

STUDFIELD WANTIRNA NEWS

INCORPORATING COMMUNITY NEWS FROM
SCORESBY AND KNOXFIELD

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EDITION 47
APRIL/MAY 2017

- ANZAC DAY 2017
- "HAPPY HOLI" CELEBRATED IN KNOX
- INTERNATIONAL JAZZ DAY
- KNOXBROOKE CELEBRATES 50 YEARS
- COMMUNITY SECTOR CALLS FOR AN END TO "ROBODEBT"

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Information

Published by: Studfield Wantirna Community News Inc.
 ABN: 98259005633 RAN: A0054764G
 PO Box 6159, Wantirna Mall 3152
swnewspaper@gmail.com or
swnewspaper2@gmail.com
 Telephone: 9881 7145
<http://www.studfieldwantiranews.org>

Volunteer newspaper production team:

Editor: Janet Claringbold	Peter Coluccio
Coral Carew	Keith Slater
Charles Carew	Jenny Slater
Kerrie Ilsley	Fred Stadly
Matthew Hjelm	

Photographers: Chris Ellis & Peter Coluccio
 Additional Distribution: Murray Claringbold & Sheila Bingham.
 Wantirna College Reporter: James Keam
 Front cover: "The Tin Man" formerly located on Mountain Hwy, Wantirna supplied by Evelyn Hodgkin (see page 6).

Copies: 19,000 copies produced & delivered to houses in Studfield, Wantirna, Wantirna Sth, Knoxfield & Scoresby and through local distribution points including libraries.
 Affordable advertising rates with discounts for multiple bookings. Call Charles on 0409 255 991

DEADLINE DATES FOR 2017
 NOTE: ADVERTISING COPY DUE ON THE **WEDNESDAY** PRIOR TO THE DEADLINE

Ed. 48	June/July	Friday, 12 May 2017
Ed. 49	August/Sept	Friday, 7 July 2017
Ed. 50	October/Nov	Friday, 8 September 2017
Ed. 51	December/Jan	Friday, 3 November 2017

Format design by Tamara Bouzo.
 Fonts sourced from: <http://www.jennasuedesign.com/>
<http://code.newtypography.co.uk/> - Vernon Adams
 Printed by Newsprinters

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Editorial

Hello to our readers,
 Sometimes I ask myself what it is that makes our community a great place to live. In addition to the services and surroundings, it is the understanding that people in our community are valued and supported in equal measure no matter their circumstances.
 We are compassionate to those in need, we strive for equality, we believe in fairness and we show respect for one another.
 Is now the time that we give up on the idea of Australia being an egalitarian society? Do we no longer aim to look after those who are poor and treat them with dignity?
 To be our best we rely on the attitudes of our leaders; our politicians and community leaders.
 We should not take for granted the values that make our society and our community strong.
 I hope you enjoy this edition.

Janet on behalf of the team

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors, readers and supporters.



Angel Flight by Coral Carew

Oleg Kuznetsov, a former Wantirna resident, has taken a tree change to live in Upwey on a hobby farm with his wife and daughter. You may think he has retired and running an easy day to day life but not so! Oleg is a pilot with "Angel Flight" using two of his own air craft which are based at Tyabb air field and



Angel Flight pilot, Oleg Kuznetsov, with Brooke and her daughter Molly, who is 11 years old. Molly has a scaphoid fracture of the wrist and travels to Sydney from Leeton NSW for treatment. So far she has had 6 Angel Flights.

Tough Times for Residents

by Nick Wakeling MP, State Member for Ferntree Gully

Residents of Wantirna Caravan Park are facing tough times ahead, and may face eviction at the end of this year.

At a recent meeting organised by the Wantirna Caravan Park Action Group, which I attended, local residents expressed their angst and worries around the fate of their homes and livelihood.

I have been working very closely with residents of the caravan park in an effort to obtain better outcomes for them.

I will continue to fight for these residents and ensure they are well represented.

OUT AND ABOUT

he has completed approximately 140 missions over 4 years of service. Oleg devotes approximately 50 per cent of his time to the cause. He was born in Russia, and, as a 15 year old, began his training at a military academy because of his love of flying.

Owing to the unrest in Russia he moved to Dubai where he met and married his wife who is also of Russian background. While there they ran a successful business together however they realised this was not the place to raise a family so, after much searching all over Australia, they finally settled in Melbourne and have been permanent residents for over twelve years.

Angel flight Australia is a charity established in 2003. They have 3200 volunteer pilots from all walks of life registered Australia wide. Oleg says that, of the pilots registered, most are retired or in their senior years and they must keep up the required number of flying hours to renew their licence annually just as the younger age group do. All agree part of their satisfaction is their love of flying as well as their passion for the organisation! All flights are free and assist passengers travelling to or from medical facilities almost anywhere in Australia. Passengers must be able to enter and exit the aircraft without assistance and be able to sit upright and communicate with the pilot.

Another important part of the organisation are the registered volunteer drivers called "Earth Angels" who meet the flights and transport the patients to and from their appointments.

We feel privileged to share these amazing volunteers with you and suggest that you visit their web site www.angelflight.org.au and, where possible, make a donation.



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WHAT'S COOL AT SCHOOL?

Family Fun Day at Kinderlea Pre-school

Meet our new teachers

Following the success of our 'Grand Opening' reveal and Family Fun Day in 2016, Kinderlea 3 Year Old Preschool will be holding an Open Day and Family Fun Day on Sunday 28 May 2017.

Join us for 'Sunday Funday' and take the opportunity to meet our fantastic teachers, Jo, Shannon and Claire while enjoying some family activities.

Kinderlea 3 Year Old Preschool currently services more than 70 families across 3-hour, 6-hour and 9-hour weekly programs. We are again opening our doors to the community and we encourage visitors to come and view our beautiful facilities. We will also be taking enrolments for 2018 so bring your little ones down to find out what Kinderlea is all about.

WHEN: Sunday 28 May 2017

TIME: 10.00am to 1.00pm

WHERE: Kinderlea 3 Year Old Preschool

3 Coleman Road, Wantirna South (entry via Tate Avenue)

Our Family Fun Day promises to be a fantastic day out for the family with lots of activities for kids, food and drink, entertainment, silent auction and much more, as well as a wonderful opportunity to check out Knox's only dedicated three-year-old preschool.

Drop in anytime between 10.00am and 1.00pm.

For more information on Kinderlea 3 Year Old Preschool, please visit our website www.kinderleapreschool.com or call 9298 9300.

For enrolment enquiries, please call Jade on 0407 864 426. Our Preschool is open for tours each Tuesday from 12pm-12.30pm or by appointment.



Celebrating Founder's Day

By Nicole Klep, District Leader Cub Scouts

On Sunday February 19, 70+ Cubs (aged 8-10 years) and leaders converged on Kilsyth Centenary Pool to celebrate BP's birthday on the water! BP is Lord Robert Baden Powell, the founder of Scouting, who was born on 22nd February 1857, in England. As a result of his experiences in the British Army, serving in India and Africa, BP wrote a series of books that captivated a generation of boys. In 1907, BP held the very first Scout Camp....and thus Scouting began.

The morning was comprised of 'Round Robin' activity bases in the outdoor area. Cubs were formed into teams of six beforehand and had come up with some great team names, like: Flying Fish, Supersonic and Seahorses. Up for grabs was the Round Robin trophy! Teams earned points for sportsmanship, team work and placing.

We had three bases that Cubs rotated through twice. Base 1 was where they learnt about water safety, the buddy system and water rescues. Base 2 featured water relay races, including noodle horse races, 'rob the nest,' speed boat relay and lots more. Base 3 had land relay races. For example, the Cubs had to balance a cup of water on their head, run with it and try to fill up a bucket in a relay formation. In another race the Cubs needed to hold a kickboard between their legs whilst running. There was much laughter! The Cubs had to watch out for the leaders who were 'armed' with water pistols!

We managed to get through the first rotation before the skies looked ominous. After morning tea we

moved indoors. It was lucky we did as it bucketed down, not that anyone noticed. Our laughter and squeals of delight drowned out the noisy downpour! The morning finished with a reading from B.P's last message to Scouts, which was found in B.P's papers after he passed away on 8th January 1941.

Congratulations go to 1st Wantirna South Cub Pack on winning the 'Round Robin Trophy!'

1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 2nd Knoxfield are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 6 to 26 years and after 26 lots of fun is to be had by becoming a leader!



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WHAT'S COOL AT SCHOOL?

Student Leadership Training Day

On Wednesday the 22nd of February, Bayswater, Boronia West, Carrington, Fairhills, Knox Central and Wantirna Primary Schools organised a joint Student Leadership Training Day.

This event was facilitated by Dave Mould from an organisation called Second Strike and aims to promote student voice amongst local schools. Forty-two Grade 6 leaders participated in an energetic and engaging program designed to equip them with the skills and resources required to lead their schools as exemplary role models.

The key learning activities involved; defining leadership, public speaking, conflict resolution, effective communication strategies, organising events and brainstorming and creativity.

The schools involved are enthusiastic about continuing this partnership to support students to engage, participate, lead and learn both within their schools and in the local community.

from Sue Fergeus, Principal - Wantirna Primary School



Nick Wakeling MP Visits Local Schools



This past month I have had the honour of meeting and congratulating students from local schools who have been selected to represent their peers as student leaders.

I visited students at Wantirna South Primary School (right) and Wantirna Primary School (left) to encourage them in their new positions of responsibility and give them some tips on good leadership.

from Nick Wakeling, Member for Ferntree Gully



School in Action Tour, Wednesday 3 May, 9am
School Tour, Saturday 17 June, 9.30am



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LOCAL HISTORY

Landmarks in Wantirna

by Evelyn Hodgkin, Bayswater History Facebook



During our lives we recall landmarks and one is the Tin Man that was located on the nature strip on Mountain Highway, Wantirna. This area of 84 acres extended along Mountain Highway from Boronia Road and was purchased in 1898 by Carl Heinrich Finger who established an orchard. This orchard continued through many generations of the Finger family.

Today we know this area as the Wantirna Palliative Care, Trash and Treasure and the Wantirna Caravan Park. Prior to Trash and Treasure was the Hoyts Drive-In Theatre that opened in 1968 and closed in 1984, eventually having two screens. Trash and

Treasure is at present operating their business on this site on a Sunday.

