

STUDFIELD WANTIRNA NEWS

INCORPORATING COMMUNITY NEWS FROM
SCORESBY AND KNOXFIELD

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EDITION 34

FEBRUARY/MARCH 2015

- CR. DAVID COOPER - TRIPLE ZERO HERO
- INTRODUCING THE NATIONAL STEAM MUSEUM
- KNOX DECLARED A REFUGEE WELCOME ZONE
- T20 CHARITY CRICKET MATCH

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Residents in Wantirna and the surrounding suburbs can now take advantage of booking their travel online with a reliable established local travel agency. Fare specialist, Lillian Daff said "Knox Travel on-line will offer the security of knowing who they are dealing with. From mobile to laptop, you can make all your travel arrangements with confidence at www.knoxtravel.com.au

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Editorial

2015 is underway and it looks like it will be another one that will be over before we know it!

This edition we farewell one of our regular and most popular contributors in Scott Ward Councillor, David Cooper. We are pleased to be able to publish his article for this edition at the request of his family.

David's message is to remind us all to take notice of signs that may indicate a heart attack, even if we are not sure that is what is happening. His article came to use less than 24 hours before he passed away.

We are going to miss his articles that were interesting, inspiring and full of good natured humour.

There is so much to enjoy, living in Knox, but the best asset to our community is the people who strive to make a difference and who use their time and talents to benefit us all.

Janet on behalf of the team

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors, readers and supporters.



AROUND OUR COMMUNITY

Lions Wantirna Delivers Wheels for Oscar the Brave

Early last year Lions Wantirna launched a fundraising project for a special vehicle to support Oscar and his family.

Oscar, 9 has Duchenne Muscular Dystrophy and a special vehicle was required to accommodate an electric wheelchair. This vehicle is vital for Oscar to be able to attend medical appointments, Royal Children's hospital and school outings.

With the great support from the local community and businesses, Australian Lions Foundation and Lions Clubs across Australia, the Lions Wantirna Club raised over \$34, 000 to support the purchase of this special vehicle.



At a recent presentation held at Wantirna South Cricket Ground, Wes Gleeson the President of Lions Wantirna, formally handed over the vehicle to Oscar and his family.

This presentation was supported by the attendance of many supporters of the program including Tony Benbow, Australian Lions Foundation, Nick Wakeling MP and Tony Gawne, Sth Wantirna Cricket Club and Lions Club members.

For more information about Lions Wantirna and their current projects please contact Paul Garvey Secretary on 0400823441

All welcome to call Knox home

Knox is declared a Refugee Welcome Zone

Knox Council has declared Knox a "Refugee Welcome Zone" - an initiative led by the Refugee Council of Australia.

The innovative program aims to engage local governments to enable refugees to feel welcome in local communities.

Knox Mayor Peter Lockwood said the Refugee Welcome Zone was eagerly adopted by Council and was the next step for Council in its ongoing advocacy for community inclusion.

"Knox's adoption of the Refugee Welcome Zone comes after the implementation of the Multicultural Strategic Plan (2012-17) and the development and launch of the Knox Multicultural Directory.

"These initiatives continue to showcase Knox as an inviting and welcoming community to live in and we're very proud to call our diverse municipality home to people from many nations."

Chandler Ward Councillor John Mortimore said refugees wanted to be a part of Knox and were great community-minded citizens.

"This has nothing to do with Australia's policy on refugees, asylum seekers or others. Any refugee needs to feel welcomed. We are saying we are glad you're here. Thank you for coming here and wanting to be here," Cr Mortimore said.

Collier Ward Councillor Joe Cossari, who

emigrated to Australia from Italy in the 1950s, welcomed the decision to take "a great step forward" and sign the declaration.

"I have been an immigrant and I know what it is like," Cr Cossari said.

"I think this move to further welcome refugees into the Knox community is wonderful."

Taylor Ward Councillor Darren Pearce said Council was making a good "social statement" by signing the declaration.

"What this declaration is about is what happens when you come to our community. It is sending a message saying, once you're here, you're welcome as part of our community," Cr Pearce said.

Scott Ward Councillor David Cooper said the signing of a Refugee Welcome Zone declaration would mean more than words.

"This declaration is the substance of what we are already doing," Cr Cooper said.



Lending a hand to enhance Dandenong Creek

Knox Council is part of a working group for a new \$6 million project to enhance one of Melbourne's best known waterways.

Melbourne Water and the Environment Protection Authority are working in partnership with local government to improve the health of Dandenong Creek through four different projects known as 'Enhancing our Dandenong Creek' (EODC).

The five-year project features works to protect the Dandenong Creek from urban pollution, improve its natural amenity, create new habitat, provide a breeding program for freshwater fish and mitigate against uncontrolled sewage spills.

Knox Mayor Peter Lockwood said Council was privileged to partner with neighbouring Maroondah City Council as part of the EODC working group to provide recommendations and source community ideas in order for Melbourne Water to deliver the project.

"Council is pleased that it can contribute as part of the working group to enhance Dandenong Creek," Mayor Lockwood said.

"Dandenong Creek literally provides two-thirds of Knox's municipal boundary; which we share with the City of Maroondah. It starts in the Dandenong Ranges and flows through the foothills of The Basin, through Bayswater, Wantirna South, Scoresby and Rowville.

Council will attend the final workshops as part of the EODC in February this year.

AROUND OUR COMMUNITY

New Members Welcome in the Men's Shed at Orana

The Stamford Park Men's Shed at Orana had its formal opening on 16 December and we celebrated with a BBQ. Word of mouth and an article in the Wantirna and Studfield News meant there were several new faces coming along to see what was happening and it is hoped that this will translate into new members.

The Orana shed is small but adequate to install several woodworking machines that will allow members to use their existing woodworking skills and perhaps learn some new ones. The machines have been delivered and are currently being made ready for use. The shed itself has been cleaned and painted, and rubbish moved from the surrounds

which has made it a nice area to relax in.

The shed will be open each Thursday from 10am until 3pm, with a break from noon until 1pm when a gold coin donation lunch is available at the Rowville Community Kitchen (based at Scoresby Football Club).

Anyone interested in popping in for a cuppa and a chat to find out more is most welcome, otherwise please call me on the number below. Alternatively, check out our website at www.stamfordparkshed.org.au or our Facebook page

Allan Billham 0418677898



The Men at the Orana Shed

Celebrating the Legacy of Tilly Aston

At the end of each year I have the pleasure of recognising some of our great young citizens in Studfield and Wantirna through the presentation of the Aston Shield.

In each school, it is awarded to a student for good citizenship who has demonstrated compassion, a commitment to others, and who has been a great role model for their school and community.

The Aston Shield is awarded in the spirit of Tilly Aston who was a remarkable woman in Australian history and who did so much for the welfare of blind people. The Federal Electorate of Aston (which covers Knox) is named in honour of Tilly Aston.

Tilly was born in 1873 and was completely blind by the age of 7. Yet, despite her obvious challenges, Tilly's courage and tenacity brought great advancement for blind and vision impaired people. She secured voting rights, better access to public transport, and established the first braille library. (Tilly herself had to drop out of university because there were no braille books.) Finally she set up Vision Australia - an organisation that still exists today and helps tens of thousands of people each year.

I am very proud of our young award winners. If Tilly were alive today, I am sure that she would also be very proud. Well done to all of them!

Jessica Turner from Scoresby Primary School was recognised as such a student. Jessica has earned the respect from staff, students and parents from within our school community. Jessica has also been active in raising awareness for needs of the

homeless and dyslexic learners, including raising a large sum of money for the Royal Children's Hospital Good Friday Appeal this year. She has demonstrated great leadership skills in her role as a Student Representative Council member. The Aston Shield winners from the other schools were equally impressive.

Local students to receive the 2014 Aston Shield were:

- Taylor Prentice from Holy Trinity Primary School;
- Teagan Kaye from Carrington Primary School;
- George Rowlands-Myers from Fairhills High School;
- Grace Flanagan and Daniel Strapp from Knox Park Primary School;
- Abbie Crew from Regency Park Primary School;

- Nathan Beovich from St Andrews Christian College;
- Claudia Dabb from St Luke's Primary School;
- Kavia Pynadath from St Judes Primary School;
- Ruby Walters from Templeton Primary School;
- Ebony Hartridge-Linton from The Knox School;
- Mia Ward from Knox Central Primary School;
- Micah Maglaya from Wantirna College;
- Eudora Lu from Wantirna Primary School;
- Felix Donahoo-Andrusiak from Wantirna South Primary School;
- David Koch from Waverley Christian College;
- Samantha Bignell from Knox Gardens Primary School; and
- Sarah King from Scoresby Secondary College.

The Hon Alan Tudge, Federal Member for Aston.



Alan Tudge
with Scoresby
Primary
School's
Jessica Turner
and family.



Alan
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Real Action For Knox



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News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.



The Museum's Collection On-line *by Ken Simpson-Bull*

IT may not be commonly known that the public may access the Jazz Museum's ever-growing web-based catalogue which contains a large selection of its holdings. This easily searchable data base is presently facilitated by the Eastern Regional Library Community system but is best accessed via the Jazz Museum's own Web page.

Initially the catalogue contained only titles and details of its jazz recordings but in recent years more and more digital images have been included. Just last year, for example, 1000 images were added to the data base. This means that you can view vintage photographs, posters, record and CD covers and much more. Eventually the Museum hopes to provide a "virtual museum" on-line where

you can view complete exhibitions and displays including any associated audio and video. The international collection will also be included.

To access the data base just Google "Australian Jazz Museum", and, on the home page, click on the "AJM Collection" tab. Click on the "Search AJM Data base" button and type in your search item. If it's a person or a title for instance, say "Graeme Bell", it's best to put it in inverted commas. To narrow your search you can add words like "digital image" or "12inch LP". Typing in "digital image" alone will bring up a list of nearly 2000 images to choose from! A little experimenting will make it clear. Once the item you are searching for comes up, click on "Full Record" for the complete details. Have fun!

The Australian Jazz Museum, 15 Mountain Highway, Wantirna (Melways Reference 63, C8) is open to the public on Tuesdays and Fridays from 10am to 3pm. For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the web site at www.vicjazzarchive.org.au

ID	Title	File type	Category	Owner	Full record
1988	CLASSICS OF AUSTRALIAN JAZZ VOLUME 2	12inch LP Disc	Preservation	Music21	Full record
1988	FRISCO JOE'S JAZZ BAND with GRAHAM BRANCO KITCHEN	12inch LP Disc	Preservation	Music21	Full record
1943	ROY STEWART WITH GRAEME BELL'S AUSTRALIAN JAZZ BAND	12inch LP Disc	Collection	Music21	Full record
1948	JAZZ CLASSICS VOL 3 - FOR PIANO	12inch LP Disc	Preservation	Music21	Full record
1948	Classics of Australia Vol 1 - George F. Cobb	12inch LP Disc	Preservation	Music21	Full record
1948	GRAEME'S JAZZ	12inch LP Disc	Preservation	Music21	Full record

Knox Community Arts Centre
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1975-2015

Performing Arts Program Launch
February 2015

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 Knox City Council

www.knox.vic.gov.au/theatretix
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WHAT'S COOL AT SCHOOL?

