



# Studfield Wantirna Community News

A free community newspaper

Edition 16 - February 2012



Photo by Chris Ellis

- ***Wantirna Primary School Celebrates 100 years***
- ***Fireys and Volunteers working together at Boronia CFA***
- ***T20 Charity Day***

# FREE



Delivered FREE to 7000 households & businesses in Studfield and Wantirna

## INFORMATION and CONTENTS

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by Chris Ellis

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**DECEMBER ----- NOVEMBER 9**

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For more information contact Charles on 9762 3376

### POSITION VACANT:

SWCN is looking for volunteers to help get our community paper out to the Studfield and Wantirna Community every second month. No experience is necessary, just a commitment to the SWCN philosophy of strengthening and informing the local community.

If you are interested in joining our friendly team and getting involved in your community, we would love to hear from you.

## Happy New Year!

Well here we are with the first of our bi-monthly editions of the Studfield Wantirna Community Newspaper.

We are pleased to be able to provide more regular information from all our contributors and hope to have more stories from people living in our community.

There are always so many great things going on in our community. You don't have to go far to find activities to capture your interest.

Our local community offers many great events including music and arts through The Jazz Archive and at the Knox Community Arts Centre. We have information about these opportunities inside this edition.

There are many diverse community groups offering friendship and an opportunity to pursue a variety of interests to suit all tastes. Most groups are keen to welcome new members and extend an invitation to us all.

There is no need to travel out of the area to find things to do, when we have so much on offer right here in Wantirna.

Janet on behalf of the team.

**Interested in previous issues of SWCN?**

Visit our website at

**studfieldwantiranews.wikispaces.com**

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### Fundraiser for the Victorian Jazz Archive Inc

A0033964L

**Sunday, 25th March, 2012**

### The Fabulous NEW MELBOURNE JAZZ QUINTET

**Featuring: Ross Anderson, Bass,  
Leader; Peter Uppman,  
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Whitford, Drum.**

**Music from 1.30 pm. to 4:30pm.**

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**Entrance: Springvale Road**

**Admission \$15**

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**Thank you to all the volunteers who  
contribute to our paper with photos,  
stories and articles.**

**Thank you to our local Members of  
Parliament for their generous  
support of our community paper.**

**Thank you to the local businesses,  
who support the production of our  
community newspaper.**

**Please support us by supporting  
them!**

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## Wantirna Primary School Celebrates 100 years!

### Wantirna Primary School No. 3709

In 2012 Wantirna Primary School is celebrating 100 years in the community.

In 1912 the Township of Wantirna was declared and the need for a local State School soon arose. The local Finger Family donated a small portion of land on Mountain Hwy (then known as Wantirna-Sassafrass Road) and a School was established that same year. The school was one of the buildings that formed the geographic centre for the rural community in the area of Boronia Rd., Mountain Hwy and Burwood Hwy, which had become the site of a well established fruit growing area. Other buildings were the Methodist Church, Post Office, Wantirna Parish hall and in 1919 the Wantirna Coolstores.

The original gabled school room and annexe with an exterior red brick chimney has been conserved with few changes and has been integrated harmoniously within the modern school complex. In 1912 the enrolment was five and increased to 25 by the end of its first year. The school was also used for Sunday Service until the Methodist Church was built. The original building is currently being utilised as the Art Room.

Since then Wantirna Primary School has had a rich history and the school will

be celebrating that history on **Saturday March 17th, 2012** with a special celebration at the school between **10am and 4pm**.

On the day, the school will be hosting a wide array of activities for families, such as an old car show, individual stalls from each class and of course, lots of delicious food. The community will be involved in the celebration as well, with members of Knox Council in attendance, as well as the CFA and the Lions Club.

Everyone is invited to come and see the history of the school and to celebrate the centenary. The school gym will be opened up for all to browse through some of the old memorabilia and if you used to attend Wantirna Primary School you just might bump into an old friend.

A time capsule, which was originally buried in 1987, will be uncovered and a new one will be buried. We want to make sure that everyone has a bit of fun so there will even be a jumping castle, old fashioned games and face painting!

Come and see the original building. This classroom is still in use today as an art room and compliments our new 21st century learning spaces.



So whether you want to look at the memorabilia, have a fun day with the family or become a temporary member of the school community for a day, come to Wantirna Primary School between 10am and 4pm on Saturday March 17th and celebrate the history of one of Knox's oldest schools.

#### Contact details:

**Principal - Heather Norbury**

**120 Mountain Highway, Wantirna 3152**

**Telephone (03) 9801 1938**

**Fax (03) 9887 4192**

**E-mail: [wantirna.ps@edumail.vic.gov.au](mailto:wantirna.ps@edumail.vic.gov.au)**

**Web: [www.wantirnprimary.vic.edu.au](http://www.wantirnprimary.vic.edu.au)**





## NEIGHBOURHOOD TEAM POLICING

The provision of a high visible police presence in the Knox community is an important aspect toward the prevention of crime, road trauma and public disorder. A focus by Knox police to provide a more personalised service to the local community is reducing the fear of crime while enhancing the perceptions of public safety. There are four teams operating within Knox Police Station. These are all headed up by a Sergeant and a Leading Senior Constable. The four teams cover each of the following suburbs and shopping precinct.

- Wantirna / Wantirna South
- Scoresby / Knoxfield
- Ferntree Gully
- Knox City


Each team has about 10 members to help in focussing on issues specific to those areas. Local residents and businesses are encouraged to contact Knox Police if they have concerns about issues that impact on them. An example would be where a resident rings Knox Police Station and reports youths at a certain address revving up cars and

playing loud music on a regular basis. This becomes a 'Target Patrol' and will be passed to the respective team that covers that area for following up. If any incidents are occurring at the time then 000 should be called also.

Neighbourhood Team Policing focuses on:

- General mobile patrol within a Neighbourhood Team Policing area - residential, factory & business areas.
- Foot patrol of shopping precincts / strips and liaison with retailers & shoppers.
- Visits to railway stations and other public transport facilities / interchanges.
- Checking of all their N.T.P. target patrols and where appropriate, making personal contact with complainants to check on the status of the enquiry.
- Follow-up investigations regarding incidents occurring in the area.
- Perform liaison with all schools within the area - lectures, presentations.
- Attend local community meetings when a police presence is requested.

