

COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,
SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 74

OCTOBER/NOVEMBER 2021

- ST LUKE'S PRIMARY SCHOOL LOCKDOWN UPDATE
- BUILDING A ROAD OUT OF LOCKDOWN
- COVID-19 FINANCIAL SUPPORT
- INTRODUCING THE NEW KNOX CEO
- TACKLING THE GRAFFITI PROBLEM IN KNOX

VICSES KNOX NEW FACILITY OPENS IN KNOXFIELD

SEE ARTICLE ON PAGE 19

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Editorial

Hello Community News readers,
 This is tough! We have lost sight of "normal" and feel like lockdown will never end!
 Time to dig deep and re-set. If you are feeling flat and have lost your motivation you might find some interest in on-line activities available at Orana Neighbourhood House (see page 6), they can also help you navigate the Zoom platform, so you are able to join in.
 You might like to subscribe to Knox Council's Event information on-line newsletter available at <https://www.knox.vic.gov.au/whats-happening/events-activities-and-festivals/events-calendar>.
 The Library have some other activities that could be great boredom busters. See page 14.
 We are all looking forward to catching up with each other and getting involved in our favourite activities again. The best thing we can do to return to the lives we love as soon as possible is to get a COVID-19 vaccination as soon as possible. High vaccination rates is the only way our community will be safe from this virus and our health system will be protected.
 Janet on behalf of the team

The team at SWCN would like to thank Wantirna College for providing us with an office and home base. We also thank our contributors, advertisers, sponsors and readers. We are grateful for funding received through the Knox Community Development Fund.



Jackson Taylor Update

2021 as we know is proving to be another test of every Australian, Victorian and local. I know everyone is over it, I am too. It isn't easy on kids; it isn't easy on communities and it isn't easy when we have to continue to do this longer.

As you may know National Cabinet has set national targets of 70% and 80% of eligible people fully vaccinated and what it means when we hit those targets based on modelling from the Doherty Institute. This plan is our ticket out of this pandemic. That's not to say there won't be challenges across our community as this virus will be with us for some time, but it will help us move back to some sense of normalcy.

So, I want you to know there is an end in sight. As difficult as it seems to see now - we are getting there thanks to all of your efforts. Please remember to be kind to one another, stay safe, get tested and if you can, please go and get vaccinated – that's how we protect our community and help out our healthcare workers and hospitals who continue to do the hard yards and will for some time.

As always, a few quick updates on what's happening locals to bring you up to speed:

- We're now one step closer to construction on the North East Link beginning with the preferred bidder for the tunnelling project selected
- Works progressing on nearly \$13 million in upgrades at Boronia West Primary and Fairhills High
- Caught up with Lisa, manager at Orana Neighbourhood House to discuss how I can continue to work with them



- \$10,000 to help upgrade Wantirna Primary School fix up some minor issues
- Grants to support the Chinese Association of Victoria and Tabulam & Templer Homes to support upcoming events and festivals
- Met with Don, President of Templeton Tennis Club to discuss their future work
- Construction on new public aged care facility in Wantirna on track and set to open in 2022
- \$13,000 to help local food relief group CHAMPION

BAYSWATER NEWS

deliver help to those who need it

- \$1,000 rebates now available to replace old heaters for 250,000 low income households. For more info and to see if you're eligible go here - <https://www.solar.vic.gov.au/heaters>.

And you may have heard the news we're removing 10 more dangerous level crossings including Bedford Road on the Belgrave line which means no more level crossings from Ferntree Gully to the City. That'll mean more trains can run more often and you'll get home sooner! Adding to the removals at Scoresby Road and Mountain Hwy back in 2016!

This edition's local shout out goes to our local sporting clubs which are about so much more than sport. They're a community hub. They're a place where people of all ages and abilities come to connect, see their mates and grow as people.

The last 18 months have been incredibly difficult on our grassroots sporting clubs as we've navigated this pandemic and our local clubs have not been immune to the ever changing nature of it.

So, I wanted to give massive shout-out and thanks to every local club that have gone above and beyond to support their communities. Please continue to support them in any way that you can.

That's all for now, until next time – stay well.

You can call my office on 9738 0577, email me at Jackson.Taylor@parliament.vic.gov.au or pop in to the office at Mountain High Centre, Bayswater. And for any further you can search 'Jackson Taylor MP' for more and to follow me on Facebook.

