

COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,
SCORESBY, KNOXFIELD & BAYSWATER

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ARTIST NATALIE HOTSON CREATES ARTISTIC TRIBUTE TO AUSSIE VETERANS

EDITION 58

FEBRUARY/MARCH 2019

- BAYSWATER CFA NEW STATION OPENING
- WORLD DAY OF PRAYER
- STEAMFEST RALLY 2019
- EXCITING PLANS AT KNOX CENTRAL PRIMARY SCHOOL
- STREET LIBRARY LAUNCH
- KNOX SENIOR SAFETY REGISTER COMING SOON

FREE

**Congratulations to our
Graduating Class of 2018
for their outstanding VCE results**



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 Ed. 59 April/May Friday, 8 March 2019
 Ed. 60 June/July Friday, 10 May 2019
 Ed. 61 August/Sept Friday, 5 July 2019
 Ed. 62 October/Nov Friday, 6 September 2019
 Ed. 63 December/Jan Friday, 1 November 2019

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Editorial

Hello Community News readers,
 Welcome to our first edition for 2019!
 The new year provides a chance to reflect and renew. I am going to take the opportunity to once again acknowledge the great work of the volunteers in our community including, of course, our own team from SWCN!
 I am also grateful for the continuing goodwill in our local community including sporting clubs, social and welfare organisations, schools, service clubs, emergency services and individuals who contribute their time and energy into creating opportunities and providing services to local people as well as generously contributing to our paper.
 It is always a challenge to find enough revenue to cover our costs. We appreciate the organisations who provide donations that help support production costs.
 We look forward to bringing you another six editions of SWCN throughout 2019.
 Have a great year!

Janet Claringbold, on behalf of the team.

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors and readers. We are grateful for funding received through the Knox City Council Community Development Fund.



Bayswater CFA New Station Opens by Coral Carew

Bayswater Fire Brigade is proud to announce the official opening of our new Fire Station at 2A Scoresby Road, Bayswater.

We have officially started turning out from our new station as of December 2018 and our members are enjoying the new comforts and are excited to invite the public to come and see our wonderful place.

We will have our official opening on the 24th of February for all to see from 1.pm to 3.pm. when we

will do station tours, food facilities will be available and face painting along with other children's activities. Come and see our new station and bring your friends and family.

Without the amazing support of our local community none of this would have been possible so a big shout out to all our community members who have made this happen. Thank you all for your support.

We look forward to seeing you then.



Thanks from Waverley Salvos

On behalf of the Waverley Salvation Army, Wilf Smith would like to thank Direct Fresh in Bayswater for their excellent support for our community lunches (on Fridays) through 2018 and also Christmas Day lunch.

Our community lunch is on every Friday at 12.00 noon. We serve about 60-65 lunches. Wilf cooks every alternate Friday and many thanks to the Country Women's Association from Glen Waverley who cook for us on the 2nd and 4th Friday's of the month.



Okka Pies

Pie Drive Fundraising

Since 1991, Okka Pies have been making award winning pies, pasties, sausage rolls, vegetarian pies and an array of different quiches. We are deeply committed to providing support to the community and in the process, we satisfy many hungry mouths.

At Okka Pies we make everything from original recipes and quality is very important to us. We use fresh premium lean meat in our meat pies, fresh eggs in our quiche and fresh vegetables in our vegetable pies and pastries. We include a delicious range of vegetarian items on our fundraising list. Our pastry is made fresh daily on our premises.

Delivery is free and available 7 days per week. Your order will be delivered in a food safe refrigerated vehicle. We deliver to all of metropolitan Melbourne and outer suburbs. Please contact us to receive more information and to book in your Pie Drive Fundraising event for 2019!

The best way to raise well deserved funds for your school, day care centre, or community organisation is to get involved in an Okka Pies Fundraiser. If you mention this ad from the Community News when booking in your Pie Drive, you will be in the draw to win a \$200 Okka Pies gift voucher.

9720 8202

www.okkapiess.com.au



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Contact Sally on

9720 8202

Email: info@okkapiess.com.au

www.okkapiess.com.au

WHAT'S COOL AT SCHOOL?

Aston Shield Awards 2018

The Hon Alan Tudge, Federal Member for Aston.

At the end of each year I have the pleasure of recognising some of our great young citizens through the presentation of the Aston Shield.

In each school the Shield is awarded to a student for good citizenship; someone who has demonstrated compassion, a commitment to others and who has been a great role model for their school and community.

The Aston Shield is awarded in the spirit of Tilly Aston who was a remarkable woman in Australian history and who did so much for the welfare of blind people. The Federal Electorate of Aston (which covers most of Knox) is named after her.

Tilly was born in 1873 and was completely blind by the age of seven yet despite her obvious challenges Tilly's courage and tenacity brought great advancement for blind and vision impaired people. She secured voting rights, better access to public transport and established the first braille library. (Tilly herself had to drop out of university because there were no braille books). Finally, she set up Vision Australia – an organisation that still exists today and helps tens of thousands of people each year.

I am very proud of our young winners. If Tilly were alive today I am sure that she would also be very proud.

Hannah Gillett from Regency Park Primary school was recognised as such a student. Hannah treats teachers and peers with respect showing a genuine interest and thoughtfulness towards others and approaches all tasks with quiet confidence and humility. She displays great integrity and can be relied upon to always do the right thing. Hannah has proven to be a great leader and representative of Regency Park making her an excellent role model for our younger students.

Other local students who received the Aston Shield in 2018 were:

- James Hunter and Sienna Mallia from Holy Trinity Primary School;
- Arlia Tourian from Carrington Primary School;
- Alina Cao from Knox Park Primary School;
- Leesha Hetrelezis from Bayswater Primary School;
- Luna Wang from the Knox School;
- Lewis House Captains Devan Kumar and Dylan Russo from Bayswater South Primary;
- Sabelle De Pasquale from Bayswater Secondary College
- Jordan Ciccotosto from Our Lady of Lourdes Primary School;
- Tupou Beovich from St Andrews Christian College;
- Angel Santhosh from St Luke's Primary School;
- Jett Hughes from Scoresby Primary School;
- Elijana Henry from Templeton Primary School;
- Clare Moisisdis from Knox Central Primary School;
- Alyssa Balej from Wantirna College;
- Rachel Thatcher from Waverley Christian College;
- Madison Hsu from St Jude's Primary;
- Aisling Aravindhan from Wantirna Primary School;
- Makayla Vinen from Wantirna South Primary School;
- Phoenix Pandov –Singh from Knox Gardens Primary School and 0
- Aimee Bugeja from Scoresby Secondary College.

Congratulations to our outstanding young citizens.



Hannah Gillett from Regency Park Primary school receives her award from Hon. Alan Tudge MP.



ST LUKE'S
Catholic Primary School
Wantirna
Address - 25 Stokes Road Wantirna

Open Night & Learning Expo

Thursday 21st March 2019 @ 5:45 pm - 7:45 pm
We warmly invite you to attend a special evening at our school!





- Musical performances from the Glee Club
- STEM Lab activities
- Math's Challenges
- Indonesian fun!
- Presentations of student work
- Meet our Teaching Team
 - School Tours
 - Open Classrooms
 - Book Fair in the Library
 - Food and drinks available
 - Lots more!

This evening is designed to showcase our school and demonstrate all of the wonderful learning and opportunities we have to offer at St Luke's! All current, new and prospective families are welcome to this event.

Enquires contact - principal@shv.wantirna.catholic.edu.au





Congratulations to our Graduating Class of 2018



WHAT'S COOL AT SCHOOL?

Exciting Plans for 2019 at Knox Central Primary School

Knox Central Primary School is a welcoming and engaging school situated in Darwin Road, Boronia. We offer a vibrant and caring learning environment for children from Prep to Grade 6. We are determined to develop personal relationships with every student as knowing each child enables us to understand their educational needs and creates an environment where students love to come to school and love to learn. Knox Central is committed to providing a safe, positive, caring and welcoming school that caters for all individual differences and needs and educates the whole child. Our school values of Excellence, Respect, Teamwork, Integrity and Courage provide a focus on positive and supportive behaviours and are central to who we are and what we stand for.

In 2019 we plan to complete two exciting projects to improve the facilities, outdoor environment and educational experiences for the students at our school.

New STEM facilities: At Knox Central we are always looking for chances to improve student learning and engagement and to promote 21st century learning. The refurbishment of a classroom, purchasing of robotics and an upgrade of our digital technology will create these opportunities.

Sensory garden and playground: The school recently received notification that we were successful in obtaining an Inclusive School's grant from the State

Government. We intend to install an architecturally designed sensory garden for our students and the local community to enjoy. An active play area will complement the sensory garden and provide an exciting new space for the Knox Central students.

Please visit our new website to find out more about our school - <http://www.knoxcentral.vic.edu.au/> and call the Principal, Lisa Burt, to arrange a personal tour of the school – 98013289.



Ferntree Gully Endeavour Award

from Nick Wakeling MP, Member for Ferntree Gully

At the end of each year I have the pleasure of presenting a student with a Ferntree Gully Endeavour Award in front of their school community, their friends and families in recognition of a student who has shown great endeavour through-out their school years.

The recipients of the Endeavour Award are chosen by their peers because they have strived to do their very best in all aspects of their school life and have been helpful towards other students and staff. They have also been a great representative of their school.

This year I would like to congratulate the following students who received a Ferntree Gully Endeavour Award from schools in the Ferntree Gully electorate.

- St Andrews Christian College – Adel Kalnoki and Sarah England
- The Knox School – Angelica Mai
- Holy Trinity Primary School – Lizzie Dunn
- Regency Park Primary School – Nathan Bromfield
- Templeton Primary School – Monique Enriquez
- Wantirna Primary School – Thomas Cotton
- Knox Park Primary School – Charlee McCafferty
- St Lukes Primary School – Isabella Eaves
- Wantirna South Primary School – Zoe Rakogiannis



Zoe Rakogiannis from Wantirna South Primary School

For their outstanding VCE results



See our website for 2019 Tour Dates

Ph: 8805 3800
www.knox.vic.edu.au



The Knox School
CO-EDUCATIONAL | ELC TO VCE

News from Bayswater Senior Citizens

by Evelyn Hodgkin

Bayswater Senior Citizens Mountain Highway, Bayswater, next to Bayswater Hotel

We resume the New Year with ambition and drive but we need your support to build our club in members. The annual membership Fee is only \$10.00. As we get older it is important to mix with people with the same interest and not sit at home alone.