*from Sgt. Wayne McDonald of Knox Police*



Over 100 years of local history  
**Knox Historical Society Museum**  
 Open Sundays 1-4pm  
 30 Girdlebank Rd, Wantirna, Vic 3152



**9801 6466** cnr Stud & Boronia Roads  
 Wantirna 3152  
[www.info@knoxclub.com.au](http://www.info@knoxclub.com.au)

**McCluskey's Bistro** Open 7 days a week for lunch & dinner  
**Weekly Specials**  
 Monday Steak Night, Tuesday Schnitzel Night  
 and Wednesday Curry Night  
 Seniors Meals available every day except Friday & Saturday Nights

- ◆ Café ~ lunch & light snacks available every day
- ◆ Live Entertainment every Friday Night in the Members Lounge
- ◆ Tuesday Trivia Night : Saturday Karaoke Night
- ◆ Members Bar Meals available 7 days a week for lunch & dinner

Social and Full Membership available



**Your home or  
your life?**

Tolmie 2007 Bushfires

## Don't risk your life on a last minute decision.

Be prepared for a bush or grass fire, wherever you are.

**A wet year doesn't mean we're safe from bush or grass fires.**

Rain encourages growth. It only takes a week or two of hot, dry weather to turn growth into fuel for a fire. Fires don't just threaten people who live in the bush. Anyone can be affected.

**Write or review your Bushfire Survival Plan and practise it.**

Even if you've already written your plan it's no time to be complacent. Give yourself and everyone you love a better chance of survival

by thinking through your decisions and reminding everyone of what they should do.

**You think that you are ready, but are you really ready?**

Do you have a good understanding of the risk around you and have you thought through all of the possible scenarios and what you will do? Find out for sure by taking the FireReady Quiz or the FireReady Challenge at [cfa.vic.gov.au](http://cfa.vic.gov.au).

Make your plan at [cfa.vic.gov.au](http://cfa.vic.gov.au) or call 1800 240 667.

It could save your life.

**PREPARE. ACT. SURVIVE.**  
**FireReady** 



## **Boronia CFA** *Fireys & Volunteers working together to protect the Knox Community.*

Boronia Fire Brigade is one of eight fire Brigades that comprise the CFA Knox Group of Fire Brigades. The other Brigades are Bayswater, Ferntree Gully, Montrose, Rowville, Scoresby, The Basin and Upper Ferntree Gully.

Boronia Fire Brigade has a complement of paid firefighters on shift 24/7 and is known, in CFA terms, as an Integrated Brigade. Rowville is in the process of having a complement of paid firefighters assigned. Scoresby has a paid firefighter on shift during weekdays whilst the other six Brigades are fully volunteer operated.

We are very proud of our Integrated Fire Brigade Delivery Model which has paid and unpaid firefighters working side-by-side to protect our communities. Paid staff started at Boronia in 1972 in response to the growth of the Boronia area and the demands faced by the volunteer members to respond to the increased call numbers. Today, Boronia Fire Brigade operational members respond to approximately 1000 calls each year and we have 26 paid and around 40 volunteer firefighters.

In addition to the operational members, we have a Brigade Auxiliary (which is always looking for more people to support the Brigade), plus a strong Junior Brigade with 16 members aged between 11 and 17 years. The senior membership is a combination of operational (firefighter) and non-operational members who undertake a range of duties to support the Brigade's activities such as assisting with

administration, community engagement and incident-management during major incidents.

The Brigade undertakes training each Tuesday night starting at 7:30pm and each Sunday morning starting at 9:30am. While we are able



to undertake a range of practical training on the Fire Station grounds, we also undertake training around the local area in order to ensure drills are practical and members know their local area.

The Brigade is supplied with a Heavy Pumper and a Medium Pumper-Tanker by CFA and has a Light Pumper and Car funded by community donations. You may see us training in the streets on Tuesday evenings or Sunday mornings. We are always happy to let you know what we are doing and show you the fire equipment we have.

The Brigade undertakes servicing for portable fire equipment in the local community as part of

CFA's Fire Equipment Maintenance operations which provides supplementary funds for the Brigade. If you operate a business in the local area and are not using CFA to service your fire extinguishers, we are always happy to talk to you about what we can do to help you. Ring the Fire Station on 9762 1322 if you are interested in supporting the Boronia Fire Brigade in this way.

The Brigade accepts donations, which are tax deductible, from individuals and businesses - email our Treasurer at [treasurer@boroniacfa.com.au](mailto:treasurer@boroniacfa.com.au) to arrange a donation to the Brigade.

CFA Brigades receive regular donations from the IGA stores. Please support Alchester Village IGA and Paul's Supa IGA in Ringwood East who donate to our Brigade.

Community engagement and fire safety is an important aspect of what we do - educating the community of how to prevent fires is a high priority for CFA. The Brigade is active in a range of community programs. Some of the things we do are school visits, talks to community groups and Santa runs at Christmas. You are always welcome at the Fire Station - especially on Sunday mornings.

Any person who lives or works in close proximity to the Fire Station is encouraged to talk to us about becoming a volunteer firefighter or, alternatively, you might be able to help in a support role or have children interested in our Junior Brigade. Email our Brigade Secretary at [secretary@boroniacfa.com.au](mailto:secretary@boroniacfa.com.au) or pop into the station for a chat.

## **FIRE RESTRICTIONS ANNOUNCED**

CFA has declared the Fire Danger Period (FDP) from Monday 23rd January including Knox, Yarra Ranges, Manningham (areas not within the Metropolitan Fire District) and Maroondah (areas not within the Metropolitan Fire District)

The Fire Danger Period is based on local conditions and take into account fuel moistures, fuel loads, grassland curing, weather and rainfall.

CFA District 13 Operations Manager Dave Renkin said all Victorian residents - especially those living in high risk areas - need to be fire ready heading into summer.

"Victoria has experienced wet weather recently, but it only takes two weeks of hot, dry and windy weather to create dangerous fire conditions," he said.

"Due to favourable growing conditions across Victoria in 2011, there is an above-average

grassfire risk this fire season. Grassfires should not be underestimated; they can be extremely dangerous and cause death, trauma or serious injury."

"Now is the time to protect your home and property by slashing, mowing, grazing, spraying and using herbicide, and creating fuel breaks by removing all fuel (vegetation) down to the soil.

Living in a grassland area with dried-out brown or golden-coloured grass that is over 10cm high is a bushfire risk," he said.

