

Celebrating 50 Editions

# COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,  
SCORESBY, KNOXFIELD & BAYSWATER

20,000 COPIES DISTRIBUTED AROUND THE NORTH & WEST OF KNOX



EDITION 50  
OCTOBER/NOVEMBER 2017

- 50TH EDITION OF SWCN
- ANZAC CRETE VETERENS HONOURED
- HISTORY OF DANDENONG CREEK
- WANTIRNA SOUTH PRIMARY SCHOOL FETE
- DEADLY BLOODSUCKERS IN OUR MIDST



STUDFIELD WANTIRNA COMMUNITY NEWS  
BRINGS YOU IT'S 50TH EDITION!

FREE



# Your Hearing and Audiology Specialists in Melbourne

## Our Services:

- Hearing tests for adults (Bulk Billed)
- Government accredited for FREE services for pensioners and veterans
- Children's hearing services (5 years plus Bulk Billed)
- Tinnitus management
- Worksafe services
- Latest in hearing aid technology
- Ear wax removal
- Nursing home visits and home visits available



**(03) 9870 2899**

**Wantirna Mall Clinic, 621 Boronia Road, Wantirna**

Email: [hearing@acutehearing.com.au](mailto:hearing@acutehearing.com.au)  
[www.acutehearing.com.au](http://www.acutehearing.com.au)

## Information

Published by: Studfield Wantirna Community News Inc.  
 ABN: 98259005633 RAN: A0054764G  
 PO Box 6159, Wantirna Mall 3152  
[swnewspaper@gmail.com](mailto:swnewspaper@gmail.com) or  
[swnewspaper2@gmail.com](mailto:swnewspaper2@gmail.com)  
 Telephone: 9881 7145  
<http://www.studfieldwantiranews.org>

Volunteer newspaper production team:

Editor: Janet Claringbold	Peter Coluccio
Coral Carew	Keith Slater
Charles Carew	Jenny Slater
Kerrie Ilsley	Fred Stadly
Matthew Hjelm	

Photographers: Chris Ellis & Peter Coluccio  
 Additional Distribution: Murray Claringbold & Sheila Bingham.  
 Wantirna College Reporter: James Keam  
 Front cover: Historic front pages of Studfield Wantirna Community News.

Copies: 20,000 copies produced & delivered to houses in Wantirna, Wantirna Sth, Knoxfield & Scoresby and through local distribution points including libraries and various locations in Bayswater .

Affordable advertising rates with discounts for multiple bookings. Call Charles on 0409 255 991

**DEADLINE DATES FOR 2017**  
 NOTE: ADVERTISING COPY DUE ON THE **WEDNESDAY** PRIOR TO THE DEADLINE

Ed. 51 December/Jan Friday, 3 November 2017

Format design by Tamara Bouzo.  
 Fonts sourced from: <http://www.jennasuedesign.com/>  
<http://code.newtypography.co.uk/> - Vernon Adams  
 Printed by Newsprinters  
 Distributed by Independent Letterbox Distributors

## Content

50 Editions of SWCN	Page 3
What's Cool at School?	Page 4-5
Bayswater News	Pages 6-7
Local Heroes	Page 8
Community Pharmacy	Page 10
Wantirna News	Page 11-12
Local History	Page 13
Knoxfield & Scoresby News	Page 14-15
News in Good Health & Wellbeing	Page 16-17
U3A News	Page 18
Arts in Knox	Page 19
Environmental News	Page 20
Library News	Page 21
Community News and What's On?	Page 22-25
Sport News	Page 26-27

**Disclaimer:** Views and comments expressed in this paper are not necessarily those of any member of Studfield-Wantirna Community News. Products and services listed or advertised in the newspaper should not be considered as endorsements. While every effort is made to ensure accuracy of editorial content, Studfield Wantirna Community News takes no responsibility for errors. **Copyright:** No reproduction, copy or transmission of this publication may be made without written permission or in accordance with the copyright act.

## Editorial

Hello Community News readers,  
 Here we are at the significant milestone of our 50th edition!  
 We have been on a great journey since 2007 when the first steps were taken to create a volunteer produced local community newspaper.  
 The idea formed whilst I was working at Orana Neighbourhood House when I applied for a Knox Council grant to get the project underway. I had great support initially from Michelle Cray, who was on placement at Orana as part of her qualification in Community Development.

The other significant supporters who were instrumental in getting the paper off the ground were Keith Slater and Coral Carew, joined down the track by Jenny Slater and Charles Carew who both have particular talents they generously share. All those featured as volunteers have made valuable contributions to our success and I heartily thank them all.

*Janet Claringbold, Editor*

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors, readers and supporters.



# 50 EDITIONS OF SWCN

## The Journey To Our 50th Edition by Janet Claringbold

### We are proud to present the 50th edition of Studfield Wantirna Community News

Our paper was established through Orana Neighbourhood House as a community development project funded by a grant from Knox City Council. The paper originally focussed on the localities around the shopping strips of Studfield on Stud Road in Wantirna and Wantirna Mall on Mountain Highway.

The first edition was published in winter 2008 with a production run of 3000 copies. We published 4 editions per year in line with the change of seasons. Distribution was initially via collection points around the local area, with a move to house to house delivery by Edition 5. The format was a magazine style production with a glossy colour cover and black and white throughout. The first edition ran a story about local identity Wally Gaugg from Boocock's Butcher Shop at Studfield shopping centre which won an award at the Community Newspaper Association of Victoria (CNAV) Annual Awards for best community story.

In 2010 Studfield Wantirna Community News became independent from Orana and set up as an incorporated organisation. We ran a logo competition and received some excellent entries with the winning design provided by Lesley McGee was featured in 2011 on the cover of Edition 14 which launched the first edition in the new tabloid format featuring colour throughout. Our production run increased to 7000 copies.

In 2012 our most significant achievement was the move from quarterly to bi-monthly production which meant better continuity for our readers and advertisers and more options for news and content.

In 2013, through the generosity of Principal Sue Bell from Wantirna College, and with another grant from Knox City Council for some equipment, we established a new home base at Wantirna College. We launched a new-look format designed by local Graphic Design student, Tamara Bouzo. We increased our production run once again, expanding into Knoxfield and Scoresby with the aim of supporting the goal for Knox Community Newspapers reaching across all suburbs of Knox. By Edition 24 our production increased to 10,500 copies.

In our first edition of 2014 we proudly announced we met our production goal of 18,000 copies. We were successful at the CNAV conference awards with a runners-up award for best community content which was a great thrill and represented the "media industry" at the Mullum Cluster of schools Vocational Education and Training awards night.

By 2015 we had increased our production run to 19,000 copies, making Studfield Wantirna Community News the community newspaper with the highest circulation in Victoria. This is an exceptional achievement for a small volunteer committee.

We held our inaugural Writing Competition in partnership with the Eastern Regional Libraries with a monetary prize awarded to the winning writers. Sixty-seven entries were received from local primary and secondary schools. Wantirna Primary School exceeded expectations, contributing the most entries even though it is the smallest local school.

In 2016 we expanded into Bayswater and have recently increased production to 20,000 copies each edition. Our paper is available in Bayswater through drop-off points across the suburb. The paper is being taken up enthusiastically with each location needing additional copies on a regular basis. At the 2016 CNAV Annual Awards SWCN was awarded the winner of the category "Best Design and Layout" which was a great honour.

There are so many people we should thank as we reflect on our journey. Our volunteers, especially Coral and Charles Carew and Keith and Jenny Slater who form the backbone of our production team, Orana Neighbourhood House for its initial support, Wantirna College for our home base. Knox City Council for funding through the Community Development Grants and our loyal and long-standing advertisers and contributors who have supported our paper since Edition 1 in 2008.

## Prize Winner Selected

A winner has finally been selected for the SWCN "Readers Around the World" Prize. We received many entries as featured in the paper over several editions. Thanks to all those who contributed in this fun project.

Entries received and featured were....

Lily in Japan, Chris at Lake Eyre, the Mattahorn, China, at the Tower of London and in Tasmania, Eric in Fiji, Matthew in the USA, Jake in Canada Dale and Moira in the Pacific Islands.

The winning prize of Movie Tickets goes to Jake Patt from Knoxfield. His winning photo on the front cover of Edition 42 was taken at Silverstar Ski resort in Canada in February 2016 whilst on a snow skiing holiday.



Orana Neighbourhood House in Wantirna South has recently launched a community newspaper, Coral Carew, Keith Slater and Janet Claringbold.

## Volunteers launch newspaper

A COMMUNITY newspaper with a difference has hit the streets of Wantirna.

The Studfield-Wantirna Community News, published out of Orana Neighbourhood House in Wantirna South, recently released its inaugural edition.

Janet Claringbold, one of seven volunteers that together form the paper's production team,

said the plan was to publish four issues each year.

She said the focus was less on providing news and more on giving Wantirna residents a voice.

"The idea is that anyone who has an interest can make a contribution. If people have something to say, we welcome it," Ms Claringbold said.

"The local history aspect of it is very important too.

"A lot of people who move into the area may not have an idea of what its history is, so we want to try and help with that."

The first edition includes a history of the Wantirna Cool Store, now the site of Wantirna McDonald's, as well as a profile piece on recently retired local

butcher Wally Gaugg. Fellow production team member Keith Slater said the paper should attract a strong elderly readership.

People interested in getting involved with the publication should call Orana Neighbourhood House on 9801 1895 or send an email to studfieldwantirna.news@netspace.net.au.

# WHAT'S COOL AT SCHOOL?

KIOSC brings you the League of Extraordinary Learners by Vanessa Bradbury



"On your mark, get set, Flow!" This year's First Lego League (FLL) season is overflowing with problems that need to be investigated. This year's theme is everything to do with water, Hydro Dynamics. Students must become engineers and scientists as they have to choose and solve a real world problem relating to how the world finds, transports, uses or disposes of water. As part of this, students build, test and program autonomous robots using LEGO Mindstorms to solve a set of missions in the Robot Game.

At Knox Innovation Opportunity and Sustainability Centre (KIOSC) we are training two incredible teams to compete in this year's First Lego League competition. FLL is an international set of yearly competitions co-sponsored by FIRST and LEGO that focuses on creative problem solving, STEM focused learning and developing team working skills. Groups of up to 10 young people from a

wide variety of backgrounds form teams and compete in a regional robotics event. During their sessions teams and their coaches create innovative project-based solutions to hard-hitting

globally-focused problems. Instead of the traditional "top down" learning opportunities, where the teacher leads all activities, league members are tasked with discovering solutions to a wide-range of problems, with support of dedicated coaches. This is a great example of student-driven inquiry, the approach to learning which KIOSC promotes. At KIOSC we are committed to encouraging and developing our future engineers and scientists and FLL is a great opportunity to do this.

Our two innovative teams, consisting of students from Years 4 to 8, are meeting every Tuesday for 9 Weeks to research global water issues and prepare their robot to carry out a series of tasks on a game table

The regional competition will be held at Swinburne Wantirna on the 15th of November. Teams will present their projects to a panel of judges, and explain their solutions, describe how they have



learnt to work as a team to manage the project, and compete against other teams to find the most efficient robots. For more information about First Lego League got to website (<https://firstaustralia.org/programs/first-lego-league>) and for information about KIOSC please visit (<http://www.kiosc.vic.edu.au/>)

## The Bayswater Primary School Community Garden

The Bayswater Primary School Community Garden is a State Award Winner in the Victorian School's Garden Awards. The garden was created with the cooperation of a range of school and community groups including the Bayswater Primary School Community, Interchange, The Salvation Army, local volunteers and Knox City Council.



Our community garden includes indigenous plants, vegie gardens, creative play spaces and a chicken coup with 5 egg laying chickens.

A range of groups enjoy our Community Garden including students, parents, our School Gardening Club, the onsite Birch Street Preschool and out of School Hours Care groups. Children often like to spend time during play-breaks in our Community Garden.

We love the Bayswater Primary School Community Garden!

Ian Michelson, Principal  
Bayswater Primary School  
97213755



## The small school where **BIG** things happen



The Knox School  
CO-EDUCATIONAL | ELC TO VCE

Ph: 8805 3800  
[www.knox.vic.edu.au](http://www.knox.vic.edu.au)



# WHAT'S COOL AT SCHOOL?

## Wantirna South Primary School at Work in The Community

Since the day it opened on 16th July 1940 Wantirna South Primary School has provided outstanding Educational opportunities for the children of Knox and surrounding areas.

Way back in 1938 residents and landowners lobbied the government of the day to build a school in Wantirna South. The residents were eventually successful and the doors to Wantirna South Primary School opened in 1940. Whilst the school population has grown to 290 students the school has maintained and is very proud of its community involvement.

Each Monday very excited Grade 2 students walk to the Wantirna Retirement Village to read with the residents of the village. The program brings generations together and further enhances the school's values of inclusion, respect, honesty, care, and responsibility.

Vermont Lion's club members also attend the school each Friday and work with selected students in our life skills schools program to further improve facilities for the children. More recently the members and students have rejuvenated our Vegetable garden in readiness for Spring and Summer



Each year our students entertain the residents of Arcare Aged Care engaging in Christmas activities and song. Our Junior band, Senior band and choirs sing Christmas carols with the residents which is a marvellous opportunity and a great learning experience for both the residents and students.

Our history is a proud one and our future is assured as a school devoted to its community.

Wayne Macdonald  
Principal  
Wantirna South Primary School  
9801 1900



Nick with students at Knox Gardens PS

## National School Tree Day

Each year hundreds of local Knox students take part in National Schools Tree Day. I make the effort to visit as many local schools, and help students plant the thousands of native trees, plants and vegetation to green our schools. This is a great opportunity to help our young people learn the importance of landcare, and the relationship between humans and nature. Not only are students also developing other important life skills, which they can take with them later in life, they are also taking pride in their school, local environment and community.

Nick Wakeling MP  
State Member for Ferntree Gully



Nick with students at Knox Central PS supporting National Tree Day



School Tour, Saturday 14 October, 9.30am  
School in Action Tour, Thursday 9 November, 9.00am



The Knox School

CO-EDUCATIONAL | ELC TO VCE

Ph: 8805 3800  
[www.knox.vic.edu.au](http://www.knox.vic.edu.au)

# Bayswater Inside Out

by Evelyn Hodgkin, Bayswaterhistory Facebook

Congratulations to Studfield/Wantirna Community News on reaching the 50th edition.

