

STUDFIELD WANTIRNA NEWS

INCORPORATING COMMUNITY NEWS FROM
SCORESBY AND KNOXFIELD

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EDITION 35

APRIL/MAY 2015

- BRIDGEBUILDERS CHANGE YOUNG PEOPLE'S LIVES
- WORLD'S GREATEST FRIEND IS FOUND AT VAMPS
- SCORESBY VILLAGE TO BE IMPROVED
- U3A NATURE CLUB

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Information

Published by: Studfield Wantirna Community News Inc.
ABN: 98259005633 RAN: A0054764G
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Front cover: Local Hero, Harley Mackie and nominator, Natalie O'Hehir on Australia Day 2015

Copies: 19,000 copies produced & delivered to houses in Studfield, Wantirna, Wantirna Sth, Knoxfield & Scoresby and through local distribution points including: Knox Council & Libraries.

Affordable advertising rates with discounts for multiple bookings. Call Charles on 9762 3376

NEXT EDITION: June/July 2015

DEADLINES FOR 2015

	Aug/Sept	July 10
	Oct/Nov	Sept 11
Jun/Jul	May 15	Dec/Jan
		Nov 6

Format design by Tamara Bouzo

Fonts sourced from: <http://www.jennasuedesign.com/>
<http://code.newtypography.co.uk/> - Vernon Adams

Printed by Newsprinters

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Editorial

If you take a close look at the cover you will see that we have increased our production run to 19,000 copies. With an extra one thousand copies we will be able to keep our distribution points topped up more frequently.

We are thrilled to have Cr. Nicole Seymour join our writing team this edition bringing you news from Scoresby and in particular Tirhatuan Ward.

Our front cover is of joint recipient of the Knox Australia Day Local Hero award, Harley Mackie with Natalie O'Hehir, the Lion's Wantirna member who nominated him. It is great to see young people in Knox making a difference and being so positive in their outlook.

There is always so much to enjoy, living in Knox, and we can see from the contributions of local organisations, there are many, many ways of becoming involved in community life.

If you are thinking of taking up a new hobby you can always think of joining the team at SWCN. You would be most welcome!

Janet on behalf of the team

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors, readers and supporters.



AROUND OUR COMMUNITY

Bridge Builders - Changing Young Peoples Lives



Nat's Story: You hear the name Bridge Builders and what are some of the first thoughts that come to your mind? A construction company? A bridge maintenance group? Or generally just something to do with bridges? They were some of my first thoughts too when I first came in contact with the two founders of Bridge Builders 13 years ago.



Back in August 2002 when I was 16, and a part of the local youth services advisory committee established at the time, we had a couple of guest speakers this particular evening, two local guys (Phil Stenhouse OAM and Rich Lanham) who shared a vision, an idea, and a dream to build into the lives of thousands of young people, affecting the course of their lives. Phil and Rich just didn't share their vision; they shared their passion and provided hope that there was more to what we settle for.

With over 40 years of experience (collectively) in the youth work industry, they established a local organisation that helps young people see themselves as an asset to their community, an organisation that provided opportunities for young people to see and show their worth and reach their full potential. This is what Bridge Builders is. It was a combination of all this and more, that on that evening, I became a Bridge Builder.

Bridge Builders came at a time in my life when it felt like the rest of the world was walking out. During my mid to late teens I suffered depression and anxiety. My relationship with my own father was lost; he no longer wanted a part of my world anymore. I became caught up in the wrong crowd, drug and alcohol were close companions, and thinking about ending my life was an everyday thought. I was living two identities, at school (when I was actually attending) I was the free spirit, happy go lucky, class clown 'Nutta'; in the privacy of my home and outside I was the silent, reserved, troubled girl who was a mess and looking for anything to numb the pain and not allow the cracks to be visible.

When I first came to Bridge Builders we didn't have an official space or office. Many decisions and meetings were done at either Phil's or Rich's dining tables. The back seats in their cars was where the filing of paperwork was held for all potential partners and meetings. The days I didn't attend school, I was required to be out with the guys, sorting and organising the necessary paperwork on the backseat and attending meetings. One of my first memories was attending meetings with

potential partners and sponsors. I was always included, never an accessory. I built confidence through these experiences, I remember I was able to negotiate my first ever sponsorship deal for our first event in 2003. I had watched Phil and Rich so many times pitching to sponsors I knew the spill off by heart. At the time of 3 weeks before the event we were still in need of a screen printer for event shirts. The deal I secured was for a \$1.00 a shirt for one colour. I also remember thinking that this deal wasn't good and wanting to get a lower price.



Thirteen years later I am still a part of Bridge Builders. I am now a confident, strong, bubbly woman who no longer needs to find hope, I am now a person passionate and dedicated to provide hope to other young people who are in need. Bridge Builders has grown from dining tables and backseats of cars with a small group of young people needing hope and something more to a current office and space in Main Street Lilydale with 80 to 200 young people needing to find hope and something more in their lives on a weekly basis.



Bridge Builders stands out from the crowd as a not-for-profit charity, we receive no government funding and our team are volunteers dedicated to changing the lives of young people and one another. Bridge Builders doesn't just use one event as a tool of engagement and a way to build assets into young people but now utilises 15 events and several different programs as our tools to change the lives of young people.

Bridge Builders will continue to grow and as 2015 rolls in, we take another step closer to building into the lives of thousands of young people. There is an update on this dream and that update is to build a multi-faceted youth, community and corporate facility that will bring young people and their worlds into a common space so that they can be nurtured, confronted, challenged, supported, loved, skilled, coached and guided so that they may affect the course of their life and others. This facility is called The Bridge.

It is our intention to build Bridge Builders to become the leading youth organization in Australia and deliberately change young peoples' lives through leadership and asset development. If you would like to know more about Bridge Builders, interested in becoming a financial partner or know a young person who is in need of finding hope and something more for themselves, contact the office (03) 9038 8818 or bridgebuilders@bridgebuilders.com.au.



Susan's Story: I have been a part of Bridge Builders Youth Organisation for three years now. When I first started coming to Bridge Builders I was in a pretty dark time in my life. I was an alcoholic, addicted to drugs, struggled with self-harm and self-esteem issues. But unlike anything I had experienced the people at Bridge Builders accepted me for who I was but made it clear to me that I was worth so much more than I was settling for.

Being a part of the team and being around positive influences in my life I began to overcome some of my issues. The first time I spoke to someone at Bridge Builders about my addictions she told me this quote "one step at a time" that moment changed my life, someone saw past my behaviour and believed in me that I could achieve something. I have lived my life by that motto ever since.

Through the support that I receive at Bridge Builders I can proudly say that I am getting better. My self-esteem has improved, I am over 12 months clean from drugs and coming up to 12 months sober. Further to that my mental health is a lot better and I am actually helping other young people to achieve a better quality of life.

One of my proudest accomplishments as a leader was doing a half an hour talk to a group of young girls about how one step at a time I have turned my life around and got sober and clean, how, although it's not easy, there is hard work but it's worth it. My talk with those girls inspired one of the young girls to stop self-harming. I don't always get it right and sometimes it can feel like one step forward two steps back but I'm now part of a team of amazing people who continually inspire, encourage and grow each other.

There is no way I would be alive today if it weren't for the amazing people at Bridge Builders and the way that they changed my life.

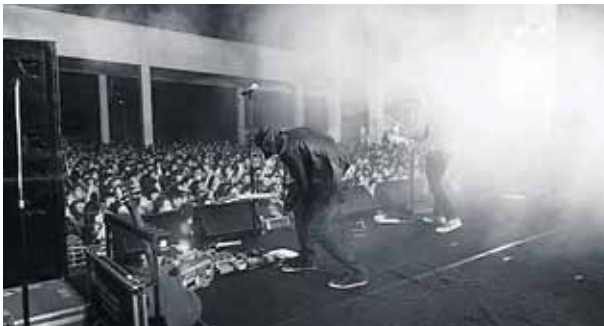
Continued on page 4

AROUND OUR COMMUNITY

Bridgebuilders - Changing Young People's Lives - Continued from page 3



Alex's Story: Hi Guys, I'm Alex and I have been a part of Bridge Builders for 6 to 7 years now. I am now more of a visitor than an active member. I am still a part of the family. I was in a pretty rough spot before joining Bridge Builders. I was into the drug scene. I had an emptying spot and I didn't know where I wanted to go or what I wanted to do. Most of the time my mental health issues and drug addiction was band-aided, not fixed, just covered up. I joined Bridge Builders through a mate and I actually enjoyed it. It gave me something to do, something I could get involved in. I learnt new things that I wasn't learning anywhere else. I was even growing in myself, I found direction and I know what I want to do with my life. I am not depressed, I haven't had many mental health problems in the last couple of years and I have definitely learnt how to control them and deal with them. I haven't done drugs in about four years now and that's probably one of my favourite things and that Bridge Builders has provided me with nice clean space to hang out and I have grown because of that. I definitely thank Bridge Builders and the people who support them because I wouldn't be where I am today. Alex is now following his dream in youth ministry.



Georgie, the World's Greatest Friend, gets a new look at VAMP



Over the last few years Georgie wanted to shave her head and donate her hair to a wig maker, well the time is now.....

Friday 13th March Georgie shaved her head. It was a very emotional time for her, and us. Her friend is going through cancer so what a better tribute than to do this brave thing. They will make Georgie's hair into a beautiful wig and donate it.

So far Georgie had raised over \$900, which is an awesome effort.

Georgie's son also shaved his head which is a brilliant effort...

Thanks for allowing us to be a part of this special day.

Enjoy your new look Georgie!

The girls at Vamp

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Have Your Say on Foreign Investment in Homes

Many locals have raised with me their concern that they or their children are being priced out of the property market by overseas investors.

Understandably, young people are worried about the cost of buying their first home.

There are already quite strict rules about foreign ownership of residential property. The issue is that the rules have rarely been enforced.

Under the current rules, foreign investors abroad cannot purchase existing property and are limited to only purchasing new property. They must also receive Foreign Investment Review Board (FIRB) approval prior to any purchase.

Temporary foreign residents cannot purchase more than one existing property. This is designed so that temporary residents can buy a home to live in. They must sell the property within 3 months of leaving the country at the expiry of the visa.

Unfortunately no court action had been taken by FIRB

since 2006 to enforce these rules. Clearly this needs to change.

At the start of March we released a discussion paper which proposes some stronger enforcement mechanisms.