Equestrian at The Knox School - Come ride with us!



Imagine arriving at School to know that today was the day you were taking riding lessons. Yes, riding - on a horse. At The Knox School in Wantirna South, that's what happens every week.

Students from as early as Year 1 are given the opportunity to learn horse riding, horse management and theory as part of the school's Equestrian program.

This program, which started several years ago, has developed into an elective program in which a large number of the schools' students participate.

Led by Year 5 teacher, Kobi Searle, herself a keen rider, students travel each week to the indoor arena at Balmoral Equestrian Centre in Narre Warren. They take part in one hour of practical riding with a qualified instructor as well as their theory component. The program is designed for students of all ages and ability levels and develops to a point where students can focus on their particular area of interest like dressage or jumping.

Many of the students have developed into advanced riders who are selected to be part of the school's equestrian team and compete at local and regional inter-school competitions.

"The team does not always focus on blue ribbons", says Miss Searle. "It's about being a member of a team and experiencing the enjoyment and excitement of participation. It's also all about safety."

For more information, contact The Knox School on 8805 3800.

2014 Ferntree Gully Endeavour Awards

During the last few weeks of the 2014 school year, I was honoured to attend graduation ceremonies at many of our local schools. It was wonderful to hear about the great achievements of so many senior students at both primary and secondary levels.

I was pleased to recognise the 13 very worthy recipients of the 2014 Ferntree Gully Endeavour Awards. The Endeavour Award is awarded to a student who has shown great endeavour throughout their school years. The recipient is someone who has strived to be their best in all aspects of their school life and has been helpful towards other students and staff. They have also demonstrated a wonderful and consistent 'give-it-a-go attitude' and have been a great representative for their school.

I would like to congratulate all 13 worthy recipients of the 2014 Ferntree Gully Endeavour Award and wish them continued success well into their future:

Patrick Leask – St Joseph's College

Harley Mackie - Wantirna College

Holly Tresise – Regency Park Primary School

Justin McQualter – Wantirna Primary School

Sam Woodward – Knox Gardens Primary School

Karlee Wiesner – Knox Central Primary School



Nick with Sam Woodward from Knox Gardens Primary

Schools Page
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STATE MEMBER FOR FERNTREE GULLY

Nick
Wakeling MP



WHAT'S COOL AT SCHOOL?

News from Waverley Christian College

The importance of parent involvement in the life of the school community.

The vision for the Parents' Association of the College is for its parents to actively participate in school life and to promote a culture of support amongst parents, teachers and students.

At Waverley, it's a joy and privilege to be part of our wonderful school and take an active part in serving and enhancing our school community. This year many parents got involved and helped in various ways and activities throughout the school.

It is so important to be involved in the education of our children and to be participants in their 'world'. For our children to grow up to be caring and outwardly-focused adults it's so important we 'model' what that looks like to them now while they are young, especially in the place that they spend the majority of their time each week – at school!

Highlights in 2014 included Mothers' Day afternoon tea where 350 cups of coffee were enjoyed by mums from a coffee van, together with scones and jam and cream and much chatter and music in the courtyard. The Mothers' Day Stall was also a hit with many mums commenting that they really enjoyed the good quality tasteful gifts they received.

The Dads were challenged to keep pace on the trampolines with their children in an action packed fathers and kids night out for Fathers' Day. Close to 200 dads and kids laughed and jumped and jumped some more. There were comments from some dads that they would love to do something like that every week! Once again the children enjoyed choosing gifts for their dads and pops from the Fathers' Day stall.

Every Primary class had a Class Parent Representative (CPR). Twenty five mums and dads served their classes for the year, communicating and keeping classes informed, organizing social events and birthday parties for teachers, and supporting one another. Their parents were like the glue of the class.

The Year 12 parents put on a BBQ lunch and Breakfast for the Year 12s. This was all about supporting our Year 12s in their busy year. Various year levels also had family BBQs early in the year to meet other families and teachers and start the year 'together' with food and fun. The parents also ran the interval stall at the Primary School musical production of Ants'hilvania and enhanced the whole bug theme with amazing insect cupcakes! Staff enjoyed tables laden with home cooked goodies to show them how much we appreciate all they do in two Staff Appreciation morning teas. The staff expressed that they would love the parents to do that every day! The students were also blessed at least once a term with a free icy pole or sausage sizzle to let them know they are loved and special. This was the initiative of our Chaplain and one the children all enjoy!

Two outreach events were aimed at keeping our children outwardly focussed – blankets for the homeless and Christmas hamper groceries for local families in need. We also raised close to \$1,000 by selling icy poles throughout Term 1 and 4 which all profits went to the children we support in the slums of India.

Thanks to all the hundreds of parents who were involved in some way this year. What you do makes such a difference in the life of our school community.



Mothers' Day Stall



Staff morning tea by the PA



Food Drive



Fathers' Day at Jumpdeck

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WHAT'S NEW IN KNOXFIELD?

Shreenathji Ki Rasoi

"Great Food. Best price. Excellent service". And best of all – home style prepared and served fresh.

Menu items carefully picked and selected from different states of India which makes up the fine vegetarian menu of "Shreenathji ki Rasoi". It is a great place to bring family and friends to taste their unique and unconventional menu. Based in Knoxfield, it is making a place in the hearts of local people with its mouthwatering selection.

They are famous for:

From basic lunch and dinner thali's to a range of Special Thali's consisting of different contents, ingredients, taste and textures to create a complete meal like Grand Veg, Punjabi, Rajasthani and South Indian Thalies. Also Samosas, Kachoris (Lentils or Onion filling), Stuffed Paranthas Thali, Wraps and Kulfi's (Saffron & Pistachio) and a range of finger foods and dessert options.

This is the place for Vegetarians, Vegan, Gluten Free and No Onion No Garlic. Order online at MenuLog/EatNow. Private and Business functions catered for.

Well, try it and then decide it!

Opening Times:

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HAPPY NEW YEAR!



2014 was an amazing year for home owners in the City of Knox and 2015 is going to be even stronger!

To get you off to a great start in 2015 Hugh and Liz are offering **\$500.00 cash** back in your pocket or donated to your favourite local community group, if you list and sell your property with them this year! To redeem this offer you must have your initial property consultation before March 31st 2015 and present this page.



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Liz Rohde-Handasyde

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LIBRARY NEWS

Events at Your Local Library

The new year is in full swing at your local library with loads of great events scheduled and thousands of new books, DVDs and magazines pouring into branches. We hope you and your family had a lovely Christmas and New Year break, perhaps you even had the chance to join hundreds at one of our fantastic Christmas Storytimes.

As always, remember that our Events Calendar and Catalogue is available online at www.YourLibrary.com.au. You'll also find digital magazines, books, documentaries and so much more. It's all just a click away!



Summer Quest

Summer is travelling along very nicely at the library with our fantastic family Summer Quest in full swing! Hundreds have registered for this adventurous journey in which families work together to find answers using library resources, books and more. Each child receives their own "Library Passport" that gets stamped as objectives are completed, with prizes scattered along the way.

Summer Quest also has an Internet component where children access safe online information resources including Encyclopedia Britannica and children's ebooks on OverDrive. The fun concludes with a week of Storytimes scattered throughout Maroondah City, Knox City & the Yarra Ranges Council. There might even be a treasure hunt!


Follow the action at your local branch or visit the ERL Facebook for the photos: www.fb.com/EasternRegional.

Boronia Grows

With this season's weather as crazy as ever, Melbourne's gardeners haven't known whether to plant, prune or water! Meanwhile a collection of enthusiasts have been getting together monthly to chat about all things outdoors at Boronia Library. The group is called Boronia Grows and they meet on the last Friday of each month for a special talk from somebody in the know. On February 27 much published author and gardening expert, Penny Woodward, presents an informative session on pest repellent plants and organic solutions to garden pests. Following that event we'll talk Water-Wise Wicking Beds with ERL's very own Michelle Kemp, and then Terrariums with Robyn Rooke.

All of these events are completely free so if you have a green thumb there's nowhere better to be! Book your place using the Events Calendar online at www.YourLibrary.com.au or call 9762 4099.





Over 100 years of local history
Knox Historical Society Museum
Open Sundays 1-4pm

3 Olivebank Rd FTG Melways ref. 65 D12
Email : khs@relics.com Ph : 9758 6722

Learning with Lynda

Have you met Lynda? She's the newest member of the library team and, to be completely honest, she's not entirely human! Lynda.com is one of the world's leading educational websites with almost 6,000 premium video courses now available for free to library members. It's the place to go if you'd like to learn anything from "How to take the perfect digital photograph" to "Essential Windows 8 Training". The libraries' Social Media Team use it to learn advanced Photoshop techniques, as well as how to better navigate Microsoft Office and much more. This fantastic website is now available to you at home via the online resources section at www.YourLibrary.com.au or at your local library branch.



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Welcome to 2015

Happy New Year to all at Studfield Wantirna news and the readers

U3A had a long break over the Christmas/New Year period with much planning and many changes happening behind the scenes as well as some celebrations such as a tutor's luncheon and the Christmas party at Parkhills attended by about 120 members and organised by the Angling group among them. (See photo).

More than a thousand members rejoined in November and December and more are expected to rejoin when classes resume early in February.

A few vacancies remain in some subjects so if you are interested it is advisable to call 9752 2737 to inquire or visit the centre in Park Boulevard (off Manuka Road) Ferntree Gully. This year it costs \$60 to join for the full year and this allows you to participate in as many classes and social events as you wish.

