COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH, SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 63 DECEMBER 2019/JANUARY 2020

- FIRST ALL-FEMALE
 LEADERSHIP TEAM IN KNOX
 HISTORY
- KNOX CITY COUNCIL VOTES
 TO ADDRESS CLIMATE
 CHANGE
- WORK ON BLIND CREEK PROJECT COMMENCES
- WANTIRNA HEALTH PRECINCT PROPOSAL

FREE



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Page

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Ed. 66 June/July Friday May 8, 2020
Ed. 67 August/September Friday July 10 2020
Ed. 68 October/November Friday October 6, 2020

Ed. 69 December/January Friday November 6, 2020

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Out and About

Wantirna News	Pages	4-5
Community Pharmacy	Pages	6
Wantirna News (continued)	Page	7
What's Cool at School?	Page	8-9
Bayswater News	Page 1	0-11
Around Knox	Page 1	2-13
Knoxfield & Scoresby News	Page 1	4-15
Library News	Page	16
The Arts In Knox	Page	17
Environmental News	Page 1	8-19
News In Good Health & Wellbeing	Page 2	20-21
Community News	Page 2	2-25
Sport News	Page 2	26-27

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Editorial

Hello Community News readers,

The approaching end of each year gives us all a chance to reflect on the significance of the previous 12 months. This year a few issues have dominated my thinking. I notice the levels of concern in our community rising around climate change, the environment, gender equity, homelessness and the growing gap between the people who have enough and those who don't.

With all these issues it is heartening to see our community respond. People who hold these concerns are working out ways to make a difference at a local level. It's inspiring to see people raising funds to support people who are struggling to make ends meet, or struggling to put a roof over their heads. It's inspiring to see people find ways to recycle waste products and reduce plastic use. It's inspiring to see Knox Council vote to address climate change at a local level. It's inspiring to see people raise awareness of injustices and strive to make our community a better place for everyone.

Janet Claringbold, on behalf of the team.

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors and readers. We are grateful for funding received through the Knox City Council Community Development Fund





Community Newspaper Conference and Awards by Coral Carew

The Annual Conference of the Community Newspaper Association of Victoria (CNAV) was held this year at the York on Lilydale at Mount Evelyn over the weekend of the 12th and 13th October.

Representatives from local community newspapers across Victoria attended once again. Many of these papers have been in existence for a number of years and continue to publish interesting and valuable articles whether it be about local sporting events, a local identity or it may be interesting articles about the history of their town or area. These papers come in various sizes and printed either weekly, monthly or bi-monthly. Nevertheless the commitment of their

production team is admirable at the very least.

The purpose of the Conference is to bring all community papers of the association together to learn and share the highs and lows of our commitment to the communities that we serve.

Workshops are planned with experienced presenters enhance our productions and define our legal obligations as well as guidance to research grants to support the production.

All committees are encouraged to enter articles into an Award competition. For the first time in many years all four Community papers of the Knox group attended the conference thus making the area of Knox well represented.

Knox can be proud of the Awards received which include:

Rowville Lysterfield News

- Winner Best Photo,
- **Finalist Best Photos**

Ferntree Gully News

Finalist Best Photo



The SWCN team are grateful to Knox City Council Community Development Funding for our attendance at the CNAV conference 2019.

Studfield Wantirna Community News

- Finalist Best Article by a person under 18.
- Finalist Best Layout and Design

Boronia Basin Community News were not successful this year however we look forward to have you with us at the Conference in 2020.

Voluntary Position Vacant

Assistant to our Volunteer Sales and Marketing Supervisor.

Do you have a passion to be involved within any of the Local Communities of:

Studfield, Wantirna, Scoresby, Knoxfield or Bayswater?

Experience not necessary, as guidance will be provided, and it is purely a Volunteer Role.

Hours to suit yourself, but adhering to our paper's deadline, which is printed and distributed Bi-Monthly.

Feel free to call Charles Carew, for further discussion or information.

Phone: 0407 797 666

Studfield Wantirna Community News Awards 2019

Finalist - Best Article by a person under 18: Oh My God — It's Legally Blonde!! by James Keam

With a great heading and an opening that enticed the reader to continue to read this review of Wantirna College's latest production this writer was able to express their enjoyment for the show and also acknowledge all the effort that goes into the creation of such a show in a school environment. With fantastic word choice and sentence fluency the writer was able to convey their enthusiasm for the show clearly.



Wantirna College Principal Kevin Murphy with CNAV Award Finalist James Keam



Finalist - Best Layout and Design: This is a warm and friendly publication that features some nice creative touches such as earthy colour tones, watercolour images and expressive typefaces.

The overall design is an original and creative take on the community newspaper format. The sense of community and connection with the environment is expressed in a sincere and engaging manner.

Thank you to Tamara Bouzo for designing our format.

By Dr Martina Saeid BVSc. Wantirna Vet Clinic

WANTIRNA NEWS

With our inquisitive feline companions being out and about for longer hours during the warmer summer months, it is important that we have complete awareness of the dangers that they face, even in their home environments! One such danger is feline aids or Feline Immunodeficiency Virus (FIV for short), which is the kitty equivalent of HIV. FIV affects approximately 26% of the feline population in Victoria. High levels of the virus are transmitted from an infected cat to another healthy cat via their saliva, primarily through deep bite wounds during fights and territorial disputes. As such, cats most at risk are those that tend to roam free and are in contact with a range of other neighbourhood cats, particularly undesexed male cats which also happen to be territorial!

Feline aids positive cats have a compromised immune system, and as a result of this, are extremely susceptible to secondary infections, unfortunately to the point of death in some cases. Sometimes, they may not show symptoms until years after the initial infection has occurred and live healthily as life- long carriers and transmitters of the disease. Others may fluctuate between optimal and poor health over time.

Even though there is no prevention or cure for FIV, fortunately, there is a way we can prevent our precious feline companions from being infected by this terrible virus! Firstly, by keeping them as indoor kitties, we can avoid this issue altogether as they won't be engaging in battles with the neighbourhood



cats. Secondly there is a vaccine course available, which is a great way to prevent any indoor/outdoor cats from contracting feline aids. For kittens 8 weeks or older, the vaccine course involves an initial injection, followed by two further boosters 2-4 weeks apart. Thereafter, yearly boosters are required to maintain optimal levels of protection. For older non- previously vaccinated cats that have spent time outdoors and potentially are at risk of infection, an FIV test (which simply involves one drop of blood) is necessary to ensure that they are all clear, before commencing on the vaccine course. Why not vaccinate when we have this great option? It's a no brainer!

Should you have any further questions about feline aids, please feel free to drop us a line at the Wantirna Veterinary Clinic or call to discuss this topic further on 9729 9908. Final thought...don't forget to get your cat vaccinated against FIV!



Ruth Same Pty Ltd ACCOUNTANT

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Wantirna Heights Probus Club News

by Bill Watson

The club recently visited the Melbourne Water Eastern Treatment Plant (ETP) in Carrum Downs. The tour commenced after donning high vis vests and safety glasses. When the raw sewage arrives it is screened to remove unwanted items, most of the odour and methane gas. The methane gas is used to power the plant. After screening, the remaining sludge is agitated in concrete channels to assist bacteria separate liquid from solids. Then it goes into large vats where compressed air is added to further aid separation. Highly skilled divers sometimes need to don protective suits and enter the dark, non-buoyant liquid to rectify faults. They are paid well for each dive. Solids are then filtered

through pine bark and dried with the liquid going into holding ponds - all in 24 hours. This water is only good for industry or irrigation, but many water birds think it's okay. Further treatment makes the water drinkable but only about 10% is sold with the rest going into the bay. This fascinating and informative tour finished with final clean up in the Education Centre.

The Probus Club of Wantirna Heights meets at the Knox Boat Fishing Club on the first Wednesday of every month.

For further information please phone Graeme on 03 9763 1213





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Wantirna@cam.org.au
www.stlukeswantirna.net
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9:30am - 3:30pm

St Luke's Parish Mass Times

Weekend: Saturday Vigil: 6:30pm

Sunday Mass: 8:30am &10:00am

Weekday Mass: Monday & Tuesday – 9:00am

Wednesday – 7:30pm Thursday & Friday – 9:00am

Reconciliation: Wednesday - 7:00pm

Saturday - 9:30am & 6:00pm

Adoration: Wednesday 7:30pm – 8:30pm

Divine Mercy Chaplet:

First Sunday of the month: 2:45pm



Collier Ward Update with Cr. Marcia Timmers-Leitch

WANTIRNA NEWS

Hi Everyone!

This edition I wanted to focus on a fabulous new Policy about Nature Strips as well letting you know about the proposed new Wantirna Health Precinct. I also wanted to shine the light on some of our local Christmas Heros. As always, I am here to be your local voice at Council. If you need help or information then don't hesitate to get in touch via email marcia.timmers-leitch@knox.vic.gov.au or phone 0428 162 218.

Wantirna Christmas Heros

For nearly 20 years the residents of Cherrington Square in Wantima have been bringing joy to the young and young at heart through their family friendly and fun Christmas Lights displays. Nearly every house gets involved and is enthusiastically adopted by new people moving into the street.

"We love being able to do this for the community" says Court Captain Graham. "People just keep coming back year after year. They come to visit their favourite displays and discover what's new. We're not sure who has more fun, the visiting families or us"

"I have been bringing my family here for the last decade"

Wantirna Health Precinct

says Cr Marcia Timmers-Leitch. "We park nearby and walk the street as a family. It really is the best way to get the full atmosphere of the interactive displays and appreciate the hard work of the residents.

Best viewed after dark, this year's lights will start on Saturday 7th December and run through to New Year's Eve. There will be a coffee van in attendance for the two week before Christmas. For those coming on Christmas Eve you may even bump into Santa and Mrs Claus or hear a choir singing carols.

"A big thank you to the wonderful residents of Cherrington Square for bringing us the joy of Christmas every year." Cr Marcia Timmers-Leitch

New signalised intersections at Boronia Road and Mountain Hwy

- Walking and cycling options and improved public transport services
- Adequate onsite parking and safe vehicle movements and traffic calming measures

The community response to the plans proposed were incredibly positive with an impressed acknowledgement of the needs for the services proposed at the site. Key concerns that we heard were centred on traffic management and adequate affordable parking for the site.

This is a long term plan with a long term vision. Knox City Council and the community are likely to hear more from the VPA early next year after they have considered the community's feedback.



Goksel Karpat (VPA), Val Bomford, Haydn, Cathy, Cr Marcia Timmers-Leitch, Frank Sullivan

Thank you to those in our Knox community members who participated in the recent consultation sessions and online survey for the proposed Wantirna Health Precinct. Conducted by the Victorian Planning Authority (VPA) and working closely with Knox City Council, it was wonderful to see our locals participating in shaping this amazing project.