The announced changes include the establishment of a specialist compliance and enforcement area within the ATO and new application fees on all foreign investment proposals starting at \$5,000.

There are also new financial penalties for breaches of the rules, which can include 25 per cent of the price of the property or its market value. This is a significant penalty and can be very costly if the value of the property is high.

We are keen to get your views on this before finalising policy. The Discussion Paper and way to provide feedback can be found on my website (www.alantudge.com.au) or on my Facebook page.

ALAN TUDGE MP, Federal Member for Aston



Alan TUDGE MP
FEDERAL MEMBER FOR ASTON

Real Action For Knox



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[f alantudgemp](#) add me on Facebook to stay in touch

Authorised by Alan Tudge MP, Federal Member for Aston, 420 Burwood Hwy, Wantirna South.

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.

Jazz Dances of the 1950s

by Ken Simpson-Bull

THE 1950s was the decade of the casual dance. All that was required was a suitable hall, a Dixieland Jazz band and a ticket-door-man. Dress was smart-casual (by today's standards more smart than casual—a collar and tie for the men was almost mandatory). Alcohol was seldom available and everyone had a jolly good time. Melbourne was in the throws of the great Trad Jazz revival.

The Jazz museum has many mementos of these times. There are photos and posters (many of which can be viewed on-line), records (the old shellac and vinyl ones), dance-club badges, and various other items of memorabilia. Readers are directed to Vjazz Magazine No 60 (viewable on-line) which is dedicated to these dances. No doubt some of our older readers can remember these halcyon days.

australian
jazz museum



The Australian Jazz Museum, 15 Mountain Highway, Wantirna (Melway Reference 63, C8) is open to the public on Tuesdays and Fridays from 10am to 3pm. For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the web site at www.vicjazzarchive.org.au

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AWARDS IN KNOX

Harley and Nathan - Worthy Recipients of Knox Australia Day Awards

Harley Mackie Local Hero (joint recipient)

Harley Mackie had been nominated by Natalie O'Hehir in recognition of his remarkable efforts to raise funds for Breast Cancer Network Australia.

Having lost a close loved one to breast cancer, Harley knows the sadness and pain such an illness brings. Determined to fight back for sufferers and future generations—and spurred on by a Wantirna College assignment—Harley organised a 12-hour skate marathon to raise money for Breast Cancer Network Australia.

To prepare for the event, Harley designed and sold commemorative merchandise, organised musical acts as entertainment and arranged security for the event. He also marketed the event by creating a Facebook page to promote it to hundreds of people.

From start to finish, Harley was committed to ensuring that his vision was as successful as possible. His original goal was to raise \$1000 but reached a phenomenal \$5774.

Harley's selflessness and success in planning and running a fundraising event of this scale are true testimonies to a maturity well beyond his years. His dedication and community spirit are an example to us all.



Harley with Cr. Tony Holland



Nathan with Cr. Karin Orpen

Nathan Rose Young Citizen of the Year

Nathan Rose has been nominated by Kerrie Coghlan, on behalf of 2nd Wantirna Scout Group, in recognition of his extensive volunteer work.

Nathan has a long list of voluntary service that puts others' needs ahead of his own. From volunteering in soup kitchens, to taking part in school committees and activities, Nathan's service has extended to his involvement in ANZAC ceremonies and other commemorative events.

Nathan's involvement with the 2nd Wantirna Scout Group is another fine example of his commitment to helping others. Indeed, his nominator Kerrie Coghlan notes that Nathan fully honours and embodies the Scouts principle of 'duty to others'. In acknowledgement of his extraordinary efforts with the 2nd Wantirna Scout Group Nathan has received a number of prestigious awards, including the Grey Wolf Award and Australian Scout Medallion—two of the highest honours a Scout can receive.

Nathan is a role model to younger scouts and is highly respected among the Scouting community. For example, Nathan was invited recently to serve as an Assistant Contingent Leader for the Australian group heading on a Scouts trip to Switzerland in 2016.

2015 Student Leadership Awards from Nick Wakeling

With the 2015 school year well underway, many children have now begun their school journey, some for the very first time. I wish all the 2015 preps a great first year of primary school and hope they enjoy the wonderful learning opportunities our local schools in Knox will present them.

A new school year brings new Students Leaders and it is a great honour to be selected in these important roles and to represent your school. I am honoured to have recently had the opportunity to visit many of our local schools including Fairhills, Wantirna, Regency Park, Knox Central, Ferntree Gully North, Wattlevue, St Luke's and Wantirna South Primary Schools and St Andrews Christian

College and St Josephs College. I congratulate those who have been chosen to lead their school in various capacities throughout 2015 and wish all students a great year ahead in 2015 full of exciting learning possibilities. I look forward to seeing many of our 2015 students leaders go on to achieve great things in the future.

Nick Wakeling with Knox Central Primary School 2015 Student Leaders



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STATE MEMBER FOR FERNTREE GULLY

**Nick
Wakeling** MP



WHAT'S COOL AT SCHOOL?

Values Education at Knox Gardens Primary School

Knox Gardens Primary School hosted a Values Launch at school as part of a special Assembly on Friday 6th March. Students, staff, families and friends of Knox Gardens P.S gathered in our School Gymnasium to hear the Principal, Ms Tracy Bancroft deliver an inspiring speech about how our school values will make our school community a 'happy' learning environment. A place where there is a shared vision, a sense of wellbeing and where everyone promotes these values. The School choir, conducted by Mr Graeme Stewart, performed an enthusiastic rendition of the 'Happy Song'. The school welcomed Mr Alan Tudge, MP for Aston, as a special guest who shared his thoughts about the importance of values in the wider community. Mrs Debbie Thompson, a parent and designer, was congratulated and thanked for creating the wonderful values posters and 'cog' characters that our new values are now associated with. The

students' love the cog characters and are already planning to create value cartoons, stories and raps. Four Foundation students wearing special t-shirts with the cog values on the front jumped out of giant gift boxes as a surprise for the audience. The House Captains read the meanings of each of the four values to the students and guests at the assembly. The students all prepared 'cog character' faces to hold up as part of our launch and they wrote on the back what the values they were holding meant to them. The school will now be promoting and embedding these important values with everyone in our school community to ensure they become part of our daily actions and words at Knox Gardens P.S. Values Education provides a framework for interacting with others in a positive and caring way. Teachers 'catch' students displaying the values and give out raffle tickets for a grand

draw of prizes at the end of each school term. In displaying these values our school community will have shared goals and together as a staff, student & community partnership we will achieve a sense of wellbeing, personal safety, health and happiness. Happy and healthy students are engaged learners.



News from Scoresby Primary School by Cr. Nicole Seymour

Ever wondered why Scoresby is one of Knox's most liveable suburbs? Why there is little turnover of housing stock? Ask local residents and they will proudly tell you that it is because it is like a country town in the middle of suburbia. It is quiet, welcoming and is a place where people feel safe and connected. Well serviced with the shops within the Scoresby Village and accessible to just about everywhere by being just a stones throw from Eastlink and the Monash Freeways.

Much has been happening in this suburb over recent months. Families in the Sheppard Drive area are enjoying the newly upgraded Sheppard Reserve park, which is proving very popular. During January, Council undertook major renewal works to footpaths and roads around Scoresby Primary School and

surrounds. This also included a much anticipated upgrade to the school crossing on Orson Street. The children of Scoresby Primary have been delighted with the new crossing. It is now much easier and safer to cross the road.

Speaking of Scoresby Primary School, a few weeks ago SPS participated in the launch of a State Government "Ride to School" program. More than 200 students, parents and teachers participated by walking, riding or scooting to school. A large group including MP Kim Wells, Mayor Cr Peter Lockwood, Cr Nicole Seymour and School Principal Matthew Coney made their way with a walking bus from Scoresby Village to the Primary School for a special presentation.



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The symptoms of CO poisoning include tiredness shortness of breath, mild to severe headaches, nausea and vomiting, weakness and sleepiness. If poisoning is extreme, it may lead to confusion, loss of consciousness and death. Symptoms may occur when using, or immediately after using a gas appliance.

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Look out for soot or discolouration around the gas appliance, yellow flame, heater going out after a short time for no apparent reason, debris falling down the flue or a missing or damaged cowl on top of the flue pipe as any of these conditions may indicate the existence of a problem.

As a licenced and registered gas fitting company Gaspipe Plumbing is offering readers of this publication a special winter offer for the month of June if you mention this article when booking. A Gas Heater Service which includes 30 minutes on site and CO test for \$99.00 (normally \$125.00, note parts and extra time will be charged in addition to service call)

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For more information in relation to your property or for information on what you can do to help your community please don't hesitate to call Geraint Gardner anytime.



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Library News & Events

Summer is officially over so it's safe to venture away from the air conditioner and through the autumn leaves to your local branch. We have prepared a fresh collection of new releases just for you! Naturally, your library is home to thousands of books, DVDs and magazines, but it's also the place to go for events of almost every kind.

Find out what's on and where using the Events Calendar at www.YourLibrary.com.au. You'll also find digital magazines, books, documentaries, and of course directions to your nearest branch.



The 5000 Poppies Project

A tribute of respect and remembrance, the 5000 Poppies Project has brought the community together to knit thousands of poppies in time for ANZAC Day. Regular events have been happening at ERL libraries for several months to provide a social atmosphere for contribution, with over 3000 finding their way to branches so far. These pieces of knitted magic will join over 120,000 poppies to be showcased at Federation Square this ANZAC Day.

A big thank you to everyone who contributed!

While the time for knitting has come to a close, there are military history and ANZAC Day events taking place throughout April at the libraries. Ask about them by phone on: 1300 737 277 or visit the calendar online at: www.YourLibrary.com.au.

View the entire poppy collection and many more photos at: www.fb.com/EasternRegional.

Travelling Librarians

The ERL team will be showcasing some of the fantastic programs and services on offer this month at multiple library conferences. Members of the Outreach & Youth Services Team will share experiences at the upcoming Beyond the Walls conference in Adelaide. Topics include the "Dads & Kids" program that promoted sharing quality family time while increasing literacy, the "Flexi Vehicle" mobile library and its success reaching isolated communities, and the "eLearning for Schools" program aiming to help students find credible information online.

"eLearning for Schools" is also the topic for discussion at the Renew, Rethink, Revitalise Mini-conference at the State Library of Victoria. The school program has proven extremely successful in connecting students with valuable library resources to help them succeed, and has grown substantially over the last year. The team will share this story of success with the greater library community so that the program might expand and more students will benefit.