It can make a difference to your life if you can spend some time chatting to others. We find one way of fulfilling this is by playing Bingo. You might say and think, "oh no, not for me."

You would be pleasantly surprised if you came to our Club on Thursday at 12 noon for a 12.30 pm. start and costing very little.

The laughter and fun enjoyed on this afternoon is infectious as well as stimulating our brains and concentration. It is a time to enjoy a cup of tea, maybe win a prize in the many raffles or even win a Bingo game.



Our members also play carpet bowls and cards each week and once a month we get together and watch a DVD of our choice on our big television set. It is amazing how rewarding watching a video in the company of others can be.

More information, please phone our President, Sandra 0448 399 181.

BAYSWATER NEWS

- Advertorial -

Bayswater Pain and Wellness

The Christmas / New Year period is a time when many of us decide to indulge in those 'sometimes foods' a little more than normal. Often this is followed by a New Years resolution to eat healthier!

The first step to eating healthier is to recognise the primary purposes behind eating, these being:

1. Fuel our energy requirements.
2. Provide the necessary building blocks for cellular growth and repair.
3. Provide the necessary physiological components our body cannot manufacture itself.

Of course, we want to enjoy what we eat, but that shouldn't be at the expense of meeting those requirements and the foods we choose definitely shouldn't harm our body.

If we meet those requirements attaining and maintaining a healthy weight is a natural consequence, no matter our age.

Unfortunately, many of us live largely on processed foods which often contain harmful preservatives and other additives we are not necessarily aware of. These can promote systemic inflammation and weight gain. One of the more troubling aspects of carrying too much weight is that as the amount of fat on our torso increases arterial blood flow decreases. This means that the oxygen and nutrients carried by our blood are not transported as easily to our organs and extremities. This can set the stage for inflammation and chronic disease (such as heart disease, autoimmune disorders, cancer etc.) later in life.



Broadly speaking, in my experience a healthy diet looks like:

- Good sources of healthy fats (not trans-fats or polyunsaturated fats and oils)
- Good sources of protein
- Good sources of non-processed complex carbohydrates

Such a diet is naturally anti-inflammatory, enjoyable to eat, and will naturally lead to us attaining a healthy weight. When coupled with therapies such as acupuncture which promote great cardiovascular function, I find returning to and maintaining good health to be a natural result.

In my practice I freely advise on healthy eating as part of my treatments and am happy to provide an eating plan to promote and maintain healthy weight loss and general well-being.

To find out more about Chinese Medicine and how it may be of benefit to you, consider booking a free, no-obligation 15-minute appointment with Paul at Bayswater Health. You can reach us on 9720 7811, or online at www.bayswaterhealth.com.au



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30 Glen Park Road, Bayswater North
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BAYSWATER NEWS

A Message from Jackson



Dear neighbour,

In the past, I have had the pleasure of writing into the Studfield Wantirna Community Newspaper, keeping our community updated on Council matters. At the recent state election, I have been honoured to be elected to represent you as the new State Member for Bayswater District.

I thought I could use this opportunity to let you know a little about me and what I will be focussing on while working in State Parliament.

My priorities have been shaped by my personal experiences. It's why I'm passionate about addressing mental health and family violence – it was these issues that motivated me to become a Victorian Police Officer, a Police Prosecutor and a local Councillor. Now, in my new role, I want to engage with young people in our community, support our grassroots sports and deliver on local road and public transport projects.

I want to see better local schools and better local hospitals. And, most importantly, I want to make sure your voice is represented in government.

I don't want to waste any time. I want to be a representative that listens to our community and delivers for our community, because you deserve nothing less.

As your representative, I would love to hear your thoughts on our community – where we are striving and where we can do better.

My office, located in the Mountain High Centre, is open from 9am-4.30pm Monday-Friday. You can also call me on 9738 0577 or email me at jackson.taylor@parliament.vic.gov.au.

You can also connect with me via Facebook, just search "Jackson Taylor MP".

I look forward to continuing to serve our community. I'm not taking it for granted and I'm determined not to waste a single moment.

Jackson Taylor MP - Member for Bayswater

Telephone: 9738 0577

E: jackson.taylor@parliament.vic.gov.au

**Suite 2, Mountain High Centre,
7-13 High Street, Bayswater 3153**

BAYSWATER RSL

SUB-BRANCH Inc.

of the RETURNED &
SERVICES LEAGUE of
AUSTRALIA
(Victorian Branch) Inc.

9720 4638

bayswater-rsl@bigpond.com

Opening hours:

- Mon, Tues, Thurs & Fri - 2.00pm
- Wed, Sat & Sun - 12.00noon

626 Mountain Highway Bayswater



MONTANO'S

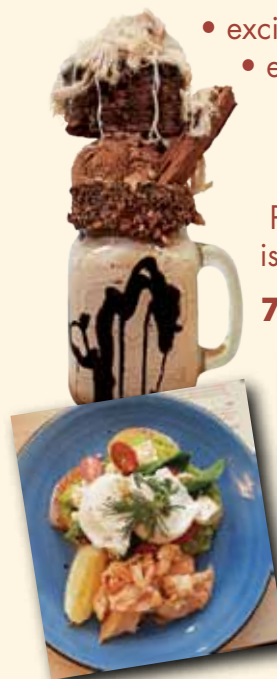
PATISSERIE CAFE

**The new look Montano's
is now open!**

Everyone's favourite Bayswater Patisserie Café has recently undergone an amazing transformation:

- extended refurbished premises for larger parties to dine-in
- exciting new Gourmet breakfast & lunch menus
- extensive drinks menu including Smoothies, Barista coffee and our famous Montano's Super Sundaes & Mr Shakes!
... and of course, our legendary Patisserie treats are always evolving: there is a new surprise each time you come back!

719 Mountain Highway, Bayswater



[f](#) Find us on Facebook

Open 7am to 5pm 7 Days

• Breakfast 8.am to 3pm • Lunch 11.30am to 3pm

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World Day of Prayer 2019

Featuring : SLOVENIA

Boronia Wesleyan Methodist Church

**36 Pine Crescent, Boronia
is hosting World Day of Prayer
on Friday 1st March at 10.30am**



Artist: Rezka Arnuš

Boronia & Wantirna Churches are gathering together again this year in prayer with others from across the world. This year we are honouring the Women of Slovenia who have prepared the service for us.

The theme is Come – Everything Is Ready
For further information please contact Boronia
Weslyan Methodist Church or
www.worlddayofprayeraustralia.org

A Little History of Slovenia

Slovenia has been holding World Day of Prayer services since 1991 when their country was established and religious gatherings were again permitted after years of restriction.

Slovenia is a central European country surrounded by Italy, Austria, Hungary, Croatia and the Adriatic Sea. It was established June 25, 1991 on the breakup of the Socialist Federal Republic of Yugoslavia. Slovenia is now a democratic parliamentary republic led by a prime minister and elected representatives. (picture of Lake Bled)



Slovenia is famous for its mountains and natural forests (covering over 60% of the land area) filled with many birds, wild animals and rare and endangered species; ski resorts and pure lakes; and fantastic underwater limestone cave systems under the Karst plateau.

The population of Slovenia is around 2 million. The ethnic backgrounds of the people are 82% Slovenes; 6% Croats, Serbs, Bosnians, Macedonians, Montenegrins and Albanian migrants from former Yugoslavia; 0.5% Roma. Slovenia is a leader in 'green tourism', caring for the environment

**Please join us in prayer and stay for
morning tea afterwards.**

**For further information please contact
Boronia Wesleyan Methodist Church.
www.worlddayofprayeraustralia.org**



KNOX
your city

Knox Festival 2019

Celebrating diversity
and community life
in Knox.



Free
event

Sat 2 & Sun 3 March
Wally Tew Reserve Ferntree Gully

10am to 5pm both days - Saturday twilight program 5pm to 8pm
Food trucks, rides, markets, live music, free kids activities.

For more information visit
knox.vic.gov.au/knoxfestival

#knoxfestival

Principal partner



ALAN TUDGE MP

Federal Member for Aston

[tudgeMP](https://www.facebook.com/tudgeMP) alan.tudge.mp@aph.gov.au
 9887 3890 www.alantudge.com.au

Real Action For Knox



Locating A Lost Pet

Losing a pet is stressful for everyone, but research shows that reuniting with your pet is much more successful if they can be easily identified. The following steps will help.

Make sure your pet is wearing a collar and tag with your phone number on it. Most pets in Australia are microchipped but it's important to keep your contact details up to date. Central Animal Records is the most popular database in Victoria. Call them on 9706 3187 to update your details if you have moved or changed your phone number.

If your pet goes missing, look at home first checking small spaces where they could hide. Dogs can be accidentally shut in a room and cats are known for finding excellent hiding holes and ignoring calls.

Phone your local Council and vet clinics leaving your pet's description and your contact details. Distribute flyers with a current photo and description of your pet but withhold several identifying features in case you need to verify your pet's identity.

Dogs and cats can wander far from home but luckily we have so many noticeboards available to us on Facebook. Post in as many as you can and ask your friends to share your post. Well-meaning people will often hold on to a lost pet to help save the owner from receiving a fine and Facebook is a great place to also search for found pets.

By Kirstie Law, Veterinary Receptionist
Wantirna Vet Clinic

Last but not least, visit all the animal welfare shelters and council pounds in surrounding areas every few days. Remember that your description of your pet may not be the same as how the shelter is describing it.



WANTIRNA NEWS



St Luke's Parish Mass Times

Weekend:

Saturday Vigil: 6:30pm

Sunday Mass: 8:30am & 10:00am

Weekday Mass:

Monday & Tuesday – 9:00am

Wednesday – 7:30pm

Thursday & Friday – 9:00am

Reconciliation:

Wednesday - 7:00pm

Saturday - 9:30am & 6:00pm

Adoration:

Wednesday 7:30pm – 8:30pm

Divine Mercy Chaplet:

First Sunday of the month: 2:45pm

9801 8411

Wantirna@cam.org.au
www.stlukeswantirna.net

Office Hours

Monday to Friday
9:30am – 3:30pm

Introducing.....

Marcia Timmers-Leitch Candidate for Collier Ward By-Election

Some say the sense of community is dying. Those people haven't been to Knox.

I moved into the heart of Wantirna over twelve years ago with my husband Geoff. We started a small business and began raising our family.