The proposed plans include:

- A new public hospital, complemented by education, housing, office and commercial uses
- Ensuring that buildings do not overshadow or overlook adjoining private residential land
- Open space that will maximise key views to Dandenong parklands
- A central urban square, hospital gardens, wetlands and local parks



Green Streets Policy Nature Strips Upgrade



Darren Wallace and Cr Marcia Timmers-Leitch)

Recently, Knox City Council approved the Green Streets Policy which provides residents with an opportunity to plant on nature strips and contribute to protecting and enhancing Knox's natural landscape. As well as the environmental benefits, integrating natural spaces into our suburbs can improve health and wellbeing, benefit property values by developing high-quality streets, and foster good neighbourhoods that bring the local community together.

Local Environmentalist Darren Wallace of Greening Knox, thinks that this practice is a "Ripper Idea" and was happy to point out some great examples of locals who have already developed their nature strips.

The most suitable plants are native and indigenous wildflowers, ground covers and low growing shrubs. These plants often require little maintenance or water use while effectively competing with weeds and providing habitat for local fauna.

Any planting on a nature strips does not change the responsibility of the property owner to maintain the nature strip in front of their property in a safe and presentable manner.

All new planting will require a Nature Strip Permit to be issued by Council (no cost). Property owners who have already planted on their nature strip are also encouraged to apply for a permit.

Council is preparing some helpful resources to guide residents in what they can plant on nature strips and how to maintain these spaces. Anyone who is interested in finding out more is welcome to call Council on 9298 8000 and speak to the Open Spaces team. Alternatively you can email the team at openspace@knox.vic.gov.au

For more information visit www.knox.vic.gov.au/ greenstreets



Marcia Timmers-Leitch

Collier Ward Councillor - Knox City Council









What's New At Community Pharmacy?

with Carmen Tisseverasinghe

Merry Christmas to all our lovely readers!

I really can't believe I am wishing you a merry Christmas already, but as I write this, it is roughly two months till Christmas. By the time you are reading it, it will be only weeks away!

Christmas down under is a different experience than the snow covered cards of the northern hemisphere. With the hotter months fast approaching, the pollen count in the air climbing and Melbourne weather doing its usual crazy thing.

So I thought it was a good time to provide you with some information about thunderstorm asthma.



Asthma symptoms may be increased in some patients when the pollen count starts to increase. During the summer months, some patients will be more likely to have trouble with their asthma flaring up. Even people who have not been diagnosed as an asthmatic, but have severe hay fever symptoms

(especially involving wheezing and coughing), could be at risk of developing thunderstorm asthma.

Thunderstorm asthma is thought to be brought on by a unique combination of high amount of grass pollen in the air and a certain type of thunderstorm. Pollen particles are caught in the wind, may burst open, and release tiny particles just before the storm, which are small enough to get down into the lungs. Thunderstorm asthma has been known to trigger severe asthma attacks in some patients, which in some cases can be life threatening.

So, what can be done to try and prevent thunderstorm asthma?

- If you suffer from asthma or have ever experienced asthma, check in with your GP or pharmacist to update your "asthma action plan".
- An Asthma Action Plan is a document which give patients or carers a step by step guide on how to use their medications and also what to do when they notice that their asthma symptoms are getting worse
- This includes when to take higher doses or extra

medications, and when to contact a doctor, or go to the emergency department

- Check your technique on using your puffers with your pharmacist to ensure you are using them correctly
- If you suffer from hayfever, see your pharmacist for a hayfever treatment plan
- If you suffer from hayfever and get wheezing, coughing or a tight feeling in your chest, see your doctor to check if you have asthma. Your doctor may recommend a relieving puffer as an appropriate way to help manage your symptoms
- Avoid being outside during thunderstorms during the months of Oct-Dec, especially if there are large gusts of wind
- Close your doors and windows during storms and, if you have an air conditioner on, change it to recirculate to reduce the chance of pollen getting inside.

Naturally, should you experience any sudden change in symptoms, or feel that something is not right with your breathing or the breathing of someone else, call 000 immediately.

Thankyou as always for reading along with me this year. Your comments on my articles are always much appreciated, especially when someone has learnt something new.

I hope you all have a joyous Christmas, and a safe and happy New Year. Carmen

Community Pharmacy Wantirna is partnering with OzChild this Christmas, to give back to the community and help those who need a hand over Christmas.

OzChild collect gifts for the following children:

- · Children in their foster and kinship care programs
- · Children from low-income families
- · Struggling families supported by their programs

From the end of November to mid-December, we will have a special tree in store with gift tags showing the age and gender of a child who needs a brighter Christmas this year. We are encouraging all our customers and patients to help out.

You can purchase a gift in store to leave under the tree to be sent to be distributed to a child, so they can share in the joy of receiving a gift on Christmas Day. Or you can bring in a gift to leave under the tree. The more gifts we get, the greater the difference we can make and the more lives we can touch this Christmas.



Community Pharmacy Wantirna
Shop 3-4 Wantirna Mall 348 Mountain Hwy, Wantirna
(03) 9720 2872 OPEN 7 DAYS

Email: wantirna@communitypharmacy.com.au www.communitypharmacy.com.au



WANTIRNANEWS

Knox Village Ladies Knit For a Better World

by Laraine Coggins

At Knox Village Services Association our craft ladies are very busy and hard at work in the craft room.

For our Anzac display we asked the ladies if they could please knit poppies. Hoping to have at least 500 to 1,000 made, as we were hoping to make a dress out of these.

The response was amazing and the poppies kept on coming.

We had more than enough to make the dress which consisted of 1,125 poppies.

We also had a field of 5,660 poppies.

Our total now came to 5,785 poppies made by our wonderful ladies.

- · Red is for blood.
- · Black is for grief.
- Orange is for soldiers who went to war and returned not the same as they went.
- Purple is for all the animals and birds used in the war.

Our ladies are currently knitting Teddies which we donate to nursing homes for comfort for residents, also to the police, ambulance and fire brigades for children under stress.

At the same time we are also knitting Jumpers for the Penguins who have been in oil slicks.

They immediately wear the jumpers so as not to eat oil by preening feathers and they are then cleaned and a new jumper stays on until they are able to be released.



Wantirna South Probus Club News

A number of new outings are planned for 2020 and as always in Probus the clubs put on events that members are interested in attending. The monthly dine out is always well supported plus the meeting day lunch at the Wantirna Club where an excellent varied menu is available.

This brand new club was formed by Probus South Pacific in March 2018 and has been very successful in attracting first time Probus members plus some from existing clubs who enjoy the fun and friendship the club has to offer.

The Wantirna South Probus meets on the 2nd Wednesday of each month (except January) at Wantirna Club 350 Stud Rd Wantirna.

Plenty free off street parking provided and close to Knox City bus terminal.

Our meeting commences at 10 am and its recommended for those interested in attending to arrive about 9.40 am. There is no obligation to join at your first meeting. You are welcome to visit to see if the Club is of interest to you.

For Further information Contact Secretary

Helen Dewar 0418 333022 or Email oes54@hotmail. com or P O Box 207 Boronia 3155



Have a say in the future of your community.

At Wantirna Community Bank Branch, we are keeping local money and local business in the community.

Expressions of interest are now being invited for the position of voluntary Director of Wantirna Community Financial Services Limited, operators of the Wantirna Community Bank Branch of Bendigo Bank. As a Director you will provide the leadership and management skills at a Board level to support and drive the company's strategic direction, goals and objectives to have a real say in the future direction of the branch and community. This position is voluntary.

Applications to interim Chairman: Jeff Somers, PO Box 6195, Wantirna VIC 3152 or emailed to jjsomers@ozemail.com.au

For further queries, contact Jeff Somers on 0413 150 587 for further information or a confidential discussion.

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Manufacturing Showcase Comes to Wantirna South

from Nick Wakeling MP, State Member for Ferntree Gully

Recently I had the great pleasure of attending the Victorian Manufacturing Showcase 2019 which took place at the State Basketball Centre in Wantirna South.

The Showcase is an annual event celebrating its sixth year and it is hosted by a partnership of the Victorian Industry Capability Network and local councils. It provides opportunities for local manufacturers to gain valuable insights into successful businesses in Victoria while networking with other manufacturers and industries in this state.

The theme of this year's Showcase was "Engage. Innovate. Create." and it was attended by dozens of manufacturing suppliers and customers, students of science, technology, engineering and mathematics (STEM) plus people and businesses from Knox.

I met with representatives of Camatic Seating which is a Wantirna-based



Nick Wakeling MP with James Fisher of Camatic Seating at the 2019 Manufacturing Showcase in Wantirna South.

manufacturing business which has been successful in supplying seating for cinemas and sporting stadiums across the world including the Melbourne Cricket Ground (MCG), Wimbledon and American football stadiums in Seattle, Dallas and Atlanta.

Victoria has a proud history of manufacturing, and there continues to be real opportunities for the thousands of people working in this industry both now and in the future. It's great to see that people from across Knox are getting involved and having success in manufacturing goods that we can all relate to.

WHAT'S COOL AT SCHOOL?

Knox Central Primary School Art Show 2019





















This year's Knox Central Primary School Art Show was a huge success. Our talented and creative Art teacher Mrs. Kladouris transformed our music room into an art gallery. All our students contributed 2-3 pieces of work using a range of mediums – painting, drawing, collage, weaving and papier mache.

If you would like to visit our art gallery please contact Lisa on 98013289.



WHAT'S COOL AT SCHOOL?

Winners Are Grinners!

by Tara Jenner, Carrington Principal

Carrington Primary school Allstars cheer leading squad are once again the 2019 State Champions!

Although Carrington Primary is a small school of only 90 students we offer an extensive curriculum, one that includes Literacy, Numeracy, (as all schools do), along with Arts, Performing Arts, STEAM, PE, Library and CHEER! The cheer team is for all who are interested from grade 3 -6. We have a coach within the school Mrs King, who trains the students so they can learn the routine with precision and style! Carrington were National Champions in 2017. We were second in the Nationals in 2018 and now working towards regaining our title of National Champions in 2019.

Winning the State championship at M.S.A.C. in September this yearhas put us in good stead to do this.

We are so proud of the team's achievements and we are with them all the way to Nationals. Go Carrington!

If you are interested in having a tour of Carrington Primary please contact the school on 9763 9600



learning is Fun and Rewarding

from Nick Wakeling MP, State Member for Ferntree Gully

Throughout the course of the school year primary school students from across the state participate in the Premier's Reading Challenge. This initiative is a wonderful way for students to test their abilities and improve their reading skills. For others, it is also an opportunity to experience the joy of reading. Many students do exceptionally well, some reading hundreds of books. Each year I recognise and award one student from each participating local primary school a certificate and voucher in recognition of their fantastic reading efforts and for taking part in the Premier's Reading Challenge. In addition to reading many students also strive to do their best in all aspects of their school life and are helpful towards other students and staff. Local schools around Knox each year select a student who has shown great endeavour throughout their years, not just during their graduating year. These students are presented with an Endeavour Award and are congratulated for being a great representative of their school. This is also the time of the year when many students are getting ready for their graduating ceremonies as the end of the school year approaches. For those students graduating, or getting ready to continue their learning next year, I wish them all the best in their future endeavours and I hope that they see that learning can be fun and rewarding



Nick Wakeling MP awarding gift voucher to Faith Ng, Wav<mark>erley Christian College as part of Premier's Reading Challenge</mark>

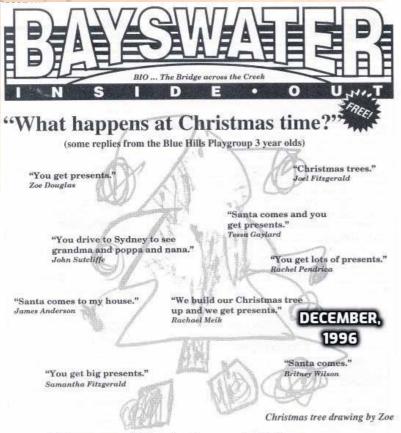


Remembering Bayswater Inside Dut

by Evelyn Hodgkin, Bayswater History Facebook

The Christmas edition of the former Bayswater Inside Out Community News in December, 1996 featured Christmas expressions via children from the former Blue Hills Playgroup, Phyllis Street. Now known as the Knox Children and Family Centre it is still in the same place but newly built and reopened in April, 2019. This is now a magnificent Centre of some size. We wonder how many of the children featured in this article are still in the area 24 years later.

