

# COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,  
SCORESBY, KNOXFIELD & BAYSWATER

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KNOX CUBS CELEBRATE THE FOUNDATION OF SCOUTING

EDITION 65  
APRIL/MAY 2020

- KNOX COUNCIL PRIORITISES COMMUNITY HEALTH AND SAFETY
- MESSAGE FROM KNOX MAYOR, CR. NICOLE SEYMOUR

BE COVID-19 AWARE  
AND HELP PROTECT OUR  
COMMUNITY

# FREE



# Council prioritises community health and safety

Knox City Council has today made the decision to temporarily close a number of Council operated facilities from general public access in order to help prevent the spread of Coronavirus (COVID-19) within the community and its workforce, and to prioritise the delivery of critical services for Knox's most vulnerable residents.

The following facilities will be closed to the public from 5pm, Thursday 19 March:

- Knox Civic Centre Customer Service Counter
- Knox Regional Netball Centre
- Knox Community Arts Centre
- Ferntree Gully Arts Centre
- Carrington Park Leisure Centre
- Rowville Community Centre

Libraries in Knox will also close from the end of their usual opening times on Friday.

Mayor Nicole Seymour said the closures would be in effect until further notice.

"This decision was not taken lightly but evidence overwhelmingly supports a proactive approach," said Mayor Seymour.

"We are monitoring the situation and taking any necessary actions based on DHHS advice and risk assessments."

Mayor Seymour confirmed that to date there were no known confirmed cases of Coronavirus (COVID-19) within the Knox community or of Council staff. The temporary closure of facilities being a proactive measure of Council in the

interests of broader community safety.

"While we know these facilities are valued within the community, temporarily closing or changing the way we handle some services allows us to focus on prioritising our most essential services at this challenging time." This also ensures we comply with the Federal Government's requirement regarding limiting indoor gatherings to 100 people. These facilities are all large scale and it would be difficult to manage user numbers at this time.

The primary users of these facilities are sporting, leisure and community organisations and Council is working to keep these groups informed and assist in communicating with members and participants. In many cases, these organisations have already cancelled activities or events held at the closing facilities.

Council run Early Years Facilities & Services:

For now, it is business as usual for all of Council's childcare and kindergarten facilities, including three-year-old preschool services at Rowville Community Centre. Additional precautions are in place in line with DHHS recommendations and the situation is being monitored very closely. Council takes direction from the Federal and State Governments and is committed to ensuring families and children are supported at this time.

Immunisation sessions are also proceeding as scheduled.

Public Health services:

Council's syringe container collection and disposal



service (sharps service) will function as a mobile service from Friday 20 March, and residents are requested to call Council for further information on accessing this program.

In Person Customer Services:

Due to the temporary closure of the Civic Centre in Wantirna South to the public the customer service counter will be unavailable. Additional staff will be managing customer service by phone and most transactions can be processed online via Council's webpage.

Service requests and payments that can be lodged online include:

- Planning and building
- Waste
- Rates and valuations
- Infringements
- Animals
- Parking and traffic
- Community laws
- Trees and parks
- Roads, footpaths and drains
- Health and food safety

Council has implemented work-from-home arrangements where possible across the organisation, to reduce non-essential social contact amongst staff and between Council staff and the community.

## Information

Published by: Studfield Wantirna Community News Inc.  
 ABN: 98259005633 RAN: A0054764G  
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Additional Distribution: Murray Claringbold & Sheila Bingham

Front cover: Knox Cub Scouts at the Celebrating the Foundations of Scouts event held in February. Supplied by Nicole Klep, District Leader Cub Scouts.

Copies: 19,000 copies produced & delivered to houses in Wantirna, Wantirna Sth, Knoxfield & Scoresby and through local distribution points including libraries and various locations in Bayswater.

Affordable advertising rates with discounts for multiple bookings. Call Charles on **0407 797 666**

### DEADLINE DATES FOR 2020

Ed. 66 June/July Friday May 8, 2020  
 Ed. 67 August/September Friday July 10, 2020  
 Ed. 68 October/November Friday September 11, 2020  
 Ed. 69 December/January Friday November 6, 2020

NOTE: ADVERTISING COPY DUE ON THE **WEDNESDAY** PRIOR TO THE DEADLINE

Format design by Tamara Bouzo.

Fonts sourced from: <http://www.jennasuedesign.com/http://code.newtypography.co.uk/> - Vernon Adams

Printed by Newsprinters

Distributed by Independent Letterbox Distributors

Some photos sourced from Pixabay

## Content

Out and About	Page 3
Wantirna News	Pages 4-7
What's Cool at School?	Page 8-9
Bayswater News	Page 10-13
Knoxfield & Scoresby News	Page 14-15
Around Knox	Page 16
Environmental News	Page 17
News In Good Health & Wellbeing	Page 18-21
Local History	Page 22
The Arts In Knox	Page 23
Community News	Page 24-25
Sport News	Page 26-27
Back Page & Claws & Paws	Page 28

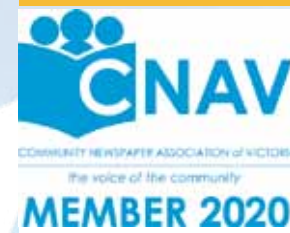
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## Editorial

Hello Community News readers,  
 Welcome to our new way of life under a pandemic!  
 Now is the time that "community" really means something. We are all reliant on each other for our health, well being and safety. This is not new, its just now that it really matters that we know that we can depend on each other to keep our community strong.  
 Now is the time to look after yourself and in doing that you are taking care of each other. Pay attention, do the right thing for everyone, not just for yourself. So many people in our community value the people who are around them and show kindness and offer support. This is the best we can be. It matters right now.  
 This edition has been in production since March 13 when we were going about things in the usual way. You will see in our pages, activities and events that have been subsequently cancelled or postponed.  
 You will also see that we have put together a bumper issue of 28 pages! We wanted to give you some positive news and extra to read while you may have time.  
 We may be back to normal next edition or we may only have an online edition. Who can tell? But we will do our best for our community!

Janet Claringbold, on behalf of the team.

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors and readers and the Knox City Council Community Development Fund.



## Clean Up Australia Day 2020

from Nick Wakeling MP, State Member for Ferntree Gully

On Sunday 1st March Knox residents stepped up to help clean our environment as part of Clean Up Australia Day.

This year was the 30th anniversary of this day of community action.

Teams of residents mustered at various locations across Knox to help reduce waste in local parks, waterways and along roadsides, including:

- Collier Reserve, Wantirna
- Knox Community Gardens, Boronia
- Blind Creek Billabong, off Jacobus Walk, Ferntree Gully
- Koolunga Native Reserve, off Old Forest Road, Ferntree Gully
- Talaskia Reserve, Upper Ferntree Gully

Many people who participated in Clean Up Australia Day on Sunday 1st March also took the opportunity to attend the Knox Festival at Wally Tew Reserve in Ferntree Gully.

I extend my gratitude to all those who turned out to help clean up our local environment on Clean Up Australia Day.

## Holi Festival of Colours 2020

from Nick Wakeling MP, State Member for Ferntree Gully

The good people at Hindi Niketan recently hosted a Holi Festival of Colours celebration at the Knox Gardens Community Hall on Monday 8th March 2020.

Those who attended had the opportunity to experience an array of vegetarian food, and to participate in songs, dances and celebrations with coloured powder (Holi Gula).

Knox is fortunate to have a thriving and active Hindu community who have long been an enthusiastic part of Victoria's multicultural landscape and who make an outstanding contribution to our society across many fields of endeavour.

It is great that our Hindu community and its leaders in Victoria are able to share their heritage with the people of Knox and the broader Victorian community.



Nick Wakeling MP with locals celebrating Holi at Knox Gardens Community Hall, Wantirna South

# OUT AND ABOUT



Nick Wakeling MP with Wantirna Lions Club members on Clean Up Australia Day 2020

**All libraries are closed until Tuesday, 14 April 2020, due to the spread of the Coronavirus (COVID-19). During these unsettled times, we will do our best to provide services for the community.**

**Your Library is here for you!**

**Our reservations service will remain available to you.**

Call 1300 737 277 or your nearest branch and our team will assist you in making a reservation.

**You can also explore the wide range of digital resources available online, 24/7.**

**Visit [bit.ly/Library247](https://bit.ly/Library247) to find out more!**

If you are not a library member and would like to join, please visit our website [yourlibrary.com.au](https://yourlibrary.com.au) or call us on 1300 737 277. We are happy to assist!

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CREATE  
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**Working hard for  
our local community**

Unit 4, 91 Dorset Road, Ferntree Gully 3156 | P: 9758 6011

✉ [nick.wakeling@parliament.vic.gov.au](mailto:nick.wakeling@parliament.vic.gov.au) [www.nickwakeling.com.au](http://www.nickwakeling.com.au)

Funded from Parliament's Electorate Office and Communications Budget.

**Nick  
Wakeling** MP

**STATE MEMBER FOR FERNTREE GULLY**



## Celebrating 150 Years of Ritchies Stores



In 1852, an 18 year old named Thomas Ritchie survived the shipwreck of the Isabella Watson off the coast of Australia. Born in the town of Ballacrain on the Isle of Man, Thomas was the youngest son of Captain Colin Ritchie, an officer of the 10th West India Regiment in the reign of George III. Thomas made the decision to seek their fortune in Australia with a plan to trade in items including boots and shoes in the Australian Goldfields.

The Isabella Watson was wrecked very soon after her arrival off Port Phillip Heads on March 21st, 1852. The ship was struck by a violent squall and was swept backwards onto an isolated rock at Point Nepean, presumed to be the Corsair Rock, the notorious rock that has caused the loss of many ships.

Thomas spent nearly twelve months on the Bendigo goldfields before returning to Melbourne Town to meet his brother James who had recently arrived.

The first grocery store Thomas was involved in was one he opened with his brother in Gardners Creek, now Malvern. This was where Thomas met Margaret Kennedy whom he married. Thomas returned to Frankston in 1854 to the area of Olivers Hill where he build his family home.

Thomas Ritchie was involved in many enterprises

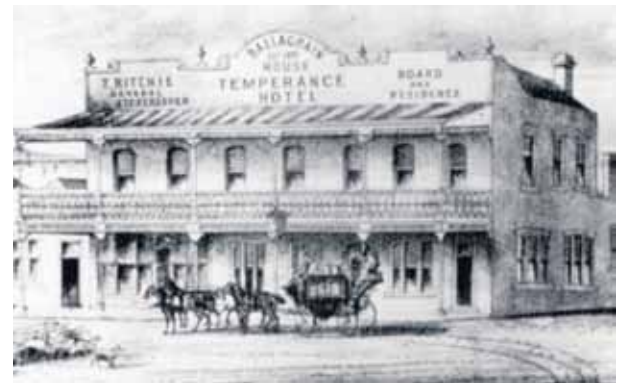
from his base in Frankston. He was involved in making and maintaining roads for the Mt. Eliza District Roads Board, he started a wood cutting and supply company, became a shareholder in the Frankston Brick Company and started Frankston's first bakery. He started a cartage business to bring fish from Hastings to Frankston and was also a competent builder. With others he founded the Frankston Fish Company in 1867, then partnered in the establishment of a Real Estate and Auctioneering business.

In 1870 he purchased a block of land on the corner of Playne and Bay Streets (now Nepean Highway) where he built Ballacrain House, Temperance Hotel to accommodate summer visitors to Frankston, The store that became the first "Ritchies Store" was amongst the shops opened on the ground level.

Following on from the achievements of Thomas Ritchie there have been many men and women who have helped to develop Ritchies into the flourishing enterprise that it is today.

Ritchies is the largest independent supermarket chain in Australia and is owned by a group of private investors. Ritchies, also known as "Ritchies Supa IGA", have the majority of their stores located in Victoria.

**Thank you to Richies IGA in Wantirna Mall for supporting our Community Newspaper.**



Story sourced from Wikipedia, <https://www.ritchies.com.au/our-history> and *The Other Side Of The Counter, The History of Ritchies Stores* by D.M. Carnegie available at <https://www.yumpu.com/en/document/read/3305185/the-other-side-of-the-counter-ritchies-supermarkets>

## Introducing.....Miss Molly Floral Design

Miss Molly Floral Design has recently opened at Studfield to rave reviews. Emily has over 28 years' experience in the floristry industry. Your dedicated designer Emily is able to bring you the very best in locally grown flowers and foliage.

Miss Molly combines beautiful arrangements and bunches with beautiful giftware and homewares. The studio is looking to establish itself as a destination for all your flower and giftware needs.

Miss Molly will soon be able to provide Interflora as a service ensuring those far away are never forgotten at special times.

Weddings are a speciality at Miss Molly and Emily will schedule an obligation free hour appointment with you including mood boards and colour swatches.

Customer service is number one at Miss Molly so pop in and say 'hi' soon!

Studfield Shopping Centre  
Stud Road, Wantirna South  
Phone No: 9887 0780  
Email: [ask@missmolly.florist](mailto:ask@missmolly.florist)



# Collier Ward Update with Cr. Marcia Timmers-Leitch

## Hi Everyone!

At the time of submission of this edition's article there has been lots of changes to the health and welfare of our community. Things are changing quickly with the onset of the COVID-19 Virus. In this edition I still wanted to let you know about some of the great projects and initiatives that are happening in our community.