But we hadn't just moved into a house – we moved into a community. We knew our neighbours and we got involved – whether it's working with council on funding for local community groups, advocating on the Early Years Advisory Committee, establishing the first Chinese playgroup for Wantirna families or managing the establishment of Knox's only dedicated 3 year old kinder program.



The Leitch Family

My story isn't unique. Right across our community there are people who've gotten involved in their local sporting club, school, playgroup, kinder, U3A, Men's Shed or other community group. They don't do it out of self-interest. They do it because they want to live in a community where we look out for each other and get involved.

I want to bring these values with me to Knox Council.

I have seen how connecting people with community services can strengthen their mental health and overall wellbeing. I want to be your advocate – your local voice. Someone you can count on to help you navigate your issues through council.

Knox is proof that the sense of community is far from dying. Let's make sure it stays that way.

Marcia Timmers-Leitch is a small business owner and mother of three, and is a candidate at the upcoming Collier Ward By-Election on March 30.

Marcia TIMMERS-LEITCH

Collier Ward. Knox Council By-Election March 30



Your local voice
for our Knox

My priorities:

- **Responsible and efficient** use of your rates to provide quality community services
- **Appropriate development** consistent with our community's character
- More **accessible public transport**
- Delivering a **Dog Park** for Wantirna
- Better **sports clubs, kindergartens** and **aged care facilities**
- More support for **mental health** services and **young people**
- Backing **local businesses**

I would love to hear what you think is important. Please contact me via:

☎ 0417 561 432

✉ collierward@hotmail.com

📄 www.facebook.com/MarciaForCollier



Scan to chat
via Messenger



What's New At Community Pharmacy in 2019?

Community Pharmacy Wantirna Walking Club

Why Walk?

Walking provides so many health benefits such as assisting in maintaining a healthy weight, improving balance, strengthening bones and reducing the risk of stroke as well as a number of other proven benefits. Walking as part of a group not only helps to motivate you to keep going but provides the opportunity to meet some new people and make connections while doing so! So this year at Community Pharmacy Wantirna we are starting a weekly walking group every Thursday.

What is involved?

- Walking group will run every Thursday from 10.15am
- Walking will be for 45 minutes run by our lovely Pharmacy Assistant Dee
- We are aiming to walk the equivalent of Melbourne to sunny Queensland by the end of the year!
- Prior to joining our walking group each person is asked to have a healthy numbers health check to ensure that our Pharmacist has an understanding of your health
- Walking club is FREE and open to anyone of any age to join.
- Bookings can be made in store or via (03) 9720 2872

Hope to see you walking with us in 2019!

There's a new look coming soon!

Just as a new year brings new health goals it will also be bringing Community Pharmacy Wantirna a new look. Nothing else will change, same faces, same membership but a fresh new logo and look will begin to appear around the place. We are so excited about our update and hope you will be too!



Healthy Numbers Health Checks

High blood pressure, weight management, smoking and physical inactivity are some of the most common health issues facing Australians today and getting these under control is the key to avoiding a range of preventable illnesses. Setting yourself up to improve one of these areas can have a significant impact on your health and wellbeing and in 2019 we want to help kick start your journey....and help keep you on track for the long term!

Our Pharmacists can help get you started with an easy Healthy Numbers Health Check. This provides you, and us, with a range of indicators to start looking into your health for 2019. Our Health check can involve checking blood pressure, weight, and discussing other healthy lifestyle options and if necessary a referral to your GP. Health checks are \$9.95 and bookings can be made in store. You also receive a 2019 Health booklet as part of your healthy numbers check.



We look forward to seeing you in store soon, Carmen, Tina and the team at Community Pharmacy Wantirna

Wantirna Community Pharmacy
Shop 3-4 Wantirna Mall 348 Mountain Hwy, Wantirna
(03) 9720 2872 OPEN 7 DAYS

www.communitypharmacy.com.au



News from Wantirna South Probuss Club

Wantirna South Probuss Club will celebrate its 1st Birthday early in 2019 and is keen to sign up new members. The Club is inviting any part/full time retirees looking to join a group where their motto is "Fun and Friendship" to come to its first 2019 meeting on Wednesday 13th February at the Wantirna Club, 350 Stud Rd, Wantirna commencing at 10am. With free on site parking, close to public transport links at Knox City and a great restaurant with a wide ranging menu for lunch, it's an ideal venue for the Club's meetings. Meetings are held on the second Wednesday of the month.

For any new members joining at the February meeting, the Club is offering 14 months membership for cost of 12 at 2018 prices. The total cost will be \$80 (\$50 annual fee and a one off joining fee of \$30). The fees include insurance cover for Probuss meetings and events plus the bi-monthly Probuss National Magazines.

Guest Speakers are an important part of meetings day and the Club is pleased to announce that Karin Orpen who was seven times elected by ratepayers to represent them on Knox Council, and elected Mayor 3 times is our February Guest Speaker. Karin is very well known to residents of Knox but this is a rare chance to hear about Karin and her life, interests and career away from Council business.

No doubt some stories of her life in Council will also get a mention!!

In May, the Club sees the return of its outstanding speaker from 2018, the former Victorian Police Commissioner, Mr Kel Glare. Kel's career from a young boy growing up in Country Victoria to becoming this State's top policeman is a great story in itself (and now a best selling book) and his views on policing in the years since his retirement are always of interest. With recent media coverage, and now the announcement of a Royal Commission, the Club is privileged that Kel has very generously agreed to provide further insights. This is an event not to miss.

For further information contact the Secretary, Helen Dewar 0418 333 022 or President, Chris Day 0418 315 902.



WANTIRNA NEWS

Wendy's Wantirna Beauty Centre

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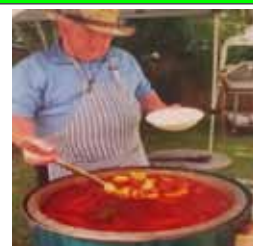
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For More information please contact

Marta Marot 0418 553 193 — paradise.mar@bigpond.com

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Community News

is available online at

www.studfieldwantirnanews.org



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Congratulations Sue Wootton 2018 Dromkeen Librarians' Award recipient

A big congratulations to ERL's Children's Support Officer, Sue Wootton, who is the recipient of the Dromkeen Librarian's Award for 2018 for her outstanding work in promoting a love of books and reading amongst children.

The Dromkeen Librarian's Award is presented annually to an Australian teacher, teacher librarian or children's and youth services personnel in a library setting, in recognition of the important role they play in introducing young people to literature and encouraging an enjoyment and love of reading.



Winners Are Grinners!

Congratulations to the winners of our 26:52 Reading Challenge in 2018!

Library member Rene took out the overall prize and won a fantastic literary lovers' prize for her efforts, including a Kobo reader, a very healthy book stack, audio books and even some games!

Ajne, from Croydon Library, won the staff category and was the lucky recipient of a Dymocks voucher and a book pack!

Well done to our winners and thank you to everyone who participated! We will be announcing another challenge at the beginning of February, so stay tuned for more reading fun!



Top Reads & Newest DVDs

This month's collection of Top Reads has become available at your local library, to place free reservations on any of these titles go to our website at www.yourlibrary.com.au.

Top Reads:

- The Land Before Avocado by Richard Glover
- Able by Dylan Alcott
- Always look on the bright side of life by Eric Idle
- Kingdom of the blind by Louise Penny
- Of Blood and Bone by Nora Roberts
- You don't own me by Mary Higgins Clark
- Quen of air & Darkness by Cassandra Clare
- Sea of Greed by Clive Cussler
- Look Alive Twenty-Five by Janet Evanovich
- A Keeper by Graham Norton

New DVDs:

- Crazy Rich Asians
- The Handmaid's Tale Season 2
- Ladies in Black
- The Good Place Season 2
- Whitney
- Barry
- A Simple Favour
- Book Club
- Christopher Robin
- Johnny English Strikes Again
- Geo-Disaster
- The Merger
- Wayne – The Wayne Gardner Story
- Spitfire
- Kin

Our new release DVDs are available at your library including both movies and television series. Make sure to place a reservation on titles you don't see at your branch either online at www.yourlibrary.com.au or with your local librarian.

Kanopy Top Watch

I Kill Giants

Loved this - I howled laughing and crying, I was kept guessing, I'm still not sure what's real and not, and I'm still thinking about it weeks later!

5/5 stars
Kate H. (ERL Library Member)



Events at Your Library

We're hosting a huge range of events in your local library over the coming months. Here's a snapshot of what's available near you.

Sustainable Living Week

Tuesday 12-15/2/2019

Various Events | Free | Ferntree Gully Library
Ferntree Gully Library will play host to a week of displays and events as part of the National Sustainable Living Festival 2019.

Eating seasonally, growing locally, and living sustainably has never been more important than now.

Be inspired to join us for workshops, talks, pop up stalls, vegetable growing and no waste living information, sustainable storytimes for children, a photographic display and gardeners from Knox Community Gardens on hand to answer your vegetable gardening questions.
Bookings 9800 6455 or www.events.yourlibrary.com.au

Tasty Lunch Box Treats With the Boronia CWA

1:00PM Friday 22/3/2019

Cost \$2 | Bookings Essential | Boronia Library
Join the talented ladies from the Boronia CWA and get great ideas for making that perfect lunch box treat for school or work.
Bookings 9800 6488 or www.events.yourlibrary.com.au

Book Bites – Meet the Author Jock Serong

12:30PM Thursday 14/2/2019

Cost: \$15 | Bookings Required | Croydon Library
Jock is the author of 'Quota', 'The Rules of Backyard Cricket', 'On the Java Ridge' and his new book 'Preservation' which sees him turn his formidable narrative talents from crime and political thrillers to historical fiction. Light lunch provided.
Bookings 9800 6448 or www.events.yourlibrary.com.au

Belgrave Botanicals: Off Grid Tiny Houses

11:00AM Wednesday 13/3/2019

Free | Bookings Essential | Belgrave Library
Glade Gordon lives a relatively autonomous lifestyle in a space powered almost entirely by nature's daily offerings. His passion for manageable living spaces and expertise in designing and building Tiny Houses has brought him to share his skills with others.
'Off Grid Tiny houses' was established to enable people to customise and build their own Tiny House to exact requirements.
Join Glade as he discusses the benefits of choosing to live in a smaller footprint.
Bookings 9800 6489 or www.events.yourlibrary.com.au

Summer Smoothies with Liana

1:00PM Wednesday 20/2/2019

Free | Bookings Essential
Knox Library
Back by popular demand, join Liana to learn how to make delicious summer smoothies.
Make smoothies using fresh fruit and ingredients part of your healthier diet and lifestyle.
To book call 9800 6470 or online at www.events.yourlibrary.com.au

Living In The Real World – How to Avoid 'Fake Tradies'

2:00PM Thursday 7/3/2019

Free | Bookings Essential
Mooroolbark Library
Fake tradies (also known as travelling con men) are dodgy tradesmen who offer to do maintenance work on your home or office then disappear with your money, leaving unfinished or substandard work, if they start work at all.

