

# Studfield Wantirna Community News

A free community newspaper

Edition 18 - June 2012



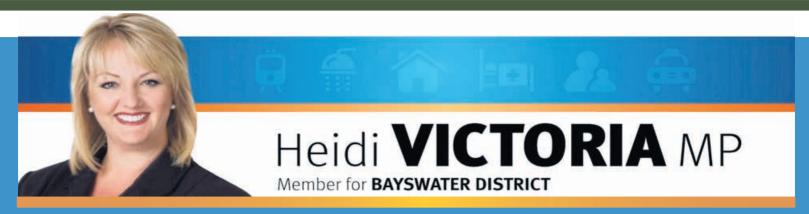
Photo by Chris Ellis

- 100 Years at Wantirna Primary School
- Daniel Foster, Pioneer of High Street Road
- Three Cheers for Volunteers!
- Fun at the Pet Expo
- Welcome to The Mob!





### **INFORMATION** and CONTENTS



Winter has arrived! I have noticed the mornings are colder and the days get darker much earlier. For me, Winter conjures up pictures of snow filled mountains, open fire places, candles burning and spending quality time with family and friends indoors. I find it a wonderful time to curl up under a blanket with a good book and a cup of hot chocolate, especially on one of those really cold wintry days.

But, Winter does bring us some challenges, such as getting our washing dry in time for work and school on Monday mornings, keeping the house warm and fighting off those dreadful colds and flus.

I would like to take a moment to remind everybody that safety is still extremely important during this time. It is all too easy to hang clothes too close to heaters, leave our electric blankets turned on and not extinguish those candles we love to burn. But these can all become serious fire hazards if left unchecked and don't forget to make sure your smoke alarms are still working.

Take care with your health too, because Winter is a time when we see an increase in viruses, colds, flus, asthma and seasonal affected depression. We can tend to feel a little down during Winter due to less sun exposure, so open up your curtains and let in some sunlight or go for a walk, get plenty of sleep and eat a healthy diet. Also, don't forget to wash your hands regularly to stop the spread of those viruses.

If there is anything that I can assist you with at any time, simply call my office on 9729 1622, or email me heidi.victoria@parliament.vic.gov.au.

Published by:

Studfield Wantirna Community News Inc. ABN: 98259005633 RAN: A0054764G Telephone: Janet on 9729 5007 PO Box 6159, Wantirna Mall 3152 swnewspaper@gmail.com or Coral & Charles on 9762 3376 swnewspaper2@gmail.com studfieldwantirnanews.wikispaces.com

Volunteer newspaper production team:

Editor: Janet Claringbold

**Coral Carew Charles Carew** Keith Slater Jenny Slater Arlene Bach

Photographer: Chris Ellis

Front cover: Maple tree in Autumn by Chris Ellis

Copies: 7000 copies produced with 6000 delivered to houses in Studfield & the north of Wantirna and 1000 through local distribution points.

Printed by Newsprinters

Affordable advertising rates with discounts applying for multiple bookings.

For more information contact Charles

on 9762 3376

**NEXT EDITION: August 2012 DEADLINES FOR 2012: AUGUST ----- JULY 13** OCTOBER ----- SEPTEMBER 14
DECEMBER ---- NOVEMBER 9 Hello SWCN Readers,

Its hard to believe it is almost half way through 2012 already!

There is always so much going on in Wantirna. There is an army of volunteers involved in community organisations and sporting groups, keeping the wheels of our society turning; keeping people connected and involved.

There is so much that can be achieved when we come together and share a common purpose. It is in these groups that we find our friends, people like ourselves, sharing their interests, talents and skills! Keep up the good work, Wantirna! Happy reading,

Janet on behalf of the team. Interested in previous issues of SWCN? Visit our website at studfieldwantirnanews.wikispaces.com

Thank you to all the volunteers who contribute to our paper with photos, stories and articles.

Thank you to our local Members of Parliament for their generous support of our community paper.

Thank you to the local businesses, who support the production of our community newspaper.

Please support us by supporting them!

## Contents

100 years at Wantirna Primary	Page 3
Out and About in Wantirna	Page 4
Caring for our Community	Page 5
News from The Library	Page 6
Local History	Page 7
Collier Ward News	Page 8
Wantirna Mall	Page 9
Orana Neighbourhood House	Page 10
Around Studfield	Page 11
News from Knox Essential Services	Page 12
What's Cool at School?	Page 13
News in Good Health & Wellbeing	Page 14-15
Community Group News	Page16-18
Sporting Group News	Page 19

Disclaimer: Views and comments expressed in this paper are not necessarily those of any member of Studfield-Wantirna Community News. Products and services listed or advertised in the newspaper should not be considered as endorsements. While every effort is made to ensure accuracy of editorial content, Studfield-Wantirna Community News takes no responsibility for errors. Copyright: No reproduction, copy or transmission of this publication may be made without written permission or in accordance with the copyright act.

## 100 Years at Wantirna Primary School

## Centenary Birthday Celebrations

On Saturday 17th March 2012, Wantirna PS celebrated 100 years of education with an Open Day. The weather was kind and the sun shone through as hundreds of people began to arrive. The theme for the day was celebrating the past, present and the future and there were displays from the Melbourne Steam Traction Engine Club, Knox Historical Society, Knox Police and the Vintage Car Club of Victoria.

There were also lots of stalls and amusements and the Wantirna Lions Club kindly organised the sausage sizzle for the day. Children could get their faces painted or buy a book from the book fair in the library. The senior students had some old-fashioned games to play and the junior classes organised lucky dips, an apple drive and an opportunity to have a go at some old-time writing. There were also various Centenary

memorabilia to buy. One of the most popular activities was the Tree of Knowledge in the Art room - the original school building. Visitors were able to purchase a clay leaf which they could then decorate with their names and the dates they were at Wantirna PS etc. The leaves will all be fired and then displayed as a tree on a wall at

the school as a memory of this wonderful day.

As people arrived they were drawn to the displays of all the photos from the last 100 years and a



Oldest visitor at 91 yrs

highlight was the reunion of past students as well as whole families reminiscing about their school days at Wantirna. The Knox Historical Society was able to fill in a lot of missing details for their records and several visitors brought

along their old photos to share as well. Our oldest past student was 91 years old and he thoroughly enjoyed talking to many of the other visitors. Everyone was also encouraged to sign the Visitor's Book and view some of the very old documents that were on display.

Family performance During the day a special ceremony day. was held and it included a dance performance by one of our families, and speeches from our local politicians, Alan Tudge, Federal Member for Aston.



Heidi Victoria, Local Member for Bayswater and Cr Joe Cossari - Councillor for the Collier Ward. We also unpacked the Time Capsule that was buried at the 75th Anniversary in 1987 and it was amazing to see how many of the items had survived. Our school captains spoke about the history of the school and then cut the birthday cake which was enjoyed by all.

The Open day was an outstanding success and could not have been possible without the support of the families and staff of Wantirna PS.



Opening the time capsule from 1987

Heather Norbury Principal



Wantirna Primary Schools Centenary
Celebration that was held on March 17th was
a huge success. Past and present Students
attended, including Mr Gilbert Handasyde who
began School there in 1939 when he was 5yrs
old. He remembers that there were about 20
Students in his combined class, of Grades 1 and
2. He also remembers walking all the way to
School, from near the intersection of Stud Rd
and Burwood Hwy through the Orchards that
stretched all the way down to Mountain Hwy.

Things have certainly changed since then, haven't they? Sandra Creaton started in 1956 and has memories of it being like "a little Country School" and that going to Ringwood was like going to the "City". Sandra also remembers the milk for the Students being delivered in crates in little glass bottles, with silver foil tops and

when you opened them, that there was real cream on top. Rohan who currently attends School there and is in Grade 1 likes that everyone "is nice and friendly" and he enjoys Art and Swimming Lessons.

On the day everyone was able to participate or reminisce. With everything from Old School Photos and Memorabilia on display, to face painting, cake and plant stalls, a sausage sizzle, raffle, and the unearthing of an old Time Capsule, which had originally been buried in 1987. A new Time Capsule was being buried on the day. It included in it a School Polo Shirt, Newsletter, Drawings by the Students, School Photos and a current Newspaper and lots of other items, I wonder what year that one will be dug up in? Lions Club Members, Local C.F.A, City of Knox Councillors and the Local Police also attended. with the Police Car drawing much attention and the Children queuing up to have a go at turning on the siren.

The Morris Car Club also attended, bringing with them some of their interesting Vintage Cars, with the oldest being a 1924 Morris Cowley and the "newest" being a 1958 Morris Minor. One of the cars on display on the day, was a 1925 Morris Oakland 654, and as this edition goes to print, it will be travelling around Australia for 12 months taking its owner John on holiday in style.



It really was a Community Celebration, enjoyed by everyone that attended. Happy 100th Birthday to Wantirna Primary School.

by Arlene Bach



## **Out and About in Wantirna**

# Recyling Treasures at Wantirna Market Part 2

We did it! We finally gathered up all of our bits and pieces, hooked the trailer up, and joined the queue at the Wantirna Market at the ungodly hour of 5 o' clock (A.M not P.M!) and waited patiently, or maybe not so patiently, along with about two hundred other cars, whose occupants had also got up bright and early in the anticipation of getting rid of their junk, having a great day and hopefully coming home with more money than they started out with. Which can be easier said than done, when you finally get your own Stall set up and go off for a wander to look at all the things on offer.