However, I also wanted to assure you that I am still available to you should you need any support, whether its specific to council or as part of being a good neighbour.

If you need help or information then don't hesitate to get in touch via email [marcia.timmers-leitch@knox.vic.gov.au](mailto:marcia.timmers-leitch@knox.vic.gov.au) or phone 0428 162 218. Please let's all take care of each other at this time

## Knox Repair Café

It was fantastic to get down to the inaugural session of the Knox Repair Café.

This amazing group of volunteers led by local founder Mark Glazebrook are transforming broken household items and giving them a second life. At the launch session in February some 50kg worth of items were repaired. This not only saved money in replacement but also diverted waste from landfill. What a result!

The Knox Repair Cafe is based on an idea that originated in the Netherlands but has also been operating in Ringwood for some time. The team has a group of superstar fixers who have helped repair bikes, umbrellas, hairdryers, microwaves, sewing repairs and much more.

The Knox Repair Cafe has been open for business on the second Saturday of every month and the Knox Community have been loving dropping in to have their household items fixed. Run by volunteers, there is no charge to get things fixed but you are more than welcome to donate a gold coin to contribute towards morning tea.

The group is welcoming to new members, volunteers and fixers as well as sponsorship or donations from businesses to help with tools and materials.



Richard Farragher (KES), Cr Marcia, Michael Walters, Mark Glazebrook, Cr Peter Lockwood.

The Knox Repair Café is located at the Knox Environmental Society, 1010 Burwood Highway Ferntree Gully.

For more information on the group, to find out how you can get involved or to find out the next Repair Café Event Dates head to their Facebook page [www.facebook.com/knoxcityrepaircafe](http://www.facebook.com/knoxcityrepaircafe)

# WANTIRNA NEWS



## Studfield Shopping Centre Streetscape Improvement Project

Works are underway at Studfield Shopping Centre to improve the drainage and streetscaping of the shopping strip.

The planned works include the removal of red brick pavers and replacement with concrete, widening of the footpath for better trading/dining zone, installation of new seats and garden beds, new access ramp, widening carparking bays to meet current standards and relocation of the all ability parking bays.

Council is pleased to advise that the works have commenced at the Somerset Street end with limited impact on customers. The drainage works, which will affect some of the car parking areas are anticipated to be completed by mid-April and the kerbside works are expected to commence at the end of March from the Coleman Rd end of the strip.

Council is mindful of limiting disruption to local business and local shoppers and have worked with the local shop keepers to carefully plan this project. It has been designed to run in stages to minimise car parking and pedestrian difficulties.

It was great to get out and speak to the retailers about these fantastic upgrades. All businesses in the Studfield Shopping Centre will remain open throughout the streetscaping works and would love your understanding and support at this time. Love Shopping Local!



Cr Marcia and Aaron from Straits Café



Your local voice

# Marcia Timmers-Leitch

Collier Ward Councillor - Knox City Council

[marcia.timmers-leitch@knox.vic.gov.au](mailto:marcia.timmers-leitch@knox.vic.gov.au)

0428 162 218 MarciaTimmersLeitch cr\_marciatimmersleitch



## What's New At Community Pharmacy?

### Meet the team Community Pharmacy Wantirna.

At Community Pharmacy Wantirna we have a great team including some who have been with us for over 30 years! In each upcoming edition of the Studfield news we will introduce you to someone from our team – sometimes someone new and sometimes one of the familiar faces that you have been used to seeing in store for as long as you can remember.



*My name is Purnima and I am the new Pharmacy Manager, so I thought that it was fitting that in this edition you get to learn a little about me!*

#### Q. What made me want to become a Pharmacist?

I wanted to be a pharmacist to be able to help patients with their health-related concerns. Often pharmacists are your first point of contact for any health-related issues or advice needed. I have always strived to address these concerns not only with providing treatment but to also take the time to give lifestyle advice and tips to optimise health outcomes.

#### Q. What are your hopes for your new role & for Community Pharmacy Wantirna?

Being at Wantirna as manager I would love to continue the amazing customer experience that has been maintained for so long. As manager I would love to focus on more services that we can bring to the pharmacy for new and existing customers and find new ways in which we can help customers with their health. We want to go beyond selling medications. There is so much information available on the internet and social media that often it is hard to differentiate fact from fiction. We want to educate our patients and provide them with the correct information to be able to make educated decisions regarding their health.

#### Q. If you weren't a Pharmacist what would you want to be?

If I wasn't a pharmacist, I would have been a physiotherapist. The aspect of the healthcare field that appeals to me is being able to interact with patients on a personal level. Establishing good rapport with my patients and being able to better their lifestyle in whatever way possible is what I love to do.

#### Q. What do you like to do when you aren't at work?

When I'm not at work I enjoy going to the gym with my partner and looking after our health. We enjoy gardening together and cooking, often being able to use the produce that we've grown to have fresh food. We are also getting married at the end of the year at a beautiful winery so a lot of my personal time currently is used for planning the wedding and all the fun to come with it. I really can't wait!

#### Q. What is the one thing I would like my customers to know about me?

I'm looking forward to this new exciting role. I'm looking forward to getting to know all our customers in the upcoming weeks and want to assure them that the service will remain at a high standard as it has been. The only changes will be improvements to systems and services to ensure that our quality of care grows day by day.

### Our Health Topic of The Month

As we head into April, and look towards the cooler months in Melbourne we know that it won't be long until the cold and flu season gets into full swing so here is some information about colds and flu and what we can do to help prevent spreading illness.

#### Is it a cold or is it a flu – what's the difference?

Colds affect the nose, the throat and upper airways and common symptoms include coughing, fever, sore throat, sneezing, blocked or runny nose and general congestion.

The flu is a viral infection affecting your nose, throat and sometimes your lungs. Typical symptoms of flu include fever, sore throat, tiredness and muscle aches.

#### How can we stop the spread of colds and flu?

The basic principles to stop the spread of germs from infecting others is the same regardless of the illness being a cold or a flu. However there is one major difference in that there is a vaccination available to assist in protecting people from the flu. At Community Pharmacy Wantirna our Pharmacists are vaccination trained and can administer the flu shot for those over the age of 16 in store\*. By having a flu vaccination

each year it not only helps to protect yourself but those around you that may be more vulnerable such as the elderly, children and those with existing illnesses who have compromised immune systems. Whilst it is most convenient to be vaccinated at the pharmacy some people are eligible for government funded vaccines if they meet certain criteria. Come in and speak to the pharmacist for advice on if you qualify.

#### 7 simple tips

- Get a flu shot – remember to this each year, as flu strains change. We can do this for you in store\*
- Wash your hands – good hygiene is key

- Cover coughs & sneezes – Always cover your nose & mouth when you cough or sneeze, ideally into the crook of your elbow or with your arm, not your hand.
- Throw out used tissues – used tissues should be thrown in the bin as soon as possible
- Avoid sharing – Don't share drink bottles, cups, cutlery etc.
- Keep clean – Wipe down surfaces such as mobile phones, keyboards, door handles etc. regularly
- Look after yourself & minimise contact with others - keep warm, get plenty of rest, drink water, and eat healthily.



### 2020 Flu Vaccinations at Community Pharmacy Wantirna

**When:** Flu Vaccination stock is expected to be available to commence vaccinations early to mid-April.

**Cost:** \$17.95 - members or \$19.95 – non-members

**Appointments:** Although not essential, we recommend giving us a call on 9720 2872 to ensure that your preferred time is available.

\* Please speak to your Pharmacist to ensure that the flu vaccination is suitable for you. Some restrictions may apply. ^Some people are eligible for government funded vaccines if they meet certain criteria. Ask in store for more details

**Community Pharmacy Wantirna**  
**Shop 3-4 Wantirna Mall 348 Mountain Hwy, Wantirna**  
**(03) 9720 2872 OPEN 7 DAYS**  
**Email: wantirna@communitypharmacy.com.au**  
**www.communitypharmacy.com.au**



## Wantirna South Probus Club News

Wantirna South Probus welcomed 2020 on a beautiful sunny day with a Picnic in the Park at the Arboretum closely followed by our first meeting for the year and also celebrated our

2nd Birthday. As the club has grown many new friendships have been made adding much enjoyment to our retirement years. The AGM will be held in March when a new President will take over for the next 12 months supported by a very capable committee.

The walking group have visited the Royal Botanic Gardens, Grants Picnic Ground at Kallista and, of course, always conclude with coffee and cake. Members have dined out at local restaurants, enjoyed the monthly morning tea at the Pancake Parlour and occasionally manage to make it to the movies.

Members recently enjoyed a visit to Coombe in the Yarra Valley with a tour of the gardens and scrumptious Devonshire tea. Other events coming up include outings to the Blue Lotus Water Gardens at Yarra Junction, Bayswater Arts Centre when Silvie Paladino will entertain and a ferry ride over to Williamstown.

The club meets at 10.00 am every second Wednesday of the month at the Wantirna Club, 350 Stud Road, Wantirna. If you would like further information please call Helen Dewar on 0418333022.



## Wantirna Lions & Regency Park Primary "Recycling For Sight" Program by Linda Willing, Wantirna Lions

### Jackson's contribution to Recycle 4 Sight

In late 2019 Jackson, a resourceful 10-year-old boy from Regency Park Primary School was replacing his reading glasses and asked at Spec Savers where he could dispose of his old ones. They told him that they collect them and donate them to the Lions Club for their "Recycle 4 Sight" program.

Jackson wanted to help people less fortunate than himself and he spoke to the principal about his idea of collecting more glasses. A collection box was placed at the schools' office. Jackson spoke to both the senior and junior schools' assemblies about the Lions program and encouraged them to ask family and friends to donate unused glasses. He collected over 100 pairs of glasses and on the 4th of December presented them to the Wantirna Lions Club President Wes Gleeson at the final meeting of the year. Jackson was congratulated on his service to the community. He acknowledged that it was a joint effort and that everyone helped.

Recycle 4 Sight is a worldwide initiative of the Lions Club. Since 1998 glasses have been collected all around Australia and sent to Brisbane where they are graded and sent to humanitarian organizations.

They distribute them to third world countries all over the world. The gift of sight to children enables them to read the blackboard to get an education and for adults to work to support their family.



## MEI JING CHINESE RESTAURANT

703 Boronia Road Wantirna



Ph: 9887 1580

### DINNER SPECIAL Peking Duck

Half (8pcs)  
Was \$32.80  
**Now \$19.80**

Whole (16pcs)  
Was \$65.60  
**Now \$36.80**

PLEASE BOOK IN ADVANCE



### LUNCH SPECIAL

Cantonese Dim Sum (3pcs)

**\$ 3.80**  
Mon, Wed, Fri

Custard Egg Tart (2pcs)

**\$ 3.80**  
Tue, Thu

Except public holidays



For classic Hong Kong cuisine in Wantirna, come and visit us at Mei Jing Chinese Restaurant. We pride ourselves on crafting every dish with the freshest of ingredients, using time-tested cooking techniques to give our diners the most authentic experience possible. With our elegant decor and laidback atmosphere you'll feel equally at home whether you're here for a big family gathering, a business lunch or an intimate date for two. With plenty of meat, seafood and vegetarian dishes on our menu we cater to all tastes and dietary requirements. We look forward to serving you soon!

# WHAT'S COOL AT SCHOOL?

## St Luke's 2020 - Off To A Great Start!

At St Luke's Primary School in Wantirna we offer a wide and diverse curriculum and welcome all families to come and see our wonderful school!

### SAKG

All of our students participate in a four week Stephanie Alexander Cooking Program throughout the year. So far our Year 5/6 students have prepared, cooked and shared together as a group delicious pizza, vegetable stir fry, homemade pasta, bruschetta and some mouthwatering desserts. The vegetables used were grown in our school garden.

### STEM

We are in the third year of our STEM (Science, Technology, Engineering and Mathematics) program. Students participate in activities to develop skills in teamwork, collaboration, creativity, logical thinking and problem solving. We have partnered with Young Engineers to ensure our program is fun, engaging, hands on and meaningful for all the students involved.

### Mini Vinnies

St Luke's is proud of our involvement in the Mini Vinnies program. Our students meet regularly to learn about social justice issues, develop leadership skills and engage with the wider St Vincent de Paul Society community. Mini Vinnies cook meals and prepare "blessing bags" containing toiletries for distribution to families in need in our community. We are looking forward to making blankets in Term 2 to help our community in the winter months.

### Auslan (Australian Sign Language)

St Luke's are very excited to have introduced Auslan as our specialist Language in 2020. Auslan aims to develop the knowledge, understanding and skills to enable students to communicate in Auslan, understand language, culture and learning and their relationship, and thereby develop an intercultural capability in communication.

We run Literacy and Numeracy intervention and extension programs to cater for all learning levels and the needs of individual students. St. Luke's has spacious grounds, 2 outdoor adventure playgrounds, a full size indoor basketball court and lots of outdoor and indoor activities and clubs during lunch times for all students to be engaged in.