LIBRARY NEWS

Autumn Events Guide

Did you miss the Events Guide over summer? Thank goodness it's back! The new and improved book is now available from your local library branch and it's packed with fantastic events to keep you busy this autumn. Find it fast at www.YourLibrary.com.au.

The Events Guide includes author talks by Ananda Braxton-Smith, Bill Robertson, Bambi Smyth and Mick Woiwod, plus loads of fun events for the whole family. If you're looking for entertainment for the kids these holidays, keep an eye out for the Eastern Regional Libraries School Holiday Program. It'll be available from branches and online in late March and features craft, movies, storytimes, performances and much more.

Find out more by calling your local library on: 1300 737 277



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KNOX U3A NEWS

BROUGHT TO YOU BY FERN TREE GULLY TOYOTA

New at U3A - The Nature Club

It is planned to start a Nature Club at U3A in Term 2. The Club will meet on the first Wednesday of the month. This means that there will be two meetings during the term at 2pm and a ½-day excursion during the term break starting at 10am. For each Parkhills meeting, members will pay \$2 to cover the speakers travel expenses etc. The meetings could include speakers from outside of U3A who are experts in their field as well as talks given by Nature Club members. Topics could include fauna (birds, mammals, etc), flora, geology, climate, and other topics of interest to members. Class members will be invited to show up to 6 slides in a Powerpoint presentation at the monthly meetings.

The first speaker on Wednesday 6th May is Dr Gary Presland. He is known as a very inspiring speaker. Read all about him on the Nature Club sign on the noticeboard.

His talk is titled *The Natural History Of Melbourne.* "There is much about the history and development of the city of Melbourne that can be explained by reference to the physical landscapes and natural history of the area. How was the original site of European settlement chosen? Why has subsequent development led to an urban spread disproportionately to the east? Questions such as these can be answered by consideration of the natural history encountered by the first Europeans to explore the Port Phillip region. This session will provide a new perspective on the history of Melbourne."

The speaker on Wednesday 3rd June will be Peter Mason on *The Birds Of The Yarra Valley.* He is author of a book of the same title.

The excursion on Wednesday 1st July will be to Wicks Reserve in The Basin.

Further enquiries regarding the Nature Group can be made to Ron Smith at perfectnumber@bigpond.com.au

If you are interested in joining the Nature Club watch for details of enrolments in Term 2.

Another class already running at U3A is *ESPERANTO.* This is becoming more popular worldwide with the spread of the internet. There is a beginners class and there are still some vacancies at this stage. Inquiries to the U3A Knox office on 03 9752 2737.

In early March, new members were welcomed at a Meet and Greet in the garden at U3A, with existing members and committee members welcoming the newcomers and ready to show them round.

The new U3A website will soon be up and running and will allow computer savvy people to join on line after looking at the subject lists. Visit at www.u3aknox.org.au



Some of the Thursday water colour group working (tutor is Kath Loxton)



Left: Wednesday golf group

Right: Meet and greet held on the 4th March



Left: An afternoon discussion group

Ferntree Gully Toyota

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Wantirna Community Pharmacy where we care for you, not for profit

Wantirna Community Pharmacy has proudly served the local community for 35 years. As a 'not for profit' member based organisation our priority is the needs of our valued members.

We would love for you to come in and meet our professional team who are dedicated to customer care and wellbeing. Together they have over 150 years' experience in the industry.

Healthy Community Clinics

Our busy lives often mean that our health takes a back seat to more pressing priorities. While it's common to wait until symptoms are advanced before seeing a doctor, early intervention can contribute to a faster recovery and avoidance of more serious complications down the track

Our health clinics offer advice, information and screening to help tackle our community's most pressing health concerns. Our monthly clinics include:

- **Cardiovascular**
- **Healthy Lung**
- **Weight Management**
- **Naturopath**
- **Hearing**

We also conduct MedsCheck's for customers, a review that entails a comprehensive checking of all your medications including prescription and non-prescription medicine and any complementary/herbal remedies that you may be using. The aim of this individualised consultation is for our pharmacists to assist you to improve effective use of your medicines, to identify and discuss any problems, such as, undesired side effects you may be experiencing and to provide you with helpful tips on how to best use/ store your medicines with the ultimate aim of helping you to gain optimal, cost effective health outcomes.

Member Benefits

Becoming a Community Pharmacy Member is easy and there are genuine savings across all our stores. Our members enjoy access to exclusive member only promotions, special offers and events. Further discounts include:

- **5% discount on all catalogue promotions**
- **Up to 15% off everyday pharmacy needs**
- **15% off non-government subsidised prescriptions**
- **10% off all our Community Health Clinics**
- **Take up a new membership during April and go into a draw for a \$50:00 gift voucher**



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communitypharmacy.com.au

Dental Health for your Pets

Did you know that over 85% of dogs and cats over the age of 3 suffer from dental disease? It is one of the most common health concerns in our family pets, yet sadly most pets suffer in silence. In the earliest stages there is plaque accumulating, which is the yellow-brown discolouration causing bad breath. If not addressed this progresses to thick tartar, gum disease, bleeding and pain. Intervention is essential at this time to prevent bone loss, root infection, loose teeth and great discomfort for your pet.

There is much that can be done, both at home and with your vet, to prevent serious dental disease. The first step is always to have a look! If you've never checked your pets teeth, now is the time. Flip up that lip and look and smell at what is hiding beneath. If there is smelly breath, yellow teeth, and red gums, now is the time to act.

Treatments vary with the stage of disease. With early plaque, something as simple as a diet change to introduce more chewing can be very helpful. But once thick tartar has set like concrete on their

from Wantirna Vet Clinic

teeth, home care is just not going to do the job. Veterinarians use an ultrasonic scaler to blast this away and restore a healthy tooth surface.

There are a number of good quality dental diets, chews, and aids available to use at home to help prevent this serious concern. Please come in and have a chat to our vets about the best options for your pet.



6 The Mall, Wantirna
9729 9908
www.wantirnavetclinic.com

Salford Park Bowls Team Win The Don Rosa Shield

from Nick Wakelying

Each year my parliamentary colleague, Kim Wells MP, Member for Rowville and myself invite local Bowls Clubs to compete in two tournaments at Parliament House. The Don Rosa Bowls Tournament for local retirement villages and The Sir George Knox Tournament for local bowls clubs.

The 2014 tournaments were held in late November and were attended by teams from Salford Park Village, Waterford Valley Lakes Retirement Village, Waverley Golf Bowls Club, Boronia Bowls Club and Ferntree Gully Bowls Club. I congratulate each team who competed in these tournaments and was pleased to see Boronia Bowls Club emerge as winners of the Sir George Knox Shield and Salford Park Village emerge as winners for the first time in twenty years of the Don Rosa Bowls Shield.



Salford Park Village team with Nick Wakelying:- Margaret Logan, Don Rowe, Margaret Rogers, Colin Finlayson, Bob Elms, George Dolan, Judy Dolan. Absent - Margaret Borden.

Goat Ragu brought to you by Quality Fresh Meats

Quality Fresh Meats at Wantirna Mall have goat meat available. They have kindly supplied this recipe for SWCN readers.

Ingredients:

1.5kg of Goat meat on bone, chopped into chunks
2tbsp Olive Oil
2 onions, halved and sliced
2 Carrots, peeled and sliced
2 Celery Stalks, finely slices
2 garlic Cloves, finely sliced
300ml good red wine
400g canned tomatoes
2tbsp tomato paste
1tsp sugar
300ml stock or water
3 bay leaves
1tbsp chopped thyme or rosemary, and extra for serving
1tsp dried oregano
Good pinch of dried chilli flakes
Sea salt and pepper.



Method:

1. Rinse the goat, pat dry and season well. Heat one tablespoon of oil in a lidded ovenproof pan and brown the meat in batches, on both sides, then remove.
2. Add remaining oil and cook the onion, carrot, celery and garlic for 10minutes until softened.
3. Add the red wine, tomatoes, tomato paste, sugar and stock and bring to the boil, stirring.
4. Heat oven to 160c. Return the meat to the pan with bay leaves, thyme, oregano, chilli, sea salt and pepper, cover and cook in the oven for 1 ½ to 2 hours until tender. Skim off any excess surface fat, scatter with extra herbs one pasta, rice or mash and serve.

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Treasures in Scoresby by Jan Corben

For many local residents and quite a few regular visitors from further afield, the Opportunity Shop at 4 Darryl Street in Scoresby has been a wonderful source of cheap clothing, books, and household items as well as a place to find a treasure or two.

The Opp. Shop was originally a joint venture of the Scoresby Uniting Church and UnitingCare Harrison, an agency of the Uniting Church working largely with the homeless, particularly young people in the Knox area. Although UnitingCare Harrison still benefits from some of the proceeds of the opp. shop, the agency no longer provides the management of the shop. This is now done completely by volunteers

from the Scoresby Uniting Church assisted by community members helping staff the shop. Profits are distributed more widely with a women's refuge being a major beneficiary last year.

Overheads for the operation are large and the workload for the parishioners heavy, but it is seen as an important outreach and community support activity. The small congregation at Scoresby Uniting Church is grateful for the assistance from the community in working in the shop and the continual flow of donations essential for the on-going operation of the shop.

The space at the shop is limited and as much as possible is crammed in, but there are still many things that are passed on to other organisations. Regrettably, like other opportunity shops, it is the dumping place for rubbish and paying for the removal of this rubbish is the second largest expense after rent of the premises.

Many volunteers have worked in the shop for a very long time during its more than 20 years of operation. Individuals' situations change, people need a break, some unfortunately fall ill or just get tired so new volunteers are constantly needed. It has been very helpful to have "work for the dole" assistants and work experience students from time to time.

A feature of the Opp. Shop is the opportunity to have a chat while you browse. Connecting with customers is encouraged, so feel free to just drop in, even if you don't intend buying anything. Donations can be left during opening hours (Monday – Friday, 10 am to 4 pm, Saturday – 10.30 am – 1.30 pm) and if you would like to join the sales team call in and leave your name and contact details or phone the shop on 9753 2203.



Scoresby Opportunity Shop



Scoresby Opp. Shop volunteers

The Scoresby Football Club Junior Program - "Doing it for the Kids"

The Scoresby Football Club Joins forces with it's two Junior Affiliates and "does it for the kids" in 2015.

Together the committees form a strong and experienced team of volunteers to take the Club Forward in 2015 and beyond.

What does this mean for the community?

Teams will play in the Black & White.