Merry Christmas to all our Bayswater History readers.







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We also specialise in catering for corporate events, birthdays, weddings and special events supplying platters, sandwiches, pastries, savouries, finger food or desserts.

719 Mountain Highway, Bayswater

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We are now taking Pre-Xmas bookings for groups 5 and over only, also catering available for your XMAS functions.



Merry Christmas Everyone







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Bayswater Senior Citizens by Evelyn Hodgkin

Another successful opening for Senior Citizens Month in the City of Knox was held at our Club in early October and featured the charismatic Glenn Starr with a sold out performance. We thank the Knox Council for their support and our wonderful Club members who set up the tables etc. for this event.

Thank you also to the Wantirna Lions Club who cooked our tasty lunch. We have come to the end of a very active year with plenty of activities to suit all our Members. Our Club will close for the Christmas break on Thursday 19th December and will return on Thursday 16th January 2020 for Bingo at 12.15 pm. Bingo is one of our popular events and is so good for keeping our minds active as we cannot miss a number called. The mind needs to be alert at all times.

Our usual events including Card Playing, Movie Days, Bingo and Carpet Bowls will resume next year. A program for outings will also be offered. We have booked for Monday 10th February at 1 pm. a Rock 'n Roll event with Doug O'Rose performing music from the 50s through to 70s.

Please phone Val 0400 581 750 for days and times if you would like to join us. We welcome new Members from far and wide.

Merry Christmas to all.

BAYSWATER NEWS

Bayswater Makers Market

Held at the Bayswater Senior Citizens' Centre, 790

Mountain Highway, Bayswater

Christmas Market

December 14 from 10am to 2pm

Free Entry

Plenty of off-street parking

We invite you to come and buy direct from local artists and craft makers - homewares, gifts, jewellery, baby wear, toys, woodwork, plants and much more.

Enquiries: bw1market@bigpond.com or phone Julia 9890 2546

Jackson Taylor Update

First, a Merry Christmas when it comes round to everyone! Now, let's get into it.

You may have seen that very recently I was glad to welcome Premier Dan Andrews to Wantirna where we officially unveiled plans for the new \$81.6 million, 120 bed aged care facility. It was a great morning to speak to seniors who were very excited about this promise being delivered in full. It'll mean 21st century care for seniors right in the community they've given so much to over the years. With construction starting early next year it will create 245 well-paying jobs for tradies and will be complete by the end of 2022.

I was also very pleased to be able to secure \$39,000 for Bayswater South Primary for a brand new vibrant outdoor learning space! I've always felt wonderfully welcomed at their school community so I was very pleased to announce this win at their 50th anniversary Gala Dinner recently. It is all about giving students the environment they need to thrive. However, there is always more to do - that's why I am working on something big for education in Bayswater. More to come on that.

I was also stoked to announce recently over \$65,000 for brand new solar lighting at Marie Wallace Reserve in Bayswater. At the moment poor lighting means people oftentimes feel unsafe walking through there at night but with the addition of new solar lights it will mean better safety for not just the community who walk through our reserve but also the Bayswater Junior Football Club.

Finally I'd like to invite you and your family to a special celebration of the third birthday of Bayswater Station! The State Government rebuilt the Bayswater Station in 2016 after removing the Scoresby Road and Mountain Highway level crossings which are now gone for good — along with 31 others and a total of 75 by 2025! We'll be down at Bayswater Station on Saturday 7th of December at 10:30am. Looking forward to seeing you there.

Don't forget I'm here to help you and your family with state government matters. You can call my office on 9738 0577, email me at Jackson. Taylor@parliament.vic.gov.au or pop in to the office at Mountain High Centre, Bayswater.



Cr. Jake Keogh (as Knox Mayor), Jackson Taylor MP and Cr. Marcia Timmers-Leitch celebrate the announcement of brand new solar lighting at Marie Wallace Reserve in Bayswater.



nis publication is funded from Parliamentary Budget. Authorised by Jackson Taylor, Suite 2, Mountain High Centre, 7-13 High Street, Bayswater 3153.

Proudly Local

AROUND KNOX

U3A News

by John E Ford

We have returned!

Those Thrill-seekers who look forward to the regular contribution from Knox U3A will undoubtedly have been disappointed by our absence over the past couple of issues. Unfortunately (or fortunately perhaps?) your correspondent has been somewhat busy (a) selling a house, (b) buying a unit in a retirement village and (c) moving from a to b. Apologies for that but those who have journeyed down the same path will know what I mean.

Speaking of journeying down paths I thought I might highlight the several opportunities for recreational walking offered by U3A. The most popular of our walking activities are the two half day bushwalking groups held on Monday and Wednesday and the full day Bushwalkers, also held on Wednesday. Venues are usually reasonably local and one would be surprised just how many extended walks are available within reasonable distance of Knox. Dandenong Ranges Park, Olinda State Forest and the like all have possibilities for 10 to 12 kilometre walks well within the capabilities of our age group. Local venues are usually chosen as participants are obliged to make their own travel arrangements to the commencement of the walk. However,

every so often an extended excursion is arranged like the recent 3 day trip to the Mornington peninsula region where there are many half and full day bushwalking opportunities. Pictured nearby you can see this group disappearing into the distance on the Two Bays Walking track in the Arthur's Seat vicinity. Course leaders are experienced bushwalkers David Evans and Judy Wright.

For those seeking less demanding, but equally

interesting walks, we have half day excursions in our "Exploring Melbourne" Activity on alternate Tuesdays. Coordinated by member Ron Henderson, these trips explore the interesting streets and lanes of the City of Melbourne from the perspective of the tourist, rather than the resident. It is surprising how much we don't know about our own City but Ron is just the man to point these features out.

Down a notch further and we have the much gentler "Strollers" group engaging in easy walks usually within the municipality, and one with a difference, Dog Walks and Coffee aimed at socialising both owners and pets on an

easy walk to a coffee shop somewhere. Bring your own dog.

Some of these groups are full, and waiting lists will apply but why not engage in one of the 164 different activities and courses Knox U3A offer while waiting. Membership is still \$60 a year and details can be located on our website, www. u3aknox.org.au or telephone 9752 2737.



Knox Gives - Community Supporting Community

Knox Infolink has been supporting the local community of Knox for 27 years providing information and referrals from the Knox Citizen's Advice Bureau back in 1992 and has expanded its services and changed its name over the years to also provide emergency relief and material aid to those who are struggling. Knox Infolink supports those that are homeless, vulnerable, experiencing a crisis and those who cannot stretch their limited income to put food on the table.

For the past 40 years the Knox Community Welfare Fund has also supported the local community through funding local projects and programs that aim to improve the wellbeing of people living in the Knox community. The Fund assists vulnerable people experiencing hardship, isolation, marginalization and social disadvantage. The fund has been supported by two local Op Shops for those 40 years and the funds that they raised through sales in the shop were donated to the fund and council redistributed the funds to the community.

In the past 8 years the fund has consistently supported Foothills Community Care which provides 9,000 meals every year to those in need; St Paul's which also provides a two course meal each week, no questions asked; St Stephen's which run a big breakfast program in the local schools; the Knox Vincentian Scholarship fund which provide financial support to families struggling to pay school fees, uniforms and excursion costs and finally the Knox Community Christmas Support Program that supports 1,000 Knox residents each year with Christmas Hampers and toys for the children.

Every time you shop at the Knox Op Shop in

Macauley Place Bayswater, you can be confident that the money you spend in that shop goes straight back into the Knox community through the Knox Community Welfare Fund

Last year Knox Council decided that the Fund would be better placed in the community and managed by a not for profit organization that was registered as a charity. They approached Knox Infolink to take over the custodianship of the Fund. Denise Budge, Centre Manager of Knox Infolink said, 'we are honoured that Knox Council has entrusted the management of such an important fund to us and we look forward to growing the fund so that more worthwhile projects can be supported in Knox'.

'We have revamped the fund and will be referring to it as 'Knox Gives' and have developed a website and started

approaching businesses to support the fund', said Denise Budge.

The fund has now secured their first corporate donor, SGS Logistics, and will be looking to bring more local businesses on board to support their local community. This year the 'Knox Gives' fund will be featured at the Knox Carols by Candlelight event on Saturday 7th December where the local community will be able to make donations to the fund and support those who are doing it tough in Knox.

For more information about the 'Knox Gives – Knox Community Welfare Fund' go to www.knoxgives. org.au where there is a link to donate, or ring Knox Infolink on 9761 1325 to get more information.



Knox Op Shop volunteers with Jackson Taylor MP and Knox Infolink Centre Manager Denise Budge accepting funds for Knox Gives.

AROUND KNOX

Henderson Road Bridge - Open For Business

from Alan Tudge MP, Federal Member for Aston

After being on the drawing board for decades the Henderson Road Bridge is finally built and officially open!

For those who don't know, this bridge links up Henderson Road in Rowville with Henderson Road in Knoxfield on the other side of Corhanwarrabul creek.

It has always been planned to have the roads linked up through a bridge, but for whatever reason, it was never prioritised.

In 2016 I made the decision to seek a federal election commitment of \$6 million to get the bridge done. Since that time we have worked closely with the Knox Council over the design and implementation. I never realised it would be such a big job but now that the work is complete I can clearly see the complexity in it.

The bridge provides another link between the southern half of Knox (Rowville and Lysterfield) with the northern half. Up until this time there was only two such linkages: Stud Road and Napoleon Road.

In creating the extra link it will not only save people time to get to Bunnings or Knox Shopping Centre but it will also take a bit of pressure off Stud Road which is often a nightmare. Importantly, it will save a lot of the local businesses time also. Many have raised with me their concerns about the traffic this bridge might

generate at the intersection of Henderson Road and Kellets Road. It is already a sub-optimal intersection. I have secured funding to get traffic lights installed there to address these concerns but it will probably take a year or so before they are completed. Yes, the length of time to build these things frustrates me too!

I have also secured funds for slip lanes at the intersection of Henderson Road and Ferntree Gully Road.