Bayswater History

by Evelyn Hodgkin, Bayswater History Facebook

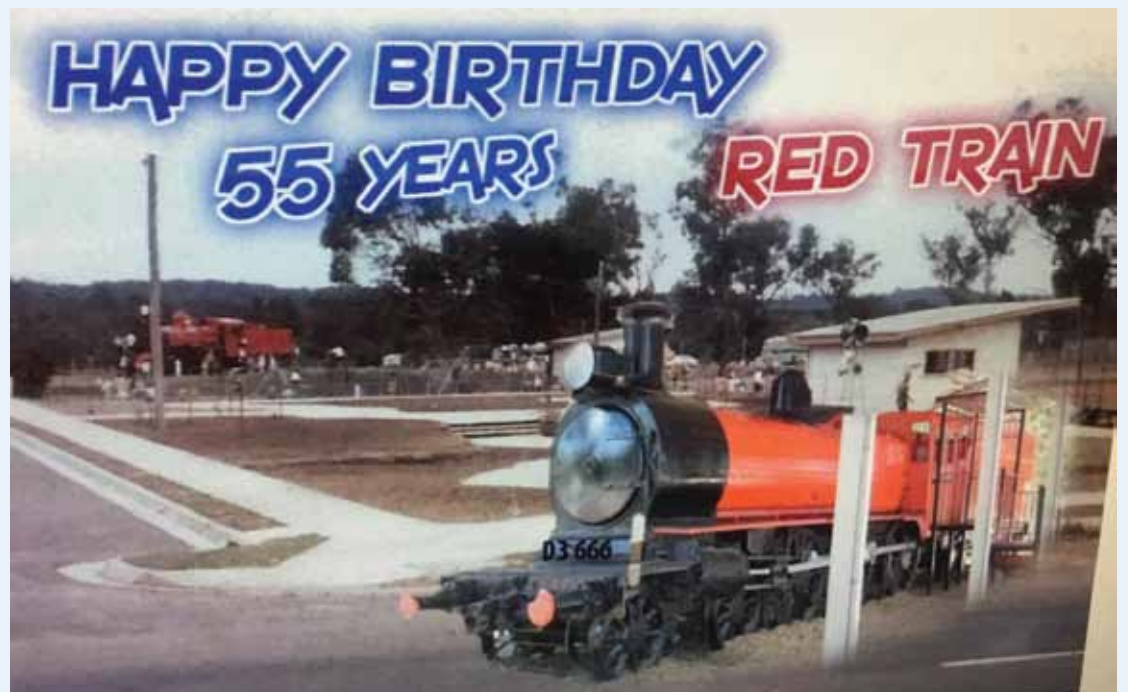
Children's Delight

Fifty-five years ago on August 28, 1966, the popular red train located in Marie Wallace Bayswater Park arrived at its current location. Steam Train,

D3 666 arrived by rail on this day to Bayswater Railway Station siding. Its final resting place was via road on the back of a low loader (two trips.) After reaching Mountain Highway the locomotive was backed down King Street to the Park.

D3 666 was built in 1919 and spent most of its working life transporting wheat, grain etc. on the Bendigo and Maryborough line. The train's service came to an end in 1964 and a short time later was purchased from the Victorian Railways by the Shire of Knox. It didn't take long before the D3 666 name plate was stolen for someone's collection.

In 1989, to prevent further rust, a shelter was constructed. Generations of children have enjoyed climbing over this train and it is a very special attraction to Bayswater.



Jackson Taylor MP

Your Local State Member

Proudly Supporting **Our Community**

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153

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News from Bayswater Bowls Club

COME OUT OF LOCKDOWN AND EXPERIENCE LAWN BOWLS

It has been 33 years since the Mayor of Knox, the late Cr Marie Wallace officially opened the Baywater Bowls Club in 1988 and we adopted a club shirt with the Knox falcon and Bayswater name emblazoned on the back of the shirt.

But times change, and the club with the assistance and advice from our shirt provider, have designed a more modern shirt to take us into the new Pennant season, albeit, dependant on COVID restrictions. The new shirt is free of any sponsorship logos and primarily is a mixture of blue shades with indigenous like motifs on the sleeves. As Bayswater Bowls Club has traditionally been known by other clubs as "the Waters", the shirt also has a lighter shade of blue images around its girth symbolically representing ripples of water. All members have been issued with a shirt through the generosity of the club and will wear the shirt with pride on our quest to improve on our Pennant efforts from last season.

And the club is proud to announce the appointment of Zac Woning as its official coach for the next season. Zac was first associated with the club joining at just 11 years of age. He played with Bayswater for 20 years before joining Lilydale to play in the Metropolitan's highest Division, the Premier League. Zac brings excellent credentials as a coach having skippered in the Premier League and having attained a Silver Medal in the 2019 Victorian Open Singles Championship.