Of the 129 subjects currently listed the following may still have vacancies:-

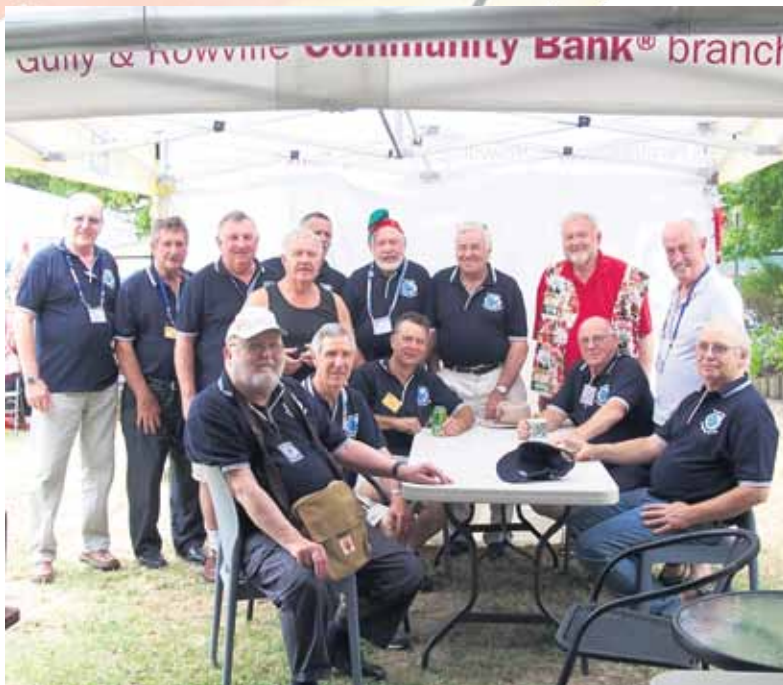
- Chess for All on Mondays at 3.30 pm
- Folk music in Boronia on Tuesdays at 10.00 a.m
- Hawaiian Ukelele group
- Book Group
- Low Impact Aerobics on Wednesdays
- "Experiments in Science" also on Wednesdays
- Other vacancies include Creative Writing, Snooker and Billiards "Computer – Making it work with you".

There is much to offer at U3A Knox so if you are recently retired and looking to make friends and find new interests THIS is the place to go.

Kath Brown



Santa at the Christmas Party



The Anglers Group members who did a great job running the Christmas Party



The tutors "thank you" Christmas luncheon - some of the 90+ dedicated tutors who were there.

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where we care for you, not for profit

Wantirna Community Pharmacy has proudly served the local community for 35 years. As a 'not for profit' member based organisation our priority is the needs of our valued members.

We would love for you to come in and meet our professional team who are dedicated to customer care and wellbeing. Together they have over 150 years' experience in the industry.

Healthy Community Clinics

Our busy lives often mean that our health takes a back seat to more pressing priorities. While it's common to wait until symptoms are advanced before seeing a doctor, early intervention can contribute to a faster recovery and avoidance of more serious complications down the track

Our health clinics offer advice, information and screening to help tackle our community's most pressing health concerns. Our monthly clinics include:

- **Cardiovascular**
- **Healthy Lung**
- **Weight Management**
- **Naturopath**
- **Hearing**

We also conduct MedsCheck's for customers, a review that entails a comprehensive checking of all your medications including prescription and non-prescription medicine and any complementary/herbal remedies that you may be using. The aim of this individualised consultation is for our pharmacists to assist you to improve effective use of your medicines, to identify and discuss any problems, such as, undesired side effects you may be experiencing and to provide you with helpful tips on how to best use/ store your medicines with the ultimate aim of helping you to gain optimal, cost effective health outcomes.

Member Benefits

Becoming a Community Pharmacy Member is easy and there are genuine savings across all our stores. Our members enjoy access to exclusive member only promotions, special offers and events. Further discounts include:

- **5% discount on all catalogue promotions**
- **Up to 15% off everyday pharmacy needs**
- **15% off non-government subsidised prescriptions**
- **10% off all our Community Health Clinics**



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Celebrating our 80th Anniversary at Wantirna Tennis Club *by Alison Rogers*

Anniversaries are always fun and so was The 80th Anniversary at the Wantirna Tennis Club, held recently at the Club.

It was great to see past and present members mix together telling stories about their time at the Club. People came from as far away as Traralgon, Mt Martha, Point Cook and many from the Yarra Valley. Being an orcharding/market gardening area, Wantirna Tennis Club provided a family sporting venue in years past. President Ross Roberts spoke about the Club's past and the exciting future of the Club. The State member for Bayswater Hon Heidi Victoria spoke about the family orientation of the Club and how friendly the Club is. She wished the Club every happiness for the celebration and its' future. Adam Feiner, from Tennis Victoria, presented the club with a certificate marking the 80th Birthday. A cake donated by The Wantirna Bread and Cake shop was cut by June Jackson. June was one of the early juniors having started back in 1944.

Following the speeches, an afternoon tea was provided which was sponsored by Ray White (Real Estate) Ferntree Gully and also by Club members.



June Jackson cutting the Anniversary cake.
Photo by Barry Cornell

The 2014 Wantirna Primary School Encouragement Award

by Laurie Cooper

The Lions Club of Wantirna are proud to once again sponsor the Wantirna Primary School's Achiever Award for 2014. Wantirna Lions have been sponsors of the Achiever Award for a number of years now and look forward to maintaining our ties with Wantirna Primary School into the future through continuing sponsorship of this award.

The Achiever Award, which includes a certificate and a prize, recognises overall work effort rather than just pure academic achievement. It includes the all-round contribution of a student to the school community as a whole and the assistance the student has provided to both teachers and individual schoolmates in their work endeavours.

The 2014 award was presented to Jade Jones. Jade's outstanding efforts were achieved quietly and without any expectation of public recognition and her contributions the school community were regarded as an example of excellent school citizenship.

We wish Jade well in her new educational environment at High School this year and also wish the Wantirna Primary School the best in its continuing record of success in educating and developing young people, some of whom will ultimately become our leaders in the future.



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Cherrington Square in Lights

Cherrington Square, Wantirna was again lit up last Christmas. Cherrington is a court of 20 houses and nearly all join in the annual tradition of delighting the community. This year they had a visit from a group of bikers enjoying the light show along with Nick Wakeling and his family. Christmas Eve saw a band entertaining the crowd playing Christmas



carols and a visit from Santa and Mrs Clause for a short time before leaving to board their sleigh.



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www.kingbean.com.au

Full Steam Ahead at the National Steam Museum *by Jo Lloyd*

**Don't Just Drive Past.
You don't know what you are missing!**

Driving out along Ferntree Gully Rd at the bottom of Wheelers Hill, just before passing under Eastlink you come to one of Melbourne's lesser known museums, the National Steam Centre, home of the Melbourne Steam Traction Engine Club. In passing you get little idea of the treasures within. It is well worth a visit. On display in the large sheds around the site are several hundred engines and other items of mechanical heritage.

The name "Melbourne Steam Traction Engine Club" is a bit deceptive. The club has been in existence for over 50 years and although its focus was initially on preserving the few remaining mobile steam engines this has since broadened substantially. It now includes industrial steam engines, diesel engines, earth moving machinery, blacksmithing, tractors, models, a miniature railway and more. As an indication of the breadth and significance of the collection the museum was honoured by being awarded a rare heritage marker by Engineers Australia. The museum was acknowledged as having one of the largest and most diverse collections of industrial heritage machinery in Australia.



A view of some of the industrial steam engines steamed up and running.

It is no dusty collection of rusty broken down old machinery. The club's policy is, where possible to restore exhibits to operational order and display them in action. The large stationary engines are all mounted and plumbed into steam lines or diesel lines etc. as appropriate and run regularly. The mobile exhibits trundle around the grounds.

All this is accomplished by an enthusiastic band of member volunteers. Between them they keep alive the skills needed to maintain and operate this vintage machinery. They enjoy the camaraderie of team work and the satisfaction of working on projects that have a lasting legacy for the community.

Wantirna resident Frank Gough is head of the Diesel Section of the museum. He is seen here with team member Ian Malcolm working on the restoration of a generator driven by one of the smaller diesel engines. Frank spent his entire working life as an engineer travelling the world repairing large industrial diesel engines but such

was his interest that between assignments and since his retirement he has dedicated several days each week to the museum restoring many engines to "as new" condition. In the process he has trained up and assisted other members.



Frank Gough

The club has also undertaken to "save" a number of large historically important items that were too large for private collectors. The big walking dragline visible from the road as you pass the museum is an example of this. This machine "walks" along on big flat feet!

When a steam tug was being scrapped in 2006 the club put huge manpower effort and considerable expense into salvaging the steam engines and engine room.

A number of members have been drawn to projects in areas that they are or have been involved in during their working lives. A team including a couple of retired steam ship engineers now have most of the engines, pumps and associated equipment running on compressed air in a very interesting display.



Tug engines

Another Wantirna resident very active in the club is Peter Morris. Because of its size old earth moving machinery rarely makes its way into museum collections but the size of the club's grounds and the enthusiasm of the Morris family have resulted in a fascinating collection of old road making and earth moving machinery being on display at the club. This machinery has been restored to working order and can be seen in action in the big sandpit in the back paddock on rally days.

With the club's mobile steam equipment the club is



keeping alive the skills needed to repair, maintain and operate this old technology. The big Fowler ploughing engine has just had a major facelift and had its tubes replaced. These tubes carry the hot gases from the fire through the water filled boiler raising steam. Every 20 years or so they have to be replaced. Getting them into the boiler and sealing it against leaks is a specialist task and members are keeping alive the tools and techniques necessary to keep these steam relics running.

Another area of the club where old skills are preserved and passed on is the blacksmith's shop. Here a steam hammer, once a part of all larger scale industrial workshops, is demonstrated thumping red hot metal into shape.

Trains are very popular with the younger set but not many visitors, regardless of age, visit the club without taking a ride. Our members designed and built the very comfortable carriages with help from a grant from the Knox Council. Volunteers maintain the track and rolling stock and man the train each Sunday between 11am and 4 pm.

This is just a glimpse at the variety on display. To discover more about the rest of the displays, including the blacksmithing, jet engine, turbines, walking dragline, Stuart tank and more you will have to pull into the carpark and take a look. The museum is open from 11am to 4pm on weekends with the miniature railway running on Sundays. The last Sunday of each month is "Run Day" when the museum comes alive. The steam boiler is fired up, the steam and diesel engines operate and a selection of the mobile equipment rattles around the site. But to really see it at its best come to the Steamfest rally over the long weekend of the 7th 8th and 9th of March from 10.00am until 5.00pm when everything will be going and the club exhibits will be enhanced with displays from outside exhibitors.

For a more comprehensive look at what lies behind that fence on Ferntree Gully Rd see the club web site at www.melbournsteam.com.au



Steamhammer

Cr David Cooper - Triple Zero Hero of Our Community

As you are no-doubt aware Cr. David Cooper passed away on Thursday, January 15. We are all truly saddened by his sudden death. David sent the following article not 24 hours before another heart attack took his life. It is a measure of his commitment to his community that David wanted to share this important information. Even at this time, David was selflessly thinking of others and supporting fellow community members. Thank you to David's family for requesting that his final article be published. May he rest in peace. Ed.

