

COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,
SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 72

JUNE/JULY 2021

- QUEENIE TURNS 100
- CONSTRUCTION BEGINS ON KNOX NETBALL CENTRE
- KIOSC 2021 IS BOOMING!
- AGEING IS LIVING!
- SCORESBY COMMUNITY RALLIES TO PRESERVE BENEDIKT RESERVE
- WANTIRNA HEIGHTS GIRL GUIDES GO ON CAMP

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Editorial

Hello Community News readers, We have another bumper edition for you with 28 pages chock full of news and information!

Now is a good time to say thank you to all our contributors and supporters.

We are being well supported by local politicians, including several Knox Councillors, who have been providing us with news of the many initiatives across the City of Knox. It is great to see all levels of government working together to benefit our community by investing in public infrastructure.

I would also like to thank Knox City Council who have supported us with a grant from the Community Development Fund and the local businesses and services who place advertisements, as well as the organisations who share their news.

Knox residents are lucky to have 4 community newspapers covering all Knox suburbs. Across Victoria volunteer newspapers are helping to keep people in our communities connected and we are proud to be part of this movement!

Janet on behalf of the team

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors and readers. We are grateful for funding received through the Knox Community Development Fund.



Queenie Turns 100 from Arcare Knox



Arcare Knox The Lodge resident, Queenie celebrated her milestone 100th birthday on Tuesday 13th April. The centenarian and Collingwood supporter has been a listener and caller to 3AW pretty much since 3AW adopted a talkback format.

Queenie has told the Arcare The Lodge team that she enjoys staying up late to listen and talk to her radio friend, Philip Brady on Nightline (now Remember When). Most of Melbourne would have heard Queenie calling 3AW at least once or twice, as she frequently rings in to give her opinions on the day's hot topics.

In April 2019, shortly after moving into Arcare, Queenie was gifted a brand-new radio from 3AW to ensure that she never missed a show in her new home. Much to Queenie's delight and surprise, presenters Philip Brady and Simon Owens hand-delivered the radio to her.

Queenie is the first resident at Arcare The Lodge to celebrate a milestone 100th birthday, since the residence's opening in 2015.

In honour of the momentous occasion the team went all out decorating the residence in Queenie's beloved Collingwood colours and hiring one of her favourite local singers, Frank, to perform. Members of Queenie's family including her grandchildren and daughter attended the celebrations, and much to Queenie's delight, she received an abundance of floral arrangement deliveries throughout the day from her close family and friends.

Wine and cheese platters were served throughout the afternoon as Queenie and her fellow residents sat back and enjoyed the musical performance. As per usual, Queenie was far from shy about voicing her opinion, heckling performer, Frank in all good fun to play some ABBA or 'Johnny Farnham' for her.

Queenie thanked everyone for coming and praised the Arcare Knox The Lodge team for making the residence a wonderful home for her. The Arcare Knox & The Lodge communities would like to wish Queenie a very Happy Birthday and Happy Returns.

Anzac Day Remembrance Service 2021

by Russell Hicken, Secretary - Peace & Loyalty Lodge

The ceremony commenced at 10 am on Sunday 25th April 2021 at the Knox War Memorial, Tim Neville Arboretum, 98-106 Dorset road. Near the corner of Francis Crescent and Dorset Road Ferntree Gully.

This is the anniversary of the landing at Gallipoli by members of the Australian and New Zealand Army Corps. ANZAC Day 25th April will forever be part of Australian history.

The members of the Peace and Loyalty Masonic Lodge No 261 conducted an ANZAC ceremony at the Knox War Memorial.

The Knox War Memorial records the names of all men and women service personnel from the Knox municipal area who paid the supreme sacrifice and gave their lives in conflicts in which Australia has been involved.

The members of the Peace and Loyalty Masonic Lodge conducted an ANZAC service.

The Guest speakers this year were RWBro Hurtle Lupton O.A.M a well known member of the local community and Bro Nick Wakeling M.P. Ferntree Gully's member of State Parliament.

- Floral tributes were laid by the Peace & Loyalty Lodge.
- Nick Wakeling MP
- The Mayor of Knox city council Lisa Cooper and
- Christine Anderson on behalf of Ferntree Gully Rotary

The event was well attended with over 200 members of the public and scouting associations.

NEWS IN KNOX

Anzac Day 2021

by Michael Quinn from Aussie Veterans Opportunity Op Shop

ANZAC day this year was certainly a far better commemoration of our fallen soldiers and a good day for our veterans to catch up over a few beers. What impresses me most of all is the public support for our service men and women from the community.

Last year I was extremely touched looking up and down the street as my neighbours came out onto the street for a broadcasted dawn service with a candle.

The city had extremely restricted movement and veterans standing outside the wire looking in at those who had a permit to march was a disappointment. This was purely because of poor COVID planning. What was impressive was the dawn services taking place in the suburbs and a number of RSL sub branches making the effort to have COVID plans approved and the day ran with no noticeable difference.

The local community never seems to let our veterans down which is very humbling. Not only is our shop well supported by fundraising to assist our welfare and advocacy services, they step up on the biggest day of our veteran community.

Chaplain Andrew Klein, a veteran himself, held a commemorative service at the Wantirna Village that was well attended. This was followed by a sausage sizzle ANZAC day fundraiser that resulted with a donation to Aussie Veterans of \$430.70.

The Acorn Bar and Restaurant in The Basin also ran an ANZAC day fundraiser and raised \$125.

As a group, we at Aussie Veterans feel extremely connected with our local community and value the support and appreciation they provide.



Dinsdale Ward News with Cr. Sorina Grasso

As always, it's been a busy time for me as Councillor of Dinsdale Ward as I continued to receive and follow up constituents' representations about a range of diverse issues from traffic management to tree issues to rubbish collection to Knox City Shopping Centre.

In a fitting end to Cultural Diversity Week, it was very special to join the Indian community for Holika Dahan & Hindu Food Festival 2021 at Shree Swaminarayan Temple Melbourne in Boronia. I received a beautiful welcome and introduction to the temple and to these special annual events. I was also very happy to enjoy some of the delicacies on offer. Once again it was great to see the vibrant cultural diversity we have here in Knox.

It was also great to join Jackson Taylor MP the State Member for Bayswater and Bayswater Football Club President Tara Purdy for the President's Luncheon and 1st home game at Bayswater Oval. It was also good to hear from the Coach, Captain & players as well as from Tara herself about the club's activities & plans for the year. I was impressed to hear that 2020 was used constructively by players & co- Captain to get fitter and better prepared. I was also able to see the 1sts in action vs Mooroolbark. Go Bayswater Football Club!



Bayswater Football Club President's Luncheon



Holika Dahan Hindu Festival

The Sunday before ANZAC Day I attended a very moving ANZAC Commemoration service at the Bayswater RSL and had the honour of laying a wreath on behalf of the people of Knox. I also met Noel, the President of Bayswater RSL and other RSL members and learnt more about their activities.

It was also great to present the President's Special Recognition Award at the Bayswater Park Cricket Club Presentation night to committee member Linda Bailey and Matt Lockie for their outstanding volunteer efforts. It was also great to meet Club President Brendon Trump, some of the other winners, like the very talented Court family, and to see the tremendous camaraderie and fantastic achievements of all the winners, both in the men's and women's teams. Go Sharks!

Towards the end of April, I was very happy to attend one day of the Smart Urban futures conference via Zoom. This enabled me to learn about new and innovative ways other municipalities have made their neighbourhoods more walking and cycling friendly, including case studies from Geelong, the Bass Coast Shire, the Melbourne CBD as well as parts of London.

On the 25th of April, I attended a very moving ANZAC Day dawn service at Bayswater RSL where I had the honour of laying a wreath on behalf of the people of Knox as well as meeting members of the RSL and Knox's Citizen of the Year, Chris Ellis. The most poignant part for me was when members of the public laid floral tributes for family members

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ANZAC Day Following the Dawn Service

who lost their lives serving in armed conflict, in a stark reminder that war is a terrible thing. Lest we forget.

Finally, on the 4th of May I chaired the first in person meeting of the Knox Multicultural Advisory Committee since the pandemic and presented Certificates of Appreciation to outgoing members Stephen Yin and Kate Gibson of the Eastern Community Legal Centre.



Knox Multicultural Advisory Committee Certificate Presentation to Stephen Yin with Cr. Marcia T-L



Cr Sorina Grasso
Dinsdale Ward Councillor - Knox City Council
Advocating for local jobs, prosperity & community.

cr.sorina.grasso@knox.vic.gov.au

M: 0437 853 445  CrSorinaGrasso



Jackson Taylor Update

I wanted to start off by giving you an update on a huge piece of reform that is now rolling out locally!

Back in 2018 we made a promise to roll out funded three year old kinder to every Victorian child by 2022. I'm pleased to report that next year across Knox and Maroondah, families will be able to access up to 5 hours of subsidised three year old kinder.

What's more, we'll continue to roll-out universal funded three year old kinder with up to 15 hours access for every Victorian family by 2029 thus creating 6,000 more early childhood jobs in the process.

It's all about investing in our future learners, saving you money and making it that little bit easier for parents to get back to work all the while transforming education for generations to come. Enrolments are now open!

I also wanted to quickly update you on a few other projects that have progressed and some new things:

- \$155,000 for Heathmont Bowls Club for a new synthetic green
- Officially opened the new competition grade gym and learning facilities at Heathmont College and a belated opening of the new building at Regency Park Primary!
- Architects appointed to deliver major upgrades to Bayswater Secondary (\$12.43 million) and Fairhills High (\$8.07 million)



- Construction has begun on the new Knox Regional Netball Facility with the Andrews Government kicking in \$5 million
- Announcement of targets and strategies to reduce Victoria's emissions by up to 50% by 2030 and massive investment into renewable energy
- Every local government secondary school now has a mental health practitioner in place to help those when and where they need it

BAYSWATER NEWS

On a brief personal note, as someone who's witnessed and been the victim of family violence, I was proud to recently announce \$464,000 to expand crucial early intervention services for women and children to the Knox area which will be delivered by the Eastern Community Legal Centre.

The program is a unique partnership between family violence lawyers and health services, providing a safe and confidential environment for mothers to seek help with family violence issues. If you or anyone you know needs help, please seek it.

I also wanted to provide a quick shout out to Bayswater Footy's new president Tara Purdy who is their first female President in their 125 year history and she's an amazing woman! And also, to Bayswater RSL, Boronia RSL, Boronia Rotary and Boronia K-12 for putting on beautiful ANZAC services again this year – it was an honour to attend each of your respective services to honour our fallen and those that continue to serve.

That's all for now, until next time – stay well.

You can call my office on 9738 0577, email me at Jackson.Taylor@parliament.vic.gov.au or pop in to the office at Mountain High Centre, Bayswater.

And for any further you can search 'Jackson Taylor MP' for more and to follow me on Facebook.



Jackson Taylor MP

State Member for Bayswater

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153

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|---------------|------------------|
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| • 24th July | • 23th October |
| • 28th August | • 27th November |

We have held our first market since March 2020 at the Bayswater Senior Citizens Hall. It was a great success with a constant stream of customers.

Many of our popular regulars are back including:

Geoff the Plant man, The Basin Backyard Honey, Olea Lane Olive Oil
The Joyous Baker, Feel Good candles, soaps and skincare,
Wildlife artist Jesse, as well as stalls with jewellery, cards, homewares,
glass, wood, clothing and much more.

Please email any enquiries about stall bookings to
bw1market@bigpond.com with photos please!

Contact: Julia 9890 2546



What's New At Community Pharmacy?

by Purnima,
Pharmacy Manager



Hi everyone,

We have had lots of things happening since the last edition of the Studfield News. We have raised awareness for Epilepsy by dressing up in Purple, held free Asthma.