They offer to do jobs such as driveway resurfacing, painting, roof repairs and carpet cleaning at cheap rates. Join a spokesperson from The Department of Consumer Affairs and hear tips and tricks to identify and avoid 'fake tradies'.

To book call 9800 6489 or online at www.events.yourlibrary.com.au

Featured Technology Events

Your library hosts regular educational workshops to help you thrive in the digital world.

To book into any of these events call 1300 737 277 or book on our website www.yourlibrary.com.au

Social Media – Facebook and Messenger

1:00PM Friday 8/2/2019

FREE | Bookings Required | Boronia Library
Learn more about the Social Media network that has over 2 billion members. We'll show you how to find and connect with friends, use instant messaging, share your photos online and protect your account and data.
To book call 9800 6488 or online at www.events.yourlibrary.com.au

Social Media - Snapchat

3:00PM Thursday 14/2/2019

FREE | Bookings Required | Rowville Library
Snap, chat and discover what it's all about. Snapchat is the social media platform for instant photos and videos for individuals and groups. We'll show you how to 'snap' your friends, use filters, create groups, post on your story and discovering news and events.
To book call 9800 6443 or online at www.events.yourlibrary.com.au

Create an Online Photobook

2:00PM Thursday 19/2/2019

FREE | Bookings Required | Lilydale Library
Use apps and online services to create beautiful online scrapbooks and Photo Albums. We will be exploring platforms such as Snapfish, Canva and Kmart. We will show you just how easy it is!
To book call 9800 6457 or online at www.events.yourlibrary.com.au

Selling Online

11:00AM Wednesday 6/3/2019

Free | Bookings Required | Croydon Library
An introduction to sell your items online. We will cover the best places to sell items online, how to enhance the quality of your listings, how to safely receive payment and what fees and costs are involved.
To book call 9800 6448 or online at www.events.yourlibrary.com.au





News from
The Rotary Club of Boronia

Street Library Launch—Boronia Mall

The Rotary Club of Boronia has funded a Street in the Boronia mall in Boronia.

To commemorate 50 years of service to the Boronia Community the Rotary Club of Boronia has funded and launched a 2nd Street Library for Boronia citizens. Decorated by students from St Joseph's PS in Boronia the Library was launched by Knox Mayor John Mortimore and Club President Annette Haworth on October 17.

Street Libraries are beautiful homes for books. They invite people to share the joys of reading and create lasting connections inside your community.

Street Libraries are a window into the mind of a community; books come and go; no-one needs to check them in or out. People can simply reach in and take what interests them; when they are done, they can return them to the Street Library network, or pass them on to friends.

If anyone has a book or two that they think others would enjoy, they can just pop it into any Street Library they happen to be walking past.

They are a symbol of trust and hope – a tiny vestibule of literary happiness.



Former Mayor John Mortimore and Club President Annette Haworth

The Street Library movement was created with these goals in mind:

To encourage literacy

“The more you read, the more things you will know... The more you learn, the more places you will go...”

Books have the power to transport people to a different world, experience the impossible, and unlock people's potential.

The hope is that one day, a little boy with no books in his house can pass by a local Street Library and discover a new world of opportunities.

To encourage community

Street Libraries have the simple goal of bringing neighbourhoods all over Australia closer together. The Street Library movement aim to build an

Australian based movement that motivates people to engage with their community in a positive and easy way.

When people take a book and leave a book, they create a cycle of generosity that allows them to share what they love with those around them.

More information is available at www.streetlibrary.org.au.



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KNOXFIELD & SCORESBY NEWS



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Knoxfield Ladies Probus Club

by Isabella Muir

A new venue for 2019 for the Knoxfield Ladies Probus Club is an exciting development after 10 happy years at the Waverley Golf Club. Our first meeting dated 16th of January is an opportunity to catch up with our friends, some of whom we have not seen since the Christmas lunch on 3rd of December. A new six month programme has been put together by our Social Secretary Elizabeth. It includes brunches at Tosaria's Restaurant in Rowville which is always enjoyable, a bus trip to Macedon with three interesting stops, 2 more bus trips and a visit to the 1812 Theatre in Ferntree Gully. We are also looking forward to our 30th Birthday celebration, and many more activities. We have the wonderful Frankston Ladies Choir performing at our AGM in March, and interesting speakers at our General meetings. Our photos show our Christmas lunch and the wonderful Glengollan revue group the "Glengoldies" who entertained us so brilliantly in October.

Our friendly Club members welcome visitors. We meet at the Wantirna Club, 350 Stud Road Wantirna at 10 am every third Wednesday of the month. For further details, please ring Val on 9763 6175 or Bev 9753 3224.



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KNOXFIELD & SCORESBY NEWS

News from Tirhatuan Ward with Nicole Seymour

No Ordinary Life – Positive Ageing in Knox

Need, Greed or Ageism... There Is No Excuse For Financial Elder Abuse!

Recently I attended a workshop on Elder Abuse presented by the Eastern Community Legal Centre. I have written on this important topic a couple of times over the years, however I feel compelled to raise it again based on some of the conversations at the workshop.

Elder Abuse is any act which causes harm to an older person and is carried out by someone they know and trust such as a family member or friend. The abuse may be physical, social, financial, psychological or sexual and can include mistreatment and neglect.

Sadly, Elder Abuse is most commonly carried out by a family member.

Here in Knox, we are not exempt from this heinous crime. Yes, Elder Abuse in most cases presents as a criminal act. It is closely related to Family Violence as evidenced in the findings of the recent Victorian Royal Commission into Domestic Violence. Unfortunately, people experiencing elder abuse often are reluctant to report it because they are embarrassed, or they wish to maintain their relationship with the abusive person, or because they do not wish the abusive person to be punished. They may also fear being alienated from other family members such as grandchildren if they act.

At the workshop I attended, there was significant sharing of examples occurring right now here in Knox. In many cases, the primary form of Elder Abuse taking place was financial abuse.

According to Seniors Rights Victoria, examples of financial abuse include –

- using bank or credit cards without the person's

permission.

- taking cash from the older person's wallet without consent or pressuring the older person to hand over cash.
- moving into the home of an older person without their consent and failing to contribute to household costs.
- forcing, coercing or misleading an older person into signing paperwork concerning loans, property, wills or powers of attorney
- using powers of attorney to manage an older person's finances inappropriately
- stealing goods, whether jewelry, electronic equipment or necessities such as blankets and food.
- promising to care for someone in exchange for their financial help, then not providing the care.

How could someone do this to their loved one you ask? It has been my observation that the motivation is typically based on NEED, GREED and/or AGEISM.

The stories of NEED almost always follow themes of alcoholism, drug abuse, and / or gambling addiction on the part of the perpetrator. GREED is a terrible indictment of society today. It is where predominantly Gen X and Gen Y children look at the assets accumulated in the lifetime of their Baby Boomer or older parents, particularly the value of properties and determine that they have a right to these assets as they are going to inherit them anyway. We see this quite a bit in Knox. The home in Rowville that now is worth in excess of



\$850,000. The older person may be asset rich but cash poor. This doesn't stop some unscrupulous daughter or son from moving in and taking over, from refinancing to prop up a failing business or to maintain a luxury lifestyle.

The third scenario is in many respects interlinked to the first two. Ageism is prejudice or discrimination on the grounds of a person's age. It is a mindset that disrespects and devalues the very being of a senior person, as if they are worthless. It is in this scenario that the attitude is "they don't need money", "their needs are basic", "They don't need luxuries..just the basic necessities will do after all they are old and just living out the last days of their life". For those who are ageist, there is no consideration of the cost of living pressures on older citizens – medical appointments, pharmacy costs, transport costs etc..

Elder Abuse in any form is not okay. If you or someone you know is experiencing Elder Abuse, I encourage you to speak out and seek help. Seniors Rights Victoria is a great starting point. Please contact their free, confidential Helpline: 1300 368 821. Everyone has the right to be safe. No one deserves to be abused.

Best wishes,

Cr Nicole Seymour - Tirhatuan Ward

Cr Nicole SEYMOUR

Tirhatuan Ward Councillor
Knox City Council

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 Cr Nicole Seymour



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KNOXFIELD & SCORESBY NEWS

STEAMFEST RALLY 2019

The Melbourne Steam Traction Engine Club's annual Steamfest rally is on again over the labour day long weekend. The Club membership puts in thousands of hours each year maintaining and developing the National Steam Centre museum. Steamfest is their opportunity to showcase their achievements to the public.



Tractor rides

This is great extended family day out with appeal to all ages from train loving toddlers to reminiscing seniors. The big mobile steam engines and tractors will parade round the grounds. The engines that drove our early industry, both steam and diesel will be operating. Around the grounds the comprehensive collection of earth moving equipment can be seen in operation with daily demonstrations of the big walking dragline that can be seen passing the grounds on Ferntree Gully Rd. This amazing machine has no tracks or wheels but walks along on big feet.



Mobile steam engines parade around the grounds

It is club policy to show engines and equipment working wherever possible so there are demonstrations of the huge steam ploughing engines winding the double ended plough back and forth across a field. In contrast working draught horses show how it was done when all horse power came from horses. Tractors show more recent methods. Other engines can be seen driving hay balers, rock crushers and pumps.

The club's blacksmiths put on an impressive display of their craft as do collectors of model engines and vintage tools. Kids love to play at starting and stopping the trains on the model railway display.

The miniature railway and tractor rides are always popular with the children and those keen to save their legs going up to see the top paddock displays.

Club members have been very active over the last year and there are impressive new developments to be seen. For the first time the team that has restored

the engines from the Steam Tug Lyttelton II hopes to have them operating on steam. This is a substantial achievement that includes the restoration of an old boiler to provide the steam as well as installing the associated pipework and valves. Seeing those big three cylinder marine engines turning over on steam will be quite something.

Other works in progress that merit a good inspection are the very early design three cylinder Willans diesel engine, the progress on restoring a recently donated steam car, the rebuild of a small dragline and the refurbishment of vintage industrial tools.

