and make it harder for the system to operate efficiently.

Now our bodies have very efficient systems and organs that are working continuously to protect us and one such organ that

is working overtime is the liver. The liver's main function is to detoxify and metabolise and when the liver becomes overloaded then our other systems and organs don't work as efficiently and our systems become congested. This in turn contributes to our body's ability to

manifest many diseases such as lymphatic problems, heart disease, weight gain etc

So how can we assist our bodies to detoxify gently? As this is what the body needs to do to help regain its balance. Even the person, who eats a healthy diet, is still subjected to environmental issues. So we all need to be aware of how best we can help ourselves. Of course there is exercise and diet, but I ask how many of us have been on a continuous diet where we lose weight only to find it again in the not too distant future. It's frustrating! So what is it that we need to do?

There are many ways to detox. Some can be quite challenging and even dangerous because they work on the quick fix method. Think about how long the toxins have taken to build up in your body, this is not an overnight thing and I think it is unrealistic to think that it will disappear over a short period. Working with a sensible program that can be assisted by your health care professional, over a period of 6-12 months

by Marita Reynolds

may help you to see results and feel improved general wellbeing.

The important things are plenty of water to flush out the kidneys. Daily exercise of about 30-45 mins, (one of your choice that you enjoy doing, so it's not a chore.)

Reduce coffee intake, or be prepared to drink 3-4 glasses of fresh water after every cup of coffee you drink to assist the cleansing process. The liver is working really hard to process coffee and fat and

> all the other foods and chemicals we are taking into our systems.

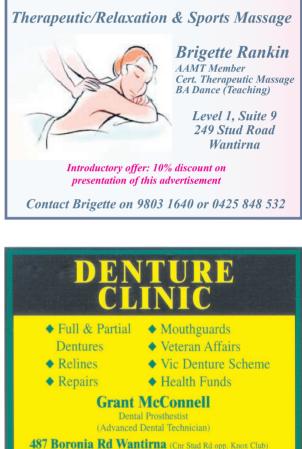
Reduce or eliminate alcohol, as alcohol alone puts a heavy load on the liver. Eat plenty of fresh vegetables and fruit. Limit or think about the processed foods you are eating as they have a huge effect on the liver. If you are on medication for health reasons the liver is

also processing these medications. When we put it all into perspective we can see our bodies and our lifestyle are big factors in our general well being. By putting in the time and the effort you will begin to feel better.

Reflexology could benefit. As part of the reflexology treatment the process includes lymphatic drainage and working the liver reflex. As part of your overall routine in restoring or helping you maintain your general wellbeing, reflexology may help. Reflexology is beneficial for helping to release stress related symptoms and to assist in improving circulation within the body.

Marita Reynolds is a practising reflexologist in Studfield shopping centre at the Wantirna Remedial and Naturopathic clinic Suite 9/ 249 Stud Rd Wantirna. Marita welcomes enquiries and would be happy to discuss how reflexology can assist you. Marita can be contacted on 9801 5201 or 0425 73 5581.







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#### **News in Good Health and Well Being**



#### News from the Osteo! with Dr. Jason Stone of Wantirna Osteopathy Heel and Arch Pain

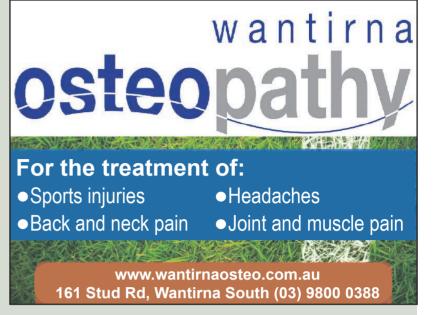
Painful feet are very debilitating. Pain in the heel area is especially common and may be associated with a calcaneal spur, usually referred to as a heel spur.

Our feet are made up of a series of small bones, known as the tarsal bones. These tarsal bones, starting from the calcaneus (heel) form an arch, which is supported by a strong band of sinew (plantar fascia) stretching across the sole of the foot below the surface of the skin.