Pending the lifting of COVID restrictions, Zac would encourage any prospective new bowlers regardless of age or ability to come along to a Friday Night Barefoot Bowls session to try out the sport. The club recently procured new sets of barefoot bowls to replace our out-dated line. You and your family members would be most welcome to come out



IT'S MORE THAN A GAME



of lockdown, enjoy our free sausage sizzle and experience a sport for all ages.

And if you have been a fan of Youtube, especially during the lockdown period, Zac has recently launched a Youtube broadcast to promote lawn bowls. The channel has shown its popularity with 8000 views in its short existence. Just visit [zwcasualbowls](https://www.youtube.com/channel/UCzcasualbowls), and see for yourself how lawn bowls can change your life.



at
**Bayswater
Bowls Club**

We welcome new and experienced bowlers

*it's a game for young and old, male and female
and people of all abilities. Try it and see for yourself
at barefoot bowls on Fridays.
Free tuition in a friendly atmosphere.
Full club facilities.
(Subject to Covid)*

Check our website for more info:
www.bayswaterbowlsclub.com
or
Phone 0455 441 991



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Bayswater Senior Citizens Hall
790 Mountain Highway, Bayswater

10 am to 2pm on the following Saturdays:

- 23th October | • 27th November

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Our wares include honey, olive oil, cakes, strudel, gifts, jewellery, bags, babywear, cards, toys, Christmas decorations and plants.

Please email any enquiries about stall bookings to bw1market@bigpond.com with photos please.

Other enquiries Julia 9890 2546

Dinsdale Ward News

with Cr. Sorina Grasso

Over the last two months, the work of Council, of course has continued and for fellow Knox Councillors and myself this meant working remotely.

Among other things, I participated in the Executive meeting of the Eastern Alliance for Housing Affordability, an external Committee that is a collaborative undertaking with neighbouring Councils of Maroondah, Yarra Ranges, Monash, Whitehorse and Manningham to address this important issue and advocate for improved outcomes to State and Federal governments. We heard a presentation on a program called Homes for Homes that some other Councils have adopted and we will explore that further.

I also attended the Knox Inaugural Mental Health Round Table discussion with local community groups and stakeholders including Mental Health Victoria, Headspace, EACH, Anglicare, the Eastern Community Legal Centre and Belgravia Leisure. We heard updates and the continued work being done with existing and new programs to address this significant issue that is currently being exacerbated by the effects of the pandemic. Of course, Knox City Council has the Knox Mental Health Action Plan which makes recommendations in the areas of health promotion, community education, sector coordination and collaboration as well as advocacy.

I was pleased to also attend the Women on the go webinar and hear from successful local female entrepreneurs who have shown that creativity, ingenuity and hard work combined with the effective use of social media and 'starting small' can lead to success if you can find a commercial niche in the market.

I also attended the "Still me" short film premiere about non-binary teenager Bailey coming out and what happens at school and in their social life. A collaboration of the Knox Rainbow Action Group and proudly supported and funded by Knox city Council, YACVic and the Victorian State Government, I was very moved by this film and impressed by the young people who made it and acted in it.

I was very happy to attend the online Annual Report and Presentation Night of the 2nd/3rd Bayswater Scouts Group where I saw the important work that continues to be done by groups like Scouts with their continued team building and outdoor activities for age groups from as young as Joeys to the teenage Rovers. In particular, I was impressed by the young people who so capably chaired the meeting, which also included local State MPs. It is so good to see how being in Scouts can build confidence and resilience in local young people.

Of course, throughout this period I continued to receive and respond to resident queries and concerns. I am also pleased to mention that together with fellow Councillors I voted for more rate relief for residents, including not charging interest on late payments and charges until 31st March 2022 and being able to make a 12 month payment plan arrangement. More on that can be found on the Council Rates page or by calling 9298 8000.

Finally, I am also very happy to tell you that I have been fully vaccinated since August 2021 and I encourage everyone to follow the medical advice and get vaccinated as soon as possible.



VALE

FREDA KEMP

1st Club President

Bayswater Ladies Probus



We are sad to say farewell to our inaugural Club President who sadly passed away at the end of August 2021.

Freda started off our club in 1990 holding meetings in her home, guiding us to a happy club that is still going 32 years later.

Thank You Freda.

Rest In Peace



Cr Sorina Grasso

Dinsdale Ward Councillor - Knox City Council

Advocating for local jobs, prosperity & community.

cr.sorina.grasso@knox.vic.gov.au

M: 0437 853 445  CrSorinaGrasso



Knox To Introduce Cat Curfew from Knox City Council

Knox will proceed with a 24-hour cat curfew from 10 April 2022, requiring cats to be kept on their owners' premises at all times.