There are military displays, boats on the lake, vintage cars and more besides.

Live music and refreshments are available.

Get the details at www.melbournsteam.com.au



The draught horses love a pat

An Opportunity to "Meet Your Perfect Match"



Jons Tennis Academy is ready to celebrate Valentine's Day with a special event for singles aged 25 plus!

Head Coach Jon Herrmann has an invitation:

"Come along to Scoresby Tennis Centre on Sunday 10th February 3.45pm-6pm to my first Tennis Speed Dating Event for 2019.

You will have the opportunity to play social rotating mixed doubles, enjoy afternoon tea and have your love language analysed by a professional counsellor!"

The event is open to the first 14 men and 14 women who phone 0433 696 821 or email jtaevents123@gmail.com to register and pay for the event.

STEAMFEST

MARCH 9th - 11th

Working demonstrations, Engines, Horses, Train rides, Blacksmiths, Tanks, Earth moving displays, Model trains, Live music, Refreshments

National Steam Centre, 1200 Ferntree Gully Rd Scoresby
 Adults \$15, Children \$5 Family \$35 --- www.melbournsteam.com.au



What's been happening at the Ringwood Field Naturalists Club ?? by Alison Rogers

Our program continues to be varied with interesting guest speakers and enjoyable outings.

Happy New Year to all.

Speakers

November Speaker - Dr Pat Bingham spoke on, "Australia, land of Parrots - is that really so"

Pat briefly outlined a theory on bird evolution within Australia and then around the world with a particular emphasis on our colourful parrots. Although there are parrots overseas, particularly in South America, Australia is still a stronghold for a multitude of parrot species, 56 in number. An interesting talk on one of Australia's favourite bird families.

December - no speaker

Members were all asked to bring along up to 10 images OR 5 minutes of video OR an item of natural history interest to talk about. This was an evening with a difference. Many members took the opportunity to share items of interest with the people present. A very interesting evening. Supper was then enjoyed afterwards.

January - we held our annual Outdoor Meeting, again at Yarran Dheran Nature Reserve.

This meeting was preceded by a walk along the Mullum Mullum Creek led by Lynn and Neal. Members had their dinner in the picnic area which was then followed by a short meeting not with a speaker this month, but with members showing digital images. A good catch up after the Christmas break.



Photo Alison Rogers

Excursions

November excursion - Cathedral Range State Park Leaders Hazel and Alan Veevers.

After meeting at Marysville we headed into the State Park area. We proceeded to go on a series of four short walks in different areas looking at different vegetation types. Due to fires in recent years the rocks/ranges that Cathedral Range is noted for were standing out for us all to see. We saw a number of flowers and had some good bird sightings including Satin bower birds, Lyrebirds and one of our well known favourites the Kookaburra.



Photo Alison Rogers

No excursion was held in December

January excursion-Baluk Willam Leader Jack Airey

Once again we travelled to Baluk Willam Nature Conservation Reserve, this time to search for

Summer flowering orchids. Staying on the paths we were careful to minimise disruption to the areas the orchids were growing on. We were lucky to find Rosy Hyacinth Orchid - *Dipodium roseum*, Small Tongue Orchid *Cryptostylis leptochila*, Large Tongue Orchid *Cryptostylis subulata* and Onion Orchid *Microtis* species.



Rosy Hyacinth Orchid Photo Jack Airey

In the next months our Presentations will be:

February - Speaker – David Hewitt - Flinders Island

March - Speaker - Judith Cooke - "Lake Mountain Ten Years from Black Saturday".

April - Speaker - David De Angelis "Frogs in Maroondah"

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome. For more details phone Alison or Peter on 9801-6946.

Check out our Website <http://www.rfnc.org.au> there is so much more to see and find out.

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With 25 years experience in the wine industry and even longer in the Hotel trade, Ferntree Gully local Brett has contacts far and wide, and has put together an extensive range. We have recently extended our Craft Beer range and interesting new products arrive every week. The busy little retail strip on Scoresby Road has ample parking and a host of take away food options. Cork is the perfect place to find something a little different for any occasion, and we will always try to find that unusual product for our customers.

Open 7 days a week with tastings every Friday night from 5pm, we hope to see you soon.



*Summer in Australia
by Chris Ellis*

Hands on Myotherapy



Welcome to 2019. March will see us celebrating 3 years at our clinic in Wantirna. We are truly privileged to be part of the community and assisting in your good health and wellbeing.

In our quest to offer the best possible service to our clients, we're thrilled to welcome a new, highly experienced member to our team, Jacqui Mulholland, who has a Diploma in Remedial Massage.

Her interests are in the treatment and management of chronic pain conditions.

She uses a range of remedial massage techniques and is also trained in manual lymphatic drainage. She is passionate about self care, self awareness and self compassion practices.

Jacqui brings her training and experience in mindfulness and meditation to assist patients to become more present and support themselves through experiences of worry, discomfort and pain. She uses her Remedial Massage experience and qualifications in Yin Yoga and meditation teaching to treat both body and mind.

"I believe in the strong interconnection between mind and body health therefore I treat each patient with a holistic approach to their overall wellbeing. Sensitive to the needs of the individual, I aim to provide a safe and supportive space in which to cultivate the ability to relax and become attuned to the body's needs through conscious awareness."

Feel free to call us about 40 minute Myotherapy sessions with Alison or Dee or 30 or 60 minute Remedial Massage sessions with Jacqui.

We wish you a Happy and Healthy 2019.



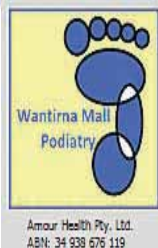
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as their appearance may have been caused by different mechanisms such as trauma or a systemic disease such as Psoriasis. If you are worried about your nails a Podiatrist can help diagnose the cause, recommend an appropriate course of treatment including anti-fungal treatments and professionally trim and thin the nail. Keeping fungal nails trim and thin can help facilitate anti-fungal treatments.

Fungal infections of the skin can occur on feet between the toes known as athlete's foot or tinea pedis. Fungal infections of the skin can be apparent in three general forms: vesicular type tinea pedis where there are small vesicles on the feet with fluid inside, hyperkeratotic type tinea pedis where the tinea causes thickening and dryness of the skin and interdigital type tinea pedis where the skin become white, flaky with fissures between the toes. These infections also require an anti-fungal preparation for their cure and effort to ensure that

you don't reinfect yourself. Again however there are some skin conditions that resemble tinea pedis but are treated differently so proper a diagnosis and treatment regime is required.

Please visit us on our website for more handy tips.



Fungal foot infections

There are different types of fungal infections of the skin and nails that occurs on feet and can be itchy, contagious and hard to clear. Fungal infections thrive in dark, moist, hot environments, these conditions make feet prone to fungal infections.

Fungal nail infections cause nails to become thick, discolour, have an odour and break easily. However, some nails may look fungal but are not

Using Laughter Yoga as Self Support in 2019

What new things are you going for this year? Will you be joining us at either Knoxfield or Ferntree Gully Laughter Clubs? I gave up on New Year's resolutions many years ago because I felt that when I decide to do something positive the focus can be coming from fear and not moving forward in love. At that rate, failure is inevitable. It's a vicious cycle as we tend to beat ourselves up our self-esteem drops and we feel worse than before and have to pick ourselves up yet again.

What about making each day and each moment count and practice bringing more love and self-acceptance to yourself? You could check in each night and ask yourself "Did I bring more love today and was I kinder and more self-accepting to myself?" Deliberately choose to first do this for yourself as you have to be right with self-first. From there you can spread love from your overflow otherwise you will become depleted.

Okay with that out of the way, how are you towards yourself and could you do with the addition of some regular laughter in your life? If the answer is a resounding YES, then commit to joining one of our two local laughter clubs. It's FREE. The company is GREAT. And you will be welcomed into the laughter 'family' as it feels like that to the members there.

A reminder too, getting back to basics, that laughter is one of the very, very best things that you can do for your physical, emotional, mental and spiritual health. It brings belonging, comradeship, a new way of living one's life too as we take the spirit of laughter with us. Do come and give it a go.

Today's picture is from the Federation Square Laughter Club because I am also involved in presenting there. I felt I should share this with you as you may be in the city on the 1st or 3rd Sunday at 11am and if so, you can attend there too for free.

Cheerio for now. Lynette.

Lynette Mitchell leads the free community Ferntree Gully and Knoxfield Laughter Clubs Phone: 0425 799 258 Website: www.laughterforliving.com.au



Disclaimer: Information shared is intended to support you and is from my personal understanding, experience and is generalised. I am not responsible for how you take it on board.

NEWS IN GOOD HEALTH & WELLBEING

News from Wantirna Osteopathy by Dr. Jason Stone

19 Years On and Going Strong



In December 2000, after 8 years of Sports Science and Osteopathy studies, Jason Stone founded Wantirna Osteopathy and opened the doors at the Specialist Medical Suites on Mountain Highway Wantirna. Being a self proclaimed 'sportsnut' and having a strong affiliation with local sporting clubs, particularly Australian Rules Football, Jason soon developed a strong client base. Within six months he acquired the help of his mother, Helen, a career medical receptionist to assist him with the rapidly growing demands of the business. Within three years, Jason expanded to three osteopaths, one of whom, Caroline Teh is still with Wantirna Osteopathy today.

In 2005 Wantirna Osteopathy relocated to its own premises at 161 Stud Road where the growth and reputation grew to service over 200 Knox and



surrounding residents a week. With Osteopathy being the fastest growing Allied Health Profession in Australia and projected to double its number of practitioners in the next 5 years, Jason decided it was time to look at a larger space to cater for the careers of current and future staff as well as increase the services to their loyal patients.

On January 2nd 2019, Wantirna Osteopathy relocated 5 doors down to its new home on Level 2, 171 Stud Road. This iconic three storey building has the potential to be the allied health medical hub in the Wantirna region and Wantirna Osteopathy now has the opportunity to expand its career opportunities and patient services.

'It's been an emotional move from our long term home,' says Jason 'but the new opportunities and fresh open space of 171 certainly outweighs any reservations.'

Wantirna Osteopathy has immediately employed osteopath Dr. Tayla Robins to add to their already large team of osteopaths and masseurs and is now proud and excited to be up and running in their new home.



wantirna
osteopathy

For the treatment of:

- Sports injuries
- Headaches
- Back and neck pain
- Joint and muscle pain

www.wantirnaosteo.com.au
161 Stud Rd, Wantirna South (03) 9800 0388
New location from January 2nd Level 2, 171 Stud Rd, Wantirna Sth

Fitness Tips with Personal Trainer Isabella Van Zuylen

Hi Mums! Are you putting yourself last?