Comments regarding the Tin Man from the Finger family said their grandfather built this construction out of tin drums in the early 1970s. He was commemorating the landing of the first man on the moon and this was his contribution. Over the years the drums were replaced with new ones because of rust. The Wantirna Caravan Park opened in 1988 and the Tin Man as shown in the photo was looking grand at the time. We guess widening and other road works would have caused its removal. This original and fun structure can still be a talking point today.

Our other landmark housed a radio transmitter and is still standing today. This small brick building with a cyclone fence around it is located opposite the Trash and Treasure, but on the same side as Knox Private Hospital.

In the early 1970s this building was erected and used by the Knox Fire Brigade (CFA) Group for their main radio transmitter. The Base Station was at the Boronia CFA located at the time near the Boronia Railway Crossing. All the other Brigades in the Knox Group had radios in their stations but there were dead spots for reception. A transmitter/receiver was setup on the highest location in Knox as shown in the photo and Boronia could then use this radio to reach fire trucks. When the brigades were issued with personal Pagers, the transmitter was no longer required but the building still remains.



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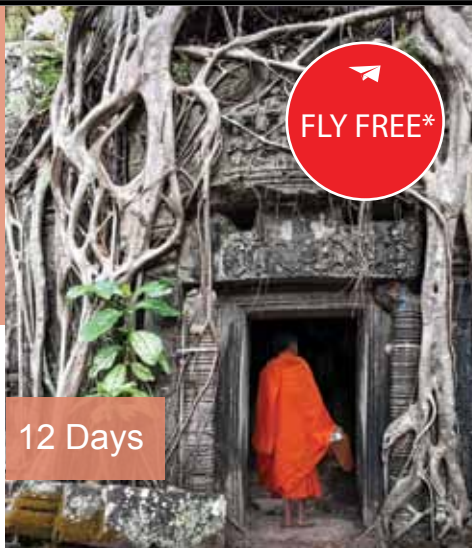
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Our hosts, Maureen & Paul Lucas are well travelled cruise identities. They will be leading this group of mostly local residents.

Maureen is a garden columnist for the "The Senior Newspaper" and Paul is an award winning photographer with a special interest in photographic screen presentations.

They are experienced tour hosts with expertise in travel, photography, plants, handicrafts and history and they will enhance your experience on this Vietnam/Cambodia vacation.

Introducing Maddy Evans



Maddy Evans is one of the youngest entrepreneurs in Victoria and is a talented graphic designer.

Maddy is credited with the new Studfield Shopping Centre banners & logos.

Maddy started Lainey Creative, a marketing and design business, which also handles Knox Travel's promotional activities.

Maddy's interest and passion in travel has seen her taking up the opportunity to further her skills in the travel industry.

Advertorial

A Poem by Jim Brown

The following poem I have just completed called "Only Sandy Came Home."

It's inspired by a little known fact about the First World War - Australia sent 136 thousand horses to the First World War....more than the rest of the allied nations combined. All were lost in battle, later sold, or sadly put down by soldiers rather than let them be sold into a cruel environment which was clearly the situation at the time in Egypt.

Sandy came home alone to honour the memory of his owner, General William Bridges and after he passed away in the 1920's his head was mounted and put on display.

Jim Brown can be contacted via email at jimbrownthepoet@gmail.com or on 0438 339 459 . Visit www.theanzaonthewall.com.au and watch on <https://www.youtube.com/watch>

ONLY SANDY CAME HOME

A hundred and thirty six thousand horses went to war
But only one, only one horse, only Sandy came home.

Sandy you were picked out by a hero

An Officer who really valued you

From many other horses offered to him,

Major General Bridges chose just you

To be the steed who'd carry him in battle,

An honour to be handed out no more

With the Anzacs, and many other horses

On a troop ship you sailed away to war.

At the Dardanelles, the General saw a hopeless cause

He said we'd take Gallipoli

A sniper's bullet took him 'ere his prophecy came true

While you were on a troop ship on the sea

I wonder if you knew something had happened

To the master you loved and would see no more

The order came to take you back to Egypt

There, and in France, you went to war.

The memory of your master was held in such respect

They shipped you back to the land we all call home.

Every other horse had died in battle or was sold

So you came off the troopship all alone

Your last years saw you well fed and rested

In green paddocks at Maribyrnong

The only horse to come home from the First World War

Perhaps as some thought then, that this was wrong.

Twice as many horses died than Anzacs in the war

And only one, only one horse, only Sandy came home



ANZAC DAY 2017

Anzac Day Commemoration

ANZAC Day 2017 has a very special place in Australia's history as it is the anniversary of landing at Gallipoli by members of the Australian and New Zealand Army Corps.

ANZAC Day, held on the 25th April, will forever be a very important part of Australian history.

One hundred and two years ago, on 25 April 1915 members of the Australian and New Zealand Army Corps landed on the shores of Gallipoli and forever indelibly marked ANZAC Day in Australian history.

Again this year the Peace and Loyalty Masonic Lodge in conjunction with the Boronia RSL will conduct a ceremony at the Knox War Memorial located at the Tim Neville Arboretum, 98-106 Dorset Road, Ferntree Gully. The ceremony will commence at 10 am on ANZAC Day. Hurtle Lupton, OAM, JP a well known member of the community, will be the guest speaker at this event.

The Knox War memorial recorded the names of all service men and women from the Knox area who lost their lives in any conflict that Australia has been involved in. Those brave ANZACs will be remembered on 25 April this year. This is the second year that Freemasons have honoured the ANZACs at this sacred place.

Members of the public are invited to attend the service. Floral tributes are welcome.



Tim Neville Arboretum

Bayswater R S L Anzac Day Commemoration Events 2017

March: Sunday April 23rd at 10.40 AM

Dawn Service: Tuesday April 25th at 5.40 AM

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What's On: Autumn 2017

Visit your local library to pick up a free copy of our latest What's On events guide. It's packed with fantastic entertainment for the whole family including book chats, author talks, tech workshops and delicious events for foodies. Additionally, there are loads of children's events happening throughout the school holidays. Our School Holiday Program details them all and it's available now from your local library. You can also visit us online to browse from your computer or mobile! Head to www.yourlibrary.com.au to see it all.



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Top Reads & Newest DVDs

A fresh collection of books and DVDs has just landed at your library so if you're looking for something new, look no further. Find these titles on shelf at your local branch or place free reservations online at www.yourlibrary.com.au.

Top Reads:

- The Family - Chris Johnston
- City of Friends - Joanna Trollope
- Police at the Station and They Don't Look Friendly - Adrian McKinty
- Norse Mythology - Neil Gaiman
- Garden of Lamentations - Deborah Crombie
- My Not so Perfect Life - Sophie Kinsella
- The Case Against Fragrance - Kate Grenville
- Echoes in Death - J D Robb
- The Mermaid's Scream - Kate Ellis
- The Helen 100 - Helen Razer

New DVDs:

- Agent Carter: Season 1 & 2
- Anna Karenina (2013)
- Jessica Jones: Season 1
- Bones: Season 11
- George Michael - Live in London
- Please Like Me: Season 4
- Pete's Dragon (2016)
- Ray Donovan: Season 4
- The Shallows (2016)
- Zootopia (2016)

We're adding new titles each week so be sure to visit your local branch or browse the growing collection online. They're free to borrow!

Cybersafety and Online Security for Your Family – Knox Library at 1:00 pm on Wednesday 5th April

Every day the internet and technology is weaving its way further into our lives, it's certainly becoming harder to avoid. This is especially true for kids who are often engaged from an early age and are unaware of the risks online. 'Thinkuknow' are presenting an information session designed to help families incorporate the best safety practises when working online. It's an opportunity to ask questions and discover new things.

This free event is taking place on Wednesday 5th of April at Knox Library. Book your place online or by calling: 9800 6470.

Boronia Grows April: Autumn Harvest Plant, Produce, Seed & Recipe Swap – Boronia Library at 1:00 pm on Friday 28 April

Autumn is a busy time in the garden! There's lots of clearing up to do, gluts to preserve, seeds to save and plants to plant! Come along and celebrate 'The season of mists and mellow fruitfulness' with something to share with the group i.e. plants, produce, seeds or preserving recipes! There will be some special guests on the day to share their autumnal gardening tips with you too

This free event is part of a series of regular gardening events taking place at Boronia Library, they're called Boronia Grows. Book your place for these free sessions online or by calling: 9800 6488.



Start Coding with PHP – Rowville Library at 6:30 pm on Thursday 27th April

Would you like to learn the scripting language that Facebook was built on? It's the most popular programming language used by millions of websites plus it's accessible and free to learn. PHP is high level language that's incredibly well documented with a great deal of support available online, which we'll utilise in this free workshop at Rowville Library.

It's a hands on session that'll have you using library PCs to code in PHP within minutes. You'll have the opportunity to start with the basics and build your knowledge with help on hand. You'll also discover the resources needed so you can continue programming from home – you'll be a programmer in no time!

Book your free space on: 9800 6443

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Nick
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Making a plan to better your health is a step in the right direction. Improving your health involves creating realistic goals and ways to measure your progress. At Community Pharmacy Wantirna, we are here to help you create a customised health plan to make 2017 your happy and healthiest year yet!

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Is your heart health a concern for you? Come talk to us about blood pressure monitoring and regular heart health checks.



Diabetes Management

If you need advice on ways to reduce the risk of Type 2 Diabetes, or how to manage your diabetes, our pharmacists are here to see what plan best fits your needs.



Quit Smoking

Giving up smoking can be challenging. We are here to provide you with all the support and advice you need as well as recommended product to stop smoking for good.



Work Matters

If you have been off work due to health reasons, we can help issue you with an absence from work certificate.



Vaccination

Cold and flu season isn't far away. Come in and talk to us about any vaccination services you may need.

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Collier Ward News with Cr. Jackson Taylor



It's great to be back for my second edition and my, what a busy few weeks it has been, and they say a week in politics is long. Since we last spoke I had the pleasure of doing a 'Meet your Knox Councillor' pop-up event with the Mayor at the Wantirna Mall, where it was great to get back to basics and just have a conversation with some great people. I will endeavour to do more of my own moving forward

as I believe they are a great opportunity to speak to our community and remain grounded.

I was also honoured to be given the opportunity to speak at the Wantirna Secondary College to their amazing young leadership team. I spoke about my personal experiences with leadership growing up and I have no doubt that we will be seeing much more of them in our community doing wonderful things.

What else have I been up to?