"Around 75 per cent of people living in high risk fire areas do not have a detailed survival plan. Most people have an idea of what to do if there is a fire but haven't thought about what could go wrong, made a backup plan, worked out how to communicate with family and friends or practiced what they will do.

"Leaving early is the safest way to survive a fire - you need to know what to do, and when and where to go, on hot, dry, windy days."

For information on how to prepare for the fire season, download a Fire Ready Kit, complete the Household Bushfire Self Assessment or find the location of Fire Ready meetings in your area at: [www.cfa.vic.gov.au](http://www.cfa.vic.gov.au) or call the Victorian Bushfire Information Line (VBIL) on 1800 240 667.

A map showing fire restriction across Victorian municipalities and a Can I or Can't I? brochure (detailing the restrictions and the differences between FDP and Total Fire Ban days) is also available on the CFA website or by phoning the VBIL.

**A Total Fire Ban declaration means no fires can be lit for the declared district for that day - irrespective of the Fire Restriction status for a given municipality.**



## New Year 2012 brings with it the National Year of Reading, a Commonwealth Government initiative encouraging Australians to share in the joy of reading.

Eastern Regional Libraries will commence a year of celebrations with a launch on the evening of Friday 17 February at 6.30pm at Croydon Library. Guests will be invited to meet our two ambassadors author Ilsa Evans and children's author and illustrator Adam Wallace. All ages are welcome to join us for the celebration. Children will be treated to a fun session with Adam whilst adults will have the pleasure of hearing Ilsa speak about the role of reading in her life. Drinks and finger food will be served at this free event. Bookings can be made by telephoning 9294 5640 or online at [www.yourlibrary.com.au](http://www.yourlibrary.com.au)

The commencement of school brings the return of Storytime for pre-schoolers. Our Youth Services Librarians provide a variety of programs for 0 to 5 years. Pick up a Storytime brochure at your local library or click on the 'Kids' button on

our webpage at [www.yourlibrary.com.au](http://www.yourlibrary.com.au). One session of particular interest to mothers of babies 4-6 months is the Bright Star Program at Boronia Library. The program runs for six weeks, and encourages the sharing of songs, rhymes and stories.



Author, Ilsa Evans

The first series commences on Wednesday 1 February, with further six week courses commencing on Wednesday 18 April, Wednesday 20 June, and Wednesday 22 August with the final group starting on Wednesday 31 October. All sessions commence at 2.00pm. Numbers are limited to 12 per group. Parents are advised to book early to avoid disappointment.

Please contact Bernadette at Boronia for further information or to make a booking 9762 4099.

Our popular Saturday Storytimes at Knox, Boronia and Rowville Libraries will start again on Saturday 4 February at 10.30am. Since the introduction of these sessions in October numbers have been steadily growing. The storytimes provide an opportunity for working parents to share in the fun. It is great to see so many fathers enjoying the stories and songs with the children. Bookings are not required just come and join in a session.

Saturday 3 and Sunday 4 March is Knox Festival time. Ferntree Gully Library will be open from 10.00 - 5.00pm on Saturday and 10.00 - 4.00 Sunday to celebrate. Come and 'Bop with Bethany' at four sessions on Saturday or enjoy the magic of Ron the Clown on Sunday. Make a mini book with artist Joy Serwylo, enjoy creative fun with Artrageous and cartoonist Bradfield Dumbleton or have your face painted whilst enjoying a story. It's all fun in the library at the Knox Festival.



Children's author & illustrator Adam Wallace

## Talking Tech

with Micah

### Thinking about upgrading to a new TV?

Can you believe there are almost 20 channels on free to air TV nowadays? In the good old days there were just four!

If you haven't already updated, it's definitely time to make the swap to digital TV. Not only can you access all of the new channels, but the quality of the picture just might knock your socks off.

Due to heavy competition from Chinese manufacturers, you can now pick up very reputable brands at prices that won't break the bank. You don't even have to shop around all that much, JB Hi-Fi, Retravision and Dick Smith all offer great brands at the best prices.

Equally, if you've grown attached to a more vintage TV, you may be able to buy a digital receiver and simply plug it into your existing box. The picture quality won't be amazing, but you'll get most of the new channels and it'll only set you back around \$50!

When speaking to the sales representative, specify the following required features as a minimum. It's got to be High Definition, have a built in tuner, and at least three HDMI ports. They'll know what you mean.

Remember you can access unbiased purchase advice for all your technology needs via email at [micah@talkingtech.com.au](mailto:micah@talkingtech.com.au).

Happy shopping!

Micah Macri

**Computers For All, offers a range of new and refurbished computers with a rent-to-own program for Centrelink recipients. Payments are processed directly through Centrepay for one year, and then stop. For more information contact Andre, Micah or the Computers for All team on 1800 87 77 74 or at [www.ComputersForAll.com.au](http://www.ComputersForAll.com.au)**



## The Aston Shield: recognising outstanding young citizens

Towards the end of each year, I have the pleasure of recognising some of our great young citizens in Wantirna and Studfield. In each of our local schools, I present the Aston Shield for Good Citizenship to a student who has demonstrated compassion, a commitment to others, and who has been a great role model for their school and community.

Lara Karak, from Wantirna South Primary School, was recognised as such a student. Lara earned a reputation for enthusiastic involvement in all aspects of school life. As a hard-working student, Lara has been polite, friendly and positive, and displayed enthusiasm, humility and efficiency. She is passionate about sports, particularly basketball and is a valued member of the school's athletic, basketball and cross country teams. She has been a member of the school band and has become a respected



Lara Karak with Alan Tudge

leader within the school community in the role of Dance Captain. Lara's unassuming manner, quiet dedication and integrity have been an inspiration to many.

The Aston Shield winners from the other schools were equally impressive.

The Aston Shield is given in the spirit of Tilly Aston, who was a remarkable woman in

Australian history who did so much for the welfare of blind people.

Tilly was born in 1873 and was completely blind by the age of 7. Yet, despite her obvious challenges, Tilly's courage and tenacity brought great advancement for blind and vision impaired people. She secured voting rights, better access to public transport, and established the first braille library. (Tilly herself had to drop out of university because there were no braille books.) Finally she set up an organisation that still exists today and helps tens of thousands of people each year - Vision Australia.

Tilly Aston was an incredible contributor to Australia whose legacy is alive today, both through the organisation she founded, but also through the students of the Shield given in her name.