Don't Try Being A Hero - Call Triple Zero!

If someone had asked me 2 months ago what my next article would be about, this topic certainly would not have been on the radar. But in life you don't always know what is around the corner.

This edition is not so much "Scott Ward News" but more like "Scott Ward Councillor News". However, sometimes sharing personal stories can be a lesson for all.

It was the Saturday before Christmas and the first day of my holidays. (The previous day on the way to a regular Chiropractor appointment similar symptoms developed but neither I nor my Chiro who, as well as having a Chiropractic degree, also has a Nursing degree, did not see it as anything other than mid back and referred pain. In fact after he had spent 20 minutes working on me the pain and symptoms disappeared.)

But late Saturday morning the symptoms returned.

- A sharp piercing pain on my spine between the shoulder blades and
- Extreme pain in both shoulders, both elbows and both wrists.

Doing exercises, taking anti-inflammatories and pain killers etc - nothing seemed to ease the pain. Then I decided to take a bath to get some relief. That's when things went from bad to worse. A crushing chest pain started from left to right. I've lived and worked with significant back or neck pain for almost 35 years but nothing has ever come close to the pain I was now experiencing. I was still assuming all this pain was mid back related, but as a life long Ambulance subscriber, and the fact that I was home alone, I concluded the quickest way to get pain relief was to call 000.

When I was immediately picked up by the Ambulance Operator, he straight away identified the symptoms as those of - A Heart Attack. The Ambulance arrived in less than 5 minutes and the Paramedic immediately recognised and soon confirmed that I was having a serious heart attack and asked his partner to call for a MICA unit (Mobile Intensive Care Ambulance) which arrived in less than 10 minutes.)

The two crews started electronically transmitting info including ECG data to the Cardio Unit at Box Hill hospital and then started administering the first of three increasing doses of pain relief - my new favourite word is Morphine!

Another 20 minutes and I was in Emergency and being prepared for surgery and 15 minutes later I was undergoing Coronary Angioplasty Surgery .

This is the procedure where the surgeons insert a catheter into an artery (in my case in between the groin and right thigh) and push the tube right up into the heart. Releasing dyes and taking X-Rays identified a 30mm long blockage in the Coronary Artery. Then a small balloon is inflated and deflated to expand the artery and once this is done a small expanding metal tube known as a stent (I have two) is inserted to keep the artery open and allow now improved blood flow. Immediately the heart attack ended as did the pain.

After a few days in hospital I was home for Christmas and, although rehabilitation has been slow, I'm on my way back to normality.

Before I get to the "moral of the story" I would like to acknowledge and thank some people. The 000 operator, the Paramedics and MICA Paramedics, my neighbour Richard who offered to get my wife from her work and had her at the hospital almost as quick as I arrived, the Surgeons who saved my life and the many doctors and nurses not only at Box Hill but also William Angliss and Maroondah hospitals (all part of Eastern Health) where I've had follow up procedures. And of course my constant private nurse - my wonderful wife of almost 38 years, Tracy. ("In sickness and in health ... !)

As my father suffered a series of heart attacks over 15 years, the last taking his life at 79, I always thought I knew what to look out for - chest pain, left arm etc- as having a family history of heart issues put me in a higher risk category.

But in fact systems can include:-

- Tightness - Pressure - Heaviness or Pain in your Chest , Back, Neck, Jaw.
- Also Either or Both Arms including Shoulders, Elbows or Wrists.
- Other symptoms can include choking feeling in your throat, dizziness or light headedness, shortness of breath, nausea or cold sweats.
- Symptoms can be sudden or severe, or mild and slow developing.

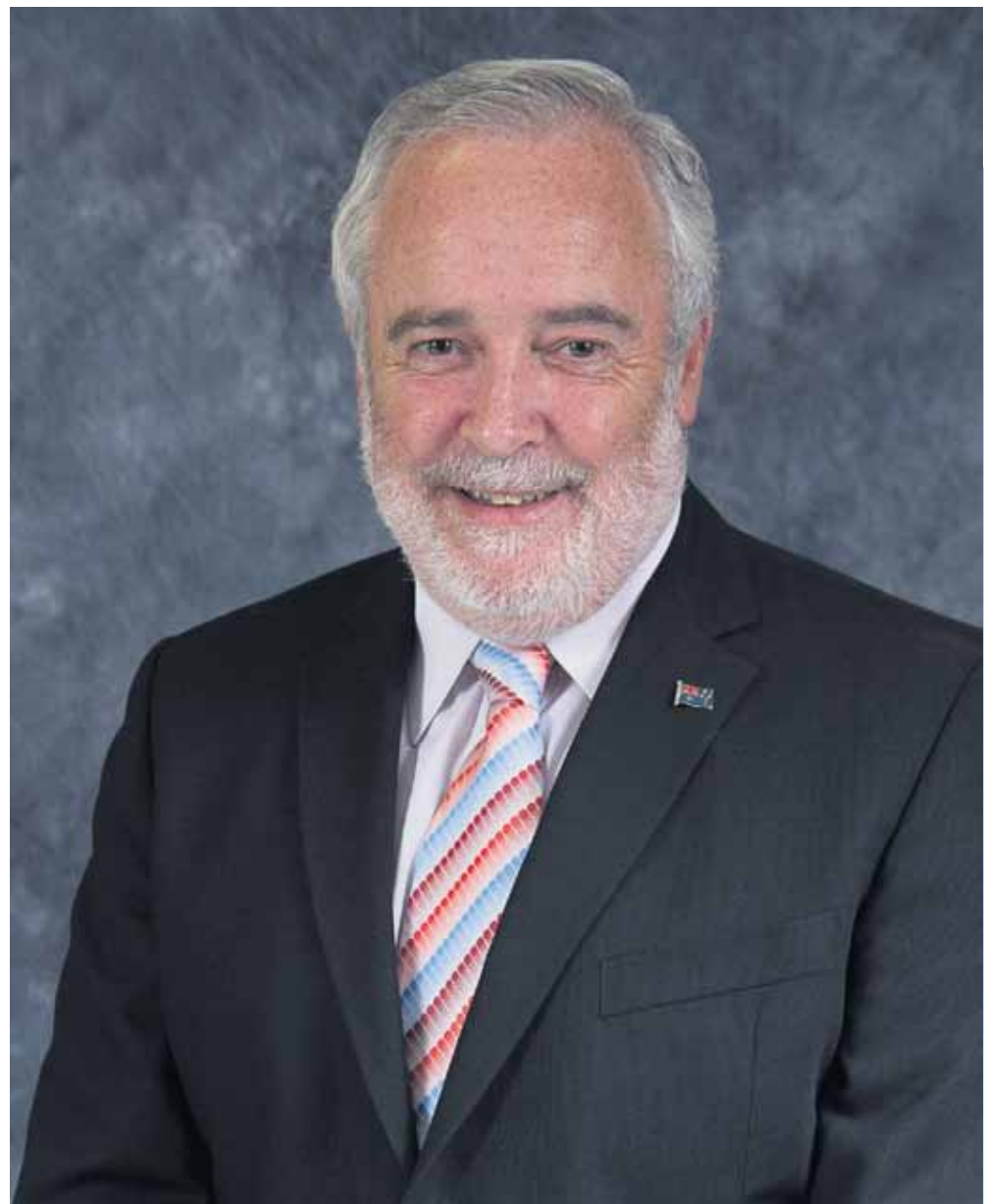
(For more information contact www.heartfoundation.org.au, 1300 36 27 87, or your GP)

So the moral of the story - Don't try and be a hero. Had I waited another couple of hours for family to get home or tried to drive to a hospital or clinic, the outcome would probably have been fatal. The 000 Operator, Paramedics, Doctors, Nurses all said the same thing.

You did the right thing ringing for help.

If it is not a heart attack, the 000 operator or Paramedics will identify that. Just Call Triple Zero !

Cr David Cooper
Scott Ward, Knox City Council



Reflexology & Massage: Maternity & Infertility by Julie Lever, Cristina Sandler & Angela Docking

Pregnancy is a wonderful thing but for some women it does come with a few challenges.

How can Reflexology and Massage help?

Reflexology works very simply and effectively by relaxing the muscles and increasing the efficiency of your circulation to all parts of the body. You will quickly notice the effects. By stimulating points on the feet with firm pressure we find congested deposits that have not been cleared by the bodies natural circulation of blood and lymph. By working these areas we can help to improve the circulation and in turn the body's natural ability to heal. Massage also aids circulation and relaxation and can support your immune system and assist your body throughout your pregnancy.

During the first 3 months of pregnancy a woman's body goes through many hormonal adjustments. This can overwhelm the new mother-to-be as physical changes and emotional changes are part of this journey.

Reflexology and Massage can help to promote relaxation to assist the body to cope with these changes and improve circulation to allow the bodies natural healing process to flow.

Both Reflexology and Massage are gentle, non-invasive processes and can be complimentary to other treatments to help assist you through your pregnancy.

Infertility

Infertility issues impact one in six Australian women. There may be a variety of reasons why men and women experience this problem such as stress, anxiety, digestive disorders, hormonal imbalances etc.

Reflexology and Massage can assist in helping to balance the hormones, reduce stress, regulate menstrual cycles and promote healthy sperm and ova. By creating a harmonious environment you allow nature to take its course – to produce a healthy, happy child and Reflexology can support this intention.

Fluid Retention

Often due to the woman's increase in carrying more fluid for the duration of the pregnancy many women can experience swelling in hands, feet and face. This can be uncomfortable especially in the last 10 weeks of the pregnancy. Oedema usually reduces after the baby is born, if however it continues to be a problem, Reflexology can assist in this area as well.

Morning Sickness

Women, during pregnancy, can become very sensitive to certain smells, sights and even noises, which can trigger a vomiting response. Reflexology and Massage can help support the immune system and kidney function that are all important at this time.

Regular Reflexology and Massage throughout the course of the pregnancy may also help mother and baby experience a more relaxed labour.

To make further enquires or book in for Reflexology and Massage contact our team:

- Julie – Reflexologist – 0478 663 843
- Cristina – Reflexologist – 0410 899 005
- Angela – Massage & Beauty Therapist - 0407 796 957

Wantirna Wellness Centre is located at Suite 9/249 Stud Road Wantirna 3152. Our Centre is at the Studfield Shopping Centre in the Professional Suites (Upstairs from the pedestrian crossing). See our Summer Specials on the local directory page.