- Attended and spoke at the Wantirna Caravan Park residents action group meeting
- Introduced a policy that abolishes 2017's local trader parking permit fees at Wantirna Mall with a review to be conducted moving forward
- Involved in the 1 Million Stars to End Family Violence campaign
- Attended Hungarofest, CFA torchlight parade, Knox Fest, IWD Breakfast
- Campaigned and formulated a policy for greater affordable housing in Wantirna.

Whats coming up?

Budget, budget, budget. We are getting to the pointy end of it now and very soon you'll be given your chance to have your say, so keep your eye

out. Also coming up is the Green Foot Flicks Youth Film Festival where we get to celebrate our young aspiring Spielbergs!

Also coming up on the 9th of April is the Annual Pets in the Park at Gilbert Park Reserve, one of my fav's.

Until next time and as always, please feel free to contact me :

Email : Jackson.taylor@knox.vic.gov.au

Mobile : 0418 719 940

FB : Jackson Taylor – Councillor for Collier Ward

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Toxins in Your Easter Basket By Dr. Gloria Dieu

With the Easter season fast approaching, chocolates and hot cross buns are out in force! Despite their popularity during parties and family functions and the pleasure they bring to our bellies, they are unfortunately highly toxic to our canine companions. Sharing is definitely not caring in this case! So what are the main side effects that we can expect from chocolate and hot cross buns?

Chocolate Toxicity

Chocolate contains a toxin known as theobromine. In general, the darker and the more bitter the chocolate, the greater the danger to your pet due

to the higher proportion of theobromine present. In order of toxicity from the greatest to the least, is cooking chocolate (which is seven times as toxic as milk chocolate), then dark, then milk and finally white chocolate. The toxic dose is 50- 160mg/30g depending on the type of chocolate that is involved. Signs of toxicity affect your pet's neurological system and include the following: hyperactivity, excitability, drinking and subsequently urinating more, an increased heart rate +/- arrhythmias (abnormal heart rhythm), tremoring, inappetance, vomiting, diarrhoea, seizures, and even death. It's certainly not worth the risk.

Grapes/ Raisins/Sultana Toxicity

Grapes, raisins and sultanas which are present in hot cross buns, all have an unknown toxic compound. Depending on the individual dog, variable amounts ranging from one grape to multiple grapes, have been known to cause renal failure. The dehydrated forms .i.e. sultanas and raisins are more dangerous given that the toxic compound is concentrated in these forms. Symptoms of toxicity include: depression, lethargy, vomiting, inappetance, pain, diarrhoea, increased drinking/ urinating and collapse.

What should you do if your pet ingests these toxins?

If your pet has accessed any one of these

toxins, please contact a veterinarian immediately. The key to treatment is to get the toxin out, which includes inducing vomiting if within a timeframe of 4 hours and administering activated charcoal to prevent further absorption from the gut; progressing through to intravenous fluid therapy, gastric lavage (flushing out the stomach) and an enema (flushing out the intestinal tract). Gastric protectants may also be necessary in the case of grapes/raisin/sultana toxicities.

In short, let's keep our dogs well away from Easter eggs and hot cross buns, particularly when they are going to be unsupervised to ensure that they also have a safe, fun and healthy Easter season as well



Wantirna Vet Clinic
KIND HEARTS... GENTLE HANDS



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KNOXFIELD & SCORESBY NEWS

Report of World Day of Prayer service 2017 by Junette Schoell.

A World Day of Prayer service was held on 3rd March in the evening at Our Saviour's Lutheran Church, Burwood Hwy, Knoxfield.

Using prayers and stories prepared by the Christian women of the Philippines, the theme "Am I being unfair to you?" was the focus of the service.

Our local Pastor, Peter Ghalayini, addressed Jesus's story of the workers in the vineyard (found in the Gospel of Matthew). He shared the truth of its message of God's mercy, generosity and grace to all equally and encouraged us to be Christlike in our attitudes and behaviour wherever we are today.

Also Elsa Rohrlach shared something of her personal story of hardship growing up in the Philippines and her work as an environmental geologist to improve the quality of life for women and children involved in small scale mining.

Financial support was given to the Bible Society's project "Trauma Healing for Women in the Philippines" described in the DVD we viewed.

It was a great opportunity for ecumenical prayer and fellowship.

The 2018 service will be hosted by the Ferntree Gully Uniting Church.



Junette passing on the World Day of Prayer candle to Tina Sleeman for the coming year.



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plus
LIQUOR

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Knoxfield IGA has a new look Fruit and Veg. department. Locals, Natalie & Andrew Boromeo have responded to customer demand and sales growth over the past two years by introducing their



Fruit & Veg - The Jewel in the Crown



veg items. Today, in our new look department, we have over 140 products, and we've seen a growth in volume of over 600%" Natalie proudly quoted

Ronda added "With new Refrigeration and additional display bins to showcase our produce, sales have really taken off"

In addition to the extended produce range we have also introduced a selection of Gourmet bakery items from well-known local bakers Michelino's. This includes sourdough, cob loaves, focaccia, viennas and turkish breads.

At IGA Knoxfield our commitment is - Quality customer service, convenience combined with freshness & value for money.

most recent project to re-invent their fresh produce department. This will bring it in line with the high fresh food standards for which they are well known for within the local area.

Natalie & Rhonda (produce Manager) (pictured) are excited by how well the new look department has been received and acknowledged by customers.

"Two years into a working relationship with local fruiterers Vince & Vinni from Red Cherry Wholesalers we are receiving deliveries directly from the Melbourne wholesale market daily. Our fresh produce department has become the jewel in the crown within the store" said Natalie, "and it just further complements our outstanding Delicatessen produce and fresh meat offer. Eight years ago when we took over the store we ranged 45 fruit &



KNOXFIELD & SCORESBY NEWS

Knox – a great place to grow old by Cr Nicole Seymour, Tirhatuan Ward

Recently I looked over the articles I have written for the SWN over the past 18 months and cast my mind forward as to what issues are likely to be of interest for 2017.

There is no doubt it is a challenging time for Seniors with financial security a common topic of conversation. It is not my intention to discuss Federal and State policy regarding pension thresholds and aged care reform as this is outside the remit of local government. I am however very interested in the health and wellbeing of our Senior's community and what we as local government are doing to support Seniors to live independently, to have access to the services and community infrastructure needed to live well and to facilitate a strong social support network through family, friends and community groups.

Knox Council is committed to supporting the physical, social and emotional wellbeing of older Knox residents, valuing the terrific contribution our Seniors bring to our community.

Council does this by directly providing services for Seniors such as Meals on Wheels, Community Transport, basic domestic support and much more. In addition, Council invests in community facilities

and infrastructure to support age friendly social inclusion such as our Senior Citizens Centres, Libraries, U3A building, Knox Leisureworks and community centres.

In addition to being a direct provider of services, Council is often a partner with external health agencies in the delivery of health and wellbeing services. Examples of partnerships would be those Council has with EACH Social & Community Health and Bridges.

Unfortunately, Council doesn't have the funds or resources to provide all the services we know our ageing community requires. We do have a vested interest though in the wellbeing of our citizens and therefore take an active role in understanding our communities needs and reflecting them in our municipal Knox Community Plan. This then helps us to lobby Federal and State Government for funding to support Knox specific programs and to advocate to other not for profit and/or private providers to fill the service gap.

The Knox Community Plan 2017-21 is currently in development and the final draft will be put out for public consultation at the end of April. Whilst a significant amount of research and stakeholder

engagement has gone into the plan's development, it is important that you the community read it and are satisfied with the direction your Council is proposing to take for the next four years and thereby influencing how your rates are going to be invested back into the community. I encourage you to read the draft plan and make comment on any areas within it that you feel could be improved or have been overlooked. More than 18% of Knox residents are aged 60+ and our municipality has an ageing population so we need to ensure we apply foresight into planning and service delivery. The Draft Knox Community Plan will be available from the 25th April via Council's website or copies can be obtained from the Civic Centre.



Photo courtesy of MDLC Women on the Move group

Local Cricket Club leads the way by Cr Nicole Seymour, Tirhatuan Ward

Knoxfield Knights Cricket Club have in recent years led the local sporting scene in advocacy against domestic violence. Recently they hosted a Ladies Day luncheon attended by 80 women - mums, wives, sisters and daughters from our community as a fundraiser raising money for the Eastern Domestic Violence Service. The MC for the event was Murray Wilson representing the Ferntree Gully Cricket Association. Murray wears many community volunteer hats and is a strong supporter for driving change when it comes to domestic violence. Speaking to the topic of Domestic Violence were special guests, Knox Councillor Nicole Seymour (Tirhatuan Ward), Jenny Jackson – Executive Director EDVOS and a senior representative from the specialised Victorian Police family violence unit based at Croydon (Family Violence Accelerated Justice Outcomes Program). Each of the speakers gave passionate presentations regarding the problem of domestic violence across the region and specifically in Knox and shared information about how victims (or concerned family / friends of victims) can go about getting help. It was a terrific day and lots of discussion was stimulated. Well done Knoxfield Knights Cricket Club for championing this issue.

For more information or support visit www.edvos.org.au or call EDVOS on 9259 4200 or Safe Steps 24 hours per day on 1800 015 188



Cr Nicole SEYMOUR

Tirhatuan Ward Councillor
Knox City Council

0427 245 834

nicole.seymour@knox.vic.gov.au

 Cr Nicole Seymour



Blooming Marvellous

by Cr Nicole Seymour,
Tirhatuan Ward



Scoresby 55+ Social Circle were most fortunate when members went on a bus trip to the Blue Lotus Water Garden in Woori Yallock last month. Not only was the garden spectacular with all the water lilies and lotus flowers in full radiant bloom, but a very rare occurrence had happened in perfect timing for the group's visit - the 'giant lily' (*Victoria amazonica*) had flowered overnight. These beautiful flowers are blooming marvellous. They only last 48 hours or so. When it first blooms, the flowers are white and female. They give off heat and a sweet scent that attracts beetles which then help to pollinate the flower as they move around inside the petals. As this is happening and the process of

fertilisation is taking place the flower shuts trapping the beetles inside. During the next day, the flower changes from female to male and it starts to produce pollen. By the second night the flower has changed from white to being a redish purple colour. The petals open and the beetles are released to go and fertilise other plants. Having completed the fertilisation process the petals then close again and the flower sinks back below the water. Amazing!