I am very proud of our young award winners. If Tilly were alive today, I am sure that she would also be very proud. They are great ambassadors for their school and for our community. Well done to all of them!

Other local students to receive the 2011 Aston Shield winners were:

- Alanah Peverelle, Holy Trinity Primary School
- Harry O'Reilly, Knox Gardens Primary School
- Meg Bright, Regency Park Primary School
- Susan Cloete, St Andrews Christian College
- Emily Siomopoulos, St Luke's Primary School
- Sheri Smith, Templeton Primary School
- Morgan Stevens, The Knox School
- Anneke Odendaal, Wantirna College
- Dylan Moore, Wantirna Primary School
- Rebekah Daniels, Waverley Christian College

Alan Tudge, Federal Member for Aston

## Studfield Primary School Reunion & Family Picnic BBQ Day

All past Students and Families of any year, connected with Studfield Primary School are invited to get together for a great day on **Sunday 12th February 2012 at 10 o'clock at the Tim Neville Arboretum Dorset Rd Femtree Gully.**

OFFICIAL OPENING OF THE TIME CAPSULE AT NOON.

Digital Copies of the contents of the Time Capsule will be available for a Donation, with the proceeds going towards permanently displaying the Capsule at Yawarra Primary School.

For more Details please contact Richard Goldsmith on 0407 348 172 or Jason Cock on 0414745370

"You maybe strange,  
but don't ever change"

Shelby Sprague, 10, 10/10



[www.deviantart.com/lovemeilisa](http://www.deviantart.com/lovemeilisa)

A portrait of a young woman with dark hair and glasses, smiling. She is wearing a white top with a large bow.

## REASON TO SMILE!

**Enquire now for 2012/13**

**Congratulations to our 2011 graduates on your outstanding VCE results.**

**10% of students in the top 5% of the state.**

Special congratulations to our highest achiever, **Zoe Guo** who received an ATAR of **99.4**

We are very proud of you.

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[www.facebook.com/knoxschool](http://www.facebook.com/knoxschool)

CELEBRATING 30 YEARS 1983-2013

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Wantirna South  
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[www.knox.vic.edu.au](http://www.knox.vic.edu.au)



## Don't forget to set some New Year's money resolutions



The New Year is a time when people tend to reflect on the past 12 months and the changes they'd like to make in their lives. Here are 7 things people can do to improve their financial wellbeing in 2012.

### Top 7 New Year money resolutions:

#### 1. Start with a budget

It's essential to have a household budget and stick to it. If you spend more than you earn, it can quickly land you on the rollercoaster of debt. Make a promise to start living within your means.

#### 2. Use credit cards wisely

Credit card debt is fine if you pay it off each month before interest is incurred. But if you have a large amount of debt sitting on your card, it could be costing you an astronomical amount in interest each year. If you have several cards maxed-out, consider rolling all the debt in to one low interest-bearing card to save on interest.

#### 3. Have an emergency fund

As a contingency for life's unexpected expenses, it's vital to have an emergency fund or access to cash through a mortgage redraw facility or offset account. A good rule of thumb is to have at least three months salary in the kitty.

#### 4. Get savvy with your super

Australians are losing around \$1 billion a year in fees, lost payments and earnings by holding several super accounts they aren't contributing to (Rice Warner Actuaries 2008). Also consider topping up your superannuation by salary sacrificing another two to five per cent of your income. Lower income earners

should also make the most of the government co-contribution scheme.

#### 5. Review your mortgage

The most effective way to save interest on your home loan is to make extra repayments each month. The monthly repayments on a \$300,000 mortgage over a 25 year term at 7.25 per cent are around \$2,168. But a person could pay the loan off 10 years earlier and save \$158,277 in interest if they increased their monthly repayments by \$575.

#### 6. Have a debt strategy

Financial worries can be very stressful, so it is important for people to take control of their debt before it starts controlling them. The general rule of thumb is to pay off 'bad' debt like credit cards first as they usually have the highest interest rates.

#### 7. Protect your family

It's not something we want to think about, but you need to ask yourself how your family would cope financially if you or your partner were injured in an accident, became too sick to work, or even worse, passed away. These days, insurance doesn't have to be a big drain on the budget. If cash flow is tight, you can get affordable life insurance and income protection through your superannuation.

#### Want to know more?

To make an appointment to see John Barker, John Pritchard, Damien Turner or Mark Burridge, contact Horizon Financial Strategies' Administrator Rebecca on **9720 7552** or call in to **Shop 12 Wantirna Mall**.

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*Any advice given is general only and has not taken into account your objectives, financial situation or needs. Because of this, before acting on any advice, you should consult a financial planner to consider how appropriate the advice is to your objectives, financial situation and needs.*

0738 1550

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**Open 7 Days**  
Monday - Friday 8.00am to 9.00pm  
Saturday 9.00am to 5.00pm  
Sunday 10.00am to 5.00pm



# Collier Ward News with Cr. Joe Cossari JP, Knox City Council



As your Local Councillor, I am pleased to report the delivery of a number of improvements within the Collier Ward, one such achievement is the construction of the Car

park on the Dandenong Creek in Wantirna Road. This was a joint Knox and Maroondah Project.

The works on the Wantirna Mall have been completed the place looks a million dollars! As you walk around Collier Ward you will

notice a considerable number of kilometres of upgraded footpath.

City wide, the Eastern Recreation Project is about to be completed, we are fortunate to have this Major Sports Complex within our municipality, thanks to the State and Federal Government's contributions, as well as Council funding, which has made possible this fantastic facility, to be delivered for the benefit of the our Community

The "On Board" Campaign was also a great Success, in that it has attracted attention to our continued lobbying for the need for more

efficient public transport, such as the light rail to Knox and heavy rail to Rowville.

This Council has also been successful in securing funding for a prevention of violence against women program, which is a fantastic program. Thanks to our dedicated staff, we are able to deliver so many services to the broader community. I am proud of our Council accomplishments.

**JP, Joe Cossari, Collier Ward Councillor.**  
**0402780933** [Joe.cossari@knox.vic.gov.au](mailto:Joe.cossari@knox.vic.gov.au)  
[www.knox.vic.gov.au](http://www.knox.vic.gov.au)

Authorised by Joe Cossari 20 Chartwell Drive Wantirna

## Arts 2012: Bring it on! Knox Community Arts Centre

Netball opera... Spanish dancing... Digital music making... Comedy... Knox Community Arts Centre's 2012 program is so jam-packed, can you believe all this is happening in just the first six months?