Are you someone who puts everyone's needs first? The kids, your husband, maybe even the family pet? How about some 'me' time? When we don't give back to ourselves, we can end up feeling frazzled or maybe even fall sick.

The kids are back at school now, how about scheduling in some time for you? I Want Fitness is the perfect place to start! We often hear our mums say that our sessions help them stay accountable, gives them more energy and helps with their mental health.

Our sessions just after school drop off makes it easy to get that workout done before you need to do anything else.

For the working mum, maybe a 6am or evening class works better, while the kids are asleep so there's no guilt? All it takes is commitment from you and we'll take care of the rest!



iwantfitness.com.au

- ✓ Women's Only
- ✓ Wantirna & Ringwood
- ✓ Kid-Friendly, Indoors, Fun!
- ✓ Boxing, Circuit, Metafit, Pilates
- ✓ Supportive Community
- ✓ Feel Fitter, Stronger & Healthier!

Mention this advert to get a Complimentary Class Pass!

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Podiatrist

PhysioSpot
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Telephone: 9764 9359 Facsimile: 9763 3114

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- Full & Partial Dentures
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- Veteran Affairs
- Repairs
- Vic Denture Scheme

Chris Brownlie
Dental Prosthetist

Telephone: 9720 1555
487 Boronia Road, Wantirna
Cnr Stud Rd, opposite Knox Club

The Loss Of A Great School

Written by Evelyn Hodgkin,
Bayswater History Facebook

Knox Technical School, formerly on the corner of Boronia Road and Sasse Avenue, Bayswater was registered in 1966.

Built on farm land, the school had several setbacks during construction and students already registered were located to different neighbouring schools. Finally completed in 1969 the school was the perfect choice to learn a trade. Former student, Heather Sperling went there in 1976 to 1980. She said boys and girls learned subjects such as

woodwork, metalwork, graphic art, sewing, cooking, art, science, maths, humanities, music and physical education.

From Form Three, students could elect to specialise in certain areas such as machine shop, biology, chemistry, physics, typing, shorthand, bookkeeping, ceramics and many more. The school didn't offer academic subjects that were taught at the local High School such as languages, law etc.



**Knox Tech
Demolition, 1994**



A fire in 1984 was devastating but fortunately contained to the library that was separate from the main school. In 1994, the Government at the time chose to close Technical Schools in Victoria. The building was demolished and subdivision for housing took place. The Estate was known as College Crest Estate. This was a scenic and undulating site to build.

Today the Estate is well established and quite the prestige part of Bayswater. No doubt, many of the homes have changed hands since their original construction.

Reading my Facebook site on this subject, many students enjoyed their days at Knox Tech with fond and lasting memories.

A Rich Offering at the 1812

In 2019 once again, the 1812 Theatre promises a rich offering of seven plays, one presented by Centrestage Youth Theatre. Although there is certainly variety as the productions range in genre from comedy to drama to murder mystery. There are plenty of classic undertones with Agatha Christie, Henrik Ibsen and a modern treatment of Sherlock Holmes all having a place.

The season starts with *Breaking the Code*, a dramatization of the story of Alan Turing, the British mathematical genius who, in inventing the code breaking machine which cracked the German Enigma code, helped the Allies win World War II two years earlier saving 14 million lives. First depicted in the 2014 Oscar winning film *The Imitation Game*, the story has particular significance in the 21st Century as Turing was effectively an early inventor of Artificial Intelligence yet was grossly discriminated against by the laws of the time.

The black comedy drama *Sideways* comes next, adapted by Rex Pickett from his own novel, and an Oscar winning film too about two friends in their forties having one last boozy weekend in American wine country before one of them settles down to

married life. Meeting two attractive, intelligent and equally wine-savvy women on the way tests them in different, amusing and challenging ways.

This is followed by a production of Agatha Christie's legendary *Mousetrap*, a humdinger of a murder mystery set in an upper class English country house during a blizzard at the same time as Turing's post WWII story unfolded. The *Mousetrap* also happens to be the longest continuously running show in the world running since 1952 in London's West End where it is still showing to this day, so worth checking out for that reason alone.

After that, it's the youngsters' turn with Centrestage Youth Theatre's production of *One Flew Over The Cuckoo's Nest*, a black comedy drama set in a mental asylum based on the novel by Ken Kesey, which was also the basis of the famous Jack Nicholson Oscar-winning film.

The next play in the season caters to a revival of interest in Sherlock Holmes and Dr Watson by offering Ken Ludwig's *Baskerville*. This is a Sherlock Holmes mystery with a modern twist where five actors play more than forty characters in what the program describes as a mischievous comedy thriller.

Next comes the Ibsen classic *Ghosts*, a psychological drama which takes a sharp, critical look at Victorian society through Helen Alving, a widow having to face the reverberations of her deceased husband's



infidelity and its tragic consequences for herself and her adult son.

The season ends on a high with the comedy *Leading Ladies* about Jack and Leo, two Shakespearean actors who find themselves down on their luck and forced to resort to performing "Scenes from Shakespeare" in Amish country, Pennsylvania. When they are faced with a moral dilemma involving a large amount of cash their choices are no longer as clear cut as they first seemed as they have to decide how far they are prepared to go for money and the girls of their dreams.

9758 3964

**Email: admin@1812theatre.com.au
3 Rose Street, Upper Ferntree Gully
<https://www.1812theatre.com.au/>**

THE ARTS IN KNOX

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.

Dancing and Swinging in the 1930s

by Ken Simpson-Bull

Dancing in Australia in the 1930s was lots of fun. Although the great depression had started, the people still wanted entertainment, and local dance bands had recently introduced the new (to Australia) jazz and swing. Sadly, very little of the local lively music of this period was recorded. The major internationally-owned record companies saw no commercial viability, and whilst a few radio stations and private individuals made some recordings, much of this material has long since disappeared.

However, renowned jazz historian Jack Mitchell has written a book entitled "Happy Feet" chronicling the musicians, the dance halls and the people who made the 1930s vibrant. While once-famous band leaders such as Jim Davidson or Frank Coughlan may still be remembered, as well as dance venues like Leggett's and the Palais de Danse, Jack Mitchell's book takes us on a long nostalgic journey through Australia's dance hall entertainment of the '30s.

The Australian Jazz Museum, in fulfilling one of its charters (disseminating Australian Jazz) is currently in the process of producing a double-CD to complement the book. Making use of some of the rare material from its archives plus some recently discovered contemporary recordings of the period, this soon to be released album will enable a modern audience to appreciate the type of "hot" music their grandparents enjoyed.



The Australian Jazz Museum

(a nationally accredited museum)
15 Mountain Highway, Wantirna
(Melway Reference 63, C8) is open free to the public on Tuesdays and Fridays from 10am to 3pm.

For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the website at www.ajm.org.au



The "Palais de Danse", St Kilda, 1933.



KNOX
UNIVERSITY OF THE THIRD AGE

...Active and Positive Ageing...



2019 Quilt & Craft Exhibition

**Saturday 13 & Sunday 14 April
10am to 4pm**

**Fairhills High School Performing Arts Centre
330 Scoresby Rd Knoxfield**

Categories:

Fibre Craft, Paper Craft
Creative Craft, Large Quilts, Small Quilts

Cash prizes in all categories.

Vote for the People's Choice Award & buy a ticket to win a beautiful Patchwork Quilt.

To exhibit your work, go to www.u3aknox.org.au to download a form or call 97522737 for details, from Monday 4 February 2019.

Come along and see works by local crafters.
Light refreshments available

ADMISSION WITH CATALOGUE - \$5.00

Under 14 Free

THE FERNTREE GULLY ARTS SOCIETY at The Hut Gallery

157 Underwood Road, Ferntree Gully

FEBRUARY EXHIBITIONS

"FIRE, WATER, EARTH & AIR" Members Exhibition in the Gallery. In the Foyer, featuring Thursday nights Still Life workshop members,

"JOHN DUNNE & ROSS WAGHORN"

Sunday February 3 to Sunday February 24.

Weekends 11.00am to 4.00pm.

ALL WELCOME FREE ENTRY

MARCH EXHIBITIONS

The Members Exhibition in the Gallery

"CREATURES GREAT & SMALL"

In the Foyer featuring the works of
BETTY VELLA & PAULINE HOSKING
Saturdays & Sundays 11.00am to 4.00pm

Sunday March 3 to Sunday March 24

ALL WELCOME, FREE ENTRY

Weekly workshops, NON MEMBERS very welcome.
LOOKING FOR SOMEWHERE TO TEACH?..... ART STUDIO for hire,
Expressions of interest welcome. Very reasonable rates.
Children's holiday art classes for April, book early, very popular.

For information: the_hutgallery.wordpress.com/
Facebook: The Hut Gallery-Ferntree Gully Arts Society

Aussie Veterans Wall of Art

By Michael Quinn, National Vice President

We are always trying to improve the shopping experience in the Aussie Veterans Opportunity Shop. All items are maintained at very cheap prices so we maintain a strong turn over and constantly have new items of interest for our regular shoppers.

Our services to the veteran community are growing and our big plan for this year is to establish professional offices for our Advocates and Welfare officers to work from. It has always been an important part of the atmosphere of the shop to have a number of reminders throughout the shop of the service given by our defence veterans. We have a massive display of Anzac biscuit tins, memorabilia for sale in a display cabinet and an Australian Flag on display that has been flown on Parliament House. This time we have commissioned a local artist, Natalie Hotson to further strengthen the theme.

By agreement we were given permission to use the wall on the entrance to the Aussie Veterans Opportunity Shop for a piece of art work. As a group we wanted numerous things represented with an overall theme of poppies. With the poppies we wanted to include the Matilda poppy which is orange and represents the living along with the red poppy in memory of the fallen. Army, Navy and Airforce were all to be included. Natalie certainly fulfilled our expectations with a beautiful work on canvas which will be hung on the wall. The wall

will then be painted giving the effect of the canvas painting spilling out onto the wall.

We opened the shop after the Christmas break on the 14th January and our volunteers have been working hard displaying donations which have

arrived since then. I look forward to getting some feedback on our new art work. Natalie Hotson should be very proud of what she has achieved and it is appropriate that it be placed in such a prominent place.