It was a terrific outing, so much to see and admire. The lunch was delicious and the lotus root chips are something you must try if you go and visit. A great day out and only an hour or so away from Knox. The Scoresby 55+ Social Circle meet on Thursday mornings from 10am – 12 noon at Scoresby Recreation Reserve in the Scoresby Football Club clubrooms. New members welcome.



"Happy Holi" celebrated with vibrant colour and a lot of joy here in Knox

by Cr Nicole Seymour, Tirhatuan Ward

On March 13th Hindi Niketan hosted Knox's first Holi festival at Knox Gardens reserve in Wantirna South. Holi is an important celebration within the Indian community having both religious and historic significance to the Hindi community. The festive spirit is signified by participants playfully being covered in vibrant colour powders called gulal, uninhibited dancing to the rhythm of dholak and the enthusiastically loud singing of traditional folk songs. The sentiment underpinning the festival is that of good triumphing over evil. The colours are seen to be testament to good conquering evil. It is believed the vibrant colours bring life and a sense of energy or creative force to the mundane and monotonous. This festival also has a strong sentiment of equality and forgiveness as it embraces all regardless of social standing, encourages the forgiveness of grievances and carries a universal blessing for joy, happiness and love.

Hindi Niketan were able to conduct the Holi festival this year thanks to a Knox Council community development fund grant. The day saw close to 150 people of all ages celebrate with great fun and gusto. Tirhatuan ward councillor Nicole Seymour attended the event and actively participated in the colour gaiety. Cr Seymour was not exempt from being showered from top to toe in striking coloured powder. "Who would have thought going wild with colour could be so much fun" said Cr Seymour of the event. "It was a great day. Delicious food. Wonderful company. I love what this festival represents."

The Hindi Niketan Association is the oldest Indian organisation in Victoria and has been serving the Community for more than twenty years. Hindi Niketan has a strong membership base within Knox and actively promotes the Hindi culture throughout



the community. They play an important role in promoting multiculturalism by honouring Indian tradition, values, culture and language whilst simultaneously honouring and respecting the opportunity life in Australia offers those who choose to migrate here. For more information about Hindi Niketan visit www.hindiniketan.org.au

Knoxbrooke Celebrates 50 Years

Knoxbrooke celebrated its 50th anniversary on Saturday, 25 March.

Rotary Belgrave and Ferntree Gully were instrumental in starting Knoxbrooke in 1967. With great effort and determination by a dedicated group of people Knoxbrooke was established. To make Knoxbrooke a reality, hundreds of people sold fundraising bricks, over 200 donation tins were placed in shops and donations were solicited from schools, businesses and the public.

A public meeting was called where several hundred people attended. It was clear from the meeting that the establishment of a school for children with a disability was a pressing issue in the local area and needed urgent action. Once the funds were raised, land was secured, buildings built and a school established.

On 23 July 1969, 20 children started their first day of school at Knoxbrooke. Whilst the school is now gone, Knoxbrooke continues to actively engage and support people with disabilities in a contemporary way.

Today, Knoxbrooke supports over 250 adults with disabilities and assists individuals in achieving outcomes through support, education and employment. Knoxbrooke is registered for the NDIS and looks forward to continuing to offer support in your local area.

Tackling the drug 'ice' locally.

from Alan Tudge MP, Member for Aston

If you speak to the local police, they will tell you that drugs (particularly 'ice') underpin so much of local crime.

Speak to families and they will tell you how 'ice' can destroy individuals and wreak havoc on families. It is a toxic drug that is unfortunately prevalent across Australian society, particularly among young people, and our local community is not excluded. In fact, the incidences of 'ice' in the outer east are higher than the average across Australia.

Of course, we have to crack down on the supply of the drug as much as we humanly can. Our authorities have seized record amounts of the drug at our borders. But 'ice' being a synthetic drug can so easily be manufactured; meaning that if we stop supply in one location, another source can quickly open up. This makes it different to drugs like heroin, which rely upon organic substances and therefore the supply can be more effectively curtailed. With 'ice', we need a broader approach.

Over the last couple of years, I have been advocating in our local area for practical measures that can make a difference in Knox. We kicked

this off with a "dob in a dealer" campaign, because without dealers, there can be no drug use.

Second, we were able to secure additional funding for more local rehabilitation services.

But the most important thing that we can do as a community is try and change cultural attitudes towards the drug. Unfortunately, too many young people think it is 'cool' to take ice and treat it in the same manner as if it was taking a cigarette or having a beer. It is not. People have died from a single use.

The best medium term strategy has to be to convince people to not take the drug in the first place. The statistics show that nearly everyone who tries the drug for the first time does so because of peer group pressure or they just want to experiment. Very few take it because they are feeling depressed and want relief. This suggests that if we change the cultural attitudes, we can change the usage of this drug.

However, changing cultural attitudes is not easy, but it can be done. Witness how attitudes have changed over the last decade or two towards drink driving, speeding or even smoking.

One of the best ways to get to younger people is through the local sporting clubs. Last week, I was pleased to assist in securing a further \$100,000 for

AROUND KNOX

Knoxbrooke is an exciting organisation and in addition to providing disability support, operates 4 social enterprises employing over 140 people with a disability with the flagship enterprise being Yarra View Nursery in Mount Evelyn, a wholesale nursery that produces in excess of 1 million plants per year.

To find out more about Knoxbrooke and its story, check out www.knoxbrooke.com.au.



Claire and Brendan at Knoxbrooke

SALT, which is a fantastic local organisation that does great work at the grass roots level – mainly working with young men in the football clubs. They are changing attitudes and changing lives.

But all of us can contribute to this goal through never glorifying drug taking, never referring to them as "party drugs" and reminding people that 'ice' has devastating impacts on families right across the spectrum: rich or poor.

Check out SALT for more information at <http://www.sportandlifetraining.com.au/>

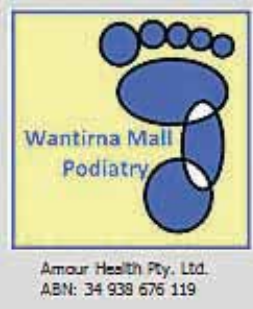


ALAN TUDGE MP
Federal Member for Aston

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Real Action For Knox





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Melina Linardatos

Heel Pain

Heel pain or pain in the bottom-most area of the foot is a very common problem seen at Wantirna Mall Podiatry. Pain in the heels is a protective message from our body signalling that our body has sustained an injury or is at risk of damage. Heel pain can occur at all ages usually in those who play sport or are on their feet for many hours.

The causes of heel pain vary and can be due to the way one walks and the position of the foot which can place too much stress on the heel bone and the tissues attached to it. Certain diseases can also contribute to heel pain. Complications such as a bony growth called a heel spur maybe the result of too much strain on muscles and tissues of the foot. Pain along the long band of tissue that connects the

heel and the ball of the foot called plantar fasciitis can also occur which can become a chronic problem if constant irritation occurs. Other causes of heel pain maybe rolling in feet, bursitis, neuroma, other soft tissue growths, bony enlargements, bruising or fractures.

Treatment is dependent on the diagnosis, a Podiatrist may send you for further investigation involving an ultrasound or x-ray. The treatment of the majority of heel pain cases involves simple physical therapy and shoe recommendations after assessment. These treatments are effective in the majority of cases avoiding the need for surgical intervention. Recovery can be dependent on one's health and may take 6 - 8 weeks for a healthy individual to recover with consistent treatment.

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Introducing Blue Hope Consulting

Blue Hope Consulting – helping families with the transition to Aged Care.

Very few people actually plan their transition to Aged Care.

That's where Blue Hope Consulting can make a difference.

- Transition to Aged Care usually involves:
- Medical appointments (including ACAS assessments)
- Downsizing furniture and personal items to one room
- Completing legal documents
- Completing financial assessments.

All of these activities can be overwhelming to most people. It is put off or not done at all until an emergency or accident forces the issue. These critical steps are then needed for completion within a matter of weeks and the people involved are swept off their feet with change during a time of stress and high emotion.

Blue Hope Consulting can help you prepare, and help you during these critical times when time is of the essence. Even if it is yet some years off, the more prepared you are, the better you will be able to cope with the changes when the timing is right.

Whether you need urgent assistance or just want to plan ahead, we are here to help. We can help you and your family select a suitable aged care facility and pack up the family home. We offer transport to/from social events and/or medical appointments and can also assist with getting your paperwork sorted and up to date.

Blue Hope Consulting – helping families with the transition to Aged Care.

Blue Hope Consulting

Blue Hope Consulting was borne out of the need to support Betty King who (together with her husband, Howard) had been a long term resident at Salford Park in Wantirna. Their daughter Wendy (Principal Consultant) has established Blue Hope Consulting to support people just like her Mum, who had to move into a higher level of care at Salford Park.



Betty King

If you are interested in a free paper on the 5 critical steps to preparing for Aged Care, contact Wendy on 0412 994 759 or visit our Website www.bluehopeconsulting.com.au

Blue Hope Consulting was borne from this experience and established to help families plan and prepare for the transition. Whether it be downsizing to a retirement village or transition to a higher level of care, Wendy will help take some of the anxiety out of this process, allowing for a smoother transition.

There was so much paperwork to get done and things to do in a hurry. "Whilst the people at Opal Salford Park were lovely, it was nonetheless an overwhelming experience for Mum" said Wendy. "I ended up doing most of the organisation". From this, Wendy thought, there has to be an easier way, a better process for families who are emotionally distressed at this time.



If you would like to know more, call Wendy for a free consultation on 0412 994 759.

The Main Cause of Irritable Bowel Syndrome (IBS)

More than 1 in 10 people will suffer from some form of irritable bowel syndrome at some point in their life. The main symptoms can include bloating, gas, a sense of urgency, excessive stomach noises and abdominal pain or discomfort, as well as diarrhoea, constipation, or both. Doctors generally diagnose IBS when all other conditions have been ruled out and treat it with antacids, pain killers, anti-depressants or laxatives. However, naturopathy has much to offer in terms of addressing the initial cause as well as symptomatic relief.

It is now accepted that 60-80% of IBS is due to "Small Intestinal Bacterial Overgrowth", also known as SIBO. SIBO occurs when bacteria migrate up the digestive tract from the large intestine into the small intestine. Some of the main signs are:

- Bloating and gas shortly after eating.
- Symptoms improve after antibiotics.
- SIBO is usually worse for fibre and prebiotic foods.