Everything from the Good the Bad and the Ugly, sometimes the downright dreadfully Ugly, to the useful, the weird, the wonderful, and best of all, something that catches your eye, because it is definitely a bargain or because you just can't live without it now that you have seen it.

Or another compelling reason, in my case anyway, because you had one of them as a child, (and if your Mum was anything like mine and gave away all your clothes and toys to someone who needed them more, once you had outgrown them, or in the case of some of my toys, when SHE thought I was too old for them) then suddenly that item takes on a personality and life of its own as it brings back memories and you wander down memory lane reminiscing. If that happens, you're a goner whatever the price is, it's not too much and you MUST HAVE IT.

Well happy to say that did not happen to me on the day, and Hubby and I and our friend Kim, who had a Stall right next to us went home with more cash in our pockets than what we started out with.

By Arlene Bach

Although I do have to say that the General Public was rather well read and knowledgeable that day, as Kim found out. She had books only on her Stall and still had to pack up three quarters of them and take them home at one o'clock. Obviously no one was in need of any further knowledge or enlightenment that day, it must have been "clever Sunday" though no one thought to tell me.

When the lady came back to collect her garden pots that she had paid for earlier and left with us, and I tried to give her the old Lawn mower instead, she wasn't at all impressed and I didn't feel at all clever.

Never mind it was an interesting day right from the word go, when you pull up in your designated spot and start unloading, and realise that you have five or six "helpers". Either helping or really just trying to get in first and beat you down on price when you don't even know whether you're Arthur or Martha, is it an Antique cup and saucer from Royal Doulton or is it just the K-Mart special. You're too busy unloading, fending off enquiries-no we don't have any real gold and diamonds for sale, trying to give the little old lady her change, listen to the guy next door telling us that we have

By Arlene Bach



Photo by Elaine Craig

taken up half an inch of what is "his space" and then moving fully laden trestle tables just to keep the peace and harmony. No wonder I was unsure of whether I was Arthur or Martha at some times during the day.

All said and done though, it really was an interesting experience and if you can muster up the energy to get all your stuff together and be up at the crack of dawn, or just before, take yourselves off to the Wantirna Market pay your \$40.00 for your space and give it a go. You never know what you'll find, maybe even that long lost set of Batman Cards that your Mum gave away to the little boy next door forty years ago. Although they may well have gone up in value just a little bit, since your initial investment of 10c.

See you next Edition- Arlene.

## **Three Cheers for Volunteers!**

On 30th April at the Knox Community Arts Centre, long serving Volunteers from the Bayswater Electorate gathered for a morning tea and to be recognised for their contribution to the community.

The 22 Volunteers who attended with family and friends, were presented with Certificates of Appreciation by Heidi Victoria MP in recognition of their long term commitment to their local communities, having given at least 10 consecutive years of volunteering.

They come from all walks of life and have served in all areas. From Scout Groups, Lions Clubs and Local Schools to Op Shops and C.F.A's.

In every capacity from Treasurers and Secretaries to Jack of All Trades, cooking at Sausage Sizzles, manning Stalls at Fetes, knitting furiously for overseas aid or for premature babies here, or organising Clean Up Australia Day activities and then getting into the thick of it with gloves on and rubbish bags filling rapidly.

The 5 longest serving Volunteers were: Tom Bedohazy 54 years Clive Manly 52 years Alan Hodgkin 43 years Beryl Sperling 40 years Margaret Draegar 38 years

They were all presented with a Trophy to mark their magnificent achievments.

Congratulations to all the Nominees, what an absolutely fantastic effort.



Heidi Victoria with the long serving volunteers



Chris Ellis and Nancy from Wantirna Lions Club with Member for Bayswater Heidi Victoria



Heidi Victoria with Alison Rogers from Wantirna Tennis Club & Ringwood Field Nats

## Caring for our Community

## The Family Care Sisters

## Caring for Women at "Kewn Kreestha"

The Family Care Sisters' facility, "Kewn Kreestha" offers care to all women who are in need of a peaceful environment, 'time out', support or nurturing. We are able to admit women between the ages of 20 - 70 years. No children are admitted at Kewn Kreestha.

We offer a wholistic program with a daily group session; attendance at these is required. The sessions include relaxation, setting short/long term goals, boundaries, individual giftedness, self-awareness and personal insight. On the last day, we bring all of these together so that the person is able to see the journey they have travelled through the week. Staff are available for one-on-one chats and we encourage guests to take advantage of this opportunity. Our volunteers are involved by hosting Morning Cuppas each month, doing craft with the guests and also giving them a massage.

Whilst at "Kewn Kreestha" guests have their own bedroom, all linen is provided. The shower/toilet facilities are shared, as are the dining and lounge areas. All meals are provided, however, Kewn Kreestha may not be able to cater for specialized dietary needs (the person needs to check on enquiry). Our costs are \$30 per day, and if unable to pay the full amount, we are happy to negotiate a payment plan.

We are a drug and alcohol free facility, so are unable to admit those using non-prescribed drugs (eg. Marijuana, cocaine, etc.) or those abusing alcohol. We do not provide nursing care, so are unable to admit anyone who is very depressed.

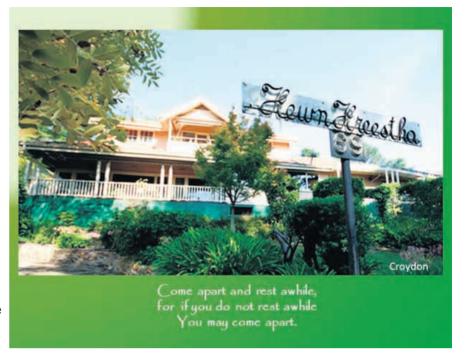
We help to nurture the spirit of each person who comes into our care so that they return home more confident and with plans to cope with the stresses of life and family. Once

guests have left K.K., (and if they desire it), they are kept informed of the various programs that are provided, including invitations to talks by our Psychologist.

All admissions are Monday morning and discharge is on Friday at 1pm.

For further information or to make a booking, please contact us on 9723 6797 (Mon.-Fri. 9am-5pm).

Sr. Jill Harding, Administrator



View from Guests' Lounge Mt. Dandenong in the distance.

"KEWN KREESTHA"
69 Alto Ave. Croydon. 3136.
Phone: 9723 6797 Fax: 9723 4377
Email: resthome.familycare@bigpond.com

# Thank you for supporting the Salvos!

When John Gore founded the Salvation Army in Adelaide in the 1880's, he said: 'If there is any man here who hasn't had a decent meal today, let him come home with me.'

Gore's statement provided the guiding philosophy to this new organization and it still guides the work of the Salvos today, including the work of our great local corps in Knox.

The statistics speak for themselves: the Salvo's provide 160,000 meals, 12,000 food vouchers, 3,000 beds for the homeless and 500 blankets every single week.

I have the honour of being the Knox Red Shield Appeal Chairman. As you would be aware, this Appeal is an annual event which provides funds to assist the Salvos to do their great work.

As I write, the Appeal is just a couple of weeks away and I am sure will be another great success thanks to the generosity of people in our local community.

One of the things that it will help support

is a new initiative of the Rowville Corps: a community kitchen for people to develop new skills in cooking, and also to provide meals to others in need.

Throughout history, the Salvo's have assisted on the front line with Australian soldiers in war time, with employment services and food

provisions throughout the Great Depression, with natural disaster relief in situations such as Cyclone Tracy, Black Saturday and many others.

Thank you to those who gave their time as volunteers door knocking in the local area for the Red Shield Appeal. And thank you to those who made a donation. It is to a great cause.



If you want to assist the Salvos, the local corps are located at 16-18 Kingsley Place, Rowville; 37 Wattletree Road, Ferntree Gully; and 2 Liverpool Road, Boronia. Enquiries to Judy on 0404 039 267

ALAN TUDGE MP Federal Member for Aston





The National Year of Reading 2012 is in full swing and whilst we have had some really great events already there are many more to come.

A highlight of our June program is the Brunch with Andrew Rule at Montrose Town Centre on Sunday 24 June at 10.00am.

Andrew is known for his co-authoring of both the Underbelly and Chopper books which have inspired the television series and the award winning film which starred Eric Bana as Chopper Read. However, what is not so well

known is that in his career as a journalist, Andrew has received a number of awards including the Gold Walkley, eight Quill awards for excellence in Victorian journalism and has twice been named Graham Perkin Journalist of the Year.