Bayswater residents are delighted to have their articles included in this newspaper and we have many stories and history to share. Bayswater is a vibrant part of the City of Knox.

It is not through lack of trying that Bayswater is the only part of Knox that doesn't have its own monthly or quarterly newspaper.

The photo displaying Bayswater Inside Out, Bridge Across the Creek Newspaper and first printed in 1992, also celebrated their fiftieth edition in 1997. This popular little newspaper managed to reach one hundred editions before closing in 2001. The only reason for closing was lack of advertising to pay for the printing. At the time we had plenty of keen volunteers and deliverers but Bayswater did not have many shops to advertise. BIO, as this newspaper was affectionately known, covered Postcode 3153 and included Bayswater North.

We had a huge following of readers and our stories included profiles of our local shopkeepers and our popular segment, Lovable Local. At the time it was very hard to get a grant and the rising costs of printing up to 8,500 copies each month became too much. We tried to attract sponsors to no avail.

The story in the photo says two previous newspapers also struggled to survive. In 2010 a Newspaper known as Bayswater Buzz was launched. This newspaper also found it difficult to function without volunteers and only reached sixteen editions before closing in 2014.

We look forward to our continued involvement with Studfield/Wantirna Community News and know readers will find copies at the Bayswater Library, Bayswater Newsagent, Knox Op Shop, Senior Citizens and many other drop points.

# BAYSWATER NEWS

ISSUE No. 50 FEBRUARY 1997

## BAYSWATER

BIO ... The Bridge across the Creek

### INSIDE • OUT

Now We're 50 ... Third Time Lucky! **FREE!**

Bayswater Inside Out celebrates reaching its 50th issue. Before it was born into print, however, two other local newspapers had already been dedicated to Bayswater news. They were *The Bayswater & District Courier* (B & DC) and the *Bayswater Villager*. The B & DC was printed in 1957, the Editor being Mr Frank Robertson. The *Bayswater Villager*, later known as the *Bayswater News*, was printed in 1978 with Mr Ash Long as the Manager. The Knox Historical Society do not have any other records of Bayswater newspapers other than BIO.

Editorial in the B & DC had a similar request to the readers as BIO has today; success of the paper was dependent on the hands of a partnership of three: public, advertisers and publishers. We do not know how long these two papers survived, but like BIO, the advertisers were the only ones who kept the paper productive with their sponsorships and ads.

According to old copies of the B & DC, some of its advertisers were: *Herbert Strummer*, (butch specialist), *H M Payer*, (general store), *Malcolm Hamilton*, (milk bar), *Ken Northwood*, (butcher), *Kenney's Shoe Store*, *L Richardson*, (fruit and vegetables), *N & M Pritchard*, (self service grocer), *H C Bradshaw*, (real estate), *Rosewarne's Dairy*, *E S & A Bank*, *Sunbeam Poultry Farm*, *K M Byers*, (butcher), *Manfields*, (mixed business), *Newell's Lending Library*, *W J McElreavey*, (painting), *Glovers Dry Cleaning*, *H F Hahn*, (butcher), *Bayswater Pharmacy*, (H James), *Ramsay's Taxi Service*, *Ken Allen's Hardware*, *Bayswater Electrical and Radio*, (Len Spargal), *Bayswater Fish and Chips*, (Nir T) and *Con Smith*, (boat repairs).

continued on page 7

Below: A copy of the front page of *The Bayswater & District Courier*, Vol 1, No 4, Wednesday, July 10, 1957.

Acknowledgement to The Knox Historical Society for the supply of the old newspaper.

**WHEELERS AMCAL CHEMIST**  
 Mark Pulytsiak B. Pharm., John Lopez B. Pharm.  
 Shop 20A, Bayswater Village Shopping Centre, High Street, Bayswater 3153  
 Hours: Monday - Thursday 9am - 6pm Friday 9am - 9pm Saturday 9am - 1pm  
 PICK UP & DELIVERY SERVICE AVAILABLE Phone: 9729 2786

FREE CIRCULATION OF APPROX. 8,500 COPIES TO RESIDENTS WITHIN THE 3153 POSTCODE AREA

## TTHA Weihnachtsmarkt 2017

The annual TTHA Weihnachtsmarkt (German Christmas Market) is taking place again.

**Tabulam and Templer Homes for the Aged (TTHA)**

**Sunday November 19th 2017**

**51 Elizabeth Street**

**Bayswater Vic 3153**

**10am - 2pm**

The concept of the market is based around handmade and hand crafted items, with food items from "boutique" makers of chutneys, jams, syrups etc. The idea is that it is a place to get unique gifts or decorations while enjoying a lovely "countrified" market atmosphere. It is also very European with TTHA being a German Speaking aged care facility.

Some of the things available will be

- Templer Handcraft Group Handmade Christmas decorations & gifts
- Variety of hand crafted Christmas Decorations,
- Exquisite Candles,
- Wood Turner and wooden products
- Wood Christmas Decoration
- Handmade soaps and lotions,
- Santa stockings
- Living plant art
- Specially designed pillows,
- Handcrafted Jewelry,
- Cards and Craft items,
- Jams, chutneys and syrups
- Genuine German Chocolates
- Specialized German food for snack or lunch,
- Freshly baked Brezel and bread
- Professionally made coffee,
- Homemade cakes and tortes,

- Huge Christmas Raffle,
- Kids entertainment area with Basteln (craft stall),

The market started in a much smaller form many years ago when the ladies from the Templer Handcraft Group once a year in November came into the facility to sell their beautifully handcrafted items to the residents for Christmas. Over the last few years we added around 40 stall holders who bring amazing items to sell.

For more information please contact:

Cristina Karvonidis  
 Marketing & Communications  
[cristina.karvonidis@ttha.org.au](mailto:cristina.karvonidis@ttha.org.au)  
 Ph. 8720 1359  
[www.ttha.org.au](http://www.ttha.org.au)

Tabulam & Templer Homes for the Aged  
 31-41 Elizabeth St, Bayswater 3153

**THE Christmas Weihnachtsmarkt Market**

- GERMAN FOOD
- COFFEE & CAKES
- CHILDREN'S ACTIVITIES
- GERMAN CHOCOLATES
- BIERGARTEN
- LIVE MUSIC
- RAFFLE & PRIZES
- PLANTS

**10AM - 2PM SUNDAY 19TH NOVEMBER 2017**  
**51 ELIZABETH ST, BAYSWATER**  
 ON-SITE PARKING AVAILABLE ON VICTORIA ROAD, BAYSWATER

**ttha**  
 Tabulam & Templer Homes for the Aged Inc.  
[ttha.org.au](http://ttha.org.au)

# BAYSWATER NEWS

## News from Bayswater Senior Citizens Club

by Evelyn Hodgkin

The friendship and fun continues at the Bayswater Senior Citizens Club, Mountain Highway, Bayswater and we welcome anyone over the age of fifty years to come and join. Our location is next to the Knox Community Arts Centre and the Bayswater Hotel, making it so easy to get to. There is plenty of parking and we are always seeking new Members.

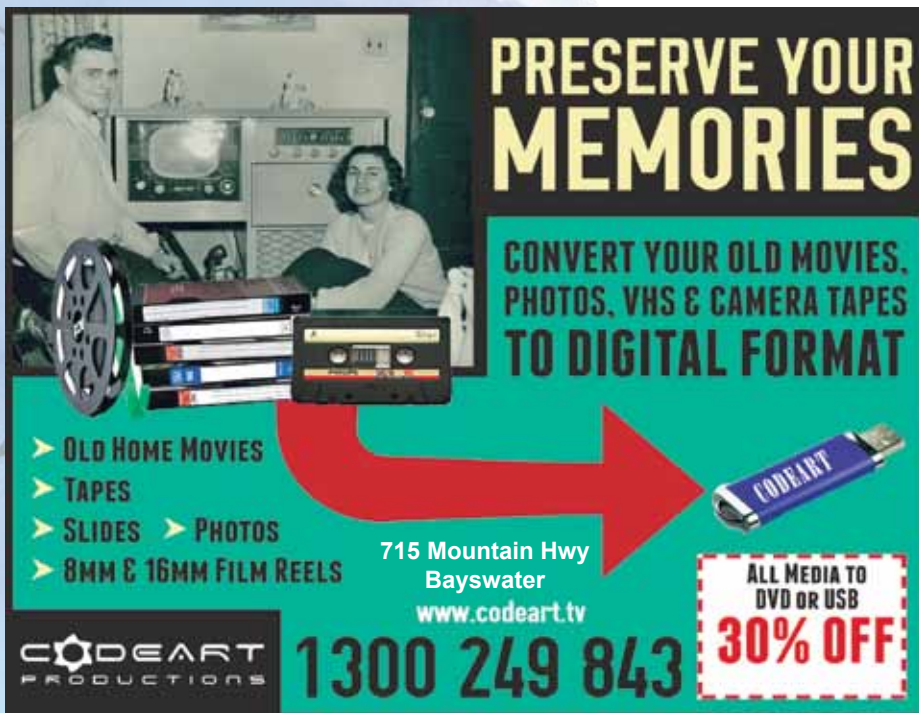
Our activities are varied and we start the week every Tuesday when we play Cards including Canasta and 500. If this appeals to you, arrive ready for a 12.30 pm. start. New players are always welcome and the cost is \$2.00.

The first Tuesday of the month is movie time when a film of everyone's choice is shown on our large television set. Our chairs are comfortable and the cost is \$5.00 and includes morning tea. So much nicer to watch with company than

sitting at home on your own. No need to book, just turn up ready for 10 am. screening. Some of our Members stay on and play Cards being the same day.

Thursday we play Bingo with doors opening at 12 noon giving time to purchase your tickets and settle ready to play. Tea/coffee is served at half time and as well as prizes for the Bingo numbers, we also have raffles. This is a very enjoyable and fun occasion. The end of the week being Friday, we play Carpet Bowls starting at 1 pm.

New Members are always required and our aim is to have enough players so we can set up two mats. Our long serving Secretary, Dot has been celebrating her 80th birthday over the past few weeks and will be pleased to hear from you regarding joining our Club if you phone 0422 107 124.



**PRESERVE YOUR MEMORIES**

CONVERT YOUR OLD MOVIES, PHOTOS, VHS & CAMERA TAPES TO DIGITAL FORMAT

- > OLD HOME MOVIES
- > TAPES
- > SLIDES > PHOTOS
- > 8MM & 16MM FILM REELS

715 Mountain Hwy  
Bayswater  
www.codeart.tv

**1300 249 843**

ALL MEDIA TO DVD OR USB  
**30% OFF**

CODEART PRODUCTIONS

## Café on the Park.

— Eat, Drink & Be Social at Glen Park —

Café on the Park is your local social enterprise located in Bayswater North.

Café on the Park operates Monday through to Friday, 9am to 3pm.

- ◆ Catering ◆ Fresh Meals ◆ Café Menu ◆ Volunteer Opportunities Available

30 Glen Park Road, Bayswater North  
[cafe@glenparkcc.com.au](mailto:cafe@glenparkcc.com.au) ◆ (03) 9720 5097

## BAYSWATER RSL

SUB-BRANCH Inc.  
of the RETURNED & SERVICES LEAGUE of AUSTRALIA  
(Victorian Branch) Inc.

9720 4638

[bayswater-rsl@bigpond.com](mailto:bayswater-rsl@bigpond.com)

### Opening hours:

- Mon, Tues, Thurs & Fri - 2.00pm
- Wed, Sat & Sun - 12.00noon

626 Mountain Highway Bayswater



**HEIDI VICTORIA**  
State Member for Bayswater District

*Congratulations Studfield Wantirna Community News on your 50th edition!*

*I remember the first edition. From humble beginnings you've grown, and grown, and do a terrific job of letting the community know what's happening close to home.*

*Keep up the good work. Best wishes,*

*Heidi*

9729 1622 | [Heidi.Victoria@parliament.vic.gov.au](mailto:Heidi.Victoria@parliament.vic.gov.au)  
[HeidiVictoria.com.au](http://HeidiVictoria.com.au) | [f/HeidiVictoriaMP](https://www.facebook.com/HeidiVictoriaMP) | [/HeidiVictoriaMP](https://www.instagram.com/HeidiVictoriaMP)

## Anzac Crete Veterans Honoured

from Tony Tsourdalakis

In a full house at the Members Pavilion of the Cretan Village, the Pancretan Association of Melbourne & the Cretan Brotherhood of Melbourne under the auspices of the Battle of Crete & Greece Commemorative Council hosted an Honorary Luncheon in honour of our last four ( 4 ) surviving ANZAC Crete Veterans here in Victoria, namely 104 year old Lesley Manning who served in the 2nd/ 7th Australian Infantry Battalion, 97 year old Norman Maddock also from the 2nd /7th Australian Infantry Battalion, 98 year old Ian Barker who served in the 2/3rd Australian Light Anti-Aircraft Artillery and 96 year old Dave Humphreys who also served in the 2/3rd Australian Light Anti-Aircraft Artillery, who travelled from Bendigo to be part of the event.



The Veterans were given a standing ovation and were awarded a medal from the Deputy Chief of Staff of the Hellenic Defence Forces Lieutenant General Konstantinos Floros accompanied by Lieutenant Colonel Christos Anastasiadis for what they did on Cretan soil back in 1941.

The representatives of the Municipality of Malevizi from the Prefect of Iraklion, Crete, and in particular Mr. Giorgos Aerakis together with Mr. Kostas Trigonis also honoured the surviving Veterans with the City of Malevizi official medal as well as with a silver plated customary Cretan knife and finally the Chairman Mr. Larry Irwin and Executive Secretary Mr. Tony Tsourdalakis on behalf of the Battle of Crete & Greece Commemorative Council also awarded the four honoured guests with Certificates of Commendation and Appreciation for their service and bravery

All four Veterans clearly emotional in their eyes spoke highly of the sacrifices of the Cretan people to house them, feed them and shelter them from the German Occupation whilst trying to escape from the island of Crete and in many



circumstances putting their own lives at risk to ensure that the ANZAC allied soldiers returned home to Australia.