One of the main triggers can be a case of food poisoning. It can slow the efficiency with which our digestive system moves food along in the one direction. Other SIBO causes which can affect this one directional flow includes surgery, stress, abdominal adhesions, other chronic diseases such as ulcerative colitis, a diet high in poor sources of carbohydrates and long term pharmaceutical use.

There is an easy way to test if you have SIBO using a simple at home breath test. Your naturopath can arrange this test for you and design a treatment plan to eradicate the bacteria and relieve your IBS symptoms.

The full version of this article can be found at www.balmnaturalhealth.com.au/what-causes-ibs/

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Rebecca is originally from Adelaide and moved to Melbourne 20 years ago after completing a bachelor of science degree in Biology. She suffered terribly with eczema, asthma, food allergies and recurrent ear, nose and chest infections as a child and this fuelled her desire to learn about how the human body works as well as natural treatment alternatives.

Rebecca works out of 2 clinics in Knoxfield and Wantirna and looks forward to assisting as many of you as possible to achieve optimal health and vitality.

0414 957 555 - www.balmnaturalhealth.com.au

Hands on Myotherapy - What is Dry Needling?



Dry Needling involves the application of fine acupuncture needles into tight painful myofascial areas known as 'trigger points', or 'knots'. Dry needling helps to release tension and tightness within the muscles and encourages blood flow to the area, allowing the muscle/ soft tissue to restore to its normal function.

Dry needling is different to traditional acupuncture needling as it is not necessarily aimed at specific acupuncture points, meridians or in relationship to internal organs.

Dry needling is an effective and efficient technique for the treatment of muscular pain and myofascial

dysfunction. It helps by relaxing tight muscles, reducing inflammation and relieving pain. There are many injuries/issues that Dry Needling can treat;

- Chronic pain conditions
- Lower back pain
- Acute and chronic tendonitis
- Athletic and sports-related overuse injuries
- Whiplash and headaches
- Work related injuries
- Shoulder pain and injuries

Your Myotherapist will assess and locate the area of concern, which will then be cleaned with an alcohol swab and sterile blister packed single-use fine needles will be used. The needles stay in the area for a few minutes then removed and disposed of into a sharps waste container. Massage and stretching of the area can continue after this.

Myotherapists use many techniques to help their patients achieve optimum health and wellbeing. Call to make an appointment to discuss Dry Needling with our Myotherapist Alison Whitehead.



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U3A Flies it's Flag at Knox Festival

by John E. Ford

BROUGHT TO YOU BY FERNTREE GULLY TOYOTA

Following a seamless "bump-in" on the Friday night, Knox U3A was ready to display some aspects of its raison d'être to the passing public on Saturday 4th and Sunday 5th March. Focusing on our art and craft offerings, our dinky little marquee was well set up with many photographs, examples of our member's works, and a continuous Powerpoint display. Volunteers from U3A manned the facility for the entire weekend.



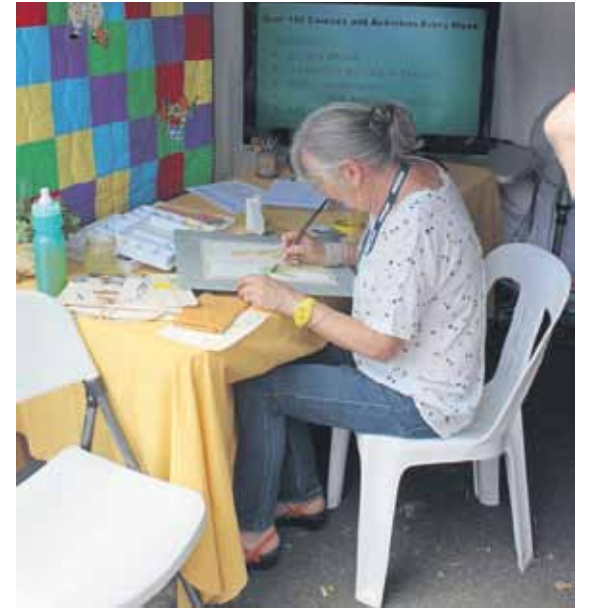
Jenny Ford sets up for a three hour quilting demonstration.

Saturday was hot. There was no other polite word for it, and it became quite oppressive under the marquee late in the afternoon. Indeed our watercolour demonstrator, Joan Last made the quite valid observation that the paint was drying on the brush before she had time to apply it, but she soldiered on. We had demonstrations of crochet from Ann Timoney, paper tole and drawing from Di Cox and Barbara Jones and watercolour.

Sunday was a little more pleasant, although a few light showers threatened in the morning. We put on a three hour demonstration of quilting & patchwork by Jenny Ford, together with the ancient art of tating (lace-making) by Wendy Boyle and another session of watercolours from Pam Scott later in the day. U3A is grateful to all members, who gave up part of their weekend to put on these displays, and to attend to our marquee.

I might add here some sense of disappointment in the logistics employed by the organisers. Granted that the theme for the festival centred around families, but we, and the community organisations in general, seemed to have been situated in something of a backwater of the reserve. Patrons tended to channel through to the entertainments, the food and the rides, and the passing parade through the community organisation section for the whole weekend was very thin indeed in comparison with previous festivals.

Nevertheless, we gave it a good shot, and many people went away with membership forms, course lists and information about our wonderful organisation. Our demonstrations represented a very small portion of the offerings available at U3A, and any interested in learning more should visit our website at www.u3aknox.org.au or telephone during office hours on 9752-2737.



Pam Scott of one of our watercolour groups demonstrates her techniques.



Two of our talented tating class demonstrate their art.

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Oh what a feeling!

THE ARTS IN KNOX

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.

International Jazz Day

by Ken Simpson-Bull

In November 2011, the United Nations Educational, Scientific and Cultural Organization (UNESCO) officially designated April 30th as International Jazz Day in order to highlight jazz and promote its capability of uniting all people of the globe.

International Jazz Day brings together jazz enthusiasts, historians, academics, schools, artists, and communities all over the world to celebrate and learn about jazz and its roots, future and impact; raise awareness of the need for intercultural dialogue and mutual understanding; and promote international cooperation and communication. Each year this special day is recognized for promoting peace, dialogue among cultures, diversity, and respect for human rights and dignity; eradicating discrimination; promoting freedom of expression; fostering gender equality; and reinforcing the role of youth in enacting social change.



The Australian Jazz Museum is celebrating this event with the opening of a new exhibition "Treasures from the Collection" featuring a display of some of the Museum's finest possessions on Sunday 30th April from 10.00 am to 3.00 pm. There will be a live jazz band and tours of the Museum. Light refreshments will be available. Entry is by a gold coin. Booking is not necessary and enquiries may be made on 9800 5535.

The Australian Jazz Museum (a nationally accredited museum), 15 Mountain Highway, Wantirna (Melway Reference 63, C8) is open free to the public on Tuesdays and Fridays from 10am to 3pm. For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the web site at www.ajm.org.au



International Jazz Day

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Lions Clean Up Australia

The Wantirna Lions club members, friends and volunteers from the local community participated in Clean Up Australia Day at Collier Reserve Wantirna.

After collecting bags of rubbish, recyclables and other interesting items a BBQ lunch was provided by the club and enjoyed by all.

If you are interested in finding out more information about your local Lions

Club activities and community projects, please call our Secretary Paul Garvey on 0400 823 441.



Gardens help beat the blues

March 19 was National Blueberry Day and the Garden Releaf team were helping to educate the community about the health and wellness benefits of blueberries as well as other plants, gardens and gardening for physical and mental health.

Blueberry Day is dedicated to raising funds to support Beyond Blue an independent non-profit organisation working to address issues associated with depression, anxiety disorders and related mental disorders.

Once again, Banksia Nursery in Wantirna South threw their support behind this important event to raise funds for this worthy cause.

Blueberries – renamed ‘brainberries’ by author Dr. Steven Platt contain the highest antioxidant capacity of all fruits and berries They are excellent for your brain, memory, cognitive function and overall health.

Nutritionist, Dr Joanna McMillan said “Blueberries are one of my favourite fruits. Frozen or fresh they are just delicious, bursting with Vitamin C and a whole bunch of health promoting antioxidants PLUS they are low in kilojoules. When I feel like a mid-afternoon snack, one of my favourites is a little dish of fresh blueberries and almonds” .

What’s more, blueberries are easy to grow and in a nice sunny spot, with a little basic care they will provide beautiful spring flowers then fruit prolifically for you. The fabulous Blueberry Burst variety is an evergreen, naturally dwarfing variety which produces exceptionally large fruit and is well suited to being grown in small gardens, pots or tubs. There is no better time than autumn to get them planted. With a bit of warmth still in the air and the soil they will settle in quickly and be ready to reward you quickly with delicious home grown, fresh fruit.

Did you know that spending just 15 minutes a day in your veggie garden releases just as much serotonin as a brisk walk. “Serotonin is regarded by some researchers as a chemical that is responsible for maintaining mood balance, and that a deficiency of serotonin can lead to depression and anxiety” (source medicalnewstoday.com)

Head into Banksia Garden Centre for ideas and inspiration on how you, your family or your loved ones can get involved with gardens and gardening and visit www.gardenreleafaustralia.com for some blues-busting inspiration.

Composting. It's not hard, and great for your yard.

Composting your food waste is an easy way to reduce waste in landfill, and fertilise your garden at the same time.

Find out how to compost at knox.vic.gov.au/waste

Up to **60%** off
the cost of a compost
bin, worm farm or
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Limited time only.



Put Your
Rubbish to
WORK.



Knox Environment Society *by Zoe Peltakis*

“2017 Make Over” for Knox Environmental Society is happening!

When you are visiting K.E.S. next, collect your \$1 plant of the month for March, *Acacia Stricta* (limited stock), and you will be amazed at the great changes that are progressing at the Nursery.

The new sprinkler system has been diligently completed by the nursery's committed volunteers.

All the sales and stock areas have been 'revamped' and visually look orderly and aesthetically pleasing to the eye in preparation for 2017. Do come in and have a browse at all the wonderful native plants at low prices with many being on the endangered species list.

The K.E.S. volunteers on duty are knowledgeable and happy to assist you in deciding where it is best to plant the diverse range of native plants on offer and the type of garden you are wanting to create around your home, office or school.....a native one 'naturally'.

Volunteering requirements and events conducted by K.E.S. is at: info@kes.org.au or visit the nursery located in the parkland opposite the Ferntree Gully Library, entry off Burwood Highway, Melway reference 74 A5.