Management clinics throughout the month of May,

and held our 'Biggest Morning Tea' to raise funds for Cancer Research.

If you have a cause that you think we can assist in raising funds or awareness for please come and speak to us to see what we can do.

Our topics of the month - Flu Vaccinations and Diabetes

Flu Vaccinations

With winter upon us if you haven't had your annual flu shot now is the time to do so. We have appointments available 7 days a week and bookings can easily be made online via the booking button on the home page of our website. For those that may also be having a COVID-19 vaccination it is important to note that there must be two weeks between the flu shot and your COVID Vaccination. For our customers that are eligible for government subsidised flu vaccinations we now have eligible stock in store.

Diabetes

At Community Pharmacy Wantirna, we have a range of services to support your Diabetes journey. As well as filling prescriptions for any medications you are on, we are an NDSS agent and provide blood glucose checks. Ask our Pharmacists about your eligibility for a free Diabetes meds check.

National Diabetes week occurs in July each year and we will be running blood glucose monitor clean and check days with free diabetes meter upgrades. Keep an eye on our Facebook or ask in store for more details.



A big thank you to our customers for their patience over the past month while we have been renovating!

We are so excited to be able to expand our services with the addition of two new private consulting rooms. One of these new rooms will be dedicated to our Naturopathy consultations with our existing room and additional new room available for vaccinations, health checks and additional access for patients to speak to their Pharmacist privately.

We have also upgraded our dispensary so our Pharmacists can be even more accessible to our customers!

If you haven't stopped by lately, we would love for you to pop in and see what we have been up to.

Remember to have a look at our website and follow us on Facebook to keep up to date with all our latest news!

Meet The Team

In this edition of the Studfield Wantirna Community News our featured team member is Sam.

About Sam

Hi, my name is Sam and I started in Pharmacy nearly 40 years ago!



Q. What made you want to have a career in Pharmacy?

I did work experience in a Pharmacy and at a hairdresser. I was offered a hairdressing apprenticeship but it was too fiddly for me and so I was offered a position in the Pharmacy. I just loved the people contact and all of the choices Pharmacy had to offer.

Q. Do you have an area of Pharmacy/Health that you are particularly passionate about?

I am really passionate about Natural Health. I also love skin care.

Q. If you weren't working in Pharmacy what would you want to be?

Many years ago I was going to dabble in Real Estate, it just never happened. Nursing was also something I considered.

Q. What do you like to do when you aren't at work?

Taking my mum out for lunch. Go out for a ride on the horses. Catch up with family and friends. I do love a glass of wine on my days off!

Q. What is the one thing I would like my customers to know about me?

We own over 100 horses; we breed Percheron and Friesians. We have a Horse Drawn Carriage business which has been operating for 35 years.

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Collier Ward Update with Cr. Marcia Timmers-Leitch



Greetings fellow Knox residents.

It has been a busy couple of months at Council working on the proposed 2021-22 Budget. We're focusing on delivering funding that will help our residents, businesses and community organisations continue rebuilding, as well as programs that are of high priority to our community - things like wellbeing, families and the environment.

You're invited to provide your thoughts on the upcoming budget. Please visit <https://haveyoursay.knox.vic.gov.au/budget> for a full copy of the budget and the process on how you can make a submission.

We have also been working on our Climate Response Plan which is due to go to Community Consultation soon. Watch out for pop up information sessions so that you can learn more and

WANTIRNA NEWS

provide your feedback on what is important to you when it comes to environment and sustainability.

I am pleased to report that Council are installing a formalized bike lane on Templeton Street Wantirna (between Raheen Avenue and the Harold Street roundabout) as part of the Wantirna Cycle Link. The work will include bike lane markings and green intersection treatments to improve driver awareness and visibility to cyclists at intersections. The green treatments, will be painted at the intersections with Raheen Avenue, Barmah Drive East, Crestdale Avenue and Marlo Street. This work is due to occur within the next month (weather permitting). Look out for the electronic signage that will advise motorists and residents of the works.

As always if you need help or information then don't hesitate to get in touch via email marcia.timmers-leitch@knox.vic.gov.au or phone 0428 162 218.

New Lighting Installed at Milpera Reserve

Milpera Reserve is all systems go with the installation of the new lights following the recent turf upgrade to the oval. Local sporting clubs can now hold evening training sessions and matches, increasing participation opportunities for all players, especially during the winter months.

New energy-efficient LED lighting has been installed across the two pitches. The specialist lighting is designed with precision focus to ensure fields are lit to Australian standards for football while removing any glare or spill into neighbouring properties.

Waverley City Soccer Club (formally Citylife FC) and Templeton Cricket Club who use Milpera Reserve are thrilled with the results.

"Being able to train during the evenings is a fantastic opportunity for our club" said Waverley City SC President Kevin Tan. "The lighting install, in addition to the new turf upgrade means that all our teams are supported from our juniors, girls teams through to our seniors"

The local neighbours are enjoying the upgrades too with requests for lights to stay on over and above sporting hours for safe after hours community recreation and dog walking that is popular at the site.

Ensuring our city has high-quality, accessible sporting facilities and infrastructure is a key focus of Council so we can continue to encourage greater and more diverse participation.

Council has delivered this \$250,000 lighting project upgrade, funded in part by a \$125,000 grant from the Victorian Government's World Game Facilities Fund. A big thank you to the Victorian Government and Jackson Taylor MP for his continued advocacy for the additional funding and support of this project.



Sean Meehan (Templeton Cricket Club), Jackson Taylor MP, Kevin Tan (Waverley City SC) and Cr Marcia

Out and About - Civics and Citizenship

Collier Ward Primary Schools are currently working on their Civics and Citizenship Inquiry Unit learning about the functions of the different levels of Government.

It has been a pleasure to be invited to talk about the roles and responsibilities of Local Government (specifically Knox City Council), the role a Local Councillor plays and even how to run your own election campaign.

The inquisitive minds of Wantirna Primary School and Regency Park Primary School certainly posed some insightful and challenging questions. It was great to see the students engaged in the topic and I am looking forward to a similar session in the upcoming weeks at St Lukes Primary School.



Cr Marcia with students from Wantirna Primary School

Your
local
voice

Marcia Timmers-Leitch

Collier Ward Councillor - Knox City Council

✉ marcia.timmers-leitch@knox.vic.gov.au

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WANTIRNA NEWS

News from Wantirna Heights Probus Club

After living with lifestyle restrictions due to COVID for such a long time, everyone who participated in our first social gathering for 2021 was happy to be able to do so.

On one Friday earlier in the year, 15 members met at Blue Lotus Water Garden Warburton Highway just past Yarra Junction. This complex consists of 14 acres of gardens, lakes, ponds and walks with thousands of flowers. We broke into smaller groups for a leisurely stroll past the various lakes and ponds. From the Claude Monet Rotunda we saw waterlilies from his famous garden in France. Also on display in nearby greenhouses were giant Amazon waterlilies, the largest species of waterlily in the world - its leaves can reach up to 1.8m in diameter – as well as Victoria Cruziana lilies, the second largest waterlily species. Its amazing flowers open white at dusk then turn pink the following night before they die.

Exhibits also featured pink Japanese Oga Lotus flowers (one of the oldest lotus flowers known to exist), Australian native waterlilies and lotus that grow in tropical areas as well as carnivorous plants that like to eat European wasps and other insects. In addition there were cream Lutea Lotus flowers, golden yellow Lotus with up to 88 petals per bloom, over 70 varieties of waterlilies with white, pale pink, deep pink, salmon and blue flowers plus a great variety of other flower beds. During our walk, we also encountered crocodiles, a red dragon for luck and giant mushrooms, butterflies, wishing well and cubby houses in the Fairy Garden. This enlightening visit finished with lunch in the Lily Pavilion.



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Have you wondered what travel agents do when there's virtually no customers queuing up?



I found my calling. Optimising my expertise and channelling my passion and energy into rescue missions. Making a difference to the lives of the individual traveller out there.

On March 20 last year, as I was driving home from work, in the car park my phone rang.

At the end of the line was Amir. He said "Miss is Australia shutting down". I told Amir I am not exactly sure, but when I get home, I will check and call him back. There was this silence, I could hear the pin drop.

Then Amir said, "if I don't get back to Australia, I'll lose my job and my family in Bangladesh depend on me. I spent many hours looking for seats, please help me." I turned around and headed back to my office. I confirmed to Amir that our international borders will be closed at 9.00pm the following day to all non-residents.

Amir is an engineer and he knew, if he caught the next flight, he will not beat the ban. The flight from Bangladesh to Melbourne was at least 15 hours.

What do you think the solution was?

Enter the travel agent extraordinaire!

Well, intuition is the faculty that I cherish. And I am attuned to. Amir hung on to every word I said. He knew he had no option but to follow my instructions. To take advantage of the time zone, he had to get on the next flight and get a connection into Perth. He headed for the airport while I scrounge for one seat.

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WANTIRNA NEWS

Girl Guides Go On Camp

By Rebecca Whitehead, Leader,
2nd Wantirna Heights Girl Guides

Recently Wantirna Heights Girl Guides went away for an action packed weekend in the Yarra Valley.

The 12 Girl Guides aged between 11 and 15 years along with volunteer adults returned to something they love - camping in tents in the bush.

Girl Guides are courageous, creative, caring, smart, determined and daring. All of these traits were on display through the possum flyer which saw the Girl Guides "fly" into the air – a truly adventurous activity, games and puzzles as a smaller group, developing their orienteering skills, exploring their personal beliefs and building real lasting face to face friendships with each other.

For all of us it was quality time outside away from screens, for others this was an opportunity to develop their leadership skills with a group of peers. The Guides were involved in all stages of planning the program and menu which included pancakes and hamburgers, all cooking outdoors and camp duties, badge work and the very important campfire. Camp was filled with fun, adventure and most importantly, laughter and friendship.

Girl Guides are for Girls 6-18 and meet weekly throughout City of Knox. You can try 3 nights for FREE! For more information please visit <https://www.guidesvic.org.au/be-a-guide/>



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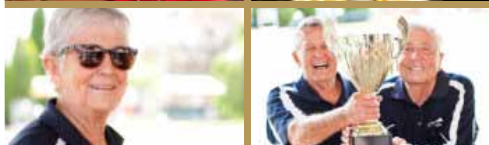


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Balmoral Village, Ridge Road Wantirna South 3152. www.balmoralvillage.com.au

Balmoral
OVER 55 LIFESTYLE VILLAGE

Residents Say 'Thank You' from Balmoral Village

Balmoral Over 55s Lifestyle Village is a unique place. An incredible, vibrant, thoughtful, engaged and happy resident community. And one that is supported by a dedicated and committed village staff. At Balmoral, we go above and beyond!

This was never more evident than when faced with the unprecedented challenges of 2020. As a village, we united, looked after one another, helped our fellow neighbours and thrived in what was a difficult environment. Residents felt supported, at ease and grateful to be part of the Balmoral community.

And they wanted to convey their enormous thanks to the village staff.

So, on a sunny Monday morning, to the surprise of our staff team, they were greeted by the entire

resident community, lining the roads, streets and cul-de-sacs of Balmoral in a unified and emotional outflow of thank you. Residents waved flags, held home-made signs, cheered and clapped, as each staff member was driven in special convertible cars (arranged by residents) around the village. It was a very special, touching and poignant experience for all with not a dry eye in the house!

As village manager, Helen Sargent, wrote to residents after the event: "What a wonderful surprise this extremely kind and thoughtful gesture was. I think it's safe to say it's a career highlight for all of us! Thank you!"