This bridge has been a great project done in partnership with the Knox Council.

They put in \$500,000 and oversaw the construction. The finished project is terrific. It even has a special possum highway over the top of the bridge!

Next on my agenda is the Dorset Road extension and duplication of Napoleon Roads. We have this money locked into the federal budget for this and I am negotiating with the state transport minister over the implementation schedule. This is a big project - \$130 million all up. I will keep you informed about this one as it progresses as I know this is also one that has been on the books for decades!

Thanks for your patience and support as we get these local projects done.



Happy Diwali 2019

from Nick Wakeling MP, State Member for Ferntree Gully

I recently had the pleasure of attending the Knox Diwali Festival at the Shree Swaminarayan Temple Melbourne. Diwali is one of the most important occasions for Hindu people here and throughout the world. It represents the great joy and optimism in the Hindu community and the importance of celebrating the bonds shared with family and friends.

I thank the leaders and members of the Knox Hindu community for hosting the festival which is becoming bigger and better each year. Hindu Victorians passionately nurture cultural traditions and have been generous in sharing their rich heritage and faith with the broader Victorian community. Our thriving and active Indian community has always been an enthusiastic part of Victoria's multicultural landscape and it continues to make an outstanding contribution to our society, across many fields of endeavour.

I encourage all religious and cultural groups to share their traditions with the wider community.

For anyone who wants to find out more about Diwali or the Shree Swaminarayan Temple, visit https://swaminarayan.melbourne



Nick Wakeling MP at the Shree Swaminarayan Temple in Knox



KNOXFIELD & SCORESBY NEWS



Knoxfield Ladies Probus Club

by Beverly Bishop

Our members enjoyed a fun morning recently at the Diamond Valley Miniature Railway in Eltham. We were welcomed with a hot drink and were treated to a brief history of this popular Railway by some of the passionate volunteers who work at the site. They manufacture track panels, crossovers and points, do necessary repairs and renovations, drive the variety of steam and petrol/ diesel locomotives and learn new skills to keep this wonderful miniature railway running to the delight of children and adults alike. Operated wholly by volunteers they are always looking for more people to join them. Volunteers are given the opportunity to help build and run a real passenger carrying railway system in miniature. Revenue from the railway's operations is put back into maintenance and new works and towards worthwhile charities. The brainchild of Mr Clem Meadmore the railway first operated in Chelmworth Park Ivanhoe however this site suffered severe flooding so the railway was relocated to Eltham Lower Park close to Diamond Creek in 1960. The railway is 7-1/4 inch (184 cm) rideable Miniature Railway based on the Victorian Railway. The rolling stock is 1/6th full size, signals 1/4 full size and lineside features 1/2 full size. There are 2 signal boxes based on the historic Lever

Frames right through to Computer Controlled signalling. We were shown through the signal centres, the workshops, the storage facilities, and then thoroughly enjoyed a 15 minute ride around the site in the open passenger carriages behind a shiny green locomotive going through the two tunnels then alighting at the station.

Lunch was at "Arden", known as the "Singing Gardens" of C.J. Dennis, in Toolangi. The Australian poet moved to this property in 1908 and purchased it in 1915 for the equivalent of \$40. This property was where he wrote The Sentimental Bloke" "The Glugs of Gosh", "The Book for Kids" and "The Singing Gardens". We have visited before and thoroughly enjoyed the delicious food served in the café along with the interesting talk and amusing recitations by the now owner of the property. Surprisingly, despite filling up at the café, some members managed to eat an ice cream at the Chocolaterie in Yarra Glen in the way home.

We have also been to a High Tea in Berwick's Old Cheese Factory, a Fashion Parade in Hawthorn, and are looking forward to a visit to a Gingerbread factory, Gardenworld and DFO Moorabbin, as well as a theatre outing.

The friendly, busy Knoxfield Ladies Probus Club members meet at the Wantirna Club, 350 Stud Road Wantirna at 10 am every 3rd Wednesday of the month. Your first visit is complimentary. For further details please call Val 9763 6175 or Jo 9752 9219









KNOXFIELD & SCORESBY NEWS

First All-Female Leadership in Knox History

Congratulations to Mayor, Nicole Seymour and Deputy Mayor, Marcia Timmers-Leitch

Cr Nicole Seymour has been elected Mayor of Knox City Council, with Cr Marcia Timmers-Leitch to serve as Deputy Mayor for the next 12 months.

Cr Seymour is a long-term Knox resident, having lived in the Tirhatuan Ward for over 20 years. Following in the footsteps of many generations of volunteers, Cr Seymour has been an active participant in the local community since her teenage years, which ultimately drove her to join Council in 2012.

Cr Seymour said the opportunity to serve as Mayor of Knox was a great honour and expressed thanks to Council and to the community as a whole.

"I am truly thankful to my peers for their vote of support and I am confident that our varied perspectives and personalities can work harmoniously to deliver great outcomes for the community we all serve so passionately," said Cr Seymour.

"The next year will be crucial for this Council, and we need a year of strength, of unity and of clarity. That's what I promise to deliver to my fellow councillors and to the Knox community."

Council also took the opportunity to thank outgoing Mayor Cr Jake Keogh.

Cr Keogh was recognised for his sound judgment and for bringing a fresh and energetic style to Council that has lifted its profile and inspired significant positive change. Cr Keogh shared his gratitude for the chance to serve as Mayor over the last 12 months, explaining that the community's passion drives each councillor and makes the role even more rewarding.

The new Deputy Mayor, Cr Timmers-Leitch has lived in the heart of Wantirna's Collier Ward for 12 years, running a small business with her husband and raising her three school-aged children, and has a background in commerce and marketing.

The election of Crs Seymour and Timmers-Leitch marks the first time in Knox City Council history that the roles of both Mayor and Deputy Mayor have been served by female Councillors.



Knox Mayor, Nicole Seymour and Deputy Mayor, Marcia Timmers-Leitch

Cr Nicole SEYMOUR

Tirhatuan Ward Councillor Knox City Council



News & Events at Your Library by Angus Cooke

I IBRARY NEWS

Festive Season Opening Hours

The upcoming festive season brings a few changes to our opening hours. We will have changed opening hours from Tuesday December 24, with normal hours resuming from Thursday 2nd January. After hours return facilities will remain open for all library returns. Be sure to check our website and social media to view your local branches opening hours.

New Board Game Collection

You can now borrow the latest and greatest games titles!

We have over 50 board game titles that are now available for loan for free from your local Eastern Regional Library branch. The collection will be held at Belgrave, Boronia and Croydon Library however you can place a hold on any title and collect it at the branch of your choice just like any other library title. Users are able to borrow 2 board games per library card at any time.

To search what games we have available, visit www. yourlibrary.com.au/catalogue now!

Thank You to Our Members!

2019 has been one of our busiest years to date, all thanks to our amazing members! Here are some of the key stats from the year -

- 1,933,814 visits
- 254.831 members
- 3,659,790 loans
- 231,423 queries
- 218,428 public computer sessions
- 414,687 WiFi users

Staff Pick

It Sounded Better In My Head - Nina Kenwood

This young adult book was a riveting read! The main character, Natalie, narrates with a voice that is authentic and humorous. As an eighteen year old, self-confessed hermit Natalie is waiting for the rest of her life, or just her ATAR score, and, until then she doesn't want to let her appearance run her social life. Chuck in her best friends' brother and romcom is the only word to describe this hilarious read!



Amy - 5/5 *****

Have you got a review for an item you have borrowed from the library?

Submit any reviews to reviews@erl.vic.gov.au

Top Reads & Newest DVDs

This month's collection of Top Reads has become available at your local library. To place free reservations on any of these titles go to our website at www.yourlibrary.com.au/catalogue.

Top Reads:

- Me by Elton John
- The Body: A guide for occupants by Bill
- Girl, Woman, Other by Bernardine Evaristo
- She Said by Jodi Kantor
- Inside Out: A memoir by Demi Moore
- Agent running in the field by John Le Carré
- The Dutch house by Ann Patchett
- The secret commonwealth by Philip Pullman
- Silver by Chris Hammer
- Cilka's Journey by Heather Morris

New DVDs:

- · Game of thrones Season 8
- Secret life of pets 2
- The Public
- Blue Bloods Season 9
- Stuber
- The Keeper
- Cold Blood Legacy
- Late Night
- · The Durrells Season 4
- · Ad Astra

Our new release DVDs are available at your library, including both movies and television series. Make sure to place a reservation on titles you don't see at your branch either online at www.yourlibrary. com.au/catalogue or with your local librarian

Events at your Library

We are hosting a huge range of events in your local library over the coming months. Here is a snapshot of what's available near you.

To book into any of these events call 1300 737 277 or book on our website www.events.yourlibrary.

Knox Community Chess Club

12:30PM Every Friday

Free

Rowville Library

The Knox Community Chess Club welcomes all chess players from absolute beginners to the most experienced. They are looking for more players to come along and join the group!

For more information contact the club founder, Eddit on 0409 417 719 or online at www.events. yourlibrary.com.au

Family Games Night

5:00PM Thursday 12th December Free | Bookings Essential Belgrave Library

Come and join us for a fun-filled night of gaming! Meet people, learn how to play new games and celebrate all tabletop gaming has to offer for free! This group is open to all ages and skill levels.

To book call 9800 6489 or online at www.events. yourlibrary.com.au

January School Holiday Program

Bookings Essential

Region Wide

Be sure to keep an eye out on our website, social media and newsletter for our January School Holiday Program! We will have plenty of fun events at all of our libraries for kids to take part in!

To book call 1300 737 277 or online at www.events. yourlibrary.com.au

Featured Technology Events

Your library hosts regular educational workshops to help you thrive in the digital world. Check out what's coming up in the coming months.

To book into any of these events call 1300 737 277 or book on our website www.events.yourlibrary.com.au

Christmas E-Card Creation

2:00PM Thursday 5th December

FREE | Bookings Required

Crovdon Library

Create special digital cards to send to your family and friends this Christmas! Learn about the best apps and websites to use in order to create beautiful cards and creations.

To book call 9800 6448 or online at www.events. yourlibrary.com.au



Making Your TV Smart

3:00PM Thursday 12th December

Free | Bookings Required

Yarra Junction Library

We will show you how easy it is to use casting devices to enhance your television experience!

During this session we will be covering free to air apps, paid services you can access, streaming from a device to your TV and how to use the Library's own streaming service at home.

To book call 9800 6462 or visit www.events.yourlibrary. com.au

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ICK Wakeling MP



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Funded from Parliament's Electorate Office and Communications Budget.

THE ARTS IN KNOX

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.

How Attitudes Change by Ken Simpson-Bull

There are probably only a few readers who can remember the introduction to Australia in the 1940s of "Rebop". This was what we would now call modern jazz as opposed to the then existing swing and traditional (or Dixieland) jazz.

Rebop (also called Bebop or Bop) was created in New York in 1941 by a group of African-Americans who wanted to create something new. Dizzy Gillespie is one of its better-known creators. Largely because of the war this form of jazz did not arrive in Australia until around 1946, but when it did, it created controversy.