With repeated activity on our feet, this fascia causes persistent traction (tugging) on the attachment point into the bone, and inflammation and pain may develop at this site. This painful condition is known as plantar fasciitis. Sometimes a sharp 'spur' develops at the site of this traction on the bone and protrudes into the surrounding tissue. But the pain is usually due to the plantar fasciitis, rather than the heel spur itself.

Inadequate arch support from poor footwear is the most common cause of plantar fasciitis. As the arch is collapsing the plantar fascia is placed under great stress and often other muscles of the foot and lower leg are utilised to help stabilise. The result being marked joint restriction and muscular tension and pain in the foot and lower leg.

Osteopaths will not only advise you on appropriate footwear and exercises but will work to increase



the joint range of motion and flexibility of muscles in the feet and lower leg.

In some situations use of heel cups and arch supports may be indicated.

Wantirna Osteopathy 161 Stud Road, Wantirna South 9800 0388

# AUSTRALIANS TO BANK RATE CUTS RATHER THAN SPEND

The Reserve Bank's decision to cut official interest rate to 4.5 per cent has had little effect on consumer confidence with more than seven in 10 Australians revealing they would continue to pay their mortgage at the same levels they had before the rate drop.

A poll of 1,400 people across Australia by The Digital Edge (TDE) shows that 76 per cent of those with a mortgage intend to maintain their monthly payments at the same level as before the latest rate cut, instead of spending the extra funds freed up by the cut.

Aussie's Founder and Executive Chairman Mr John Symond said the RBA had noted that its "restrictive" monetary policy over the last year, which they employed to counter inflation caused by the strength of the mining sector, had resulted in "cautious behaviour by households and the high exchange rate have had a noticeable dampening effect." \*

"The RBA may have loosened its stance with its move last week, but our research shows it was not enough to inject confidence into our economy," Mr Symond said. Aussie Knox Franchisee Nari Khera said: "They will need to cut rates further if it is to have the desired effect of getting Australians to start spending again in order to stimulate parts of the economy, such as retail, which have been experiencing tough times."

"Only 14 per cent of those with a mortgage said they would save or spend the extra funds freed up by the rate drop, which means that retailers can expect continued subdued trading in the lead-up to Christmas", he added.

The poll also shows that 42 per cent of respondents felt more confident of proceeding to make a purchase if they were in the market to buy a property over the next six months, while 52 per cent felt neither more or less confident.

Mr Khera said the research showed: "Australians understand that our country is still susceptible to economic shocks from overseas and I believe that confidence levels will not improve much unless there are further rate cuts."



As one of the country's largest non-bank providers of financial services, Aussie has a loan book of over \$40 billion, with more than 700 brokers across the country.

An Aussie broker will offer guidance, assess eligibility, lodge the application and then support the first home buyer borrower through the home loan process. Aussie brokers are available seven days a week in your home or at one of our 140+ stores at the request of customers who call Aussie Knox on 9887 4088 or email knox@aussie.com.au.

For Further Information Call: Nari Khera Franchisee Aussie Knox B: 03 9887 4088 M: 0409 786 121

#### **Community Media in the Spotlight**



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# Community Station - Radio Eastern 98.1

Radio Eastern has been out and about yet again in its you beaut Outside Broadcast van. Radio Eastern presenters and technical team have been visiting around the community delivering live radio from community events here there and everywhere.In recent months, the van and presenters have been to the Maroondah Festival, Como Gardens and Mont De Lancy.

Upcoming events include:

- Whitehorse Farmers market on Sunday 13 Feb 2011 8am to 1pm
- Tunstall Square Shopping Centre on Saturday 16th Feb between 4pm and 9pm
- Ferny Creek Horticultural Society
- Sat 13th and Sun 13th March 10am to 4pm both days • Warrandyte Festival
- Sat 19th and Sun 20th March 10am to 4pm both days
- Celebrate Mooroolbark Sat 26th March 7am to 1pm



This is just one of the ways this wonderful this radio station contributes to local community and their festivals. It is a great chance to meet the presenters and listen to fabulous music and support your local community and get some great showbags. Our next outside broadcast event, organised by Les Ferguson, is the Annual Ringwood East Festival gets everyone ready for Christmas, scheduled for December 3, 2011.