Thanks to the High Road to Reading Program at the State Library of Victoria we are able to offer this brunch event at no charge. Places are limited so please book early to avoid disappointment. Telephone 9728 4224 or book online at www.yourlibrary.com.au

Our guest at the monthly Literary Lunch at Belgrave Library is author Michael Thornton whose book Jackaroo recounts his experiences as a jackaroo in the seventies on such famous properties as Malcolm Fraser's 'Nareen'. I first heard Michael speaking on the Nightlife on 774 and was fascinated by the stories he told. This is a chance to glimpse a lifestyle that is fast disappearing. The cost of \$12.50 includes a delicious lunch. Bookings can be made on 9754 7266 or online at www.yourlibrary.com.au

There is no shortage of authors to entertain us in June. If you feel like getting a group together and heading up to Healesville for a day in the Yarra Ranges, book in to meet environmentalist Sharyn Munro. Sharyn has been travelling from her picturesque and isolated home in the Hunter Valley to document the threat posed to our rural environments by the coal mining companies. Sharyn will be our guest on Tuesday 12 June at 12.30pm Tickets are \$12.50 and

lunch is included in the cost. Bookings can be made at any ERL branch, by telephone 5962 4423 or online.

Rowville Library will host a visit from Melbourne author Adrian Hyland on Tuesday 26 June at 2.00pm. Some years ago Adrian was a successful entrant in the ERL Storywriting Competition, and

has gone on to bigger and better things. His book Diamond Dove won the Ned Kelly Award for the Best First Crime Novel. The sequel Gunshot Road was published in 2010 to critical acclaim. Kinglake 350 (2011) his first non-fiction work chronicles the Black Saturday bushfires from the perspective of Sergeant Roger Wood, lone policeman on duty in Kinglake on that fateful day. Adrian is a lecturer

in creative writing at LaTrobe University. This is a talk not to be missed; bookings can be made in person, by telephone 9294 1300 or online.

Ferntree Gully Library is continuing their popular Papercraft workshops on the third Monday of each month at 2.00pm. June's workshop features trendy paper pompoms which would be ideal to

use as children's party decorations. These workshops have been running for some months now and are proving very popular. Numbers are limited so book early to avoid disappointment 9294 8140 or online.

The school holidays commence in early July and we are hosting a Children's Literature Festival to celebrate the National Year of Reading. All of our branches will be buzzing with special events to celebrate. There are many treats in store with authors and entertainers helping to make the holidays fly by. A special feature will be our Soft Toy Bedtime Storytime and Sleepover with stories for the children and their soft toy before the toys are tucked in for a night at the library. Our special spy will be taking photos of the fun the toys get up to when they have the library to themselves. Watch out for our special school holiday brochure which will be out in early June.

We have a special event to mark the end of the National Year of Reading. November will see the opening of Fashion Meets Fiction at the Burrinja Gallery in Upwey.

Featuring clothing from the fabulous Darnell Collection we will recreate some magic moments from fiction. The Darnell Collection comprises over 5,500 items which date from the Eighteenth Century to the present. In 2004 Doris Darnell gave her goddaughter Charlotte Smith a magnificent gift of clothing and accessories which now form the basis of the collection. Charlotte has

continued to source items both in Australia and overseas to augment her godmother's archive. The Exhibition will remain at Burrinja until mid February. Watch our libraries and the press for further information on the opening and the associated events.



Adrian Hyland

## **Talking Tech**

with Micah

### Talking Tablets

They're conveniently portable, ultra-thin, and can do almost anything a computer can do...like everyone else, we're talking about Tablet PCs! In early 2010 Apple released the revolutionary iPad, a device boasting the power and usability of a desktop computer, that was thin and light enough to take anywhere. Initially reviews were mixed, some embraced its interactive nature, while others wondered exactly what it could be used for.

Two years later, the iPad's success lies in that the vast majority of people are content consumers, as opposed to content creators. This means that we browse the Internet and only interact with pages on a superficial level. Most commonly reading news, emailing friends, and shopping online. We infrequently write large thesis papers or render the latest video games. Suddenly it appeared a device that catered for 80% of user Internet habits, just might be suitable for everyone!

Equally, there isn't a device better suited for people newly interested in technology. Most tablets are remarkably easy to use. They contain only the most essential operating system components, and often leave out the tedious, confusing aspects. If you're looking for a simple introduction to computers and the Internet, it's a great time to consider a tablet PC!

Computers For All, offers a range of new and refurbished computers with a rent-to-own program for Centrelink recipients. Payments are processed directly through Centrepay for one year, and then stop. For more information contact Andre, Micah or the Computers for All team on 1800 87 77 74 or at www.ComputersForAll.com.au



Sharyn Munro

## Local History

## Daniel Foster, Pioneer of High Street Road

By Glen Turnbull, Local Historian

High Street Road was quite a remote area in the 1850s and 1860s. It was very tough to farm there at that time. There was not much passing traffic, which was quite the opposite of the Victorian goldfields. Daniel Foster was one person amongst the very small population to settle on High Street Road near Stud Road about 1858.

Daniel Foster was born at Broughton, Huntingdonshire, England on 6 February 1836. He immigrated to Victoria in the early 1850s. He married Maria Carroll at Scots Church Melbourne on 25 November 1856. The couple had 13 children over 26 years with all but one living to their adulthood.

He selected 173 acres on the corner of Stud Road and High Street Road Scoresby in 1858 and undertook the necessary improvements required to eventually purchase the land from the Crown in 1871. Improvements included fencing the perimeter, ploughing some of the field, grazing some animals and building a modest dwelling.

Daniel Foster constructed a traditional wattle and daub hut on his property on the south side of High Street Road, near the current Mowbray Drive. This hut was remained standing for the nearly the next 100 years. His hut also had white-washed walls and a ceiling lined with flour bags. The hut was constructed entirely of locally sourced and relatively inexpensive materials.

Daniel Foster was known for his incredible strength. It was rumored that he once carried a double-bed on his back from Oakleigh to Scoresby down Wheelers Hill. On another occasion, he lifted a dead horse onto a cart by himself.

He was also successful in obtaining several road metalling tenders from the local shire council in the 1870s and 1880s. Interestingly enough, most of his successful tenders were for High Street Road - the road he resided on. In 1880, Daniel Foster successfully tendered to metal Ferntree Gully Road. He must have been good at his road maintenance work as the local shire agreed to employ him as a 'day man' for the roads around the Scoresby North area. This would require him to fill in any pot holes, fix culverts and undertake basic road maintenance that did not require significant financial outlay. Scoresby north included the roads around Wantirna, Bayswater, Boronia and The Basin. He continued to run his agricultural property along with his road maintenance work.

His wife Maria died on 2 May 1910. She was aged 72. She was described as a colonist of 55 years. She was from County Kilkenny in Ireland. The following year Daniel Foster purchased an adjacent 22 acres along High Street Road, bringing his total property holding to some 200 acres.

Daniel Foster died at his Scoresby hut on 4 January 1923 aged 87. Most of the Foster family is buried at St Kilda Cemetery, but others are at Brighton and Ferntree Gully Cemeteries.

One of his daughters, Ethel Blanche Foster who was born at the family hut on 31 October 1878, continued to live in the original wattle and daub hut until 1958, then reluctantly moved into a modern brick home built next door. Sadly the hut was demolished in 1960, the last local wattle and daub hut of many in the area. Ethel Foster worked as the second Scoresby Postmistress at the original Scoresby Post Office for many years. This little wooden building was the size of a domestic bath room and was located



Ethel Foster outside the original Foster wattle and daub hut on High Street Road in the 1940s.



The Foster family about 1905.
Back row (from left): not known, not known, Walter Foster, Ethel Foster and William Foster. Middle row: Daniel Foster and Maria Foster. Front row: Agnes Foster and Thomas Foster.

on the north eastern corner of Stud and Ferntree Gully Roads.

Another son, William Henry Foster, who was born at the family hut on 6 September 1876, became a local councilor. He was first elected in 1918 and retired from council in 1940, serving for 22 years but was never Shire President. William was twice married; his first wife was a sister to George Henry Pickett who was killed in France in 1916 during World War One. Pickett Reserve near the Club Hotel is named after this family.



## **Collier Ward News**

## Studfield Wantirna Community News thanks Cr. Joe Cossari for his generous support of our paper



## Your Local Councillor Joe Cossari talks about Council achievements in the last three and half years

The combination of the current council has been positive. Most of my colleagues have specific interests and this mix has delivered positive results for our community. Without the full support of the majority of councillors the revamping of the Wantirna Mall would not have been possible as was the Parking issue that had residents up in arms

On the broader Knox Landscape we have been able to achieve the Eastern recreational precinct that has given Knox a prominent position in Basketball. This facility will cater for some 52,000 players within the region.

We have delivered a Warm water Pool for the benefits of all our residents, as well as early childhood years services.

In the public transport area, this group of councillors has continually lobbied for the tram to Knox and the rail to Rowville.

On the planning front we have had success with the Boronia Structure Plan. In Rowville we have listened to the local groups and responded appropriately.

We are promoting the idea of having within the area between Stud Road, Burwood Highway to Scoresby Road the Capital of the Eastern Suburbs where most of the High Density housing should occur. This development will apply pressure on governments to deliver alternate transport choices such as the tram and rail .