Knox Community Arts Centre Coordinator Richard Mitchell said in 2012, a range of fantastic shows, including a joint venture with the Arts Centre Melbourne, would be on offer.

"2012 is set to be a big year, as we not only host a great program of shows, but welcome the Knox community back to our revitalised arts centre," Richard said.

"I'd encourage everyone in Knox to jump on our website and find out more about the shows, but most importantly, plan to come along!

"It's set to be an inspiring and exciting 2012!" What you can expect at KCAC in the next six months...

- Hot Flamenco Warm Nights - a guitar music and dance show with a traditional Spanish flavour.

- David Scheel's Art of the Pianist Composer, is

a musical comedy complete with his signature songs and story-telling.

- For the school holidays two strikingly different, music workshops, the first, a marimba workshop and the second, the Loopy Music Digital Learning Hub.

- The Melbourne Comedy Festival Roadshow will return bigger and better this year with some of the finest local and international comedians on offer.

- Knox Theatre Company Show called Table Manners

- The Netball Opera, a musical comedy - it's everything you love about netball, only with singing!

- The Melbourne Male Choir, will show off its repertoire.

- Showstoppers of London's West End, an exciting new show featuring Australia's own London Westend star Philip Gould with Tenterfield Saddle star Michelle Fitzmaurice.

**For more information about shows, and to book, visit [www.knox.vic.gov.au/theatretix](http://www.knox.vic.gov.au/theatretix)**



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## Important Information

This summer, electricity businesses will be modifying their powerline safety settings to reduce the risk of bushfires. This may delay restoring power if a fault occurs. Consider your need for back-up power if you are highly reliant on electricity. Remember power outages can also affect phones, radios and water pumps.

- Have a battery-powered radio and spare batteries or a wind-up radio available to hear alerts and warnings in case power fails;
- Have a landline with a cord, a fully charged mobile phone as backup and a spare battery and;
- Have a non-electric pump available that can be operated from an alternative water supply such as a swimming pool, concrete or metal tank, or dam.

If you lose power, contact your electricity distribution business on the "Faults and Emergencies" number on your most recent electricity bill.

Be prepared. For more information go to [www.esv.vic.gov.au](http://www.esv.vic.gov.au)

**PREPARE. ACT. SURVIVE.**  
**FireReady** 



# Community Media in the Spotlight



## Community Station - Radio Eastern 98.1

Well it is the New Year, and new shows and presenters are making the air waves at Radio Eastern 98.1. They include: John Millard ...still going strong has moved to Friday 9am, Val Budge is bringing back her "Box of Delights" to Sunday 12-3 (it is a real treat), David Arthur and Geoff Tanner are teaming up to bring great new things to you Tuesday 6-8, and the suave Frank Unsworth is driving you home 4:30-6:30 Friday, a great way to wind down from the work week, and Julia Zammit is joining the Saturday Night, Platter Parade with Ray Lawrence, David Arthur, Jeff Lasbury and more..Contact us for a free new program guide when you become a member.

We are also out in the community coming to you live in our Radio Eastern Outside Broadcast Van. You can meet and greet presenters at these outside broadcasts and support your local community events. We would very much enjoy seeing you there.

- Knox Festival Saturday 3rd & 4th of March 10am to 4pm
- Ferry Creek Horticultural Society - Sat 10th and Sun 11th March 10am to 4pm both days
- Warrandyte Festival - Sat 24th and Sun 21th March 10am to 4pm both days

- Warrandyte Festival Saturday 24, 25 March, 10am -4pm.
- Como Gardens Saturday 14th, 15th April Sat 9-1, Sun 12-4

It takes around 50 dedicated presenters and 30 dedicated support staff in technical areas such as production, system maintenance, and telephone office support to keep Radio Eastern Broadcasting to over 400,000 listeners in the local area. If you are interested in joining us phone us at 9722 - 9981. We are always looking for talent. Till next time -Tricia Zierner DJ - Radio Eastern 98.1 -On air Mondays 2-4 with Rex Shields in Anything Goes.



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## Kids in the Kitchen C31/D44

We must apologise from Kidz in the Kitchen to you...the last recipe had a major typo. This is a very old recipe and in translating from the imperial to modern measurements, 1KG of carrots, should have been ½ KG of carrots....Karrotty is sobbing in relief that there is less genocide of her cousins, but your cake must have tasted a bit too chewy... so we do apologize. Please email us with any concerns at [tmz@comcen.com.au](mailto:tmz@comcen.com.au) See the reprinted recipe below.

Also we have more Celebrity Chefs joining the show, Actor Krisite Jandric, star of

"Neighbors" and the Australian movie "Big Mama's Boy" (just to name a few) is joining us to create Gabriel Gate's Buckwheat Pancake recipe from his Taste Le Tour book. See Kristie in the next few weeks on air on C31/D44 at 4:30 every Tuesday in KIK, as she helps Abbie flip pancakes.



Celebrity CHEF Kristie Jandric, Abbie, and Tricia

**Be the STAR CHEF in a "Kidz in the Kitchen" episode. We are looking for TALENTED KIDS,** financial sponsors and skilled film editing crew. Or help by purchasing a DVD of a show Contact Host Tricia Zierner at email [tmz@comcen.com.au](mailto:tmz@comcen.com.au) and see [www.tnz.com.au/KIK](http://www.tnz.com.au/KIK)

### REPRINT of Recipe

#### Eunice Ellafair Godwins - Famous Carrot Cake

Cream 1 cup olive oil, 2 cups sugar, 5 eggs. Combine 2 and ½ cups self rising flour, ½ tsp cinnamon, ½ tsp allspice, ½ tsp nutmeg. Grate 1/2 kg of carrots, please check label to ensure they are not related to Karrotty our lovely handpuppet & megastar of Kidz in the Kitchen. Mix pour into buttered/floured pan. Bake at 180 degrees for 25 minutes.

## Whole Health Kinesiology

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## News from the Osteo! with Dr. Jason Stone of Wantirna Osteopathy

### ***Tips from the Osteopath before you start your fitness regime.***

The Christmas 'guilt trip' has kicked in, gyms have 'ramped' up their advertising and the 1000 steps are being inundated.

As Osteopaths, we are seeing the negative side of exercise when people take on too much, too early.