Ditch The Diets For Life

by Belinda Vaughan (Nutritionist)

We have all been there, done that; putting our normal lives on hold, whilst trying the latest diet or meal replacement that promises to end our weight struggles for good. Regardless of the success of the diet, our motivation just seems to wear off, life gets in the way and sooner or later the weight returns (and maybe a bit extra). We always blame ourselves, thinking we mucked up the diet and we failed. It is time we realised that diets have failed us and not the other way around. Over 20 years of research has shown that dieting has actually had a negative effect on the population, creating more harm than good by causing significant emotional distress, instilling negative food associations and eating behaviours (including eating disorders), producing changes to biological functioning and hormone levels, and ultimately contributing to the rise in obesity levels. This may frustrate you to hear yet another conflicting message on how to be healthy, but there is good news.

A unique approach has been gaining momentum and showing to have positive and sustainable results on overall health and wellbeing; the Non-Diet approach. This approach is backed by credible research and pioneered by Dr Rick Kausman (author of 'If Not Dieting, Then What'). It realises that nutrition and exercise are only two pieces in a large puzzle of factors that influence your food and lifestyle choices. You can't solve the puzzle if you are missing most of the pieces! If you don't work to address all the factors that influence your

behaviour, you can never attain the healthy lifestyle you desire.

Now there is a local Nutritionist at Wantirna Wellness Centre making this approach available to you, to help you understand and work on these missing pieces. A Healthy Ever After provides a unique personal coaching service to help you undo the damaging psychological effects of dieting, understand your personal reasons behind your food choices and eating behaviours, minimise your mindless eating, master mindful eating techniques and help you to thrive amidst the negative influences in your environment that shape your food and lifestyle choices. This unique and effective strategy will empower you to break free from the harmful diet cycle for good and improve your overall health and wellbeing for life. For more information on this approach, please visit www.ahealthyeverafter.com.au.

As an introductory offer, save 25% on initial and first follow-up sessions if you mention this article. For further information on Wantirna Wellness Practitioners go to www.wantirnawellnesscentre.com.



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NEWS IN GOOD HEALTH & WELLBEING



News from The Osteo
with Dr. Jason Stone

Myotherapy - what is it?

Myotherapy (muscular therapy) is the assessment, treatment and management of the soft tissues within the body, this includes muscles, tendons, fascia and ligaments.

The aim of Myotherapy treatment is to restore optimal movement and posture to reduce and if possible remove pain. Myotherapy treatment is also beneficial to soft tissue health, circulation, injury prevention, sports performance and general health. This can be achieved by utilising skills such as remedial massage techniques, trigger point therapy, acupressure, cupping, dry needling, myofascial structural bodywork, joint mobilisation and Gua Sha in conjunction with rehabilitative and preventative exercises.

Common conditions that Myotherapists can help with:

- Headaches/migraines
- Sporting and occupational injuries
- Acute and chronic back pain
- Overuse syndromes- tendonitis, RSI, tennis/ golfers elbow, carpal tunnel
- Stiffness and pain associated with poor posture
- Knee, leg and foot pain- shin splints
- Shoulder pain

At Wantirna Osteopathy our Myotherapist, Mark, works closely in conjunction with our Osteopaths and his treatment greatly compliments Osteopathic Management.

Mark has extensive experience in training and teaching Martial Arts therefore recognises that optimising movement patterns improves patient mobility. He often utilises these skills in his treatment approach along with his many soft tissue techniques including massage, dry needling and cupping.

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For the treatment of:

- Sports injuries
- Headaches
- Back and neck pain
- Joint and muscle pain

www.wantirnaosteo.com.au
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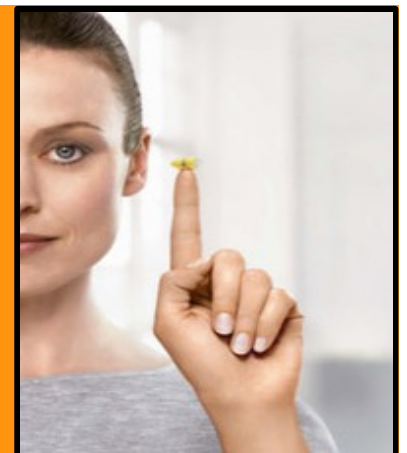
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Wantirna: Wantirna Mall Clinic, 621 Boronia Road

Laughter Is The Best Medicine

How often have you heard those words? Do you really believe it? Well try it now if you like, first observe how you are feeling then you can do a little exercise. Now take a deep breath and as you breathe out, focus and laugh with your whole body. Continue this exercise for a couple of minutes or more, taking care not to hyperventilate. Then observe the difference, how different do you feel, whether a little lighter, more energised, joyful? Notice that we can habitually laugh very superficially, which is fine but not what we want in order to improve our health through laughing more. If you started with a superficial laugh, chances are that it changed into real genuine body shaking laughter.

Did you know that the body does not know the difference between real laughter and pretend laughter? That is why at the Ferntree Gully Laughter Club, we choose a laugh and go for it. New members may find it difficult at first and are more likely to fake it till they make it, however we start pretending momentarily and very quickly become completely engrossed with laughing. We find that we leave the half hour session feeling uplifted and invigorated.

By coming regularly, which is on the 2nd, 4th and 5th Sunday of the month, you will definitely be using laughter as the best medicine for your health and wellbeing. This of course carries forward into our lives as we take the spirit of laughter with us wherever we go, sometimes calling on it in moments of stress when we need to have a sense of humour.

Did you know that Laughter Clubs have been going for twenty years? They began as the brainwave of Dr Madan Kataria, an Indian physician, who started the first laughter club in a park in Mumbai in 1995 with 5 other people. Initially they told jokes, finding that jokes can help us to laugh but did depend on one's sense of humour and can be limited due to belief systems. By discovering how to 'laugh for no reason' laughter clubs were internationally born, to the extent that there are over 6,000 clubs worldwide in 60 countries.

Lynette Mitchell is available for holistic counselling and laughter yoga sessions and runs the free community Ferntree Gully Laughter Club, phone her on 0425 799 258.



Contact details: Lynette Mitchell
Phone: 9763 5475
Mobile: 0425 799 258f
Email: lynette@laughterforliving.com.au
Website: www.laughterforliving.com.au



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International
Women's Day

CELEBRATING INTERNATIONAL WOMENS DAY

International Women's Day (8 March) is a global day celebrating the economic, political and social achievements of women past, present and future.

This is a day we can celebrate the achievements of women everywhere.

Women are today making great strides in breaking down barriers in industry, commerce and business and many other areas. There are many great women to look to for inspiration who have had to overcome prejudices of their own, examples of these would be Eleanor Roosevelt, Oprah Winfrey and Mother Theresa, each in turn had their own trials and tribulations.

The RenewYou one day personal development workshop is presented by Ros Wilson professional Counsellor and Supervisor. What a great time for you to experience the benefits of RenewYou. And 10% of profits go to the international women's charity WomanKind! Women helping women across the world.



To book your place on **Saturday the 7th March 2015** for you (and a friend if you choose), contact us on the numbers below for more information please go to www.roswilson.com.au

Phone No. 0397630033

Email: robandros@optushome.com.au

STUMP UP FOR THE MCGRATH FOUNDATION

WE ARE HOSTING A

PINK STUMPS DAY

So come on - grab the family and get your hot pink on... FOR A FUN DAY OUT TO RAISE MONEY FOR THE MCGRATH FOUNDATION!

WHO: BAYSWATER CRICKET CLUB
WHERE: MARIE WALLACE OVAL ROOMS
DATE: MARCH 7th
TIME: 12.00 ON
CONTACT: PAUL CREED 0429 132 381

All proceeds on the day will help the McGrath Foundation ensure all families experiencing breast cancer in Australia have access to a breast care nurse, no matter where they live or their financial situation as well as increasing breast awareness in young Australians.

Another hot pink initiative from the McGrath Foundation

Message
 Together we can make a difference

RE - NEW YOU

RenewYou is a brilliant one day **personal development course for women** which could literally change your life and make your next 12 months your best ever! It's a great confidence booster and a fabulous opportunity to take stock and reflect on what you want from the next 12 months. The name says it all; you'll leave feeling renewed and re-energised after this friendly, relaxed, yet powerful one day course which is all about you and what you want from life. If you're at a crossroads career-wise or personally, or simply want time away from the hurly burly of day to day life to reflect, read on for dates and venues to suit you.

RenewYou was written with you in mind.

Trainer: Ros Wilson Professional Counsellor
www.roswilson.com.au

Location: Venue to be confirmed

Date: 7th March 2014 9.30am - 4.30pm

Cost: \$295.00 pp.(including lunch and refreshments).

Phone: 03 9763 0033 for more information

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Home Garden Fruit Trees

by Peter Reynolds, BSc. Permaculture Design Cert. SCP1

You may already have a veggie garden in the back yard but have you considered some fruit trees? Home garden fruit trees can be very productive and dwarf varieties now available don't require huge areas. Forget the huge, neglected and unpruned plum tree taking up half the backyard space.

Establishing and maintaining fruit trees does require some planning but the rewards of freshly picked seasonal fruit are worth the effort.

Generally fruit trees require a sunny, protected area with well drained soil. Avoid grass growing around the root zone and mulch well to conserve water. It is important to feed fruit trees with a suitable fertilizer to encourage growth and fruiting. Citrus trees in particular, are heavy feeders and have a long fruiting season. Deciduous fruit trees, such as apples, plums, apricots, peaches etc, have a shorter fruiting season.

Things to consider for home garden fruit trees:

- Obviously, choose fruits that you like to eat.
- Choose a suitable site with adequate sun and protected from strong winds. Citrus trees in

particular prefer plenty of sunlight.

- Make the most of your space. Dwarf rootstocks and columnar varieties, where available, are useful for the home gardener, reducing pruning and maximising space.
- Multi-grafted fruit trees enable pollination requirements to be met and give you a variety of fruits from the one tree.
- "Duo" or "Trio" planting, where 2 or 3 fruit trees are planted in the same hole. Has the same benefits as multi-grafted trees but reduces the risk of the stronger cultivar dominating the tree.
- Pollination. For your trees to set fruit properly, their pollination requirements must be met. If you have limited space, look for cultivars that are self-fertile (i.e. do not need cross-pollination) or consider 'Duo' and 'Trio' plantings or a multi-grafted tree.
- Fruit trees are usually pruned in late winter while dormant as this stimulates growth; however spring-summer pruning can be useful for keeping trees to a desired height.

This makes it easier to pick fruit or net the tree to prevent birds from getting to your fruit. The general shape to aim for is an open "vase" shape without crossing branches. This enables good air circulation and lets light in to ripen the fruit.

- Avoid using toxic pesticides on your fruit trees. Remember you are going to eat the fruits. It is inevitable that some fruit will be lost to pests or birds.