The luncheon was also honoured by His Grace Bishop of Militoupoleos IAKOVOS, the President of the Legislative Council Mr. Bruce Atkinson MP, the Minister for Small Business Mr. Phillip Dalidakis MP representing the Premier of Victoria Mr. Daniel Andrews, the Federal Member for Calwell Ms. Maria Vamvakinou MP representing the leader of the Opposition Mr. Bill Shorten, the Member for Sandringham Mr. Murray Thompson MP, representing the leader of the state opposition Mr. Mathew Guy, the Mayor of Knox Cr. Darren Pearce, Warrant Officer Wesley Intihar from the Royal Australian Navy, the Group Captain Peter Cluff from the Royal Australian Airforce, the RSL State Treasurer Mr. John Cullen, Ms. Maria Lagoudakis, President of the Cretan Federation of Australia & N.Z., Ms Mary Vasilakis, President of the Pancretan Association of Melbourne and Mr. Jim Papadimitriou, President of the Cretan Brotherhood of Melbourne.

Other guests present were the President Mr Lee Tarlamis, the Vice President Ms. Christina Despoteris and the Secretary Mr. Jim Claven, all of whom represented the Lemnos Gallipoli Committee, Ms. Natasha Spanos from Oakleigh Grammar, Mr. Peter Andrinopoulos, President of the Federation of Messinian Organisations of Australia, Mr. Steve Kyritsis, President of the Hellenic RSL, and many Veterans family members and friends including Shirley Devery, Judie and Bruce Munroe, John Smith, Brent McCunn, Lorraine Skewes, Raymond Kennedy, Ian and Wendy Winnett, Peter and Mary Ford, Tony Rowe, Sally Mcleod and many others.



# LOCAL HEROES

## Amy Walsh Celebrates 100 Years

On Saturday 12th August Amy Walsh celebrated her 100th birthday. Amy was the 5th of 9 children and spent her childhood on her parents' apple orchard in Wantirna. After marrying Allan Simpson in 1938 the couple helped Allan's father run the Simpson family orchard in Wantirna South while raising their two sons Robert and Leslie. After the passing of Allan in 1972 Amy moved to Boronia where she became a valued member of the Boronia Bowls Club. She discovered a love of travelling and it was on one of her overseas trips that she met Bill Walsh who she later married in 1977.

Amy is a much loved mother, grandmother, great grandmother and great great grandmother.

by Julie Light



**TO ALL CUSTOMERS AND SUPPORTERS OF AUSSIE VETERANS OP SHOP BORONIA MALL**

### The Winners of Our Raffle

Car - Graeme Day  
Hills Physiotherapy - Garry Beech  
Dandenong Cranbourne RSL Voucher - Denise O'Halloran

On behalf of all staff, volunteers and the wider Veteran community we would like to express our sincere thanks for your support.

Watch out for the details of our next giant raffle



**ALAN TUDGE MP**  
Federal Member for Aston

f tudgeMP | alan.tudge.mp@aph.gov.au  
9887 3890 | www.alantudge.com.au

*Real Action For Knox*







# O'Brien Real Estate

Proudly  
supporting..

**Wantirna  
South Primary  
School Fete**

**Saturday  
November 18  
2pm to 7pm**

Contact Geraint  
Gardner on  
0450 923 437  
or visit our office at  
207 Stud Road  
Wantirna South for  
further details.





## *Pink Morning Tea*

To help raise awareness of diabetes in the community we are also holding a sugar free morning tea. So whether you have diabetes or not, please come along and enjoy a delicious morning tea with us! As well as some delicious treats, we will have raffles with some scrumptious prizes and sugar free recipe handouts. As it is also pink ribbon day, we think this is a great way to combine our focus on diabetes while raising money for a great cause. All we are asking for is a gold coin donation with all proceeds going to the Pink Ribbon Foundation.

**When: Tuesday 24th October**

**Time: 10am-11am**

**Where: Community Pharmacy Wantirna  
Shop 3&4 The Mall, Wantirna**



### **Diabetes Risk Assessments & Diabetic Foot Assessments**

**When: Monday – Friday throughout September & October**

**Time: 10am - 3pm Cost: \$15**

**Bookings: Please phone to make a time 9720 2872**

**Wantirna Community Pharmacy**  
**Shop 3-4 Wantirna Mall**  
**348 Mountain Hwy, Wantirna**  
**(03) 9720 2872**  
**OPEN 7 DAYS**

## **Diabetes**

Hello lovely readers!

This month at Community Pharmacy Wantirna we are focusing on diabetes.

Diabetes Australia estimate that 2 million Australians are at high risk of developing Type 2 Diabetes and that 500,000 Australians have undiagnosed Type 2 Diabetes which may be damaging their bodies while left untreated. Undiagnosed diabetes (and poorly controlled diabetes) can lead to severe health complications including: blindness, kidney disease, heart disease, and limb amputation.

Diabetes is something very close to my heart as at the age of 21, I was diagnosed with a specific form of Type 1 diabetes known as latent onset in adults. This is the same form of diabetes that usually affects children, but occurs instead later on in life as an adult. The onset of this form of diabetes can be quite slow and so for months prior to my diagnosis I was experiencing symptoms such as: Extreme thirst, weight loss, increased fatigue, constant infections, dry skin, and wounds not healing, I felt irritated a lot of the time!

I actually diagnosed myself as I learnt about diabetes at Uni and when the lecturer put the slide of symptoms on the screen I ticked off nearly all of them! When I saw my doctor she checked my blood sugar levels and I was 32 mmol/L! This is 4 times the normal range! No wonder I was feeling so unlike myself.

I now manage my diabetes with 4 insulin injections a day and believe me, being a busy pharmacist some days it can be hard to manage things appropriately, but I try my best

I encourage anyone who thinks they may be at risk of diabetes to get yourselves checked out! Hearing 'diabetes' can be a scary thing, but it can be managed and I know from personal experience that making a few changes to your daily routine can give you your quality of life back and that's something that's worth making the change for.

Those who are at most at risk are the following groups:

- Aged 40 years and over
- Physically inactive
- Have a family history of diabetes
- People who are overweight
- Smokers

To do our part to help, we are running screening assessments for anyone who wants to check their diabetes risk. See below for more details.

For those of you out there who may already be diagnosed with diabetes I am also running a foot assessment in store and a check of all your diabetes related questions.

During this appointment we will:

- Screen your feet for any signs of diabetic neuropathy
- Assess your overall foot health
- Do a check of all your medications
- Address any concerns you have in regards to diabetes
- Create an action plan to lower your blood glucose levels
- Clean and check your blood glucose testing meter

As I have said I am very passionate about this disease and can let you know during our appointment what has personally worked and not worked for me.

I hope to see you at some point during the month!

*Carmen Tisseverasinghe B. Pharm MPS*

[www.communitypharmacy.com.au](http://www.communitypharmacy.com.au)

## Collier Ward News with Cr. Jackson Taylor



Firstly, happy 50th edition SWCN, amazing work!

My job as your local Councillor is to listen and that's exactly what I've been doing. Consistently you've told me that parking around the Wantirna Health Precinct and Mall is unacceptable and that is why we are currently developing a 'Parking Strategy' across key spots in Knox with Wantirna's trouble spot the first cab off the rank. This will provide more certainty around parking and safer roads for locals. It's also clear that people want the 75 Tram Line to extend to at least the Knox Shopping Centre which is why we are advocating to the State Government now in the lead up to the 2018 election to see this become a reality, it just makes sense. In terms of delivering projects it's great to see VicRoads delivering \$280k to the deadly intersection at Mountain Hwy and Boronia Rd with works now underway, this is something I fought hard for with passionate locals, so well done!

What else have I been up to?

- Developing clearer policies around Vandalism and Community Safety in Knox
- Requested a report into the Sex Work Industry in Knox and how we can respond to make it safer for everyone and
- Finalising talks for work set to begin at Templeton Reserve (850k over 4 years).

Well that's a wrap for now, be sure to get involved in the upcoming Knox Seniors Festival from the 2nd to the 14th of October. Head to councils website or office for more information.

And as always please feel free to contact me :

E – [jackson.taylor@knox.vic.gov.au](mailto:jackson.taylor@knox.vic.gov.au)

M – 0418 719 940

FB – Jackson Taylor – Councillor for Collier Ward

**KING** Bean ☎ 9738 1550

Licensed Cafe

Trading Hours	
Mon-Wed	7am - 3pm
Thurs-Fri	7am - 5pm
Saturday	8am - 3pm
Sunday	8am - 2pm

Evenings for private dinners/functions  
**'For Great Coffee, Food and Service'**  
 Shop 7 Wantirna Mall S.C., Wantirna 3152  
[www.kingbean.com.au](http://www.kingbean.com.au)

## Deadly Bloodsuckers In Our Midst By Dr. Gloria Dieu from Wantirna Vet Clinic

With Spring being peak paralysis tick season in Australia, we should be mindful that nationally, the tick distribution has expanded by 17% in the last 10 years and their numbers have also increased in 73% of locations surveyed. The biggest concern is that we can now no longer consider Melbourne a tick free zone. Over recent years, Australian paralysis ticks (*Ixodes Holocyclus*) have been travelling to central Melbourne by either hitching a ride on pets from tick endemic areas or via tents and camping gear that have ventured out along the eastern coastline of Australia. Paralysis tick cases have been reported in a number of inner suburbs, including St Kilda, Brighton, Canterbury, Surrey Hills, Prahran, Eltham and Donvale...all of which are not too far from Wantirna!

Whilst most ticks on dogs are found around the head, neck and shoulders, they can be found anywhere on the dog's surface. Once attached, the female paralysis tick draws a blood meal and gradually engorges, while simultaneously injecting neurotoxins into their host that cause paralysis in their muscles. Common symptoms observed in tick paralysis include the following: vomiting, appetite loss, gagging, drooling, altered bark/ meow, lethargy, laboured breathing/ panting, coughing and progressive limb weakness which is first seen in the hindlimbs. Ultimately the paralysis becomes so severe that the animal is unable to stand or even lift its head. If you suspect that your pet has a tick, please seek immediate veterinary care. Left untreated, the outcome is often fatal.

The two features which are most easily recognised and which are characteristic of *Ixodes holocyclus* are demonstrated by the following pictures.



1. The anal groove forms a complete, though somewhat pear-shaped oval around the anus



2. The first and last pairs of legs are distinctly darker than the middle two pairs of legs

# WANTIRNA NEWS

**BANKSIA GARDEN CENTRE**

530 Burwood Hwy  
Wantirna South 3152

Phone: 9801 1637  
Fax: 9887 3191

## SPRING HAS SPRUNG AT BANKSIA NURSERY!

Contrary to the rumours circulating Banksia Nursery is not closing down. It is business as usual and we now have stocks of spring gardening plants such as new season roses, flowering azaleas and lavenders, indoor plants and lots of potted colour. It is also time to get your summer vegetables such as tomatoes, beans, zucchinis, cucumbers, lettuce etc. ready to be harvested in the warm months. Need advice? Ask our knowledgeable staff for assistance.

**Jump in to Spring with a hop, skip and a jump!**

The primary treatment for tick paralysis involves the careful administration of anti-tick serum which needs to be administered early before the signs are advanced for the best chance of a full recovery. Removal of the tick as soon as possible is vital as well. Prevention is MUCH better than cure, so don't risk it. Prevention can be achieved by a combination of daily searching for ticks in tick-prone regions and the use of tick preventatives. Our current bestseller is Bravecto, which treats and controls ticks for a period of 4 months! Please don't hesitate to pop into Wantirna Vet Clinic today to purchase some tick prevention for your pet or call us on 9729 9908 with any tick related enquiries.

**Wantirna Vet Clinic**  
KIND HEARTS... GENTLE HANDS

6 The Mall, Wantirna  
**9729 9908**  
[www.wantirnavetclinic.com](http://www.wantirnavetclinic.com)



### St Luke's Parish Mass Times

#### Weekend:

Saturday Vigil: 6:30pm

Sunday Mass: 8:30am and 10:00am

#### Weekday Mass:

Monday & Tuesday – 9:00am

Wednesday – 7:30pm

Thursday & Friday – 9:00am

#### Reconciliation:

Wednesday - 7:00pm

Saturday - 9:30am & 6:00pm

#### Adoration:

Wednesday 7:30pm – 8:30pm

#### Divine Mercy Chaplet:

First Sunday of the month: 2:45pm

9801 8411

Wantirna@cam.org.au

www.stlukeswantirna.net

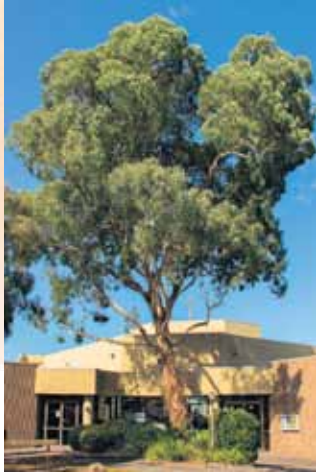
#### Office Hours:

Monday to Friday -

9:30am – 3:30pm

## Renewal at St Luke's Church

On Saturday the 12th August 2017 the Catholic Archbishop of Melbourne, Most Rev. Dennis Hart, came and blessed the reopened Catholic church of St. Luke Wantirna. This building had remained in its original condition since it was built 36 years ago. As a consequence the usages of those years were showing. After a great deal of pondering and assistance from an architect, Mr. Greg Chatelier, the decision was made to proceed with the renewal of the church. On 8th May 2017 Services were moved from the church to the nearby parish centre. For the next two months the interior was painted, the carpet was replaced and the vinyl tiles in the sacristy and foyer were replaced with ceramic tiles.