Make it a special day of shopping and family fun and join us there. Christmas Cuddles to your and your loved ones from all of us at Radio Eastern 98.1.

Till next time -Tricia Ziemer DJ - Radio Eastern 98.1 -usually found lurking around Mondays 2-4 with Rex Shields.



# Kids in the Kitchen C31/D44

Karrotty the Karrott is a bit stressed at the start of the new season of Kids in the Kitchen. Kids in the Kitchen starring those gorgeous kids, Tasha, Tara, Abbie, Sarah and the big kids Loz and Chris Blain of Australia's NO 1 Accapella group are back in the kitchen and up to their shenanigans. They have Karrotty the Karrott racing around checking all the carrots in the garden to make sure none of them are her cousins. She has surrounded herself with her genealogy tree making sure they have not kidnapped any "relies" for the first show of the season. Because they are cooking Tasha and Tara's - Great Grandmothers Carrot Cake.and based on the expressions on the faces at the end of the show...ITS YUMMMMMMMY...So join us back the first week of December for Kids in the Kitchen.

**Be the STAR Kitchen" ep TALENTED** skilled film edi a DVD of a sh

#### Be the STAR CHEF in a "Kids in the Kitchen" episode. We are looking for TALENTED KIDS, financial sponsors and

skilled film editing crew. Or help by purchasing a DVD of a show Contact Host Tricia Ziemer at 0405636606 or email tmz@comcen.com.au and see www.tmz.com.au



Celebrity CHEF Tasha Ziemer Cream Cheese icing recipe at www.tmz.com.au

Eunice Ellafair Godwins -Famous Carrot Cake

Cream 1 cup olive oil, 2 cups sugar, 5 eggs. Combine 2 and ½ cups self rising flour, ½ tsp cinnamon, ½ tsp allspice, ½ tsp nutmeg. Grate 1 kg of carrots, please check label to ensure they are not related to Karrotty our lovely handpuppet and star on Kids in the Kitchen. Mix pour into butter/floured pan. Bake at 180 degrees for 25 minutes.

#### **Orana Neighbourhood House**



# What's Happening? at Orana

Orana offers a range or programs, courses and classes for people living in our community, as an opportunity for enjoyment, learning and to develop new interests and skills. If you haven't been to Orana in a while, you are welcome to pop in and see how Orana has become a great place for our community.

**COMING UP IN TERM 4...**COMING UP IN 2012...Computers for beginners, Back to the Office skills, MYOB, Digital Photography, Introduction to Interior Design, Yoga, Art Group, Mosaics, Hand Reflexology, Meditation, Women's Health Day,New Life for Me (Women's wellbeing program). Floristry and more! CALL 9801 1895 NOW TO BOOK Phone 9801-1895 for more information.

# Orana Neighbourhood House

62 Coleman Road, Wantirna Sth Ph: 9801 1895 Fax: 9800 3192 onh@netspace.net.au www.orananh.org.au



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#### **Community Group News**



# Life Activities Club Knox Inc.

The "Monashaires"!! entertained us with songs,

music, and jokes which brought plenty of laughter. What a way to celebrate our 24th anniversary with this group, and the wonderful salads and desserts provided. Not only does this group enjoy performing, but the money goes to Charity!!! Retirees don't go stale, they turn into Volunteers!!

The Rhodendron Gardens (see picture) was our lunch stop, and what a sight!! included were gasps, and oohs. A most beautiful display of colour. So lucky to have these treasures so close to home.

A weekend at Geelong is already planned for February, plenty of time to prepare the caravans, or to organise cabins, transport, etc.

Then in March, our Extended Holidays Convener has organised a 4 night/5 day bus trip. Crikey, our club is so good.

But first, coming up on November 28th is our quarterly meeting at the Boronia Senior Citizens Hall. Starting at 7:30pm, and following general business, (this sounds interesting), our Guest Speaker, Joe Solomon, will talk about Geo-caching, and why some people search the countryside for Tupperware containers???