Unfortunately, it is human nature that once we decide it's time to change, it needs to happen overnight. I am writing this article to hopefully convince a few of you to set a long-term exercise plan and ease your way into it.

Exercise has so many proven health benefits but unfortunately, it can also exploit your lack of joint range of motion and muscular flexibility, resulting in injury. As Osteopaths we regularly see shin, knee, hip and low back complaints because patients are undertaking an exercise regime that is beyond what their body can handle.

My advice to anyone looking at losing weight, is to do it slowly and look at a lifestyle change not a quick diet. Exercise is very important to de-stress and burn kilojoules, but if you get injured you are more likely to end up more frustrated and put on further weight.

Begin with a low-grade exercise such as walking or water aerobics regularly for 30 - 60 minutes whilst changing some obvious dietary issues, for example, reducing alcohol intake and eating smaller meals. Combine this with increasing your flexibility by stretching and perhaps even yoga.

As your weight reduces, your flexibility improves and your energy levels increase, you can then consider raising the intensity but remembering this is a long-term exercise regime so only increase if you really want to and you know you will 'stick to it'.

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My theory on exercise is the more you enjoy it and the longer you undertake it, then the less reliant you are on the 'fridge and pantry to deal with your stress.

My final tips with a new exercise regime, are to ensure you have the correct footwear and you always stretch after exercise.

**Wantirna Osteopathy**  
161 Stud Road, Wantirna South  
9800 0388



## Chi Reflexology

by Marita Reynolds

I have recently introduced Chi Reflexology to my practice and find that my clients are really enjoying the experience and noticing the benefits.

Chi reflexology works on the acupressure points in the feet that correspond to different body parts and organs. Reflexology works on the basis that the whole body is reflected in the feet. The sole of the foot is the front of the body, the top of the foot is the back of the body and the inside of the foot is the inside of the body and the outside of the foot is the outside of the body.

By locating the points with either the tip of the thumb or fingers the practitioner can work the reflex points to assist with energy flow. Our bodies work with lots of energy eg circulation and the flow of blood throughout our body for transferral of blood and nutrients to all parts of the body and lymphatic system to help assist our immune system. This is essential for our general well being and survival, so if something in the body that should be flowing is congested or blocked then we feel pain, unwell or that something isn't right.

A reflexology appointment goes for approximately 1 hour in duration and 45 minutes is spent working the feet. This involves relaxation techniques, and then works the entire foot (the body) to improve circulation and help the body to relax. When the body is relaxed it is giving the body the best opportunity help heal itself.

For further enquiries please feel free to call me on either contact number below. My practice working hours are Monday, Thursday and Friday 9am to 5.30pm. Please note that appointments can be made after hours or on Saturday mornings by arrangement.

I am currently working at Orana Neighbourhood House in term 1 doing short courses in Meditation and Hand Reflexology. Both of these courses are designed to give you tools to work with at home for your own self-help. They can be used daily to help improve your day-to-day general well being. For further information on these course please contact Orana directly on 9801 1895. For appointments related to Reflexology please contact me directly on

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web: [www.soleresponse.com](http://www.soleresponse.com)

9801 5201 or 0425 735 581 or you can book on line by going to my website [www.soleresponse.com](http://www.soleresponse.com).

Good health and happiness.

**Marita Reynolds is a practising reflexologist in Studfield shopping centre at the Wantirna Remedial and Naturopathic clinic Suite 9/ 249 Stud Rd Wantirna. Marita welcomes enquiries and would be happy to discuss how reflexology can assist you. Marita can be contacted on 9801 5201 or 0425 73 5581. Marita is also doing introductory courses to Reflexology and Reiki through The Basin Community House, they can be contacted directly on 9761 0209 for further details.**



# Orana Neighbourhood House



## What's Happening at Orana?

Orana offers a range of programs, courses and classes for people living in our community, as an opportunity for enjoyment, learning and to develop new interests and skills. If you haven't been to Orana in a while, you are welcome to pop in and see how Orana has become a great place for our community.

**COMING UP IN TERM 1...**Computers for beginners, Intermediate Computers, Back to the Office skills, MYOB, Digital Photography, Introduction to Interior Design, Yoga, Art Group, Mosaics, Hand Reflexology, Meditation, Women's Health Day, New Life for Me (Women's wellbeing program). Floristry and more!

**CALL 9801 1895 NOW TO BOOK**

**EXPRESSIONS OF INTEREST**— Orana Community Garden starting in Term 2. We are looking for volunteers willing to contribute time and knowledge to our garden.

## Orana Neighbourhood House

62 Coleman Road,  
Wantirna Sth  
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Fax: 9800 3192  
onh@netspace.net.au  
www.orananh.org.au



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## Tutor Profile: Louisa Philp

Louisa is a highly valued member of the Orana team and has been teaching Basic Computers, Intermediate Computers and Office Skills at Orana for 7 years. She teaches both mainstream and disabled classes. Louisa is patient and will allow you to go at your own pace in these small class groups. Last year, Louisa won the inaugural "Robyn Murray Award for Inclusiveness" and was a finalist in the ACE Regional awards for Outstanding Tutor.

Enrol now for one of Louisa's Computer classes and you won't be disappointed!



## **Victorian Jazz Archive**

*Proactively Collecting, Archiving and Disseminating Australian Jazz.*

### **The Restoration of a Plastic Saxophone**

ONE of the gems in the Victorian Jazz Archive collection is a white plastic Grafton saxophone presented to Australian jazz icon Ade Monsborough during the Graeme Bell band's second tour to Europe and UK in 1951-1952. Other world famous musicians who received and played these instruments include Charlie Parker, Ornette Coleman, and John Dankworth.

The instrument was developed by Hector Sommaruga, an Italian living in London, and it takes its name from the street (Grafton Way) where his shop was initially located in the late 1940s. The decision to manufacture a saxophone from plastic was based upon the relative cheapness of the

material rather than an improvement in tonal characteristics. The instrument was designed to have a plastic body, bell and key guards made from a compound developed by ICI, plus a brass neck and a mechanism which incorporated a unique springing system. It was first offered for sale in 1950 at a price of 55 pounds, about half the cost of a conventional saxophone at the time.



Phil Noy displays the restored Grafton Saxophone.