The Jazz Museum has numerous magazines and newspaper articles from this period which reveal to us the derision with which this new style was received. For instance, traditional jazz-band leader Frank Johnson wrote in "Jazz Quarterly" of May 1946 about the "... questionable and controversial Rebop. The boppers have a jargon of argument which includes 'intellectual music', 'diatonics', and 'whole tone scales', these terms being bandied

around with little comprehension. The seed of rebop has put out a musical weed which is trying to choke off the growth of real jazz."

Other magazine articles of the period likewise opposed the introduction of Bop. Yet, within a few years, Bop, thanks to the perseverance of progressive-thinking musicians and groups such as the internationally-famous Australian Jazz Quintet, had morphed into the so called "Cool" which became the basis of what today we readily accept, without controversy, as modern jazz played in pubs and jazz venues throughout Australia.

The Australian Jazz Museum

(a nationally accredited museum) 15 Mountain Highway, Wantirna (Melway Reference 63, C8) is open free to the public on Tuesdays and Fridays from 10am to 3pm. For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the website at www.ajm.org.au



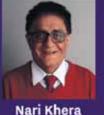


This CD produced by the Jazz Museum demonstrates early modern jazz in Australia.

Happy Festive Season!

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ENVIRONMENTAL NEWS



What's been happening at the Ringwood Field Naturalists Club?? by Alison Rogers

Our program continues to be varied with interesting guest speakers and enjoyable outings.

700 meetings and still going strong!

At our December meeting we will be celebrating our 700th meeting.

The RINGWOOD FIELD NATURALISTS CLUB Inc was formed in 1961, 58 years ago by writer and Naturalist Jack Hyett and fellow Naturalist Bill King. The group was formed and quickly grew to a large gathering of 'like minded' people who shared the love of nature and the bush and what was in it. Whether it was a love of birds, flowers, orchids, butterflies and insects or many other interests in the local bush and beyond. The group is still going strong with a monthly meeting followed usually by an excursion on the following weekend.

Our meetings are on the second Wednesday of each month at 7.30pm in room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

October Speaker - Roger Needham 'Adventures in the Kimberley



Photo by Roger Needham

Last year Roger and Inta spent 8 wonderful weeks in the Kimberley area. Roger's talk followed their way around showing spectacular scenery including the Bungle Bungles, El Questro, Kununurra and Broome. He included a few photos of some of the flowering plants found in the area but his main focus was on showing the birdlife with a number of superb bird photos.

November Speaker - Jackson Airey 'Introduction to Victorian Orchids'.

When Jack joined the Club 11 years ago his main interest was our native birds. Of late he has become absorbed with our native orchids. His talk focused on how he became interested in orchids, his journeys throughout Victoria searching for orchids and the care he takes to not disturb these delicate plants. His talk was interspersed with many images of beautiful orchids.



Duck Orchid by Jackson Airev

Excursions

In September we have 2 excursions into the bush. This is because it is the best time to see birds, orchids and wildflowers.

September 1st excursion - David and Eeva took us to Kinglake and surrounds.

We met at Jehosaphat Gully just out of Kinglake. The loop walk took us through the new re growth area and we were lucky to see Whip birds and other scrub birds. We moved on to Mason's Falls and after lunch walked down to the falls which were flowing nicely. A female Lyre bird was seen along the path way. We then moved on to an area in St Andrews which was much drier but had a great supply of orchids for us to look at.

September 2nd excursion - Alison and Peter took us to Brisbane Ranges.

This area supports 619 plant species representing nearly a quarter of Victoria's native flora.

We saw the Brisbane Ranges Golden Grevillea which is found in the area. We made our way through the southern part of the National Park stopping along the way again to look at orchids. Lunch was held at Stony Creek Picnic Area where we were able to sight Yellow tufted honeyeaters. The afternoon session included stops along the Geelong Ballan Road and Yankee Gully Road. Orchids again featured highly with the bush alive with colour from numerous plants including pea flowers, wattles, heaths and pimeleas.

There were 14 orchid species identified for the day.

October Weekend Away

Twice a year the Club has a weekend away to look at different localities and what is in these areas for nature

In October we were lucky to be led by Jackson Airey to the Anglesea area. The program started on the Friday afternoon with a walk along the Anglesea River through the Lorne to Queenscliffe Coastal Reserve overlooking the Marine National Park. Saturday was a day of exploring many of the heathlands with many coastal wildflowers in bloom. In addition, orchids were plentiful,

some of which are endemic to the area. On the Sunday we headed out on the Point Addis road and stopped for a stroll around the Iron Bark loop walk. Those present were pleased to see a young Powerful Owl with its parents. Always good to see in the bush. The afternoon was spent on the outskirts of Anglesea looking at more areas for orchids. A great weekend with good company and Dwarf Bush-pea by lots to see.



Peter Rogers

In coming months we look forward to hearing from more speakers on various subjects. Feel free to check out our website for more details. December will be our 700th meeting. Shirley and Barbara will tell us a little about their trip to New Zealand and a few images will be shown of early days at the Club.

January will be our Outdoor Meeting at Yarran Dheran Nature Reserve: (Details on our web site.)

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in. Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave. Ringwood (Melway 49 H10). All visitors are welcome. For more details phone Alison or Peter on 9801-6946.

Check out our Website http://www.rfnc.org.au there is so much more to see and find out.

MERRY CHRISTMAS TO ALL

Getting Your Pool Ready For Summer with One Stop Pool Shop

With summer just around the corner, now is the time to start getting your pool ready and ship shape. Heavy winter rain has washed plenty of unknown pollutants into your pool. These are things we

cannot see. Your pool water may look nice and clear, but unless you have it tested, you are unsure of how safe it is to swim in. The most common issue for most pool owners will be that the pool has turned green. This is an easy problem to fix if you act quickly.

Take a water sample to One Stop Pool Shop at 5 Darryl St Scoresby and have it tested. Free water testing and free professional advice will have you swimming and enjoying your pool in no time.

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ENVIRONMENTAL NEWS

Knox City Council Votes to Address Climate Change

Knox City Council voted unanimously last night to demand swift, decisive action to address climate change within the City of Knox.

With climate action a topic of increasingly critical attention, Council emphasised its concern and drive to protect and preserve our natural environment for the health, happiness and enjoyment of future generations.

Community support for a more urgent approach to climate action has been growing and Council recognises this is an issue of great importance and concern to many Knox residents for whom the city's natural environment is a defining and crucial element. A large crowd of community members attended the Knox Council meeting last night with the affirmative vote prompting applause from the gallery.

Knox City Council Mayor, Cr Jake Keogh explained that; "Knox Council is listening to the overwhelming scientific evidence and acting on the best advice of experts across the globe about the dangers of not tackling climate change with the urgency and importance it demands."

"In making this statement, Knox Council is committing to taking practical action to preserve

our natural environment, working with all levels of government, industry and community to protect our environment from further destruction."

Many Councillors reflected on the significant work already undertaken by Knox to enhance its sustainability and environmental practices and to empower local residents and businesses to adopt sustainable behaviours and practices.

Council adopted the Climate Change Response Plan in 2012 with more than three-quarters of its actions either completed or ontrack when last reviewed. The Plan focuses Council's efforts in five action approaches which include achieving greenhouse gas reduction goals, offsetting greenhouse gas emissions, adaptation to climate change, developing strategic partnerships, and improving air quality.

Examples of action under this Plan include recent large-scale energy reduction projects including streetlight replacement, solar on

Council buildings, solar bulk buy programs for residents and energy efficiency works on Council buildings including the recently adopted Energy Performance Contract.

Council will now receive a report from officers by January 2020 outlining the potential options available to Council for preparing a new Climate Response Plan. This report will consider the significant challenges of returning to a 'safe climate' and Knox's role in cooperating with all levels of government and community both locally and globally.



Solar Panels; Knox Children and Family Centre Wantirna South

Construction Begins On Reimagining Blind Creek Project

Member for Bayswater, Jackson Taylor will turn the first sod for work to start on a section of Blind Creek in Melbourne's east which will transform a 600m section of the area into a natural waterway and environmental space for the community to enjoy.

Led by Melbourne Water, this first phase of the project will involve works around the existing pipe and grassy channel near Scoresby Road. Later in the year, construction will commence to reinstate Blind Creek from Manuka Drive to Scoresby Road as a natural waterway.

Member for Bayswater, Jackson Taylor said it was a big day for the project and thanked the community, Melbourne Water, Knox City Council, the Department of Environment, Land, Water and Planning (DELWP) and South East Water for helping to make the project happen. "Projects like this don't happen without amazing project partners and community on board — so a big thanks to everyone for working collectively to deliver a project that will bring our waterways back to life and provide amazing amenities and new spots to gather for our community" he said.

The design includes three key zones – the centrepiece featuring a pedestrian bridge to a second sports ground and paths alongside the creek. The western zone will have additional trees and shrubs planted while the eastern zone will be designed for community gatherings with additional seating and facilities. With work now underway – the project is expected to be finished early next year, with ongoing revegetation programs to continue through to 2021.

This project aligns with the Andrews Labor Government's Integrated Water Management Program by providing the community with water, protection from floods, improved interaction with healthy waterways and benefits from cooler, greener cities and healthier environments.

In recognising the value the project will have locally, Jackson Taylor said "Community feedback showed that people wanted the design to enhance the natural environment, improving the community's connections to the site and create an exciting and engaging space for people of all ages. These works will do just that."



NEWS IN GOOD HEALTH & WELLBEING

Hands on Myotherapy



Headache

Did you know that around 15% of Australians take various types of pain medication for headache? This pain can be debilitating and lead to other problems such as nausea, isolation and depression. Tension headaches are one of the most common. They feel like a tight band of pressure around the head and can last for days.

There are many causes: stress, diet, alcohol, lack of sleep as well as poor posture, arthritis and muscular imbalances within the neck, back and shoulders.

Part of our treatment of clients suffering with headaches is to not only treat the physical problems but to educate them on management.

Our Remedial Therapists and Myotherapists can help alleviate headaches through massage, dry needling and stretching of the muscles in the neck, head and shoulders.

Our therapists will also discuss possible causes and offer tips on how to improve posture, reduce stress and alleviate tension in the muscles that may be causing the headache.

As always we are here to help with a wide range of painful conditions and in order to maintain our high level of service to you, we are pleased to announce that our valued Myotherapist, Daleen (Dee) has returned from family leave and will be available Monday afternoons.

Feel free to call the clinic and make a booking with any of our therapists.



- Back and Neck Pain
- Pregnancy Massage
- Knee and Leg Pain
- Deep Tissue Massage
- Sporting/ Occupational Injuries
- Golfer/ Tennis Elbow
- Headaches
- Sciatica

8740 3991

Unit 10/603 Boronia Road Wantirna VIC 3152

Monday - Friday 9am to 7.30pm Saturday 8am to 1.00pm www.handsonmyotherapy.com.au enquire@handsonmyotherapy.com

Heart Foundation Walking Challenge

Of the 233 Heart Foundation walking groups in Victoria, Knox SOW was chosen for the promotion of the Foundation's 'Put your Foot Down' challenge that commenced on 1st November. Heart Foundation Walking App users automatically gain one entry into the prize draw for every 100,000 steps they take during the 5-week challenge period. The prizes include a holiday in Thailand and Rebel gift cards.