#### Getting a GRIP on graffiti

Graffiti, or scribbling on walls, is as old as writing itself but new technology may see the end of unwanted tagging. In recent months Knox Police have made 29 arrests largely as a result of the new online reporting system.

Knox Safer Community Group (Neighbourhood Watch) volunteers were recently given a glimpse of the new graffiti database know as Graffiti Reduction & Interception Programs (GRIP). The quantity and detail of public reporting is impressive. Police can retrieve information by date and time reported, GPS and suburb location and tag names like 'bub', 'crool' 'daz' etc (not real ones). A photo, often sent by mobile phone, is included, plus an estimate of the dollar value of the damage caused. Because we are over 50 y.o., holidays don't apply to us, and most of our activities will continue throughout the Christmas break. You are welcome to join in on an activity or two. We can introduce you to the many options available when you have more free time.

On behalf of our members, I wish everyone a Merry Christmas, and a safe, happy and healthy 2012.

#### Please ring for our current newsletter. Feel free to ring, Melva 9762 3764, or Helen on 9729 1151.

Life Activities Club Knox Incorporated No. A0052438Z: ABN 85 104 164 408 and is a member of the Life Activities Clubs Victoria Incorporated (Certificate of Incorporation Reg. No. A00 307 09U: A.B.N. 748)



GRIP allows police to build up a pattern of the activities of taggers and gangs. It makes identification of perpetrators much more likely. As a consequence several cases are coming to court every week.

GRIP is a good example of the collaboration between public and police that has made Neighbourhood Watch so valuable over the years in reducing crime.

So over the summer keep reporting graffiti. Go to the Knox Council website www.knox.vic.gov.au.

On the home page click 'report' and follow prompts.

For local police news, crime prevention tips and recent crime statistics in Knox go to www.vicpolicenews.com.au and insert your postcode.

For information about Knox Safer Community Group see the website www.kscg.com.au

Or contact L/SC Lee Thomson on 9881 7948.



#### Knox & District Over 50's Inc.

Hello everyone it's hard to believe that it's nearly the end of the year. It's been a wonderful year for the Knox Over Fifties we have grown in membership and now have many new faces at our monthly meetings. Perhaps many of you have heard of the Knox Over Fifties and wonder who we are and what we do? We are a club that warmly welcomes new members; most of our members join on their own but immediately find that they have made friends and are part of the group.

The group as it is called is very active socially, not physically. Mountain climbing is not included in our social events, not because we cannot do it but rather the spikes on the boots play havoc with ladies tights. So we prefer to do other things such as going to the Theatre, Exhibitions or Trips. Every month we have a jammed packed calendar. In December we are attending the Karralyka Christmas Show, there is the Christmas Party at Wheelers Hill International and finally Morning Melodies at the Mountain View to see the fabulous Brendan Scot Xmas Show.

Every month we have a new social event in January 2012 we are going to the Johnston Xmas Collection and in February it's off to Yarra Glen Races for a day of fine wine, food and a bet or two on the horses. This is just a small sample of what we offer; there is not enough space to say we also have a thriving book club, coffee group and marvelous coach trips. So if this sounds like the sort of club you would like to join then we would love to meet you.

#### We meet in the Boronia Progress Hall on the fourth Tuesday of the month at 1.30pm.

First meeting in 2012 January 24.

Hope to see you there,Kay.

# **Ringwood Field Naturalists Club inc**

- the study of Natural History and all realms of Nature.

# 600th Meeting and 50th Anniversary.

The Ringwood Field Naturalist Club inc (RFNC) recently celebrated their 600th meeting. Who would have thought that a group that started in 1961 by writer and Naturalist Jack Hyett and fellow Naturalist Bill King would reach such a milestone. The group was formed and quickly grew to a large gathering of 'like minded' people who shared the love of nature, the bush and what was in it.

Now, in 2011, the group has reached another milestone with a 50th Anniversary reunion /luncheon celebrated at the Karalyka Centre in Ringwood. 75 former and present members met and reminisced over the good times they had enjoyed over the years. The speaker was Prof Robert King (a former member) who had travelled from Sydney to be part of the celebration. An anniversary cake, decorated with specially made native flowers was cut by Foundation member/Life member Marion King and Life member Ella Thomas. All present at the luncheon received a 'Memories Booklet' and an Anniversary DVD which contained photographs of the past 50 years.