#### What has been achieved?

Upgrading of our Local Shopping Centre
Upgrades Foot Paths,
Relieving Car parking Stress
Rate relief for the disadvantaged in our community
Refreshing the Street scapes
Replacement of our Storm water Drains
Protection of our Environment

#### Issues I have advocated for:

Better integration of new arrivals
Better Public Transport Choices
Protection of Green Wedges
Better access for the elderly & disabled
Create the capital of the eastern suburbs

#### Committee appointments:

Audit
Interfaith
Multicultural
Australia Day
Economic Development
Knox Central Advisory
Victorian Local Government Association
Municipal Association of Victoria

#### Community groups I have supported:

Salvation Army
Templeton Primary
Victims of Crime Association
Wantirna Primary
Regency Park Primary
Rotary
And many more





















Wantirna Mall 9720 0405 www.fortemusic.com

Call for your FREE trial lesson

## Bendigo Bank

## Wantirna Community Bank® Branch

#### Orana Neighbourhood House

We are very happy to share Wantirna Community Bank ® Branch recent stories of contribution and support in the local area. They are able to do this because with every product or service Bendigo Bank offer, money goes back into the community to support local projects and initiatives.

Orana Neighbourhood House received \$4,950 to enable them to establish a Community Vegetable Garden in Wantirna. Leanne and Sue from Orana received the Cheque from Rowland Ward, Chairman of Wantirna Community Bank ® Branch, Branch Manager Sarah Thurrowgood and Senior Customer Service Officer Karen.

This edible garden project will involve community members of all ages, feed participants attending courses at Orana and be a common meeting place where people can learn the



rewarding activity of gardening and cooking. To get involved with this project please contact Orana on 9801 1895 or www.orananh.org.au

#### Knox Toy Library



Knox Toy Library were very excited to receive \$2,000 which will enable them to create specialised birthday party packs for hire to families in the local area. The committee are made up of volunteers and do a wonderful job to ensure this valuable resource of educational toys is available and accessible to many. To become a member of the Knox Toy Library, read their recent newsletter or find out more information go to www.knoxtoylibrary.org.au

#### Flamingo Community Group

Flamingo Community Group received a small donation to go towards running of their 3 year old kinder program which doesn't receive government funding. Leanne from Flamingo received \$100 in late March and is pictured with Sarah Thurrowgood, Branch Manager and Customer Service Officer Evelyn Butler with some of the children. Wantirna Community Bank ® Branch will look to further support Flamingo with donations for their upcoming Trivia night and ongoing partnership.



## Fun at the Pet Expo!

Wantirna Community Bank ® Branch loved being involved at the Eastern Regional Pet Expo in April which was run by Knox City Council! Thank you to all who came to visit us and meet Piggy!





Piggy makes some new friends!



Adam Nichol, Ellie Heald and Geoff Purves are local volunteers who form a part of the Board of Directors with Wantirna Community Financial Services Ltd. Pictured here at the Pet Expo with Branch Manager Sarah Thurrowgood and Piggy.





Evelyn and Debbie are our friendly Customer Service Officers from Wantirna and loved meeting lots of locals with their four legged companions

Wantirna
Community Bank® Branch
Bendigo Bank

Good for

AND your community

Shop 5-6 Wantirna Mall, 348 Mountain Highway Phone 9720 4122

## Orana Neighbourhood House



## What's Happening at Orana?

Orana offers a range or programs, courses and classes for people living in our community, as an opportunity for enjoyment, learning and to develop new interests and skills. If you haven't been to Orana in a while, you are welcome to pop in and see how Orana has become a great place for our community.



#### **COMING UP IN TERM 3...**

**Learn Local Funded Courses:** Computers for beginners, Intermediate Computers, Back to the Office skills, MYOB

**Support Groups:** Parenting Course for challenging teenagers with qualified psychologist, Bounce Back for Women, New Life for Me for Women

**Hobby Courses:** Digital Photography, Meditation, Kinesiology, Strength Training, Art Group, Italian, Mosaics, Belly Dancing, Community Talks, Cooking and more!

Childcare: We offer 3-4 year old kinder group and Fun &

Games for Under 5's.

PHONE: 9801 1895 TO BOOK

#### **Tutor Profile: Peter Knight**

Peter teaches our Digital
Photography class on Tuesday
nights. Peter, a largely self taught
photographer brings over 50 years
experience to his classes. He is
an active member of the Knox
Photographic Society, regularly
gaining awards in the club
competitions. His course covers
the basic principles of digital
photography. This course is
applicable to users of simple "point
and shoot" right through to the more
complex DSLR's. Book in now to one
of Peter's classes and learn howto



take control of the camera to get the photo you want!

#### **ROOM FOR HIRE**

Large multipurpose room available for hire for your next meeting, conference or training session

- Seating for up to 25 people
  - Kitchen facilities
- Equipment available: laptops, projector, whiteboards, TV, DVD, Smartboard
  - Competitive rates



Contact our office on 9801 1895 for more details

#### **COMMUNITY GARDEN KITCHEN:**

Come and learn about gardening from scratch. Have fun and meet like minded people and make some new friends. We will be growing edible plants to use in our cooking classes and also planting a sensory garden in our childcare yard.

No gardening experience required!

\*Meet at Orana every 2nd Friday at 10am during school terms

## **Orana Neighbourhood House**

62 Coleman Road, Wantirna Sth Ph: 9801 1895 Fax: 9800 3192 onh@netspace.net.au www.orananh.org.au



## Welcome to the MOB!

You may have seen the MOB riders on one of their Tuesday or Saturday morning rides along the Knox bike paths or parking their bikes in front of Antipasta Gourmet Foods at Studfield shops.

The MOB (Mates on Bikes), are typically dressed in their distinctive fluoro yellow shirts with a MOB logo. "We used to be 'Men on Bikes', but now we have several ladies who ride regularly so we changed our name but not our logo said spokesperson, Russell Lloyd).

The group can number up to 45 riders on a fine day and as low as 3 on a cold wet winter's morning.

"We are a very casual friendly bunch who avoid riding on roads by riding on public trails like the Dandenong Creek trail and Blind Creek trail. We ride at relatively slow and always safe speeds. Of course all rides include the obligatory social coffee stop along the way."

Tuesday it's Pete's Antipasta Gourmet Foods, Saturdays it's Madelines at Jells Park.

"Sometimes we have so many riders that we take over the whole of Pete's shop. We always ring him in advance so he has time to set up the tables for us." Said Mr Lloyd.

"We are very conscious that we are a big group and always use our bells and show extreme courtesy when passing other cyclists and pedestrians and make sure that we ride single file on winding paths and/or when there are on coming pedestrians or cyclists."

While many MOB riders live in the Knox area, some come from Croydon, Mooroolbark, Wheelers Hill and Vermont South for their ride around the Knox trails.

The average age of riders would be around 60 and one of our riders is 79.

"Cycling is a great way to get out and exercise. The bike paths are fantastic for riding, or walking on, and with more and more people using them they are a safe and friendly environment." said Mr Lloyd.

For safety on the path and so that we don't 'swamp' local coffee shops we are not looking to take on new riders at this time.

There are other groups that ride in the area such as U3A and several Bike User Groups

Studfield Wantirna
Community News
thanks
Cr. Adam Gill for his
generous support of
our paper



(BUGS) listed on Bicycle Network Victoria's website bv.com.au .

We would encourage everyone to get out and enjoy the fantastic leafy paths around Knox said Mr Llloyd.



# Studfield Pharmacy Supporting Healthy Outcomes

#### Have you heard of Cyberknife?

CyberKnife is robotic radiosurgery. It can be used for treating cancerous tumors by delivering high doses of radiation with extreme accuracy. There are 251 systems installed worldwide, but it is not available in Australia.

A campaign is underway to bring Cyberknife to Australia. Studfield Pharmacy shows great community spirit and supports healthy outcomes for Australians. If you would like to support the petition for Cyberknife in Australia you can drop into Studfield Pharmacy and add your signature.



## News from Knox Essential Services



## Country Fire Authority

#### **CFA CELEBRATES VOLUNTEERS**

As one of the largest volunteer-based organisations in the world, CFA acknowledged

and celebrated the commitment of its 60,000 members during National Volunteer Week (14-20 May).

Throughout the week, a number of state wide and local events were held, marking the largest celebration of volunteers and volunteerism in Australia.

CFA Eastern Metropolitan Regional Director Dave Baker, said "Although it's

important to recognise volunteers all year round, National Volunteer Week is a great time to say thank you to all CFA volunteers."

"This includes those present and active - and those who have served in the past," he said.

"We should never forget the contribution volunteers have made and make today, to protecting life and property right across Melbourne's east, one of the most fire prone regions in the world. Just imagine, for a moment, what our communities would look like without them."

Mr Baker said two volunteers in particular from within CFA's Eastern Metropolitan Region embodied the volunteer spirit of dedication to the community.

Wesburn Millgrove Fire Brigade volunteer Brian Halit has chalked up an incredible 50 years of

service to the Upper Yarra Valley Community, including 3 stints as Captain.

Brian was a local commander during the

devastating Ash Wednesday bushfires in 1983. He's held the position of brigade President since 2004.

Refusing to rest on his laurels, Brian, along with dozens of other CFA volunteers, helped organise support services for the 10th annual Oxfam Trailwalker, a 100 kilometre charity fundraising trek from Jells Park to Wesburn held in early May.

"The whole journey through CFA has been terrific. The members know how to overcome any issues and they make a wonderful contribution to the community. It's

been a pleasure to be a part of," Brian said.