Construction begins on big and better Knox Netball Centre from Alan Tudge MP, Federal Member for Aston

The much-awaited improvements to the Knox Regional Netball Centre are now underway!

The centre in Ferntree Gully which is home to netball clubs from across Knox will undergo a massive transformation over the next year with improvements including two additional indoor courts, 180 extra car parks, seating for up to an extra 300 spectators and a facelift for the whole centre.

During the season, the centre hosts over 6,000 people every week and is a huge part of our community's life.

As many of you would be aware, this was an election commitment of mine and it's great to see construction start.

I helped secure \$4 million of federal funding to help kickstart these much-needed upgrades and Knox Council and the state government have agreed to provide the rest with the Council managing the construction.

I expect construction to be set to be complete in early-2022.

This project was possible, in no small part, to the many people that signed my petition, wrote letters, made phone calls, and sent emails in support of this project. Thank you to each and every one of you.

This is just one of many projects I am working to deliver in Knox. I will always fight for better local sports facilities, because I believe they benefit the entire community.

Community sport is truly the lifeblood of our community. Our clubs provide their members with more than just sport. They are places of belonging, purpose, and friendship. They help keep people active and engaged and keep kids off the street and mentored by older people.

2020 was particularly hard for the many in our community who couldn't play sport and engage with their sporting communities. After such a difficult year, it's sensational to see our clubs running again.

As usual I will keep you updated on all our local projects through Facebook, email and letterbox.



Alan Tudge MP, Federal Member for Aston with Netballers in Knox



ALAN TUDGE MP

Federal Member for Aston

f tudgeMP e alan.tudge.mp@aph.gov.au
 9887 3890 www.alantudge.com.au

Real Action For Knox



Together Again for ANZAC Day

This year it was a particular joy to see some of our local ANZAC Day services return as Victoria's recovery from the COVID-19 pandemic continues.

The importance of us coming together at these services is an aspect of ANZAC day many of us (including myself) did not fully appreciate until COVID-19 restrictions prevented this last year.

It is in this coming together that we can all commemorate and share in the strength many of our Diggers found in each other. This mateship is a defining characteristic of our Diggers and now, of our nation.

It is my sincere hope that Australians continue to mark ANZAC Day with deep reverence and that the courage and camaraderie of our Diggers continue to define us as a nation.

Volunteers Providing Critical Support

In our community you don't need to look far to find examples of outstanding service. This month I was particularly pleased to pay a visit to CityLife Community Care which has been quietly providing critical support to our community.

Among the many services provided by CityLife Community Care are:

- Women Connect: a social group for women to share and learn at their own pace
- Blokes side by side: a connection group for men of all ages
- Community meals: a program for anyone struggling financially



- Food parcels: a program for anyone in need of food relief
- Information, advocacy, and referral services: for when you need support and direction
- Cash4Me: a program to help couples and individuals better manage their money
- Employment coaching: includes resume writing and interview skills tutoring
- Counselling: affordable and confidential support from experienced counsellors and psychologists

I thank the many volunteers at CityLife Community Care for their vital contribution to our community.

To learn more about CityLife Community Care visit their website at www.citylife.care or give them a call on 03 9871 8900.

OUT AND ABOUT

with Nick Wakeling MP, Member for Ferntree Gully



Recognising Service To Our Community

Recently, I had the great pleasure of joining the Outer Eastern Melbourne Sub-Branch of the Vietnam Veterans Association (OEMVVA) at their Annual General Meeting and to recognise volunteers with a Victoria Day Award.

The Victoria Day Awards recognise the outstanding service of members of our community. These awards are a fantastic way for us all to not only recognise, congratulate, and thank those who have made such significant contributions to our community, but also to define, encourage and reinforce our local aspirations and values.



Each year, an investiture ceremony is held on Victoria Day (1 July 2021) where award recipients are presented with these awards. While this ceremony could not take place in 2020 due to COVID-19 restrictions, it is my sincere hope that this important event will be able to proceed this year.

Nominations for the 2021 Victoria Day Awards are now open, with the deadline for nominations being Friday 11 June 2021. Nomination forms have gone out to community groups and are also available at my office (Unit 4, 91 Dorset Road, Ferntree Gully) for those who would like to nominate a member of their group.

I encourage all community groups within Knox to nominate a valued member of their organisation for these awards.

**Working hard for
our local community**

Unit 4, 91 Dorset Road, Ferntree Gully 3156 | P: 9758 6011

✉ nick.wakeling@parliament.vic.gov.au www.nickwakeling.com.au

Funded from Parliament's Electorate Office and Communications Budget.

**Nick
Wakeling** MP

STATE MEMBER FOR FERNTREE GULLY



WHAT'S COOL AT SCHOOL?

Students Learning Today for Tomorrow's World

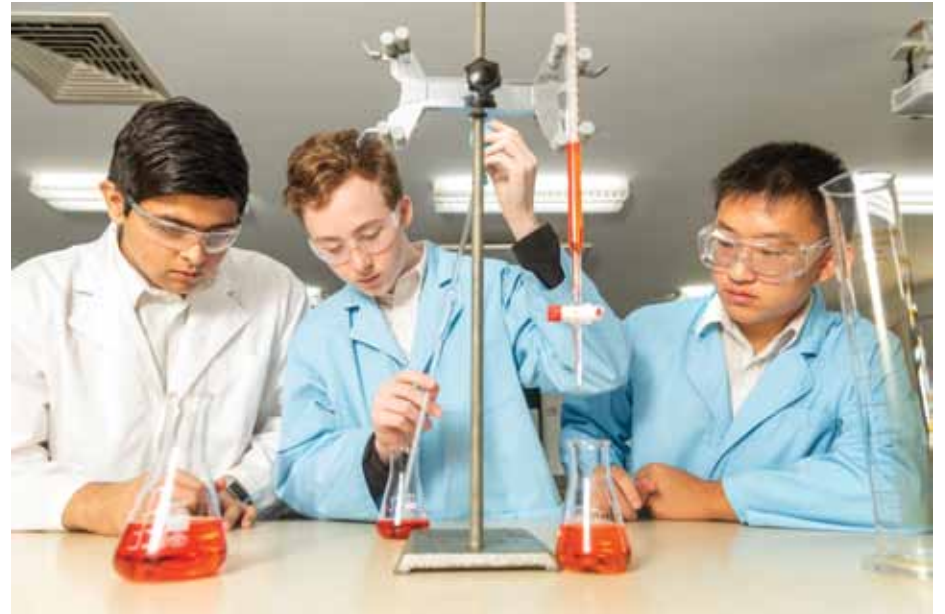
The World of work is changing. According to the World Economic Forum 65% of children entering school today will enter employment in jobs that do not yet exist. Scoresby Secondary College is leading the way in preparing our students for their futures through co-designed learning projects with business and industry.

Through the development of genuine partnerships, Scoresby Secondary College is providing authentic learning experiences for students that have increased student engagement, confidence, skills and aspirations. Thermo-Fisher Scientific is a major global company who have been in partnership with Scoresby Secondary College now for three years. They are Australia's leader in science innovation, providing solutions to make Australia a safer, cleaner and more sustainable environment and have been at the forefront in research and development to help resolve the current pandemic. Located locally in Caribbean Industry Estate the school business partnership means students have multiple opportunities for gaining skills and knowledge sought by employer which is now being translated into providing employment and further training opportunities. What better experience for students pursuing careers in science than working side by side on projects or for prospective students and families at the College's recent Open Night hearing about the new and emerging innovations to resolve the pandemic.

Teachers and students also co-design tasks with their other partners, Rotary Club of Knox, Building Better Australians, Knox City Council, KIOSC, University of Melbourne and the Australian Business Community Network. Scoresby Secondary College students have opportunities to develop lateral thinking and

use self-direction to become adept problem-solvers. The students are highly motivated throughout the projects, increasing their creativity and communication and transferring these skills across other areas.

By approaching subjects from a different or unexpected angle our teachers are allowing students to develop crucial new skills in preparation for the new Victorian Senior Secondary Certificate commencing in 2023, tertiary studies and employment.



KIOSC 2021 is Booming!!!

We had a great year last year moving to an online platform and now we have been able to offer a bigger variety of programs to our local Knox Students and also Victorian Students.

The Knox Innovation and Opportunity Centre is located at Swinburne University that delivers STEM education to generate student's curiosity to identify and solve problems using innovate technologies. KIOSC is an asset to the local schools that consists of many state of the art technologies and highly qualified team to support students.

Partner Schools

KIOSC collaborates with the six partner schools Rowville Secondary College, Wantirna College, Scoresby Secondary College, Fairhills High School, Bayswater Secondary College and Boronia K-12 to provide an authentic experience that enhances their school study area and assist them to identify career paths and higher education.

Schools work with KIOSC staff to shape the curriculum and create a different learning experience for the students. Experiences this year have been:

- Mission to Mars
- Emergency technology
- Water
- Energy and Geohazards and more.....

STEM4ORCE

STEM4ORCE is an afterschool STEM club for learners aged 7-14. These students have been Discovering Evidence looking into the past using Virtual Reality to study dinosaurs, solving crime scenes and exploring the health of our ecosystem. All activities are fully haptic and immersive and the learners are having a great time.

Students are moving on to engage with Robotics, 3D Design and Printing and Virtual Reality.

WASPS

Wantirna South Primary School students also have started attending KIOSC after COVID once a week to explore science concepts. They have already experienced the world of Water looking at macro-invertebrates in the local Swinburne Ponds and analyzing water samples. Their unit, this term, focuses on Sustainability and will have further experiences in Science and Technology.



**Working hard for
our local community**

Unit 4, 91 Dorset Road, Ferntree Gully 3156 | P: 9758 6011

✉ nick.wakeling@parliament.vic.gov.au www.nickwakeling.com.au

Funded from Parliament's Electorate Office and Communications Budget.

**Nick
Wakeling** MP

STATE MEMBER FOR FERNTREE GULLY





What's new at Your Library

by Karla Simon

LIBRARY NEWS

Winter Warmers

Enjoy a great selection of the latest books and DVDs at Your Library. To place free reservations on any of these titles, visit our website www.yourlibrary.com.au/catalogue.

Top Reads

- Northern spy : a novel by Berry Flynn
- Second first impressions by Sally Thorne
- Love objects by Emily Maguire
- The first person singular : stories / Haruki Murakami ; translated from the Japanese by Philip Gabriel
- A million things by Emily Spurr
- House of Hollow by Krystal Sutherland
- The ripping tree by Nikki Gemmell
- You need to know by Nicola Moriarty
- The prison healer by Lynette Noni, [maps by Francesca Baerald]
- The truth about her by Jacqueline Maley

New DVDs

- The 100. The seventh and final season
- All my life
- Brave new world (season 1)
- Doctor Who. Revolution of the Daleks
- The dry
- Let him go
- Misbehavior
- Never too late
- Us
- The witches

Events at Your Library

Events are back at Your Library and there's something for everyone! Below is just a sample of what's coming up soon.

To book into any of these events call 1300 737 277 or book on our website events.yourlibrary.com.au. All events follow strict COVID Safe guidelines.

Meet And Greet Ann Reardon, YouTube Star and Author Of 'Crazy Sweet Creations'

1:00 - 3:00 PM SATURDAY 19TH JUNE

Free | Bookings essential | Realm Library

Ann Reardon is the creator and host of 'How To Cook That', the international online baking series sensation. A pastry chef and certified food scientist and dietician, Ann's unique, wildly-creative desserts have amassed a legion of 5 million fans across the globe.