The club will continue to utilize both Carrington Reserve and Scoresby Recreational Reserves, two of the premier grounds with the best playing surfaces and night lighting in the area.

The outstanding function facilities at Scoresby Recreational Reserve and Carrington will allow the club to cater for player and family numbers at social functions throughout the football season.

The club will be able to cater to a wider demographic of players in the City of Knox, improving participation numbers and team security.

Participants can enjoy their football at a junior club level with the knowledge there is a pathway to continue at a Senior Club level should they wish, and for older players still not ready to hang up the boots, Scoresby Football Club also run a VETS team.

The junior program will be supportive of all participants regardless of gender, background or skill level allowing the senior club to concentrate on its on-field success. This is great for participants and football in the local community.

The Junior Program would like to field teams in all age groups from U8-U17, including two dedicated girls teams. An official club shirt will be provided to EVERY new player for season 2015.

Individuals, groups and teams are invited to join. Come down and have some fun playing footy at a great club.

Scoresbyjnr@efl.org.au



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Registrations are now open.
Kinder age and up are invited
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News from Tirhatuan Ward

Poo, litter, rubbish and more poo! These seem to be the topics of conversation at the moment. At first one might raise an eyebrow and question why these are so topical in light of bigger social and economic challenges that exist.

However, as I walk in my neighbourhood, visit my local shops or simply drive the streets of Knox I can't help but be confronted by what my eyes see (and in some instances what my nose smells). Yes, too often there is dog poo on nature strips and even worse, some unknown "feral" throws their bag of doggie doo doo against a fence in a local park near my place...why collect it if you are going to throw it in a public place before you get home? Don't they realise the bags aren't biodegradable and its going to sit there and pile up for years?

And if dealing with poo isn't enough, I am so tired of seeing bottles and litter on our median strips..

The corner of High Street Road and Stud Road is particularly gross at the moment. In addition to this street litter, I am totally over the stock piles of dumped rubbish. Vacant land and nature strips are not rubbish dumps people.

I wonder whether I am overreacting. Am I now consciously looking for these blights on our neighbourhood because I am aware many are concerned by it?

The answer is No! Sadly there seems a growing minority of people who don't value our municipality and whom show little personal or civic pride, that are wrecking it for the rest of us. Based on their actions and disregard, there's certainly no chance of Knox winning a "Keep Australia Beautiful" or "Tidy Town" award.

Some might say, "What's Council doing about it?"... It is a sad indictment of the times but Council has a "Litter Crew". This team provide a very good reactive service, relying on community members to

lodge complaints with customer service. Our Parks team also spend approx 30% of their time removing dumped rubbish and litter from our bushland reserves, parks and playgrounds. Of course, we have specific local laws that make it illegal to dump rubbish, litter or allow your pet to defecate on public land. The challenge for our By-Laws Officers is catching people in the act. Resourcing is a big issue for Council both in terms of the reactive "Litter Crew" service and in terms of having more By-Laws Officers patrolling our streets...more staff means higher employment costs which means increased pressure on rates.

Should Council be doing more (understanding it comes with costs) or should we as a community be trying to encourage greater civic pride and personal responsibility? Your thoughts on this would be much appreciated.

Cr Nicole Seymour
Tirhatuan Ward
Knox City Council

Scoresby Village & Exner Reserve to be Improved

by Nicole Seymour

It has been many years since any thought was given on improving the Scoresby Village and neighbouring Exner Reserve for enhanced community benefit. As part of its Place Management program, Council earmarked these areas as needing some attention to ensure long term sustainability and liveability for the people who live, work or recreate in the Scoresby area.

Championed by Cr Nicole Seymour, Ward Councillor for Tirhatuan, a major strategic undertaking for this area is about to commence. Council is looking to develop a Masterplan for Exner Reserve and the Scoresby Village shopping area including an upgrade to the central car park, installation of new security lighting in the central car park and potential improvements to traffic flow and signage. Background work has been in progress for the last 12 months, with Cr Seymour working closely with the Traders and Community Stakeholders of Scoresby Village, as well as Scoresby Football and Cricket Clubs. Council was fortunate to receive a \$100,000 grant from the Federal Government as part of the Aston Electorate federal election promises which will assist in funding the car park lighting upgrade.



Scoresby Village

Tradition of Strong Community Continues

by Nicole Seymour

Having endured a difficult 12 months last year, Scoresby Football Club has come out fighting. With a leadership team focused on getting back to basics, the Club is well positioned to rebuild to former glory. The Leadership team have been working on a strategic plan that will see sustainable growth over the medium to long term. The Club recognises the role it has to play in the local community and is committed to broadening its appeal. Firstly, the Scoresby Junior Football Club will now be overseen by the Senior Club to ensure

consistency of a progressive & inclusive club culture with clear pathways from Juniors to Seniors. Secondly, the Club is proud to announce the establishment of its inaugural Women's Netball team. Under the leadership of Natalie Coleman, a trainer of the SFC, the Women's netball team provides opportunity for wives, girlfriends and sisters of SFC to be involved in sport and the Club.

Scoresby 55+ Social Circle continues to flourish. The Thursday morning coffee and chat is very popular and laughs are guaranteed. Last week, popular local busker Janice entertained the group with her beautiful singing and keyboard playing.



Janice

On Tuesday 10th March the group went on an outing for lunch and a movie. They saw "The Second Last Marigold Hotel" which everyone thoroughly enjoyed. At the end of March, the group are doing a day trip to Marysville where they will be doing a tour of Bruno's Art & Sculpture garden, having lunch at the Marysville Patisserie and before heading home stopping to look at the beautiful Steavensons Falls. New members are always welcome. If interested call Val on 0439 618 248



The social circle at Scoresby FC

Mindfulness Meditation

So, what is Mindfulness Meditation?

Meditation is starting to become a topic of conversation. We hear about how it can reduce our stress; how it can help us practice more gratitude in our lives and how it can improve our general health & wellbeing. But what is Mindfulness Meditation?

Mindfulness Meditation is remembering (and learning) to pay 'kind attention' to the present moment. If we are pulled away by distractions, practicing mindfulness helps us learn to come back to the present moment.

Mindfulness is the quality, focus and power of the mind that is aware of what's happening without judgement or interference. Mindfulness is about slowing down - not flitting from one thing to another or perpetually 'multi-tasking.'

When we are not mindful, we tend to:

- Rush and become lost in our world, often focusing on the negatives
- We miss out on the joys that exist in everything we do

At Wantirna Wellness Centre we offer an 8-week Meditation program. This program has been running since 2011.

How will this course help you?

Each week of the course we focus on an issue that affects us and then we use a meditation technique to help us cope with that aspect of our daily lives. By learning to be compassionate to ourselves and by becoming aware of why we feel unhappy or unsatisfied, we can help ourselves to reach a better place.

By doing the Meditation for Life 8 week program you can:

- Learn and implement simple techniques that you can use anytime anywhere to help calm yourself day to day.
- Take time out to practice self-love and self-compassion.
- Reduce stress and anxiety in your everyday lives to improve your general wellbeing.
- Meet like-minded individuals and encourage others to slow down and look after themselves.

How do you get involved?

When: Thursday evenings from 7.30pm to 8.30pm

Investment: \$90 per term

Where: Wantirna Wellness Centre Suite 9/249 Stud rd Wantirna in the Studfield Shopping Centre

TERM 2 SPECIAL

Save \$10, Pay \$80 if you book in and pay by 23rd April 2015.

Term One is currently running. The remaining 2015 dates for our Meditation for Life programs are:

- Term 2 – 7th May to 25th June
- Term 3- 30th July to 17th September
- Term 4 – 22nd October to 10th December

Learning meditation is one thing, implementing the practice is another. Once you have completed your first 8 weeks you are encouraged to attend in other terms to help you keep the practice going. To help you do this Wantirna Wellness offers \$40 per term for returning students. This course offers wonderful value, both financially and spiritually - a small investment with ample benefits to you.

Contact Lisa on 0403 559 536 or email wantirnowellness@gmail.com to enquire about booking into Meditation for Life classes.

Please note that once the term has started no refunds are applicable. If you are unable to attend for some reason, your payment may be credited to use in another term.

Our Meditation Teacher, Andrew Foster, will also be offering a Meditation for Life – Introduction to Buddhism course on Tuesday evenings starting from Tuesday 14th April to 9th June 2015. Please head to the website www.wantirnowellnesscentre.com for more information.

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WILL I EVER BE GOOD ENOUGH?

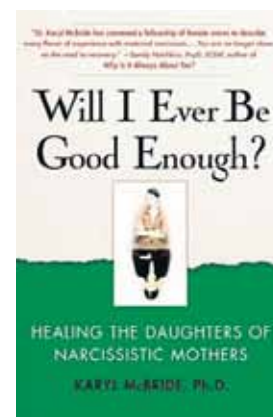
LADIES !!!!!!!!

- Do you sometimes feel you have flunked childhood and it's all your fault?
- Do you feel not good enough?
- Is it difficult to give yourself credit?
- Do you overachieve but still feel lacking?

Dr Karyl McBride, a licensed Marriage and Family Therapist, has created a 5 step recovery program to help daughters of narcissistic mothers start to heal and find answers to the many questions they have had.

Ros Wilson is a Professional Counsellor (ACA) and Counselling Supervisor and has completed the Therapist's course that Dr. McBride has implemented. You can also book an individual counselling session.

This is one of the most talked about topics on the street at the moment - if these questions ring a bell with you or someone you know - come and join our "Daughters group" Wed fortnightly 10am -12pm. There you will find ladies who speak the same language and have a similar understanding, we "Get It".



**Call Centre of Wellbeing
03-9763 0033**

**77 Anne Road Knoxfield Vic 3180
(www.roswilson.com.au)**

NEWS IN GOOD HEALTH & WELLBEING



News from The Dstee
with Dr. Jason Stone

Restore mobility, discover vitality

A day doesn't pass where someone asks me "what does an Osteopath do?"

Most people have a good grasp on what Physiotherapists and Chiropractors do but the mystery still remains around Osteopaths.

This is predominantly due to the much smaller number of Osteopaths in Australia. There are currently only three Australian Universities running Osteopathy courses, two of which are in Melbourne. As a result Victoria is rapidly increasing in numbers of Osteopaths and currently account for around 40% of the nations approximate total of 1800.

So what do we do?