The curfew is designed to protect pet cats from injury and illness as well as protecting local wildlife and reducing problem behaviours for neighbours like spraying, fighting and property damage. It was originally slated to commence from 1 October 2021.

Knox City Council Mayor Cr Lisa Cooper said the new start date would allow cat owners more time to prepare their property and their pets.

"We recognise that households are facing a lot of additional challenges at the moment due to COVID-19 and ongoing restrictions. Giving cat owners another six months to prepare will allow more time to secure fencing and ensure there is suitable stimulation available to keep cats safe and happy at home," said Cr Cooper.

"Animal behaviour experts agree cats can live healthy, fulfilling lives both indoors and outdoors without leaving the property and the extra six months will assist those with older cats to work on the behavioural changes needed.

"This curfew is not about catching out people for one-off incidents or honest mistakes. When the six month grace period has ended in October 2022 we'll continue to educate and work with cat owners to keep our feline friends safe, focusing enforcement on repeat or problem behaviours."

It is already an offense under state law for a cat to repeatedly trespass on another's property. More information on the cat curfew, including resources for keeping cats safe and happy at home can be found at knox.vic.gov.au/cats

AROUND KNOX



What's been Happening At Orana Neighbourhood House

During these roller coaster past few months, our team at Orana have remained connected with the community providing several online Zoom classes in addition to wellbeing support to our community members. We know our local community will bounce back as soon as restrictions ease and engaging in community programs and social events will be needed more than ever when we return in Term 4. We have lots of exciting low cost or free workshops and classes still planned for the last few months of the year and our tutors can change to deliver some of the courses on Zoom if restrictions still limit us.

Orana continues to assist the community to claim a \$250 Power Saving Bonus on their electricity bill. To be eligible for this bonus applicants must hold a pensioner concession card, DVA or Gold Card or receive Job Seeker, Austudy, Abstudy or Youth Allowance. Please contact us and we will assist you to process your claim.

Don't forget Orana also offers free one on one Zoom help over the phone and can even do a practice Zoom with you! So check out our Term 4 program at our website www.orananh.org.au and begin to look forward to getting back to making social connections and learning something new in the warmer months ahead.

Please be assured that all face to face classes at Orana will be conducted in a Covid safe manner at all times and meet with current protocols.

We look forward to seeing you at Orana soon as we begin to look forward to better months ahead for us all!



zoom

FREE One On One Online Training

If you would like to join online classes and workshops but don't know how, **FREE** one on one online sessions are available at Orana to get you started

For assistance with Zoom, please call 9801 1895 and we will contact you to make a booking.



We're helping eligible community members access the

\$250

Power Saving Bonus



For assistance with accessing the Power Saving Bonus, please call 9801 1895 and we will contact you.



Funded by: **VICTORIA** State Government

Check out our website to see all the courses and workshops we are offering in Term 4 at www.orananh.org.au



and follow us on Facebook
www.facebook.com/orananeighbourhoodhouse

ORANA
NEIGHBOURHOOD HOUSE INC.

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Open Monday - Friday 9.00am - 3.30pm
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onh@netspace.net.au | www.orananh.org.au

Building A Road Out Of Lockdown

The current lockdown has been among the toughest and harshest we've experienced. The profound impact on local jobs, businesses and the community's mental health has been severe. We cannot live like this forever and lockdown shows we cannot live with zero COVID. It will never happen. We will continue to see cases and we must start safely preparing for a future living with COVID.

That's why our national plan is so important to us all. It provides a clear road to safely ending lockdowns when we reach 70% and 80% vaccination rates. This means the vaccines are the key.

Our vaccination rates are surging ahead which is a fantastic achievement. At the start of September, 61.7% of eligible Knox residents had stepped up and got vaccinated. That's an amazing 84,000 locals who have their first dose and 52,000 that are fully vaccinated. I thank each one of you for

from Alan Tudge MP, Federal Member for Aston

doing your part to protect yourselves, your families, friends and community.

If we continue with these rates, I am hopeful we will be able to ease restrictions. Just think, local sports will be back, we will be catching up again with our family and friends and our kids will be back in the classroom. This is a reality for us all, and the reason to book a vaccination if you haven't already.

I know some may have had difficulty booking a vaccination as demand is strong but know that the supply is there. We have secured more Pfizer doses and we also have the Moderna and the Vaxzevria (previously known as the AstraZeneca) available right now.