Matilda Poppy Artwork by Natalie Hotson.

Panda Rounds Christmas Dance

The new Panda Rounds Dance Club had its Christmas Dance on Friday 21st December in the Boronia Progress Hall. It was a fun night with over 35 dancers celebrating the end of their first year. As well as Panda's Cuer/Teacher, Alison, they had two guest Cuers: Ella, from Sunnyside Rounds, and Coral, from Harlequin Rounds. There was a range of tunes at various dance levels so that everyone was catered for. Alison even choreographed and cued some new Christmas dances just for her beginners! Boney M's 'Mary's Boy Child' Phase 3 rumba was a favourite.

A Panda Rounds member said "We have learned so much in 6 months. It was great to meet dancers and Cuers from other Melbourne clubs and see new dance figures that we will probably be taught next year."

'The Panda' was present to keep an eye on proceedings. After the dancing finished the guest Cuers were thanked, the visiting dancers were thanked for their support and 4 experienced dancers, Christine, Graeme, Glenys and David got a special mention as they have helped Alison and Phil establish and run the new club this year. Then everyone converged on supper – what an amazing feast!

Round Dancing is choreographed cued social ballroom dancing. You are taught the basic dance steps with a cuer prompting a sequence of steps in time with the music. Dance rhythms include rumba, waltz, foxtrot, two-step and more. Panda Rounds will be holding another free Introduction to Round Dancing on Saturday 4th May 2019 followed by Beginners Classes on Friday evenings, 6.30 – 8pm. Enquiries on 0419 337 311 or pandarounds@gmail.com.





2019. Let's make it a good one, staying happy, healthy, finding new interests, keeping active, and socialising, etc. etc.

And we would like to do it with you. We have a lot planned for February and March and remember we invite you to join in on up to three events before becoming a member. And only for \$25:00 per year.

Outings in February include visiting the Magnificent "Blue Lotus Watergardens". It is beautiful. The waterlilies and lotus flowers will be in full bloom at this time of the year. Carpooling is available and bring lunch and water bottle in case of hot weather. Snacks and drinks can be purchased in the garden shop. Entry cost for this beautiful day is \$14:00 each plus a donation for the drivers. The very next day is the "Picnic in the Park" at the Tim Neville Arboretum. We can barbeque, have salads, sandwiches, whichever you choose to bring. BUT, importantly, bring a chair, drinks and food. PARK: in Frances Crescent, near the Rotunda.

Another outing!! To the McCrae Homestead. This is one of the oldest houses on the Mornington Peninsular. It is one of the few remaining examples of the drop-slab construction and was home to the McCrae family from 1844 to 1851.

This tour will cost us \$6:50 pp. and, if you choose to, we'll drive on to Arthur's seat Eagle Gondola ride. The round trip on the gondola is \$19:00 pp.

The Wednesday evening is our quarterly meeting, at the Boronia Bellbird Senior Citizen's Hall starting at 7:00 pm. Cliff Hardy, our Guest Speaker, attended the London Nautical School at 14 years of age rising through the ranks to 2nd. Officer, Navigator. Very impressive.

Then in March: Join Lyn and her group at the "Basin Theatre" for the LIVE SHOW; "Breaking the Code". Tickets \$24:00 to be paid in advance. Lyn has kindly arranged these bookings for a Sunday afternoon at 4:00 pm.

Morning Melodies is held on the 1st. Thursday every month. Music Appreciation is held in Members home on the 4th. Monday of each month.

Social outing of the month, March 26th.

Tilly Aston Heritage Collection. This young blind girl at 21 founded Australia's first Braille Library which was the foundation for Vision Australia Foundation. The

museum includes a unique printing press designed in the 1930's by the Chief Librarian at the time. Carpooling is available.

Come and Getaway to the Traralgon Park Lane Caravan Park from March 18th until Friday if this suits, leave earlier or later, it's always a fun time. Share a cabin, bring a caravan or tent, and ring Jane for more info. 0416 362 175.

To learn more about our activities, meetings, cinema evenings, and/or to receive a copy of our current newsletter, please ring: Carol on 9727 2726



Christmas Lunch was well supported, with Santa also popping in. The 'Melbournaires Harmony Chorus', kept us entertained, not only with their singing, but also with hilarious parodies of various songs. Thanks to our Committee, a lovely day.

Knox Senior Safety Register is Coming Soon!



Bridges Connecting Communities is excited to be developing the register which is a program designed to help senior residents living in Knox feel safe and connected to their community.

Participants on the register receive a regular phone call from volunteers who check on their welfare. The register contains participant's emergency information which is held confidentially on record and may be used in the event of an emergency.

This register aims to give residents, relatives and friends peace of mind knowing that their community is proactive in relation to seniors' welfare.

This program is ideal for isolated residents living alone.

**To join the register or
Give your time as a volunteer or
Find out more about the Register
Contact Liz at Bridges
on 9763 9700
or email kssr@bridgescc.com.au.**



"The Knox Senior Safety Register project has been supported by a grant from the Knox Council Community Development Fund".



VOLUNTEERS NEEDED

Want to feel good about yourself!

Become a Bridges Volunteer

When you are doing good to and for others you will experience a Helpers High! You will feel healthier and happier!

Do you have time to share?



- ◆ Do you like driving?
- ◆ Do you like talking?
- ◆ Do you like walking dogs?
- ◆ Many and Varied roles
- ◆ Choose the activity that interests you
- ◆ Make new friends
- ◆ Drivers reimbursed for petrol expenses

Contact Lyn - lynm@bridgescc.com.au to register or for more information.

6 Griffith Street, Knoxfield P: 9763 9700 www.bridgescc.com.au

Boronia VIEW Club

BORONIA VIEW CLUB meets on the 3rd Friday of each month at the Eastwood Golf Club Liverpool Road Kilsyth at 11.30am. A two course meal is enjoyed at a cost of \$25.00.

BORONIA VIEW CLUB is a vibrant and friendly club and we make you feel most welcome.

The next meeting will be held on February 15th and it will be the Annual General Meeting including election for Committee for year 2019 and then in March it's a big 29th Birthday for the Boronia View Club so put on your ear muffs.

The club hold several outings and activities throughout the year and has small groups of ladies who meet monthly to play cards, meet for coffee or discuss books that they have read.

The club's aim is to support hardship students therefore we proudly sponsor eight students through the Smith Families Learning for life program.

We are always looking for ladies of all backgrounds and ages to join us.

For information regarding membership please contact

Margaret on 0402488757 or Judith on 97648602

Wantirna Evening VIEW Club

Wantirna Evening View Club is a group of friendly women all there to enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program

We meet on the 1st Wednesday of the month (except in January) at The Wantirna Club, 350 Stud Road, Wantirna 3152 (opposite Villa Maria) - 7 pm for a 7.30 pm start. Lift to go upstairs available.

We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have an interesting guest speaker.

We would love new members to join - so come along to meet and chat with us before you need to decide if our friendship is what is missing from your life!

For more information please call our President - Judy on 9729 9565.



Logo from Smith Family website

How friendship can make an extraordinary difference.

VIEW is a national women's organisation with over 15,000 members in more than 300 communities who volunteer, fundraise and advocate for children's education charity The Smith Family.

We sponsor more than 1,200 disadvantaged students and donate more than \$1 million each year to help fund learning and mentoring programs for disadvantaged children.

Our members have been making the most of friendship and support to help change the lives of thousands of children. They meet regularly to share their passion and experience, build lasting friendships and make a tremendous difference to the young students we support. We welcome women from all walks of life to join us and make a difference today.



Connect with your local VIEW Club. Find out more about joining today by visiting view.org.au

What's On?

Event	Date & Time	Location	More Information
Wantirna View Club	1st Wednesday each month 10.00am	The Wantirna Club, 350 Stud Road Wantirna South	Judy 9729 9565
Ferntree Gully View Club	4th Monday of each month 11.30am	The Knox Club. Cnr Stud and Boronia Rd. Wantirna South	9801 2771
Hungarofest	22, 23 & 24 February	Hungarian Community Centre	See flyer on page 11
Boronia Ladies Probus	3rd Wednesday of each month	Knox Club, cnr Boronia & Stud Rds Wantirna	Zita 9764 5233
iShred	Saturday, 9th February & Saturday 16th March	5/7 Samantha Crt. Knoxfield	1300 763 688
Tiny Bear Distillery	Sundays 12 noon to 5.00pm	Unit 7/10 Henderson Rd, Knoxfield	0416 030 786
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 http://www.rfnc.org.au
National Seniors	Fourth Wednesday of month 10.15am for 10.30am start	The Knox Club, corner of Stud and Boronia Roads, Wantirna.	President John on 9778 6784 or Rhondda on 0407 1045 70 for any further information or just turn up
Probus Club of Wantirna South	2nd Wednesday of the month at 10am	Wantirna Club, Stud Road, Wantirna	Helen 0418 333 022
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00pm	Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater	Paul 0400 823 441
OM:NI Older Men New Ideas	2nd and 4th Fridays each month	Orana Neighbourhood House 62 Coleman Rd, Wantirna Sth	1300 13 50 90 COTA website
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	Phone Pricilla on 9764 1166
Knoxfield Ladies Probus	10 am every third Wednesday of the month.	Wantirna Club, 350 Stud Road Wantirna	Please ring Val on 9763 6175 or Bev 9753 3224.

COMMUNITY NEWS

Reflections on Christmases Past and Community

Christmas is the most magical time of the year. Some of the best memories I have are of Christmas when I was a young child. But for many years after that, it's difficult to think of a Christmas that could compare. When I try to understand what made the difference one word stands out – community. The happiest times were characterised by a rich community life amongst family friends, Christians and Buddhists.

We often hear that Christmas can be one of the most difficult times for those who have less. Organisations like The Salvos, Knox Infolink and local churches do their part to help those who have less money, less presents, less food. But there are also those who suffer because they have 'less' when it comes to community.

For the majority of human history most people lived in small tightly knit communities. Each individual was connected to around 100 others in a village or tribe. Households comprised of extended family and multiple generations all living together.

In today's world, including in Australia and in eastern Melbourne, many people do not have a community they feel part of. The impact can be particularly harsh amongst older people who have seen their communities change around them and they no longer know their neighbours.

Thanks in part to decades of individualism in many societies, we are isolated into small nuclear family units. Human beings are stronger together. It's what makes us happy. It's how we were meant to live.