Her first cookbook, 'Crazy Sweet Creations', has skyrocketed to the top of the best-sellers lists in the USA, UK, Germany and Australia. Released by Mango Publishing, the cookbook beautifully captures Ann's warmth, creativity and superb culinary skills as she unveils the science behind baking.

Meet Ann in person at this special event to celebrate the launch of 'Crazy Sweet Creations'. Sales and signing provided by Dymocks Eastland.

Boronia Grows presents Worm Farming with Chooktopia

2:00 - 3:00 PM FRIDAY 25TH JUNE

Free | Bookings essential | Boronia Library

Join Ella from Chooktopia for this informative talk on Worm farms and eco-products for the home and garden.

Card Making with The Basin Community House

2:00 - 3:00 PM FRIDAY 2nd JULY

Free | Bookings essential | Boronia Library

Join the Tutors from Basin Community House for a fun card making workshop.

Featured Technology workshops:

Keeping Connected

Bayswater Library

2:00 - 3:00 PM WEDNESDAY 2ND JUNE

Lilydale Library

2:00 - 3:00 PM TUESDAY 15TH JUNE

Free | Bookings essential

Use video calling apps to stay in touch with friends and loved ones! We will discuss available platforms including Zoom, Skype, Facetime, Teams Google Meet and Messenger.

Video streaming

Rowville Library

6 - 6:45 PM THURSDAY 3RD JUNE

Free | Bookings essential

Discover some of the most popular video streaming platforms in the world. We will discuss different options available and how to find what you want. Streaming options will include: • Netflix • Stan • Kanopy • Disney Plus • Binge • Amazon Prime • Kayo • Freeview • YouTube • Catch up free to air TV. We'll also explain how to use these services on your Smart TV or using casting devices, to enjoy the ultimate entertainment experience in the comfort of your own home!

Discover your digital library:

Mango Languages

10:00 - 11:00 AM FRIDAY 23RD JULY

Free | Bookings essential | Rowville Library

Discover your Digital Library is a monthly workshop that looks at all the fantastic free resources available through your local library. This month we will be looking at Mango Languages.

Learn a language with Mango Languages! Choose from over 70 different languages and learn through practical, real world conversations whilst gaining insights with cultural notes. Bring along any device you wish to access Mango Languages.

Staff Pick

Sad Mum Lady - by Ashe Davenport

I laughed my way through the entirety and got a bit emotional at times too, even teary in public! This book is the real deal: candid. I feel like Ashe is a bestie now; she thoroughly confided in me about her experiences, her family and the inner workings of her mind – I so strongly related. As a parent of two children that have long since attended the pre-school era, I was drawn back into the world that is regarded externally as on the top shelf of cherishable times of life. However, when you are the virginal main caregiver of tiny human/s, spearheading your way through that reality, it can feel like your identity dissolves into the abyss (partly sleep-deprivation induced).

A wonderful way to remind yourself that you are allowed to feel what you are feeling and it is below top shelf a lot of the time! Help is absolutely necessary even if you find it excruciatingly painful to ask, and ultimately, you are not alone. A parenting memoir to boot. 5/5



SHAUN LEANE MP

MEMBER FOR EASTERN METROPOLITAN REGION

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EMAIL: SHAUN.LEANE@PARLIAMENT.VIC.GOV.AU

WEBSITE: WWW.SHAUNLEANEMP.COM.AU

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.

Latest Updates

In order to protect visitors and volunteers during the Covid pandemic, the Jazz Museum still remains closed and has been since March last year. However, fortunately it has still been possible to carry out a number of activities during this period. For example, the quarterly AJM magazine has continued to be produced with the magazine committee working from home. However, for the time-being, only electronic copies are being created and distributed to members via email.

Membership applications and renewals have also continued without interruption. Please visit the website if you'd like to become a member. As well as the magazine, members receive a free CD annually of rare Australian Jazz, and the 2021 issue has been produced from home and is being distributed by mail. In addition, production is almost complete of a new Double-CD of the well-known mainstream group "Storyville Jazzmen" featuring their complete recorded output from 1970 to 1972. These tracks, originally released on LP, can now be heard, fully restored for the first time on CD. This and many other

by Ken Simpson-Bull

rare jazz CDs may be purchased from the Museum's on-line shop which is still operating as normal.

Another continuing task is the updating of the Museum's database to a new world-class collections management system called EMu. The search facility is accessible via the Museum's website. Further upgrades to the Museum's IT capabilities are also progressing successfully.

Now that Covid vaccinations are proceeding throughout the community, the Museum's management and volunteer staff hope that it will not be too long before public access and group visits can resume.

The Australian Jazz Museum

(nationally accredited)

15 Mountain Highway, Wantirna will again be open free to the public as soon as it becomes safe to do so. Resumption of group visits will be advised. Enquiries: 0412 073 702 or visit the interesting web site at www.ajm.org.au

australian
jazz museum



AJM's latest Double-CD, soon to be available.

THE FERNTREE GULLY ARTS SOCIETY

at

THE HUT GALLERY

157 Underwood Rd, Ferntree Gully

JUNE EXHIBITION

"YOUNG @ ART"

An exciting exhibition displaying the talent and creativity of the young people living in Knox and surrounding areas.

Weekends 11am- 4pm

From Sunday the 6th to the 27th of June.

The Gallery is closed 12th and 13th over the Queen's Birthday weekend

OFFICIAL OPENING & PRESENTATION

2PM Sunday 20th June.

Drop in and be amazed by their incredible talent

ALL WELCOME FREE ENTRY

JULY EXHIBITIONS

"PRINT AND DRAWING"

Open Weekends 11am-4pm

From Sunday the 4th of July - 25th July.

OFFICIAL OPENING & PRESENTATION

Sunday 11th July at 2pm

Call in and have a look at this exciting collection of Printings and Drawings.

You may even be inspired to join one of the workshops.

COME ALONG, ALL WELCOME, FREE ENTRY.

Check our Website: thehutgallery.wordpress.com/

Or Facebook: The Hut Gallery Ferntree Gully Arts

"Bombs and Barbed Wire" to Hit Bookshops in July

'You could have knocked me down with a feather!' says Jeff Steel, an author living in Wantirna. It all started when a friend asked me to research his father in World War Two.

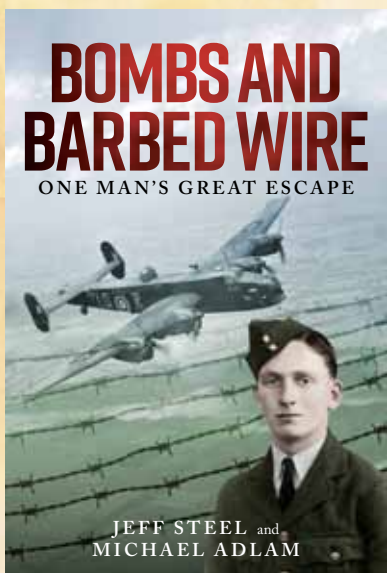
A letter, which his dad had written, revealed something of which his dad had never spoken. It placed him in Stalag Luft III and specifically on the day when the Great Escape happened. A project researching family history exploded into a book for publication.

'Would your dad have been involved in it?' Jeff asked his friend. 'No doubt whatsoever, he was that kind of guy.' 'What role could he have played?'

That was where it became interesting. Eliminating most of the support jobs in the Great Escape - which involved 600 men - it was possible to map out the jobs his father had done; the challenges he had faced and even the people he had known. It became a story of very ordinary men who were faced with extraordinary circumstances and became extraordinary, themselves.

By a staggering coincidence a work colleague of Jeff's had a father who was a high profile prisoner in Stalag Luft III. He had a top secret role which would have had him shot had the Germans known his activities. Putting this book together just got better and better!

The book is 'Bombs and Barbed Wire' published by Big Sky Publishing and hits the bookshops in July.



KNOXFIELD & SCORESBY NEWS



Knoxfield Ladies Probus Club By Leonie Taylor

Our AGM was held on 17TH March and a committee was formed with a few new members and returning members who do such a wonderful job. It's an honour and fun to be on the committee, and it's exciting to get new members with new ideas and we all enjoy the "team spirit" collaborating together.

Club meeting held on 21st April had a very good attendance and after business we all enjoyed a Postie Party. There was a wide range of clothing for winter and some beautiful knitwear. Our Postie hostess showed us how to blend pieces and add an accessory to complement the outfit. I loved mostly all of the fashions and colors but tried to restrain myself, but just had to get some knitwear! We all had fun and sales were good.

Our "day out" on 28th April was lunch at Knox Tavern. Around 28 ladies enjoyed their midday meal with plenty of chatter and laughter. Some ladies then went on to visit some unique local stores for a look and bit of shopping. It was a very enjoyable day catching up with members and friends.

Sunday Brunch was on 2nd May at Tosario's Restaurant in Rowville.

It was an early day for members who attended and I believe a favourite brunch option is their Smashed Avocado.....yes, sounds delicious!

More fun filled "days out" and adventures are being planned for the next few months so I will keep you all informed. New members are always welcome to join us. Please call Jo on 0414 914 091 for any information or details.



Volunteers Needed!

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When you are doing good for others you will experience a **Helpers High!**

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Want to support our Seniors?

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- Do you like walking dogs?
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- Choose the activity that interests you
- Make new friends

Ring us on 0476 470 030 for more information or email lynm@bridgescc.com.au.

Friberg Ward News

with Cr. Susan Laukens

Exciting news!!

Carrington Park Multipurpose Community facility is being extended and refurbished. Renovations to the building are due to commence in May 2021 and are expected to be completed by October 2021

This well-loved facility was previously known as the Carrington Park Senior citizen Centre and is the proud home to the Knoxfield 55 Plus Club Inc, Bridges Wood work group and Bridges for its socialization groups. The upgrades include a new entry foyer, activity spaces and amenities. The paved external forecourt between the multipurpose building and Leisure center will be upgraded and a new turning circle with bus drop off and pick up area will be constructed. This is a milestone moment for Carrington Park that will ensure that this well-loved and fully utilised community hub is fit for purpose now and for future generations to come.

Proposed extended Kinder service for Knox

In light of the Victorian Governments announcement of 15 hours of funded 3 year old kinder for children by 2029, Council made an in principle decision in May 2020 to deliver 5 hours of 3 year old kindergarten to compliment the 4 year old kindergarten service currently provided to families over the past 40 years.

Previously only 4 year old kindergarten services received funding. 3 year old sessions are currently funded by parents which can be prohibitive for some families.

The provision of funded 3 year old kinder due to the Government's announcement will require diligent analysis to understand any potential financial ramifications for ratepayers and any impact this will have on our current early years infrastructure requirements to deliver the 2 years of universal kinder for our community in a financially sustainable way now and for future generations.

Knox is one of only a handful of councils that are direct service providers of kindergarten for 4 year olds and we currently have 32 dedicated kindergartens located around the municipality.

This means that, unlike other Councils, Knox is not only the Municipal planner charged with ensuring that the health and wellbeing of residents of all ages is met and that the infrastructure in Knox is available and fit for purpose, but also the Service provider.

I look forward to the challenge ahead to ensure that we continue to deliver high quality services to for all.