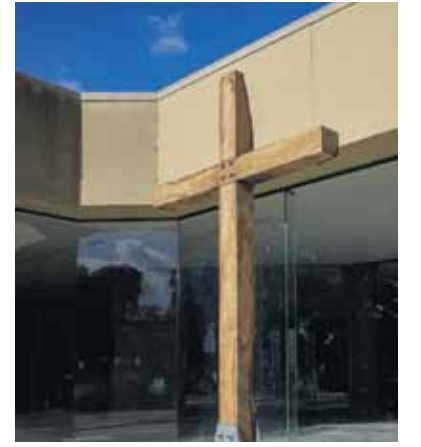


*The tree*

But the most notable change to the exterior of both the church and the parish centre was the removal of two messmate gumtrees. These trees had been part of the parish since the beginning. Unfortunately their proximity to the building and their health were causing damage to the both buildings. So, reluctantly, it was decided to remove these trees. The professional took all care and the trees were cut down, piece by piece. Two of the parishioners, Mark Murphy and Andre Stallbaum offered to construct a cross from the timber. The timber was milled on site using an Australian designed and built Yates portable mill. The timber was used to construct the cross. This was lifted into position between the entry doors where the tree once stood therefore the tree has gone but part of it remains.



*Mark and Andre building the Cross*



*The Cross in the courtyard*

## Orana Neighbourhood House

CELEBRATING  
**20**  
YEARS IN  
WANTIRNA



62 COLEMAN ROAD, WANTIRNA STH

www.orananh.org.au Ph: (03) 9801 1895

# History of Dandenong Creek

# LOCAL HISTORY

with Knox Historical Society

Dandenong Creek in the 1940s was all a child could desire – somewhere to swim all through summer; crystal clear water to quench one's thirst; blackberries (and mushrooms nearby) to pick in the season; frog spawn to be taken to school; wattle and Little Sedge to be picked to delight Mother; ti-tree saplings to be cut for Xmas trees or a stave for Scouts; picnics with the city cousins; wrens; robins; eels to be caught with a worm on the hook and a cork float on the line; maiden hair swatches; and annual winter floods for rafting and paddling.

By the mid-fifties all had changed. No longer idyllic as houses and industry started to encroach outwards from Bayswater. Soon the waterway was not fit for swimming, Noxious Weed inspectors waged war on the blackberries and the Dandenong Valley Authority had been established to institute flood mitigation works.

Members of the Heathmont History Group have prepared an 88 page report "The European History of Dandenong Creek from Bayswater Road to Boronia Road. Page 19 spells it out –

"The broad flat nature of the Creek's catchment has made it always susceptible to flooding. Particularly once suburban spread had reached to and beyond Bayswater, the swamps and flooding could no longer be tolerated".

The meandering creek had to be tamed.



"Boronia Road bridge (khs image 1631)"

Dandenong Creek begins its 53km journey to the swamps adjoining Port Phillip Bay on the slopes of Mt Corhanwarrabul within the 689 acre Doongalla Estate fed by small tributaries, some still unnamed.

The First People followed its Song Line to the mountain to escape summer heat, gathering mussels, trapping eels in the stream and possums in the ti-trees as they journeyed.

European exploitation of the creek started in 1837 when cattle were grazed on the flats by overlanders and a depot for the Native Police was established. Settlement quickly followed – Thomas Napier acquired land, now Jells Park, in 1838, Rev. Clow built Tirhatuan in 1841. Timber cutters soon followed harvesting River Red Gums on the flats and tall timbers on the slopes. Farmers occupied the plain, soon to supply produce to the Dandenong Market, the Butter Factory and later the Bacon Factory. Bosisto established a eucalyptus still in 1852 and botanists Daniel Bunce (1834) and Von



Original course of Dandenong Creek – dotted line; Re-alignment undertaken by Dandenong Valley Authority, 1967-71 – full line"

Mueller (1853) extolled the unspoiled beauty of the headwaters.

Flooding was always a concern. In 1879 the Minister for Works authorized the cutting of a channel from the Carrum Swamp to the Bay, creating the "Patterson River". Eighty five years later retarding basins, pipes, concrete channels and straightening would control flooding with the additional allure of increased farming, residential and recreational use.

"Admittedly the creek was now little more than an open sewer".

The rapid spread of factories, offices and homes and the proposal of a freeway towards Healesville added to the problems facing planners. Drastic problems gave rise to drastic remedies. When completed the Dandenong Valley Authority then joined with Melbourne Water and Municipal Councils to enhance management of the waterway, but no reclamation will ever return the creek to its former glories.



"Wantirna Rd bridge in flood, 1934 (khs image 1620)"

## Knox Historical Society's 'History & Mystery' Cemetery Tours

'The first grave. Now we're getting someplace. Houses and children and graves, that's home... Those are the things to hold a man down,' Joseph Wayne declares in John Steinbeck's novel *To a God Unknown*. For Knox's pioneer community, the final form of connection to the land came in 1873 with the establishment of the Ferntree Gully cemetery. Over the 140 years of its history, the cemetery has become the resting place of many remarkable residents and a wealth of local stories.

Join Karin Orpen on the evenings of 6 October and 24 November as she leads a torchlight tour of the cemetery. Drawing on her experience as a former Mayor and former Chair of the Cemetery Trust, together with new research by the Knox Historical Society, Karin will bring the cemetery's most intriguing tales to life – the tragic, the admirable, the mysterious, and the uniquely Australian.

The tour will take place on 6 October, 8.30pm at the Ferntree Gully Cemetery. Sherry and canapés available at The Hut gallery prior to the tour. Cost \$20 pp. Event not suitable for children. Bookings are essential and places are limited. For bookings phone 9758 6722.



Over 100 years of local history  
**Knox Historical Society Museum**  
 Open Sundays 1-4pm

3 Olivebank Rd FTG Melways ref. 65 D12

# KNOXFIELD & SCORESBY NEWS



**Do you like to chat over coffee??**

## **VOLUNTEER FRIENDLY VISITORS NEEDED!**

Bridges has a volunteer army force of 250 people who dedicate their week to helping our vulnerable and marginalised members of our community. Our volunteers add value to our programs and touch the lives of those they share their time with. If you have one hour a week to spare we need you! Bridges offers a variety of volunteer roles just ring and speak to Lyn 9763 9700 or email [lynm@bridgescc.com.au](mailto:lynm@bridgescc.com.au) for further informa/on.

**If you would like to support Bridges work why not come along to their TRIVIA NIGHT??**

Make a table of 10 or come and help make a table.

Friday 20th October 2017  
7.00pm for 7.30pm start

- Friends, family, neighbours
- All welcome
- BYO drinks and food
- Coffee & Tea provided

Boronia West Primary School  
Tormore Rd, Boronia

**Tickets \$20**

**Lots of Prizes to be won!**



To purchase tickets or for any enquires, please contact Lyn on 9763 9700 or email [lynm@bridgescc.com.au](mailto:lynm@bridgescc.com.au)

**SILENT AUCTION!**

## Finishing school and wondering what's next?



We are excited to introduce **Knoxbrooke Achieve**, a new program designed to teach the skills needed to achieve employment or further education.

### **Knoxbrooke Achieve Information Night**

Wednesday, 11th October 2017  
6pm – 7.30pm  
Basecamp – 88 Station St Ferntree Gully  
RSVP: Call **1300 KNOXBROOKE** or [www.knoxbrooke.com.au](http://www.knoxbrooke.com.au)



We are a registered **NDIS provider**

## knox <sup>your city</sup> **Seniors Festival** Over 55s Zest4Life

**Knox Seniors Festival**  
2-14 Oct

**Knox Over 55s Zest4Life**  
Nov-Dec

**More than 50 events and activitites.**

You're welcome to come and try something new, be entertained, celebrate and be active. Meet new people, make new friends and most of all, have fun!



For more information and to view the full program of events, visit [knox.vic.gov.au/seniorsfestival](http://knox.vic.gov.au/seniorsfestival) or phone **9298 8000**

# KNOXFIELD & SCORESBY NEWS

## No Ordinary Life – Positive Ageing in Knox

Dementia is not a dirty word..

Often associated with the ageing process is the degenerative disease of the brain, most commonly known as dementia. Whilst it is true that dementia “is the single largest cause of disability in people over 65” it is a furphy that it is a normal part of the ageing process. In fact, dementia can and does affect adults of all ages.

A recent report commissioned by Alzheimer’s Australia reported Knox is home to 2,626 people diagnosed with dementia, up 4.9% on the prior year. The report also forecast that Knox would see significant growth of those affected by Dementia over the next 30 years, projected to increase by 384% to an estimated 12,711 Knox residents with the disease.

September was Alzheimer’s Awareness month and as Alzheimer’s is the most common form of dementia, I wanted to take the opportunity to write about this important topic under the heading of positive ageing. In recent months I have had the pleasure of spending time with dementia sufferers and their loved ones. I have been given a raw unedited insight into their lives and particularly the physical and emotional strain often placed on the husband / wife carer. I have sat with carers who are physically and emotionally broken and yet selflessly give every speck of energy they have to caring for their spouse.

What I have learnt is that caring for an adult with dementia is harder than caring for a newborn or infant. It is more draining and socially isolating and unlike raising an infant, there is no reward for effort other than knowing that you are doing your best.

My article this month is therefore a shout out for all the carers out there - those that put their own needs last to care for their loved ones. What is apparent is that there needs to be better support services in place to provide affordable respite so that carers can catch their breath. Their also needs to be greater compassion and understanding of both the dementia afflicted and their carers right across our community. It broke my heart to hear stories where family and friends had “abandoned” couples because dealing with the dementia was too hard, too boring or inconvenient. In the words of one carer, “I soon found out who my true friends are, the ones who have stuck by me, reached out to me and are there for me on the days that are just too hard.”

I personally would like to see Knox be more dementia friendly. With simple interventions, we could make our public spaces more accessible for people with dementia and their carers. This would include consideration to providing safe environments and meaningful opportunities for people with dementia to still participate as valued and included members of our community.

Alzheimer’s Australia is a great resource if you want to know more about dementia or even how to maintain good brain health – [www.fightdementia.org.au](http://www.fightdementia.org.au)

Spread a little kindness if you can. A smile costs nothing.

**Cr Nicole Seymour – Tirhatuan Ward**

**e:nicole.seymour@knox.vic.gov.au m:0427 245 834**

EST.  
1988

## Graphic Engraving (Vic) Pty Ltd

Signage and Engraving Services

Our services include manufacturing a large range of small labels, tags, signs and full colour stickers. We can cut, machine and engrave various materials including acrylic, aluminium, stainless steel and timber.

Contact us: [sales@graphicengraving.com.au](mailto:sales@graphicengraving.com.au)

**P: 9764 0144**

**Factory 1/9 Samantha Crt, Knoxfield**

### FOR THE PERFECT POOL

**BIOGUARD'S SIMPLE 3 STEP PROGRAM WILL KEEP YOUR BALANCED POOL SPARKLING AND SAVE YOU MONEY!**

Sanitiser (or Chlorine) is an unavoidable expense in managing swimming pool water. So how do you make it work at its peak efficiency, ensuring you get value-for-money and 100% of it is used to kill bacteria? Easy, simply follow the **BIOGUARD 3 STEP PROGRAM.**

**STEP 1 OF 3 HEALTHY WATER**

Sanitising is the first step of the BioGuard 3 step program, where your chlorine is trying to kill harmful bacteria. Chlorine sanitises your pool water, however you shouldn't expect too much from it. If you choose just a chlorine to treat your pool...

- Only 20% of the Chlorine is actually killing bacteria
- 40% is used up, struggling to clear cloudy water (or oxidise)
- 40% is used up, struggling to kill algae

Product suggestions: Smarter Sticks, Smart Sticks, Power Chlor, Pacific Blue Power Tabs, Swim Sticks, Swim Tabs, Swim Clear. For salt pools, use Salt Pool Sticks in conjunction with your salt chlorinator.

**STEP 2 OF 3 SPARKLING CLEAR WATER**

ALWAYS use an Oxidiser to remove undesirable impurities from the water. Using an Oxidiser weekly, keeps your pool sparkling clean and enhances the chlorine's killing power so you'll use less of it and step 1 is much more effective.

But if you stop at this step...

- Only 60% of your Chlorine is actually killing bacteria
- 40% of your Chlorine is used up, still struggling to kill algae

You're one step closer to the perfect pool, but not there yet.

Product suggestions: Lite, Salt Pool Sparkle, Oxyshen

**STEP 3 OF 3 NO GREEN POOL**

ALWAYS use an Algaecide to kill and prevent algae. The last part of BioGuard's 3 step program will ensure your pool never goes green and totally frees up the chlorine to do its job – kill bacteria. Following all 3 steps now means...

- 100% of your Chlorine is killing bacteria

Your pool will always be safe to swim in and you've got the perfect pool!

Product suggestions: MSA Extreme, AlgiGuard, Algi Destroyer, Polygard Concentrate

Want healthy pool water, which is always safe to swim in, looks and feels great and doesn't turn green? Just follow BioGuard's 3 Step Program!



[www.bioguard.com.au](http://www.bioguard.com.au)

[/BioGuardAUNZ](https://www.facebook.com/BioGuardAUNZ) [/bioguardaunz](https://www.pinterest.com/bioguardaunz)

**POOL SCHOOL WILL BE  
IN MID NOVEMBER**

**CONTACT ONE STOP POOL SHOP FOR DETAILS  
T: 9753 3929 E: [info@onestoppoolshop.net.au](mailto:info@onestoppoolshop.net.au)**

## Cr Nicole SEYMOUR

**Tirhatuan Ward Councillor  
Knox City Council**

0427 245 834

[nicole.seymour@knox.vic.gov.au](mailto:nicole.seymour@knox.vic.gov.au)

 Cr Nicole Seymour



# NEWS IN GOOD HEALTH & WELLBEING

**Centre of Wellbeing**

Massage + Chiropractic + Counselling + Naturopathy

**Every Day Activity Causing Pain**



We are human too and know what it is like.  
We may be able to help.

To make an appointment, call us now or book online  
77 Anne Road, Knoxfield **03 9763 0033**  
www.centreofwellbeing.com.au + www.roswilson.com.au

## Laughter Club News

Congratulations Studfield Wantirna Community News on your 50th Edition. What a fantastic achievement bringing an abundance of news and issues to local people. That also speaks volumes of the ongoing dedication to the staff of volunteers who have made this ongoing success.

I think you will agree the importance of celebrating milestones and taking the opportunity to look back and review the circumstances and history of the celebrations is most rewarding. At the laughter club we drop into spontaneity when there is such an event such as a birthday, anniversary or any other occasion to be marked. It livens the imagination. As time wears on there seems to be less acknowledging of special achievements which can be a little sad and disappointing.