The Nursery is open on Thursdays 10am to 4pm and Saturdays and Sundays 10.00a.m. to 1.00p.m.

Zoe Peltakis Media Liaison Officer K.E.S. Volunteer.
zpeltekis@gmail.com



What's been happening at the Ringwood Field Naturalists Club ?? *by Alison Rogers and Jackson Airey*

Our program continues to be varied with interesting guest speakers and enjoyable outings.

February meeting

Speaker - Roger Needham spoke "A Taste of Newhaven"

Roger gave an interesting talk on the Newhaven Sanctuary which lies 363 kilometres north-west of Alice Springs at the junction of three distinct bioregions: the Great Sandy Desert, MacDonnell Ranges and Burt Plain in the Northern Territory of Australia. It is a hotspot for inland desert birds and other wildlife. He showed us the trials of wet weather in the area travelling along water covered sand tracks with a caravan on behind.

February excursion - Newport Lakes & Jawbone Reserve

In February, we ventured to two well-known bird-watching locations on the west side of town - Newport Lakes Reserve and Jawbone Conservation Reserve. The weather was perfect with a forecast of high-20's and light winds and 18 members were led by two of our Life Members Hazel and Alan.

Newport Lakes Reserve is a reclaimed quarry but you would hardly know it as it now attracts visitors to its natural beauty, including its Arboretum. New Holland Honeyeaters and Willie Wagtails were the most commonly seen birds amongst the many Eucalyptus species in flower. An immature Nankeen Night Heron and an Australian Hobby were great sightings. The lakes had several

species of water birds including Australasian and Hoary-headed Grebes and a flock of Little Black Cormorants. A Spotted Pardalote provided entertainment over lunch.

After a stop at the bird hide that overlooks the mouth of Kororoit Creek, where we saw Grey Teal, Australian Shovelers, Pelicans, Crested Terns, Pied Cormorants and a lone Common Greenshank, we headed to Jawbone Conservation Reserve which sits on the north shore of Port Phillip Bay, west of the Yarra River mouth.



There were more Greenshanks plus Red-kneed Dotterels in the salt marsh ponds. There were also plenty of ducks including Pink-eared and Hardheads, and four Royal Spoonbills were on a small island. Further on were a flock of Black-winged Stilts resting in a pond, with Little Pied and Pied Cormorants and Black Swans nearby. On the return journey additional sightings were Blue-billed Duck and a Peregrine Falcon. A grand total of 59 species was recorded for the day.

March meeting

Speaker - Maxwell Campbell spoke on "An Introduction to Biodiversity"

He provided a detailed insight to the importance of invertebrates in the balance of the global ecology. He enhanced his talk with many useful facts and figures along with very beautiful and detailed videos and photos of microscopic creatures.

Our Excursion will be:

Autumn Weekend away to Alexandra/Acheron. Travelling around the Alexandra area, visiting various reserves and bushland, enjoying the natural features and wildlife.

Next month our Presentation will be:

Speaker – Ken Gosbell will speak on “Solving the mysteries of the long distance migrants of the bird world”

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome. For more details phone Alison or Peter on 9801-6946.

Check out our Website <http://www.rfnc.org.au> there is so much more to see and find



Photos this edition by Alan Veevers and Eleanor Dilley



“Not all street walkers deliver junk mail”

Have you had a letter from the Knox Police lately? As part of their crime prevention activity the Police write to residents advising them of actions to take to prevent crime in their area. The specific areas are chosen according to whether crimes have occurred in or nearby the area by using the Predictive Policing Tool database to focus on trends, offenders and hotspots.

This initiative was started by Senior Constable ‘Auggie’ Nguyen in 2013. Since June 2015 over 25 volunteer members from Life Activities Club Knox have delivered 1000s of letters all over the City of Knox. In some of the letter drop areas the crime rate has dropped to zero.

The LAC Knox walkers are not members of a formal walking letterbox drop activity group, they just live in or nearby the target areas and enjoy the exercise. Some of the remarks they have received include: “Don’t put that junk mail in my box” – They have had to explain that a letter from the Police is not junk



President, Sandra, delivering the crime prevention letters

mail. “My car was robbed last night” – They have shown the resident the list of preventive actions on the second page of the letter and made sure that they have told the Police about the robbery.

One regular letter drop member commented, “What an amazing number of different letter boxes there

are. Some are hidden or in strange locations. One single house (No.23) even had two letterboxes – one each side of the driveway! With most it is easy to insert the letter but some are ‘finger biters’. It is surprising how many are full of mail advertising that the residents are away! The footpaths in some streets are overgrown, too. What fun the posties must have on their motor scooters.”

The most recent Police letter concerns theft from motor vehicles and how to secure your car, the keys and the number plates. (One-way screws on number plates are essential and are available free from police stations. Criminals are breaking into homes just to steal car keys, particularly those for late model cars kept overnight in carports and driveways.)

Crime statistics in Knox are indicating that this prevention activity is having an impact. If you have any questions about the crime prevention letters please contact the Knox Police Station, Wantirna South on 9881 7000. If you see suspicious activity or someone breaking into a vehicle, call 000 immediately.

For more information about Life Activities Club Knox and all the community activities they provide, please contact Margaret on 0481 831 788 or knox.enquiries@life.org.au or visit the LAC Knox website: www.life.org.au/knox.LAC Knox



Volunteer Drivers Needed!



Have you got time to spare during the week?



Do you want to contribute to our community by making a difference.



Drive your car or one of our fleet cars.

If you love driving you’ll love Bridges!

If you feel this is the volunteer role you could commit to please contact the office for further information. Check out our videos on YouTube just type in Bridges Connecting Communities to see the positive impact volunteering at Bridges has on our community.

9763 9700 | lynm@bridgescc.com.au | www.bridgescc.com.au

Celebrating World Laughter Day

World Laughter Day is celebrated all around the world by over 7000 Laughter Clubs in more than 125 countries. In Melbourne we celebrate it at Federation Square on Sunday 7th May at 11.00am for one hour.

World Laughter Day was created in 1998 by Dr. Madan Kataria, founder of the worldwide Laughter Yoga movement. The celebration of World Laughter Day is a positive manifestation for world peace and is intended to build up a global consciousness of brotherhood and friendship through laughter. Its popularity has grown exponentially and continues to do so.

Laughing together is highly energising and is a wonderful group activity. There are huge health benefits to be gained from regular laughter and I hope you can join us soon, either on World Laughter Day at Federation Square or on a regular meeting day. Meeting details below and more information is on the website.

Lynette Mitchell runs the free community Ferntree Gully Laughter Club which meets on the 2nd, 4th & 5th Sunday of the month at 10.30am behind the Ferntree Gully Library.

Phone: 9763 5475 or Mobile: 0425 799 258
Email: lynette@laughterforliving.com.au

Community calls for an end to "RoboDebt"

Federal Member for Aston, Alan Tudge has been a frequent subject of media attention lately in his capacity as the Minister for Human Services. The following article supplied by ACOSS calls on the Minister to scrap Centrelink's automated debt recovery system which is causing concern for many people in the community.

Editor

The Australian Council of Social Service (ACOSS) is the national voice in support of people affected by poverty, disadvantage and inequality; and the peak council for the community services sector nationally. ACOSS has a vision for a fair, inclusive and sustainable Australia where all individuals and communities have the opportunities and resources they need to participate in and benefit from social and economic life.

Earlier this year ACOSS called on the Australian Government to immediately suspend the automated Centrelink debt recovery program that is treating current and past Centrelink recipients like second-class citizens.

At that time acting ACOSS CEO Peter Davidson said: "Centrelink has demonstrably failed in its duty of care to ensure accurate information is provided to recipients of income support and this failure is causing undue stress, anxiety and harm to some of our most vulnerable people.

"ACOSS does not oppose debt recovery action where overpayments have occurred. However, Centrelink must properly investigate overpayments rather than shift the onus of proof onto Centrelink

recipients. This would not be accepted from a private creditor and it should not be accepted from a government agency assisting financially vulnerable people.

"The government has a duty of care towards people who call on it for support, especially those on low incomes. It has breached that duty of care with this debt recovery program, which is why the program must cease in its current form to prevent further harm.

"We are hugely concerned that people are paying back debts that they do not owe because it is too hard to prove that they do not owe it. Where people have issues with the online portal, many cannot get through to Centrelink on the phone and are not receiving the help they need at Centrelink offices."

Now a consortium of leading organisations from Australia's community and welfare sector has called on the government to immediately cease the intimidation and bullying of Centrelink clients and their families caught up in the automated debt recovery debacle, and provide a commitment that people's protected information will not be publicly released.

Spokesperson for the group Cassandra Goldie, CEO of ACOSS, says the Minister for Human Services Alan Tudge must respond to people's very real concerns about privacy, particularly with the opening of the Senate inquiry into Centrelink and the flawed RoboDebt scheme.

"First the Minister threatened people who had a debt with jail time. Now, he has released private

information in response to a client who publicly challenged the error-riddled scheme. The effect is a climate of fear for individuals and families affected across Australia."

While ACOSS is not equipped to provide individual advice, we suggest people receiving these letters who are anxious or uncertain how to respond contact a welfare rights centre or free legal advice service or your local MP as listed below.

Social Security Rights Victoria - www.ssr.org.au
Eastern Legal Resouce Centre: www.eclc.org.au or 9762 6235.

Commonwealth Ombudsman - www.ombudsman.gov.au/

Local Member of Federal Parliament - Member for Aston, Alan Tudge MP - alan.tudge.mp@aph.gov.au or 9887 3890

Lifeline 13 11 14 - access to 24 hour crisis support and suicide prevention services.

People affected can also register their concerns on social media using <http://www.notmydebt.com.au/> or on twitter at #notmydebt

Individual membership of ACOSS is free and enables supporters to stay up to date with public policy and advocacy developments and the work of ACOSS.

For more information visit www.acoss.org.au or email members@acoss.org.au

Follow ACOSS on on Facebook & Twitter @ACOSS

COMMUNITY NEWS



Crystal Palace Lighting

Bayswater resident and lighting consultant Tony Harrison is pleased with his large new showroom offering replica designer lighting at internet prices.

Fans are now selling all year round at great low prices.
Table lamps, mirrors, exterior lighting & gift lines to suit any budget.
Low voltage LED downlights from \$12.00 - bring your house plans for a free consultation.