As part of our 50th Anniversary celebrations the Club organised a weekend away for our members. This weekend was to the "Little Desert Lodge" just out of Nhill in the Victorian Mallee country. A great weekend was held with 33 members attending. Excursions to different parts of the Little Desert were arranged, with spring flowers, orchids, birds and reptiles seen. The bush was alive with colourful wild flowers, including Fringe myrtle Calytrix tetragona, Golden Pennants Glischrocaryon behrii, and various egg and bacon plants Pulteneas and Dillwynias. Orchids included, Spider orchids, pink fingers and greenhoods. The area is well known for its Mallee fowl, but these remained elusive during the weekend, although a 'working' mound was seen.

The group meets each month, followed by an excursion on the following weekend. Meetings are held on the second Wednesday of each month at 7-30pm in room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melways 49 H10)

Recent speakers have been Betty & Trevor Bibby, well know Ballarat photographers speaking on 'The trials and tribulations of Nature photography', and Past President Hazel Veevers on 'The A-Z of Australian Wildlife'. A guest speaker with varied topics each month gives an illustrated talk, followed by members giving reports and showing images of what they may have seen during the month. There is always something new to be learnt. Recent speakers, our new program and other information about the Club can be found on our website at http:// www.rfnc.org.au.

All visitors are welcome.

For more details phone Alison or Peter on 9801-6946.



#### **SHARING THE JOY AT CHRISTMAS**

knox community CHRISTMAS SUPPORT "Sharing the Jay"

For most of us Christmas is a season of celebration. Families and friends gather for special meals. Gifts are given and received. But for those in our community who are facing financial hardship, Christmas can be a difficult time, with the lack of resources being experienced more deeply.

The Knox Community Christmas Support initiative seeks to share the joy at Christmas. Ten local community organizations are working together to provide assistance to those facing financial hardship. In 2010 festive hampers and toys were provided to 330 households across the City of Knox. The KCCS committee expects to assist more people this Christmas.

This year we are honoured to have the Mayor, Cr Sue McMillan, serving as Patron of the KCCS. She officially launched the Appeal at the Rowville Salvation Army in November. Along with the Salvos, the KCCS includes RAFT Anglican, Rowville Baptist, Hillview, Mountain District Vineyard, Wantirna SDA, Highway Christian, Knox Infolink, Rowville Lions Club and the Rotary Club of Boronia. About 100 volunteers will be serving in the various roles. Local residents are invited to participate in the Knox Community Christmas Support as donors, volunteers and/or recipients. The KCCS is seeking donations of money (tax deductible), new toys and non-perishable festive food. A number of businesses and schools across Knox are supporting the KCCS this year. To make a donation or enquire about volunteering, contact Kathryn at Knox Infolink (ph. 9761 1325).

Knox residents who wish to register for a hamper, should contact the KCCS closest to where they live. Knox Infolink can provide contact details if required.

Rev. David Devine, KCCS Spokesman



#### **Sporting Group News**

# Tennis is hotting up this summer.

Don't worry about getting into the Australian open this coming summer, the hottest tennis action is in Wantirna. Come join in and play tennis at the Wantirna Tennis Club. We have been in Wantirna for 77 years providing the best tennis facilities in Knox. A family focused club offering a range of competitive tennis or social tennis for both adults and juniors. We have excellent facilities, a large club room with huge kitchen, modern toilets with disabled access, ducted vacuum cleaner system . our own secure children's playground, BBQ facilities, large car park with safe access into the complex. It is hard to go past the beautiful grounds in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Our playing surface is en tout cas and we have ten courts, the largest number of any tennis club in Knox. The club has its own water tanks, harvesting and distribution system which helps keep the courts playable during the water restrictions.

We offer weekend tennis, Saturday mornings for the juniors, senior tennis Saturday and Sunday afternoons, mid-week ladies tennis Tuesday and Thursdays, and Night tennis Monday, Tuesday and Thursday nights. So there's a good range of seasonal competitive tennis. We are affiliated with Eastern Region Tennis (ERT), Knox District Night tennis Association (KDNTA), Waverley District Tennis Association (WDTA), FTG & DLWTA, MEMRLTA Inc and Tennis Victoria.