There are plenty of places to get the vaccine with over 51 local pharmacies, GP clinics and respiratory clinics across Knox currently offering



vaccines as well the state-run vaccination hubs across Melbourne.

You can use www.hotdoc.com.au to easily book the next possible appointment at a GP or www.coronavirus.vic.gov.au/vaccine to find a hub near you.

If you have any other concerns, I encourage you to visit www.health.gov.au/covid-19-vaccines or have a discussion with your GP.

The vaccines give us our best chance of getting back to normal. Let's get vaccinated Knox!

Wantirna Lions Club - Supporting our Local Communities

by Paul Garvey, Club President

Wantirna Lions Club, a community volunteer organisation, has continued to be very active in supporting our local communities. Some of the activities /projects include the following:

- Dandenong Ranges Storm Relief Centre - Volunteer support and donation of goods to the relief centre
- Ferntree Gully Salvation Army Food Market - providing volunteer support
- Foothills Community Care Socks and Underwear drive - Donated \$500 worth of socks and underwear.
- Lions Comfort Bears- Presented 48 Bears to CFA Bayswater and broader CFA Knox Group. Comfort Bears are for young children affected by traumatic situations
- Orana Neighbourhood House - working bee conducted 3 July and we've committed to support their Open Day with a BBQ in November
- Tamminya Emergency Housing facility - commenced planning & fundraising for replacement of 7 Kitchenettes at their facility

If you would like to know more about the Wantirna Lions current projects or membership please see www.wantirna.vic.lions.org.au,

FaceBook: @Lions Club of Wantirna,

Email: ions.wantirna@gmail.com or contact Paul Garvey Secretary 0400823441



Photos L-R-Photo Comfort Bears (Taken 9th July -Face Masks not required outside)

CFA Lieutenant Brett Batson, Lions Paul Garvey & Wes Gleeson, CFA Deputy Group Officer Robert Williams



ALAN TUDGE MP

Federal Member for Aston

[f altudgeMP](https://www.facebook.com/altudgeMP) alan.tudge.mp@aph.gov.au
 9887 3890 www.alantudge.com.au

Real Action For Knox





What's New At Community Pharmacy?

by Purnima,
Pharmacy Manager



Hi everyone,

Although the past few months have not really gone to plan, as an authorised COVID-19 vaccination provider we have seen a great uptake in vaccination bookings and are really proud to be a part of keeping our community members safe and helping in the re-opening of our state.

What have we been up to?

Share The Dignity

For the month of August, we participated as a drop off point for Share the Dignity. Share the Dignity is a women's charity in Australia that works to make a real, on-the-ground difference in the lives of those experiencing homelessness, fleeing domestic violence or doing it tough. They assist those in need by collecting period products through collection drives and campaigns distributing directly to charities across Australia. As always, we had a great response from our local Community and look forward to continuing as a drop off point for their next donation drive.

Red Nose Day

We also supported Red Nose Day with staff wearing a touch of red and selling merchandise to raise money and awareness for Red Nose Australia.

Since Red Nose Australia was founded in 1977 AIDS has been reduced by 85%, and more than \$17 million has been invested into lifesaving research, however 3,000 babies and young children



As we head into the last few months of the year, we are planning to hopefully spread some Christmas cheer and get ready for a great Summer ahead.

Remember we have lots of services available for you to access, whether it be a medication review, Naturopathy, Weight Management or Home delivery as well as many more.

still die suddenly and unexpectedly each year in Australia, and 1 in 4 pregnancies ends in miscarriage.

Team Training at Community Pharmacy Wantirna

As a part of our ongoing commitment to provide our customers with a wide range of services, while ensuring that we are able to give our best level of customer service and advice, we are continuously reviewing and keeping up our training.

Over the past couple of months we have had many of our team training in different areas across Pharmacy. This is on top of the regular product and condition based training that all staff complete on a regular basis.

- Our Pharmacists have all completed their Covid vaccination training.

- Him has recently graduated his Bachelor of Pharmacy (with Honours) and is now a Pharmacist

- Rigas and Finlay are currently undertaking their Dispensary Technician courses

We are really proud of the commitment that team members put into their ongoing training. If you come across a team member that you feel has gone above and beyond we would love for you to tell us about it!

Meet The Team

In this edition of the Studfield Wantirna Community News our featured team member is Finlay.



Hi! My name is Finlay. I currently work as a pharmacy assistant at Community Pharmacy Wantirna.

I'm also undertaking a course to become a dispensary tech. I've been working in the pharmacy for 5 months.