Anthony's Antiques has opened at the rear (enter through front).
Monthly auctions on the third Sunday of the month will be commencing soon.
Members of the public are invited to register their interest and treasures are welcome to be auctioned.



Contact Tony on 97291588 or 0419553825
sales@crystalpalacelighting.com.au
<http://commercial-lighting-melbourne.com.au>
Next to iconic Bayswater Roller Skating Rink
39 Scoresby Rd Bayswater
Parking on site front and rear

Introducing..... Crystal Palace Lighting

Crystal Palace Lighting has recently opened in Bayswater. Owner Tony Harrison an award winning lighting consultant is keen to get to know local shopfitters, builders and architects who may benefit from his expertise of over 30 years in the lighting industry.

A well-known interior decorator was heard to say "We like Tony. We have the ideas; Tony turns them into reality".

New home owners and renovators also will appreciate Tony's lighting magic with a great range of interior or exterior lighting. Tony sources from an exclusive selection of quality suppliers, including his own imports.

So if you are looking for something different Crystal Palace Lighting at 39 Scoresby Road is the lighting showroom to visit.

Advertorial

EST. 1988

Graphic Engraving (Vic) Pty Ltd

Signage and Engraving Services

Our services include manufacturing a large range of small labels, tags, signs and full colour stickers. We can cut, machine and engrave various materials including acrylic, aluminium, stainless steel and timber.

Contact us: sales@graphicengraving.com.au

P: 9764 0144 Factory 1/9 Samantha Crt, Knoxfield

Knox kindergartens need funding certainty

from Knox City Council

Knox Council is encouraging the Federal Government to end the uncertainty for local families by agreeing to provide long-term funding to deliver 15 hours a week of kindergarten.

The current National Partnership Agreement between the Commonwealth and State Governments ends in December 2017.

The Federal Government is yet to commit to continuing its share of funding, despite evidence that increased access to high quality kindergarten programs significantly improves the lives of children, their families and the community as a whole.

Knox Mayor, Cr Darren Pearce, said he understands competing budget priorities for the Federal Government.

However, not delivering funding would mean that Knox children lose five hours of funded kinder a week at a vital stage of their lives.

"Budget repair is important, however this should not be at the expense of children at a formative stage of their lives," the Mayor said. "We provide this investment in our children for a reason and going back on that is letting them down.

"This funding represents an investment in the future of our nation and as such, there's too much at stake to leave people and families fearing for the future.

"We have much to lose in Knox - being one the largest local government providers of kindergarten in Victoria - a reduction in kindergarten hours will likely impact the economic as well as social well-being of families across the municipality.

"Providing certainty by committing to long-term funding to deliver 15 hours of kindergarten will benefit working families and reflect the Federal Government's support for and, commitment to, early childhood education.

"If however, Federal Government funding is not achieved, this would require either a service cut to 10 hours per week or parent fees could double.

"Council is not in a position to further increase its subsidy for pre-school services."

Rowville mother of two, Ellen Rugara, said losing five hours of funded kinder a week has the potential to impact the development and well-being of children like her own.

"Kinder provides a wonderful opportunity for kids to learn and interact with each other and the last thing we want is for our children to miss out because of funding uncertainty," Ms Rugara said.

"We're not asking for more money, just a commitment from the Federal Government that they'll continue to fund, on a long-term basis, what they already provide."

The Mayor said a reduction in federal funding would place Councils like Knox in a very difficult position.

Most importantly however, local families would be left to bear the brunt of this uncertainty," he said.

Ferntree Gully VIEW Club

Our monthly luncheon meetings are held on the 4th Monday (except in December) of each month and includes a 2 course lunch, tea/coffee at a cost of \$25.

We have a meeting then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions.

We also support 5 students through the 'Learning for Life Program' with The Smith Family.

We also support a refuge for women and children escaping domestic violence.

Monday 24th April, 2017

Speaker: Anne McPherson - 'Memories of Family At War'.

Monday 22nd May, 2017

Speaker from Fernlea House - 'Respite & Care'.

If you want to join a club that is both welcoming and fun, come and join us. Visitors are most welcome.

Time - 11.00am for an 11.30am start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna South

To book ring President - Pam Turner on 9725 4135

Boronia VIEW Club Fundraising

Boronia VIEW secretary Helen came up with a brilliant idea "let's make a calendar". So with much enthusiasm the big task became a reality.

Fortunately treasurer Lyn's husband is a fantastic photographer and he generously gave up his time to meet with ladies gathered in different locations to make a photo for each month. These included the local C.F.A. who were most co operative and even allowed the girls to dress up in their uniforms.

A visit to a coffee shop where we played ladies for the morning. The monthly card group girls were looking very serious with their eye shades on. The monthly book club girls were surrounded by a great array of books. We did however draw the line at a "bare all month". As well as the above, our birthday month ladies were holding face masks for our Masquerade birthday theme and of course our Christmas meeting with Santa. Each monthly photo has an appropriate caption plus club dates.

Helen approached a printing company and they were happy to print our calendar at no cost; weren't we lucky! Our club sponsors six learning for life students. This inventive idea proved to be a very successful fund raiser.

Boronia View Club meets on the 3rd Friday of the month at Eastwood Golf Club.

Contact Margaret 9762 9791, Roz 9762 6785.

Wantirna Evening VIEW Club

We meet the 1st Wednesday of the month at The Quality Inn, 137 Mountain Highway, Wantirna 3152, 7 pm for a 7.30 pm start.

We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have interesting and varied guest speakers.

We welcome guests and new members with friendly smiles and open hearts. We are all there to enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program.

To book please call our President - Judy on 9729 7327.



Knox & District Over 50s

Did you receive a 2017 calendar? Are you struggling to find social events to fill it with? If the answer is yes then can I suggest that you consider becoming a member of the Knox Over Fifties? We are a very activate and friendly seniors social group who do lots of wonderful events. So come along and join us.

We are going to the Ballet Morning Melodies at Hamer Hall and have a day out planned for the Yarra Valley Harness Racing. The club also hosts monthly events with cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and our monthly meeting with a speaker.

Subscriptions for 2017 were due in January 2017 and remain at the same level as for 2016 -that is \$15.00 for the year. You can of course visit us three times before deciding to join and become a member and you are assured of a warm welcome as you sample the happy and inclusive atmosphere while you enjoy the entertainment and social events planned for the year.

Our monthly newsletter Knox Natters Matter (which is e-mailed or sent to members and also available at our General Meeting) will keep you up to date on all that's happening. The Social Sub-Committee welcomes input from all our members.

Our monthly meeting is held at the Boronia Progress Hall (in Boronia!) on the fourth Tuesday of the month. Meetings start at 10.30am so come early to get a good seat. Make a note in your diary, on your calendar, or on your iPhone and come along to the meeting to discover all we have planned for the year and hear another interesting and informative talk from one of our great guest speakers.

Contact Jill on 9801 4363 for any further information.

Zonta Club of Melbourne's East

Looking for new members. Come and join us over dinner and have fun helping to advance the status of women via stimulating projects which help to support women in need both locally and overseas.

We meet for Dinner (with inspiring guest speakers) on the first Thursday of each month at the Q Restaurant, Quality Inn, 137 Mountain Hwy, Wantirna at 6.30 for 7pm.

Visitors welcome.

Bookings: Beverley 0412 211 796.

www.zontanelbourneseast.org.au



'Taking Good Legal Care of Yourself' is a regular contribution by Eastern Community Legal Centre (ECLC) to raise awareness of legal needs in the community and to encourage people to seek legal advice early. ECLC is a not-for-profit community service that provides free legal advice to Melbourne's eastern communities, including the Knox suburbs of Studfield and Wantirna.

Tenancy issues, fines and debt are common problems that can cause people a great deal of distress and anxiety. When these issues arise, it can be tempting to simply look the other way and hope the problem will resolve itself. However, it's always best to address legal and financial problems as soon as possible to stop them from 'snowballing' into bigger, more stressful issues.

Help is available for those who find themselves in financial difficulty, no matter what the reason. ECLC can provide free and confidential advice on:

- Tenancy law – your rights if you are renting your home from a private landlord and have been

served with an eviction notice or unfair 'fees' and costs;

- Debt – your options about making affordable repayments;
- Consumer law - your rights when signing contracts, purchasing goods and services; and
- Fines - your rights to challenge fines or negotiate affordable repayments.

Timing is very important in matters of the law. Even if you are unsure whether your problem is a legal one, ECLC encourages you to call us as soon as possible for a confidential discussion. Our friendly staff can arrange an appointment for you with one of our lawyers or refer you to another service that can best help you.

George's Story

George is the sole provider for his daughter and partner. When George lost his job, it created serious financial hardship for his family. After 3 months, George decided his family's tenancy was no longer affordable and advised the real estate agent that he would need to break the lease. As the property was already on the market for sale, the agent believed it would be easier to sell without the tenants. They agreed to release George from the lease and waive the lease-breaking costs. When the property did not sell at auction, the agent argued that the agreement was void as it was not in writing and the full lease-breaking costs would be sought.

George contacted ECLC's Tenancy Advocate. He believed he was responsible for the costs and was becoming distressed because he could not afford to pay them. The Tenancy Advocate explained to the real estate agent that the Residential Tenancies Act does not require the arrangement to be in writing and does not allow the landlord to revoke their verbal agreement. The agent and landlord disagreed with this advice and said they would apply for compensation for loss of rent/letting fees through the Victorian Civil and Administrative Tribunal (VCAT).

After seeking their own legal advice, the agent and landlord told the Tenancy Advocate they would formally withdraw their application to VCAT. They refunded George's bond in full the following day. George and his family were relieved that their call to ECLC resulted in such a positive and fair outcome.

Can we help you?

ECLC provides free legal advice and education on a range of issues, such as family law, family violence, fines and infringements, neighbour disputes, tenancy, debt, consumer issues and more.

If you or someone you know requires legal advice or assistance, please contact ECLC on (03) 9762 6235.

If ECLC cannot assist you, you will be referred to the right service for your particular need.



Community Group Training 2017 Program

Free training for community groups, clubs
and not-for-profit organisations in Knox.

WHAT'S ON:

21 & 26 April	Grants @ Knox
13 May	Working better with others – Half day workshop
24 May	Know your role
5 June	Safe food handling
28 June	Running a Successful AGM

To register or for further details visit
knox.vic.gov.au/communitytraining
or phone the Community Strengthening
team (03) 9298 8000.