The club has a resident coach for juniors and adults with both group and private lessons, contact Kelly (details are below) to arrange or discuss coaching. She also runs a Mum's in tennis program at our club sponsored by Tennis Victoria.



What a year of tennis at the club: This year the club fielded 6 Tennis Victoria Pennant teams, both men's and ladies. This is state grade tennis played either on a Saturday or Sunday over the winter season and was again really enjoyed by all those members who played.

What an honour!! at the Eastern Region Tennis Inc. association annual Presidents Dinner, held in October at the Chirnside country Club, Wantirna Tennis club was presented with a perpetual shield in recognition of the performance of our Senior Winter Saturday singles/doubles team 1. The shield has been proudly displayed in the club house. It is a prestigious award as there are only a limited number made on an annual basis.

This month @ Wantirna: Junior club championships were completed in September and presentations were made at the roster night held in October. Special recognition was made to both the girl and boy junior club champions for 2011, plus winners and runner ups of other events. Trophies were presented by the club president and junior convenor. Another highlight was the presentation of the Junior Club person of the year for 2011. This is a very prestigious award as it recognises a junior member's contribution to the club and is acknowledged by way of a perpetual and individual trophy.

We are currently partnering Knox City Council in the refurbishment of one of our courts including a rebuilt playing surface, new drains and lines.

The community spirit and love of tennis is certainly alive and well at the Wantirna Tennis Club Inc, give us a call for more information on membership or to arrange to have a look at what we have to offer.

Wantirna Tennis Club Inc Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna 3152 Melway Ref: 63C8 Club Secretary: Alison 0408576025 or email wantirnatennis@gmail.com President: Barry 0409970718 Club coach: Kelly 0414874482

#### **Templeton Tennis Club Wantirna**

#### Local Legend Moves On!

Welcome to the December update from the Templeton Tennis Club.

Firstly, a huge thank you to our immediate past scribe - John Barrett. John has been an absolute tower of strength to the club over the past 25 years.

He has held all number of positions from general committee, social committee, vice president and president (for 10 years) as well as playing both Saturday and week night tennis. His contribution to our success has been enormous.

John and his wife Carol have moved to Healesville and we wish them all the best for the future.

The club has been successful again in obtaining financial assistance from Knox Council to upgrade the last of our courts, court 8. We thank them sincerely for their assistance in maintaining our facilities. Completion of the resurfacing of court 8 means that we now have all 8 synthetic courts, all under lights and in excellent playing condition.

Our just completed winter season was most successful. We had 21 of our 25 junior and senior Saturday and Sunday teams in finals. Of these 5 where premiers and 11 runners up. Simply fantastic results. Congratulations all round. The upcoming summer season sees us with 19 junior teams and 7 senior teams; we wish them well.

As well as our weekend competitions we also have the following available at the club:

- Mid week ladies competition; Tuesday, Wednesday and Thursdays
- Night competition Monday, Tuesday and Wednesday evenings

Kelly Bisinella and her team of highly qualified personnel provide coaching for all levels. Give her a call.

We take this opportunity to thank our sponsors; Bendigo Community Bank, Wantirna; Ray White Wantirna; Integrity Cabinets and Finance Plan (for details see our web site). We value their contribution. We invite you join us at our family friendly tennis club ... your club ... Templeton Tennis Club.

Merry Xmas to all and we wish you a wonderful New Year. TempletonTennis Club Inc. Templeton Reserve, Templeton St Wantirna 3152. Melways Ref. 6 3G9 Membership: Russell 9887 1957 Clubhouse Phone: 9887 3505 President: Don 9800 3316 Coaching: Kelly 0414 874 482 Website: www.templetontennis.com.au Email:president@templetontennis.com.au

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Authorised by Alan Tudge MP, Federal Member for Aston, 420 Burwood Hwy, Wantirna South. This material has been produced by Alan Tudge using his printing and communications entitlement.

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