Q. What made you want to have a career in Pharmacy?

My current job is actually my first job ever. When looking for where to apply and hand in my resume, I decided that I wanted to work somewhere in the Wantirna Mall shops. I've been coming to the pharmacy since I was young and I wanted to know what the experience would be like working there. Luckily enough I got the job when I applied.

Q. Do you have an area of Pharmacy/Health that you are particularly passionate about?

I'm designated to maintain the eye and ear health section of the Pharmacy so I obviously have to show interest in that area, but I am also interested in the dispensary and that is the main reason I decided to take a dispense tech course.

Q. If you weren't working in Pharmacy what would you want to be doing?

I can't say I have an answer as I have no complaints about my current position or the position I'm training for. In the future however, I'd like to take an engineering course at university.

Q. What do you like to do when you aren't at work?

I like to spend time with my friends and socialise. I like being around people whether that's parties or just outings with friends and loved ones.

Q. What is the one thing I would like my customers to know about me?

I'd like my customers to know that they're always free to strike up a conversation with me when they come in and that I'd be happy to help them to the best of my ability.

Remember to have a look at our website and follow us on Facebook to keep up to date with all our latest news!



Covid-19 Vaccinations

Bookings Preferred – walk-in's may be available but cannot be guaranteed At Community Pharmacy Wantirna we are an authorised AstraZeneca* vaccination provider.

Bookings can be made on our website: www.communitypharmacy.com.au

By Phone: 9720 2872 OR through our booking linked link shared on our Facebook page.

*At the time of writing this we were only vaccinating with the AstraZeneca vaccine. We anticipate that by the time of publication we will also be able to vaccinate with the Moderna vaccine subject to Government announcements.

Christmas 2021

Christmas Catalogue

Our Christmas Catalogue breaks on November 25th with lots of gift ideas for you to choose from!

12 Days of Christmas Specials

Our popular 12 days of Christmas promotions will run again this year. Keep an eye on our Facebook page from the 12th of December to see what special each day will bring!

Christmas Celebration Events

We are hoping to bring back our Christmas events this year subject to restrictions easing. This year we are planning two events, one for the adults and one for the kids! Cross your fingers and pop these dates in your diary. Then keep an eye on our Facebook page or make sure that you are signed up to our newsletter for updates. Adults Christmas VIP event – Wednesday 24th November. Kids Christmas Fun Day – Thursday 16th December

Community Pharmacy Wantirna
Shop 3-4 Wantirna Mall
348 Mountain Hwy, Wantirna

(03) 9720 2872 OPEN 7 DAYS
Email: wantirna@communitypharmacy.com.au
www.communitypharmacy.com.au



Greetings fellow Knox Residents,

As the sunshine starts to shine through this Spring and we have a roadmap out of lockdowns I hope that you and your family are doing as well as possible in these challenging times.

Council knows that more of our community are facing financial hardship and we have put additional measures in place to provide flexibility and support for those in need of assistance including mental health support, rates payment assistance and business support programs.

If you are experiencing COVID-19 financial hardship there are options when it comes to your rates. At the August 2021 Meeting, Knox Council resolved unanimously not to charge

interest on late rates payments and charges until 31 March 2022 allowing people more time to pay.

To further support businesses Council will also waive trading permit fees for outdoor dining and signage until the end of August 2022.

Any individual or business that has or will experience a loss of employment, reduced income or decrease in revenue because of COVID-19 can apply for a payment plan. For more information visit <https://www.knox.vic.gov.au/our-services/rates/rates-payment-assistance> or call 9298 8000.

Thank you to all of you who have reached out to me. If you need any help or information then do not hesitate to get in touch via email marcia.timmers-leitch@knox.vic.gov.au or phone 0428 162 218.

Templeton Street Bike Lane

Improved safety on Templeton Street and better connection to existing bike paths and local facilities are part of the benefits from the newest portion of the Wantirna Cycling link.

Works have now been completed including line marking, painted road surface treatments and modifications to some slow point devices. They provide bicycle access for the whole community, not just the residents of Templeton Street.

Parking is permitted in the bike lane unless signed otherwise. Motorists should note that they are only allowed to drive in a bike lane for up to 50 metres before turning into a driveway or side street.

The links aim to improve cycling safety by creating a low stress environment for cyclists whilst maintaining the existing car parking lanes. Some safety features are:

- Bike lane marking - to improve on-road facilities encouraging cyclists to cycle on the road rather than on the footpath
- Green intersection treatment – to improve driver awareness and visibility to cyclists at intersections where there is a potential for conflict

The Wantirna cycle link is part of Council's plan to provide safe and sustainable transport options throughout Knox. It connects residential areas with nearby schools including The Knox School and Wantirna College, shops, reserves such as Templeton Reserve and Lewis Park as well as existing cycle trails. The project adds to the work that has already been completed on the Renou Road and Coleman Road sections.