Foundation 2021 enrolments are open so please contact the school office on 9801 6917 to organise a tour. We look forward to seeing you at St Luke's.





**ST LUKE'S**  
Catholic Primary School  
Wantirna  
25 Stokes Road, Wantirna 9801 6917  
[www.slwantirna.catholic.edu.au](http://www.slwantirna.catholic.edu.au) [principal@slwantirna.catholic.edu.au](mailto:principal@slwantirna.catholic.edu.au)





## OPEN DAYS 2020

Tours at 9am, 10am, 12pm,  
2pm & 4pm

TUESDAY 26TH MAY  
WEDNESDAY 27TH MAY

"I have come that you may have  
life and have it to the full"  
John 10:10



## Anzac Commemorative Ceremony & Anzac Day Dawn Service

Unfortunately Boronia RSL has had to cancel the planned Commemorative Day March & Anzac Day Dawn Service this year.

As everyone is no doubt aware this has been brought about by the escalating spread of the Corona virus throughout Australia.

Hopefully this can be brought under control in the near future and life can get back to normal again.

We look forward to you joining us for our Remembrance Day Service at the Tim Neville Arboretum in November later this year.

We thank you for your understanding.

Ian Roberts, Secretary Boronia RSL Sub Branch Inc





# WHAT'S COOL AT SCHOOL?

## STEM at Knox Gardens Primary School

by Nicole Barnes, ICT Learning Specialist

Students at Knox Gardens Primary School are learning the Digital Technology Curriculum through a robotic and coding program from Foundation to Year 6.



From Foundation, our students are exposed to simple directional programming using Bee-Bots. Simple coding language is explored, from moving forwards, backwards to left and right. Our Foundation students create mazes and obstacles for their Bee-Bots to navigate around.

In Year 1 and Year 2, students use their knowledge of coding the Bee-Bots to explore coding with Scratch Jnr on an iPad. Drag and Drop coding is introduced and students can begin to learn to code a sprite to act out movements and even retell stories!

Ozobots are another type of robot our students learn to use and code. Unlike the other robots, these ones instead use colour codes to program the speed, direction and cool moves. Students have used these Ozobots to retell fairy tales, working out when the robot needs to run fast and far away from the Big Bad Wolf!



Spheros, Pro-Bots and Edison robots bring a different kind of coding as students move through the school. Coding becomes more complex as they learn to use



angles, measured distances and seconds to determine how the robot will turn and how fast and far to move forwards. These robots are used to not only practise their coding ability but to solve STEM projects such as to create a chariot for the Sphero that can move in all directions.

Not only are our students practising their skills in Digital Technologies, Mathematics, and Science, but also learning important 21st Century Skills such as the ability to communicate and collaborate with their team and partners and use their creativity and critical thinking skills to solve complex problems.

## KIOSC 2020

by Alon Manker, STEM Educator

### STEM Discovery and Trade Training Centre

There's been a flurry of activity at KIOSC in Term 1 with many new and exciting developments. Students, teachers, and other visitors can now expect to see new carpets and air-conditioning, extra storage and lockers, and a complete overhaul of our audio-visual equipment. Thank you to all of our partner schools for supporting us in working through some of the temporary inconveniences caused by the renovations. Our new after-school STEM club "STEM4ORCE" has been extremely popular. Students started out in our science lab creating crystals and investigating the nutritional value of foods. Some of our partner schools have already brought their Year 7 and Year 8 students in for our Discovery programs; students learnt how to code without using technology in our Unplugged workshops, captured solar energy to drive their electric vehicles on sunny days, and enjoyed coding flight paths for our brand new drones.

As the term draws to a close the KIOSC team is eagerly looking forward to running a brand new Water Sustainability program for all schools and hosting our FIRST LEGO League Rookie Scrimmage, in Term 2.

[www.kiosc.vic.edu.au](http://www.kiosc.vic.edu.au)



## Have You Heard The Buzz?

by Kerri Emonson, Principal

Wantirna South Primary School is "buzzing" in 2020! It has been an amazing start to the year and the level of engagement from students and staff is creating a real hum!

We have a number of new staff members that have joined our passionate team of teachers and already there is a lot to celebrate. In our 75th year of operation we continue to explore opportunities to connect with the community while providing the students with valuable life learning experiences and academic success. A few new programs that we have engaged include:

**KIOSC** – we will continue our engagement with staff at Swinburne KIOSC. Students and staff embrace the learning available in the innovative centre. Hands on learning in a number of STEM activities included lego robotics, virtual reality, 3D printing and coding. Our partnership with KIOSC continues to evolve, we are excited where it will lead!

**Exploring Arts** – our passionate arts staff seek to continue to expand the artistic talents that are hidden within our students. Students explored graffiti art and are continually exposed to talents that reign among artists in this medium.

**Intergenerational connections:** we pride ourselves on connecting with the community. Students enjoy opportunities to visit Arcare and chat or play games with the residents. In 2020 we are excited about expanding our connections with Villa Maria Residential Day facility on White Road.

While connecting with the community, embracing sustainable habits and exposing to technology that will drive us forward in the future are key aspects of WaSPS, our focus is still embedded on continuing to be the best we can be – academically, socially and emotionally.

Wantirna South Primary School 9801 1900  
Email: [wantirna.south.ps@edumail.vic.gov.au](mailto:wantirna.south.ps@edumail.vic.gov.au)



## Standing The Test of Time by Evelyn Hodgkin, Bayswater History Facebook

Bayswater has so many new buildings including units and factories and we can only hope they stand the test of time. They seem to be constructed in a short time before starting many more. The building on the corner of Mountain Highway, cnr Railway Parade, Bayswater next to the railway overpass was constructed 73 years ago. Currently this two story dwelling is occupied and has always attracted tenants. This is probably because of its prime location.

Built by Edward (Ted) Barrett, born 1892 in NSW, he was the third son in a family of twelve. School was not available so he never went. Ted eventually taught himself the alphabet, numbers etc. Ted started working at eleven years of age digging holes for fencing on large country properties.

In his early twenties he joined WW1 and served in Gallipoli, Egypt and France. He was shot through his body missing vital organs and was hospitalised in England. After his recovery Ted went back to his Unit. In April, 1917 he was wounded again and this time he lost his right arm above the elbow. After another hospital spell again in England he was discharged from the Army in February, 1918.

In June 1931, aged 38 years Ted married Eva Thompson who was about 18 years of age. They came to Bayswater as Ted had a sister here. In 1947 Ted purchased a piece of land on Mountain Highway near the railway crossing. He had some previous building experience and drew up his plans for a shop/dwelling. Commencing the build, Ted actually dug by hand deep trenches for the foundations. He was worried about the close proximity of the trains going past and foundations were important. He mixed the cement and filled the trenches on his own. At the same time he also held a labouring job off site and this also included working Saturday mornings. He endured

both these tough manual jobs but he was a proud independent and hard working man. This was all done by a man who had one arm.

Ted employed a local bricklayer, Charles Walker and together with Charles, made many of the cement bricks themselves. They both assembled the lower part of the dwelling. At the time of doing this experts said the home made bricks would never take the weight of the top story.

This property is still standing so time has proven the home made bricks were strong. In later years the bricks were cement rendered. Ted opened on the ground floor a self service grocery store that was a wonderful asset to Bayswater and was in business here for many years.



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**626 Mountain Highway Bayswater**



## Jackson Taylor Update

It's no secret I love supporting local schools and acknowledging the great work they do. That's why I held my annual Principals breakfast to say a small thank you at the Hatter and the Hare in Bayswater. It was a great opportunity to share ideas and there was a lot of talk about the current upgrades to a lot of the local schools, with more to come.

It was also fantastic to catch up with Senior Sergeant Vogels at Boronia Police to talk about the Andrews Governments rollout of Body Worn Cameras for operational Police. With nearly 10,000 rolled out we haven't got many to go. This has made a positive impact in the overall interactions Police have had with the community and is a means of recording for evidentiary purposes. And with 3,135 new Police we will keep them coming to help keep them and the community safe.

I am also 'trailing' a section called 'Getting on with it' which provides a couple quick updates on some new bits and updates to projects in a succinct way:

- Three local businesses have received grants via the Boost Your Business Program, congrats to

Crusader Hose, Advatek Lighting & Harry Hoo.

- New static pedestrian warning signage to be installed in The Basin near the temple to make it safer for locals crossing the road.
- Over \$220 million to modernise and change the game within our recycling industry, also creating a new Container Deposit Scheme (more info in this edition).
- The Basin CFA new station plans are well underway and there will be plenty more to say on that.

This editions local shout-out is to the local schools who made visible displays at the front of their school to thank our local CFA brigades. What a brilliant touch to thank those who have gone above and beyond for us.

Don't forget I'm here to help you and your family with State Government matters.

You can call my office on 9738 0577, email me at [Jackson.Taylor@parliament.vic.gov.au](mailto:Jackson.Taylor@parliament.vic.gov.au) or pop in to the office at Mountain High Centre, Bayswater.



## Transforming Victoria's Household Recycling

Following the release of the white paper on the circular economy, the Andrews Government has made the decisive step to change Victoria's recycling for the better – and for good. Over the next ten years, the initiatives will see waste to landfill reduce by up to 80%, and will create over 3900 jobs.

We will also be getting on with implementing a real container deposit scheme.

The Victorian Government is transforming the states recycling system, investing \$129 million to overhaul the way we do household recycling and introducing a new four bin system including:

- Glass recycling – purple lid
- Food and organics – green lid
- Plastics, metal and paper recycling – yellow bin
- Household waste – red lid

The package will support Local Government to provide new glass recycling service by 2027 and food and garden organics service by 2030.

The Labor Government will also introduce a Container Deposit Scheme to be rolled out by 2023. The container deposit scheme will generate better quality and clearer recyclable materials to be used again across different industries.

This will be supported by a statewide education and behaviour change program to help Victorians recycle right and make better decisions for the environment and economy.

The Andrews Government's landmark reforms will be



changing the way we think about waste and recycling, through a number of important changes:

- We will be doubling funding for businesses to invest in infrastructure to sort and re-process recyclables for use in manufacturing from \$28 million to \$56 million;
- This includes \$30 million in grants to make Victoria a leader in recycling innovation;
- We will also provide \$10 million in grants to help businesses improve resource efficiency, reduce waste and increase recycling in their daily operations – saving them time and money;
- A new \$7 million Business Innovation Centre will bring together industry, universities and councils to develop new technologies and collaborate on creative solutions to waste challenges;

- For waste that can't be recycled, processors will also be able to access \$10 million for waste-to-energy initiatives, minimising the amount of rubbish being sent to landfill;
- While \$11.5 million will go towards treating hazardous waste – protecting the community from illegal chemical stockpiles.

It's important that Victorians are getting a reliable and harmonised recycling service no matter where they live. A new waste authority will be created in 2021 along with declaration of waste as an essential service to provide stronger regulation and accountability across the industry.

These changes will see Victorians, produce less waste, recycle better and provide recycling system we can all rely on.



## Jackson Taylor MP

State Member for Bayswater

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153

9738 0577 @JacksonTaylorMP Jackson Taylor MP  
[jackson.taylor@parliament.vic.gov.au](mailto:jackson.taylor@parliament.vic.gov.au) [jacksontaylor.com.au](http://jacksontaylor.com.au)

**Proudly Local**

## Hello to Montano's of Bayswater

Owners Nick and Helen Montano and family have lived locally for approximately 25 years.

Nick gained experience as a pastry chef in many places especially for a short time in Cyprus.

What did they see to entice them to open in Bayswater?

They saw the opportunity to open a Mediterranean inspired patisserie thereby bringing a different culture to the area.

Their business started in a small café and then, in 2018, they purchased the shop next door which expanded the floor space and created larger premises.

Mostly from the local area the qualified staff are able to train additional employees to meet the needs of their specialised menu – a total of fifteen.

All products are made in store.

The range of food appeals to all nationalities with cakes, biscuits, pastries, pastas, savories and bread all with a Greek or Italian influence.

Corporate Catering platters, shared boards and finger foods are on offer and are also available in house as well as a wide variety Mr. Shakes and ice-cream to tempt the younger generation.

Recently Montano's opened for dinner on Friday and Saturday and having obtained a liquor license they are serving local wines and amazing cocktails. Great steaks, pasta and tapas are only a sample of the menu for dinner or just settle for dessert and coffee!

Benefits of being in Bayswater:

With the removal of the railway crossing and more apartments being built in the area a short walk to a restaurant of this standard would be very attractive to local residents.

Montano's believe that being the only Mediterranean focused restaurant in the area, has been beneficial to their trade.

The story does not stop here as they have more exciting extensions planned!

Watch this space!



**MONTANO'S**  
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Come in & try our new summer Mediterranean dinner menu. Tapas starts from 5pm on Friday & Saturday nights.