The Knox Street Orienteering Walkers group meets at 10.15am on the 1st & 3rd Fridays of the month for a one hour orienteering walk exploring different places in and around Knox. They have maps and walk in teams of 2 to 5 people finding answers to 20 clues. Each clue is worth different points. The teams have to plan their route to maximise their score. This is followed by a cuppa in a nearby café. More details, including the Start/Finish Locations, are shown on their website. www.knoxsow.org.au

Knox SOW's November walk was, by request, at a special location outside Knox: The Springvale Botanical Cemetery – one of Melbourne's largest and most beautiful gardens. It was a warm day with blue sky and all the flowers were in bloom. You could really smell the roses! One team commented, "We never knew this wonderful place existed! We are coming back for Course#2 in a fortnight."

The group's Walk Organiser, David, knows all about heart health and the benefits of walking and eating





low carbohydrate food. He had a Coronary Calcium Score CT Xray and, despite having no symptoms, it discovered bad atherosclerosis. He had heart surgery in October and is back walking (and round dancing) again. He said his average is 6290 steps per day. What's yours? Install the free Walking App on your phone and carry it everywhere to find out. You may be surprised.



Walkers adding up their scores and smelling the roses

PARENT PEER SUPPORT GROUPS FOR PARENTS & CARERS OF CHILDREN WITH A DISABILITY (including ASD, ADD)



Are you a parent or carer of a child with a disability or developmental delay (with or without a formal diagnosis)? Could you use a bit of support and connection with others who understand?

Come along and join other parents and carers at one of our monthly peer support groups. Share stories and strategies, and have a cuppa, a chat and some laughs with other supportive parents and carers in a casual and comfortable environment. You can come to one or as many groups as you like! Groups are free of charge. Bookings are required.

For information on groups, individual support, to sign up for our newsletter, or if you'd like an information session for your community group or organisation,



contact Michelle on 0438 646 744

Next meeting: December 11, 10:30-11:30 AM at Glen Park Community Centre 30 Glen Park Rd, Bayswater North. (Meetings are held on the 2nd Wednesday of the month during school terms.)

StrengtheningParentSupport@anglicarevic.org.au

NEWS IN GOOD HEALTH & WELLBEING

News from Wantirna Dsteopathy by Dr. Tayla Robins (Osteopath)

Have you got a new year's resolution for 2020?

If you're someone who spends a lot of time sitting at a desk either for work or leisure time why don't you aim to make some positive changes to minimise your risk of pain?

Tips for reducing your risk of desk injuries:

- Take a break every 45-60 minutes.
- Stand up, do some stretches, walk around, get a drink.
- Take a microbreak every 10 minutes.
- Roll your wrists and shoulders 5 times each direction, focus your eyes on an object in the distance to reduce strain from your screen.

An important thing to look at is how your desk is set up. This is an area that we commonly see is an issue and often the root cause of our patient's back pain, neck pain or headaches.

Check out my check list below to see if you need to make any changes to your desk:

- · Approximately arm's length away.
- Line of sight should lie in the top 1/3 of the screen.

- · Have a large back support which reaches the shoulder blade.
- · Cure of the chair should fit into the natural curves of the lower back.
- · 4 fingers space between the back of the knee and the front of the chair.
- Adjust your chair height to ensure:
 - · 90 degree angle at the knees.
 - · Feet are flat on the floor.
 - · Thighs are horizontal.

Keyboard

- 10-20cm from the edge of the desk
- Avoid using the legs of the keyboard

- Keep the mouse next to the keyboard
- Should be able to reach the mouse with shoulders relaxed by your side and elbows bent at 90 degrees
- · Wrists kept neutral in a straight line

If in doubt as to whether your desk is setup correctly ask someone to take a picture of you sitting at your desk. Bring it along to your next osteo appointment and see if there are any extra tips and tricks to reduce your pain at work.

wantirna osteopath

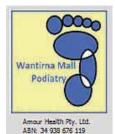
For the treatment of:

- Sports injuries Headaches
- Back and neck pain
 Joint and muscle pain

www.wantirnaosteo.com.au

Level 2, 171 Stud Road, Wantirna South (03) 9800 0388





Wantirna Mall Podiatry

Melina Linardatos (B. Pod, MAPA) 4/322 Mountain Hwy, Wantirna Ph: 9720 1235 Open: Tues - Fri 9am to 6pm

Sat: 9am to 1pm www.wantirnamallpodiatry.com



Melina Linardatos

Mr. Mina Williams **Podiatrist**



1621 Ferntree Gully Road Knoxfield 3180 Telephone: 9764 9359 Facsimile: 9763 3114

Coms and Callus Ingrown Toennils

Heel, Arch and Forefoot Pain

Diabetic and Arthritic Foot Care

Veterans Affairs

Sore Knees and Hips

Sore knees and hips can be caused by many different reasons but one of the reasons may be due to the way you walk. When walking, the position of your hips and knees is influenced by the posture and functional ability of your feet. In simple terms, the position of your foot when you walk can affect the position of your knees and hips when you walk.

If the position of your foot is flat (overpronated) or high arched (under pronated) the position of your knees, hips and even your back and neck can be affected leading to possible joint misalignment. When joints are misaligned they are unable to distribute pressure and force through them evenly leading to decreased shock absorption, injury and pain.

At Wantirna Mall Podiatry we can conduct a Biomechanical Assessment and Gait Analysis. In these assessments, we look at the way you walk and also the position and function of the joints in your feet and your lower limb.

Footwear modification, padding, activity modification, stretching and strengthening exercises may be given, Foot orthotics may also be recommended if the position of the feet is unacceptably misaligned and pain is experienced. Foot orthotics can help improve the alignment of the foot and ankle and which in turn improves the alignment of the knees and hips creating a healthier walking position for your joints.



WANTIRNA DENTURE **CLINIC**

- Full & Partial Dentures Mouthquards
- Relines Repairs
- Veteran Affairs • Vic Denture Scheme

Chris Brownlie

Dental Prosthetist

Telephone: 9720 1555

487 Boronia Road, Wantirna Cnr Stud Rd, opposite Knox Club

Graphic Engraving (Vic) Pty Ltd

Signage and Engraving Services

Our services include manufacturing a large range of small labels, tags, signs and full colour stickers. We can cut, machine and engrave various materials including acrylic, aluminium, stainless steel and timber.

> P: 9764 0144 sales@graphicengraving.com.au

Factory 1/9 Samantha Crt, Knoxfield

COMMUNITY NEWS

Wantirna Lions Support Homelessness Programs

HEALTH

Wantirna Lions & Community Pharmacy Support Knox Infolink Homelessness Programs

Recently the Wantirna Lions Club and the Community Pharmacy at Wantirna Mall joined forces to present a cheque for \$651.70 to support local Emergency Relief & Homelessness programs coordinated by Knox Infolink.

Information on the various support programs and resources available at Knox Infolink please see www. knoxinfolink.org.au.

If you would like to know more about the Wantirna Lions current projects or membership please see www.wantirna.vic.lions.org.au





Denise Budge Centre Manager Knox Infolink; Paul Garvey Secretary Wantirna Lions; Carmen Tisseverasinghe

WANTIRNA LIONS CLUB XMAS CAKE SALES

Wantirna Lions Club will again be selling the fantastic Lions Xmas Cakes in our local community.

The funds raised by these sales support the various community projects conducted by the club.

It would be great if you can support the Lions Club by purchasing a cake or a pudding.

Please refer the clubs website www. wantirna.vic.lions.org.au to see the outlets that are selling the cakes or contact Paul Garvey on 0400 823 441.



Laughter Club News

Roll on Summer – Time to Rejuvenate Yourself With Focus on Fitness and Being Outdoors.

It's time for the hibernation blues to blow away and apply ourselves to picking up the pace and reinvesting in exercise time. That is assuming and to be sure, for many of us who tend to stay indoors more over winter when our level of fitness drops.

Laughter Yoga is a perfect addition to your fitness regime as it is done in a fun-loving group and is free. I have been running the Ferntree Gully Laughter Club for 14 years and the Knoxfield one for 18 months. The reason I do this and now together with my husband John, who contributes to leading the laughter sessions, is because we believe in it. We believe in continuing to facilitate the community laughter clubs because many people benefit in several ways.

Probably the most obvious one is the social connection, the belonging in a group in a laughter session which is pretty simply adults having playful fun together. Following on there are other benefits. The aerobic exercise that it provides, the fresh air and many physical benefits.

To give you an idea what we do we do a clapping exercise after each laughter exercise. The clapping is in a rhythm of 1, 2, 123 and at the same time we shout or chant, Ho Ho, Ha Ha Ha. The clapping activates the energy meridians in the hands and is beneficial in itself.

We also do deep breathing between bouts of laughter and may also include other simple breathing exercises. As well we incorporate singing, dancing and walking or running around movements. The sessions are quite spontaneous and at the same time, we have our regular favourites. Why we sing, dance and laugh is because these three things help us develop new neurons in our brain. You can Google about this, it is called Neuroplasticity. There's downloadable information about it on my website or you may email for it to be sent to you.

We can guarantee it is highly worth giving it a shot and you may be like some others, keep this newspaper cutting for a year, two or three and eventually come along prepared to try something new. I suggest you do so sooner rather than later. Especially if you feel drawn to it, even intrigued. See if you can simply and easily pop along and join with us in this most amazing activity. You are more than welcome. See you there?!!! Love and Laughter, Lynette.

Lynette Mitchell leads the free community Ferntree Gully & Knoxfield Laughter Clubs

Phone: 0425 799 258 or John on 0425 798 115 Website:www.laughterforliving.com.au/laughter-clubs



Enjoying Reading SWCN Community News?

DONATIONS WELCOME

Our paper is run by a volunteer committee and relies on revenue from local businesses and sponsorship to publish and distribute each edition.

We love bringing news, information, stories and ideas to our community readers.

If you are interested in supporting us to keep bringing you the Community News we would welcome your donation.

Contact our Treasurer, Coral via email at swnewspaper2@gmail.com or call Charles on 0407 797 666 to find out how to support your Community News.



COMMUNITY NEWS

Unnafordable Utility Bills from Janette Dyall, Financial Counsellor EACH

The cost of electricity, gas and water has increased at a far greater rate than wages and Centrelink payments. Financial counsellors and community service workers find when essential services become unaffordable people respond by going without heating, food, medical care and other needs. The alternative is disconnection and being pursued by debt collectors.

The good news is the Victorian government has responded by introducing legislation to reduce energy retail prices and the rate of disconnections.

The Victorian Default Offer (VDO) for electricity came into effect from 1st July this year. The price of the offer depends on who your distributor is.

If you are not on the default offer and would like to be phone your electricity retailer.

Best Offer: Victorian energy retailers must inform you if you are on the "Best Offer" for your individual circumstances. This information must be provided on your bill every 3 months for electricity and 4 months for gas.