For more information please visit <https://www.knox.vic.gov.au/keysonline#BM28431>

KNOX
your city

Exciting upgrades to Carrington Park

Knox Council is currently planning to carry out several projects in 2021 in order to improve the access and amenity of Carrington Park for the user groups, local residents and the wider community.



knox.vic.gov.au



Proposed Works

- 1 Proposed turning circle
- 2 Proposed extension of Senior Citizens, proposed forecourt of Leisure Centre and proposed seniors exercise area
- 3 Proposed playground
- 4 Proposed Cricket Nets
- 5 Existing playground to be demolished
- 6 Existing Cricket Net to be demolished



Cr. Susan Laukens

KNOX CITY COUNCIL FRIBERG WARD COUNCILLOR • PUTTING OUR COMMUNITY FIRST

LET ME KNOW WHAT MATTERS TO YOU

Call or text on 0437 882 913,

email me at cr.susan.laukens@knox.vic.gov.au or visit www.susanlaukensforknox.com.au

SusanLaukensforKnox



KNOXFIELD & SCORESBY NEWS



NEWS FROM THE MAYOR

Cr Lisa Cooper

opportunity and innovation; neighbourhoods, housing and infrastructure; the natural environment and sustainability; connection, resilience and wellbeing; and civic engagement and integrity.

Throughout this process we're keeping the lines of communication open and making sure you have regular opportunities to have your say on these blueprints for the future.

Our Chief Executive Officer, Tony Doyle has decided to hand over to a new CEO who will be in a position to make a longer term commitment to the goals and aspirations of Council.

I'd like to acknowledge Tony's contribution to steering our organisation through unprecedented and challenging times.

During Tony's tenure Council has focused on technology investment and transformation while pursuing a strong capital works program. He has been a particularly strong leader on issues of gender and diversity and has been a steadfast ally to women and the LGBTIQ+ community in Knox.

On behalf of Council I thank Tony for his service. Recruitment is underway for his successor and I am



Tony Doyle

confident that Knox's future will remain in good hands as we start this next important chapter.

The proposed 2021-22 Budget is the first instalment in Council's contribution to achieving our community's vision. It lays the foundation for our aspirations by providing funding for key priorities such as building and maintaining community facilities, responding to climate change and supporting community health and wellbeing.

I think we've achieved the right balance between investing in the Knox of the future and continuing to support a community still feeling the economic and social aftershocks of COVID-19.

You can read more about our budget and the work we are doing in some of these key areas in the upcoming edition of Knox News and Council's website.

Over the past six months we asked you how we can work with you to make Knox a great place now and into the future.

With your help we are getting a better understanding of the collective aspirations of our community and the issues that matter most to us. These insights will shape the work this Council prioritises over its four-year term.

Based on your feedback we drafted several vision statements and put them to your vote. The statement that received almost half of all votes was:

Knox: where we connect with our people and environment, ensuring they are safe, supported and have every opportunity to thrive.

Five key directions have emerged from what you've told us is important to you. These tackle

Hello from Cr Cooper!

by Mayor Lisa Cooper,
Councillor for Scott Ward Knox City Council

Riding for the Disabled Association of Victoria

It was such a privilege to attend RDA's Grand Opening here in the Scott Ward of Knox, along with Shaun Leane MP and Parks Victoria.

RDA Knox are extremely worthy recipients of the State Government's "Pick My Project" Grant receiving \$197,500!

This is a project which has been in the making for more than 5 years and, thanks to the countless hours of so many dedicated volunteers, RDA now has a home in Knox. Congratulations RDA Knox!

The RDA program's focus is on social, physical and behavioural outcomes.

The social aspect of the RDA program gives participants, volunteers and parents a chance to socialise, connect and make friends. This gives all who are involved a boost of wellbeing, connectedness and shared experiences. This can



Cr. Marcia Timmers-Leitch, Mayor Lisa Cooper,
Cr. Susan Laukens and Cr. Megan Baker

be a lifeline for people with a disability who can be isolated and lonely due to restrictions in participation.

The movement of a horse strengthens muscles; in many cases, riding has led to improved mobility, balance and posture.

RDA Victoria is currently undertaking a research

project with La Trobe University to look at the effects of the RDA program on people who have behavioural concerns. Parents, carers and teachers say that the program improves concentration, communication and restfulness. For more information: <https://www.rdav.asn.au/>

Although not located in the heart of the Scott Ward, I am very pleased to announce that works at the Knox Regional Netball Centre commenced on the 12th April!

This important sporting facility caters for up to 6,000 netball players each week and many of whom reside in our lovely Scott Ward of Knox.

The redevelopment will build a new stadium and two new indoor netball courts which will allow for larger tournaments and more games and training sessions to be held without being impacted by the weather. Yay!

I would like to acknowledge the generous support of the Australian and Victorian Governments who are partnering with Knox City Council to fund this 14-million-dollar expansion.

Best wishes to you and your families.



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KNOXFIELD & SCORESBY NEWS

Scoresby Community Rallies To Preserve Benedikt Reserve for Local Residents Use By L.Kay on behalf of Protect Benedikt Reserve Group

Over recent months, there has been heightened concern amongst Scoresby residents, following Knox Council's consideration of relocating the Knox Hockey Club at The Knox School in Wantirna to Benedikt Reserve in Scoresby.

Knox Council have been actively looking for a site suitable to be the home of hockey since 2017, however it was only early in 2021 that the Scoresby community heard their local reserve was being considered.

The community consultation undertaken by Knox Council failed to meet community expectations around true transparency and respect of local residents' views. Many felt the consultation was disingenuous and that Council was merely ticking boxes with the ultimate objective of pushing through with their proposal regardless of local community sentiment.

Council's actions galvanised the local Community to come together and form an active resident's advocacy group named Protect Benedikt Reserve. They have a facebook page and actively used social media to share their concerns. They letterboxed over 750 homes multiple times to ensure locals knew what was proposed and could exercise the right to having a say. In addition, they submitted a 550 strong signed petition from local residents and current sporting clubs using Benedikt Reserve and have had editorial pieces printed via local media outlets.

The Protect Benedikt Reserve group and hundreds of local Scoresby residents expressed frustration and disappointment that Council appeared to be taking the easy option in looking at Benedikt Reserve. There is a universal view that Council had failed the Knox Hockey Club in not finding a more fit for purpose solution, in an area suitable for high participation with minimal residential impact given how much notice they have had of Knox Hockey Club having to move from the Knox School in late 2021. The Community questioned why other active recreation sites such as Wantirna Reserve, Lewis Park, Knox Regional Sports Park and Gilbert Park had not been adequately and transparently explored when these appeared more logical choices.

Much to the relief of the Protect Benedikt Reserve

group and Scoresby residents, Council listened to the concerns being raised and at the April Council meeting agreed to put a hold on further consideration of Benedikt Reserve until such time as further detailed investigation could be undertaken of Wantirna Reserve and JW Manson Reserve as other potential feasible options. The April report noted Gilbert Park cannot be considered at this time for Hockey, as the delivery of a masterplan for the site is currently too far progressed and to stall would impact existing softball and baseball user groups according to the Council.

Access to quality open space has always been highly valued by residents and adds to the liveability of local neighbourhoods. The pandemic has shown just how critical they are for public health and wellbeing. Benedikt

Reserve is sanctuary to all residents who live within a 10 minute walk. It is highly utilised for both organised sporting activities such as football and cricket as well as passive recreation such as walking, casual ball play and picnics. Residents are open to working with Council on how Benedikt Reserve can be enhanced to promote greater use however having a synthetic fenced hockey pitch and associated infrastructure to support a dedicated Hockey Club comes at too greater cost in amenity to residents. For now the Scoresby Community has to wait to see what comes of the further investigations of Council re Knox Hockey, and will continue to enjoy this small treasured piece of paradise.



Knoxfield Celebrates the Arrival of its Newest Resident

from Nick Wakeling MP, Member for Ferntree Gully

It gives me great pleasure to announce the arrival of Knoxfield's newest resident.

Besides the serious cuteness, this duckling is extremely important, as it is a member of the increasingly endangered Blue-billed duck species.

Lake Knox, home to the endangered Blue-billed duck, is currently threatened by plans by the State Government to destroy the lake and replace it with wetlands. In early April, plans to develop the lake were lodged by Development Victoria with Knox City Council.

It is crucial Lake Knox is retained as a deep-water habitat is required for the Blue-billed duck.

I thank the many local environmental groups for their tireless work in advocating on behalf of the Blue-billed duck and the many local residents who oppose the destruction of the lake.



Kim WELLS MP
STATE MEMBER FOR ROWVILLE

Unit 4, 1335 Ferntree Gully Rd, Scoresby 3179 03 9764 8988 KimWells.com.au

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Authorised by Kim Wells, Unit 4, 1335 Ferntree Gully Rd, Scoresby. Funded from Parliamentary Budget



**A STRONG VOICE
FOR SCORESBY
AND KNOXFIELD**

KNOXFIELD & SCORESBY NEWS

Ageing is Living!

By Nicole Seymour
Community Matters Most

It's time to prioritise respect and end ageism.

Ageism is prejudice or discrimination based on assumptions and stereotypes about age. In this article I am going to focus on ageism directed at older people. I do want to acknowledge however that young people can also experience age discrimination and prejudice resulting in negative and detrimental impact on health, wellbeing, employment and financial security. For example, assumptions and negative stereotypes about a young person's maturity, work ethic, job readiness etc can deny them the opportunity of securing employment.

Ageism against older people is rife and systemic in modern society. It is so normalised that most people do not even realise they are being ageist. Patronizing and sarcastic comments that relate forgetfulness to being a "seniors moment" or bodily aches and pains to an old failing body with worn out parts, disparaging references to mood such as being a "grumpy old fart". Slow drivers may be referred to with impatience as "driving Miss Daisy" or implied that older people shouldn't have their licenses at all.

The Media perpetuates ageism. Whether it be movies, TV shows or advertisements, older people are rarely depicted in a positive and admiration worthy light. Ageing is not shown as a rite of passage to be celebrated at each life stage and milestone moment. Instead, a prevailing stereotype assumes that old age brings



loneliness, increased health problems, discomfort and disability and financial insecurity.

The consequence of ageism is older people end up being mistreated and discriminated against. They are denied the opportunity to participate fully and to the best of their ability in meaningful employment and society more broadly. Freedom of choice and personal control diminishes where ageism is tolerated.

It is time to END AGEISM. Ageism needs to be called out for what it is – ignorance and disrespect. People are living longer and stronger than previous generations. Ageing needs redefining with the focus on equating to living. Ageing is the journey of life with the changes of time being part of the rich story of individual existence.

What folly to group people by age and label them without appreciation for the diversity in experience each older person has had in their lifetime.

All people, regardless of, should be able to maintain a life of purpose, a sense of connectedness and a heart filled with joy and fulfilment.

Ageism is a global human rights issue. It is so important that the World Health Organisation released its first global report on ageism on the 18th March this year. The "report confirms the growing body of evidence that ageism has harmful physiological and psychological effects on our health. It also has huge economic costs according to Dr Marlene Krasovitsky, co-Chair and Director of EveryAGE Counts.

Inner East Primary Care Partnership have brought together seven Eastern Melbourne councils: Boroondara, Knox, Manningham, Maroondah, Monash, Whitehorse and Yarra Ranges to tackle ageism in our region. The campaign will raise awareness about ageism, challenge the stereotypes of what it is to be older, and encourage people to take action.

The campaign ties into and supports the national EveryAGE Counts campaign and the Eastern Community Legal Centre work on prevention of abuse of older people through the OPERA project.

For more about the EveryAGE Counts campaign to end ageism, see <https://www.everyagecounts.org.au/about>

I have made the pledge to end Ageism. Will you too? https://www.everyagecounts.org.au/take_the_pledge

Multicultural Knox - What a Great Place to Be!

By Councillor Nicole Seymour
Tirhatuan Ward

Part of the fabric of what makes Knox great is the diversity of nationalities across all of our neighbourhoods. Approximately one third of Knox residents were born overseas heralding from 130 different countries. Historically, the largest migrant communities came from UK and Europe, however this trend has changed with growing interest in choosing Knox to call home from China, Malaysia, India and Sri Lanka.