Osteopathy, as a result of it's 'wholistic' philosophy has always been very difficult for Practitioners and Patients to explain. Because Osteopaths look at

how various regions of the body can cause strain and pain in other regions of the body they don't just treat a specific range of conditions. Furthermore, because Osteopaths have a wide range of different treatment techniques they will vary their style of treatment from patient to patient.

A common day could involve - massaging, stretching and manipulating the lowback of a burly footballer with groin pain, gently improving the arthritic neck range of motion of an 80 year old man with headaches and then freeing up the lowback and abdomen of a new born baby with colic.

This diversity in treatment methods and conditions we treat is all a result of the underlying philosophy that the body is a single entity and the health of its structure will govern its function.

I recently heard a non Osteopath refer to what we do as 'restore mobility, discover vitality.' In a nutshell, with all the conditions we treat and all the different techniques we use, this statement is exactly what we aim to achieve.

Osteopaths will examine the body for areas of reduced mobility which are contributing to the presenting complaint and then use the appropriate treatment techniques to improve that mobility.

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 Ringwood: Suite 6, 34-36 Bond Street



Celebrating World Laughter Day

World Laughter Day – Celebrated on the 1st Sunday in May all Around the World

The Laughter Yoga movement began some twenty years ago by an Indian Physician, Dr Madan Kataria, who initiated the first World Laughter Day on 11th January 1998. It was a gigantic accomplishment and since then has moved to be on the 1st Sunday in May, which this year is 3rd May. Now it is celebrated all around the world in over 70 countries.

The intention of having a day in which nations all around the world celebrate laughter is to use the role of laughter to unite people, smash barriers, encourage positivity, good health and in particular to uphold the Founder's motto 'World Peace Through Laughter'.

It gives us an opportunity to come together in good heartedness and here in Melbourne we travel into Federation Square and meet at 11am for one hour of laughter exercises. We have leaders from laughter clubs around the State lead laughter exercises and there are competitions for the best laughs.

It is loads of fun and I invite you to come along and experience how fantastic and uplifting it can be to join together with other people and laugh

for no reason other than to improve your health. Laughter is very energising and blows away the blues and cobwebs of your emotions and mind as it helps to reduce stress levels and release positive endorphins into the bloodstream. And remember, the body does not know the difference between the real and fake laughter which follows once we start smiling, then laughing, our body usually breaks into spontaneous laughter.

Our Ferntree Gully Laughter Club members catch the train in and make the most of this annual event. If you cannot make it and otherwise would like to come and attend our club for a regular session please contact me. Details are below.

There is another important day which I would like to share with you. World Labyrinth Day will be celebrated on Saturday 2nd May. If you wish to find out more, please contact me. Last year I went to the Frankston Labyrinth at McLelland Gallery and walked around this amazing labyrinth. Labyrinths are therapeutic to walk, quite awesome and it is also a great experience to be involved in the annual event. I have written an article on the subject which can be emailed to you if you would like to find out more about labyrinths and the benefits of them.

NEWS IN KNOX



Lynette Mitchell is available for holistic counselling and laughter yoga sessions and runs the free community Ferntree Gully Laughter Club, phone her on 0425 799 258.

Contact details: Lynette Mitchell
Phone: 9763 5475
Mobile: 0425 799 258
Email: lynette@laughterforliving.com.au
Website: www.laughterforliving.com.au

Be part of the Stamford Park story

Stamford Park Development, Rowville

Are you passionate about preserving Knox's history, especially the Stamford Park homestead in Rowville?

We'd love you to apply for a spot on our Stamford Park Community Reference Group.

All the details, including the application form, are online at knox.vic.gov.au/stamfordpark or you can email peter.kavan@knox.vic.gov.au or call **9298 8000**, but please note the deadline to apply is 31 March 2015.



Stamford Park

Request for photos of AWAS women

Was your mother or grandmother or aunt in the Australian Women's Army Service? We are re-publishing two popular books from the 1990s about the AWAS under the title "You'll Be Sorry!" to honour our women in the service in WW2. As the photos from the original books have been lost, we need 16 more photographs of AWAS with their service numbers and a brief story or caption. You will be given an honorary copy and your photos carefully returned.

Please contact:
annhoward@ozemail.com.au
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or
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Tyner Family History

by Ray Peace
from Knox Historical Society

A FAMILY closely linked with the development of Knox was that of William Tyner.

Descendants of William senior still live in the area today, having a fascinating history spanning three centuries. William Tyner senior was born at Bandon, in County Kerry, in 1844. 'Billy' Tyner emigrated to Australia as a young man in the 1860s. There's a suggestion William left the shores of Erin under something of a cloud.

Whether this was related to the turbulent social and political circumstances of the time in Ireland, a civil offence, or even Bandon's famous distilling of Irish whiskey, remains uncertain.

In any event, William settled down quickly in his new country, and by 1870 was securely employed as a cab driver, an occupation much in demand by wealthy residents of the new metropolis.

Victorian history is covered by only three generations of the Tyner family, many noted for their longevity.

Around 1880, William Tyner purchased several properties in what was then the outlying district of Scoresby. One allotment was at The Basin on the Ferntree Gully-Sassafras Road.

The second allotment was in what became Wantirna South adjoining Stud Road, extending from High Street to what's now Burwood Highway.

The property at The Basin was subsequently sold to James Griffiths, of Griffiths Tea fame, who built the palatial 'Ferndale' summer retreat on the block.

Property values rose with the great land boom of the latter 1880s, but collapse of the boom in 1891-92 was the ruin of William Tyner. He lost the Wantirna South property, retreating to a smaller property (still of 120 acres) owned by his eldest son in what was then Norwood Road, Burwood.

At the turn of the 20th century, William Tyner the younger was a member of Ferntree Gully Shire Council in the period 1899-1903.

George Tyner meanwhile married one Louisa Saville, also at Prahran, in 1902. They had three children: Carol Letitia May Tyner (1903), William George Tyner (1905), and Louisa Isabella Tyner (1912).

While the younger Louisa was born in suburban Malvern, the first two children grew up in Sherbrooke. Here, the Tyner family cut down tall trees in the forest, dragging the logs via bullock and jinker to nearby sawmills

Ralph Tyner married later to Mary MacPherson MacIntyre in 1915. From this union came Rosalind Jean Tyner, born in Richmond in 1916, and Ralph Kevin Tyner, at St Kilda in 1919. Rosalind Landells was the historian of the family, a long time member of Brighton Historical Society.

The first generation of Tyners, however, was soon to pass on. Letitia Tyner the elder died aged 77 years, in 1920. William Tyner senior passed away in 1923. Both were buried at Burwood cemetery.

James Tyner married Effie Linda White at the close of the First World War. Their first child, Bruce Tyner, was killed in an accident in Syria while serving with the army in 1941.

Boyd Anderson Tyner was born at Camberwell in 1920. Boyd married Gwen Vera Ince in 1942, and also enlisted in the Royal Australian Navy the same year. Both survived the war. William Tyner II rose to a career in state parliament. In the next generation there was a third William Tyner to carry on the family name. That name, however, is in doubt in the



Tyner family prayer book

longer term: there are no current male descendants to carry it forward.

William George Tyner, after a long and productive career with the family's chaff and grain business, retired to Wantirna South on part of the property once owned by his grandfather.

Here, with 32 of the 55 current members of William Tyner's family, William George celebrated his 105th birthday in April 2010. William G. Tyner passed away peacefully four days later.

Appropriately, Tyner Road is today one of the more prominent roads in Wantirna South, commemorating the generations of the family who made their home there.



William Tyner senior (1844 – 1923) on the family property at Burwood Vic, early 1900s.

William married Letitia Anderson (born 1843, County Tyrone) at Prahran in 1871. The couple met in Melbourne after both had emigrated; Letitia was respectably employed as maid-servant at a house in St Kilda, then a well-to-do suburb.

The Tyners had five children: William the younger (1872-1954), James, (1873-1970); Letitia Tyner (1875-1972), George, born at Prahran (1878-1968), and Ralph Tyner, born in Scoresby (1883-1962).

The family preserves a 19th century prayer book with the names and dates of birth (and death) of the children written inside the covers.

The son of James Tyner, Boyd Anderson Tyner, lives today in Glen Iris. Almost 150 years of



Boyd and William George Tyner at the latter's 105th birthday in April 2010

All images courtesy Boyd Tyner

Efficient Use of Water in the Garden by Peter Reynolds, BSc. Permaculture Design Cert. SCP1

Fresh clean water is essential to life on earth yet it is a precious resource comprising approximately 3 per cent of the world's total water. The majority of fresh water is stored in polar ice caps, glaciers and in underground aquifers. Despite the scarcity, consumption of water in developed countries continues to rise. It is estimated that Australians use about 1/3 of their household water consumption on their gardens. The cost of water also continues to rise each year. (\$0.78 per kilolitre in 2005 and \$2.50 per kilolitre in 2015).

However, it is possible to maintain your garden and use less water doing it. The following tips will ensure you use less water to maintain your gardens.

- **Mulch.** The use of mulch is essential. It acts like a blanket over the soil significantly reducing evaporation and water run-off. It keeps the root zone cooler and provides a habitat for soil microorganisms and worms eventually breaking down to humus which puts nutrients back into the soil. Mulch also reduces weed growth and their competition for water.
- **Compost.** Adding organic matter and compost to the soil increases its ability to hold water keeping

the water in the soil where it is best utilised by plants.

- **Water efficiently.** Only water when necessary. If the soil under the mulch layer is damp you don't need to water. Avoid watering during the hottest part of the day. Best times to water are early morning or in the evening. Apply water to the root zones slow drip watering is more effective than spraying water over the leaves and reduces sunburn damage to foliage. Longer deep watering less frequently is more efficient than a light sprinkle every day. Deep watering puts more moisture into the soil and encourages plant roots to penetrate the soil. Frequent light watering tends to encourage surface roots.
- **Harvest rainwater.** Consider installing a water tank to collect rainwater. Runoff from the house, garage roof or a shed can collect good quantities of fresh water for use in the garden. As an example, a 4 metre square garage roof will collect 240 litres of water for every 15mm of rainfall. This water would otherwise end up flowing into the stormwater drains. (Government rebates may be available for certain tank installations)

- **Re-Use greywater.** Another often overlooked source of water for the home garden is "greywater" from the laundry. Set up a diverter to re-direct the waste water into the garden. You may seek the advice of a plumber to assist with this if required. If using greywater, it is advisable to use low phosphate washing powders or biodegradable soaps
- **Plant selection and placement.** Where possible choose plants that have lower water requirements. Your local nursery can advise on suitable choices. Situate plants with similar water needs in close proximity to each other. This ensures you're not unnecessarily watering some plants just because of their proximity to a thirsty plant or tree. Not all plants need watering and some may only need a little occasionally. For your existing plants try watering them a little less often. In many cases they will adapt to less frequent watering. Make sure you situate your plants in a suitable location in terms of sun exposure and radiated heat as this can increase their water requirements.