I would encourage everyone to go out and get involved in the community. Speaking to one's fellow citizens with whom you'd rarely otherwise interact instills a sense of community that traverses cultural barriers. Community groups of all kinds rejuvenate our connections to others – whether they be neighbourhood houses, charities, men's groups, women's groups, sports clubs or religious institutions.

Working together for the benefit of others can bring

by Dr. Kadira Pethiyagoda



back the society that many people remember and yearn for. There is more to life than simply going to work and coming home. There is a greater purpose.

Dr Kadira Pethiyagoda is the Labor candidate for Aston

Knox Social Inclusion programs and support:

- Knox Infolink - 9761 1325
- Bridges Connecting Communities - 9763 9700

SPORT NEWS

Bayswater Bowls Club News

THE SEASON SO FAR.....

Bayswater Bowls Club this year has three teams competing in Saturday Metropolitan Pennant. Just narrowly missing on promotion to Division 1 by a solitary shot last season and a runner up in Division 3 has meant that Bayswater has to field two teams in Division 2.

Results to date in Division 2 has one of Bayswater's teams in 5th ladder position with 7 wins and 4 losses; however, the other side is languishing in last place with just one win facing possible relegation back to Division 3. Our third side in Division 5 is performing moderately with a 4/7 win loss ratio.

Bayswater's Mid-Week Pennant sides have been competitive this season and should remain in their respective Divisions.

At the time of publication of the Community News Bayswater Bowls Club had two representatives competing in the Semi Finals of the Eastern Ranges

Mens and Ladies Singles Championships. Hopefully, we will bring favourable news on the outcomes of their performances in the next edition.

During the festive season Bayswater BC held numerous functions in their spacious club rooms and received very positive feedback on our hosting and packages provided. If you are looking for a location to hold your next celebration why not contact our Functions Co-Ordinator, Marika Forras on 0416 128 330 to discuss our available options.



Bayswater Bowls Club

43 Phyllis St, Bayswater
(Just off Stud Rd.)

Summer Sundays, 2-4 pm



**BAREFOOT
BOWLS**



It's free!

So's the sausage sizzle!

*It's a game for young and old, male and female
and people of all abilities. Try it and see for yourself.*

No booking necessary. Just come along.

club@bayswaterbowlsclub.com

Phone 9729 8312 (leave a message)

"Friendship through Bowls"

News from Knoxfield Knights Cricket Club by Rob James

The Knoxfield Cricket Club goes into the final weeks of the season with all four senior teams in the top four of the table and all in the hunt for a premiership. Our first eleven are vying for their fourth premiership in a row. The Basin are the other main contenders and will try to reverse last year's

loss to Knoxfield - if they both make the grand final. I nearly forgot, our Vets team has also made the finals, go boys.

Our Juniors are enjoying a good season too with a number of them making FTGDCA Rep sides with promising futures as well as our own Hollie Johnson playing in the under 14 Girls Youth Premier Cricket.

We were also the recipients of a grant from Knox City Council Community Development Fund, and were fortunate to apply and receive \$2000 for furniture to 'dress up our rooms'. We were able to purchase tables and bar stools that we use indoors and outside which have complimented the outdoor 'Parisian' atmosphere that we have created at our clubrooms.

Our Ladies Day which is supporting Irabina Autism Services this year will be held on Saturday the 9th February at the club rooms. The Shore Brothers will be performing Live with other amusements and special guest speakers. See our Facebook page or website for full details. We hope to surpass last year numbers of about 120 ladies who had a fantastic day and raised nearly \$2000.

That's all for now. I hope to report back to you in the March/April edition of how well we all went.

Go Knights.



Happy Valentine's Day

With the right people on your side, finding the right home loan is easy.

- First home buyers
- Investors
- Refinance



Nari Khera

Book your free appointment today
 Aussie Knox 9887 4088
 Aussie Rowville 8740 1818
 Aussie Keysborough 8785 6888
 Nari Khera 0409 786 121
nari.khera@aussie.com.au



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News from Wantirna South Junior Football Club

Last year was a very successful year for the Wantirna South Junior Football Club (the Devils). Success at a junior football club is measured in many ways both on field and off. On field, they won premierships in two of the boys divisions, under 11 and 14s. The newly reformed under 17s were in a grand final, being defeated only after a period of overtime and Devils players were represented in league best and fairest counts.

In 2018 the Devils fielded their first girls team, an under 12 group of girls who went from strength to strength as the season developed. The coach, local secondary school teacher Rhonda McMillan, was acknowledged at the Eastern Region Girls Football League awards night as girl's coach of the year. Her daughter Tayla also won best and fairest in her age group.

The Wantirna South Auskick program, introducing boys and girls aged 5-7 to the fun of footy, is the largest in the region with over 100 participants each Friday night. The benefits of having both boys and girls playing football with the club were many. They saw new families introduced to the club with very successful social functions. The Wantirna South home ground at Templeton Reserve has been updated with new changeroom facilities, an electronic scoreboard and revamped spectator areas in partnership with Knox Council.

In addition, the club has been awarded a grant through the VicHealth Active Club program to continue expanding the girls program to multiple age groups next season. The grant will contribute to the purchase of the essential game day, coaching and training resources to enable players to participate in and develop their love of the game.

President Kevin Van Grondelle said, "the Devils continue to be committed to engaging the community to participate in the many benefits that team sport and belonging to a club can provide. Our planning for the new teams in 2019 is progressing and being awarded this grant supports our commitment".

Interested boys and girls aged 7-17 can inquire about joining the Devils by contacting enquiries@wsjfc.org.au or the registrations officer at registrations@wsjfc.org.au.

Templeton Tennis Club News

by Don McCracken, President

Welcome back to TTC news for 2019.

Our summer competitions will commence over the weekend of the 23rd February. Accordingly, there aren't too many weeks left until this season is complete with finals in March.

At the time of writing, (mid Jan) we have 16 of 18 junior teams and the seniors have 1 from 4 teams currently in the top 4. Let's hope the good form stays with us after the long Christmas break! Mid week ladies, Wednesdays, recommenced the week of the 28th January and Tuesdays are mid way through their current season and performing well. We welcome back our Tuesday night team for the Autumn season.

The next Saturday season (winter) will be upon us very shortly so if you are interested in playing competition commencing in April please make contact with one of our conveners'. Seniors, Andrew Wade, 0413 420 464 or Juniors, Pam Stewart 0402 080 054.

Night competitions: Monday, Tuesday and Wednesday nights are back in full swing as of the 4th February and progressing well. Come for a look and maybe join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call on 9800 3316.

We have had court 4 resurfaced over the break and it is looking great. Courts 1 to 3 are part of a larger Council project and will be lengthened and resurfaced during the first half of this year. We thank them for their continued support.

Our coach, Kelly Bisinella, runs a highly successful coaching program at the club for all levels. Give her a ring! Straight Sets 0414 874 482.

Check out our website, www.templetontennis.com.au for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Wantirna and Integrity Cabinets.



Come and join us at the family club, your club, the Templeton Tennis Club.

All the best for 2019.

Templeton Tennis Club Inc.

Templeton Reserve, Templeton St

Wantirna 3152. Melway Ref. 63 G9

Membership: Leanne 9887 1957

Clubhouse: 9887 3505

President: Don 9800 3316

Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au

Email: president@templetontennis.com.au

Wantirna Tennis Club News

by Alison Rogers



Happy New Year to all of the Studfield Wantirna Community News readers.

At the time of writing the Sydney International has just finished with the Aussies doing really well. It is great to see the younger players coming up and showing everyone what they can do. Congratulations especially to Alex De Minaur and Ash Barty for their great play and sportsmanship in this tournament.

We are now looking forward to The Australian Open. A few late nights coming up.

Juniors

Prior to Christmas we were pleased that we had 13 of our 17 teams in 'the four'. All teams whether they are winning or losing are having great fun playing tennis for the Club. We hope that the skills they are learning and the friends they are making by playing a team sport will stay with them for years to come.

During the Christmas break many of our juniors have been playing in tournaments. We have heard of quite a few who have been doing really well. Thanks to the parents who give up their valuable time to let their children play and help them get great match play and more experience out on the court.

Social tennis

If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down on a Tuesday morning and have a Social hit with some of the ladies at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground you can have a hit. Play starts at 9-30am and it is only \$2. Men of course are welcome.

Midweek Ladies

We are always looking for new players down at the Club. If you would like to play competition give us a call.

Coaching

At Wantirna, we cater for all age groups and standards. Our Coaches Mike and Troy's (details are at the end of this article). Give them a call - all will be welcome.

For the adults, the coaches can guide them into comp

by starting with Cardio tennis, group coaching or 'one on one' coaching. The new 'Fast Tennis' for those that are 'time poor' is an exciting venture in the Tennis World. A new ladies and men's 'in house' night is available with something similar to be organised for men on another night.

The coaches have group and private lessons and also squads. There is more tennis being played at school now and I'm sure if you asked your children they would say they would like to have a go.

Contact or visit us. We have excellent facilities including two new BBQs covered with a recently installed shade cloth sail. We have 9 tennis courts and a coaching area in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. With

safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Club coaching team: Troy & Mike 0424693005 or email enquires@troyandmiketennis.com
Coaching Facebook: www.facebook.com/troyandmiketennis.com

Wantirna Tennis Club Inc Melway Ref: 63C8
Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna
PO Box 5295 Studfield 3152
Club Secretary: Alison 0408576025 or email wantirnatennis@gmail.com
Web: www.tennis.com.au/wantirnac/
WTC Facebook: www.facebook.com/.../Wantirna-Tennis-Club

Wantirna Club Championships 2018

In late November (since the last Community Newspaper) our annual Club Championships were held. Once again we had a huge day of tennis with over 150 people attending and participating. All ages and standards were catered for which makes for a great day.

Our Junior Club Champions were 'back to back' winners Junior Girls Club Champion Chelsea Stergiopoulos and Junior Boys Club Champion Ayan

Keshwani.

Our Senior Club Champions were also 'back to back' winners with Ladies Club Champion Chelsea Stergiopoulos and Men's Club Champion Troy Murrell. All games were tightly fought, great matches to watch. We want to acknowledge our Club Coaches Mike Alder and Troy Murrell for all the work they did organizing the event and Billy Tzanopoulos for managing the round robin WTC Cup event on the day.



Junior Boys Club Champion Ayan Keshwani.
& Girls Club Champion Chelsea Stergiopoulos



Ladies Club Champion Chelsea Stergiopoulos



Men's Club Champion Troy Murrell



Don Mitrevski

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