There are so many varieties of fruit trees available to the home gardener that it is possible to have a mini orchard at home without too much effort. Do some research, get planting and enjoy the fruits of your labours.



Whats been happening at the Ringwood Field Naturalists Club Inc.???? by Alison Rogers

Our program continues to be varied with interesting guest speakers and enjoyable outings.

Two Field care days were attended by members of the Club. The first was at Yarrabing wetlands Wantirna and the second, on tree planting day, at Osborne Peninsula Warrandyte. These events are conducted to help revegetate some of the local areas.

Speakers: In August our speaker was author Graham Patterson who spoke on 'Natural history highlights of the Port Phillip Coast'. Graham has almost walked the whole Victorian coast from the South Australian border to Wilson's Promontory. His talk gave us history, information on flora and fauna and stories about the bay.



Our Annual General meeting was held in September. This year the Club recognised the efforts of 3 of their members with Life Memberships. Cecily from Mitcham and Alison and Peter from Wantirna. The President Jackson Airey, before making presentations, read citations

for each person mentioning their contributions to the Club and to Natural History in general.

The general meeting then followed with Jack giving the President's address which this year was 'Birding around Perth and the South West of Western

Australia'. His travel talk was beautifully illustrated by images of Western Australian birds.



Red-capped parrot by Jackson Airey

in Sydney. His talk was illustrated with images of flora, fauna and birds.

November - our speaker was Brett Mifsud whose talk was titled 'On the trail of Giants' Australia's largest trees. Brett has a passion for tall trees. His talk told us how they climb the tall trees all over Victoria and measure accurately their height and width for scientific research.

December was our Christmas meeting with two short talks given by members.

Chris and Graham Ellis spoke on their African Adventure from a recent trip. Their talk about some of the native birds was illustrated by exceptional photographs.

Loiuse Howe spoke on Hidden Treasures Around Port Phillip Heads. This was a most informative talk about not only above the sea, but under as well. She talked about the delights and perils of diving in

October Prof Robert King spoke on 'Australia's first National Park'. (Royal National Park NSW). Prof King is a regular speaker at the Club and resides

our Bay with photos of coral that rivalled The Great Barrier Reef.

Excursions and Weekends Away: In August Eeva and David took us on an excursion to the Kinglake area. Visiting Jehosaphat Valley, Mason Fall's area and Everard's Block. A highlight was seeing a displaying Lyrebird.

In September Judith took us on a walk through the Cranbourne Royal Botanical Gardens. After lunch Jack took us on a walk from the Stringybark Picnic Area to the Bush Area.

October - Steve and Judi took us down to the Point Nepean, an area that is filled with history. A highlight was a sighting of a Scarlet Honeyeater.

November the Club had a weekend away to the Newstead Area. Ina and Roger planned an intensive weekend with birds, flowers and orchids seen. A highlight was the sighting of Powerful Owls with young and a Wedge-tailed eagle with young in a nest.

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melways 49 H10).

All visitors are welcome. For more details phone Alison or Peter on 9801-6946.

Habitat for Humanity Housing for Low-Income Families

Habitat for Humanity is a not-for-profit Christian-based ministry and is the world's number one not-for-profit provider of housing for low income families in need.

Habitat for Humanity's vision is a world where everyone has a decent place to live.

Habitat for Humanity was established in Australia in 1987 and in Victoria in 1988. Habitat for Humanity, Victoria has now commenced work on the second stage of Yea Heights estate which will see work on the next 5 homes of this 25 home development over the coming months. Work also continues on 3 new homes at Drouin and 3 at Crib Point where work has progressed to framing and roofing. Our goal is to have 75 homes built by the end of 2016. Habitat builds houses using as much volunteer labour and donated materials as possible. The houses are sold to our partner families at close to market price. Habitat provides an interest-free home loan for the balance of the purchase price after a deposit of \$1,000 is paid. The loan is repaid to Habitat at

a maximum of 25% of the family's income. Loan repayments help to support future building projects.

Families are selected without discrimination based on their need for housing and willingness to contribute 'Sweat Equity' to help build their own homes. Partner families must be living in "housing stress" when selected.

The Habitat program is funded by donations of money, labour and building materials from individuals, charitable trusts, foundations and corporations. Donations to Habitat for Humanity provide vital financial support to help us build and repair houses.

Habitat ReStore Victoria sells home related products to help raise money for the building program. There are ReStore outlets in Kilsyth and Rosebud. More information can be found at www.habitatforhumanityrestore.org.au.

Visit our web site www.habitat.org.au/vic for more information.



Legal Advice available at ECLC

The Eastern Community Legal Centre (Outer East Region) provides a free legal advice service to the people of Maroondah, Knox and the Yarra Ranges.

Even if you are unsure whether your problem is a legal one or not, ECLC encourages you to call and discuss your issue with the friendly staff. They will either make an appointment for you to speak confidentially with a lawyer at the earliest opportunity, or refer you to the right service to assist you if they cannot help.

Eastern Community Legal Centre (Outer East Office) provides free legal assistance from its Boronia and Healesville Offices on Mondays to Thursdays from 9am-5pm, and from various outreach locations across Melbourne's outer east. The Boronia Office also provides a limited night service offering free face-to-face legal advice. Volunteer lawyers and paralegals provide this valuable service to the community. Call 9762 6235 for assistance.

Eastern Community Legal Centre
Suite B, 6 Floriston Road, BORONIA VIC 3155
Ph: 9762 6235 Web: www.eclc.org.au

KNOX Festival 2015



7 NEWS



Knox City Council

28 February – 1 March
Wally Tew Reserve, Ferntree Gully

knox.vic.gov.au/knoxfestival #knoxfest

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Chinese Association of Victoria Inc.
invites you to our

Chinese New Year Celebration
维省中华协会 邀请您来参加我们的
羊年元宵节庆祝会

Sunday 1st March 2015

12:00 to 1:30 pm

CAV Centre

8 Ashley Street

Wantirna 3152

三月一日 (星期天)

下午十二点至一点半

中华协会礼堂



Free admission
Lion Dance
Cultural Performance
Lantern Riddles
Light Lunch Provided



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• 舞狮表演
• 文艺表演
• 猜灯谜
• 提供午餐小吃



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• 十二岁以下儿童 赠送红包



For catering purposes, please contact us to confirm your attendance.

为协助膳食工作, 请通知出席人数。

Contact: Ramona Chua 马爱华 手机 0409 138 388

ramonachua@hotmail.com or admin@cavinc.com.au



Life Activities Club Knox

Welcome back to 2015, and may the year ahead bring good news, good health, happiness and peace.

Let's do this month. Pack a picnic tea and meet at Jells Park for our February "Picnic in the Park", and if this date, 5th doesn't suit, maybe the March picnic is a better time for you. It's a lovely social time, catching up, eating, then afterwards, a walk around the lake, (maybe?).

Next, this month we will have one of our quarterly meetings followed by a guest speaker and supper. Then there is a choice of walks, Thursday, Friday or Sunday, or maybe all. You'll find the walkers somewhere in the great outdoors and it would be nice if you came too.

Walks vary in length and we would welcome your phone call for more information. The Street orienteering Group is growing in numbers and this group will be scouting Boronia and later Glen Park.

The Gardeners were blessed with having already attended 2 locations and more plans for 4 outings during February and March.!!!

I can post the latest newsletter to you and in it you will find details of all activities, and if that is not enough, feel free to ring the convener or even me?

We can also be contacted on life.org.au/knox.

Melva 9762 3764 Helen 9729 1151

Life Activities Club Knox Incorporated No.A0052438Z: ABN 85 104 164 408 and is a member of the Life Activities Clubs Victoria Incorporated (Certificate of Incorporation Reg. No. A00 307 09U: A.B.N. 748



A very relaxed Christmas breakup celebration in Bayswater Park

The Ferntree Gully VIEW Club

The Ferntree Gully VIEW Club meets at the Knox Club on the fourth Monday of the month. The February Luncheon is on the 23rd at 11.30am. This will be our Annual General Meeting. New members and visitors are most welcome.

**To book please ring our President,
Isabel on 9758 5435.**

Penguin Club News

Ladies, would you like to learn how to speak comfortably in group situations whilst networking with other women and enjoying their company? Then come to our Penguin Club and see what we do. We meet 2nd and 4th Tuesday of each month in the Glenn Frost room at the Croydon Library, Civic Square, at 8pm. We will be recommencing on 10th Feb after the Christmas holidays.

For more information phone Sandra on 9720 2512

What's On?

Event	Date & Time	Location	More Information
FTG View Club AGM	Monday, February 23 at 11.30am	Knox Club	Bookings - 9758 5435
Eliminating Garden Pests	Friday, February 27	Boronia Library	Bookings on 9762 4099 or on the ERL website
Water Wise Wicking Beds	Friday, March 27		
Knox Festival	Saturday, Feb 28 & Sunday, March 1	Wally Tew Reserve, Ferntree Gully	knox.vic.gov.au/knoxfestival
Steamfest Rally	March 7, 8 and 9 10.00am to 5.00pm	Ferntree Gully Rd, Scoresby	www.melbournesteam.com.au
Rotary Annual Golf Day Fundraiser for BridgeBuilders	Monday, Feb 23 2015 at 8.00am	Eastwood Golf Club. Liverpool Rd, Kilsyth (Mel 65 H2)	Entry Fee - Non-Members \$60. Eastwood Members \$40. For sponsorship enquiries please call John White on 0409 964 232 or for player enquiries call Ken Barrett on 0408 682 244.
Harlequin Rounds Dance Class	Wednesday morning from 11am to 12.30pm.	Rowville Neighbourhood Learning Centre 40 Fulham Road, Rowville.	Contact RNLC on 9764 1166 or inquiries@rowvillenc.org.au to register. www.rounddanceassociationvictoria.org.au
Penguin Club	2nd and 4th Tuesday of each month	Glenn Frost room at the Croydon Library, Civic Square, at 8pm.	For more information phone Sandra on 9720 2512
Inventi Ensemble Tea & Classics Concert Series	Tues, March 17 & Tues, April 21 10.00am to 11.30am	Knox Community Art Centre, Bayswater	\$10 per person info@inventiensemble.com
Pink Stumps Day	Saturday, March 7 at 12.00noon	Bayswater Cricket Ground	Enquiries to Paul Creed on 0429 132 381 or paulcreed@optusnet.com.au
Valentine's Day Dinner Lets Go Green - St Patrick's Day	Saturday, February 14 Saturday, March 17	Relish, 3/249 Stud Rd, Wantirna Sth	Bookings - 9801 1766 or hastagrelish@mail.com
Chinese New Year Celebration	Sunday, March 1 12.00noon to 1.30pm	Chinese Association Victoria 8 Ashley St. Wantirna	Contact Ramona Chua on 0409 138 388 or email admin@cavinc.com.au
Scoresby 55+ Social Circle Rowville Community Kitchen	Every Thurs, 10am-12pm Every Thurs, 12.00pm-2.00pm	Scoreby Football Club	Gold Coin Donation - Bookings 9764 1166 Bookings: 0416 305 741 by Tuesday prior.