It is interesting albeit not surprising that the majority of migrants are skilled arrivals with more working as professionals than any other occupation.

Multiculturalism is welcomed in Knox with a strong sense of inclusion and cultural respect. Our multicultural community are important contributors to our thriving city. Many migrants are owners of small businesses that serve our community with goods and services as well as providing local employment opportunities. Just looking around the businesses in Scoresby Village, there is such cultural diversity amongst business owners – Chinese, Malaysian, Sri Lankan, Vietnamese, Thai, Egyptian, Italian, Greek

just to mention some.

Reflecting our welcoming and inclusive community, Rowville has recently become home to the very first Australian Indian Community Centre.

With the support of a \$2.5 million Federal Government grant under the Community Development Grants Programme, and \$892,232 contribution from the AICCT (Australian Indian Community Charitable Trust) the long held aspiration amongst Victoria's Indian community of such a community centre has become reality. I thank the Federal Member for Aston, Hon. Alan Tudge for championing this project as an election commitment.

Located in Kingsley Close, Rowville in a building previously home to the Salvation Army Rowville Corps, the Centre aims to meet the social and cultural needs of our large local Indian community.

Also featured at the Community Centre will be the biggest museum of Indian artefacts in Australia. It will be dedicated to the late psychiatrist and respected member of the Victorian Indian community



Dr Parekh. He not only called Melbourne home for almost 50 years but has also donated a fantastic collection of paintings, artefacts and stamps to the museum.

I have been a strong and proud supporter of our local Indian Community, particularly through the relationships I have built over the years with Hindi Niketan. Having the new Australian Indian Community Centre located in Tirhatuan Ward is fantastic for locals and great for Knox.

To find out more about the Australian Indian Community Centre call 1800 3428 00

Cr Nicole SEYMOUR

Tirhatuan Ward Councillor
Knox Council

✉ P.O. Box 2168, Rowville 3178

"Thank you for your on-going support. May we achieve great outcomes for our community together."

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Cr Nicole Seymour

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Laughter Club News

Gratitude and Joy are like Our Left and Right Hands Working Together

Laughing together in person at the laughter club is one of the happiest, joyous, gratitude overflowing times in our lives these days. Laughter is uplifting, can take us out of feeling in the doldrums, changing our attitude to be filled with wonder and gratitude.

We have a lot of spontaneous fun when we come together in person, in the park, and we have learnt to let ourselves go on the Zoom calls also. At first new people joining us usually feel a little discomfort, as laughing out loud in public, with strangers, can be daunting to begin with.

World Laughter Day this year was on the 2nd May and people all around the world joined in, either on Zoom, or wherever their laughter clubs met regularly. The new Prahran Square was a beautiful place to celebrate it in Melbourne with a few clubs present and there were brand new young people joining us as well. It was heartening to see them join in, they threw themselves into it. It is never too late to start up with us!

I will mention and feature Faye, I met her on 2nd May 5 years ago, at the same event which was held at Federation Square. Faye is amazing, comes to every possible meeting, bakes cakes for birthdays and holds a lovely cheerful, calm presence/essence every time.

She has shared how it helps her to keep going and brings love and positivity into her life, genuine light-heartedness that was absent before she found us.

I am grateful for her and all the other regular members who have come, gone, stayed, in the sixteen years that I have been running the club. Who would have imagined when I first met the Founder, Dr Madan Kataria and did the training that it would become such an important focus in my life. And in the last few years, that of my husband,

John, who has become a very bright spark to be around. Laughter has for him brought him out of his shell, he was quite withdrawn, would not speak to a stranger, now he speaks to anybody without shame or embarrassment.

'Gratitude and Joy are like Our Left and Right Hands Working Together' – Gratitude is important to feel every day and it naturally, spontaneously, brings joy into our lives. With Joy and Gratitude, we align ourselves to the abundant flow of the Universe. Those who resonate with this, will 'get it'. A magic can re-enter our lives, you know the kind of things that happen unexpectedly, spontaneously to us. When things flow, come together in surprising ways.

Reading this, if you feel to request a resource about Gratitude, Manifestation, or Creative Visualisation, then email or phone me. We can arrange a time to go over it over the phone and for it to be sent to you.

Are you feeling grateful? We can forget to be and instead may feel like a victim in our life. Gratitude can begin with taking time to recognise the innumerable, seemingly small, everyday things in our lives. Such as the blue sky, our warm house, cup of tea, fresh bread and butter. They can be small and yet give us such joy and we can easily overlook feeling grateful. It does not have to be big, practice looking around you and appreciating the things in your life, big or small. It's a great practice to be in the habit of doing. And I am grateful to you for reading this and to Janet and the team at the Studfield Wantirna Community Newspaper for all you do, especially including the promotion of the laughter club each edition. Thank you so very much!!!

Lots of love and laughter. Lynette.

Lynette & John Mitchell lead the free Community Ferntree Gully Laughter Club, in person 2nd, 4th & 5th Sundays, Zoom the others.

Phone: 0425 799 258

Email: lynette@laughterforliving.com.au

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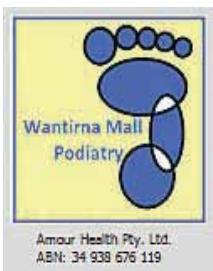
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Melina Linardatos

Flat feet or Pes Planus is a term used to describe the lowering of the inner arch of the foot and can be developmental or acquired, fixed or flexible. Flat feet is not an isolated problem but can be related to the position of various bones within the foot such as the heel bone, joints in the mid foot or forefoot. When walking the position of the foot also influences the position of joints above such as the knees, hips and back causing pain and deformity within those areas. Treatment of flat foot maybe required if the position of the foot is new, progressive, painful or associated with another pathology

Our Podiatrists can conduct a Biomechanical Assessment of your feet to determine your foot posture and if the position of your foot is related to any functional abnormality or pain. If required, our Podiatrists can prescribe non-surgical treatments such as stretching and strengthening exercises, footwear or foot orthotics.

News from Scoresby Town Club

On the 3rd February 2021 Scoresby Town Club celebrated our yearly awards for those members who achieved amazing weight loss during the previous 12 months.

Some members have maintained their goal weight for many years, one of our members has kept her weight off for over 30 years.

These celebration days each year are enjoyed by all Town Clubs throughout Victoria.

Because of the Pandemic, and our Club not able to return until the 13th January 2021, after closing on the 12th March 2020, the members who achieved weight loss during those long months in lockdown, deserve to be rewarded for their great efforts.

If you would like to know more about our friendly club please call Margaret 0418 306 104. We meet at the Bayswater Church of Christ on Wednesday morning every week at 8.30am



Queen and Graduate and the runners up to both

NEWS IN GOOD HEALTH & WELLBEING

News from Wantirna Osteopathy
by Dr. Kira Nee (Osteopath)

wantirna
osteopathy

Massage Guns

Handheld percussive massage treatment or vibration therapy has gained popularity in recent years. There are now numerous places you can find these from brands such as Theragun, Hypervolt, TimTam, Hyperice, RENPHO, Homedics and more. It is important to know a little bit about them before deciding if this is right for you.

Massage guns offer either percussive therapy or vibration therapy. The main difference between the two types is the amplitude of the device or simply how far the head of the device will travel. Professional grade guns can reach up to 16mm in depth and 40 percussions per second which produces a deeper massage for tissue release. Vibration therapy devices are less intense and unlikely to reach deep enough in larger muscle groups.

Price of these devices ranges from \$50 up to \$900 reaching varying speeds and depths. To test the power of the machine press against your palm and see if you can stop the movement of the head. This will help determine how useful the machine will be for large muscle groups like in the thighs and buttocks.

Do they actually work?

It is hypothesised that massage guns have the ability to decrease muscle tension, improve flexibility and accelerate recovery. Currently there is very little evidence on their effectiveness, but it is believed that they work by encouraging blood flow to the



Dr. Kira Nee

area and in turn reducing lactic acid, inflammation and muscle tension.

What can I use it for?

Common uses where a massage gun can be helpful include:

- Muscle recovery after exercise
- Foot arch and calf muscle tension
- Muscle tension in the Quadriceps and Hamstrings
- Buttock and Low back muscle tension
- Upper back and shoulder muscle tension

For the treatment of:

- Sports injuries
- Headaches
- Back and neck pain
- Joint and muscle pain

www.wantirnaosteopathy.com.au

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- Forearm muscle tension – particularly after hours of mouse and keyboard use.

Massage guns do also have the potential to make your injury worse. The use of these devices on broken bones, sprains, strains and areas of swelling could delay the healing time and increase pain levels. It is recommended that massage guns also not be used on those experiencing (but not limited to) the following:

- Pacemakers/Hypertension/Recent Heart attack/History of blood clots
- Tumours
- Wounds/Fractures/osteoporosis
- Autoimmune conditions/Muscular dystrophy or other muscular disorders
- Pregnancy

Overall, while massage guns may feel great and can be a useful tool there is a lack of evidence on how beneficial they really are. It is important to do your research into the right massage gun before purchasing and important to consult a health care professional before its use.



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What's been happening at the Ringwood Field Naturalists Club ?? *by Alison Rogers*

We are now meeting back at Maroondah Federation Estate. Details at end of items.

Meetings

April - At the April meeting we had 3 small talks given by 3 of our members.

Warwick Dilley: "Like a Tea-tray in the Sky"

Warwick became intrigued in the way that bats, and specifically Flying-foxes, fly after the Club visited Yarra Bend Park in February this year. He shared what he has learned, and showed some videos of how the bat's skeletal structure and muscles work in flight, along with a slow motion video of a bat flying in a wind tunnel.

Eleanor Dilley: "What Colour is a Kingfisher?"

Eleanor had read a reference to blue feathers being coloured in a different way from feathers of other colours, and found the subject to be a complex and fascinating one. She illustrated her talk with a number of her images.

Hazel Veevers: "Recovery of the Eastern Barred Bandicoot"

Hazel and Alan visited Mt Rothwell some months ago and she found the work being done there to help diversify the DNA of the Eastern Barred Bandicoot such a good news story that she wanted to share it. We used to have eight different Bandicoots in Australia but two are now considered to be extinct and it was thought we had also lost the Eastern Barred. A remnant population was discovered living in the Hamilton Tip and the recovery programme began by taking them to the Healesville Sanctuary and breeding them up.



This has been very successful, but of course it is a very small gene pool. Work is being done involving Bandicoots from Tasmania, which are closely related. Bandicoots have been released to several sites including Churchill and Phillip Islands, and more recently also on French Island.

Hazel also made use of a number of videos concerning the rescue work that has been undertaken.

May - Why plant names are sometimes altered: explanation and justification.

At the May meeting we welcomed an interstate speaker Prof Robert King.

Robert provided a general overview of how plants were historically classified and named. During the 18th and 19th centuries botanists differed on naming conventions as well as actual names for some plants. He talked about plant names being returned to the originally described plant, how DNA sequencing can be used to separate or aggregate groups of plants as well as the angst caused in current world-wide botanists with name changing.

Excursions

April - Leaders Eleanor and Warwick Braeside Park

Although the weather was wet for part of the morning we were still able to go on a 4 km walk around the wetlands. We saw a mixture of water birds and bush birds a total of 47 bird species. It was lovely to see both the Yellow billed spoonbill and the Royal spoonbill along with many ducks, herons and ibis. Two special ducks were the Blue billed duck and the Pink eared duck, a lucky sighting.

After lunch the rain eased and we were able to go for a different walk through the bush area of the

park. Here we saw banksias in flower and saw a few species of fungi.

Field Care - Planting morning

During May a few of our members headed out for a 'Planting Morning'. This took place in a small reserve in Ringwood North.