(Templeton Street Bike lane – near the corner of Marlo Street)

My Money - Free money information sessions for women of all ages

Knox City Council is pleased to bring you the "My Money" information sessions designed to increase women's financial confidence, help you understand key financial topics and know where to find help when you need it.

Suitable for women of every age and stage, the course is free and includes 5 online sessions run via Zoom on Wednesdays between 7:30 and 8:30pm. Workshops will be delivered by experienced financial counsellors from the Eastern Community Legal Centre.



Topics include:

- Budgets and bills – 29 September – plan and manage how you spend your money and find out where to get help when you need it.
- Superannuation and insurance – 6 October – understanding how insurance and

superannuation work and can help secure your future.

- Managing debt – 13 October – falling behind on repayments is stressful. Learn strategies to avoid getting into debt.
- Avoiding scams – 20 October – scammers try and steal your money or personal information. Learn how to protect yourself.
- Planning for your future – 27 October – it is never too early or too late to have a plan to protect your financial wellbeing.

Participants will be able to ask questions throughout the session and FAQ sheets will be provided.

This initiative is a partnership between Knox, Maroondah and Yarra Ranges Councils, Eastern Community Legal Centre, Women's Health East and the Outer East Primary Care Partnership.

Book just one session or attend them all. For more details and bookings visit www.eclc.org.au/mymoney.

Your local voice

Marcia Timmers-Leitch

Collier Ward Councillor - Knox City Council

✉ marcia.timmers-leitch@knox.vic.gov.au

☎ 0428 162 218 📱 MarciaTimmersLeitch 📷 [cr_marciatimmersleitch](https://www.instagram.com/cr_marciatimmersleitch)



A View of Wantirna in 1959

Karen, one of our readers found these pictures taken in December 1959 in her parents slide collection. Her mother thinks they may have been looking to buy a block of land at the time. We are asking our readers if they can identify the location. It was know as the Eastern Peak Estate at the time and is now part of the established suburb.

If you can solve the puzzle or have any information on the locality we welcome you to contact us at swnewspaper@gmail.com.

A big thanks to Karen for providing the photos that give us an insight into how Wantirna looked in 1959.

WANTIRNA NEWS



NEWSPOWER



POST



Newsagent

WANTIRNA NEWS & POST

Paul & Kathy Cameron

| | |
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|---|---|



December 1959 - Looking down the hill at Eastern Peak estate, Wantirna Vic



View of the Dandenong Mountains from Eastern Peak Estate, Wantirna



Lot 77 - One of the blocks considered for purchase



December 1959 - Looking up the Hill at Eastern Peak Estate, Wantirna

New Food and Garden Waste Service for Knox

from Knox City Council

Residents will be able to recycle food scraps in their green waste bins with the introduction of a food and garden waste service in 2023.

Knox City Council Mayor, Cr Lisa Cooper said the new service will save useful organic products from landfill.

“More than 41% of our households’ general waste is food and kitchen scraps which currently goes to landfill where it produces gases that are harmful to the environment,” said Cr Cooper.

“Instead, processing food scraps along with other green waste allows it to be turned into valuable compost products for household and commercial gardens and farms.

“Households will receive kitchen caddies and compostable liner bags to help sort food waste and we will run an education campaign to help residents understand how to use the new service.”

The lids on green waste bins will be changed to coincide with the start of the new food and garden waste service. New lids will be green and include information on what items can and can't go in the bin making it easier for residents to understand.



The introduction of a food and garden waste service is one of a number of changes coming as part of state government recycling reforms. Over time other bin lids will also change to match other councils around Australia and support statewide waste education efforts.

All Victorian councils will also be required to have a glass recycling service by 2027. We will decide how this service will work closer to the time. This will give us time to assess the impact of a statewide scheme being introduced in 2023 that will pay Victorians cash for the return of drink cans, cartons, and bottles.

Broken glass frequently becomes stuck to other recyclable materials such as paper or cardboard. Separating glass ensures that all products can be effectively recycled with glass often turned back into jars and bottles or used in roads and footpaths.

There will be increases in the garbage charge on the rates bill to pay for these changes. Council is still working out the costs and will provide more information on this when possible.

Green waste will continue to be collected fortnightly and general waste weekly. In 2025, Council will consult on bin collection frequencies.