**Dinner bookings available!**

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# BAYSWATER NEWS

## Bayswater Senior Citizens

Mountain Highway, Bayswater

by Evelyn Hodgkin

Now the hot weather has passed you may feel like getting out and joining our Club that offers friendship and lots of fun. Ongoing events continue with Bowls,

Bingo, Snooker, Movie Days, Card Playing and full day outings in a coach. We also visit the Knox Community Arts Centre and the occasional Theatre Show in Melbourne.

Don't ever let anyone tell you that Bingo is only for the oldies and rather slow. Our caller, Ethel, keeps us on our toes as she calls out the numbers in a loud and clear voice. We have excellent prizes and games are only \$2.00 a book. Plenty of raffle prizes to win as well. Our annual subscription is only \$10 and we welcome all people over 55 years to join.

Monday 18th May we will be having a singing event with songs from the 50/60s. To entice us to sing loud and clear, Chris Newman will lead the way. Starting time is

1 pm plus afternoon tea. Cost is \$15.00 and bookings necessary.

Monday, 22nd June will be another sing a long with Steven Van as our host. He

sings all our favourites, plus afternoon tea and starting at 1 pm. Cost is \$15.00 and bookings are necessary.

Monday 29th June, the Slams Entertainment Group will be singing hits from many

Stage Shows. Also starting at 1 pm this time the cost will be \$10.00 which includes afternoon tea. Bookings necessary.

Please phone Valerie 0400 581 750 for all information and bookings. You may also bring your friends and make up a table for the singing shows.

## Bayswater Makers Market

Held at the Bayswater Senior Citizens' Centre, 790 Mountain Highway, Bayswater on the fourth Saturday of the month as detailed below.

- April 4 - CANCELLED
- 2nd May (pre-Mothers Day market)
- 23rd May (our First Birthday Market)
- 27th June
- 25th July
- 22nd August
- 26th September
- 24th October
- 28th November

10am to 2pm

Free Entry. Off-street parking.

Enquiries: [bw1market@bigpond.com](mailto:bw1market@bigpond.com)

Phone Julia 9890 2546 to check if the Market has re-commenced/

## News from Bayswater Fire Brigade

The Bayswater Fire Brigade and members will be out shaking donation cans again on the 10th of April for the Royal Children's Hospital Foundation Annual Appeal. Bayswater Fire Brigade will be on the corner of Scoresby Road and Mountain Hwy from around 9 am to 2 pm collecting valuable donations to raise funds for the Children's Hospital.

This year marks the Royal Children's Hospital's 150th year.

Annually the Knox Group of Brigades – which also includes Scoresby, Boronia, Montrose, Rowville, The Basin, Ferntree Gully and Upper Ferntree Gully. Altogether we raise over \$30,000 of valuable funds for this great cause. Dig deep on this day and come

out to help the Royal Children's Hospital. You will see some of our fires in costumes and others in our formal blues uniform. Come by share a smile, drop in a coin or some notes and say hello.

Later in the year will see Bayswater Fire Brigade come out and about to fundraise towards our new Slip On replacement required to replace our current Slip On. Further information on dates and times will be shared in upcoming releases of this paper. We fundraise twice a year to raise vital funds towards equipment required for our members.



## Change Your Smoke Alarm Battery

Don't forget daylight saving ends on April the 5th 2020 at 2 am. We are urging everyone to check their smoke alarm when they change their clocks. Check the battery is new, check it's working, and, if it's more than 10 years old throw it out and get it replaced!

Also ensure you have the right smoke alarm in your house as well as in the right locations too.

Visit the CFA page on smoke alarms for more info: <https://www.cfa.vic.gov.au/plan-prepare/smoke-alarms>

### Smoke alarm tips:

Smoke alarms should be installed in bedrooms and all living areas where most fatal fires start.

- Each month test smoke alarms by pressing the test button.
- Each year vacuum all smoke alarms to clean the vents and change batteries in any 9 volt battery-operated alarms.
- After 10 years replace smoke alarms regardless of the type.
- Install a smoke alarm in all bedrooms and living areas including hallways and stairs.
- Get a smoke alarm powered by a 10-year lithium battery so you don't need to change the battery every year.
- Consider installing interconnected smoke alarms so that when any alarm activates, all smoke alarms will sound.

## Honouring Ramon Cowling from Knox City Council

### Passionate environmentalist's generous bequest becomes new bushland reserve

At 23 Stewart Street, Boronia, adjoining Old Joes Creek Reserve, is a 1.5 acre property formerly owned by long-time local resident, the late Mr Ramon Cowling.

Ramon built a house on the property in 1972 and lived there continuously until 2016. An active member of the Knox Gardens for Wildlife Program, Knox Environment Society, Friends of Old Joes Creek and Friends of Chandler Hill, Ramon dedicated countless hours to caring for the plants and other natural assets on his land.

In an interview he gave before his passing, Ramon explained that he "didn't set out to become an environmental volunteer," but that it was "a gradual process" that evolved from living on a bush block and learning to identify indigenous vegetation.

Once he had identified this important native flora, Ramon worked tirelessly to safeguard it. As well as his work supporting local environmental organisations, he personally removed thousands of weeds and planted new trees in the area.

Friends and colleagues in local environmental groups described him as energetic and dedicated, saying his drive to continue caring for the land would put many younger people to shame. Ramon himself commented that at 85, he could still "clamber up Chandler Hill," and many marvelled at his seemingly unending energy to keep returning to the same spots, walking the same routes and consistently maintaining and preserving the landscape.

This work has undoubtedly left a long-term, positive impact on the land, as is evident by its exceptional condition today.

In fact, the property is deemed a Site of Biological Significance, and is home to many local fauna such as Eastern Spinebills, King Parrots and even the occasional Yellow-tailed Black Cockatoo. It also contains one of the only known White Star Bush plants in Knox, which is a rare species in the state of Victoria.

The pristine condition of the environment and habitat on Ramon's land are testament to his years of hard work, passion and dedication and are an example of what one person can do on a local level to make a difference.

### Ramon's gift to the Knox community

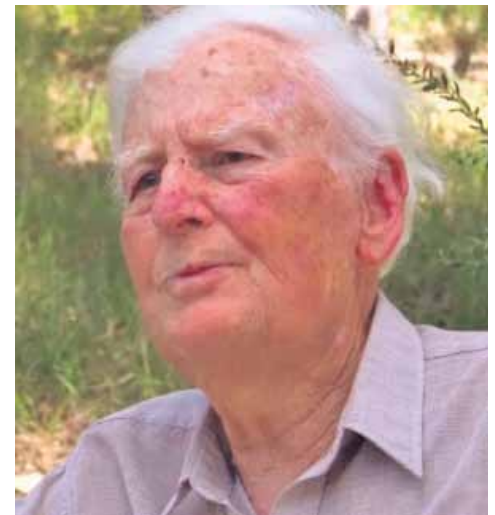
In the years before his death, Ramon contacted Knox Council with a very special message; that upon his passing, he planned to bequeath his property to Council.

This was an exceptionally generous bequest, and it came with some very specific conditions.

Ramon's wish was that the land he had preserved and cared for over 43 years would continue to receive the respect and maintenance he had given it. In particular, he expressed his wish that Council provide public access to the adjoining Old Joes Creek Reserve through his property.

In practical terms, this meant that the land would be set aside as a bushland reserve, with all buildings demolished and the property rezoned as a Conservation Zone. He also requested that a walkway be installed on the land to facilitate public access.

On 18 November 2019, which would have been Ramon's 89th birthday, Knox Councillors and Council officers joined with Ramon's friends, family and neighbours to officially open the newly-named Ramon Cowling Bushland Reserve.



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# KNOXFIELD & SCORESBY NEWS



## Knoxfield Ladies Probus Club by Beverly Bishop

Our members enjoyed an outing to the Dolphin Research Institute located at the Western Port Marina in Hastings recently. We were privileged to have the Executive Director of the Institute, Mr Jeff Weir OAM open our eyes to the unique and beautiful animals, birds and marine creatures living or visiting both Western Port and Port Phillip Bays.



We watched a colourful film created by Institute members and supporters which showed a community of common dolphins that entered Port Phillip Bay in 2006 and stayed, bottlenose dolphins and visiting whales. The most surprising content was of the colourful sea creatures sheltering in our Bays rivalling anything seen in Queensland waters. Jeff explained the work being done by "I sea I care" Ambassadors (around 6,000 over 19 years), young scientists,

schools (primary and secondary), and a wide cross section of the community, as well as staff, voluntary directors, volunteers, interns, partners and supporters. "The Institute is a Victorian leading conservation charity working to empower the community to care for our dolphins, whales and bays through research, education and leadership". We also learned of the challenges of coastal pollution, climate change, and the importance of not approaching dolphins, whales and other wildlife when on the water. If they approach you, and it is safe to do so, stop and watch. Value and appreciate our remarkable marine treasures. To learn more – [www.dolphinresearch.org.au](http://www.dolphinresearch.org.au). We then travelled to the Tyabb Packing House Antiques and the Art, Crafts & Old Wares Village where we enjoyed lunch either at the Little Pig Café or the Rattling



Red (train) Café. A wander through the displayed "treasures" resulted in purchases made which found their way to the bus storage area. Two days later the theatre group enjoyed the 1812 Theatre Ferntree Gully production of "On Golden Pond". Many laughs when "insights" into ageing were recognised. A very good night out.

The friendly, busy Knoxfield Ladies Probus Club members meet at the Wantirna Club, 350 Stud Road Wantirna at 10 am every 3rd Wednesday of the month. Your first visit is complimentary. For further details please call Jo 9752 9219 or Jan 0407 577 921.

## Scoresby Social Circle by John Giles

Scoresby 55 plus Social Circle was formed in 2014 when local Scoresby identity Val Johnson approached Councillor Nicole Seymour with a request to form a social group locally where people could meet away from hotel type situations and away from pokies and alcohol. Councillor Seymour attained the use of the Scoresby Football and Cricket Club rooms on a Thursday for the formation of the group and informal gatherings commenced in conjunction with the Rowville community kitchen who supplied morning tea for a small cost and Karen from Rowville Neighbourhood Learning Centre was appointed as a Co-ordinator and ran the gatherings.

Later on the group became a bit more independent and The Community kitchen returned to RNLC leaving the group to supply and run the morning tea/coffee meetings on their own. Val Johnson took over as coordinator with Jeanette Eisma as assistant. Jeanette later went on to coordinate the group when Val departed.

The Scoresby 55 plus Social Circle has become the regular meeting place for many local people, male and female. The purpose of the group is purely social with no agenda apart from friendship and local support. The group has fast become a Peer support group and the many members of the group have formed solid friendships during their time with the group.

Meetings are held at the Scoresby Football and Cricket Club rooms Thursday 10am to 12 noon. The small entry fee (\$4) pays for a yummy morning tea and bottomless tea/coffee.

Once a month we have a speaker come in to talk on various interesting topics and on that day we also have a dine in where we order food in from local shops and stay for lunch after the meeting. We also have days where we organise an outing and generally car pool for those that are unable to drive themselves.

If you would like to become part of our friendly group or would like more information, please ring Jeanette on 9763 2874 or John on 9778 6784.



# Kim Wells MP

Your Local State Member for Rowville

*A Strong Voice for  
Scoresby and Knoxfield*



9764 8988 [kim.wells@parliament.vic.gov.au](mailto:kim.wells@parliament.vic.gov.au) [www.kimwells.com.au](http://www.kimwells.com.au) [facebook/KimWellsMP](https://www.facebook.com/KimWellsMP)

Authorised by Kim Wells 9 Lynton Place Scoresby VIC 3179. Funded from Parliamentary Budget

# KNOXFIELD & SCORESBY NEWS

## MESSAGE FROM THE MAYOR

**Cr Nicole Seymour**

As I contemplate the month past and look forward to the weeks and months ahead, there is much to share with you from the Mayoral desk. There is no shying away from the challenges our community have shouldered over recent months. As if the bushfires were not crippling enough the Corona Virus is really testing our resilience. Rest assured, Council is well positioned to manage any immediate impacts within Knox, especially for those groups identified as being the most vulnerable. Council's Emergency Management Team are in regular contact with the Department of Health and Human Services and we are well positioned to enact our pandemic plan if needed.

Knox is a healthy community. We live in a region that has excellent air quality (the outer east is often referred to as the lungs of Melbourne) and we have ready access to fresh drinking water. Our neighbourhoods are characterized by well-treed open spaces, a natural filter. By maintaining one's personal hygiene by thoroughly washing hands, being sensible when it comes to managing coughs, runny noses and sneezing, and avoiding putting yourself in situations where the risk of exposure to the virus is high (referred

to as "social distancing") then you should be able to see this through. No need to panic buy either. Be practical and resourceful – for example: if there's no toilet paper, it's not the end of the world – someone will have a roll or two to spare or if worst comes to worst do as they did generations ago and use a cloth that can be washed. I also encourage people to be kind and considerate during this time where fear is being recklessly encouraged, especially if you know of older vulnerable residents living in your street. They may not have the same resources as you and could do with a helping hand in times like this. Finally, if you experience any symptoms, please take it seriously. Stay home and call 1800 675 398 for advice. You can also source up to date information at the following website – [www.dhhs.vic.gov.au/novelcoronavirus](http://www.dhhs.vic.gov.au/novelcoronavirus).