The council had dug 1,000 holes and provided 1,000 native plants to go in them. A few locals also participated, and the task was completed in record time. A well-earned morning tea was provided and was enjoyed by the workers.

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.



Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome. For more details phone Alison or Peter on 9801-6946.

Check out our Website <http://www.rfnc.org.au> there is so much more to see and find out.

The Knox Environment Society is Autumn and Winter ready – bring it on!

Autumn in the KES Nursery is always busy as residents are keen to plant in the most ideal time for natives. This year has been exceptional and it is great to see all the plants leaving the nursery knowing they are going into Knox gardens. It's not too late for you as the nursery still has a great range of stock and is open for sales every Thursday 10am-4pm, Saturday 10am-1pm and Sunday 10am-1pm.

As a thank you for volunteers and members alike for their support that ensured the KES Indigenous Nursery is flourishing, the Knox Environment Society held a Winter Warm up Pie Pleaser on Saturday May 15. The Society used the event to launch the 2021 program for the VIP Presentations for 2021, which in the past have been enjoyed and so well supported by members and friends alike.

June - Screening of Beyond the Burning - a documentary by Environment Victoria one year on from the 2019/20 bushfires.

September - Nature Strip Planting – Knox City Council's new guidelines on planting your Nature Strip and the benefits to local biodiversity.

October - Making your garden "Summer Ready" for our local wildlife with guest speakers from the Living with Wildlife Network.

Venue KES Indigenous Nursery, 1010 Burwood Hwy, Ferntree Gully. Bookings are essential, but all welcome (\$2 donation for non-members). Visit our website for full event details: www.kes.org.au/calendar.

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Cuboree X – The Cub Adventure of a Life Time!

12th–16th April 2021

By Nicole Klep, District Leader Cub Scouts

Take 3,300 Cubs and 4 nights 5 days under canvas and what do you get – a great big adventure and lots of fun! That's what 108 Cubs from the City of Knox experienced at Gilwell Park, Gembrook last month. This was the 10th Cuboree. Its theme was New Horizons. The Cubs were encouraged to let both their bodies and their imaginations run wild!

A Cuboree Unit is made up of 30 Cubs, 5 Line Leaders (Cub Leaders), 1 Unit Akela (L.I.C) and 3 Unit Catering Staff (usually parents). They camp, eat and do all the activities together. The campsites all have a spectacular gateway (designed by the unit) which relates to the Cuboree theme and our 4 Cuboree units did an amazing job! Two of our



gateways even got a 'special mention' in the daily newspaper, which is high praise indeed!! Our 4 Cuboree Units also had themed hats for our Cubs, worn all through Cuboree, which helped identify them from the other 119 odd other Cuboree Units and 3,000+ Cubs!

With busy days and night-time entertainment, you can imagine there were plenty of hungry tummies to fill. Here are a few interesting statistics from the catering side of Cuboree 1.5km of sausages, 15,000 slices of bread, 600ml of sauce, and 130kg of milo were consumed, all of which was delivered by 4 semi-trailers!

The activity bases included: Cherry Lane, X-Senses, Odyssey, Scouts & Beyond, Space Force and No Going Back. To give you a taste of an activity No Going Back is about brave humans who have set out to settle "New Brownsea", a settlement on another world. However, our intrepid settlers crashed on route. The area was strewn with debris, toxic waste swamps and, of course, there were aliens locked in a constant battle with the Vault Dwellers! Be prepared to get dirty!

All the Cubs had an absolutely fabulous time and went home enthused, exhausted and filthy, with some fabulous stories to tell! They loved the blanket badges they collected and the Cuboree t-shirt and scarf. I am not so sure that their families loved the mud they brought home!



If you are interested in trying Scouting go to: <https://scoutsvictoria.com.au/locations/all-groups/>

1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 4th Knox are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 6 to 26 years and after 26 lots of fun is to be had by becoming a leader!

Boronia Ladies Probus Club Inc.

We are back after 14 long months of lockdown and restrictions. On the 17th March 2021 our members came together for our first meeting since February 2020 and 51 ladies enjoyed meeting up again.

Since coming back for our monthly meetings some of the members joined Knoxfield Ladies Probus Club on a bus trip to the Mornington Market and Strawberry Farm on the 31st March, also on the 22/23rd March we had an overnight trip to Ballarat to the Begonia Festival and a tour of surrounding historical towns and lots of places of interest.

On the 20th April we went to the Karralyka Theatre in Ringwood to listen to the Male Welsh Choir, and enjoyed a morning tea prior to the performance.

Boronia Ladies Probus Club Inc meet every 3rd Wednesday morning of the month at the Knox Club and every month we have a guest speaker or something special like our Cancer Biggest Morning tea in May.

We have ladies of all ages and celebrated the 100th birthday of one of our Foundation members in November during the lockdown with loads of cards

and flowers sent to her home on that special day. If you would like further information about our club please phone Zita on 9764 5233. We are always happy to welcome more ladies to our friendly club.



Members of Boronia Ladies Probus at the Begonia Festival

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COMMUNITY NEWS



Boronia VIEW Club

Boronia view Club will be meeting on Friday 18th June at 11.30 at Eastwood Golf Club, Liverpool Rd. Kilsyth for a lunch meeting costing \$27.

The speaker will be JENNY WYND speaking about View Clubs and their role with the Smith Family. Enquiries Judith 9764 8602

Boronia View Club will be meeting Friday 16 July at 11.30 at Eastwood Golf Club. Liverpool Rd., Kilsyth for a lunch meeting costing \$27

Guest speaker: To be arranged.

We are always looking for ladies of all ages and backgrounds to join us.

For enquiries please ring Judith 9764 8602

Wantirna Evening View Club

Wantirna Evening VIEW Club is a group of friendly women who meet and enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program. We currently sponsor 6 students through the dedicated efforts of our ladies.

We raise the funds by holding raffles at our meetings, Bunning's BBQs; trips to the theatre (local and into city) or a cosy afternoon tea at a member's house.

We meet on the 1st Wednesday of the month (except in January) at The Wantirna Club, 350 Stud Road, Wantirna 3152 – 7 pm for a 7:15pm start. A lift to go upstairs is available. We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have an interesting guest speaker.

We would love new members to join – any age group most welcome. Being an evening club our meeting time is suitable for the working lady or the lady who has day time commitments.

For more information, please call our President – Kate on 0421 650 684.

Ferntree Gully VIEW Club

Our monthly luncheon meetings are held on the 4th Monday (except in December) of each month, and includes a 2-course lunch, tea/coffee at a cost of \$25. Our Birthday lunch in June is \$30. We have a meeting, then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We support 6 disadvantaged students through the 'Learning for Life' Program with the Smith Family. We also support a refuge for women and children escaping domestic violence.

Monday 28th June, 2021

Our Club's Birthday Lunch with Entertainer - Laurel McKenna, Singer

Monday 26th July, 2021

Lunch & Speaker - Vivienne Gallagher from 'Accessorize U' with accessories to buy.

If you want to join a club that is both welcoming and fun come join us. Visitors are very welcome.

Time - 11.30am for a 12.00 noon start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna South

To book ring Denise Barth - 0408 379 935



What's On?

Event	Date & Time	Location	More Information
OLDER MEN : NEW IDEAS	2nd & 4th Fridays each month	Orana Neighbourhood House 62 Coleman Rd ,Wantirna	1300 13 50 50 COTA web site
Tempting Treats Cafe	Open 11am to 4 pm	Inside Tabulum Templar Reception 31-34 Elizabeth St, Bayswater	8720 1333
Wantirna Evening View Club	1st Wednesday each month 7pm for a 7.30pm start	The Wantirna Club, 350 Stud Road Wantirna South	Kate on 0421 650 684.
Ferntree Gully View Club	4th Monday of each month 11.30am	The Knox Club. Cnr Stud and Boronia Rd. Wantirna South	Denise Barth 0408 379 935
Boronia View Club	3rd Friday of each month at 11.30am	Eastwood Golf Club Liverpool Road Kilsyth	Judith 9764 8602
Boronia Ladies Probus	3rd Wednesday of each month	Knox Club, cnr Boronia & Stud Rds Wantirna	Zita 9764 5233
iShred - Community Shedding Day	Sat. June 19 & Sat July 17	5/7 Samantha Crt. Knoxfield	1300 763 688
Tiny's Bar and Tastings	Weekdays 10.00am to 5.00pm Weekends-every 2nd Sat. Bookings required	Unit 7 Henderson Road, Knoxfield	8260 5882
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 http://www.rfnc.org.au
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00pm	Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater	Paul 0400 823 441
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	Jeanette 0407 308 671 or John 0405 698 554
Knoxfield Ladies Probus	3rd Wednesday of the month at 10.00am.	Wantirna Club, 350 Stud Road Wantirna	Please ring Jo on 0414 914 091
Lions Club of Knox	1st & 3rd Tues of month at 7.00pm	Our Saviours Lutheran Church Knox 646 Burwood Hwy, Knoxfield	Geraint 0450 923 437

The Pandemic as a Social Spotlight

By Melinda Kearsley, Financial Counsellor at EACH.

What a year 2020 was! The impacts of Covid-19 on individual wellbeing have been varied, and for many, will be felt for many years to come despite concerted efforts by the Australian Government to protect our health and economy.

Protecting jobs

JobKeeper payments were introduced by the Australian Government to help retain jobs and cover employee's wages to keep businesses afloat, and many employees were able to keep their jobs by being allowed to work from home during restrictions.

Protecting homes

For those who experienced a significant drop in income opportunities were created to request mortgage payments or rent to be paused in an effort to keep those affected in their homes and we are seeing home loans being offered at record-low interest rates causing a boom in both house prices and sales.

Protecting health

Necessity is the mother of invention and seemingly countless initiatives and strategies have been employed to support Australia's economy and health system. Electronic contact tracing and flexible communication technology with GP's has

created a new normal. What is truly amazing is how quickly we, as a society, adapted to these changes!

In some ways, the responses to the pandemic shone a light on the social inequality within our society as Jobseeker payments were increased to support those whose incomes had reduced – a measure many have advocated for years should have been implemented to support the long term unemployed and the thousands of homeless Australians who were swept off the streets into hotels to slow the spread of the virus.

Behind the scenes, many among us were challenged by the social isolation and socio-economic vulnerability in ways that economic recovery strategies and healthcare reforms could not reach. This manifested in many ways, including:

- Increased alcohol and drug use
- increased psychological distress
- Increased family violence incidents reported to police
- Decreased ability to seek outside help

Financial stability is vital for wellbeing, as individuals and as a society. Before the pandemic though, thousands of Australians were already struggling financially. As the dust settles on 2020, the socioeconomic links to substance use, domestic violence and mental health issues are evident, as is the fact that as long as there is inequality within

society, these issues will never truly be addressed. It's not always easy to ask for support but it is available. Spread the word.

EACH provides a range of health, disability, counselling and mental health services across Australia.

For information on any of our services, call 1300 003 224

For immediate phone support, see the following list of Helpline contact numbers:

- National Debt Helpline 1800 007 007
- Lifeline 13 11 14
- Kids helpline (for people between 5 -24) 1800 55 1800
- PANDA (post and antenatal depression) 1300 726 306
- Gambling Helpline 1800 858 858
- OCD and Anxiety helpline 1300 269 438
- Beyond Blue 1300 22 4636
- Safe Steps (Family Violence Response Centre) 1800 015 188
- DirectLine (for people impacted by drug use) 1800 888 236



Life Activities Club Knox

To introduce you to our friendly Club we invite you to come to any 3 activities which are listed in our Newsletter FREE however after 3 we would like you to become a member. For an annual

fee, only \$25:00, you will receive the quarterly newsletter, no charge for quarterly meetings, and a warm welcome to all activities. I'm thinking that it's possible that we have new residents in the area, and maybe some retired persons looking for an outlet. We are here for you!