Knox Deputy Group Officer Ian Atherton is

another who has willingly dedicated more than 23 years to his community through CFA.

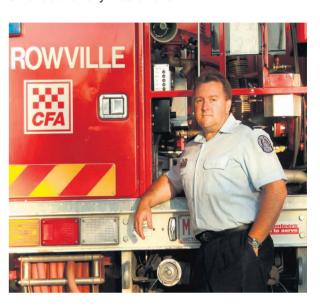
lan joined CFA soon after he moved to Rowville and says CFA made him feel right at home.

"It's often said, but it's worth repeating, we are like one big family. We have the same passion and experiences and all of us want to help our local community," he said.

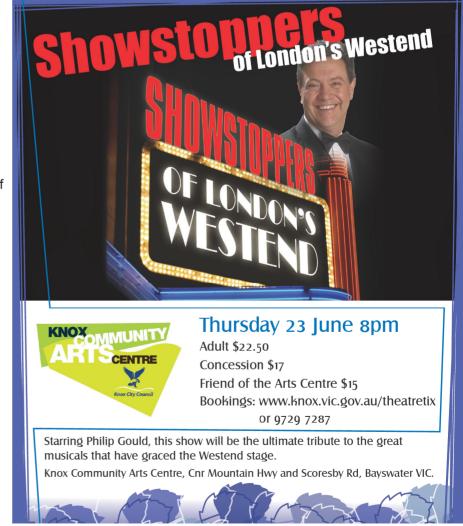
"I feel great knowing that I've made a difference to date, and will continue to make a difference to people's lives," he said.

Now he is responsible for all group training for the eight brigades and 500-plus members in the Knox group, ensuring each member has the necessary firefighting skills.

CFA members are drawn from a whole host of communities and backgrounds, bringing with them an extraordinary wealth of skills.







# Wantirna South Primary School At the heart of Knox

Wantirna South Primary School was established in 1945. The original school building (now the administration and Level 2 learning area) was surrounded by fruit orchards and market gardeners. The Grogan family had a dream to ensure children in the area had an opportunity to attend an education facility. Today, thanks to this dream and vision, students from the wider community of Knox dream and experience, through the development of 'The Buzz' café and modern learning areas the students are learning, how the produce of years gone by was harvested and made into meals, while embracing the community. The community spirit that surrounded the establishment of the school in 1945 is becoming more apparent and brought



to the forefront of educating students to be responsible members of a progressive community.

At Wantirna South Primary School (WASPS) we pride ourselves on being a "community school" and we work hard to maintain the strong relationships between the community, home and school that are so vital in ensuring success for our students. WASPS students are encouraged to achieve individual academic success from staff members that are passionate to embrace change, learn, and therefore, offer a strong and varied curriculum program, while maintaining the country school atmosphere that has been evident since the school was established. We are extremely proud of our history and heritage, which is embedded in our day to day curriculum to ensure students are aware of the significance of our school in the development of the local community.

Wantirna South Primary School is committed to the challenges that are facing society in general especially around the debate of global warming. Linking learning to the past students learn about sustainability and biodiversity through various programs: working in the vegetable garden, attending to the care of the hens in the 'Wasps Nest'; planting indigenous native plants that will support the creation of green corridors through Knox City; preparing their own meals in 'The

Buzz' cafe, just to name a few. All these programs are embedded across the curriculum and support academic achievement in 'real-life' learning experiences. At WASPS we see learning goes beyond the classroom and away from rows of students working independently. Students learn with and from each other developing important skills of creativity and team work.

Care, honesty, respect, responsibility and inclusion are five key values embedded in all interactions between students, staff, parents and the wider community at WASPS. Students demonstrate these values remarkably as they connect with the wider community through initiatives known as WINGS and WASPS with WINGS. It is through these programs that our values and the expectations of Vision 2025 (Knox City Council) targeting inter-generational interaction whereby young and older students develop peer relationships.

These programs involve an intergenerational partnership between Wantirna South Primary School students. Arcare residents and young children at Flamingo, Riddell Road and Knoxfield Pre-Schools as well as Tyner Road Occasional Care. The program is facilitated by the school Chaplin, staff and parents and aims to develop and strengthen student wellbeing, interpersonal development and community connection. WINGS is an acronym that stands for: Wisdom - Initiative - Needs - Gentleness - Sensitivity. The programs demonstrate commitment to ensure our values are viewed across all aspects of life. The program supports the following concepts: members of the community taking personal responsibility to look out for each other and be considerate of each other; people feeling physically, emotionally and spiritually connected to local neighbourhoods; and people enjoying rewards of connections to others through positive experiences (aspects of Knox Vision 2025). Many schools have used the "buddy system" in-house: this program is an extension of the buddy system expanding into the local



preschools, child care services and aged care residence.

History, community but what about the future? Students at WASPS are currently showcasing 'The Week that was at WASPS'. The multimedia team each week work on interviewing, filming, editing and producing this 10 minute news film to show at the weekly assembly. The senior band plays the school song, while the choir and junior band also display their skills at assembly to a very



engaged audience. After assembly many parents enjoy a coffee at 'The Buzz' cafe.

Students engage weekly in cooking in 'The Buzz' cafe. Recipes are searched for that will use the produce that is available in the vegetable patch along with the eggs gathered from the 'Wasps Nest'. Potentially the school can see a cafe operating three days a week where students cultivate, prepare, cook and then serve meals to friends, family and members of the local community. Imagine the potential for the students to receive real insight into becoming responsible community members by cooking meals once a week for families and members of the community that are in need (for example homeless, no family and in need of company or in financial need). As students at WASPS set goals and dream of the future, they consider the following: "All our dreams can come true, if we have the courage to pursue them" (Walt Disney). Many of the learning experiences offered as part of their day at school creates a passion to learn for life, and to dream.

#### **Contact Details:**

Principal - Wayne Macdonald 16 Tyner Road , Wantirna South 3152 Telephone [03] 9801 1900 E-mail Wantirna.south.ps@edumail.vic.gov.au Web: www.wantirnasouthprimary.vic.edu.au



Shaun Leane MP
Member for Eastern Metropolitan Region

Proudly Supporting Local Schools.

Suite 3, Level 2, 420 Burwood Hwy, Wantirna South PO Box 4307, Knox City Centre, 3152

Phone 9887 0255

Email:shaun.leane@parliament.vic.gov.au



### **News in Good Health and Well Being**



## Children and Teenage Mental Well being

We live in a world of constant flux. Everything is continually moving; the only time we slow things down is when we are made to, usually because our bodies have become completely exhausted.

We start, as children always on the go .We become very capable children we know how to swim, how to play sport, we may even be an accomplished dancer or singer etc. Our down time is when we sleep but again we may choose to watch a movie, listen to our lpod or get involved in social media options such as face book. The mind is constantly active and every so often we need to give it a rest. The mind becomes overloaded and forgets how to switch off.

These are not just my observations. Alan Tudge Federal minister has spent much time and effort in addressing mental health issues in our eastern region children and adolescents. Teachers are taught in their training how to address anxiety and panic issues that present in children that they are teaching. Alcohol and dietary concerns, increased incidence of suicide, bullying issues are all part of modern society's problems. So what can we do to address these problems?

Parents and teachers are all role models. Why don't we address our own stress related issues first? This will help us to gain more clarity in our thinking allowing ourselves to calm down, and then possibly we can provide a calmer environment for the children we are educating and rearing.

We don't need to make this difficult but by making a small effort to take time out for ourselves, as little as 10-20 minutes per day, can start you on a journey to better mental health and by improving yourself and making yourself calmer you will be providing a better environment for your children and adolescent teenagers.

Whatever behaviour we are displaying has an effect on those around us. So if we are calm, laughing, happy beings so to will be the people around us or at the very least they will want to know what you're doing to feel as good as you do. If we are tired, grumpy people yelling all the time this will result in our children modelling us.

Our world starts with us. Do yourself and those around you a favour. Take sometime out for yourself. Feel the benefits, you will be grateful for the experience and so will your entire family.

The only thing we can really change is us: our behaviour, our attitudes, and our outlook on life. So begin by nurturing yourself, see and feel the benefits of a calmer you, gaining more clarity and balance in our thinking and then possibly we can approach our daily stress from a different angle.

by Marita Reynolds & Doris Mounsey

Sole Response and
Whole Health Kinesiology
are having a nurturing well being day.
All welcome. Bookings are essential.
Come and experience the benefits for
yourself and allow the ripple effect follow
through your friends and family.
(Please see advertisement)

Therapeutic/Relaxation & Sports Massage

Brigette Rankin

AAMT Member
Cert. Therapeutic Massage
BA Dance (Teaching)

• Studfield Shopping
Centre

• Yorkminster Drive,
Wantirna

Introductory Offer:
10% discount on initial consultation.

Contact Brigette on 9803 1640 or 0425 848 532

Marita Reynolds is a practising reflexologist and Doris Mounsey a Kinesiologist in the professional suites situated in the Studfield shopping centre Suite 9/ 249 Stud Rd Wantirna, (upstairs from Tivoli Café).