By all means, enjoy your garden, but be aware of how you use our precious water.



Whats been happening at the Ringwood Field Naturalists Club Inc. ? by Alison Rogers

Our program continues to be varied with interesting guest speakers and enjoyable outings.

Speakers

In **January** - Traditionally we hold our first meeting of the year as an Outdoor meeting. This year we met at Koomba Park in Wantirna. After a walk through this area we then shared a picnic dinner with a short meeting afterwards.

In **February** - Our speaker was Kath Handasyde, who spoke to us on "Koala's biology, conservation and management". Kath has worked in research on Koalas for over 30 years and is a Senior lecturer at Melbourne University.



In **March** - Our speaker was **Peter Rogers** who spoke about "**Tropical Nth Queensland**". Peter's talk covered the natural history of the areas around Atherton, Cairns and the Daintree. He illustrated his talk with numerous images of plants, birds, animals, dragonflies and butterflies (including the Cairns Birdwing pictured).



Excursions and Weekends Away

In January our excursion led us to **Jam Jerrep/ Stockyard Point**, lead by the President of the Club, **Jackson**.

This area was chosen to hopefully have sightings of the many migratory waders that feed in the area at this time of year. Although not many were sighted on the day, we were pleased to see flocks of Black-winged stilts and Red-necked avocets.

In February our excursion was to '**The Briars**' at **Mount Martha** led by **Warwick and Eleanor**. A few brave souls walked in steady rain along the bush paths ending up at the bird hides near the lake. A nesting Hoary-headed grebe was a good sighting there. The sun came out for our picnic lunch and it became quite steamy. (Melbourne weather). An afternoon walk along the Balcombe Creek Walkway led us out to the sea with sightings of waterbirds along the way.

There will be no excursion in March as we head to '**The Otways**' for a **Club weekend away**. More about this next edition.

Over the next couple of months our Presentations will be:

April - "Owls" with Jason Bell

May - "Lord Howe Island" with Hazel and Alan

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome.

For more details phone Alison or Peter on 9801-6946.

Taking Good 'Legal Care' of Yourself

This article is the first of regular contributions by Eastern Community Legal Centre (ECLC), to raise awareness of legal needs in the community and encourage people to seek legal advice early.

ECLC is a not-for-profit community service that provides free legal advice to Melbourne's outer-eastern communities, including Studfield, Wantirna, Knoxfield and Scoresby.

Family Violence – Is someone hurting you? It's not OK.

Family violence is violent, threatening or other behaviour by a person that coerces or controls a member of the person's family, or causes the family member to be fearful. It can be physical, emotional or psychological violence. The person displaying this behaviour can be a partner, ex-partner, parent, child or other family member.

The legal tool used to prevent family violence is called a Family Violence Intervention Order (IVO). This is granted by the Magistrates Court of Victoria.

ECLC's video Steps2Safety which can be viewed at <http://eclc.org.au/steps2safety> explains the IVO process in an easy to understand way. It is available in six languages.

Sharon's Story

Sharon was at Court waiting for her hearing. Sharon (the 'Applicant') had applied for an IVO against her son James (the 'Respondent') who lived with her. Sharon saw the ECLC lawyer to find out her options before she decided to apply for an IVO.

Sharon was very worried about James who had mental health and substance abuse issues. She was also concerned about his future housing arrangements. The various support agencies at Court supported Sharon through the Court process, and assisted James to organise alternative accommodation with his counsellor.

The ECLC lawyer represented Sharon at her hearing later that day and the IVO was granted. It contained conditions that prevented James from acting in a violent or intimidating way toward Sharon. It also prevented James from getting anyone else to carry out this behaviour toward Sharon on his behalf.



An IVO is not a criminal charge against a person. However if the person breaches a condition on the IVO this is a criminal offence.

If you are experiencing family violence and would like to discuss your options, or if you are responding to an IVO application made against you, please contact ECLC on (03) 9762 6235 to make an appointment for free and confidential legal advice.



Suite B, 6 Floriston Road (PO Box 747)
Boronia VIC 3155
Phone: (03) 9762 6235
Email: outereast@eclc.org.au
www.eclc.org.au
Human Rights - Fairness - Justice

News from Green Thumbs

G,day and welcome to my garden corner.

It is a very exciting time in the garden. Autumn has come with a bang and the warm balmy days are with us.

Now is the time to spruce up the garden with a riot of colour for autumn and winter. Azaleas, camellias, rhododendrons, pansies, poppies and cyclamen are available in your nursery right now.

With gardens getting smaller why not consider dwarf fruit and citrus trees as well as ornamentals.

In the veggie garden try cabbage, broccoli, carrots, peas and a very exciting range of new seasonal herbs.

I will be letting you know about up and coming demonstrations and displays of fruit tree culture, camellia displays, and rose pruning demonstrations.

Until next time "Green Thumbs" to everyone and good gardening.



Community Bank® Director

Expressions of interest sought for volunteer directors of **Community Bank®** board.

Wantirna Community Financial Services Ltd operates the Wantirna **Community Bank®** Branch in Wantirna. It is a franchise of the Bendigo & Adelaide Bank.

The Wantirna Community Financial Services Ltd board is seeking energetic, community minded and committed individuals to serve as voluntary directors, and to make an important and positive contribution to the bank and the community.

Working as part of a dedicated, professional and diverse team, the role calls for people willing to apply themselves to the full range of responsibilities and accountabilities of a director. In return we offer a rich opportunity for professional and personal development in a stimulating and rewarding environment.

- Successful candidates will possess some of the following criteria:
- Business acumen
- Financial literacy
- Strategic thinking
- Willingness to learn, grow and develop
- Interpersonal communication and demonstrated team collaboration skills
- Formal or informal leadership skills
- Community connections and a commitment to strengthening and engaging with community
- Previous banking, board or demonstrated experience in community organisation roles would be an advantage.

Applicants are required to send a 1-2 page letter outlining your experience, what you would bring to the board, and addressing the above selection criteria.

Applications to Chairman: Andy Moutray-Read, P.O. Box 6195, Wantirna VIC 3152 or emailed to executive.wcfs@gmail.com.

For further queries, contact Andy Moutray-Read on 0488 200 000

Wantirna
Community Bank® Branch
Bendigo Bank

www.bendigobank.com.au/wantirna

Wantirna Community® Bank Branch

Introducing Knox Ratepayers Association – Working for Ratepayers and Residents of Knox

by Lynette Mitchell, Secretary KRA

I have been involved with the Knox Ratepayers Association for over a year now and am the Secretary learning about current issues for ratepayers, not only in Knox, but also around Victoria. Last week I was on the television news, when an issue with the dirty toilets in Knox was highlighted on the front page of the Knox Leader.

My joining was to help the then secretary, however the more I am involved, the more aware I am becoming of Council issues. Recently we had a successful case which Frank Sullivan, our Treasurer who is also the senior member and lead instigator of investigations, brought through for a Knox pensioner. This was also in the Knox Leader and with our help she approached the Council, Ombudsman and Minister for Local Government. This dear lady was living in fear of hoon drivers driving, yet again, through her front fence and into her house. She could not sleep and finally, Patrick Kasso from Rocks Plus offered her nine very big rocks, which he delivered and placed along the outside of her home thus creating safety and peaceful sleep.

Frank, who is also a member of Ratepayers Victoria, attends all the Council meetings and deals with issues close to his heart such as Rate Capping, helping create accountability and transparency within the Knox Council and helping unite all the ratepayer groups within Victoria.

If you would like to join our Association there are two types of memberships available. \$10 with voting rights and a free membership. We would love to hear from you. Check out our website and join our Facebook page. Please contact us if you have problems and issues regarding yourself as a ratepayer. We are here to serve you however we can. One of our policies is to promote the views of ratepayers to the Councillors and Officers of Knox. We look forward to all communication with the public, whether it is by phone, email or Facebook.

Contact details: Frank Sullivan
Mobile: 0438 555 805
Email: secretary@knoxratepayers.com
Website: www.knoxratepayers.com



What's On?

Event	Date & Time	Location	More Information
Mini Makeover	Thursday 16th April 10 am – 300 pm	Wantirna Pharmacy The Mall, Wantirna	Bookings 9720 2872
Relish Café & Bar Karaoke	April 17th, May 1st, 15th, 29th June 12th	3/249 Stud Road Wantirna South	Contact Samantha on 9801 1766
Relish Café & Bar Trivia	April 12th, 19th & 26th May 3rd, 10th, 17th & 24th	3/249 Stud Road Wantirna South	Contact Samantha on 9801 1766
Relish Café & Bar Open Mike Live Music	April 10th, 24th May 8th & 22nd Saturdays 1.00 p.m. - 4.00 pm	3/249 Stud Road Wantirna South	Contact Samantha on 9801 1766
U3A Knox Nature Group "The Natural History of Melbourne" Dr. Gary Presland "Birds of the Yarra Valley" Peter Mason	April 10th, 24th May 8th & 22nd Saturdays 1.00 p.m. - 4.00 pm	Park Boulevard Ferntree Gully	Ron Smith perfectnumber@bigpond.com.au
Stamford Park Men's Shed @ Orana Neighbourhood House	Every Thursday 10.00am to 3.00pm	62 Coleman Road Wantirna South	Allan Billham 0418 677 898
World Laughter Day	Sunday, May 3	Federation Square, Melbourne	Lynette Mitchell 9763 5475
Ringwood Field Naturalists Club	2nd Wednesday each month 7.30 p.m.	Room 4 Maroondah Fed. Estate Greenwood Avenue, Ringwood	Alison or Peter on 9801 6946
Inventi Ensemble Tea & Classics Concert Series	Tues, April 21 & May 19 10.00am to 11.30am	Knox Community Art Centre, Bayswater	\$10 per person info@inventiensemble.com
Penguin Club	2nd and 4th Tuesday of each month	Glenn Frost room at the Croydon Library, Civic Square, at 8pm.	For more information phone Sandra on 9720 2512
Harlequin Rounds Dance Class	Wednesday morning from 11am to 12.30pm.	Rowville Neighbourhood Learning Centre 40 Fulham Road, Rowville.	Contact RNLC on 9764 1166 or inquiries@rowvillenc.org.au to register. www.rounddanceassociationvictoria.org.au
Scoresby 55+ Social Circle Rowville Community Kitchen	Every Thurs, 10am-12pm Every Thurs, 12.00pm-2.00pm	Scoresby Football Club	Gold Coin Donation - Bookings 9764 1166 Bookings: 0416 305 741 by Tuesday prior.
Car Boot Sale	First Saturday of every month	16 Kingsley Close, Rowville	To book - 9753 2795

News from Wantirna Lions Club from Paul Garvey

Lions Wantirna Support Clean Up Australia Day

The Lions Club Wantirna supported Clean Up Australia Day with a tidy up of Collier Reserve, Wantirna. They were supported by local members of the community and Nick Wakeling MP.