It is important to live each day anew. My suggestion is to live each day fully and fresh, with zest and wonder.

Attending our laughter club will certainly assist you to live with more awareness, mindfulness, and spontaneity and help keep you enjoying life. Most will agree, we need more laughter, hope and joy in our lives.

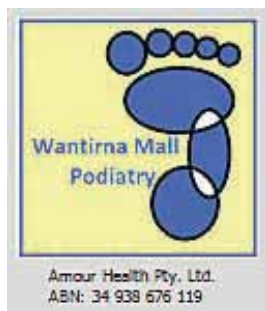
I hope to see more of you come along in October, on the 8th or 22nd particularly as it coincides with the Seniors Festival. We are thankful to the Knox City Council who support and help promote the free community Ferntree Gully Laughter Club. Of course, we are equally grateful to this newspaper for helping raise awareness of what we do also. People read about us and like a seed being sown can take time to make it's presence known.

We will make a point on the 8th in particular to incorporate some laughs about milestones and anniversaries, attributing some to this 50th edition of the SWN. You will have first-hand experience of how we experience joy through laughing, which develops into rich spontaneous and often memorable laughter moments, rather like improv theatre, if you are familiar with that, then you will enjoy it.

Do come along and phone first to make your acquaintance, you will be glad that you did! Cheerio for now.

**Ferntree Gully Laughter Club**  
Contact details: **Lynette Mitchell 0425 799 258**  
Website: [www.laughterforliving.com.au](http://www.laughterforliving.com.au)

Disclaimer: Information shared here is from my personal understanding and experience. Advice given is general and as I am not a medical doctor, take no responsibility for how it is received, my intention is that articles will be supportive and assist in living a fuller, holistic life.



### Wantirna Mall Podiatry

Melina Linardatos (B. Pod, MAPA)  
4/322 Mountain Hwy  
Wantirna VIC 3152  
9720 1235  
Open: Tues – Fri 9am to 6pm  
Sat: 9am to 1pm  
[www.wantiramallpodiatry.com](http://www.wantiramallpodiatry.com)



### Fungal foot infections

There are different types of fungal infections of the skin and nails that occur on feet and can be itchy, contagious and hard to clear. Fungal infections thrive in dark, moist, hot environments, these conditions make feet prone to fungal infections.

Fungal nail infections cause nails to become thick, discolour, have an odour and break easily. However, some nails may look fungal but are not as their appearance may have been caused by different mechanisms such as trauma or a systemic disease such as Psoriasis. If you are worried about your nails a Podiatrist can help diagnose the cause, recommend an appropriate course of treatment including anti-fungal treatments and professionally trim and thin the nail. Keeping fungal nails trim and thin can help facilitate anti-fungal treatments.

Fungal infections of the skin can occur on feet between the toes known as athletes' foot or tinea pedis. Fungal infections of the skin can be apparent in three general forms: vesicular type tinea pedis where there are small vesicles on the feet with fluid inside, hyperkeratotic type tinea pedis where the tinea causes thickening and dryness of the skin



and interdigital type tinea pedis where the skin becomes white and flaky with fissures between the toes. These infections also require an anti-fungal preparation for their cure and effort to ensure that you don't reinfect yourself. However, there are some skin conditions that resemble tinea pedis but are treated differently so a proper diagnosis and treatment regime is required.

Please visit us on our website for more handy tips.

## WANTIRNA DENTURE CLINIC

- Full & Partial Dentures
- Mouthguards
- Relines
- Veteran Affairs
- Repairs
- Vic Denture Scheme

### Chris Brownlie

Dental Prosthetist

**Telephone: 9720 1555**

487 Boronia Road, Wantirna  
Cnr Stud Rd, opposite Knox Club



## News from Wantirna Osteopathy by Dr. Jason Stone

### Restore mobility, Discover vitality.

A day doesn't pass where someone asks me "what does an Osteopath do?"

Most people have a good grasp on what Physiotherapists and Chiropractors do but the mystery still remains around Osteopaths.

This is predominantly due to the much smaller number of Osteopaths in Australia. There are currently only three Australian Universities running Osteopathy courses, two of which are in Melbourne. As a result Victoria is rapidly increasing in numbers of Osteopaths and currently account for around 40% of the nations approximate total of 1800.

So what do we do?

Osteopathy, as a result of it's 'wholistic' philosophy, has always been very difficult for Practitioners and Patients to explain. Because Osteopaths look at how various regions of the body can cause strain and pain in other regions of the body they don't just treat a specific range of conditions. Furthermore, because Osteopaths have a wide range of different treatment techniques they will vary their style of treatment from patient to patient.

A common day could involve - massaging, stretching and manipulating the lowback of a burly footballer with groin pain, gently improving the arthritic neck range of motion of an 80 year old man with headaches and then freeing up the lowback and abdomen of a new born baby with colic.

This diversity in treatment methods and conditions we treat is all a result of the underlying philosophy that the body is a single entity and the health of its structure will govern its function.



I recently heard a non Osteopath refer to what we do as 'restore mobility, discover vitality.' In a nutshell, with all the conditions we treat and all the different techniques we use, this statement is exactly what we aim to achieve.

Osteopaths will examine the body for areas of reduced mobility, which are contributing to the presenting complaint and then use the appropriate treatment techniques to improve that mobility.

Hopefully now for all our patients explaining what we do it's clearer now that we help people discover their vitality by restoring their mobility.



#### For the treatment of:

- Sports injuries
- Headaches
- Back and neck pain
- Joint and muscle pain

[www.wantirnaosteo.com.au](http://www.wantirnaosteo.com.au)  
161 Stud Rd, Wantirna South (03) 9800 0388

## On yer bike! from Knox City Council

### Council encourages pedal power during October

Knox Council is encouraging residents to explore the health benefits of switching from four wheels to two next month.

This comes as more than 150,000 Australians are expected to ride their bikes to work as part of Ride2Work Day on Wednesday, 18 October.

Knox Council Deputy Mayor, Cr John Mortimore, said "Cycling is a great way of getting more physically active and de-stressing, while also helping to save money on petrol and parking."

"Council is supporting the growth of cycling across Knox by investing in cycling-related safety and infrastructure projects." These include:

Marie Wallace Oval Bike Repair Station – the first one in Knox, this facility will be a free-standing station which will allow bike users to pump a tyre, fix punctures etc;

George Street Bike Link Safety Trail – Installation of measures to improve driver awareness and visibility of cyclists on the road when turning in and out of an intersection. Also, improving on-road facilities to encourage cyclists to cycle on the road rather than on the footpath;

Bike It Challenge – Knox Council will run this competition, along with Casey Council, for the first time on Thursday, 2 November at Stud Park Reserve. "Bike It" is an interschool bike skills event where Grade 5 and 6 students compete against each other to highlight cycling skills they have learnt through bike ed; and

Static Road Safety 'promo bikes' – Council has partnered with VicRoads in rolling out a shared path safety campaign across Knox.

For more information about cycling in Knox, please visit Council's website or contact the Traffic and Transport Team on 9298 8000 or email [SustainableTransport@knox.vic.gov.au](mailto:SustainableTransport@knox.vic.gov.au)

## Hands on Myotherapy



Tennis Elbow and Golfer's Elbow is a common complaint among our clients. It is usually caused by the overuse of the muscles and tendons in the forearm and leads to inflammation. Pain is increased when lifting and gripping.



- Back and Neck Pain
- Pregnancy Massage
- Knee and Leg Pain
- Deep Tissue Massage
- Sporting/ Occupational Injuries
- Golfer/ Tennis Elbow
- Headaches
- Sciatica

**8740 3991**

Unit 10/603 Boronia Road  
Wantirna VIC 3152

Monday - Friday 9am to 7.30pm  
Saturday 8am to 1.00pm

[www.handsonmyotherapy.com.au](http://www.handsonmyotherapy.com.au)  
[enquire@handsonmyotherapy.com](mailto:enquire@handsonmyotherapy.com)

Remedial Massage and Myotherapy are effective treatments in managing these conditions, short and long term. Techniques include soft and deep tissue massage, working through the layers of the muscle to focus on the fibrous muscles. Dry needling, another effective treatment, targets trigger points or knots with a fine needle. This is a great aid in releasing tension and tightness and encouraging blood flow. Targeting trigger points can also be done manually. This occurs when the therapist applies direct pressure to the activated points.

Proactively, therapists also use a range of mobilisation and stretching techniques to increase range of motion and restore their strength and flexibility prior to injury.

In this edition, we are excited to introduce a new member to our team. Cecilia is a Myotherapist and joined our team in September. With over six year's clinical experience, she has an interest in chronic pain management. If you would like to make an appointment with Cecilia or another team member, please call or book online.

2017 Knox U3A Art Show *by John E. Ford*

Preparations are well under way for the running of the 21st Knox U3A Art Show which will be held at the U3A Campus, 1A Park Boulevard, Ferntree Gully on the 7th and 8th October 2017. The show will be open to the public from 10 am to 4 pm on both days, and the opening ceremony with the announcement and presentation to prize winners is to be held on the Saturday at 11.00 am.

With the separation of the Quilt and Craft aspect of the show (recall our very successful show in April) there is much more room available for display so we look forward to greater participation not only from U3A artists, but also other local artists this year. We are particularly anxious to increase entries in the photography section which has been a little under-represented of recent years.

Through the kindness of our many sponsors, valuable cash prizes will be awarded to the top three placegetters in each category, together with a "Best in Show" Award of \$1000 kindly provided by Ferntree Gully Toyota. Knox Environment Society is again sponsoring a prize for "Best Landscape". There will also be a "Viewer's Choice" prize awarded at the end of the show.

Categories include Oils, Watercolours, Pastels, Acrylic, Other Media and Photography, entry fees for which are \$6.00 per item for the graphic arts, and \$4.00 per item for photography. Entries close on 22nd September 2017, and may be achieved through our website [www.u3aknox.org.au](http://www.u3aknox.org.au) and follow the links to "Art Show", or by visiting our office during office hours, or telephone to request an entry form on 9752 2737. Entry fees are expected to be paid with entry forms.

Market stalls will be set up on both days so that patrons may purchase garden plants, books and craft items, and, as usual, morning and afternoon teas and light lunches will be available throughout.

We hope to see as many as possible at the show to ensure its ongoing popularity and success.



## 21st Annual Art Exhibition & Sale

**Saturday 7th October &  
Sunday 8th October  
10.00 am to 4.00 pm**

**U3A Knox Campus  
1A Park Bvde, Ferntree Gully**

**Once more U3A Knox is proud to present its annual Art Show displaying works by U3A and local artists in many different media – oils, watercolours, pastels, acrylic and other media, and photography. Entry is a \$4 donation which includes a Catalogue. Market stalls will offer plants, books and craft items for sale, and light meals will be available.**

**We look forward to seeing you there.**

**Further details 9752 2737**

**[www.u3aknox.org.au](http://www.u3aknox.org.au)**

BROUGHT TO YOU BY FERNTREE GULLY TOYOTA

### Topical History in Term 4 at U3A

With the so-called "rogue" state of North Korea firmly in the news at the moment, it is timely that our resident expert on all things East Asian, Alan Black, proposes running a course on this intriguing country during Term 4 at U3A Knox.

Our tutor will concentrate not only on the politics and history of North Korea, but also its people, and the many areas of natural beauty the country possesses, which are often denied access to western observers. His sources are impeccable, and he possesses much in the way of photographic material that simply is not now available.

In the past, many popular courses on China, the Silk Roads and other similar topics have been run. These have now concluded, and our tutor is now making his knowledge of North Korea available to members during term 4. To take advantage of this, you must be a member, so visit our website [www.u3aknox.org.au](http://www.u3aknox.org.au) to join, and participate in sharing his extensive knowledge.



**NEW-LOOK  
YARIS**  
HAS ARRIVED.



**TOYOTA**

**Ferntree Gully Toyota**

1101 Burwood Highway, Ferntree Gully  
T 03 9758 8222  
[ferntreegullytoyota.com.au](http://ferntreegullytoyota.com.au) LMCT10793

*Oh what a feeling!*

## News from the Australian Jazz Museum

**Proactively Collecting, Archiving and Disseminating Australian Jazz.**

### Jazz Historian Jack Mitchell helps Museum

by Ken Simpson-Bull

The Australian Jazz Museum is fortunate to have the assistance of Australia's foremost jazz historian and discographer, Jack Mitchell. Jack is the author of several books on Australian jazz performers and jazz history. His discography, "Australian Jazz on Record", contains comprehensive details of the personnel and other details of almost every commercial jazz recording made in this country from 1925 to the present, the current edition being available on a CD ROM of more than 1,100 pages. Staff at the Museum know that to ask Jack a question about jazz is to receive an accurate and comprehensive answer.

Jack, a young 91 years old, lives in Lithgow, NSW, and is a retired dentist who has been a jazz aficionado since his teens. Apart from an occasional article for the Museum's magazine, he recently helped the Jazz Museum produce a double-CD

called "Jazz Masters of the 1940s" using much material from his collection of rare jazz recordings. His latest assistance is to provide and recommend more rare material to assist in the production of the Museum's latest double-CD, "More Jazz Masters of the 1950s" (AJM 039). This new CD set, containing a generous 2½ hours of entertaining music, much of it never-before-released, may be purchased from the Museum shop or on-line at [www.ajm.org.au](http://www.ajm.org.au).

Readers are reminded that the Australian Jazz Museum is run entirely by volunteers. New faces are always welcome by the friendly staff, so if anyone would like to offer their skills for one, two or three short days per week, please contact the Museum on the number below or check-out details on our web site.



The Australian Jazz Museum (a nationally accredited museum), 15 Mountain Highway, Wantirna (Melway Reference 63, C8) is open free to the public on Tuesdays and Fridays from 10am to 3pm. For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the web site at [www.ajm.org.au](http://www.ajm.org.au)



Jazz historian, Jack Mitchell

knox your city  
Festival **Stringybark**  
Make. Do. Play. Connect.