**Waste/Recycling:** A lot of people in the community have naturally been interested by the State Government's recent announcement regarding recycling and proposal to add a fourth bin for glass recycling. We welcome a focus on better waste management. The State policy has only just been released so the local detail of what this means for Local Government and what it looks like in terms of implementation is yet to be discussed and determined. We'll provide more information once these details are clearer. Ultimately, the most important outcome we are aiming for is the

overall reduction in waste going to landfill. And you can do your little bit right now by choosing products with limited wrappings, reuse glass containers, recycle correctly and start composting. You don't have to wait for a new bin!

Knox Green Areas & Rural Strategy – Community Input needed. We invite you to have your say on opportunities for 5 precincts that have high environmental and landscape significance in Knox -

Precinct 1 - The Basin Rural Landscape

Precinct 2a - Lysterfield Valley and Hills

Precinct 2b - Lysterfield Quarries and Surrounds (Lysterfield / Rowville)

Precinct 3 - Dandenong Creek Valley (Wantirna, Wantirna Sth, Scoresby, Rowville)

Precinct 4 - Healesville Freeway Reservation and Surrounds (Wantirna)

This is your chance to share your thoughts on various topics, including protecting the natural landscape and character, preserving areas for wildlife, land usages, economic opportunities, and connectivity. Your feedback will help Knox Council develop the Knox Green Areas and Rural Strategy, and set a long-term vision and strategic directions for each precinct. Have your say by 8 April 2020

For more information or to make a submission visit <https://knox.mysocialpinpoint.com.au/knox-green-areas-and-rural-consultation>

**Community Development Fund:** This is one of Council's major grants programs to support not-for-profit community groups in Knox. Council provides annual funding for once-off project and annual event grants to not-for-profit community groups in Knox. The aim of the CDF grants is to develop, enhance and support the involvement of community groups in activities and projects which respond to identified needs in the Knox community. Submissions Open on Monday 13 April 2020 and Close on Monday 25 May 2020. For more information visit [www.knox.vic.gov.au/grants](http://www.knox.vic.gov.au/grants)

That is all for this month. I am hopeful that we will work through the immediate health and economic challenges we face by rallying together as a community.

We are strong. We are resilient. We are Knox.

Regards,

Cr Nicole Seymour – Mayor and Tirhatuan Ward Councillor

M: 0427 245 834 E: [nicole.seymour@knox.vic.gov.au](mailto:nicole.seymour@knox.vic.gov.au)  
Facebook: @CrNicoleSeymour



## Cr Nicole SEYMOUR

Tirhatuan Ward Councillor  
Knox City Council

0427 245 834

[nicole.seymour@knox.vic.gov.au](mailto:nicole.seymour@knox.vic.gov.au)

 Cr Nicole Seymour



*Honest advocacy on Council issues important to our local neighbourhood*

Authorised by D.Wood 2 Stevens Place, Rowville

## Toy Library Gets A Revamped Look

Thanks to a Community Development Fund from the Knox City Council the Knox and District Toy Library has experienced a major revamp.

The works have been completed over six stages commencing in 2017 and finishing up in February 2020 with the installation of signage. The majority of the work was completed in October 2019 where the toy library closed for three weeks in order to finalise the bulk of the works. There is now brand new shelving right throughout the library as well a range of capital improvements such as new heating and flooring.

They say it takes a village to raise a child. In this case it takes a village of volunteers to update a toy library. Not only was the toy library supported by a Knox City Council Community Development Fund Grant we were a Stronger Communities Programme recipient and locally, Alphie Wong from Harcourts Rowville provided additional support. Ferntree Gully Rotary Club helped out at our working bees and, of course, our members have been hugely supportive as we finalised works.

We now have an inviting space where toys are easy to find. Families can come, play and stay and connect with other local families.

About the toy library:

The Knox Toy Library has been an integral community service to the families of Knox for the past 42 years. We aim to support the development of children through

play and do so by providing access to more than 2500 fun, educational and age-appropriate toys for loan at an affordable cost.

The children who use our service are predominantly aged between birth and 6 years. Our membership fees are kept low so that all children in the Knox community and surrounding areas can have access to quality toys regardless of their socioeconomic background.



# AROUND KNOX

## KNITTING GROUP

Join a friendly knitting group to produce items for the needy.

Beginners welcome.

No contribution too small.

Time: Thursdays 10am to 12 noon from 2nd April 2020.

Knox Presbyterian Church,  
358 Mountain Hwy (cnr Thaxted Pde)  
Wantirna.

**Enquiries: Christine 0467 211 356**

Basic patterns and needles available. Some wool provided but contributions are welcome.

Articles include scarves, beanies, baby blankets and children's clothes.



## Monash Freeway Upgrades Set to Start

from The Hon Alan Tudge, Federal Member for Aston.

Big upgrades will begin this month on the Monash Fwy. The upgrades, including extra lanes, will ease congestion and cut travel time for the thousands of Knox locals that use the freeway every day.

The most important improvements for Knox residents will be extra lanes between Warrigal Rd and EastLink outbound and extra lanes between Eastlink and Springvale Rd inbound. These are heavily congested parts of the road that many of you would travel on every day.

Because of the importance of these upgrades for commuters from the east and south east of Melbourne, last year I announced with the PM that the Federal Government would provide \$184 million of extra funding to get this project started sooner. This means the project is now scheduled to be finished in 2022 and will create 1,000 jobs in the process.

I know the length of time to build these projects can be frustrating, it certainly frustrates me too, but disruptions from this roadwork should be minimal. Overnight lane closures are expected throughout the construction but the freeway will remain fully open during peak times. I will continue to keep you updated on the project as it progresses.

Next on my agenda is the Dorset Road extension and duplication of Napoleon Roads. We have money locked into the federal budget for this and I am negotiating with the state transport minister over the implementation schedule. This is a big project - \$130 million all up. I will keep you informed about this one as it progresses, as I know that it is important to many of you.

As usual I will keep you updated on all our local projects through Facebook, email and letterbox.

Thanks for your patience and support as we get this project and other local projects done.



**ALAN TUDGE** MP  
Federal Member for Aston

f tudgeMP e alan.tudge.mp@aph.gov.au  
9887 3890 www.alantudge.com.au

*Real Action For Knox*







## What's been happening at the Ringwood Field Naturalists Club ?? *by Alison Rogers*

### Speakers

#### February - 'Cairns to Iron Range'. Arthur Carew

At our February meeting, we were treated to a great presentation from Arthur on 'Cairns to Iron Range'. This was based on a couple of trips that Arthur and Denise have done in recent years. The images were mainly of



*Photo by Arthur Carew*

birds that they saw on these trips, many endemic to The Top End. For those who had been to this area it brought back many good memories and for those who haven't been, will hopefully inspire them to take a journey up there.

#### March - "Australian plants as weeds". Geoff Carr

An informative presentation on those Plants that have become major weeds in our bushlands. The areas along the coast of Victoria which have Acacias, Kunzeas, Pittosporum and more, running wild and taking over these beautiful areas. Many of these plants smother the unique flora, both plants and orchids

which are local to the area. Something that we should all be aware of and help eradicate 'pest' plants which escape from gardens.

### Excursions

#### February - Arthur's Seat

Our February excursion was to Arthur's Seat on the Mornington Peninsula, led by Eleanor and Warwick. We were lucky with the weather although it was very windy in that area, meaning we did not have a good birding day. It was good to see many people, including lots of families out enjoying the bushy tracks. We were lucky to see both the Hyacinths



*Photo by Alison Rogers*

orchid *Dipodium punctatum* and the small tongue orchid *Cryptostylis leptochila* on our walks. We also saw a copperhead snake which calmly slid across the path in front of us. We stood back and watched this, not wanting to disturb it in any way.

No excursion was held in March due to the Club having a weekend away later in the month.

In coming months we look forward to hearing from more speakers on various subjects. Feel free to check out our website for more details.

### To be rescheduled:

#### April - Lindy Lumsden

"Bats: Fascinating creatures of the night"

#### May - Nick Clemann

"Declines, denial and disconnect: Victorian reptiles and frogs in a time of mass extinction"

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome.

For more details phone Alison or Peter on 9801-6946.

Check out our Website <http://www.rfnc.org.au> there is so much more to see and find out.

**Meetings cancelled until further notice.  
Keep an eye on our web page.**



## Celebrating the Foundation of Scouting

by Nicole Klep, District Leader Cub Scouts



On Sunday February 23rd, 70+ Cubs (aged 7-10 years) and Cub Leaders came together at Kilsyth Centenary Pool to celebrate Lord Robert Baden Powell's (BP) birthday on the water! BP, the founder of Scouting, was born on 22nd February 1857 in England. As a consequence of his experiences in the British Army, serving in India and Africa, BP wrote a series of books that captivated a generation of boys. In 1907, BP held the very first Scout Camp at Brownsea Island ....and thus Scouting began.

This recent morning event involved 'Round Robin' activity bases in the outdoor area. Cubs, in teams of six, brandished creative team names like Terminator, Boronia Barracudas, and Glazed Donuts. Up for grabs was the Round Robin trophy! Teams were able to earn points for sportsmanship, team work and race placing.

We had three bases that Cubs rotated through twice. Base 1 was where they learnt about water safety, the buddy system and water rescues. Base 2 featured water relay races, including coloured ball relay, 'rob the nest,' boogie board relay and lots more. Base 3 had land relay races. For example, the Cubs had to run with a cup of water which had holes in it, and try to fill up a bucket in a relay formation. In another race the Cubs had to land wet sponges into a bucket. Much laughter could be heard! The Cubs were constantly watching out for the leaders who were 'armed' with water pistols!

Congratulations go to 4th Knox Cub Pack on winning the 'Round Robin Trophy!'

1st Bayswater, 2nd/3rd Bayswater, 1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 2nd Knoxfield are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 6 to 26 years. After 26 lots of fun is to be had by becoming a leader!

If you are interested in trying Scouting go to <http://www.vicscouts.com.au/join-us.html>



# NEWS IN GOOD HEALTH & WELLBEING

## Hands on Myotherapy



Do you suffer from headaches/ migraines? Neck or shoulder pain? A Myotherapy/ Remedial Massage treatment may be just what you need.

We all lead very busy and stressful lives and that, along with poor posture and lack of movement, is the perfect combination for acute and chronic pain.

At Hands On Myotherapy we focus on reversing bad habits and correcting your posture to alleviate these aches and pains.

One of the most common problems we find in our clients is hunching, this leads to a shortening in the length of the pectoral muscles, which then leads to the shoulders being pulled forward. This posture, over an extended period of time, starts to cause a number of different problems, including headaches, migraine, neck and shoulder pain and restriction in movement. If left untreated it can be very painful and debilitating but can also lead to more serious injuries.

Myotherapy/ Remedial Massage is a great way to get to the root of the trouble and along with treatment, we also prescribe exercises, stretches and helpful tips to achieve correct posture.

Start looking after your body today, call us or book online to make appointment.



- Back and Neck Pain
- Pregnancy Massage
- Knee and Leg Pain
- Deep Tissue Massage
- Sporting/ Occupational Injuries
- Golfer/ Tennis Elbow
- Headaches
- Sciatica

**8740 3991**

Unit 10/603 Boronia Road  
Wantirna VIC 3152

Monday - Friday 9am to 7.30pm  
Saturday 8am to 1.00pm

[www.handsonmyotherapy.com.au](http://www.handsonmyotherapy.com.au)  
[enquire@handsonmyotherapy.com](mailto:enquire@handsonmyotherapy.com)

## Laughter Club News

### Using Laughter as a method to Strengthen the Immune System

Hello again and now is an excellent time to remind you that laughter is one of the most beneficial activities that you can do, particularly to safeguard yourself from viruses by strengthening your immune system. It is recommended that we laugh for 20 minutes each day, which we can easily be built into our days, making laughing a regular habit.

Just think of it, when we begin with pretending to laugh, the body responds and flows with it, giving us a boost of energy and feelings of upliftment. We are far less likely to be prone to sickness. In addition to laughing, it is highly recommended that we weed out and let go of any feelings of fear. It is well known that fear is the enemy of good health. Fear weakens the immune system and what we judge, we are very likely to attract. I think you will agree it is far nicer to live life happily and healthily, rather than in sickness and in isolation.

Laughing is possible to do alone and besides making time to watch something on YouTube or another medium that makes it readily available, there are other things that you can do.

I have a list of 10 Ways to Incorporate Laughter Into your daily life, feel free to contact me for that if you feel the need. Are you smiling right now? Does the thought or suggestion of laughter provide you with the impetus to get it happening?

In laughter clubs, we do not tell or rely on jokes, we learn to let go with laughter at the drop of a hat, it becomes easy with practice. What we do is playful, adult fun, rather like improv theatre.