Energy Fact Sheets: Your retailer must provide an energy fact sheet to help you compare energy deals and estimated costs for different households. They are available on the retailer's website or you can phone and ask them to send you one by email or post.

Payment Difficulty Framework: That is all good, but what if you still can't afford your ongoing electricity or gas usage? Your retailer must contact you if you are falling behind and allow you to pay what you can for 6 months. The amount owing may be accrued as a debt to pay after the 6 months. The retailer must provide information and advice on how to reduce your usage and what grants and concessions are available.

Disconnections: You cannot be disconnected if you are being assisted through the payment difficulty framework, you owe less than \$300, or you have a complaint open with the Energy and Water Ombudsman. Energy companies must consider your circumstances such as loss of employment, relationship breakdown, family violence, illness or unexpected expenses.

Utility Relief Grant Scheme: households can access payments of up to \$650 per utility over a 2 year period. This includes water. If the household does not have a gas account, the amount is \$1300 for electricity. One of these criteria must be met: accommodation cost is 30% or more of income; unexpected decrease in income; unexpected increase in cost for essentials; family violence.

Energy Mentor Scheme: Energy payment mentors work from community organisations such as Infolink in Boronia and Citylife in Wantirna. Mentors can assist you with energy use advice, accessing the Utility Relief Grant Scheme and negotiating with your energy company if required.

Utility Debt: You have been unable to pay for your utility usage and the debt has been passed to the collections department or a debt collector is contacting you. Financial counselling is a free, confidential and respectful service providing assistance and information to anyone unable to pay their debts. Financial counsellors can contact your utility company and other creditors if that is what you require and negotiate an achievable outcome.

Useful phone numbers

To lodge a complaint about your energy or water retailer:

Energy and Water Ombudsman Victoria 1800 500 509

Financial Counselling:

National Debt Helpline 1300 007 007 **EACH** financial counselling 03 9871 1817

Energy Mentors:

Infolink 03 9761 1325

These Girl Guides Can!

Ferntree Gully Watermelon Girl Guide Group door knocked 176 houses around Ferntree gully for our annual charity can drive for charity on Thursday 24th October.

This year we successfully collect almost 400 food items for local charities. We will be donating these cans to local charity groups within Ferntree Gully village to help the needy at Christmas time.

Girl Guides Knox have vacancies through all groups in Knox. For more information Contact Jane 0408 505 661 or Knox@guidesvic.org.au



Vacancies Available in VCAL 2020 **Mountain District Learning Centre**

VCALFND001 VCAL – Victorian Certificate of Applied Learning (Foundation) VCALINT001 VCAL – Victorian Certificate of Applied Learning (Intermediate) VCALSEN001 VCAL – Victorian Certificate of Applied Learning (Senior)

MDLC offers an alternative setting for young people to complete VCAL Year 10 (Foundation), Year 11(Intermediate), Year 12 (Senior)

There are so many benefits of completing VCAL at MDLC.

- Small class sizes
- Welcoming and inclusive environment
- Relaxed and supportive learning environment
- Authentic links to real world learning within the program
- Youth worker on site

Please visit our website or contact us for more info.

Where to after VCAL?

Your VCAL qualification will be recognised by TAFE institutes and employers, which will help you move straight from school to:

- An apprenticeship or traineeship
- Further training at TAFE
- Getting a job

For general enquiries, course specific VCAL information and enrolment contact MDLC.

Mountain District Learning Centre 13 - 15 The Avenue, Ferntree Gully, VIC 3156 (03) 9758 7859 | office@mdlc.com.au www.mdlc.com.au | RTO no. 3969

MDLC is a registered non-school senior secondary education provider.

Accredited training is delivered with Victorian and Commonwealth Government funding

Wantirna Evening VIEW Club

Wantirna Evening View Club is a group of friendly women who meet to enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program.

We currently sponsor 5 students through the dedicated efforts of our ladies.

We raise the funds by holding raffles at our meetings, Bunning's BBQs, trips to the theatre (local and into city) or a cosy afternoon tea at a member's house.

We meet on the 1st Wednesday of the month (except in January) at The Wantirna Club, 350 Stud Road, Wantirna 3152 (opposite Villa Maria) - 7 pm for a 7.15 pm start. A lift to go upstairs is now available. We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have an interesting guest speaker.

Our December meeting is our End of Year Christmas Party with a visit from a very jolly Santa, gift wrapping demonstration, quizzes and games. We also have wonderful Christmas hampers to win. These cause great excitement to the winners and envious looks from the rest of us!

We would love new members to join - any age group most welcome. Being an evening club our meeting time is suitable for the working lady or the lady who has day time commitments.

For more information please call our President - Kate on 0421 650 684.



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Boronia VIEW Club

BORONIA VIEW CLUB meets on the 3rd Friday of each month at the Eastwood Golf Club, Liverpool Road, Kilsyth at 11.30am. A two course meal is enjoyed at a cost of \$25.00

VIEW stands for Voice ,Interests and Education of women. It is one of Australia's leading Women's volunteer organisations and supports the education of disadvantaged children through its charitable fundraising.

Boronia View Club is always on the lookout for women who are out to improve their social life and give something back to the community.

Our next meeting will be held on Friday 20th December.

This day will be our Christmas Lunch and the entertainment will be from The Withanai Sisters – Singers. They are a duo (sometimes trio) with a colorful interactive 1 hour show of costumes and singalongs. There is no meeting in January but we will resume meeting on Friday 21st February.

The club holds several outings and activities throughout the year and has small groups of ladies who meet monthly to play cards, meet for coffee or discuss books that they have read.

The clubs' aim is to support hardship students therefore we proudly sponsor eight students through the Smith Families Learning for life program.

We are always looking for ladies of all backgrounds and ages to join us.

For information regarding membership please contact Margaret on 0402488757 or Judith on 97648602

Ferntree Gully VIEW Club

Our monthly luncheon meetings are held on the 4th Monday (except in December) of each month and includes a 2-course lunch and tea/coffee at a cost of \$25. We have a meeting then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We also support 6 students through the 'Learning for Life' Program with The Smith Family. and support a refuge for women and children escaping domestic violence.

Monday 16th December 2019 our Guest Speaker will be Don Jones - Comedian & Entertainer

No View meeting in January

If you want to join a club that is both welcoming and fun come and join us. Visitors are most welcome.

Time - 11.30am for a 12.00-noon start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna South

To book ring our President - Anne McPherson on 9801 2771

hat **Date & Time Event More Information** Location 1st Wednesday each month The Wantirna Club, 350 Stud Road Wantirna Evening View Club Kate on 0421 650 684. 7pm for a 7.30pm start Wantirna South The Knox Club. Cnr Stud and Boronia 4th Monday of each month Ferntree Gully View Club Anne McPherson on 9801 2771 11.30am Rd. Wantirna South 3rd Friday of each month at Eastwood Golf Club Liverpool Road Margaret on 0402488757 or Judith on 97648602 Boronia View Club 11.30am Kilsyth 3rd Wednesday of each Knox Club, cnr Boronia & Stud Rds Boronia Ladies Probus Zita 9764 5233 month Wantirna iShred 1300 763 688 5/7 Samantha Crt. Knoxfield Saturday, December 7 Week days 10am to 5pm Weekends on selected dates. Tiny Bear Distillery Unit 7/10 Henderson Road, Knoxfield 0416 030 786 Alison or Peter on 9801-6946 Ringwood Field Naturalists 2nd Wednesday each month Room 4, Maroondah Federation Estate, Club at 7.30pm Greenwood Ave, Ringwood http://www.rfnc.org.au Inside Tabulum Templar Reception Open 7 days 8720 1333 **Tempting Treats Cafe** 11.00am to 4.00pm 31-34 Elizabeth St, Bayswater 2nd Wednesday of the month Probus Club of Wantirna South Wantirna Club, Stud Road, Wantirna Helen 0418 333 022 at 10am 1st & 3rd Wednesday each Lions Club room, Bayswater Community Lions Club of Wantirna Paul 0400 823 441 month at 7.00pm Centre, 739 Mountain Hwy. Bayswater 2nd and 4th Fridays each 1300 13 50 90 Orana Neighbourhood House OM:NI Older Men New Ideas 62 Coleman Rd, Wantirna Sth month COTA website Scoresby Football Club, Scoresby Scoresby 55+ Social Circle Thursdays 10am-12.00noon Phone Pricilla on 9764 1166 Recreation Reserve. 3rd Wednesday of the month **Knoxfield Ladies Probus** Wantirna Club, 350 Stud Road Wantirna Please ring Val on 9763 6175 or Bev 9753 3224. at 10.00am. 20 O'Connor Road, Knoxfield Knoxfield 55 Plus Club Mondays to Fridays Bill or Helen 9763 7944 (Activities Centre)

Round Dancing at the Mount Evelyn Street Party

Local Round Dance Club, Panda Rounds, featured at this year's Mount Evelyn Street Party on Sunday 27th October. The Party had a 'Back to the 50s' theme*. Panda Rounds of Boronia represented the Round Dance Association of Victoria (RDAV). Other dance groups were the Victorian Square Dancing Association (VSDA) and rock 'n' rollers, Sylvester Dance Group of Rowville.

It was a fantastic opportunity to showcase each dance code.

After participating in the street parade each group gave dance demonstrations on the main stage. Later the groups ran lessons on a makeshift vinyl dancefloor further up the road. It was great to see dancers from each group promoting and taking part in the other group's dances. Check out the photos and videos on Facebook. Sunday morning at Mt. Evelyn was cool and cloudy and at times they were literally 'dancing in the rain'!

If you want to know more about Round Dancing why not come along to the Panda Rounds Christmas Dance at their hall (Boronia Progress Hall, 134 Boronia Road, Boronia) on Friday evening 20th December. It is free to come and watch. More details from pandarounds@gmail.com.

* Round Dancing started in Victoria in the 1950s. RDAV President, Ella Whyte, aged 87, began Sunnyside Rounds in 1958. She still runs the Club on Thursdays and Sundays at Heatherton!

COMMUNITY NEWS





First on the agenda is to wish our many readers and extended community, A VERY HAPPY CHRISTMAS, hopefully, FILLED WITH LOVE. Then we will say goodbye to 2019 wishing for a bright, happy, safe and friendly 2020. Good Health and success to all.

Most activities continue throughout the holiday break. And, of course, we invite you to join us anytime that you have a free day. You might like to know that the tour of Kenworth Trucks in Bayswater was so interesting. Seeing Robots painting the vehicles, Truck parts moving from station to station, and then emerging, beautifully complete.

What's coming up?? The Men will meet at our local café, Mish Mash in Boronia, for their monthly Cuppa and chat. Numbers are growing so come along.

Extra special pre-Christmas treat is to visit the historic, beautifully restored, "Stamford Park Homestead" Restaurant. I heard that it was described as "The Jewel in Knox"

We can purchase afternoon tea in the refurbished restaurant and maybe have a tour of the historic surrounds. Unfortunately only 12 people can attend this venture.