Major sponsor  
**Ray White**

Supporting sponsors  
Stockland  
holmesglen

**14-15  
October**

Rowville  
Community Centre  
40 Fulham Rd  
Rowville  
[knox.vic.gov.au/  
stringybark](http://knox.vic.gov.au/stringybark)



### FERNTREE GULLY ARTS SOCIETY 157 UNDERWOOD RD, FERNTREE GULLY "Members Annual Awards Exhibition and Bouly Award"

Sunday October 1st to Sunday November 5th  
Weekends 11am to 4pm

Official Opening and Award Presentation Sunday October 1st at 2pm  
Also featuring John Dunne's Oil Portrait Group Exhibition in the foyer.  
All Welcome. Free Entry.

**Weekly Workshops and Classes for Members and Non Members.**

### Christmas Arts and Crafts Sale Jewellery, Pottery, Paintings and more

Saturday 4th & Sunday 5th November from 11am to 4pm.  
From November 11th to December 10th.  
Wednesday to Sunday from 11am to 4pm.

You may find that Special gift for that Special person at a very reasonable price.  
**Come along. Free entry. All welcome.**

### "After-School Young Artists Exhibition"

Official opening and awards presentation  
Friday November 10th at 6.30pm.  
Exhibition Hours: Wednesdays to Sundays from 11am to 4pm from  
Sunday November 12th to Sunday December 10th

### "The Immerse Exhibition"

Sunday November 12th to Sunday December 10th  
Featuring 4 Artists: Jan Neil, Diana Ingleton, Amanda Sgourakis and  
Matthew Alford.

Wednesday to Sunday from 11am to 4pm  
**All Welcome. Free Entry.**

Information <https://thehutgallery.wordpress.com>  
or Facebook The Hut Gallery Ferntree Gully Arts Society.



## What's been happening at the Ringwood Field Naturalists Club ?? *by Alison Rogers*

### Speakers

#### August Meeting. Dr Kate Charlton Robb - "The Burrunan Dolphin"

Kate is a researcher who spends much of her time working on the Burrunan dolphin. This is a species of bottlenose dolphin found in parts of Victoria, Australia. They were recognised as a species in 2011. She spoke on the genetic signature of dolphins in the Gippsland Lakes and Tasmania which match. She mentioned that only 150 of these dolphins are in the wild.

A wonderful presentation on a little known species.



*Photo courtesy of K C-Robb*

#### September Speaker - President's Address: Peter Rogers - "Fitzgerald River National Park", WA

Our 'outgoing' President, Peter gave part two of a presentation on a recent trip to Western Australia. Fitzgerald River National Park is one of the largest National Parks in WA. It is around 400 kilometres from Perth. This area



*Photo Alison Rogers*

is well known for its wonderful floral displays of Australian plants and flowers. Peter's presentation was illustrated with beautiful images of many of these flowers. The area is also known for its pristine beaches and has a viewing area for watching whales off the coast.

### Excursions

#### July excursion - Werribee Gorge State Park

Helen and Graeme led us on this excursion to an area that many of us had not been to before. Not far past Bacchus Marsh this gorge is a very popular area mainly for hikers/walkers and picnickers. Although there was a variety of walks, Graeme chose to take us on the river walk. This showed the impressive views of the river and the cliff faces of the gorge. Some were lucky to see the elusive peregrine falcon with its dark hood. We saw many other birds with very friendly blue wrens around our feet at lunch time.



*Photo Alison Rogers*

Although the bush is quite sparse in this area it was good to see the Golden Wattle *Acacia pycnantha* (Australia's National Flower) brightening up the bush.

#### August excursion - Sea Life Melbourne Aquarium Visit

A very different excursion was organised for August. We headed into Melbourne to the Aquarium to do a morning tour. Led by Jason we were enthralled with his very detailed commentary of the displays. He concentrated on the marine life of Western Port

and Port Phillip Bay, but of course there was many from the tropical areas of Australia. A highlight was to be taken 'behind the scenes' to see the food preparation area, veterinary area, divers instruction area and the large water tank with 1 million gallons of water in it which housed huge rays, sharks and many fish.

### Next month our Presentation will be:

#### October- Speaker – Ian Grant "Backyard Astronomy"



*Photo Jack Airey*

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome. For more details phone Alison or Peter on 9801-6946.

Check out our Website <http://www.rfnc.org.au> there is so much more to see and find out.

## Knox Environment Society *by Zoe Peltakis*

K.E.S.'s plants of the month are *Lomandra Longifolia* and all eucalypts for only \$1.00 per tube!

Eucalypts are a dominant part of the Australian flora. Commonly known as gum trees, eucalypts have evolved to be an integral part of the Australian identity with the bush. From the children's song *Kookaburra* sits in the old gum tree through to the distinctive smell of eucalypts to iconic paintings and photographs, eucalypts are an essential part of Australian culture, featuring in art, music and literature. Eucalypts come in a great range of shapes and sizes – from tall trees to small shrubs and the Nursery has several species to choose from. Eucalypts serve as shelter for many species of native Australian animals and birds. Did you know that it is only a few varieties of gum leaves that are the primary and only food source eaten by koalas!

Planting eucalyptus is important and it is of significance to the survival of native flora and fauna, but consideration needs to be made as to where it will be planted given that we live in an ever growing suburban sprawl with its necessary infrastructure.

Free advice on planting eucalypts is available at the nursery as well as information on the possible location to plant grasses, shrubs and herbs such as *Lomandra Longifolia*, which not only has a lovely native flower but a food source that attracts our local native birds.

More information on K.E.S., the plants available and current projects that you can be part of is available at, [info@kes.org.au](mailto:info@kes.org.au). You can visit the nursery located in the parkland opposite the Ferntree Gully Library, entry off Burwood Highway, Melway reference 74 A5. The nursery is open Thursdays, 10am to 4pm and Saturdays and Sundays 10.00 a.m. to 1.00 p.m.



# News & Events at Your Library

by Jasminder Ghotra



# LIBRARY NEWS

Introducing Kanopy- Our new movie streaming platform Kanopy has thousands of films, documentaries and educational courses available for your viewing pleasure.

Here's how it works:

You can view 12 movies per month (12 credits) Watch each film for up to 3 days without using another play credit. Play credits reset on the 1st of the month. You can access Kanopy from any device including Roku, IOS and Android apps.

To get started you will need to create an account. Click on 'Sign up' in the top right-hand corner and then fill in the form. Validate via the email sent, type in your library card number and you will be good to go!



Top Reads & Newest DVDs

This month's collection of Top Reads and New DVDs have become available at your local branch. There's lots of entertainment available to help you get through those rainy days! Place free reservations on any of these titles at [www.yourlibrary.com.au](http://www.yourlibrary.com.au).

Check out this month's latest titles:

Top Reads:

- David Gillespie – Taming Toxic people
- Robyn Harding – The Party
- Kerryn Phelps – The Mystery Gut
- Daniel Silva - House of Spies
- Dion Leonard – Finding Gobi
- Debbie Macomber – Any Dream Will Do
- James Patterson – Fifty Fifty
- Phillipa Gregory – The Last Tudor
- Rosie Waterland – Every Lie I've Ever Told
- James Phelps – Green is the New Black

New DVDs:

- Denial (2016)
- Fate of the Furious (2017)
- Fifty Shades Darker (2017)
- Ghost in the Shell (2017)
- John Wick Chapter 2 (2017)
- King Arthur: Legend of the Sword (2017)
- One Last Heist (2017)
- T2 Trainspotting (2017)
- XXX: Return of Xander Cage (2017)
- The Zookeeper's Wife (2017)

Find these titles at your local branch or place free reservations online at [www.yourlibrary.com.au](http://www.yourlibrary.com.au).

School Holiday Events at your local library

The September school holidays are arriving shortly and your library will be hosting many events including robotics, Minecraft, making spaces, performers and much more!

Some of the great events happening at your library include:

### A Make and Take with the Knox Woodworkers

Rowville Library - Tuesday 3/10 9:30 & 10:30am  
Ph: 9800 6443

Join the Knox & District Woodworkers Club to create a Masterpiece out of wood to take home, this great event is for children aged 4 and over.

Cost: \$5 cash payable on the day.

### Hour of Code

Bayswater Library 2/10 at 2pm Ph: 9800 6498

Use your imagination and newfound coding skills on our iPads to program within familiar digital worlds, this free event is for children aged 8 and over.

### Ron the Clown

Boronia Library 4/10 at 2pm Ph: 9800 6488

Join Ron the Clown for music, magic, juggling, puppetry, balloons, plate-spinning and more! This event is for children aged one and above.

Cost: \$5

### Recycle Rumble Make a Robot

Bayswater Library 6/10 at 3pm Ph: 9800 6498

Come and make a robot out of recycled materials at this free event for children aged 6 and over.

Family Story Time at Stud Park Shopping Centre

Centre Court (Next to The Coffee Club) inside the Stud Park Shopping Centre 2/10, 4/10 and 6/10 11-11:30 am

Join Michelle from Rowville Library for a fun filled story time with music and stories. No bookings necessary, just come along!

Your local library has many more events on but make sure you book in as places fill out fast. You can see a full program of school holiday events on our website [www.yourlibrary.com.au](http://www.yourlibrary.com.au) or come into a library and pick up a brochure!

### Transition to Retirement: Everything you need to know.

Ferntree Gully Library 3/10 at 2pm Ph: 9800 6455

Join us for this informative session with Arati Vidyasagar, who is the Outreach Information Officer for the Council on the Ageing (COTA), Victoria.

Transitioning to Retirement considers how our choices assist us in embracing the gifts of retirement and counteracting the ageism which permeates society.

In this session we deliberately do not talk about money but focus instead on the possibilities that the 3rd and 4th ages offer older people and the communities in which they live.

Everyone is welcome to this free event and afternoon tea will be provided! Bookings essential.

### Growville Gardeners - Springtime Plant and Produce Swap

Rowville Library 2nd Tuesday of the month at 10:30am  
Ph: 9800 6443

The Growville Gardeners is a group of gardening enthusiasts who would like to share their knowledge and interests. With the occasional guest speaker and

the in-house garden there will be lots to do and discuss. Everyone is welcome to this free event on 10/10.

Spring is undoubtedly one of the most exciting times to be a gardener. A garden full of possibility. Lovely fresh new foliage, a celebration of flowers and new plants to sow and grow.

Join the Growville Gardeners for a morning of seed swapping, cuttings and plant sharing and have a cuppa with a friendly group of fellow gardeners.

Call us to book or book online at [www.yourlibrary.com.au](http://www.yourlibrary.com.au)

### Featured Technology Events

Your library hosts regular educational workshops to help you thrive in the digital world. Coming up in October we'll be exploring Creepy Internet Things, like how companies are tracking you in the digital Age.

We'll have an informative session about encryption and how to keep your information safe as it travels through the internet, and finally we'll have Brenda from COTA Victoria assisting older Australians with social media.

**Creepy Internet Things** - 21/9 2pm Knox Library  
Ph: 9800 6470.

In this session we'll explore how your every mouse movement can be recorded and watched by a stranger, how passwords can be effortlessly revealed and how marketers track us as we move around the internet. This is a free and educational session for beginners.

**Encryption VPNS Web security** - 13/10 1pm Boronia Library Ph: 9800 6488

This session is a factual presentation of technical protocols, how they're used and why they're relevant. Bring along your questions - this will be an informative ride!

**Help with technology with Cota Victoria for older Australians** - 20/10 1pm Boronia Library Ph: 9800 6488

Are you curious about Facebook and how to connect to people using technology? Then this is the talk for you! No prior knowledge is needed and tips on privacy will be included in this informative session.

Your local library hosts a range of technology events, if you want to find out more, visit a branch near you or our website [www.yourlibrary.com.au](http://www.yourlibrary.com.au)



**Working hard for  
our local community**

Unit 4, 91 Dorset Road, Ferntree Gully 3156 | P: 9758 6011

✉ [nick.wakeling@parliament.vic.gov.au](mailto:nick.wakeling@parliament.vic.gov.au) [www.nickwakeling.com.au](http://www.nickwakeling.com.au)

Funded from Parliament's Electorate Office and Communications Budget.

**Nick  
Wakeling** MP

**STATE MEMBER FOR FERNTREE GULLY**





## Chocolate Grove's Living History Centre by David Mallen

The Club visited The Living History Centre at Chocolate Grove in Carrum Downs in July. The Centre was inspired by some of the famous household names in Australian chocolate and confectionary such as, MacRobertson's, Hoadley's, Allens, Smalls, Darrell Lea and Ernest Hillier. It contains many examples of their packaging, advertising material and photos, as well as some articles outlining the history of these iconic companies – most of which have been taken over by overseas organisations like Cadbury and Nestlé.

About 20 members enjoyed the presentation by Managing Director, Will Muddyman and his grandson, Luke. Will told us about the history of chocolate making in Australia and which companies are still around. Most of us remembered the old chocolate bars, boxes and tins. (If you have any old boxes at home please contact Will as he is keen to fill any gaps in his display.) One member remarked, "That's the candy bar I used to buy for 6 pence with

my leftover lunch money on the way home from school!"

Chocolate Grove has been making delicious chocolates in Melbourne since 1987. They are experimenting with many new flavours or as they call them: "tastebud sensations", such as chocolate coating sandalwood nuts, salt & vinegar crisps and pretzels. Their honeycomb chocolates are delicious. Some members were caught going back for seconds from the free samples tray!

Life Activities Club Knox usually has a Social Outing like this one every month. They also provide over 20 other activities for seniors living in and around Knox.

More information is available on their website, Facebook and Instagram or by phoning them on 0481 831 788 or emailing [knox.enquiries@life.org.au](mailto:knox.enquiries@life.org.au). [www.life.org.au/knox](http://www.life.org.au/knox)



## Knox & District Over 50s

If you are new to the area or recently retired then can I suggest that you visit the Knox Over Fifties club, where I can promise a very warm welcome. We are a group of seniors who love life and enjoy nothing better than going out on one of the clubs many social outings.

There are various activities the Club has planned for the next few months. This year the clubs holiday is to the Grampians for five days, and also in October a day trip to Alwyn Gardens. Later in the year the club will host a spectacular Melbourne cup lunch and Christmas party at the Marybrooke. The club also hosts monthly events with cinema outing, lunches at various venues around Knox, coffee mornings at Myer Knox City, book clubs, Morning Melody mornings and our monthly meeting with a speaker.