Here are some suggestions for you to try and they will relate to choosing to laugh because we can, because it is good for you. (1) Smile more, genuine smiles. Greeting strangers with a smile and allowing the smiles to turn into laughter. (2) Make laughter a daily habit, finding ways that suit your lifestyle that you can incorporate into your life. Laugh when you perform

simple acts like opening a door, stopping at traffic lights, pulling up the covers on your bed. (3) Wake up laughter. Before getting out of bed, think of something you are grateful for and laugh for a few minutes. (4) Gratitude laugh. Program yourself to laugh or smile whenever you express gratitude on a daily basis. (5) Join a laughter club!

Laughter clubs really are amazing, such lovely, friendly people come along and it can be life enhancing, life changing. Since my husband John started coming 6 years ago, he has lost his quiet, serious side. Our lives are filled with much laughter and spontaneity because laughter is something that can be cultivated. Many people tell me that they do not need to come to a laughter club, they laugh a lot. Count your blessings if you are one of these happy ones, who are gifted with the ease of laughter.

I would like to leave you with a positive affirmation, which complements the laughter. I am a great believer in repeating affirmations daily, which help us to reprogram ourselves into leading a more positive, joyful and fun filled life. It is this: I am fearless and I love to laugh.


Until next time, laughter blessings. See you soon?  
Love, Lynette.

Lynette Mitchell leads the free community Ferntree Gully & Knoxfield Laughter Clubs

Phone: 0425 799 258 or John on 0425 798 115

Website: [www.laughterforliving.com.au/laughter-clubs](http://www.laughterforliving.com.au/laughter-clubs)



<p><b>Mr. Mina Williams</b> B.Pod. M.A.Pod.A. <b>Podiatrist</b></p>  <p><b>PhysioSpot</b> 1621 Ferntree Gully Road Knoxfield 3180 Telephone: 9764 9359 Facsimile: 9763 3114</p>	<p>Corns and Callus Ingrown Toenails Flat Feet Children Heel, Arch and Forefoot Pain Sporting or Occupational Injuries Diabetic and Arthritic Foot Care Veterans Affairs</p>
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# NEWS IN GOOD HEALTH & WELLBEING

## News from Wantirna Osteopathy by Dr. Tayla Robins (Osteopath)

### Footy season is now officially underway!

The footy season is long and how you look after your body after each game plays a huge role in how quickly you can recover and prepare yourself for the following week.

Hydration is Key!

Although it can be tempting to finish the game and have a beer with your team after the game, this can lead to further dehydration. Selecting water or sports drinks is the best option. Ideally, drinking 250ml or 1 cup of fluids every 15 minutes during exercise helps to prevent dehydration.

Did You know drinking flavoured milk in the first hour post match is a great addition to your recovery? Flavoured milk is high in carbohydrates and high in protein which helps us to replenish glycogen stores in the muscle and begin the muscle repair process!

Tips for the night after a game:

In order to reduce the inflammatory process within the muscles and decrease delayed onset muscle soreness jump in an ice bath after the game. It's recommended to spend approximately 11-15 minutes in the bath which is at about 11-15 degrees.

Wearing compression tights following a game helps to assist in reducing inflammation and increases lactate

removal. If possible even wear them overnight

Have a high protein and high carb meal to aid muscle repair

Ensure you get 8-10 hours sleep. While your brain is getting a well deserved rest, your muscles are busy at work recovering from the game.

The next day:

Go for a low intensity jog, bike ride or swim

Combine this light cardio with a full body stretching routine with a focus on glutes, groins, hip flexors, hamstrings and back

Throughout the EFNL season we will be running free football injury assessments on a Monday evening. Give us a call on 9800 0388 to secure your spot!



wantirna  
**osteopathy**

For the treatment of:

- Sports injuries
- Headaches
- Back and neck pain
- Joint and muscle pain

[www.wantirnaosteopathy.com.au](http://www.wantirnaosteopathy.com.au)

**NEW LOCATION**

Level 2, 171 Stud Road, Wantirna South  
(03) 9800 0388

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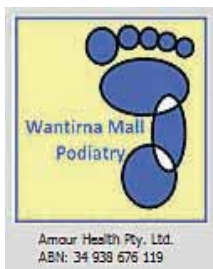
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### Wantirna Mall Podiatry

Melina Linardatos (B. Pod, MAPA)

4/322 Mountain Hwy, Wantirna

Ph: 9720 1235

Open: Tues – Fri 9am to 6pm

Sat: 9am to 1pm

[www.wantirnamallpodiatry.com](http://www.wantirnamallpodiatry.com)



Melina Linardatos

### What are corns and callosities?

Corns and callosities are additional layers of skin produced as a body defence to protect underlying tissues against friction and pressure. The presence of a centre suggests a corn has formed. If the cause of pressure is not relieved calluses and corns can become painful and even ulcerate. Common sites of corn and callus formation, including the ball of the foot, under the big toe, tips and tops of toes and between the toes.

Sometimes 'soft' corns between toes can also form.

Our Podiatrists can provide treatment to remove corns and callosities and also recommend interventions to offload and relieve pressure areas to help prevent corns and callosities from reforming by redistributing pressure on the foot with soft padding, defective appliances, specialist footwear and orthotic therapy.



## Volunteer Drivers Needed. Make a difference in the community.

**Looking for a rewarding and meaningful volunteer experience where you can give back in your spare time?**

Volunteer drivers support local seniors by:

- Providing crucial transport services
- Promoting independence & socialisation
- Supporting health and wellbeing
- Brightening the day of our clients

Find out more at [www.bridgescc.com.au](http://www.bridgescc.com.au)

Email or call: [lynm@bridgescc.com.au](mailto:lynm@bridgescc.com.au) on

9763 9700



### Enjoying Reading SWCN Community News?

#### DONATIONS WELCOME

Contact Coral via [swnewspaper2@gmail.com](mailto:swnewspaper2@gmail.com)  
or call Charles on 0407 797 666  
to find out how to support your Community News.

## Overcoming Resistance to Care by Smrity Bagga OT, Associate fellow ACHSM

Tuesday, 7 April 2020 is World Health day across the world. World Health Day's message is simple: giving people access to healthcare without the prospect of financial hardship. In Australia we are lucky to have Medicare, a publicly funded universal healthcare system for all residents.

"Having discussions about what your loved one would want if they needed assistance with dressing, bathing, meals or if they needed more medical care can be helpful to know where to begin looking for care when the needs arises," however, often parents and children avoid these conversations because they are uncomfortable.

As part of the Australian Government's continuum of care for older people in Australia, they fund the Home Care Packages program. The Home Care Packages Program provides older people who want to stay at home with access to a range of ongoing personal services, support services and clinical care that help them with their day-to-day activities.



Often, deciding to stay in their home, what to eat for lunch, or what to wear are the only decisions your loved one may make these days. Acknowledging your parents' fears regarding the future and not being able to function independently lets them know you understand the difficulty they have accepting this stage of life.

Avoid saying "You need/have to..." or "You should..." as these phrases "take control away from your parent and will likely put your mom or dad on the defensive."

Most adults fear losing independence and control. Ask your parent, "What would it be like if you had help with ...." to elicit a response that is meaningful and might lead you both to a solution.

Rather than taking control, discuss their opinions and desires and then act. "If they want to stay in their home, discuss helping them evaluate whether this is feasible instead of shutting it down." With your parent present (if possible and feasible) talk to care providers or their GP to help determine the safety of the current living situation and for recommendations on future needs.

And be patient. "This is a marathon, not a sprint," "Don't try to solve all of the problems in one conversation."

Feel free to reach out to us at Home Care Assistance, SE Melbourne, for professional carer support or just a friendly chat.

Telephone: (03) 9005 1159

## Changing the Way the World Ages

📞 90051159



Home Care  
ASSISTANCE

Let's talk about how high quality, personalised in-home care can help you or a loved one.

**Home care can keep older adults in their homes.** 9 out of 10 of seniors prefer to age in their own homes.

**Home care helps seniors stay independent longer** by providing support with activities of daily living.

**Home care is personalised to each family.** Caregivers are expertly matched and are available for a few hours every day or 24/7 live-in care.

**Home care supports advanced care needs.** Our caregivers are experienced and trained to support older adults who are:

- Transitioning home from the hospital
- Recovering from a stroke or a major medical procedure
- Managing chronic conditions such as Alzheimer's, Parkinson's or diabetes

Call today to schedule your **FREE** in-home consultation!

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[www.homecareassistance-se-melbourne.com.au](http://www.homecareassistance-se-melbourne.com.au)

**APPROVED PROVIDER  
OF HOME CARE PACKAGE**

## Balmoral: A New Lifestyle

Why choose a retirement village? For some it's location. Or facilities. Services. Low maintenance. Or new home features. But, for most, it's the promise of a thriving, social, welcoming and supportive lifestyle that is so important.

Balmoral Over 55s Lifestyle Village offers a lifestyle few can match. It boasts an active, fun and happy community in the heart of Wantirna South. Being one of the few privately owned villages in Victoria, it puts people first, and has done for over 35 years. This means that the opportunities to socialise, meet new friends and get involved at the village are encouraged and supported at all levels.

At the heart of the village the Balmoral Community Centre is always busy. Residents come together regularly for a cuppa, an activity or to share a meal. Residents embrace the over 30 activities on offer as well as events, fundraisers, market days and cocktail parties (to name a few!).

So, whether it be dining events or themed functions such as AFL lunches, Oaks Day, Australia Day BBQ, Anzac and Remembrance Day Ceremonies, the Salvation Army band, or St Patrick's Day Lunch or monthly activities such as a trivia competition, Devonshire tea, line dancing, bingo, movie afternoons, craft, crazy whist, book discussion club, speakers group, computer group or the bowls club smorgasbord dinner. Whatever your interest. Balmoral could be just the right fit for you.

To see what's on offer drop past Balmoral any time. Balmoral Village is at Ridge Road, Wantirna South. Phone 03 9800 1333



## Living Our Best Life

Loneliness and social isolation is a growing problem in our modern society. 1 in 10 or around 1.8 million Australians aged 15 and over report lacking social support and about 1 in 4 report they are currently experiencing an episode of loneliness. However research now shows that not only does this cause mental wellbeing problems but it can also be linked to physical health issues. The evidence is startling. Feeling lonely can pose a bigger risk for premature death than smoking or obesity, according to the latest research.

In the United Kingdom a concept known as Social Prescribing has been successfully used in several communities to improve the health outcomes of lonely people. It has been so successful that Social Prescribing is likely to be adopted as part of the mainstream health system.

In the City of Knox a partnership between the Community Houses Association of the Outer-eastern Suburbs, Temple Society Australia and the five Neighbourhood Houses is about to trial a version of Social Prescribing. The project, called Living our Best Life, will involve the training of volunteers to take on the roles of Signposters and Community Connectors. Sign posters will have the task of spreading the word about Social Prescribing and community activities in Knox to as many people as they can. Community Connectors will be volunteers trained to support individuals referred by Health Practitioners to join in community activities. They are likely to help them learn about their choices and provide introductions to community agencies including accompanying the participant for their first visit to ensure that they feel supported and confident.

The project will also include a Talking Café to be held each week at the Aussie Vet's Coffee Co in the Boronia Mall. This weekly event will enable people to drop in and find out about how to join in community activities and chat to volunteers about what's happening in Knox.

However due to the Corona virus situation the project will commence with a social media and newsletter campaign to showcase the activities available in the Knox community once the social distancing regulations have ended. To put included on the mailing list for the newsletter or to be linked into the social media sites please email us – [livingourbestlifeproject@gmail.com](mailto:livingourbestlifeproject@gmail.com)

At this stage the project is also seeking a small number of local Health Practitioners willing to assist in developing a simple referral system and is taking expressions of interest from potential volunteers. For more information contact one of the Knox Community Houses or email the Project Worker – [livingourbestlifeproject@gmail.com](mailto:livingourbestlifeproject@gmail.com)

[facebook.com/livingourbestlifeproject](https://facebook.com/livingourbestlifeproject)



**Be Connected**  
Every Australian online.

### Mountain District Learning Centre is a Be Connected Network Partner

Be Connected is an Australia wide initiative empowering all Australians to thrive in a digital world.

Offering online learning resources as well as a Network of community partners.

Mountain District Learning Centre offers in-person support so you can develop your digital skills and confidence.

During the Coonavirus crisis we will be available to help you out with on support taking place via Conference Call or On-line.

Sessions will take place on Thursdays from  
16th April for 4-weeks starting 1:30pm to 2:30pm

**Telephone us on 9758 7859 to book or to express  
your interest in future sessions.**

Older Australians will be able to learn the basics of going online including:

- being safe while online
- talking to or seeing family and friends who live far away more often
- finding new friends or old friends who share similar interests and hobbies
- keeping up-to-date with what's happening in their community and around the world
- shopping online, safely and securely, without leaving home.

**Mountain District Learning Centre**  
13-15 The Avenue, Ferntree Gully  
9758 7859

## History Comes Home for Chris Day

Knox resident and foundation President of Wantirna South Probus Club Chris Day recently had a very special occasion at the RSL at Cowes.

Chris's father Corp Alec Day was killed in WW2 in active service with Britain's Royal Dragoon Guards as they approached Bremen in Germany in April 1945.