All events are held at
Knox Civic Centre,
511 Burwood Hwy,
Wantirna South, 3152



FREE

Keep Housing Agreement alive in Budget from Knox City Council

The Eastern Affordable Housing Alliance (EAHA) has expressed concerns that the Federal Government may axe funding for the National Affordable Housing Agreement (NAHA) in the upcoming Budget.

Echoing the alarm expressed by ACOSS, National Shelter and other housing groups, EAHA is calling on the Federal Government to maintain its commitment to the NAHA.

"Federal Government funding is vital for public housing and homelessness services. If media suggestions are correct and the Federal Government intends to axe NAHA funding, countless vulnerable Australians will be at increased risk of homelessness," EAHA Chairperson, Councillor Sharon Ellis, said.

"Despite persistent advice from the community sector, the Federal Government seems bent on taking this important decision without consultation, ignoring calls for reform and revision in favour of abolition.

"The Alliance supports the housing-related recommendations in the ACOSS federal budget submission, including calls to reform capital gains tax, establish a long term affordable housing growth fund and housing finance intermediary and review commonwealth rent assistance.

"Without meaningful intervention from the Federal Government the lack of social and affordable housing for vulnerable residents in the Eastern Metropolitan Region of Melbourne – and across the nation – will continue to grow."

In the eastern suburbs of Melbourne:

- Only 55% of social housing need is met by existing supply;
- 18,780 households in the lowest 10% of Australia-wide incomes do not own their own homes ; and
- We will need an extra 526 dwellings every year for 22 years to meet current and future demand to 2036, as quantified in the Knox City Council research 'Minimum supply of social housing, Eastern Metropolitan Region (2014-2036)'

Cr Ellis said leadership on housing affordability, rather than funding uncertainty is what's needed from the Federal Government.



News from Bayswater Bowls Club

Mountains Are Meant To Be Climbed

We knew we literally had a mountain to climb to achieve Section 5 success in this seasons Division 5 Saturday Pennant finals. A trip to Cockatoo up that mountain for our last home and away match was to prove too much of a challenge and Bayswater Bowls Club was soundly defeated 90/59.

Never mind that challenge, we were once again faced with the unenviable task of a return bout, travelling again to Cockatoo for the Sectional Semi Final match having been trounced the previous week. This time though, the whole team bowled exceptionally well, winning all rinks and defeating Cockatoo 92/60. This win was the first defeat that Cockatoo had experienced at home all season. The trip down the mountain in the bus, courtesy of the club, was a huge relief and we were all now focused on the Sectional Final the next day.

This match was to be another daunting assignment, playing Blackburn North on neutral territory at Chirnside Park. Blackburn North had had a magnificent season losing only one match to Cockatoo. We all had a belief that we could win and the ladies had made up wrist bands with the word "BELIEVE" for us to wear and refer to during the match. Bayswater bounced out of the blocks early and had a 30 shot lead by the break, but a determined Blackburn North pegged back the margin considerably. The fantastic attendance of Bayswater supporters was the incentive we needed to finally defeat Blackburn North 83/73 and take home the Section 5 Season Pennant.

Bayswater's Division 2 team reached the finals but was defeated by Warburton in their Semi Final encounter.

We still continue to recruit new members through our Sunday Barefoot Bowls program. If you have ever

thought about playing this marvellous game for all ages the Bayswater Bowls Club encourages you to participate in this activity with the prospect of joining a most progressive club. Visit our website for details of upcoming events www.bayswaterbowlsclub.com



Neville Shilkin, John Rovatsos, Chris McNamara, Sharon Gibbs, Ray Wheeler, David Haack, Stephen Hoffman, Renee Hoffman, Amanda McNamara, Ben Crawford, Siegfried Pastoors, Mark Acker, Colin Hutchings, Albert Taylor, Laura McNamara, Glen Chapman.

What's On?

Event	Date & Time	Location	More Information
Anzac Day Ceremony	April 25 at 10.00am	Knox War Memorial Tim Neville Arboretum 98-106 Dorset Road, Ferntree Gully	Bayswater RSL Dawn Service at 5.40 at 626 Mountain Hwy, Bayswater
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on Alison or Peter on 9801-6946. http://www.rfnc.org.au
Laughter Day at Federation Square	Sunday, May 4 at 11.00am	Federation Square	Lynnette: 9763 5475 or 0425 799 258
Australian Jazz Museum 'Treasures from the Collection'	Sunday 30th April from 10.00 am to 3.00 pm.	The Australian Jazz Museum 15 Mountain Highway, Wantirna	Booking is not necessary and enquiries may be made on 9800 5535.
U3A 2017 Quilt & Craft Exhibition & sale	Saturday 8th April & Sunday 9th April 10 am to 4 pm	Fairhills Performing Arts Centre Scoresby Road	Entry \$5 www.u3aknox.org.au
Open Award Exhibition Abstract Art Exhibition	Saturdays & Sundays 11-4pm 2nd April to 30th April CLOSED OVER EASTER Sunday 7th May to 28th May	The Ferntree Gully Art Society At the Hut Gallery, 157 Underwood Road Ferntree Gully	Free entry
Caribbean Market Pop Up Market	Sunday April 16 - Babes to Kids Theme & Sunday May 21- Man Cave Theme	1280 Ferntree Gully Road, Scoresby	9756 5000
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00 p.m.	Lions Club room, Bayswater Community Centre. 739 Mountain Hw, Bayswater	Paul 0400 823 441
Eastern Regional Libraries			Read the Library article in this issue, visit your local branch or go to www.yourlibrary.com.au
iShred	Saturday 8th April, 27th May & 3rd June 9 am to 1 pm	5/7 Samantha Court Knoxfield	1300 763 688 www.ishred.com.au
Kinderlea 3 Year Old Preschool Open Day and Family Fun Day	Sunday 28th April 10.00 am to 1.00 pm	3 Coleman Road Wantirna South Enter via Tate Avenue	9298 93000 www.kinderleap/c.com

Templeton Tennis Club News

by Don McCracken, President

Welcome to TTC news for Easter 2017.

Our summer competitions recommenced over the weekend of the 28th January and will be completed over weekend 18th/19th March. We had 12 of our 16 junior teams and 3 of our 5 senior teams in finals. Four of the junior teams played in Grand Finals and one senior team have made it through to the grand finals, 3 others missed by small margins.

On Sunday the 4th March we held the counting of the Couper Award, best player for the juniors, this was conducted after a BBQ lunch and followed by a tournament which included an adult with a junior and played using the Fast Four scoring system. A great afternoon was enjoyed by 30 plus mums, dads and children and our thanks go to Pam, Kelly, Pauline and a band of helpers in making the day a success. Congratulations to the award winner Archie Komninos on a fantastic year and an award well earned. (see picture)

The average ladder position, on which the WDTA Premier Club award is calculated, was 4.09 which placed us 16th out of all the WDTA entered teams (37). This was a wonderful effort from all players, coaches and support personnel.

The next Saturday season (winter) will be upon us very shortly, commencing 29th April. We have entered 16 junior teams over Saturday/Sunday and 7 senior teams for the ensuing season.

We have 3 ladies teams in Wednesday Ferntree Gully competition and the new season has just started again after the Christmas break. Our Tuesday ladies have just finished the current season and whilst not as successful as past years they have had an enjoyable season in the higher grade.



Night competitions; Monday, Tuesday and Wednesday nights are back in full swing and are progressing well. Come for a look and maybe join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call on 9800 3316.

Our new kitchen, courtesy of Knox council is planned for June and will add to the ambience and good looks of our club.

SPORT NEWS

TEMPLETON tennis club

Also we are hoping that the new LED lighting will be installed on courts 7 and 8 during May. This is being done with not only funds from you the membership but also grants from Knox Council (\$8700) and Federal Government Department of Infrastructure (\$10,000) and our local federal member Alan Tudge. We thank all involved for their support of our club.

Our coach, Kelly Bisinella, runs a highly successful coaching program at the club for all levels. Give her a ring!

Straight Sets 0414 874 482.

Check out our website, www.templetontennis.com.au for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Wantirna, Integrity Cabinets and Bendigo Community Bank Wantirna Branch.

Come and join us at the family club, your club, the Templeton Tennis Club.

Templeton Tennis Club Inc.
Templeton Reserve, Templeton St
Wantirna 3152. Melways Ref. 63 G9
Membership: Leanne 9887 1957
Clubhouse: 9887 3505
President: Don 9800 3316
Coaching: Kelly 0414 874 482
Website: www.templetontennis.com.au
Email: president@templetontennis.com.au

Wantirna Tennis Club News

by Alison Rogers



Juniors Finals

Congratulations to all the Junior players at the Club for competing in Saturday and Sunday tennis this season. It was pleasing that 8 teams reached the finals. Thanks to all the parents, the Coaches and the members of the Committee that came along for sausage sizzles each Saturday morning. We are looking forward to another season.



Juniors are our future in tennis. There is more tennis being played at school now and I'm sure if you asked your children they would say they would like to have a go.

Contact or visit us, we have excellent facilities, including a new BBQ area and 9 tennis courts in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for



Coaching

At Wantirna we cater for all age groups and standards. Our Coaches Mike and Troy's details are at the end of this article. Give them a call - all will be welcome.

For the adults, the coaches can guide them into Comp by starting with Cardio tennis, group coaching or 'one on one' coaching. The new 'Fast Tennis' for those that are 'time poor' is an exciting venture in the Tennis World. A new ladies 'in house' night is available with something similar to be organised for men on another night.

both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. We have safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Wantirna Tennis Club Inc Melway Ref: 63C8
Wantirna Reserve, Cnr. Mountain Hwy and
Burwood Hwy Wantirna
PO Box 5295 Studfield 3152 Web: www.tennis.com.au/wantimatc/
WTC Face book: www.facebook.com/.../Wantirna-Tennis-Club
Club Secretary: Alison 0408576025 or email wantimatennis@gmail.com
Club coaching team: Troy & Mike 0424693005 or email enquires@troyandmiketennis.com
Coaching Face book: www.facebook.com/troyandmiketennis.com

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Jan G, Wantirna South

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 (L1, next to Flight Centre)
 Westfield Knox Shopping Centre
 425 Burwood Highway
 Wantirna 3152
 9887 4088 OR 0409 786 121
knox@aussie.com.au



Nari Khera
Franchisee