Our monthly meeting is held at the Boronia Progress Hall (in Boronia!) on the fourth Tuesday of the month. Our next meeting is Tuesday 24 October 2017. Meetings start at 10.30am so come early to get a good seat. We look forward to seeing you there.

Contact Jill on 9801 4363 for any further information.

by Kay McLoughlin



## News from Knox Scouts

by Nicole Klep, District Leader Cub Scouts

### 'Badge Day Banishes Boredom'

On the 19th of August, about 150 Cubs aged 7-10 years converged on Melbourne Australia Temple complex in Cathies Lane, Wantirna. "Why were so many Cubs out and about having fun together?" I hear you ask. Well, they were all there for the City of Knox District's fantastic Badge Day event!

Cubs were able to select three 'level 1 achievement badges' to complete. Their choices were from Animals & Birds, Art & Design, Citizenship, Codes & Signals, Collector, Cyclist, Engineer, First Aid, Flight, Handcraft, Masks & Sculpture, Naturalist, Scientist, Weather and World Friendship. At lunch time, Cubs if they chose can also earn their Collector Badge, by presenting their special collections to the District Cub Leaders.

The most popular achievement badges were Animals & Birds, Art & Design, Engineer and Scientist – a wide variety of interests were covered.

Leaders from each Cub Pack, with the assistance of parents and leaders from other sections, ran the badge bases. By the end of the day we had many

weary, but content, Cubs and leaders. We were extremely lucky with the cold windy, wet day, with only one out of the three cyclist groups getting wet!

A big WOOF to Melbourne Australia Temple for the use of their fantastic complex.

If you are interested in trying Scouting go to: <https://scoutsvictoria.com.au/locations/all-groups/>

1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 2nd Knoxfield are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 6 to 26 years and after 26 lots of fun is to be had by becoming a leader!



## Say "hello" to Knox Woodies by Harry Deschepper

For almost thirty years the Knox and District Woodworkers' Club has been the Ferntree Gully region's focal point for men and women who have a common interest in any aspect of woodwork.

The club, formerly known as the Ferntree Gully Woodworkers' Club, was set up in 1988 under the guidance of first president, Alf Stephens. In that first year meetings were held in makeshift premises at the local tech school. Following lobbying by club members, the local Knox City Council made one bay of a storage facility available as a permanent workshop. Over the following years members built two additional workshops and a modern clubroom on the site. While all machinery use is limited to the workshops, the clubroom houses a dozen workbenches where members can hone their hand-tool skills. The workshops have 2 table saws, 4 band saws, a jointer and a thicknesser, 2 router tables, pedestal drills, nine lathes in the turning room, and much more and all machines are connected to a state of the art dust extraction system ensuring that dust from woodworking activities is kept to an absolute minimum.

Membership continues to grow and peaked at 206 last year. Age varies with 75% of members aged 45 to 85. We are a very inclusive group and age, gender, occupation or football team preferences are no barrier to membership. Currently we have about 30 female members, most of whom are very active.

Primarily the club exists to offer a comfortable place and good equipment to practice our woodcraft. The club is open daily except Sunday, and most weekday evenings. Each session has an emphasis on a particular interest group but members can work on any project at any time. The social aspect of the club is also very important and we have regular family functions.

In August the club holds its "Be In It" weekend, an event that gives all members a chance to showcase the projects they have worked on in the previous 12 months, and generally we have up to a couple of hundred entries. Wood turning always attracts large entry numbers and other popular categories include chopping and cheese boards, small furniture, rustic and recycled items and small boxes. Last year's winner was a carved traditional rocking horse.

Each year the club participates in two weekend festivals organised by the Knox City Council. These events allow the club to showcase itself to the general public, and give young children the chance to have a hands-on experience assembling a small wooden toy kit. It is pleasing when you see older children who made their kits in previous years bringing their younger siblings for their chance to sand, glue, nail or screw together a helicopter, or toolbox, a dolls cradle or perhaps a wooden teddy bear or robot.



Knox Festival



Toys for Christmas

A strong focus of the club is to produce a large number of toys which can be distributed to the less fortunate members of our community at Christmas. In 2016 the club donated over 600 toys to various aid agencies in the district. This year, we intend to make more gifts aimed at adults. Pop's Shed in Croydon recently donated 50 pen kits, and our members are now busily turning wood blanks to complete these gifts.

Just last February, the club hosted Swiss professional wood turner Matthias Bachofen Beer who demonstrated his skills and talked about his career and craft. In Australia for a short visit, we were honoured that he gave us an evening of his time. We used this opportunity to set up a very successful in-house live feed to our Facebook page, so that members could view the event from their lounge room if unable to attend. (We even had a positive response from a member holidaying in his caravan on the NSW coast.) This was a first for the club and follows the recent addition of a club website.

The club meets at 7.30 pm on the first Wednesday of each month, and further information can be found on our website at [www.knoxwoodies.org.au](http://www.knoxwoodies.org.au).

## Sri Lankan Seniors Connect by Cassie Honzak

Villa Maria Catholic Homes' (VMCH) innovative Multicultural Wellness Centre (MWC) in Wantirna South has expanded its reach to help connect more socially isolated seniors.

The centre has gone from strength to strength since opening 17 months ago; building its Chinese and Filipino social groups to 80 and 16 members respectively and recently forming a Sri Lankan group for people aged over 65 of Sri Lankan/Sinhalese-speaking background.

"Being socially isolated can reduce life expectancy and overall health, both physically and emotionally," said VMCH Day Centre Coordinator Lynne Cahir.

"While there are many groups for people of Italian and Greek backgrounds, we found there was not much support for the Sri Lankan community. Language can also be a barrier. Most of the members do speak English but it still may be a bit of a challenge so we always have a staff member who speaks Sinhalese and we encourage members to chat in their native language."

Members meet weekly to socialise, undertake cooking classes, exercise classes, go on community

outings and listen to guest speakers.

Corrine Kelaart, 66, migrated to Australia in 1994. Since 2003, she has experienced racial discrimination and depression. She lives alone and struggles with missing her two children and grandchildren in Sri Lanka.

"Everybody (in the group) is so nice and they make me feel very welcome," Corrine said. "Every Monday I get up extra early, I don't even need to set an alarm, and get ready to come. I would be very lonely if I missed this."

Corrine encouraged more CALD seniors to come along.

"There might be a lot of people like me out there facing a lot of problems who don't have a place to go to. It's been a help for me."

Fellow group member Rita Padmaperuma, who also receives a Home Care Package from VMCH, described it as a "nice community".

"We have a chit chat and a cup of tea, do some chair exercises, have lunch and play some games. I like listening to other people's problems and helping if I can."



(L-R) Corrine, Vijay, VMCH staff member Karen (behind), Punya and Phyllis (front)

The MWC is open to seniors aged 65 years and over from CALD backgrounds, living in Melbourne's eastern metro region. A daily attendance fee includes meals and activities. Fee reduction is available for anyone who is experiencing financial difficulty.

For more information about the MWC call Rani Wong on (03) 9800 7255.

## Wantirna Evening VIEW Club

Wantirna Evening View meet on the 1st Wednesday of the month at The Quality Inn, 137 Mountain Highway, Wantirna 3152, 7 pm for a 7.30 pm start.

We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have an interesting and varied guest speaker.

We would love new members to join - so come along 3 times to meet and chat with us before you need to decide if our friendship is what is missing from your life!

We are all there to enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program.

To book please call our President - Judy on 9729 7327.

Guest speaker for October is Joan who will be speaking about the wonderful work of the Mercy Ships.

Guest speaker for November is Warwick who is a liver transplant recipient but has not let that get in the way of enjoying life to the fullest.

For our December meeting we will enjoy the musical talents of a local choir. There is no meeting in January.

## Ferntree Gully VIEW Club

Our monthly luncheon meetings are held on the 4th Monday (except in December) of each month and includes a 2 course lunch, tea/coffee at a cost of \$25. We have a meeting then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We also support 5 students through the 'Learning for Life Program' with The Smith Family as well as a refuge for women and children escaping domestic violence.

Monday 23rd October, 2017 Speaker from Ambulance Australia.

Monday 27th November, 2017 Speaker - Sue Scofield - 'Plight of the Urangatang'.

If you want to join a club that is both welcoming and fun come and join us. Visitors are most welcome.

Time - 11.30am for a 12.00 noon start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna South

To book ring our President - Pam Turner on 9725 4135

## Boronia VIEW Club

Boronia VIEW Club meets on the 3rd Friday of the month at the Eastwood Golf Club Kilsyth at 11.30am . A 2 course meal is enjoyed at a cost of \$25.00.

The speaker at the November meeting will be Rene Mawad. Rene is interested in education for young children and sponsors a Smith Family's Learning for Life student through the Boronia VIEW Club.

The December meeting will have a "Christmas Theme" (who can believe Christmas is just around the corner) with lots of fun.

Boronia VIEW Club is a friendly Club which make visitors very welcome.

To book 'phone Margaret 97629791 or Roz 97626785



*everyone's family*  
Logo from Smith Family website

## What's On?

Event	Date & Time	Location	More Information
OM:NI Old Men : New Ideas	2nd and 4th Fridays each month	Orana Neighbourhood House 62 Coleman Road, Wantirna South	1300 13 50 90 or COTA web site
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 <a href="http://www.rfnc.org.au">http://www.rfnc.org.au</a>
Wantirna Primary School Fete	Sat. 18th November 2 7 pm	Tyner Road Wantirna Sth	See page 9 for details
Ferntree Gully Art Society	October & November Exhibitions	The Hut Gallery 157 Underwood Road FTG	See article on page 19 <a href="http://thehutgallery.wordpress.com">http://thehutgallery.wordpress.com</a> .
German Christmas Market	Sun 19th November 10 – 2	Tabulum and Templer Homes	See page 6 for details
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00 p.m.	Lions Club room, Bayswater Community Centre. 739 Mountain Hw, Bayswater	Paul 0400 823 441
Pink Morning Tea at Wantirna Community Pharmacy	Tuesday 24th October 10 11 am	Shop 3-4 Wantirna Mall 348 Mountain Hwy, Wantirna	See page 10 for details
iShred	Sat.14th and 28th October Sat.11th and 25th Nov 9 am to 1 pm	5/7 Samantha Court Knoxfield	1300 763 688 <a href="http://www.ishred.com.au">www.ishred.com.au</a>
Trivia Fundraiser for Bridges	Friday 20th Oct 7.00 pm	Boronia West Primary School Tormore Road, Boronia	See page 14 for details
First Lego League	Wednesday 15th November	KIOSC Swinburne Wantirna	See page 4 for details
History & Mystery Cemetery Tour	6th October & 24 November	Ferntree Gully Cemetery	See page 13 for details
Stringy Bark Festival	Sat 14th & Sun 15th Oct	Rowville Community Centre Fulham Road, Rowville	See page 19 for details



## National Seniors

National Seniors Australia Knox Branch Inc recently held their 14th Annual General Meeting at their regular meeting place, the Knox Club, corner of Stud and Boronia roads, Wantirna.

Reflective remarks from the President, John Giles, highlighted the excellent stewardship the outgoing committee has performed at all times to ensure the continuing role of National Seniors Australia within the Knox community.

Everyone agreed about the three reasons for attending the monthly meetings of NSA Knox Branch. They are;

1. Companionship and friendship support- it is so important that we have other people who care to share this couple of hours a month with each other. Being with your peer group means that you can not only understand what each other are going through at our age, but we can also support and empathise
2. Guest speakers- the variety and depth of topics covered over the past year include; vitamins and minerals relevant to an ageing people, forensic case studies, taxidermy, museum curator, gardening advice, computer scams and on-line safety amongst others.

3. The friendly and welcoming atmosphere at our branch - we meet on the 4th Wednesday of each month, at 10.15 - 12.30 at the Knox Club. Tea/ Coffee and lunch is available to purchase if desired.

Guest speaker on October 25 th is Alison Wright from RACV. "Years Ahead - Road Safety for Seniors." Road safety information to assist seniors to remain safe on the road, including choosing a safe vehicle, health and medication, alternative transport options.

National Seniors Australia Knox Branch is an independent not for profit self-funded organisation for those over 50 years of age.

Come for a visit as our guest. For more information, contact John Giles 9778 6784.



Graphic from RACV Road Safety for Seniors

## Boronia CWA Fashion Parade

Fashion Parade Fundraiser. The Boronia Branch of The Country Women's Association of Victoria Inc. extends an invitation to the local community to join them for a fashion parade and afternoon tea on Saturday, 21st October, 2017. This event will be held in St Paul's Anglican Church Hall, Dorset Road, Boronia at 1.30pm with fashions provided by Cliché Fashions. Admission is \$20 and there will be door prizes and a raffle. For catering purposes RSVP to Evelyn on 9761 1537 by 4th October.

Proceeds from this event will be donated to Knox Infolink who over the past 26 years has provided one to one free information and referral by trained and accredited Community Information Workers. A wide range of information is available from Knox Infolink on local and state-wide services with topics covered including legal, education, support services, Centrelink, etc.

This volunteer organisation also provides assistance to many individuals in the community who are struggling with life in relation to financial hardship, family breakdown, domestic violence or homelessness. Donations of non-perishable food items and toiletries are received and distributed to those in the community who are in desperate need of assistance.

## Bayswater Gears Up for New Pennant Season

Bayswater Bowls Club members are gearing up for the start of the new Pennant season. This season Bayswater will field four Saturday Pennant teams and three Mid-Week teams.

After an unsuccessful campaign to attract a Club Playing Coach it was decided to utilise the current Club Coaches. The coaches had several meetings and devised a program of specific bowls drills which the members have embraced with enthusiasm and eagerly await the commencement of the new season.

Practice matches have been organized for both Saturday and Mid-Week teams where there will be an opportunity to put the new drills into practice.

Carl Boltwood, Bayswater's new Club President said "Bayswater Bowls Club is looking forward to the coming pennant season with the prospect of it being very successful, following the gain of new experienced bowlers who will enhance our chances of progression into Division 1".

Bayswater Bowls Club is always on the lookout for new lawn bowlers regardless of age. There is this misconception that lawn bowls is an "old peoples" sport, but Bayswater Bowls Club has a strong contingent of younger bowlers, our youngest in his teens.