Marita & Doris welcome enquiries and would be happy to discuss how their individual modalities can assist you. Marita can be contacted on 9801 5201 or 0425 73 5581 & Doris on 0432 494 413 Sole Response Meditation Classes
Suite9/249 Stud Road, Wantirna
Suite9/249 Stud Road, Wantirna
Suite9/249 Stud Road, Wantirna

Thursday Nights 7pm-8.15pm
Investment \$40.00 for 8 weeks
From Monday 23rd July to 10th September 2012
Credit card payments accepted.
Bookings are essential
Payment is required at time of booking
Please phone Marita on 0425 735 581
to secure your booking

## Sole Response & Whole Health Kinesiology

Presen

### A Well-Being Day to nurture yourself

Date: Saturday, 28th July 2012

From: 10am - 3pm

Where: Studfield Shopping Centre

Suite 9/249 Stud Road, Wantirna

#### The Well-Being Day includes:

- Well-Being and Nutritional Information
- 15 min Hand or Foot reflexology massage
- 15 min Kinesiology session selecting your special essential oil
- Creating your own Aromatherapy moisturiser (60ml jar) by adding your special essential oil
- Art/Colour Therapy to ease us into our relaxing thinking mode.
- Lunch and Afternoon tea provided

Investment \$50.00 Bookings are essential,

Credit card payments can be taken over the phone by Doris on 0432 494 413 or Marita on 0425 735 581 or ring to organise a cash payment.

### **News in Good Health and Well Being**



### News from the Osteo!

with Dr. Jason Stone of Wantirna Osteopathy

#### Staying Healthy is not a Luxury

People spend a great deal more time and money hurting their bodies than they do caring for it!

For some reason we have decided that it is more important to spend our money on alcohol, cigarettes, junk food and other substances that are damaging our body, whilst eating healthy, going to the gym or getting a massage are deemed as luxurious.

If we treated our cars like we do our bodies they wouldn't last a week.

As an osteopath I am commonly seeing the accumulative result of lack of attention to our bodies. Generally, when people have no pain they take their health for granted but when pain arises it is hugely inconvenient and needs to be fixed immediately. Furthermore, once people feel better they generally go back to their old ways and continue to abuse their bodies again. This may sound very cynical and negative but

unfortunately it is quite true and most of you will relate to what I'm saying.

#### So what's the solution?

You only have one body so look after it. **Nutrition wise** - take the burden off your liver, lungs and digestive system occasionally and make some healthier choices.

**Mentally** - 'stop and smell the roses', become less reliant on alcohol and food to make you happy.

**Physically** - take time to do some exercise, stretch and consider getting a massage or seeing an osteopath.

If you have children, educate them now. All children learn to brush their teeth in a bid to make it second nature and less of a burden when they get older, why not do the same with stretching?



#### For the treatment of:

- Sports injuries
- Headaches
- Back and neck pain
- Joint and muscle pain

www.wantirnaosteo.com.au 161 Stud Rd, Wantirna South (03) 9800 0388

Next time you open your wallet at a restaurant or bottle shop think about the effect on your body, likewise, when you get home after an exhausting day consider how tight your muscles are and give them a stretch.

Keeping yourself healthy is not a luxury it is a necessity.

Wantirna Osteopathy
161 Stud Road, Wantirna South
9800 0388

## Top 3 Tips for Improving Your Child's Diet

## by Melanie McGrice, AdvAPD www.health-kick.com.au

Working as a dietitian I get asked by parents over and over again what they can do to improve the health of their children, so here are my top 3 tips:

#### 1) Set a good example

It doesn't really matter if you tell your child to eat breakfast or eat their greens if you're not eating them yourself. Actions speak louder than words, so practice what you preach.

2) Encourage your kids to try new foods

Research tells us that children need to develop a taste for new foods. Just because they didn't like it the first time they tried it, doesn't mean that they won't develop a love for it down the track. The key is to make trying new food a fun adventure by encouraging them to try just one mouthful rather than forcing them to eat the whole serving. Like us, if we're forced to do something, we're going to lock our heels in, grit our teeth and argue against doing it again. Try to make trying new foods as fun as possible by growing foods yourself, asking your kids to choose a new food to try at the market, or making a "new foods" book. And, don't forget to verbally reward your children for being brave and trying new food.

#### 3) Provide a nutritious school lunch

Children consume 50% of their food whilst they're at school, so it's essential that they are getting lots of nutrients. Good nutrition is not only essential for growth and development but research clearly shows us that kids who eat healthily get better grades at school. Aim to include each of the 5 core food groups (grains, fruits, dairy, meat or meat alternatives and vegetables). Avoid processed, pre-packaged food and instead try to choose fresh ingredients and try to include lots of variety, so if there's something that they don't like, there's plenty more to choose for.

For example:

#### **Healthy School Lunchbox**

- 30g pack of sultanas
- Carrot sticks
- 2 multigrain dry biscuits topped with low fat cheese
- Vegie pattie
- Medium apple

#### **Vegie Patties**

These are great for school lunch boxes as they can be made in advance, frozen and just popped into the lunch box.

Ingredients:

- 170g packet dry red lentils
- 2 cups water
- 1/2 cup cottage cheese

- 5 spring onions
- 1/2 cup wholemeal breadcrumbs
- 1 tspn thyme
- 1/2 cup wheatgerm
- Spray canola oil

#### Method

- 1. Boil a saucepan of water. Add legumes.
- 2. Cook lentils until soft (approx 30 min), then drain
- Mash lentils, then add all other ingredients (except wheatgerm).
- 4. Roll into balls (approx the size of a golf ball), then squash into patties.
- 5. Roll patties in wheatgerm.
- **6.** Spray a pan with oil then cook until brown. Flip burgers and cook the other side (or cook them in a George Foreman griller).
- 7. Cool.

Makes approx. 12. Serves 6. 1105kJ, 5g fat per serve



### **Community Group News**

## News from the Victorian Jazz Archive

Proactively Collecting, Archiving and Disseminating Australian Jazz.

#### **Australian Women in Jazz**

by Ken Simpson-Bull

SUPPOSE you were asked to name a few Australian jazz musicians. You might think of pianist and band leader Graeme Bell, or trumpeters James Morrison and Bob Barnard. But how about female performers? Apart from one or two vocalists such as Judith Durham (in case you didn't know, as well as being one of "The Seekers" she was also a fine jazz vocalist) or perhaps Nichaud Fitzgibbon (daughter of Smacka), you probably couldn't name even one instrumentalist.

It may come as a surprise to learn that as early as 1919, Pianist Gertie Campbell (died June 21, 1943) was the first local female leader to apply the name "jazz" to her group. In 1920 the nationally famous "Lightfoot Family Entertainers", which included Marion Lightfoot and her younger sister on banjo, piano, concertina and xylophone, made a tour of Australia with a repertoire which included many ragtime numbers. These were the start of a series of jazz oriented groups consisting entirely of ladies.

"The Magpies" was one such group whose allfemale instrumentalists represented a real jazz band which was very active in the late 1920s and early thirties. There were in fact many allladies bands of the period that played "hot" music for dances, such as "Maggie Foster and her Personality Girls", "Nancy Henley and her Melody Maids", "The Marion Lightfoot Orchestra" (which excluded the men from her original family entertainers) and "Eve Reeves and her Merrymakers" to name a few.

In the 1940s, with so many men away at the war, the ladies again took over the role of performing in dance and jazz bands. It was not until the late forties that the number of lady instrumentalists began to wane. Today, the few lady performers still active in the jazz scene are largely vocalists plus a few pianists.

The Victorian Jazz Archive in Wantirna is presently running an exhibition entitled "Australian Women in Jazz" dedicated to Australia's present and past female jazz performers. You can come along to view the display and learn more about Australia's jazz ladies any Tuesday or Friday, or alternatively organise a group tour with your club or organisation as detailed below.

In addition, the Archive is having a fund raiser featuring Pippa Wilson and her Swingtet at 1.30pm on 1st July at the Burvale Hotel (cnr Burwood Highway and Springvale Road). Admission is \$15 with all proceeds going to the Victorian Jazz Archive. You can book by ringing 9847 9900.



The saxophone section of "The Australian Glory Girls" of 1938 featuring Eileen Price, June Fay, Edna Robinson, Daphne Hubner and Eileen Jensen. (From the Mike Sutcliffe collection)

The Victorian Jazz Archive, 15
Mountain Highway, Wantirna (Melways
Reference 63, C8) is open to the public
on Tuesdays and Fridays from 10 am to 3
pm. For group visits which include
refreshments and a live band
performance please ring
Allan Dinnar on (03) 9800 5535
or 9795 2722.

## Spirit of Sharing with Rotary

Since its inception 12 years ago the Spirit of Sharing has pumped more than two million dollars of equipment, buildings, water tanks and finances into the islands of Fiji. We have supplied more than 350 schools across 10 islands with full kits of sporting equipment.

In 2012 Spirit of Sharing is building its first medical centre in the Yasawa Islands Fiji.

The medical centre will have a birthing unit, general practitioners area and dentist to service 4 villages, around 6000 people.

Over the past 12 months we have been working hard on raising funds for the project and have finally reached our target.