Helen has been busy searching for gardens to visit ie. The George Pentland Botanic Garden in Frankston. (How does she find them?) We'll carpool for this one. Other outings, in planning stage are an interesting day trip to Kerrisdale Railway. We can have a barbeque lunch included with the train trip. It's been many years since our last visit and it was a very enjoyable outing. Rayner's Fruit Farm will also thrill as this man crosses and creates new fruit. And the best part is that we can taste as many varieties on this visit.

Walks are carefully planned by the leader of the day and always test out a walk before the day as we must have toilets and carpark. Unfortunately, on possible walks, toilets have been removed, and sadly, the walk is altered. We are lucky to have and enjoy so many beautiful, natural areas.

Our latest newsletter covers all of our activities and you are welcome to ring the convener for more

To learn more about our activities, meetings, cinema evenings, and / or to receive a copy of our current newsletter, please ring: Carol 9727 2726



Stamford Park Homestead Restaurant

Knox & District Over 50s

Would you believe it Christmas is upon us. Just where do these years go? At Knox Over 50s our year has been packed full of movies, lunches, day trips, coffee mornings, etc. - making 2019 disappear in the blink of an eye! Already 2020 is looking even busier with all the above and more to come including a planned visit to the Blue Lotus Garden in Yarra Junction. Make sure you get down to the Progress Hall in the New Year to join in as soon as you can.

The group meets monthly from January to November (not December) and provides quest speakers, day and overnight trips, a book club, visits to Boronia Cinema, coffee mornings at the Myer Knox coffee lounge, regular lunches at different locations around Knox and morning melodies.

Recent highlights of our calendar included a day-

trip on Puffing Billy and a special Cup Day lunch, along with the usual events mentioned above. Take a look at some of our members enjoying feeling young again on Puffing Billy.

Meetings are held on the 4th Tuesday of each month starting at 10:30 am sharp in the Boronia Progress Hall - the weatherboard building at 134 Boronia Rd. Boronia (parking available at the rear in the Library car park). Cost is a mere \$3, which covers morning tea, hall hire and also the chance of a lucky door prize. You are welcome to attend 3 meetings before deciding if you wish to join.

Our first meeting for 2020 will be held on 23rd of January. We'll start off with general business followed by morning tea and the chance to have a chat and meet up with or make new friends. You could then sign on for any events of interest to you and perhaps borrow a free DVD from Darryl's table.

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you are feeling a little shy just make yourself known as a "newbie" to the "greeters" at the door or any one of our friendly members, who will make you feel most welcome.

We look forward to seeing you there.

Please contact Jill for any further information on 9801 4363



Puffing Billy Trip

News from.... St Andrews Cricket Club by Ben Morris

The cricket season is now in full swing and we're delighted that the local community is blessed with so many enthusiastic and determined cricketers! The Saints are fielding 15 junior teams which include 4 all girl teams (an RDCA record) along with 9 senior teams.

In just the first month we've had some unbelievable highlights in our juniors worth sharing;

- Dhruv V from our u12/3's taking a hat trick in a strong team win
- Tanya A from our u12 girls taking what we believe is an Association record 5 wickets for 1 run in her very first game for St Andrews!
- Over 50 new Saints enjoying their first run, first

wicket, first catch and first win!

- A number of boys and girls making RDCA, FTGDCA and YPL representative cricket sides
- Our 4-8yr old Junior Blasters commencing their cricket career with FREE clinics run 6-7pm on every Friday night at JW Manson Reserve in Wantima

In further exciting news Jordyn A has been selected in the School Sports Victoria Vic 12 and under girls team. A tremendous achievement and we look forward to supporting Jordyn's travel and participation in the carnival in Adelaide.

"Our senior 1st XI is off to a strong start with a 9 wicket win in round 1 led by an unbeaten century

SPORT NEWS

from Dylan Cuthbertson supported by 40* from 15yr old Jesse Lynn and a 5 wicket win in round 2 with opening bowler Cameron Sharpe taking 4/31. The team are reaping the rewards of a strong fitness and health program conducted during Winter and look well placed for a successful season."

If you or your child is keen on giving cricket a go please do get in touch. Or if you are just interested in watching high quality local cricket we are in action all weekend at JW Manson Reserve and we'd love to see you down there supporting the mighty Saints! I trust we'll have further exciting news to report in next edition, go Saints!



Dhruv V with the hatrick ball



U12 Blues & U12 White Saints sharing a lunch together after their round 1 match



Ishaan K taking his career best 4th wicket

We Are All Winners at Bayswater Bowls Club

Bayswater Bowls Club staged its inaugural Charity and Sports Day last month thanks to the generosity of major sponsor Healthguard First Aid Training Services.

Invitations were sent to numerous sporting associations and charitable organisations based in the Knox district who were seeking to raise funds for their clubs or causes.

Advertised as a free, fun filled Barefoot Bowls Challenge for non-registered bowlers and with \$2000 in prize money being offered, the bowls club was well prepared for the day.

All the teams that participated thoroughly enjoyed the challenge with teams consisting of three players mentored by Bayswater Bowls Club members acting as their skippers.

The eventual winners were Bayswater Park Cricket Club mentored by Andy Pryor. The Sharks team members of Jason Butcher, Brendon Trump and Ralph Wellington lived up to their team name and pocketed \$1000 which Brendon said would go towards the replacement of a drink vending machine for their junior members.

All the teams were winners on the day enjoying the hospitality and friendliness of the Bayswater Bowls Club, and other winners included St Simons Parish in Rowville who were playing for their charity, Relay For Life (\$500) and the Knox Children and Family Centre (Hub) Parents Group (\$250).

Bayswater Bowls Club continues to seek new members, and if you have an inkling to try out the sport or just would like to visit the club socially, the club is recommencing Friday Night Barefoot Bowls this month and you are welcome to come and participate. We can assure you of a great night.



Brendon Trump, Andy Pryor, Jason Butcher and Ralph Wellington celebrate after their win.

Templeton Tennis Club News

by Don McCracken, President

Welcome to the Christmas edition of our club news. Another year has all but passed us by

The summer season is progressing well, although at the time of writing we are only a short way into the season. However, by the time you are reading this it will be half way through and we are sure that we will be experiencing further successes.

We have, since our last edition, had further meetings with Council regarding the major works to be done at our Club. All courts are to be resurfaced and made compliant to Tennis Australia competition standards. This includes lengthening of all courts, new fencing and new lighting. We are very grateful for Council's decision to do these works and make this facility a top class venue.



Night competitions, Monday and Wednesday nights are all back in full swing and progressing well. Unfortunately, Tuesday nights, at this time has gone into recession due to lack of numbers. We thank Joan Pitman for her untiring efforts to keep this competition afloat over a lengthy period. Come and join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call (the numbers are shown below).

Our coach, Kelly Cooper, runs a highly successful coaching program at the club for all levels. Give her a ring! Straight Sets 0414 874 482.

Check out our website, www.templetontennis.com. au for details of those who support us, our sponsors,

SPORT NEW

and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Real Estate Wantirna and Integrity Cabinets.

Come and join us at the family club, your club, the Templeton Tennis Club.

Merry Christmas and a Happy New Year to all!

Come and join us at the family club, your club, the Templeton Tennis Club.

Templeton Tennis Club Inc. Templeton Reserve, Templeton St Wantirna 3152. Melway Ref. 63 G9 Membership: Leanne 9887 1957

Clubhouse: 9887 3505 President: Don 9800 3316 Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au Email: president@templetontennis.com.au

Wantirna Tennis Club News by Alison Rogers



Some of the people present on the day

racing out to play more tennis with their friends. Parents and siblings can socialise under the big shade sails which provides good cover for all.

Thanks the Convenor Jeff Murray and his band of helpers who are at the Club each Saturday and Sunday mornings to keep things running smoothly.

Club The Junior Championships are about to

be held so we expect to see the courts full of players over the next few weeks.

At Wantirna Tennis Club we provide both Saturday and Sunday tennis which means that Private school students who have to play for their schools on Saturday can still play with their friends at the Club on Sunday. Also juniors who have language school on Saturday can play on Sundays as well. It is great to be able to give families these options.

Eastern Region Tennis inc Awards Night

Congratulation to our Sunday Open Rubbers section 1 winning team on receiving this special award at the recent Eastern Region Tennis Inc. Awards Dinner. Ayan K, Jerry S, Chelsea S and Alexis S attended the awards night with Club President Greg Dorn.

We are very proud of these talented Junior Players who represent our Club. Great role models for the young players who are starting their tennis lives.



Social tennis

It is lovely to see our group of social players expanding each week. If you don't feel you can commit to competition, or are not sure if you are good enough to

play tennis, come on down on a Tuesday morning and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground you can have a hit. Play starts at 9-30am and it is only \$2. All welcome.

Midweek Ladies

We are always looking for new players down at the Club. If you would like to play competition give us a call. Rotating teams are available so you can have the occasional day off.

Coaching

At Wantirna, we cater for all age groups and standards. Our Coaches Mike and Troy's (details are at the end of this article). Give them a call - all will be welcome.

For the adults, the coaches can guide them into Comp by starting with Cardio tennis, group coaching or 'one on one' coaching. The new 'Fast Tennis' for those that are 'time poor' is an exciting venture in the Tennis World. A new ladies and men's 'in house' night is available with something similar to be organised for men on another night.

The Coaches have group and private lessons and also squads. There is more tennis being played at school now and I'm sure if you asked your children, they would say they would like to have a go.

Contact or visit us. We have excellent facilities including two new BBQs covered with a recently installed shade cloth sail and 9 tennis courts. We offer a range of competitive and social tennis for adults and juniors with an excellent coaching programme plus Hot Shots and Cardio tennis. Give us a call to get more details and information on membership or tennis coaching. At Wantirna you can always see what is happening by checking out our website or face book page

Club coaching team: Troy & Mike 0424693005 or email enquires@troyandmiketennis.com Coaching Face book: www.facebook.com/ troyandmiketennis.com

Wantirna Tennis Club Inc Melway Ref: 63C8 Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwy Wantirna

PO Box 5295 Studfield 3152

Club Secretary: Alison 0408576025 or email wantirnatennis@gmail.com

Web: www.tennis.com.au/wantirnatc/

WTC Face book: www.facebook.com/.../Wantirna-Tennis-Club

Merry Christmas to all.

Seniors week comes to Wantirna Tennis Club for Tennis in Knox.

Wantirna Tennis Club conjunction with Knox Council and the Victorian held a 'Seniors Festival' Zest for Life over 55 years old event. invited members of the public to come down to the Club and have a free hit of tennis, meet the Coaches, listen to a presentation on Nutrition, have morning tea or just have a chat.



President Greg Dorn with our longest serving member Wendy Thomson cutting the cake

As Wantirna Tennis Club is Celebrating its 85th

Anniversary this year we also invited past members to come along and join in on the day.

More 85th Anniversary functions will be held later in the year.

Juniors

The juniors have started their Summer Season and will now go through till after Christmas. Once again we have lots of Junior Players with play spread over 2 days on Saturday and Sunday.

Our aim is to get junior members out on the court and having fun. This is a great way to get fit, meet others and learn about winning and losing. We love seeing the junior players finishing their matches and then





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