Please contact Paul Garvey Secretary on 0400823441 regarding membership and details of the clubs current projects.



The Lions Club crew and community members cleaning up on Clean Up Australia day.

Habitat for Humanity Housing for Low-Income Families



We are keen to hear from tradespeople and volunteers who would like to be part of this life-changing project and help families into their own safe, decent and affordable homes. Can you help Habitat, help families in need?

If you are interested in volunteering with any of these projects please contact the Victorian Office at 03 8720 9200 or the local Chapters for details of planned work days. You can also register online at www.habitat.org.au/vic and follow the 'Volunteer registration' link.

If you are able to help with a donation of materials or finances please call or email the Victorian Office.

Combined Probus Club of Wantirna Heights Inc.

Members enjoyed a beautiful day at the Warratina Lavender Farm in the Yarra Valley, where they were given a very informative talk on the running of the farm and an opportunity to browse the many products for sale in the shop. This was followed by a very tasty lunch at the tables under the shade of trees. A most enjoyable day.

The club can be contacted at PO Box 6010, Wantirna Vic 3152.

Jamie Oliver's Cooking School - a tasty lesson for the Men from the Shed

The travelling kitchen arrived in Bayswater in October and offered cooking classes to anyone interested. This caught the eye of the men of Stamford Park Mens Shed and so Mario Bernardi and Allan Billham signed up for five weeks to improve their cooking skills.

On offer was a programme that introduced basic skills such as preparation and cooking of healthy ingredients to produce tasty meals, the recipes ranged from eggs to steak and roast chicken all with vegetables and herbs. Each session lasted just 90 minutes with a meal to take home and left Mario and Allan with the skills to produce healthy lunches for their fellow shedders at Stamford Park



Penguin Club News

Ladies, would you like to learn how to speak comfortably in group situations whilst networking with other women and enjoying their company? Then come to our Penguin Club and see what we do. We meet 2nd and 4th Tuesday of each month in the Glenn Frost room at the Croydon Library, Civic Square at 8pm.

For more information phone Sandra on 9720 2512



Knox & District Over 50s

**IMPORTANT NOTICE:
FOR 2015 OUR MONTHLY MEETINGS WILL COMMENCE AT 10.30AM.**

Has the stress begun? Did you get the Christmas present you did not want? Is the credit card maxed out? Are looking at those adverts on the TV for interest free periods if you switch your credit card. In short is life becoming too much? Well there is a solution. Come and join the Knox Over 50s and get some jollification into your life. Friendship and laughter are our top priorities and everyone is welcome and made to feel that they are part of the Club.

Some activities have already taken place such as the Yarra River boat trip, our Coffee morning at Myers Knox City and the lunch at the Mulgrave Country Club and many more are planned. Subscriptions for the year 2015 are due now and the subscription cost for 2015 is \$15.00 which is unchanged from 2014. You can of course visit us three times before deciding to join and become a member and you are assured of a warm welcome as you sample the happy and inclusive atmosphere while you enjoy the entertainment and social events planned for the year.

Regular events each month include, a monthly cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and much more. Events planned for the remainder of the year include a day trip to the Yarra Valley Wineries, a day out at the Yarra Valley Harness racing meeting, Theatre outings both local and City, a Club holiday in May to Cooma Kosciuszko and the Alps and much more.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input from all our members.

Our monthly meeting is held at the Boronia Progress Hall (in Boronia!) on the fourth Tuesday of the month. For 2015 the meetings will start at 10.30am Come early to get a good seat. Make a note in your diary, on your calendar, or on your iPhone and come along to our next meeting on Tuesday, 28 April 2015, starting at 10.30am to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers.

We look forward to seeing you there.

Contact Jill on 9801 4363 for any further information.

by Jim McLoughlin

Apex Rowville's Final Gesture

One door closes but only good can come from this !!

Sadly the last Meeting of the Rowville Apex Club was to be the final.

Apex began in Geelong in 1932 and Rowville was the last club left in Melbourne until its demise. The club began in 1976 and has a proud history of helping the community in the surrounding area for nearly forty years. It has been supported by Knox City Council the entire time.

Barry Treadwell, a charter member of the club and now an active member of Stamford Men's shed that operates from Orana Neighbourhood House in Wantirna South, was asked if he knew of a community group that could use financial support.

Barry did not hesitate in naming "The Rowville Community Kitchen". The reason being that the Kitchen provides hospitality training, rescue's food, and as a result provide excellent meals, at a very affordable price.

Barry, together with Cr Nicole Seymour of the Tirhatuan ward, presented a cheque to Christine Smith, Principal of the Kitchen. Barry encouraged Christine to continue the valuable service to the community.

Lunch is held every Thursday, at the Exner Reserve pavilion in the heart of Scoresby Village, commencing at 12 noon. Two courses consisting of a main meal and dessert, as well as cold beverages plus tea and coffee are served for a Gold Coin Donation.

Bookings are essential by phoning Christine on 0416 305 741 or visit Rowville Community Kitchen's facebook page.



Fun for all at Knox Festival

Record-breaking Oppy Bike Ride and inaugural 'Big Sleepover' a hit

Close to 35,000 residents flocked to Ferntree Gully for the 2015 Knox Festival last weekend.

Knox Mayor Peter Lockwood said the large crowd proved the annual event is a popular one, despite the rain on Saturday evening.

"While the Twilight Program had to be amended due to a thunderstorm, it wasn't enough to douse the spirits of close to 100 residents who braved the conditions and camped out under the stars as part of a fundraiser for UnitingCare Harrison. Mayor Lockwood said.

"The community effort to raise funds and awareness to support this local organisation was absolutely inspiring. Council is pleased to announce the efforts from the inaugural 'Big Sleepover' event as part of Knox Festival raised close to \$3,000 including in-kind donations for UnitingCare Harrison which helps Knox's homeless."

Festival-goers were also treated to a larger presence of cyclists at this year's Festival, with participants in the Oppy Bike Ride who pedalled to the event along one of three routes (14km, 25km and 36km). More than 570 participants made their way to the Knox Festival on two wheels in a sustainable, fun event,

"I'd like to thank all the residents who attended Knox Festival this year—it was a joy to see so many Knox families out and about and enjoying their local community." Cr. Lockwood said.



2015 Knox Festival photo by Chris Ellis

News from Rowville Salvos by Rosie Massey (Captain)

So much has happened in the first few months of 2015 for The Salvation Army Rowville Worship & Mission Centre. Lieutenant Judy was transferred to Castlemaine and Captain Rosie Massey was transferred to Rowville. Along with a change in leadership there were some changes in the Church building with part of The Salvation Army Social Division taking up residence on the top floor.

It is great to know that some things have not changed. The church service on Sunday is still at 10am and open to everyone. It is wonderful to share with families of all ages and children are included in the service. We love to sing and we have a contemporary style of worship.

We love doing "life" together and it is great to be able to get together for coffee (or Tea) at the Coffee Club at Stud Park Shopping Centre every Friday morning from 10am. Everyone is welcome to come and chat and it is a great way to meet new friends. We also have a movie night which is suitable for the whole family once a month.

Our car boot sales are held on the last Saturday of every month and stalls are available for \$10 with our basketball court with tables available for \$15. Starting time is 8am and we finish at 1pm. The morning is a busy one and that creates a hunger for a BBQ, and who can resist the smell of fresh coffee also available to enjoy. To book a space for the April 25th and May 30th please contact Kriss on 0415511588, the church office on 97532795 or email us at email corpsofficer.rowville@aus.salvationarmy.org

If you can't make the car boot sale pop on down to our Thrift shop in Wantirna South. The friendly manager and wonderful volunteers would love to see you. We value the support that the community give to us and thank you for the donations you give to help those struggling in our community. The shop is open between 10am - 4pm Monday - Friday and 10am - 1pm on Saturdays.

Please help me raise funds for my first time representing Australia, at a competition in Korea in April.



Lachlan MacKenzie has been selected to represent Australia in a major skating competition in Korea.

Lachlan is a member of the Caribbean Speed Club who skate at Caribbean Rollerama, Ferntree Gully Road Scoresby. This is the biggest inline Speed Club in Australia.

Every dollar towards fund-raising for flights, uniforms and competition expenses is greatly appreciated. Thank you so much for your help.

Our postal address is PO Box 6168 VERMONT SOUTH 3133
My Bank account number is Westpac BSB: 733 172 Account: 661 479
Any cheques can be made out to Tanya MacKenzie

Eastern Suburbs Racquetball Association 2015 Championships

One hundred and one racquetballers fronted the starter for the opening Victorian Racquetball Grand Prix tournament for 2015 which was the third edition of the revitalised ESRA Championships held at the Knox Park Squash and Racquetball Centre with the highlights being the unbelievably high number of matches that went to three games and down to the wire.

A new addition to the tournament last year was the Junior Girl's and Boy's under 13 events sponsored by the Wantirna Community Bank® who also sponsor the ESRA Junior Development Program which is under the stewardship of Nicci Rossouw. These players have only been playing racquetball for a short period of time but put on a great show for the other players and spectators. The Girl's section was won by Nicola Baines who was runner-up in this event in 2014 defeating younger sister Gabby, 21/12, 21/13 enabling her to claim bragging rights for the four hour return journey to their home in Wodonga. The Boy's section was won by Mt. District's Sam Koper who

displayed excellent racquet skills defeating Dromana and the 2014 winner of this event, Nelson Howard, 21/8, 21/10.

The junior program, currently running at Genesis Gym, Scoresby Road, Wantirna is on a Tuesday afternoon from 4 – 5pm. Kids of all ages are welcome to come and try or join the 6 week program. Racquets and eye wear are available. For more information, please contact Nicci on 0407 002 017.