His mother never received his war medals and, in recent years, Chris became aware that his Dad's story was on the internet. As a result Chris, his wife Margaret and eldest son Jason visited the Normandy Landings reunion with his dad's regiment in 2013. The Regiment was shocked to hear the family had never received his father's medals and encouraged him to apply for them from the British Defence Dept.

This proved to be a very difficult task but, following numerous amounts of contact with various areas of the Department last year Chris finally received his father's War Service records which, amongst other things, proved that the medals had not been sent to where Chris and his mother lived.

With this new information the Regiment then put pressure on senior levels of the British Government to have this situation resolved and early this year the medals were available to be sent to Australia.

The original idea was to send them to the British Embassy in Canberra to be presented but with fires around Canberra it was eventually decided to approach the RSL in Victoria to present the medals to Chris.

With Margaret and Chris both being members of Phillip Island RSL (due to having a holiday house at San Remo) the decision was made to do the presentation there so that all their family could be present.

The two sons and five grandchildren as well as great grandchildren of Alec and Betty Day were present to be part of the presentation and ensure that the memory of their family member who gave his life to protect our freedom is never forgotten.

### The presentation by Greg Mead OAM, President of the Phillip Island RSL.

Chris had been working for many years to receive his father's British War medals, medals that Chris's mother never received after the end of World War II. Chris's father, Corporal Alec Day, was killed when Chris was only two months of age just one month prior to the end of the war in Europe. Corporal Alec Day had served from the age of eighteen until he was thirty one with over three of those years in North Africa as a member of the army tank corps with National Service/Territorials where he was killed. During his service he returned home in 1937 for eighteen months and this is when he married Betty. (He was not supposed to have served overseas)

If Chris's father hadn't come back from North Africa

for few months leave Chris wouldn't be here. Chris's grandparents lost three of their six children in World War II - his dad was youngest in his family. Chris researched and searched and eventually managed to locate his father's grave in Bremen, Germany, Chris being the only member in his family to locate and pay his respects to Corporal Alec Day's last resting place.

It was only a few years ago that Britain put all war records on the internet and a family member told Chris that his father's information was on line. This led to Chris contacting and communicating with past soldiers who fought at Normandy.

Finally, Chris, who didn't know his father's history was able to obtain details of his father's service.

Even putting these details to the English Medals Dept., the Department still would not issue Chris with his

father's medals. With that Chris contacted what would have been his father's Regiment Association who, in turn, came out in support with all guns blazing. The support has been amazing from current serving majors, those now retired who still run Normandy services each year and the Museum in York, England. This is from a 400-year-old regiment which is still operational today.

Chris's father's Regiment Association was successful in getting these medals issued but wanted an official presentation enacted at the British Embassy in Canberra. With Chris undergoing cancer treatment and not being well enough to endure the drive to Canberra a decision was made to hold the presentation here.

I cannot describe how proud I am, as President of the Phillip Island RSL, to be able to, albeit 75 years belatedly, present Mr. Chris Day with his father's medals.



The family and descendants of Corporal Alec Day with son, Chris Day wearing his father's medals at the centre back.

## Busch's Weir

by Heathmont History Group



A unique feature of Dandenong Creek between Heathmond and Bayswater was that it had been privately dammed for commercial recreational use with a weir built by Hermann Busch in the 1930s.

A publication entitled "Busch's Weir" by Heathmont History Group is on sale for \$20 (plus \$5 if posted).

The publication was supported with the financial assistance of Melbourne Water.

If you are interested in purchasing a copy email Gerry Robinson at [grobinson@dodo.com.au](mailto:grobinson@dodo.com.au)

## Ambleside Museum Doll display

by Ray Peace, Knox Historian

From Ancient Rome to Barbie – that's the theme of a new display of 'Dolls Through the Ages' at 'Ambleside' museum dedicated to our most ancient 'plaything'.

Simple dolls made of cloth first appeared more than 2,000 years ago in ancient Egypt, Greece, Rome, Africa, Asia, and the Americas. However, the modern form of dolls of children and animals rather than adults first appeared in Europe in the 18th century. Dolls were made of wood, rags, bones, even ivory and wax. As manufacturing methods improved dolls became more refined: eyes that moved, realistic hair and body types, and a range of clothes for dolls.

The new display at 'Ambleside' features more than twenty dolls, some of soft material, some composite with soft bodies, pedigree walking dolls, and dolls in national costumes. And of course, there's Barbie. The display includes several early Barbie dolls, a number of Barbie's friends, and rare items such as early Barbie carry-cases.

The display is at 'Ambleside' museum and homestead, 3 Olivebank Rd, Ferntree Gully, open 1-4 pm Thurs, Fri and Sun. Details: ph. 9758 6722, or [www.khs-relics.com](http://www.khs-relics.com)



# THE ARTS IN KNOX

## News from the Australian Jazz Museum

*Proactively Collecting, Archiving and Disseminating Australian Jazz.*

### The Museum's Hill and Dale Collection

by Ken Simpson-Bull

Hill and Dale? What we are referring to are a series of 78rpm records produced by the Edison Company in America between the years 1911 and 1929. Whereas the music in the grooves of a normal 78 record causes the replay stylus to rapidly vibrate from side-to-side in order to reproduce the sound, the replay stylus of an Edison record vibrates up and down (hence hill and dale) to reproduce the sound.

Each disc is almost a quarter of an inch thick—much thicker than a conventional 78. This is so that the disc cannot warp or buckle which, on a hill-and-dale recording, would have an effect on the reproduced sound. If one of these discs is placed on a conventional record player the listener will be surprised to find that no sound issues forth from the loudspeaker.

Although normally requiring a special player, the Museum is able to play them with a specially-wired stereo cartridge. Of the many (now very rare) discs produced by the Edison company, only a few could be described as jazz and the museum is fortunate to possess twelve of such records. The sound quality is extremely good considering that most were produced in the days before electrical recording—that is, no microphones or electronics were used in their creation.

The music on the discs in the Museum's collection, mostly dating from the late 1920s, could be more described as "hot dance band" rather than jazz, even though they include some former well-known jazz players like Jimmy Dorsey and Red Nichols. Although most of the bands and the performers are now long forgotten, they include tunes like "Birth of the Blues" and "Charleston Crazy". These records represent a valuable historic and social asset to the international collection of the Jazz Museum.



#### The Australian Jazz Museum

(a nationally accredited museum)  
15 Mountain Highway, Wantina  
(Melway Reference 63, C8) is open free to the public on Tuesdays and Fridays from 10am to 3pm.

For group visits, which include refreshments and a live band performance, please ring (03) 9800 5535 or visit the website at [www.ajm.org.au](http://www.ajm.org.au)



A "hill-and-dale" record

### THE FERNTREE GULLY ARTS SOCIETY at The Hut Gallery

157 Underwood Road, Ferntree Gully

#### APRIL EXHIBITIONS

##### "THE FOUR MEDIUMS"

Oil, Watercolour, Pastel & Acrylic

An Open Exhibition

Hand in items on April 4 from 10.00am to 12.00 noon

Gallery Open from April 5 to April 26.

Weekends 11.00am to 4.00pm.

WE ARE CLOSED OVER EASTER

Formal Opening and Awards at 2pm Sunday April 19

#### MAY EXHIBITIONS

In the Gallery: "ABSTRACT ART"

A collection of exciting and colourful artworks.

In the Foyer

"Mixed Medium Workshop Exhibition"

A collection of artworks created during Monday and Thursday evening's workshops.

Weekends 11.00am to 4.00pm.

Sunday, May 3 to Sunday, May 31

ALL WELCOME, FREE ENTRY

Facebook: The Hut Gallery-Ferntree Gully Arts Society

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## Boronia VIEW Club

BORONIA VIEW CLUB meets on the 3rd Friday of each month at the Eastwood Golf Club., Liverpool Rd., Kilsyth at 11.30am. A two course meal is enjoyed at a cost of \$25.

View stands for Voice, Interests and Education of Women. It is one of Australia's leading Women's volunteer organisations and supports the education of disadvantaged children through its charitable fundraising.



Boronia View Club is always on the lookout for women who are out to improve their social life and give something back to the community.

**Due to the Corona Virus please be advised that Boronia View Club will not be meeting from now until further notice.**

Enquiries to:  
Margaret 0402488757 or Judith 9764-8602

## Wantirna Evening VIEW Club

Wantirna Evening VIEW Club is a group of friendly women who meet and enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program. We currently sponsor 5 students through the dedicated efforts of our ladies.

We raise the funds by holding raffles at our meetings, Bunning's BBQs, trips to the theatre (local and into city) or a cosy afternoon tea at a member's house.

We meet on the 1st Wednesday of the month (except in January) at The Wantirna Club, 350 Stud Road, Wantirna 3152 – 7 pm for a 7:15pm start. A lift to go upstairs is available. We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have an interesting guest speaker.

We would love new members to join – any age group most welcome. Being an evening club our meeting time is suitable for the working lady or the lady who has day time commitments.

For more information please call our President – Kate on 0421 650 684.

## News from Boronia Ladies Probus Club

Boronia Ladies Probus Club Inc. celebrated St. Valentine's day with a High Tea attended by 38 ladies, and they dined on Sandwiches, Scones jam and cream, cakes, of course starting with the usual glass of Champagne. The ladies served the High Tea on the best china from their display cabinets in their homes.

On the 16th March we went on a Trip to Tooradin, boarding a boat for morning tea and cruise, then back to Tooradin for lunch, before a short interesting trip home.

On 30th March, 20 ladies plan to attend a Fun and Friendship lunch at Eastwood Golf Club of our local Probus Association.

Please contact Hazel 9763 7110 or Zita 9764 5233 for any information about our club.



## News from Boronia Rotary by President Robert Hilliar

Our own Stephen Payne was guest speaker last week. He talked about a current project that our Club is working on; housing pods for homeless people. This is a cause that he is passionate about; and in fact our Club's project in the area was initiated by Stephen.

Councillor Peter Lockwood from Knox Council was in attendance and he was invited especially to hear Stephen's talk.

During questions, Councillor Lockwood briefly spoke about homelessness in Knox and it was obvious that he is also just as passionate as Stephen is.

Stephen's interest in this project began when he became aware of a type of Housing Pod in Wales (UK) designed to provide temporary housing for homeless people. He said these are built by an organisation called Amazing Grace Spaces, and this organisation also converts shipping containers into short-term houses, also for homeless people. Stephen said that the owners, Stewart Johnson and his wife (whose name escapes Stephen but let's call her Mary for now shall we) are both genuinely dedicated to providing assistance to people doing it tough, such as homeless people and prisoners after their release.

Stephen said that with regard to homeless people, the intent of Stewart and Mary is to provide temporary accommodation so these people have somewhere to sleep at night, which is safe and protected.

Late last year Stephen travelled to South Wales to meet with the owners of Amazing Grace - Stewart and Mary - and they wine and dined Stephen,

provided him with a USB with a copy of the plans and specifications of the Pods they are building, and have offered to sell a pod to us for their cost price of \$2, 500.

During his brief talk, Councillor Lockwood suggested that it may be possible to have assistance from Council to purchase and ship an Amazing Grace Pod to Australia.

Lance Deveson mentioned that in meeting with Knox Council staff, they have been very positive and are wanting to assist as much as they can. But there are hurdles to overcome of course. For instance, one difficulty is that these pods don't fit into any Australian building category so a way around this has to be developed.

Without doubt there are certain to be lots of little hurdles to overcome along the way and as a Club, we are intending to keep moving forward until we either succeed in having Housing Pods or something similar for homeless people to use, or we find it is no longer possible to keep going.

Also attending our meeting was Daryl Moran from the Rotary Club of Rowville-Lysterfield. Daryl - as you probably know, is to be our District Governor in 2021/2022, so it was a great night for him to attend our Club.

NOTE: At the President's meeting last Friday Daryl announced that he has almost completed visiting all Rotary Clubs in our District.

## What's On?

Event	Date & Time	Location	More Information
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**“What's on?” will be back when activities are able to resume.**



## Small Amount Credit Contracts by Janette Dyall, Financial Counsellor

You've seen the ads on TV, heard them on the radio, read about them on social media. They're fun, easy, quick and you can get what you want now. They're called Small Amount Credit Contracts (SACCs), also known as payday loans.

A SACC is defined as a loan of up to \$2000 with a repayment period of 16 days to 12 months. Lenders ask for a budget, payslips or Centrelink statement and bank statements. Lenders are required to check income and expenditure on essential items, whether you have any current SACCs and if you can afford to pay back the loan.

Instead of charging interest which reduces as you pay back the loan, you are charged flat fees:

- 20% establishment fee
- 4% monthly fee

For a 3 month loan, that's the equivalent of 128% interest.

Other fees you may incur, depending on the lender:

- If your payment is dishonoured you incur a default fee \$35-\$77
- Your bank may charge you a dishonour fee \$15
- Late payment fee \$15-\$55
- Arrears management fee \$30
- Returned payment fee \$10
- Making a payment by direct deposit \$10
- Payment by credit card 2.2% + \$5
- Returned mail fee \$15
- Asking to change your payment arrangement \$25-\$35
- Asking for another copy of the contract \$5

### Why would you take one of these loans?

The answer may be that you can't get a loan from other lenders because:

- the lender determines you can't afford the loan or
- you already have several other debts or
- you have a bad credit rating (you have already been unable to pay back a loan).