COMMUNITY NEWS

News from Wantirna Lions Club by Lion, Natalie D'Hehir

2014 was a very busy but successful year for the Lions Club of Wantirna. We achieved many goals and are now preparing for many more challenges in 2015.

Our year finished with the sale of our very popular cakes, puddings and Christmas trees. A donation of Lions Teddies was presented to St. John's Ambulance Boronia branch on the 10th December at their presentation awards night.

Officer David Cawte accepted the bears on behalf of his team. How handsome they looked in their uniforms!



It was a great night and we were privileged to be there. Congratulations to everyone involved on their promotions and awards.

Calling for Entries for the 2015 Knox Craft Show

Entries are now open for the Knox Craft Show, to be held during the Knox Festival on the weekend of Saturday 28th February and Sunday 1st March.

Entries across a wide selection of crafts is welcome. There is a section for children and special needs.

For an application form, or enquiries please email knoxcraftshow@gmail.com, visit our website at craftshowknox.blogspot.com or phone Maryanne on 0412 838 870.



Harlequin Rounds at Rowville

The Rowville Neighbourhood Learning Centre (RNLC) is now accepting enrolments for classes for Term 1 in 2015. Beginners most welcome, no previous experience required. Classes will be on a Wednesday morning from 11am to 12.30pm. Term 1 will be an introduction to Cha and Waltz. Contact RNLC on 9764 1166 or inquiries@rowvillenc.org.au to register.



Coral is the teacher / cuer of Harlequin Rounds and current President of the Round Dance Association of Victoria (RDAV). Her club meets every Monday night in Heatherton. For more information, contact Coral on 0407 814 686 or visit the RDAV website.

www.rounddanceassociationvictoria.org.au
Round Dancing is cued, easy ballroom dancing
Dance for fun, to keep you fit and your mind active

Combined Probus Club of Wantirna Heights Inc.

The Garden Group met at Cloudehill Nursery and Gardens in Olinda on a brisk morning recently. The sun's spasmodic appearance was appreciated later in the day.

All enjoyed an informative tour of the gardens conducted by their guide, Jeremy Francis, who is the owner. He outlined how the two hectare gardens were established and why they were

formed into the beautiful display they are today. The gardens are well worth a visit and are highly regarded amongst other gardens around the world.

The group then enjoyed lunch and each others company at the Range Restaurant in Olinda.

The club can be contacted at PO Box 6010, Wantirna Vic 3152.



Knox & District
Over 50s

**IMPORTANT NOTICE:
FOR 2015 OUR MONTHLY MEETINGS WILL
COMMENCE AT 10.30AM.**

Well the year 2015 has begun so the first thing to do is to wish all the readers a very happy New Year-a bit late but better late than never. This is the time of year when people make all sorts of resolutions to do or not to do things. Most of these resolutions seem to fall by the wayside after a couple of months or even sooner in my case. This year instead of making various resolutions why not make just one and that is to come and visit our Club where you will be made most welcome. Friendship is our top priority and everyone is welcome and made to feel that they are part of the Club.

We have already started with our various activities such as our Coffee morning at Myers and our and the lunch at the Knox Club with many more planned. Subscriptions for the year 2015 are due in January 2015 and the subscription cost for 2015 is \$15.00 which is unchanged from 2014. You can of course visit us three times before deciding to join and become a member and you are assured of a warm welcome as you sample the happy and inclusive atmosphere while you enjoy the entertainment and social events planned for the year.

Regular events each month include, a monthly cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and much more. Events planned for the remainder of the year include a a Yarra River boat trip, a day trip to the Yarra Valley Wineries, a day out at the Yarra Valley Harness racing meeting, Theatre outings both local and City and much more.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input from all our members.

Our monthly meeting is held at the Boronia Progress Hall (in Boronia!) on the fourth Tuesday of the month. For 2015 the meetings will start at 10.30am Come early to get a good seat. Make a note in your diary, on your calendar, or on your iPhone and come along to our next meeting on Tuesday, 26 February 2015, starting at 10.30am to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers.

We look forward to seeing you there.

Contact Jill on 9801 4363 for any further information.

T20 Charity Match

by Melanie Causer

2014 marked the sixth annual T20 Charity Match between Bayswater Park (BPCC) and Wantirna South (WSSC) Cricket Clubs. As in past years, each club chooses a charity for which they will raise money. This year Bayswater Park chose Multiple Sclerosis in support of one of their much loved members who was recently diagnosed with the illness whilst Wantirna South chose Beyond Blue after the sudden passing of a member earlier this year.

Once these charities were nominated work quickly got underway to pull together the day....and what a day it turned out to be.

It all kicked off at 10:00am with Bayswater Park's Women's Team taking on Upper Ferntree Gully. The girls fielded first which saw Ash Maher dominate with a handy 3/25 off four overs, captain Sarah Smith took another two wickets and Sarah Freyse took one of her own to see the first innings come to a close. After a short break it was our turn to bat which saw Sarah Smith and Kellie Jones rack up a total of 73 runs- both not out- a score that in turn secured the points for the Chickets.

Next Bayswater Park and Wantirna South's U12s merged forming an unstoppable team to play against their parents...and what a show they produced. The parents won the toss and decided to send the kids into bat. With a definite head wobble adorning most, the parents thought they were in for an easy victory- how wrong could they have been. With some "creative umpiring" from BPCC's 1XI

Captain, Mathew Parker, and everyone's favourite young gun, Tom MacDonald the kids saw out their innings with a handy of score of 118. With the sun heating up an already interesting game, it was then the parents turn to take to the crease. With a reduction in head wobble they knew they had a job ahead of them and, with some further creative umpiring the parent's team were only able to rack up a minimalistic score of 20.

With the sun now at its peak the Senior All Stars from both clubs were ready to battle it out.

With guest of honour, Carly Thompson, tossing the coin in BPCC's favour, captain Leigh Brown decided



A tribute to Australian Cricketer Phil Hughes

BPCC would bat first. This choice saw himself and Waz Lechner form the opening partnership. It was a rocky start but the team soon found its groove when Ryan Toye took to the crease and began to rack up the runs.

By innings end BPCC had scored over 150 runs and were in a reasonable position going out to field. WSSC got to work quickly in chasing down the score with balls being hit all over the park. At games end, BCC came away with the win by just four points.

The day came to a close with a presentation. A presentation that saw heartfelt words spoken by both club presidents- words that truly described what two great clubs these are and reiterated why we were doing what we were doing. This same sentiment was echoed by Wantirna Community Bank Branch Manager, Andrew Wawra. Guest speaker, Wendy Oliver, from MS Victoria, shared her story with the audience allowing us an insight into her day to day life with MS. Yet the reason and meaning of the day really hit home when BPCC member and MS sufferer, Carly Thompson, took to the mic. It was her story and her sincere heartfelt thanks that made even the strongest of people shed a tear...brought a lump to the throats of many and confirmed that what we were doing was so, so worth it.

At days end BPCC and WSSC collectively raised over \$9,000.00

The success of this day relies on the support of many, and in turn there are several people we need to thank.

Firstly to our players. To the girls who reshuffled their round robin day in Mount Martha to be at Guy Turner in the morning to open the event. Your presence was sincerely appreciated.

To the U12 players and parents thank you for making the day such fun.

COMMUNITY NEWS



Bendigo Bank's mascot lends support

To the senior players, you already dedicate at least three days a week to cricket, many of you more, so your support both in your game and throughout the day was so very welcomed.

To those that stood out in the field all day umpiring we couldn't have done it without you.

Thank you to everyone who donated and raised money in the lead up and throughout the day. Money is never an easy thing to part with, especially in the lead up to Christmas- your generosity was incredible.

To Andrew Wawra from Bendigo Bank and his team. Thank you for your kind donation of raffle prizes, the loan of the marquees and your assistance throughout the day in selling raffle tickets, participating in the U12 vs Parents game and your overall support throughout.

To Heidi Victoria, Alan Tudge and Laurie and Jenny Keogh thank you for your generous donation of raffle prizes.

To the Wantirna Lions Club, thank you for sweltering away in the sun from dawn to dusk ensuring everyone was well fed!

To Brendon Trump and Jason Butcher, thank you for keeping us entertained throughout the day with your endless tunes and banter.

And finally to everyone who came down throughout the day, supported our players, supported the club and most of all supported the cause- you are quite simply awesome.



Wantirna Lions make sure everyone is well fed.



At days end BPCC and WSSC collectively raised over \$9,000.00

News from Wantirna Tennis Club *by Alison Rogers*

The Junior Sat/Sun Winter season has now finished. Four of our Junior teams made it through to the semi finals with 2 teams progressing through to a Grand Final. Both teams played extremely well but unfortunately were narrowly beaten.

The Summer season started in October and will continue after the Christmas break. If you haven't tried tennis before give our Club Coach a call. Kelly Bisinella and her staff are trained to assist players of all standards whether you are a beginner and need help with basics or are a returning player who might like to brush up on skills.

Ladies, are you wanting to play tennis? We are looking for some ladies to come along and join our midweek tennis. The Thursday season is about to start and we are looking for some ladies to join existing teams. We are a family focused club, offering a range of competitive tennis or social tennis for both adults and juniors.

This Summer we have had some exciting new times in Tennis. You may have seen members from Wantirna Tennis Club at Westfields Knox Ozone promoting tennis in the area. Also The Huge Festival of Tennis with all Clubs in the City of Knox promoting and providing free tennis for everyone. What fun. If you missed this please call us anyway

and arrange to come down for a hit. All standards are welcome.

The Australian Open has started and along with the usual fun at Melbourne Park, we have also seen the new Fast 4 Tennis. How good is that? This is a great way to play tennis when you may not have much time. Let us know if you are interested in a social version of this game. Contacts below.

We have safe access into the complex and beautiful grounds with picnic facilities enclosed by fences to make a safe environment for families .

Don't forget, if you want to see for yourself what this club has to offer, contact or visit us. Our facilities include 9 tennis courts in the terrific setting of Wantirna Reserve.

Give us a call to get details and information on membership or to arrange to have a look at what we have to offer.