Graftons have a basic problem in that they are brittle because the plastics of the time were nowhere near as robust as the injection-molded plastics used today. As a result they easily crack and fracture. They use a non-standard spring mechanism to operate the action, but spare parts are unavailable. Only about 3000 were ever made and the factory closed in 1967. There are very few instruments still in playing condition.

They are challenging and expensive to overhaul or repair when compared to

saxophones made entirely of metal. Fortunately, after much research, the Archive discovered Phil Noy, a jazz reed player himself, who was prepared to tackle the difficult task of restoration.

Taking the complex and unique instrument apart had many challenges. It involved making by hand new springs, finding suitable felt for the keys and repairing cracks using modern dental acrylics. Without Phil's skill and dedication this restoration could never have been undertaken.

The restored Grafton is proudly on display at the Victorian Jazz Archive in Wantirna and serves as a reminder of a unique Australian jazz musician Adrian Monsborough who was affectionately known as 'Lazy Ade' or 'The Father'.

**The Victorian Jazz Archive,  
15 Mountain Highway, Wantirna  
(Melways Reference 63, C8) is open to  
the public on Tuesdays and Fridays  
from 10 am to 3 pm.  
For group visits which include  
refreshments and a live band  
performance please ring  
Marina Pollard on (03) 9800 5535 or  
9781 4972.**

## **RINGWOOD FIELD NATURALIST CLUB INC**

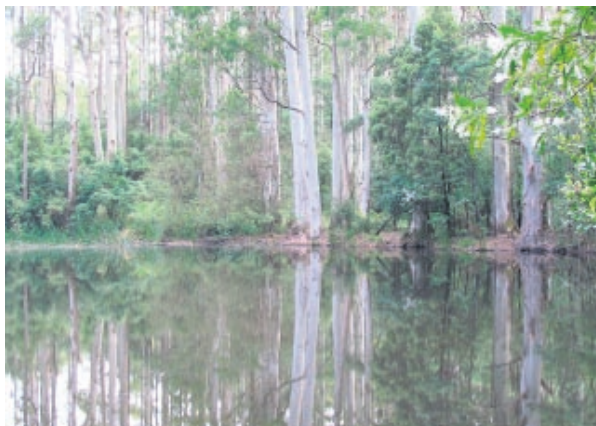
*by Alison Rogers*

This year has seen us start with unusual weather conditions. Undoubtedly the rain was welcome for our gardens and also for our bush areas, but with the following heat and drying conditions the bush dries and we all need to be aware of this.

Our first meeting for the year was an 'outdoor' meeting, held at Lillydale Lake. This was on a wild and rainy afternoon and evening. A walk around the wetlands area showed many of the common waterbirds, but we were lucky to see a pair of pink eared duck (zebra duck) which was a surprise sighting. Although we managed a quick picnic dinner in between showers we were off home early.

Mt Macedon was the venue for our January outing. A beautiful sunny day allowed us to investigate this area. Although some members had previously visited the picnic areas and the large landmark 'Cross', many had not walked around the Sanitarium Lake. Many birds were seen and we were serenaded as we walked, by different Honey Eaters, White-

eared, White-naped and Yellow-faced. The walking track took us through areas of large Mountain Ash, green tree ferns and Christmas bush *Prostanthera lasiantha* with its white and mauve speckled flowers.



Reflections of the tall trees in the lake were breathtaking. Bush orchids, including Bird orchids, green hoods and the tall Potato Orchids were also seen. The views from the top of the mountain were spectacular with Melbourne just a speck in the distance. We

had a lovely day out, well worth the distance we travelled.

In February our meeting will be back in our usual setting at Maroondah Federation Estate (details below). The speaker will be Dr Melissa Parrott speaking on "Conservation & genetic rescue of Australia's only hibernating marsupial, the Mountain Pygmy Possum (*Burramys parvus*)". The excursion will be to Cranbourne Botanical Gardens.

The speaker in March will be Karina Cartwright, whose topic will be "The Helmeted Honeyeater recovery program: 23 years of conservation". Karina is involved with the program at the Healesville Sanctuary. The excursion will be to Yellingbo Reserve to look at this elusive bird.

Our April speaker is Ian Penrose speaking on "What's happening to our Yarra River?"

Meetings are held on the second Wednesday of each month at 7-30pm in room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melways 49 H10). All visitors are welcome.

**For more details phone Alison or Peter on 9801-6946.**



# Community Group News



## Life Activities Club Knox Inc.

**Wishing everyone a bright and prosperous 2012.**

INVITATION: You are welcome to participate in any 2 of our activities, before making a commitment to our friendly club. We are always, out and about, enjoying various genres of music, walking somewhere, playing cards, visiting beautiful gardens, such as Como and The Blue Lotus Gardens. Taking bus trips, enjoying weekend getaways, cinema, lunches, painting, picnics, social outings, badminton and water aerobics.

There is also a fishing group, and with your suggestion of another occasion, we can organise a convener to take this new activity on.

Disguising the tank at Caribbean Gardens. Sometimes, a walker just has to climb.

Club membership is only \$20.00 per year, including quarterly newsletters, and our current newsletter will be forwarded to you on receiving your phone call.

Please ring for our current newsletter.

**Feel free to ring, Melva 9762 3764, or Helen on 9729 1151.**

*Life Activities Club Knox Incorporated No. A0052438Z: ABN 85 104 164 408 and is a member of the Life Activities Clubs Victoria Incorporated (Certificate of Incorporation Reg. No. A00 307 09U: A.B.N. 748)*



## Knox Safer Community

### Home sweet home - or is it?

Compared with many other parts of Melbourne, crime rates in Knox are low. Over the festive season much police time and effort went into a well-publicised campaign against anti-social behaviour and alcohol-related offences in public places. This has paid off with fewer than usual incidents.

However, Sergeant Ian Marr of Knox Police's Ferntree Gully unit reports that more than usual police time has been devoted to domestic violence call-outs. Personal assault, especially in domestic situations, has been on the rise for some time - possibly due to increased reporting and to the pressures of the financial crisis.

This is a disturbing reversal of affairs if it means that for some, home is less safe than public places. The concern is echoed on the websites of various services that provide advice and support in our area, such as: [www.easternhealth.org.au](http://www.easternhealth.org.au) [www.easternfamilyviolencepartnership.org.au](http://www.easternfamilyviolencepartnership.org.au) [casa.org.au](http://casa.org.au)

Another area of concern for domestic safety is the increase in so-called cyber-crime. By now everyone using emails should be alert

to the dangers of opening and responding to junk mail scams and especially to providing personal information online. For more on this see [www.scamwatch.gov.au](http://www.scamwatch.gov.au)

An even more serious concern is for child safety in view of young children's increasing access to internet pornography, not only on the home computer but also via their mobile phones. Parents need to be alert.