People are vulnerable when they are on low incomes or are overcommitted with other debts. They need money for essentials: rent, food, car repairs, car registration, utility bills, dental bills, school supplies, or to pay other loans. The high costs associated with SACCs may leave borrowers without the money for essentials leading them to borrow again.

They end up in a debt spiral.

### What other options are there?

The No Interest Loan Scheme (NILS) by Good Shepherd provides borrowings of up to \$1500, payable over 18 months, with no fees or interest and no credit check. It is available to those with a health care card or an income under \$45,000 (singles) or \$60,000 (couples or families).

StepUP Loans by Good Shepherd & NAB provide amounts up to \$3000 over 3 years at 5.99% interest. It has similar eligibility requirements.

Free budgeting services can show you how to manage your expenses within your income without borrowing.

### What if I have debt I can't pay?

Financial counselling is a free and confidential service which can provide you with information, support and advocacy when you are unable to pay your debts.

**CASE STUDY:** Julia is a sole parent with 4 young children. When her husband passed away she was overwhelmed with bills. She turned to a well-known SACC lender for money to pay her children's school expenses. The repayments left her without enough money for bills so she took out another loan. Soon she was borrowing to buy food. When her car broke down she borrowed \$2000 for repairs. The repayments left her bank account overdrawn, and the lender charged her fees for her failed payments. In 6 months, she amount owed grew to \$3900.

Julia contacted EACH for financial counselling. She had an appointment with a financial counsellor who listened to her story with respect and empathy and assessed her situation. The financial counsellor obtained the loan assessment documents from the lender. She had been borrowing from them every 2 months for 2 years. The lender expected Julia could support herself and her 4 children on \$1150 per month. The financial counsellor wrote to the lender and told them they had breached Australian law regarding credit. The lender cancelled the entire debt.

### Contacts:

Financial counselling

- EACH financial counselling 9871 1817
- The National Debt Helpline 1800 007 007

Budgeting

- Champion in Bayswater 0433 335 815
- CityLife in Wantirna 9871 8900

NILS

- Infolink in Boronia 9761-1325
- EACH 1300 003 224

StepUP

- Good Money in Dandenong 1300 770 550
- SECL in Springvale 9546 5255

**EACH 93 Boronia Road, Boronia**

**T: (03) 8720 2500**

**E: Janette.Dyall@each.com.au www.each.com.au**



## Knox & District Over 50s

If you are over fifty and looking for new experiences, we at Knox Over50s social club are delighted to invite you to come along and join us in the many and varied activities we undertake during the course of the year. We can promise you a very happy, friendly atmosphere in the company of like-minded individuals (and couples) who are enjoying life as much as we can.

We meet monthly from January to November and provide guest speakers, day and overnight trips, a book club, visits to Boronia Cinema, coffee mornings at the Myer Knox coffee lounge, regular lunches at different locations around Knox and morning melodies.

In April a group of our members attended the harness racing at Yarra Glen. This has become another annual

event for us and included in the entry fee were lunch, race book and tea and coffee. As always, a wonderful time was had by all – although the bookies probably did much better than most of the group.

Meetings are held on the 4th Tuesday of each month starting at 10:30 am sharp in the Boronia Progress Hall - the weatherboard building at 134 Boronia Rd. Boronia (parking available at the rear in the Library car park). Cost is a mere \$3, which covers morning tea, hall hire and also the chance of a lucky door prize. You are welcome to attend 3 meetings before deciding if you wish to join. Our annual fee is \$15, which covers all the costs of running what is a totally non-profit organization.

Our next meeting will be held on Tuesday, 28th of April. Following the business of the meeting we will have morning tea and then be addressed by our guest speaker, Chloe Jansz, Nurse Practitioner from Healthcare United.

Chloe will be speaking on how to maintain good skin integrity, how to prevent wounds and if you have another illness whether this could cause wounds to be worse. She will also cover how we can strengthen our bodies to prevent and/or manage wounds, diabetes and fluid retention. Questions will be welcome.

During the break, you could sign on for any upcoming events of interest to you and perhaps borrow a free DVD from Darryl's table.

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you are feeling a little shy just make yourself known as a "newbie" to the "greeters" at the door or any one of our friendly members, who will make you feel most welcome.

Please contact Jill for any further information on 9801 4363

## Father and Son Are Master and Apprentice

Bayswater Bowls Club staged its Annual Tournament, Masters and Apprentices on the Labour Day Public Holiday and this year, through the generosity of sponsors William Matthews Funerals and Healthguard First Aid Training Services, two complete rinks of 32 teams were bowling for \$2000 in total prize money.

To be eligible to play in the tournament a Master needs to have won either their Clubs Singles or Pairs Championship or better, and an Apprentice is a bowler who has not won the aforementioned Championships. Thus the tournament gives an opportunity for new bowlers to compete with their master against the best bowlers in the Region.

The tournament has been extremely popular since its inception in 1991, and among the entrants this year were two father and son teams; and a team with a young lady apprentice, Olivia Slade.

Represented by the two father and son combinations were a sprightly 85 year old former silver medalist from the Edmonton Commonwealth Games, John Snell and his son Mark, and at the other end of the spectrum Darren Mays from Heathmont Bowling Club and his 14 year old son, Will.

Will and Olivia are members of the Eastern Eagles Junior Development Squad where, under expert coaching, both are learning the fundamentals and skills of the sport. In fact, in her brief time in the sport Olivia has represented her State in National School Championships.

After the elimination of six Section winners, including the teams of John Snell and Olivia and her master Karen Barton from Lilydale Bowling Club, the finalists were Darren and Will and Bayswater bowlers Andy Pryor and Barry Smith.

In a gripping final played over three ends, watched on by admiring spectators, the result hinged on the final end as both teams were level on one shot. It came down to the Masters final bowls to decide the winner. Bayswater looked to have control of the end, but a slight tap on the jack gave victory to Darren and his son Will.

After the match Darren remarked that this is a day he will always cherish and that he was so proud to



Left to Right : Will Mays, Andy Pryor and Darren Mays is congratulated by Barry Smith (Bayswater) after their tournament win.

have participated with his son Will in a sport they both love to play. Darren and Will will have their names inscribed into the perpetual Master and Apprentice Honour Board and when they revisit Bayswater Bowls Club it will be a lifetime reminder of their achievement.

For too long there has been the notion that lawn bowls is for retirees and this may have been the case decades ago, but with the influx of youth like Olivia and Will the sport is rapidly changing this perception.

Bayswater Bowls Club runs Barefoot Bowls nights on Fridays commencing at 5.30pm, so if you and your siblings wish to participate, come along and just have some fun.

[www.bayswaterbowlsclub.com](http://www.bayswaterbowlsclub.com)

### Voluntary Position Vacant Sales and Marketing Assistant

Do you have a passion to be involved within any of the Local Communities of Studfield, Wantirna, Scoresby, Knoxfield or Bayswater?

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## Templeton Tennis Club News

by Don McCracken , President



### Welcome to TTC news for Easter 2020.

Our summer competitions recommenced over the weekend of the 1st February and have been completed over the weekend 14th/15th March. We had 12 of our 15 junior teams and 2 of our 5 senior teams in finals. Eight of the junior teams will play in Grand Finals subject to WDTA approval regarding the coronavirus. Our senior teams were gallant in their final losses.

The average ladder position, on which the WDTA Premier Club award is calculated, was 3.57 which placed us 6th out of all the WDTA entered teams. This was a wonderful effort from all players, coaches and support personnel.

Our end of year Family Day will be held over the weekend of 25th/26th April actual date yet to be decided and subject to coronavirus restrictions.

The next Saturday season (winter) will be upon us very shortly, commencing 2nd May. We have entered 14 junior teams over Saturday/Sunday and 6 senior teams for the ensuing season.

We have a single ladies team in Wednesday Ferntree Gully competition and the new season has just started again after the Christmas break.

We are very excited that Council have agreed to do some major works at the Club during the next 6 months and as such there will be some inconvenience between now and Christmas 2020. When complete Templeton will be a first class facility with brand new courts, court surfaces, fencing and lighting. Why not join now and be among the first to experience the changes.

Night competitions; Monday and Wednesday (social) nights are back in full swing and are progressing well. Come for a look and maybe join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call on 9800 3316.

Our coach, Kelly Bisinella, runs a highly successful coaching program at the club for all levels. Give her a ring!

Straight Sets 0414 874 482.

Check out our website, [www.templetontennis.com.au](http://www.templetontennis.com.au) for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Wantirna and Integrity Cabinets.

# SPORT NEWS



Come and join us at the family club, your club, the Templeton Tennis Club.

Templeton Tennis Club Inc.

Templeton Reserve, Templeton St  
Wantirna 3152. Melway Ref. 63 G9

Membership: Leanne 9887 1957

President: Don 0425 748 138

Coaching: Kelly 0414 874 482

Website: [www.templetontennis.com.au](http://www.templetontennis.com.au)

Email: [president@templetontennis.com.au](mailto:president@templetontennis.com.au)



## Wantirna Tennis Club News

by Alison Rogers

### Juniors

What an exciting season with 7 teams making the Grandfinal. Lots of excited faces turning up on the day.

We are pleased to say that 5 of the 7 teams who made the Grandfinal, won a premiership flag. Too many photos to put into this addition but they will certainly be hanging up in the Clubrooms.

Special thanks to Junior Convenor Jeff and offsider Fiona, along with the Junior Committee and parents for giving up their time and helping all the children have a go at this great sport.

Hopefully the next season will go ahead, but in the mean time take care and stay healthy.

### Social tennis

It is lovely to see our group of social players expanding each week. A great group of friendly players. If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down on a Tuesday morning and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground you can have a hit. Play starts at 9-30am and it is only \$2. All welcome.

### Midweek Ladies

We are always looking for new players down at the Club. If you would like to play competition give us a call. Rotating teams are available so you can have the occasional day off.

### Coaching

At Wantirna, we cater for all age groups and standards. Our Coaches Mike and Troy's (details are at the end of this article). Give them a call - all will be welcome.

For the Adults, the Coaches can guide them into Comp by starting with Cardio tennis, group coaching or 'one on one' coaching. The new 'Fast Tennis' for those that are 'time poor' is an exciting venture in the Tennis World. A new ladies and men's 'in house' night is available with something similar to be organised for men on another night.

The Coaches have group and private lessons and also squads. There is more tennis being played at school now and I'm sure if you asked your children, they would say they would like to have a go.

Contact or visit us, we have excellent facilities, including two new BBQs, covered with a recently installed shade cloth sail. We have 9 tennis courts and a Coaching area in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Club coaching team: Troy & Mike 0424693005 or email [enquires@troyandmiketennis.com](mailto:enquires@troyandmiketennis.com)

Coaching Face book: [www.facebook.com/troyandmiketennis.com](http://www.facebook.com/troyandmiketennis.com)

Wantirna Tennis Club Inc Melway Ref: 63C8

Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna

PO Box 5295 Studfield 3152

Club Secretary: Alison 0408576025 or email [wantiratennis@gmail.com](mailto:wantiratennis@gmail.com)

Web: [www.tennis.com.au/wantiratc/](http://www.tennis.com.au/wantiratc/)

WTC Face book: [www.facebook.com/.../Wantirna-Tennis-Club](http://www.facebook.com/.../Wantirna-Tennis-Club)

**Many Tennis Associations have cancelled Competition for the near future.**

**Keep an eye on our web page to see when Tennis is back into full swing.**





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# Breaking News



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## Claws'n'Paws PET SUPPLIES

### Why is Chocolate a no, no for our pets?

We've all heard by now how chocolate is toxic to our pets and how we shouldn't be giving our pets any of our family-sized block no matter how much their eyes are begging us to!

This got us thinking at Just For Pets; do pet parents know why Chocolate is fatal to dogs and sometimes cats and what alternatives there are out there?



Chocolate poisoning is a problem that occurs mainly in dogs but also occurs occasionally in cats or other animals. Chocolate contains cocoa. Cocoa contains a compound called theobromine. Theobromine is poisonous to dogs and other pets in certain dosages. It is vital not to give your pets chocolate and to guarantee they can't by chance access any of your chocolate stash over the Easter period.

Carob is a pet friendly chocolate alternative. You can still give your dog some yummy cookies

or choc-drops with a chocolate-like smell and taste, without the danger of chocolate.

Carob is naturally sweet and has a chocolatey flavour that dogs love! Rob and the team at Claws'n'Paws Kilsyth & Knox have a huge range of pet friendly carob and yoghurt treats and if your pet is a liver lover, we've got loads of liver and chew treats too!

Remember: If you suspect your dog or cat has ingested chocolate, you need to get them to a vet immediately.

## petalogue special deals

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Simparica 3 & 6 Packs



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Offers valid until April 26th 2020

## Claws'n'Paws PET SUPPLIES

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NEW STORE 530 Burwood Highway Wantirna South (Cnr High St Rd & Burwood Highway)

Ph: 8806 0697

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