Wantirna Tennis Club Inc
Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna 3152
Melway Ref: 63C8
Club Secretary: Alison 0408576025 or email wantiratennis@gmail.com
Club coach: Kelly 0414874482

Stump up for BCC Pink Stumps Day

The Bayswater Cricket Club will be hosting a luncheon as a McGrath Foundation's Pink Stumps Day event. They are inviting friends, family and the local community to join them for Pink Stumps Day and get involved with lots of fun activities.

The event will be held at 12.00 midday on Saturday, March 7 at the Bayswater Cricket Ground, Marie Wallace Oval, Bayswater Road, Bayswater. Everyone attending should wear pink and bring some cash to donate to the McGrath Foundation.

Funds raised will go to the McGrath Foundation in funding McGrath Breast Care Nurses who support families experiencing breast cancer right across Australia, no matter where they live or their financial situation.

Paul Creed from the Bayswater Cricket Club Pink Stumps Day Committee said "after the past two years raising in excess of \$13,500, we are all looking forward to another great effort with massive support from the Bayswater Community, Club members and families."

**For more information contact Paul Creed on
0429 132 381
or email paulcreed@optusnet.com.au**

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10 VARIETIES - ENOUGH FOR 60 GUESTS

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A cup of the best coffee & slice of banana bread - \$4.50

Homemade chicken butter pie with gourmet salad
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50 Helium Balloons for \$50.00

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Shop 30, Wantirna Mall, 348 Mountain Hwy, Wantirna
www.goodlifepartyfoodshop.com.au

Templeton Tennis Club News

by Don McCracken

Welcome back to TTC news for 2015.

Our summer competitions recommenced over the weekend of the 31st January. Accordingly, there aren't too many weeks left until this season is complete with finals in March. At the time of writing, (mid Jan) we have 9 of 12 junior teams and the seniors have 4 from 6 teams currently in the top 4. Let's hope the good form stays with us after the long Christmas break!

The next Saturday season (winter) will be upon us very shortly so if you are interested in playing competition commencing in April please make contact with one of our conveners. Seniors: Andrew Wade 0413 595 274 or Juniors: Pam Stewart 0402 080 054.

Night competitions; Monday, Tuesday and Wednesday nights are back in full swing as of the 2nd February and progressing well. Come for a look and maybe join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call on 9800 3316.

We have over the break replaced the surface on court 3. We again thank council for their assistance financially and held our Open Day (31st January) as part of the Festival of Tennis in the Knox area.

Our coach, Kelly Bisinella, runs a highly successful coaching program at the club for all levels. Give her a ring! Straight Sets 0414 874 482.

Check out our website, www.templetontennis.com.au for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Wantirna, Integrity Cabinets and Bendigo Community Bank Wantirna Branch.

Come and join us at the family club, your club, the Templeton Tennis Club.

All the best for 2015.

Templeton Tennis Club Inc. Templeton Reserve, Templeton St, Wantirna 3152. Melways Ref. 63 G9

Membership: Russell 9887 1957

Clubhouse: 9887 3505

President: Don 9800 3316

Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au

Email: president@templetontennis.com.au

SPORT NEWS

BAYSWATER BOWLS CLUB

INVITES YOU TO COME ALONG AND ENJOY AN AFTERNOON OF

BARE FOOT BOWLS

a game for all ages

Free lessons (bowls supplied)

Free sausage sizzle

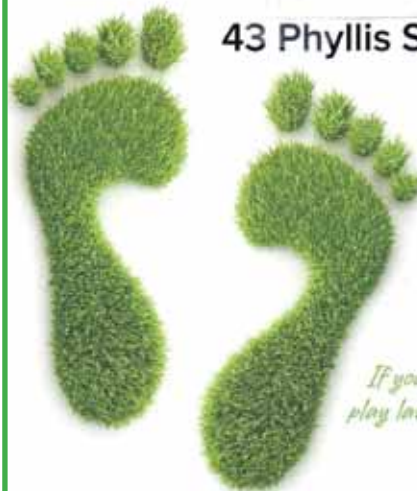
Meet the Club Members

A friendly environment to make some new friends

EVERYONE WELCOME

Every Sunday 2.00pm - 4.00pm

43 Phyllis Street, Bayswater



www.bayswaterbowlsclub.com

If you have always wanted to learn how to play lawn bowls, make sure you come along!



Happenings from the KNOX CITY TENNIS CLUB

by David Wiffing

Happy 2015 to all our members and the community of Knox. We trust you had a great festive season and are ready for another year of tennis at our Club.

This looks like it will be another great year for our Club as we have a large number of night teams entered in BDNTA, KDNTA & WDNTA. Also we are looking to submit a strong number of teams into the upcoming Pennant and WDNTA season in both Juniors and Seniors.

The Knox Festival of Tennis was very successful and we had events happening from Thursday 30th Jan to Sunday 8th Feb on which we ran our Open Day. A big thank you to all the Club volunteers who helped out. We cannot be as strong without your ongoing help.

The In House mid season competition over the break went very well with many players having some solid competitive social matches. This is always good practice for the next season. The new security shutters were installed around the bar and look very good.

On Sunday 14th December, the Club ran its Junior

Break-up function. Plenty of children and parents from both the Knox City Tennis Club and Velocity Tennis Coaching came along to play tennis, enjoy some social time with their friends and enjoy a bbq which was generously supported by our good friends Boocock's Quality Meats in the Studfield shops. Many thanks to our Junior Convenor, Gary Reid and his family together with Gary Leech of Velocity Tennis Coaching for arranging the fun day.

Competition continues again in Waverley District Junior and Senior with fourteen Junior teams, seven senior teams and our Mid Week Ladies teams. Good luck to all of them for the rest of the season. Hopefully there are some flags coming our way.

As always we will also be continuing the usual Wednesday night social where anybody can come along and try out tennis for ONLY \$5, bring a friend or just keep your eye in for the season. You don't have to be a member, we welcome all players to experience our Club.

AND for all the Seniors tennis players out there, don't forget that we run a great In House social morning group every Thursday from 9am. Just

bring you, your racquet and your smile to have a great mornings tennis and meet a fantastic bunch of people.

All the best from the Committee and we hope you have a great 2015 for tennis at our Club.

For any information please contact us below on:

Knox City Tennis Club Inc.

Neville St, Wantirna South, 3152

P.O. Box 5106 Studfield 3152

Melways 64 B10

WEB: <http://www.knoxcitytennisclub.com.au/>

Email: secretary@knoxcitytennisclub.com.au

Coach Gary Leech: 0398005862

www.velocitytennis.com.au





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BOCCE DOUBLES COMPETITION

KNOX ITALIAN COMMUNITY CLUB ROWVILLE

Date: Sunday 22nd February 2015

Time: Arrive 8:30am for 9:00am start

Entry Fee: \$25 (includes lunch)

Family and Friends welcome for lunch at 12pm

+ Afternoon snacks available from our kitchen if staying back to watch the games

BOOKINGS ESSENTIAL

Major Prizes Sponsored By: Claudio & Anna Placella
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Trophy Sponsored By: Tony & Rita Orlando



F.I.B. Competition Rules apply - Teams can be as follows: (2m) (1m+1F) (2F)

Player's list to be back no later than Thursday, 19th February 2015

Fax: 9764 9743 or email Michael Migliaccio migliaccio@netspace.net.au

Michal 0419 330 977 --- Tony Francesca 0409 795 650 --- Club 9764 2868

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Liverpool Rd, Kilsyth (Mel 65 H2)

Monday February 23rd 2015

Shotgun Start - 8:00am

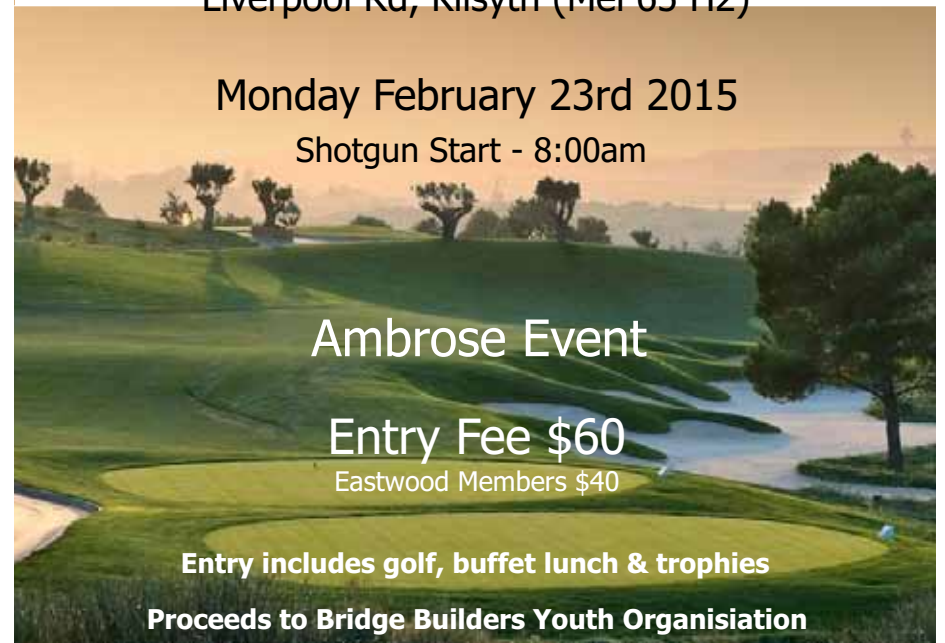
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Eastwood Members \$40

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Term Four: 22nd Oct - 10th Dec 2015

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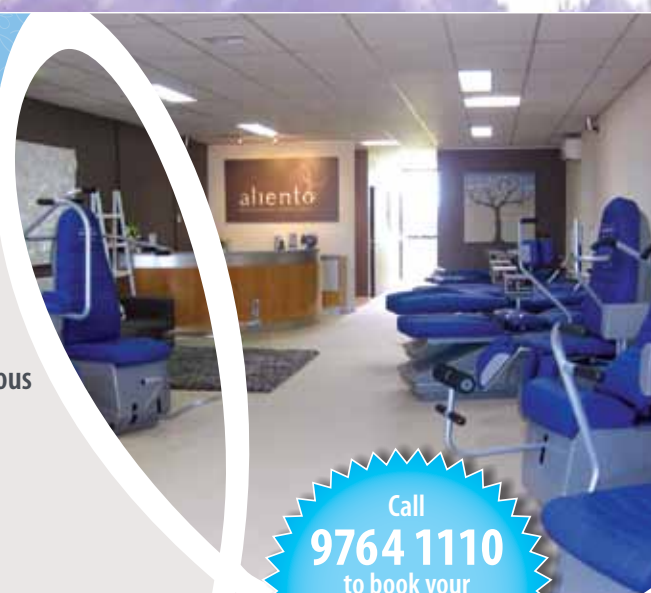
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