This year we will build the medical centre and send a 40 foot container of medical and sporting equipment to supply several hospitals and schools.

The spirit of sharing was the brain child of Peter Cole OAM who saw a lack of sporting equipment on the playgrounds in Fiji. Peter decided to make a difference and start supplying sporting equipment to the schools, villages and youth groups to try and keep kids off the streets and away from crime.

The Spirit of Sharing is made up of a board of ten Rotary members including the only Rotarian to work in Tibet. We are so excited to be able to help out now in Tibet, the people are in such great need.

The Spirit of Sharing is growing at a rapid rate to cover more countries and make the world of difference to many hundreds of thousands of people across the globe. We have also sent equipment to Kiribati to supply schools.

The one thing according to Peter Cole that keeps the group going is the underlying passion to help people. Its very refreshing to know that so many people care about making a difference to the lives of those in need.

We are always on the look out for donation of sporting equipment, toys, stationary, medical equipment and finances. All donations are tax deductible.

If you would like to donate to the Spirit of Sharing please check out the website at www.spiritofsharing.com.au or call Peter Cole on 0439-997-583

#### News from

## **Wantirna Lions**

Our members have been involved with the community in numerous ways during the last two months.

The main activities can be identified as:

- EFL Footy BBQ at Bayswater Oval in aid of Neurone Syndrome
- Volunteering activity at the Waverley Lions Opportunity Shop
- Knoxfield sausage sizzles on a monthly basis (for community projects)

We are fortunate to have three new members, who have joined our Club last month.

Wantirna Lions would like to hear from any other member of the local community who would like to join us, and be a part of our Lions family.

For details please contact Siva on 9801 6781.

### **Community Group News**

# Combined Probus Club of Wantirna Heights Inc.

A good number of club members explored the intriguing Botanic Gardens at Cranbourne during March. The group enjoyed looking around the extensive reproductions of desert, country and suburban environments. These included running streams, waterfalls, ponds and lakes as well as easy timber walkways and winding tracks through grasslands.

The gardens offered elevated viewing areas which overlook completed varied displays and the large new developments under construction. A modern lookout offered views to the mountains in the north. The high rise buildings of Melbourne were also clearly visible. The gardens cover over 360 hectares and include many kilometres of cycling and walking tracks winding their way through natural bushland as well as the planned native gardens.

For those who like to do a little shopping, a well-stocked souvenir shop and cafe were also available. The gardens cater for functions and are located a few kilometres past Cranbourne towards Gippsland. Lunch at the modern Lynbrook Hotel concluded another enjoyable outing.





# **Bridges Widens its Transport Service**

Bridges Connecting Communities has decided to make significant changes and widen the eligibility requirements of their transport service; which transports pensioners to and from medical and allied health appointments by volunteer drivers.

Pensioners, who live within the City of Knox and South West Yarra Ranges, are transported to and from their home to health appointments in Knox, Maroondah, and the South West Yarra Ranges. Bridges also drives to Monash, Lilydale and Box Hill hospitals.

Previously only pensioners who were permanently unable to drive could use the transport service. After identifying a need in the local community, Bridges decided to change its eligibility and now include

pensioners who require transport on a temporary basis or who only drive within their local area (some conditions apply).

This significant change will assist more pensioners to attend vital medical appointments and reduce the risk of isolation often felt by housebound community members. The transport service is one of many programs and services that Bridges Connecting Communities provides to improve the wellbeing of our elderly residents.

If you would like to use this service or know of someone who would be interested please contact Bridges Connecting Communities on 9729 9499



### Getting those creative juices flowing

#### Community sustainability art projects to begin

Knox's young people are leading the way with ideas for creative art projects, and people of all ages are now encouraged to get on board.

Earlier this year, Council asked primary, secondary and tertiary students to share their ideas on what their local streets or parks should look like in the future.

Knox Mayor Adam Gill said the project had the dual purpose of including ideas from Knox's younger generation in Council's Open Space and Liveable Streets Plans, as well as forming the basis of an exciting community art project.

"Working with an artist, these students have now translated their models and paintings into ideas for larger installations. These ideas are now going to have a chance to come to life through a series of workshops Cr Gill explained.

Cr Gill said once artworks were complete, they would be displayed at various locations in Knox, as well as photographed to appear in the cinema lane light boxes in Dorset Square, Boronia, from 23 July 2012.

TREES AND SWINGS BANNER WORKSHOP: Sat 16 June 11:30am - 2:30pm

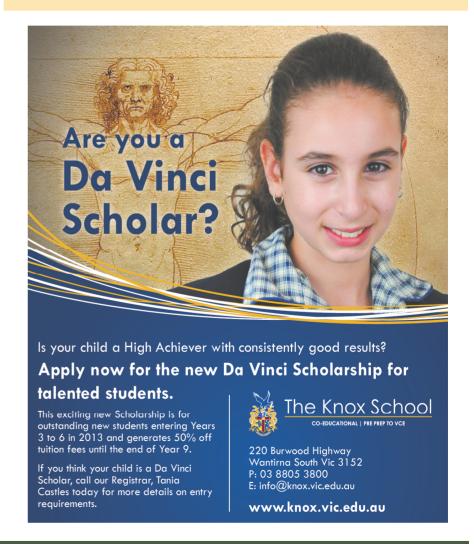
Raise funds for The Basin CFA while making a collaborative fabric and model banner representing a playground of trees, swings and flying foxes.

**Venue:** The Basin Progress Hall, cnr Mountain Highway and Forest Roads, The Basin.

Cost: \$4 per person or \$10 for a family of four. Devonshire tea included.

BOOKINGS: Email communityarts@knox.vic.gov.au

More information is available at www.knox.vic.gov.au



### **Community Group News**



#### Do you feel safe? Are you safe?

Knox Council wants to know.

I have just filled in Knox Council's new online survey of community safety. The survey is an important part of the Council's consultation for the first citywide Community Safety Plan.

Ticking the boxes about my safety set me thinking about the difference between reality and perceptions. One person might actually be very safe but feel afraid. Another might feel safe but is actually engaged in high-risk activities. Statistically, crime is low in Knox, compared to many other places, but the experience of safe living can be very different for different groups of

Your main concerns could be as varied as vandalism, unsafe pavements, anti-social behaviour, dangerous driving, drugs, scams, or even difficult neighbours. There are ways to minimise all these problems - the graffiti database is one example. But priorities need to be set and related to different places and people.

Voice your concerns. Go to www.knox.vic.gov.au and click on the Community Safety Survey.

#### Winter is coming

The survey did not ask about weather-related hazards but winter is approaching. Time to think about checking brakes, tyres etc. for safe driving in winter weather. The RACV website gives tips. And it's time to check the smoke alarms and review

**Knox Neighbourhood Watch meets on the first** Tuesday of the month at Knox Police Station.

See the website:

www.knoxsafercommunity.com.au



### RINGWOOD FIELD NATURALIST CLUB INC

by Alison Rogers

Last week there were two speakers at our meeting. One was Dr David Hewitt speaking on 'The Galapagos Islands' and the other was local Naturalist Peter Rogers speaking on 'A trip to South East Queensland'. Both talks were received well and were supported by great photos taken on

At this meeting members also showed digital images of the Club's recent weekend trip to the Beaufort area.

The weekend at Beaufort was organised and led by local members, Helen and Graeme Fernandes. 27 members and 2 visitors were taken on organised excursions throughout the area. On Saturday places visited included Ferntree Walk, Mt Cole, Victoria Mill Scenic Reserve, Ben Nevis, Green Hill Lake and Langi Ghiran. On Sunday, the group travelled to Lake Goldsmith, Lake Beaufort, Mt Cole State Park, the head of the Wimmera River and lastly 'The Glut' picnic area.

Of special interest during the weekend, were the different raptors seen, including many wedge tail eagles, black shouldered kites, black kite (fork tail kite), brown hawks and swamp harriers. The most interesting sighting was of an "owlet night jar' sitting on a dead branch in full view of the whole group. Usually a nocturnal bird this was a first sighting for many of those present. The tree fern valleys, in amongst the giant eucalypt forest was also a delight.

Like many others, we usually pass through Beaufort in a hurry to other areas like Adelaide, The Grampians and many of the Wimmera towns. Next time, make a stop and enjoy what Beaufort and the surrounding area has to offer.

Our June Speakers (Weds June 13th) will be three of our current members. Bob Tucker will speak on 'Scorpions'. Michele Grant will speak on "Slime and tentacles - a brief overview of Australian snails' and Judi/Steve Duke will speak on 'Watarrka National Park (Kings Canyon) - Rock Formations'

Our July meeting (Weds 11th July) the speaker will be **Bruce Fuhrer**, a local Naturalist and Author speaking on 'The Portland area and surrounds'

Meetings are held on the second Wednesday of each month at 7-30pm in room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melways 49 H10).

#### All visitors are welcome.

For more details phone Alison or Peter on 9801-6946.



Members at 'The Glut' picnic area. photo by Alison Rogers



## Knox & District Over 50's Inc.

Hello everyone looking for a social club to join, then look no further than the Knox Over Fifties. It's so important as we become a little older to get out of the house and chat with like minded folk. This is especially so in winter, it is too easy to become bears and hibernate for the cold

If it was not for the Knox Over Fifties I would pull the blanket over my head and toast my feet in front of the fire. But even on the coldest day I am motivated to dash out the house on the fourth Tuesday of the month at 1.00pm and join my friends at the club.