We have a strong and skilled police force keeping the public space safe. Should we be giving more thought to abuses of power and trust that threaten us at home?

Briefing from Knox Safer Community Group (Neighbourhood Watch); and see the website [www.knoxsafercommunity.org.au](http://www.knoxsafercommunity.org.au)

Or contact L/SC Lee Thomson on 9881 7948.



## Knox & District Over 50's Inc.

Welcome to the New Year everyone. We trust you all had a very happy and peaceful break and are now thinking about your options for recreation and entertainment in the near future.

Well, we at Knox Over50s are a very social group and visitors are most welcome to join us to discover some new ideas for 2012.

Come along to our next General Meeting on Tuesday, 28th February. You can get to know us and listen to our guest speaker, Amanda Freeman on the subject of Reiki - a form of therapy in which the practitioner is believed to channel energy into the patient in order to encourage healing or restore wellbeing.

Each month we offer a wonderful choice of social activities, such as bus trips, lunches, book clubs, movies, morning teas, etc. As a financial member of the Over50s, you would be welcome to participate in any or all of these events which, during February/March will include some Morning Melodies, a picnic/bbq at the Tim Neville Arboretum, harness racing at Yarra Valley and a "high tea" at Marybrooke Receptions in the beautiful Dandenongs.

Our monthly newsletter "Knox Natters Matter" (which is distributed at our General Meetings) will keep you up to date on all that's happening.

**We meet in the Boronia Progress Hall on the fourth Tuesday of the month at 1.30 pm.**

**We look forward to seeing you there. Contact Pat on 8786 9690 for any further information.**

## Happy New Year from Wantirna Lions !!!!

The Club has passed the half way mark in the current lionistic year. We have worked hard and completed many projects both locally and overseas. All in our club enjoy lionism, and at the same time we are a fun side too, while committed to our motto "We Serve".

Generally, the team looks for a break, but we are glad that our energy levels are

going higher and higher working toward our objectives.

Helping people from their sufferings, uplifting their living conditions, educating and creating awareness are important to us. We try to lift ourselves and lift others too.

For further details please phone president Wes Gleeson on 9887 4779 or email Siva Sivagnanam on [sivasivagnanam@yahoo.com](mailto:sivasivagnanam@yahoo.com)



## T20 Charity Day

Sunday 18 December 2011

by Tony Gawne

Secretary, Wantirna South Cricket Club

This year was seventh annual charity Twenty20 match held by Bayswater Park 'Sharks' Cricket Club and the fourth with the hosts Wantirna South 'Devils' Cricket Club.



The beneficiaries of the funds raised on the day were Leukemia Research and the ME/Chronic Fatigue Syndrome. Once again the Wantirna Community Bank Branch, Bendigo Bank & Lions Club Wantirna, proudly supported the event. It would also be remiss not to mention the local businesses at Wantirna Mall who donated the many items used for the raffle on the day.

The total amount raised on the day was \$13,761 a mighty effort by all concerned. The funds were primarily raised through

player sponsorship (almost \$12,000) who used their Club, family, business and their friend networks to support their selection in the two games played on the day. Additional funds were raised on the day via raffles, BBQ and silent auction activities

Despite the busy period leading up to Christmas the event was well attended by members and supporters of both clubs who were firstly entertained by a T20 Ladies Match between Bayswater Park and Pakenham Upper Toomuc.

The 'Sharks' batted extremely well in this match to take the points. The senior match provided plenty of action as the competing clubs sought to get their hands on the Wantirna Community Bank Challenge Cup.



This year the 'Devils' got over the line in a match played in terrific spirit and with a collaborative commitment by both clubs to contribute to those in the community who need assistance.

A very big thank you to all those who helped to make this a memorable day for the and we look forward in continuing to work with our partners to make this event even bigger and better next year.

## Wantirna Tennis Club Inc.

by Alison Rogers

The Australian Open is underway as I write, and there is much excitement with the young Australian players showing their talent. Do you have a little budding player in your household?? If so, Wantirna Tennis Club is where you should be. Tennis is a great sport. It is one of those sports that once you have learnt a few skills, you can go back to it at any age. Currently at the Club we have members that range in age from 6 yrs old to 78 yrs old who play competition.

At Wantirna Tennis Club our competition is about to start for the year. As we are lucky enough to have 10 en-tout-cas courts, a softer surface which is much kinder to the body than other surfaces, we can cater for all ages. Our Club Coach, Kelly, is taking on new pupils for the coming year. At Wantirna, not only does she cater for the more experienced players in Squads during the week, she also takes beginners for group lessons on Saturday mornings. Parents are invited to

come along to watch their children learn this great game. The emphasis is on exercise and having fun as well as learning skills from Kelly and her staff.

Also on Saturday mornings at the Club there is junior tennis competition. This is run by Junior Convenor Emily Rogers who has played at the Club over the years both as a young player in juniors and is currently playing seniors. The Club juniors play in the Eastern Region Tennis Association and play home and away matches around the surrounding areas.

Seniors are catered for with Midweek Ladies competition, night tennis most nights and weekend tennis both on Saturdays and Sundays.

Wantirna Tennis Club has a 78 year history, we have always prided ourselves by being a "family" club, and it is great to see we are still going strong. The club is completely fenced in, making it a safe environment for young

children to play in the playground, whilst parents play on the courts nearby. The Club house is large and boasts a large modern kitchen and disabled facilities.

For more information about the Wantirna Tennis Club and its competitions call **Secretary Alison 9801 6946** or **President Barry Cornell 9729 7437**, all inquiries about coaching call **Kelly 0414 874 482**.

**Wantirna Tennis Club can be found at the Wantirna Reserve, Mountain Hwy Wantirna Melways 63 D8**







# Alan TUDGE MP

FEDERAL MEMBER FOR ASTON

*Supporting our local community*

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Authorised by Alan Tudge MP, Federal Member for Aston, 420 Burwood Hwy, Wantirna South. This material has been produced by Alan Tudge using his printing and communications endorsement.

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\*Australian Banking & Finance Magazine Awards 2008