This club was started 34 years ago catering for retired or pre-retired persons who didn't have an employer organising their time. Of course, anyone with some spare time is also welcome. Let's get to June! But first, I want to share some details about the Echuca Trip. Wonderful!! We visited many of the painted silos, learned about Olive Farming and a GREEN TOMATO company. Packaging them sliced and pickled, green tomato spread, and also a green tomato dressing.

Then there was the visit to the Spanner Man! Fantastic, so many creations made only with rusty spanners, wow, thousands and thousands of old spanners, joined and becoming, animals, people, fish, birds, arches, I could go on, but I won't.

Now coming up in June, Coffee Mornings, ladies will meet on the 7th. Men will meet on the 8th. Then on the 9th we'll be counting the minutes to our destination in Yarra Glen. We'll see chocolate, plates of it, wrapped, unwrapped, beautiful displays. You guessed it, we will be enjoying a visit to the

Yarra Glen "Chocolaterie", drool!! For \$20:00 there is a tour of the manufacturing area, then don our cook's hats and prepare to create a Rocky Road Bar to take home, if it gets home. Coming down from this, other activities continue. The Friday walkers will visit Docklands and maybe you would like to join in this discovery walk. Even if, only for a snack. Another chance to be with friendly people while eating lunch. Another train ride to the Old Treasury Building for a tour with various maps, Ned Kelly's only surviving letter, the Eureka Stockade map too. \$10:00 for this tour, then we'll find a place to eat our home-made lunch, and/or go home. Now, Bushwalking is not as frightening as it sounds, and is every Thursday.

Remember, we are Seniors, and older than some. Sunday Walkers make a day of it. Sometimes including a train trip, ferry, or bus, and only once each month. Other exercise, come to the pool on Tuesday mornings. We join in on a 10 am class with a great instructor, or/and join the Badminton, played every Thursday afternoon. It's fun.

Now for July, Rummicub, Scrabble, Upwords, to keep the grey cells working. Also popular are the card games: '500', Bolivia, and Canasta, a lot of dealing going on there, and of course, supper follows. There is Cuppa

and Craft, and Painting too. Once each month we have a Wednesday lunch, also an Evening Dine-out, there is also an outing somewhere. Or perhaps you would just like to sit and enjoy the Music Appreciation group, and the Armchair Travellers. And if you have other ideas for activities, help is available to organise this. Whatever your interests, give us a try, we are a friendly club with an aim to keep well, get out of the house, and enjoy retirement.

To learn more about our club, i.e. Life Activities Club Knox Inc., and /or for a copy of our current newsletter, please ring: CAROL 0419 870 639

Look us up at www.life.org.au/knox



News from Bayswater Bowls Club



IT'S MORE THAN A GAME

PERCENTAGE - A KEY TO SURVIVAL

Bayswater Bowls Club can look forward to the next Pennant Season with both Saturday and Mid Week teams remaining in their respective Divisions, but, one, only by "the skin of their teeth".

Our first team (Division 2) had only a moderate season finishing 5th with 5 wins and 7 losses to just miss the finals. Bayswater were only able to defeat the sides that finished below them on the ladder; with one consolation, a win at home over the eventual Premiers, Ringwood.

But it was our second side (Division 3) that just survived relegation. Now here's the scenario; going into the final Round Bayswater had a 6 point buffer over the last placed team. Bayswater had strengthened their team and were in a favourable winning position when heavy rain inundated the green, causing the match to be abandoned, with both teams sharing the points 9-9.

However, the only match to remarkably survive the downpour was our rivals, who soldiered on despite the weather and won their match 15-3. The Club was on tenterhooks awaiting the posting of the day's results and the members were jubilant to hear of their non-relegation. Both clubs had finished on 79 points with less than half a percent percentage (0.46%) separating them, with Bayswater surviving, literally by "the skin of their teeth".

Bayswater's Mid Week teams both made finals but their campaigns were stalled in the finals race.

Bayswater Bowls Club is currently undergoing alterations under Knox Council funding. The main car park area has been demolished and is to be totally resurfaced and the construction of the long awaited all accessibility ramp will be a major asset to the Club.

And the popularity of Friday Night Barefoot bowls is proving a winner, so, if you are looking for a good night out, complete with a free sausage sizzle, we invite you to come along and try out this sport for all ages and abilities.

Call to make a booking on 9729 8312 or just turn up as members will be on hand to extend a friendly welcome and offer assistance on the night.

SPORT NEWS



Bayswater Bowls Club Welcomes you

BAR OPEN:

Tuesday – Friday from 4pm –
6.30pm

FOOD VAN ON SITE:

Thursdays from 5.30pm

BAREFOOT BOWLS (FREE) AND SAUSAGE SIZZLE:

Fridays from 4.00pm – 6.30pm

43 Phyllis St, Bayswater (off Stud Rd.)

www.bayswaterbowlsclub.com

9729 8312 or 0455 441 991

Three Generations Take to the Field



History was made recently as three generations of the Rogers family took to the field.

Recently there was a really special day for local resident Peter Rogers. He has played baseball for the Ringwood Saints Baseball Club (which his father founded in 1968) since he was a junior.

Peter (Life member and record holder of the club's 'games played') was joined by sons Cameron and Jonathon. This is nothing new for the club as all three Rogers have amassed over 2000 senior games for the Saints and have been playing regularly together for quite some time.

Over time he has played with his dad, brother, two brother in laws and with his two sons and in this game, his grandson. Peter's daughter Emily was in the scorer's box and wife Alison with both the boys wives and their children were spectators. The boys celebrated with a win 13 - 11 over friendly rivals Forest Hills BC.

Three generations on the field in the one team. Well done. Peter, Cameron, Jonathon and Cameron's son Mason. A big thrill which Peter has been looking forward to ever since he realised that Mason was interested in baseball.



Melbourne Eastern Ranges GLOW IN THE DARK BOCCE Fundraiser!!!

Want to have some fun in an exciting new way?
Melbourne Eastern Ranges Club is hosting a come and try night
with "Glow in the Dark Bocce Balls"!
We welcome anyone with an intellectual disability (with a parent/carer).

Fundraising Raffle tickets available prior to and onsite

Prizes drawn on the night!

Sponsored by



Friday 2nd July 2021 time 7pm - 9pm

Gold Coins donation for bocce courts fees

Knox Italian Club 99 Karoo Rd Rowville

All MER athletes welcome and have some fun



Limited numbers - Booking Essential - RSVP by 25th June

Michael 0419 330 977 or Stephanie 0403 080 024

Email; melbourneeasternranges.secretary@specialolympics.com.au



Special Olympics Australia is the not-for-profit organisation that transforms the lives of people with an intellectual disability through regular sports participation. All donations are tax deductible. ABN 28 050 738 728

Templeton Tennis Club News

by Don McCracken , President

Hello again, this time to our Autumn edition of Club news.

Wow, doesn't this look good! Our new courts at night! They not only look good but are wonderful to play on with perfect light conditions. We cannot stress enough our gratitude to Knox Council for their willingness to provide top class facilities for not only our members but Knox people in general. Come along, join in and be part of a first class sporting area.

All pretty quiet on the tennis front over the past 2 months, with the end of one season, a break and the winter season just started again after the school term break.

Our summer season finished over the weekend of 27th/28th March. This season we saw 13 of our 17 junior sides and 2 of our 3 senior teams play finals. A fantastic effort! This led to us as a club being 2nd on the WDTA Premier Club award which in itself is a wonderful achievement. Both senior teams were runners up and 7 of the 12 juniors went through to grand finals. Of these 2 were premiers and 5 were runners up. Again a wonderful result and congratulations to all those involved; players, team managers parents, coaches and conveners.

We could always do with more participants. If you

TEMPLETON
tennis club

SPORT NEWS

are interested in any level of competition be it day, night, social or just looking for some exercise give us a call (the numbers are shown below).

Our coach, Kelly Cooper, runs a highly successful coaching program at the club for all levels. This encompasses Mums in Tennis, junior, squad and private sessions. Give her a call to discuss what might suit you. Straight Sets 0414 874 482.

Check out our website, www.templetontennis.com.au for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis

Club member. Barry Plant Wantirna and Integrity Cabinets.

Upcoming events:AGM. The second Tuesday in July. Come and join us at the family club, your club, the Templeton Tennis Club.

Templeton Tennis Club Inc.

Templeton Reserve, Templeton St
Wantirna 3152. Melway Ref. 63 G9

Membership: Leanne 9887 1957

President: Don 9800 3316 or 0425 748 138

Coaching: Kelly 0414 874 482

Website: www.templetontennis.com.au

Email: president@templetontennis.com.au



Wantirna Tennis Club News

by Alison Rogers

Juniors

Our Juniors have just started a new season. We have 18 teams playing in the Eastern Region Tennis Association Winter competition. That is 66 juniors across 13 Saturday morning teams and 5 Sunday morning teams. Our club has the highest number of junior teams in all of Knox.

This season we are delighted to have 11 new junior players join us. This is very exciting not just for the players, but also for our Club. We wish them luck with their tennis and hope they have great fun out there on the courts.

Social tennis

Along with our Juniors, our largest growth is with Social Tennis. It is lovely to see our group of social players expanding each week. A very friendly group of male and female players. If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down on a Tuesday morning and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome.

Enclosed grounds keep young children safe and while they enjoy the playground you can have a hit. Play starts at 9-30am and it is currently only \$2. All welcome.

Midweek Ladies

Isn't it lovely that we can all get back to playing tennis. Having no play last year we were all excited to get back out there on the courts. Did you play tennis when you were younger, or maybe have been playing in a cardio session? Why not come

down to Wantirna Tennis Club and join one of our teams. Senior Ladies tennis is held on Thursdays with two seasons of competition per year. This is a good way to stay fit and meet new people. We are always looking for new players down at the Club. If you would like to play competition give us a call. Rotating teams are available so you can have the occasional day off. If you like, bring a few friends and have your own team. All standards are catered for. It is great fun.

programme, plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Club coaching team: Troy & Mike 0424693005 or

email enquires@troyandmiketennis.com

Coaching Face book: www.facebook.com/troyandmiketennis.com

Wantirna Tennis Club Inc Melway Ref: 63C8
Wantirna Reserve, Cnr Mountain Hwy and Burwood
Hwys Wantirna

PO Box 5295 Studfield 3152

Club Secretary: Alison 0408576025 or email
wantirnatennis@gmail.com

Web: www.tennis.com.au/wantirnac/

WTC Face book: www.facebook.com/.../Wantirna-Tennis-Club



About Wantirna Tennis Club

Visit our website for details on how to join our Club. We have excellent facilities which include two BBQs covered with a shade cloth sail over our picnic area as well as new tables and seats under cover for enjoying picnics or for watching your children play. We have 9 tennis courts and a Coaching area in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching

Coaching

Troy & Mike Tennis set for a big 2021

Coaching is now underway with all ages out there on the courts. Group lessons and private lessons available. Adults don't miss out, we have Cardio tennis available with the Coaches which is a great way to have a quick fitness pickup and is a lot of fun. This is run every day.

We are excited to be launching our brand new coaching program now exclusively at Wantirna Tennis Club. We will be offering all levels of coaching every day with Hot Shots red-green stage, Junior and Senior squads. Anyone interested in joining any of our programs please call Mike on 0433511904 or email enquiries@troyandmiketennis.com

See you on the court, Troy, Mike, Billy & Dan.



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Wantirna 207 Stud Road 8820 8338
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