If you wish to find out more about our progressive club please contact the club on 9729 8312.



Come join

# BAYSWATER BOWLS CLUB

**We offer:**

- Year round bowls on 2 new synthetic greens
- Complimentary membership for the first year
- A growing, progressive and friendly club
- Personalised coaching
- A well-stocked bar at reasonable prices

*Come and try bowls - a game for all ages.*

**43 Phyllis Street, Bayswater**  
[www.bayswaterbowlsclub.com](http://www.bayswaterbowlsclub.com)  
 Email: [club@bayswaterbowlsclub.com](mailto:club@bayswaterbowlsclub.com)



### Our Under 11D Team – The Fairy tale story

At the start of the 2017 season the Wantirna South Junior Football Club had too many players for one team and not enough for a second, whilst at the same time Waverley Blues had only half the numbers for one team in the Under 11 competition.

Both clubs came together in the week leading up to the first game and discussed the possibility of merging to form a team in the U11D Grade competition. With an in principal agreement to see if it could be done, meetings were held with the parents of both teams and the various options put forward. After then discussing the option with their children, it was agreed late on the Thursday that we would form a merged team. The logistics were sorted out with both clubs prepared to put aside egos to ensure the 21 boys got to play football, which needed to be the only outcome everyone involved was working to.

So the Waverley/Wantirna South Blue Devils were formed and 3 days after agreeing to the idea the boys

and parents came together for the first time and had a win. Throughout the season due to logistics the two groups of players weren't able to train together but managed to finish the season in 5th position. The team then had an amazing four weeks culminating in a Grand Final victory. To see the excitement and camaraderie of the boys as the siren sounded was one of the most satisfying things I've seen in junior sport. The boys sang the two club songs with great gusto before receiving their medals in their club jumper.

As President of WSJFC, I was pleased not only for the boys, but that the work put in by the parents, the two coaches and Cathy & Anton from the two committees to make this a success paid off in such a stunning way. True reward for effort.

Very pleasing to ad that our U 12's are winners and U14's runners up as well!

### The EFL Best Conducted Junior Club Award 2017

Our football club was awarded the EFL Best Conducted Junior Football Club for 2017. We were honoured with this award due to a number of key initiatives:

- Our leading Auskick program, which is coordinated by the Eastern Region Coordinator of the Year and is one of only a small number of centres to have a Girls Only group
- Our growth in our Under 8 & U9 numbers over the past two years to record levels
- The work to create the Under 11 merged team (story above)
- Achieving this not having access to our main oval at Templeton Reserve, as it is resurfaced and renovations to the clubrooms is undertaken and
- The behaviour and conduct on and off field during the season of players, officials and supporters being at the highest level

To achieve this award requires a team effort and it's due to the efforts of; our committee, coaches and team officials who are committed to the right philosophy for junior sport, our parents who endorse and support our approach and are helping deliver the culture and our players who represented the club with pride and respect.



Receiving the Best Conducted Junior Club Award 2017

### All Girls Teams in 2018

The mighty Devils have been keen to establish all girls' teams for the past couple of years but the timing hasn't been quite right. To test the water this year we commenced a girls only Auskick session and the response was overwhelming. So with our resurfaced oval, surrounds and scoreboard, together with upgraded amenities being available in 2018, now is the time for girls aged between 9-16 to become involved on field at the EFLs Best Conducted Junior Club for 2017.

If you have a daughter or friend interested in pulling on the boots in an all-girl competition in 2018 and want to join a club that has a great culture and sense of community, we would love to hear from you. To find out more you can go to our website [www.wsjfc.org.au](http://www.wsjfc.org.au) and complete the short survey in the news section or email [enquiries@wsjfc.org.au](mailto:enquiries@wsjfc.org.au) to find out more.



The Wantirna Devils players

## Inexperienced Young Guns Pounce At Tournament

by James Keam, Year 10 Wantirna College

A team defying the odds at any given tournament sounds like the premise of a Hollywood comedy. But this scenario came true for the members of the Ringwood Under 16's Representatives at the State Winter Baseball Championships this July. In the second week of the school holidays, an inexperienced and young, albeit competitive, team took to Wangaratta to take on the best in the state in a weekend long tournament, with teams from Geelong, Dandenong, Sunraysia, Latrobe and Diamond Valley turning up for the prestigious tournament. In a Ringwood team of 13 players, all but 3 players were at the bottom of the age group and only a handful had played at this level before, so the odds seemed stacked against them. However, these players remained unfazed against bigger and more experienced opposition as was evidenced by their stirring performance during the course of the weekend.

The tournament scheduled 6 games in total – 5

pool matches, one against each team, and a final match depending on where each team had placed (for instance, 1st played 2nd, 3rd played 4th, etc). Ringwood's draw was tough – the first game was against perennial powerhouse Dandenong, followed by games against the Diamond Valley and Sunraysia on Day One, then two matches against Geelong and Latrobe Valley on Day 2. Two brilliant performances saw the Ringwood team standing at 1 win and 1 loss after 2 games – keeping the favourites and eventual winners, Dandenong, to only scoring 5 runs in a 1 run loss, and beating the Diamond Valley in a quality display of both offense and defence. However, they hit a road block in Game 3, losing to Sunraysia to cap off Day 1.

This team remained unfazed after their final game on Day 1, rebounding to record outstanding wins against Geelong and Latrobe Valley, placing 3rd after the initial pool play had finished. Although it was disappointing not to reach the Gold Medal game,

this team exceeded their own expectations and, after a resounding second win against Geelong for the Bronze, they could remain happy after a well-played tournament. Indeed, this team will look to go even better next year and the valuable experience they gained over the course of the weekend puts them in an even greater position for next years tournament.



Photo courtesy of Frozen Action Photography

## Templeton Tennis Club News

by Don McCracken, President

Welcome to the Spring edition of our Clubs' newsletter. Let me offer our congratulations to the people at the Studfield Wantirna newspaper on their 50th edition. This is a great achievement and made possible by the hard work of many diligent and dedicated people. It is a wonderful way, for Clubs in general, but our club in particular to spread our news and information with a much wider audience than we would normally reach.

We again welcome back our sponsors from last year Integrity Cabinets and Barry Plant Wantirna. Their support of our club is much appreciated.

The winter season is well finished and with mixed results. We had, over all sections of the Club 9 teams in finals resulting in 3 flags and 3 runners up. We are proud of all our players and the way they represent our club. Well done to all involved.

We held our club championships with 33 participants on the 16th September with the following results:

Club Champion: Kristian Tesevic; (see photo); Runner Up: Abhay Malik; B Grade: Tim Widjaja; Runner Up: Kris Pincic; C Grade: Dion Failla; Runner Up: Senuda Sethuhewa; D Grade: Enoch Tam;

Runner Up: Brandon Leong; Plate (consolation) events: C Grade Plate: Damon Lawrence;

Runner Up: Tamara Tesevic; D Grade Plate: Jye Papic; Runner Up: Eddie Cooper

Thank you to all involved and we look forward to another year of great tennis.

Summer season is fast approaching and begins early October. We again have good numbers representing our Club with 5 senior, 19 junior and 3 midweek ladies



teams nominated for the coming season. Good luck to them all.

We also thank Knox Council for their ongoing support. They have through their program of Minor Capital Grants provided \$4410 towards replacement of the gas heaters in the clubrooms. As always their support is much appreciated.

Night competitions, Monday, Tuesday and Wednesday nights are all back in full swing and progressing well. Come and join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call (the numbers are shown below).

Our coach, Kelly Bisinella, runs a highly successful coaching program at the club for all levels. Give her a ring! Straight Sets 0414 874 482.

Check out our website, [www.templetontennis.com.au](http://www.templetontennis.com.au) for details of those who support us, our sponsors, Barry Plant Wantirna and Integrity Cabinets. Give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member.

Come and join us at the family club, your club, the Templeton Tennis Club.

**Templeton Tennis Club Inc.**  
**Templeton Reserve, Templeton St**  
**Wantirna 3152. Melways Ref. 63 G9**  
**Membership: Leanne 9887 1957**  
**Clubhouse: 9887 3505**  
**President: Don 9800 3316**  
**Coaching: Kelly 0414 874 482**  
**Website: [www.templetontennis.com.au](http://www.templetontennis.com.au)**  
**Email: [president@templetontennis.com.au](mailto:president@templetontennis.com.au)**

## Wantirna Tennis Club News

by Alison Rogers



Well we have come to the end of another season. Wantirna was very proud of their Junior teams that all played so well through their 'home and away' matches. It was wonderful to find we had 6 teams go through to the semi finals with all but one team moving on to the Grandfinal. Of the 5 teams in the Grandfinal we had one team, Junior Open Singles/ Doubles J OSD section 6 become Premiers and 4 teams were runners up. Good matches played by all.

A great season due to the work of our Coaches Mike and Troy and thanks to the Committee who were there each week cooking the sausage sizzle for the Juniors and their families. We welcome Fiona Long this season to our Committee and hope she enjoys her time as Wantirna Tennis Clubs Junior Convenor.

### Social tennis.

If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down on a Tuesday morning and have a Social hit with some of the ladies at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground you can have a hit. Play starts at 9-00am - 9-30am and it is only \$2.

Men of course are welcome.

### Coaching

At Wantirna, we cater for all age groups and standards. Our Coaches Mike and Troy's (details are at the end of this article). Give them a call - all will be welcome.

For the Adults, the Coaches can guide them into Comp by starting with Cardio tennis, group coaching or 'one on one' coaching. The new 'Fast Tennis' for



Corey, Thalín, Megan, Riley and Suren

those that are 'time poor' is an exciting venture in the Tennis World. A new ladies 'in house' night is available with something similar to be organised for men on another night.

The Coaches now have group and private lessons and also squads. There

# SPORT NEWS



WANTIRNA SOUTH JUNIOR FOOTBALL CLUB



## Become a Devil in 2018 'The Place To Be'

Come join your school mates at a club where there are opportunities for all ages and skill levels. A club where we strive for success but focus on developing great young adults and lifelong friendships.

**Teams from U/8 to U/17 and we will be fielding 'All Girls' teams in 2018**

**Registration Day**  
**19th November from 10am - 12pm**  
**at Templeton Reserve**

### 2018 Fees

- U8-U10 - \$155
- U11 - U17'S \$180

Discounted fees for multiple children

**All new players receive FREE socks & shorts**

For further information

Email: [enquiries@wsjfc.org.au](mailto:enquiries@wsjfc.org.au)

or call Kevin Van Grondelle - President on  
 0414 262 654

So come along and join a community who are continuing to build a club everyone can call home.



**Awarded 'EFL Best  
 Conducted Junior  
 Football Club 2017'**



is more tennis being played at school now and I'm sure if you asked your children, they would say they would like to have a go.

Contact or visit us, we have excellent facilities, including a new BBQ area and 9 tennis courts in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/ East link bike track going right past our front door. Give us a call to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.  
 Wantirna Tennis Club Inc Melway Ref: 63C8  
 Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna  
 PO Box 5295 Studfield 3152  
 Club Secretary: Alison 0408576025 or email [wantirnatennis@gmail.com](mailto:wantirnatennis@gmail.com)  
 Web: [www.tennis.com.au/wantirnac/](http://www.tennis.com.au/wantirnac/)  
 WTC Face book: [www.facebook.com/.../Wantirna-Tennis-Club](http://www.facebook.com/.../Wantirna-Tennis-Club)  
 Club coaching team: Troy & Mike 0424693005 or email [enquires@troyandmiketennis.com](mailto:enquires@troyandmiketennis.com)  
 Coaching Face book: [www.facebook.com/troyandmiketennis.com](http://www.facebook.com/troyandmiketennis.com)

# Hate Gyms

*You'll love Aliento!*

**Health and wellbeing without jumping, jolting or heavy lifting. Work smarter, not harder!**

*After having back surgery a few years ago I have struggled to find a form of exercise that is low impact, allows me to strengthen my core, increases my heart rate and satisfies me mentally and physically. After only 20 sessions my back is stronger than it has been in years, I have lost 38cm and my body shape has become more defined and toned. You are able to work at your own pace, increasing or decreasing your activity as you need to and the staff and other members are incredibly friendly and helpful. The benefits to my health have been amazing and I am now able to do things that previously my back would not have been able to cope with. I feel like a new person!*

**Meredith, Wantirna**

Regardless of age, weight or current condition, you'll see results in weeks not months.

Aliento's easy to use toning equipment;

- Firms & flattens the tummy
- Slims the waist, hips and legs
- Strengthens core muscles
- Reduces stiffness and pain
- Improves posture
- Aids in weight reduction
- Increases flexibility and mobility
- Improves circulation
- Alleviates stress and tension
- Improves sleep patterns

Review over 150 other success stories at [www.aliento.com.au](http://www.aliento.com.au)

**Spring Special**  
5 days for  
**\$5**

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

until Saturday  
4 November

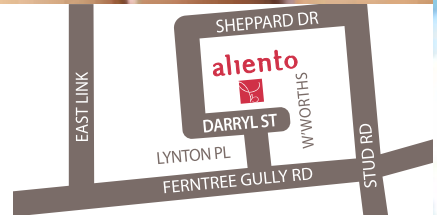
until Saturday  
4 November

until Saturday  
4 November



**P: 9764 1110**  
7A Darryl Street, Scoresby, 3179  
**E: info@aliento.com.au**  
**W: www.aliento.com.au**

**OPENING HOURS**  
Mon - Thur 6.30am - 8.00pm  
Friday 6.30am - 7.30pm  
Saturday 8.00am - 3.00pm



## Finding the right home loan starts with finding the right people.



**AUSSIE ROWVILLE**  
Shop 35A, Stud Park Shopping Centre, Rowville VIC 3178  
03 8740 1818 or 0409 786 121  
[aussie.com.au/rowville](http://aussie.com.au/rowville)  
[rowville@aussie.com.au](mailto:rowville@aussie.com.au)

**AUSSIE KNOX**  
Shop 1057  
(L1, next to Flight Centre)  
Westfield Knox Shopping Centre  
425 Burwood Highway  
Wantirna 3152  
9887 4088 OR 0409 786 121  
[knox@aussie.com.au](mailto:knox@aussie.com.au)



**Nari Khera**  
Franchisee