I know it is often difficult to join a club on your own but I promise we will look after you and make you feel very welcome. The club attracts about ten to twelve new visitors a month so you can see we are popular, and for good reason, as the club offers not only wonderful friendship but also more social events per month that could possible fit into your diary.

The club has social events that run every month and cost very little. Monthly we have coffee at Myer, book club, morning melodies. In June the club is going to the Karralyka to see the Sparrow and the Showgirl, Annie, Roman Exhibition, Persian Art Exhibition. There is something for everyone. Nearly forgot, did I mention the great trips and holidays we go on?

Must tell you that in July the trip is to Castlemaine and in October the holiday is to Merimbula. If you would like any information call Jill on 9801 4363.

Hope to see you soon.

Kay

#### Like to advertise in a space like this one?

- Book for one year Only \$90.00
- That's \$15.00 per edition

Call Charles on 9762 3376

## Lijun's Cleaning Services

- Vacuum cleaning
- Bathroom + toilet • Kitchen: cooker, oven
- Dusting IroningSmall Gardening
- 9778 6329 Rowville eferences & police che Fee \$20.00 P.H.

### **Sporting Group News**

### **Templeton Tennis Club Wantirna**

#### Here we are back again, your club Templeton Tennis Club.

An update on our summer season results: 14 of 19 junior sides made the finals with there being 4 premier teams and 3 runners up. These results together with 3 of 5 senior teams in finals with 1 premier and 1 runner up have made for a fantastic season for our club.

Our ladies are still mid season and performing well. Our winter season is well under way and we again have 19 junior teams over 2 days, Saturday & Sunday and 6 senior Saturday teams. We wish them all well.

Night competitions, Monday, Tuesday and Wednesday nights are all back in full swing and progressing well. We could always do with more participants. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call (the numbers are shown below).

Our coach, Kelly Bisinella, has recommitted to our Club for a further 3 years and runs a highly successful coaching program at the club for all

Give her a ring! Straight Sets 0414 874 482.

Check out our website, for details of those who support us, our sponsors, and give them a call.

Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Ray White Studfield, Integrity Cabinets and FinancePath.

Upcoming events:

- AGM Tuesday 10th July 2012. 8pm at the clubhouse
- Junior Club Championships Friday 21st September
- Senior Club Championships proposed 5th & 6th October

Come and join us at the family club, your club, the Templeton Tennis Club.

**Templeton Tennis Club Inc. Templeton Reserve, Templeton St** Wantirna 3152. Melways Ref. 63 G9 Membership: Russell 9887 1957 Clubhouse: 9887 3505 President: Don 9800 3316 Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au Email: president@templetontennis.com.au



Over 100 years of local history **Knox Historical Society Museum** Open Sundays 1-4pm

3 Olivebank Rd FTG Melways ref. 65 D12

- ◆ Full & Partial ◆ Mouthguards Dentures
- ♦ Relines
- ♦ Veteran Affairs
- ◆ Vic Denture Scheme ♦ Health Funds
- Repairs

#### **Grant McConnell**

487 Boronia Rd Wantirna (Cnr Stud Rd opp Phone: 9720 1555

## **Eastern Raptors Rugby League**

After much planning and hard work, teams representing the Eastern Raptors Rugby League Club took to the field for their first ever competition matches when the Victorian Rugby League's 2012 season commenced on Saturday 5 May.

This was the culmination of months of practice as players learnt both the rules of the game and the techniques & skills they would need to display on match day. Three teams are representing the Raptors in this inaugural year at the Under 7, Under 9 and Under 11age levels.

The Raptors Under 9 team had an amazing experience when, before a huge crowd, they played the half-time game during the Storm v Broncos match at AAMI Park on Friday 25 May.

A group of Under 14 players is also in training but this group is in need of more players before they can enter a team in this year's competition. Any junior who turns 14 during 2012 is eligible to play in this age group and there are also places available in this squad for juniors who are 13 years old or turning 13 in 2012.

The Eastern Raptors Rugby League Club aims to be a strong, sustainable and community focused club for all members of the eastern suburbs community to participate, learn and have fun playing rugby league in a positive and safe environment.

While the club's home ground is Sasses Avenue Reserve in Terama Crescent Bayswater it will be providing a service throughout the eastern suburbs to residents in Knox, Maroondah, Yarra Ranges and as far as Healesville. The Club has recently received a grant that will help the Raptors install lighting at the ground to improve practice facilities.

The .club is a true supporter of diversity with girls being eligible to play with the boys in the Under 7, Under 9 and Under 11 teams and its encouragement of people with a disability to get involved with the club.

The Raptors club is strongly backed by the Melbourne Storm with all junior members signing on to play rugby league with the Raptors receiving a Melbourne Storm pack that included a junior Storm membership card for the 2012 season plus other merchandise items.

There are still plenty of opportunities for players, supporters, volunteers (including committee members) and sponsors wanting to get involved with the Raptors for the 2012 season and beyond For more information about the Raptors visit the club's web site at www.easternraptors.com.au. send an email to raptors2011@live.com or call the Club President Terry Jenvey on 0466 152 928 or Vice President Col Fletcher on 9720 1640

## Mountain **District** Learning



Centre Ferntree Gully

> 9758 7859 www.mdlc.com.au

NEW COURSE TO BUILD YOUR LEARNING CONFIDENCE - "Gateway to Learning"

CGEA - Certificate I in General Education for Adults 21772VIC Are you interested in getting back to learning? Perhaps you would like to do a certificate course but are not quite ready? This course will help you to reconnect with a learning environment and build your confidence. New course commencing soon!

#### Adult Education:

Everyday English & English as a Second Language

CGEA - Certificate 1 in General Education for Adults 21772VIC Reading, Writing & Conversation Monday mornings & NEW EVENING CLASS on Thursdays from 7.00pm

Certificate IV in Training and Assessment (TAE40110) New Daytime Course - Fridays Commencing soon!

#### Youth Education:

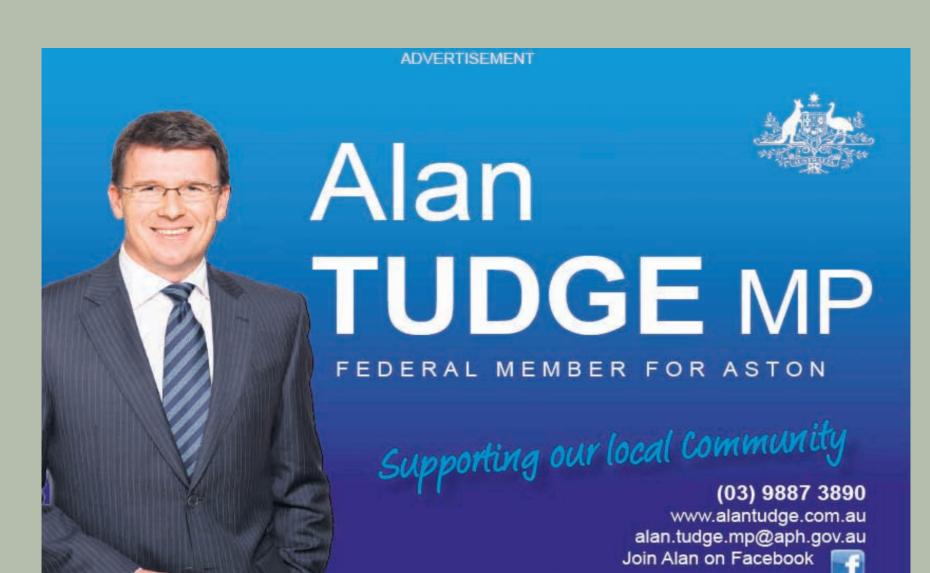
The MDLC Youth Program offers an alternative environment to mainstream school-based education including VCAL, VCE and Vocational Training.



Learning in the Community

http://shortcoursesinknox.org/

Training is delivered with Victorian and Commonwealth Government funding.





Aussie Knox - winner of National and State awards for "Best Loan Writer" 2011, 2010



Refinancing your home won't make that much difference right? Wrong!! When you know what to look for there are more differences and savings that you can poke a mortgage broker at. So don't think all home loans are the same. Think again. Think Aussie.

• We can help take big dollars and years off your repayments.

Authorised by Alan Tudge MP, Federal Member for Aston, 420 Burwood Hwy, Wantirna South. This material has been produced by Alan Tudge using his printing and communications entitlement.

- We do the hard work of finding you a better deal
- Our unique software compares 100's of loans from Australia's leading lenders
- Visit us at our shop or we'll meet at a time and place that suits you.
- Our service is fast, free and easy

### Put yourself in a better place. Contact Aussie Knox

Studfield Shopping Centre, 249 Stud Road, Wantirna 03 9887 4088

Knox@aussie.com.au aussie.com.au/knox

AFS Licence Number & Australian Credit Licence Number 246786.

\*Australian Banking & Finance Magazine Awards 2008, 2009, 2010, 2011