Knox Gardens Tennis Club News by Margaret Rath, President

Hello to all and hope everyone has settled well into 2015. Our club is located at the Knox Gardens Reserve, Argyle Way, Wantirna South. We have 7 plexi-pave courts and offer a variety of options to play. These include Coaching, Hot Shots, Junior, Senior, Mid-week Ladies Competition and Social Tennis for Members and their friends. We are always looking for new members of all standards and ages so don't hesitate to contact us.

Coming up soon as part of Knox Active April our club will be hosting a night for Wheelchair Tennis. The club will be open for participants to come and try tennis.

To be held on Friday 17th April, 6pm-7.30pm. This is a great opportunity to try something new in relaxed friendly surroundings. For more information about this event contact Margaret on 0411 876 806.

We would like to acknowledge the contribution David Cooper has made to our club. He was an enthusiastic tennis supporter and will be missed by all at the club.

If you are looking for a game of tennis or more information about the club and events at Knox Gardens don't hesitate to contact us. Everyone is Welcome.



Tennis in Knox has been extremely busy so far this year. Our Club participated in The Knox Westfield Promotion in January. Held over a weekend and in conjunction with Tennis Victoria, children and parents could try out their skills at the inflatable target and speed machine for the fastest serve. This was a perfect opportunity for our committee to promote tennis and everyone enjoyed the activity and "HAVING A GO"

One of our major events during the year is our Annual Open Day. This year it was held as part of the Knox Festival of Tennis on Sunday 8th February. The club was open for families to enjoy a game of tennis, sausage sizzle, games, giveaways, hit against the ball machine and meet the committee. We were delighted to welcome Nick Wakeling (State Member) and Alan Tudge (Federal Member) who kindly accepted our invitation to attend and enjoy a game of tennis. Many thanks to both.



Margaret with Nick Wakeling MP

Knox Gardens Tennis Club Inc.
Knox Gardens Reserve, Argyle Way,
Wantirna South, 3152 Melway Ref. 72 H2
President: Margaret Rath 0411 876 806
Website: www.kgts.org.au
Email: info@kgts.org.au
Clubhouse: 9800 1583

Bocce Knox Club News

On a recent very hot day 60 Bocce players from Italian Clubs around Melbourne attended a trophy event in honour of the memory of Ricky Garbuio.

Lunch was attended by Ricky's family, Nick Wakeling MP, Knox Cr. Tony Holland and members of the Knox Italian Community Club.

Following a minute's silence and the President's welcome speech Ricky's daughter, Sonia spoke briefly about her father and, while emotions were high, thanked the KICC Bocce committee for honouring her late father and the family by holding this annual tournament.

The prizes were presented by Carmel Garbuio (Ricky's wife) Sonia Garbuio and Silvio Garbuio (Ricky's brother) after a long day and close to 9.30pm to the 4 double teams.

1st prize to G Varrese/ J Zollo (Kicc)
2nd prize to T Francesca/ L Bucciarelli (Kicc)
3rd prize to T Orlando/C Rossi (Kicc)
4th prize to Sasha Prostran/ Rayco Utkovic (Freccia Azzurra club).

The sponsors: Trophy donated by Tony and Rita Orlando, all prize hampers donated by Claudio and Anna Placella and Danny Ciorciari.

Thanks to the Knox Italian Community Club and the Bocce committee for organising such a memorable day!

For more information about the Bocce Knox Club and membership please contact Michael Migliaccio 0419 330 977"



Templeton Tennis Club News

by Don McCracken, President

Welcome to TTC news for Easter 2015.

Our summer competitions recommenced over the weekend of the 31st January. Accordingly, there aren't too many weeks left until this season is complete with finals in March. At the time of writing, (6th March) we have 13 of 18 junior teams and the seniors have 4 from 6 teams currently in the top 4. We wish those that made finals all the best and to those that didn't quite make it, well done also as I am sure you all tried your best.

The average ladder position, on which the WDTA Premier Club award is calculated, was 3.56 which placed us 2nd out of all the WDTA entered teams. This was a wonderful effort from all players, coaches and support personnel.

The next Saturday season (winter) will be upon us very shortly commencing 2nd May. We have entered 19 junior teams over Saturday/Sunday and 7 senior teams for the ensuing season.

We have 3 ladies teams in Wednesday Ferntree Gully competition and the new season has just started again after the Christmas break. Our Tuesday ladies

have just finished the current season and finished on top. We wish them well in the finals.

Night competitions: Monday, Tuesday and Wednesday nights are back in full swing and are progressing well. Come for a look and maybe join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call on 9800 3316.

On the 31st January we held our Open Day from 9am – 12 noon as part of our involvement in the Festival of Tennis held in Knox during the 2 weeks 31/1 – 8/2. We were very pleased with the attendance from non members (where we aimed our day) and have gained an additional 17 coaching children and 3 senior people. Welcome to Templeton.

As part of Active April we will be holding another Open Day from 9am - 12 noon on Saturday the 18th April. Everyone is welcome. Come and try us out.

Our coach, Kelly Bisinella, runs a highly successful coaching program at the club for all levels. Give her a ring!

Straight Sets 0414 874 482.

SPORT NEWS

TEMPLETON
tennis club

Check out our website, www.templetontennis.com.au for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Wantirna, Integrity Cabinets and Bendigo Community Bank Wantirna Branch.

Come and join us at the family club, your club, the Templeton Tennis Club.

Templeton Tennis Club Inc. Templeton Reserve, Templeton St, Wantirna 3152. Melway Ref. 63 G9

Membership: Russell 9887 1957

Clubhouse: 9887 3505

President: Don 9800 3316

Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au

Email: president@templetontennis.com.au



News from Wantirna Tennis Club by Alison Rogers

Over the past few weeks our Club has been host to the local districts schools tennis competition. Although the standard of play can vary from school to school, it is great to see so many students out there playing this great game. The students are a credit to their schools and we love having them at the Club. We wish them luck in the next level against schools from other areas.



The Junior and Senior Sat/Sun Summer season has now finished. Teams have been submitted for the Winter season commencing in April. If you would like to join any of these teams or have

children who are keen to play just give our Coach or Secretary a call and we will accommodate them.

If you haven't tried tennis before, give our Club Coach a call. Kelly Bisinella and her staff are trained to assist players of all standards, whether you are a beginner and need help with basics or are a returning player who might like to brush up on skills.

Ladies are you wanting to play tennis? We are looking for some ladies to come along and join our midweek tennis. The Thursday season is about to start and we are looking for some ladies to join existing teams.

- We are a family focused club, offering a range of competitive tennis or social tennis for both adults and juniors.
- We have safe access into the complex and beautiful grounds with picnic facilities enclosed

by fences which makes it a desirable environment for families.

- Our facilities include 9 tennis courts (8 under lights) in the open spaces of The Wantirna Reserve.
- Don't forget, if you want to see for yourself what this club has to offer, contact or visit us.

Give us a call to get details and information on membership or to arrange to have a look at what we have to offer.

Wantirna Tennis Club Inc
Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna 3152
Melway Ref: 63C8
Club Secretary: Alison 0408576025
or email wantirnatennis@gmail.com
Club coach: Kelly 0414874482



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Bookings Essential

Happenings from the KNOX CITY TENNIS CLUB

by David Willing

Hi to all our members and the community of Knox. This time of year sees us at the end of the Summer season for the Saturday competitions and we want to congratulate the four Junior and five Senior teams in making the finals. Good luck to all of them for their upcoming matches and hopefully there will be a flag or two.

In the coming Winter season we will be having twelve Junior teams, five Senior teams in Waverley and three teams in Tennis Victoria's Pennant competition. We welcome the return of the high grade Ladies Pennant to Saturday mornings, so if you want to see some top tennis, please come down to watch them. We wish all teams great success for the coming Winter season.

Our Club is trying to increase the focus on Ladies tennis both for competition and socially. Please keep a watch on our web site and Facebook page for the events that will be happening so that you can join in with their activities. We have teams during the week as well as Monday nights if you are interested.

Our night tennis competition in Blackburn, Waverley and Knox District continues with over 23 teams entered across various nights. Good luck to all of them and we hope you continue to have an enjoyable season. If you would like to play night comp, please contact Jeff at bdnta@knoxcitytennisclub.com.au as teams are possibly looking for extra players in their rosters.

As always we will also be continuing the usual Wednesday night social where anybody can come along and try out tennis for ONLY \$5, bring a friend or just keep your eye in for the season. You don't have to be a member, we welcome all players to experience our Club.

AND for all the Seniors tennis players out there, don't forget that we run a great In House social morning group every Thursday from 9am. Just bring you, your racquet and your smile to have a great mornings tennis and meet a fantastic bunch of people.

For any information please contact us:

Knox City Tennis Club Inc.

Neville St, Wantirna South, 3152

P.O. Box 5106 Studfield 3152

Melway 64 B10

WEB: <http://www.knoxcitytennisclub.com.au/>

Email: secretary@knoxcitytennisclub.com.au

Coach Gary Leech: 0398005862

www.velocitytennis.com.au



Rotary Boronia Annual Charity Golf Day

The Rotary Club of Boronia recently conducted its' Annual Charity Golf Day on Monday February 23 at the Eastwood Golf Club in Kilsyth. The Club has been conducting this event for nearly two decades to raise funds to assist not-for-profit organisations and charities in the local area.

This year the major sponsor was again Barry Plant Real Estate Boronia who were supported by a number of new hole sponsors including Boronia Accident Repair Centre, COSDEA Development Group, Robyn's Soap House and ASA Financial Advisers.

With over 90 players on the day the Eastwood course really tested many as the weather was quite warm at first but after midday a thunderstorm and heavy rain swept across the course. But fortunately most of the teams had completed their round and were retreating to the clubhouse for lunch.

Part of the proceeds from this years event will be donated to Bridge Builders Youth Organisation that will be used in their great work to effect recovery, relief and restoration to the lives of youths aged 12 to 25.

The Rotary Club of Boronia would sincerely like to thank the major sponsor, hole sponsors, many local businesses that donated raffle and lucky envelope prizes and the Eastwood Golf Club for their generous support again this year to make this annual event another great success.

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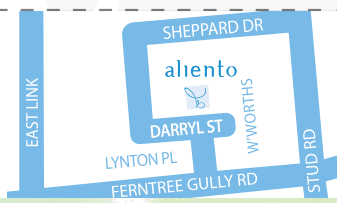


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