KNOX
your city



Christine Ellis
Citizen of the Year 2021

Honour everyday heroes

Knox Australia Day Awards 2022

Know someone who has made a difference? Think of people who volunteer at schools or clubs, or reach out to help others, or work to sustain the environment.

Help us give these amazing people the recognition they deserve.

Nominate by
22 November
2021

knox.vic.gov.au/ausday



The Pain Is Real, But So Is The Cause For Hope

For a year and a half, Victoria has been gripped by the COVID-19 pandemic and various public health restrictions implemented in response.

For many in our community, these restrictions have had a truly devastating impact.

I am particularly concerned by the mental health challenges faced by many local residents.

I implore anyone who needs mental health support to reach out to their loved ones, their friends, their neighbours and our fantastic mental health support services to get the help and support they need. Help is here for you:

Crisis Contact Details – if you are in immediate danger, please call 000

Lifeline – 13 11 14

Beyond Blue – 1300 224 636

EACH – Generalist Counselling – 1300 003 224

Headspace Knox – 9801 6088

Outer East Phone Chat – 1800 984 825

MensLine Australia – 1300 789 978

Kids Helpline – 1800 551 800

Relationships Australia – 1300 364 277

Red Cross – COVID CONNECT – 1800 733 276

Over the course of the pandemic I have received countless calls for assistance from local residents. While I have been able to advocate on their behalf and to bring Government attention to their plight, these residents have often been in need of more immediate help.

Into this breach our many remarkable local community groups and organisations have stepped.

Throughout this period, these organisations have

provided all manner of vital assistance to those in need. This assistance includes food relief, financial counselling, housing assistance, family violence support, mental health support and drug and alcohol support.

The range of services that have been provided by these organisations truly reflects the complexity of the challenges we face as a local community amid this pandemic.

Whether these organisations belong to a religious denomination or none, they have welcomed all equally and have truly served and continue to serve the entire community.

While these organisations may be too numerous to list here, I sincerely thank, on behalf of all Knox residents, each one of these groups and all of the many volunteers and workers who have committed themselves to this important work.

I know I am personally indebted to these groups as the local State Member for Ferntree Gully for having a place to refer local residents for immediate assistance. A place where I know these residents will not only receive the support they need, but where they will be treated with compassion and dignity.

It is truly a privilege to be afforded the opportunity to witness so much of the good that goes on in our community. In such times as these, it is a cause for great hope and optimism, and it is one which I hope to continue to share with the community.

As always, please do not hesitate to contact me by phone on (03)9758 6011 or by email at nick.wakeling@parliament.vic.gov.au should you need my assistance.

OUT AND ABOUT

with Nick Wakeling MP, Member for Ferntree Gully

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- Research local memorable stories.
- History writing

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Call Charles on 0407 797 666

**Working hard for
our local community**

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✉ nick.wakeling@parliament.vic.gov.au  www.nickwakeling.com.au

Funded from Parliament's Electorate Office and Communications Budget.

**Nick
Wakeling** MP

STATE MEMBER FOR FERNTREE GULLY



WHAT'S COOL AT SCHOOL?

St Luke's Primary School - Lockdown Update

So Many Opportunities In Lockdown

At St Luke's Primary School in Wantirna we are making the most of providing as many opportunities as we can during lockdown. In conjunction with ensuring our students are receiving the best learning programs and outcomes, we have also had plenty of exciting and fun activities for our students and their families.

Mini Vinnies Cooking

Our students who are onsite have participated in our Mini Vinnies meal cooking. They have prepared and cooked spaghetti bolognese and vegetable soup meals that are distributed to families in need within our community. They also prepared "Blessing Bags" containing toiletries and other essential items. It is even more important at the moment that we are able to help out members in our community and at St Luke's we devote a lot of time to our Social Justice initiatives.

Weekly Baking

Students can join an online baking Google Meet once a week. This is a continuation of the cooking classes we have during face-to-face learning. The students have made sausage rolls, cupcakes and cookies. This program is a great success and we have some great fabulous cooks at St Luke's!

Wellbeing Days

On our Wellbeing Days our students can choose from a number of fun activities including building a cubby house at home, making a card tower, crazy hair days, dress up days, participating in a staff 'Guess Who', art projects using materials from the garden and Origami lotus flower making. The students have also participated in an "online lunch" in their friendship groups as a great way to stay in touch with students from other year levels in the school.

We are still accepting Prep 2022 enrolments and there are limited vacancies in all year levels, so please contact the school office on 9801 6917 or email info@slwantirna.catholic.edu.au to organise a virtual tour.



"Still Me." Film Launched by Knox Rainbow Youth Action Group

from Knox Council,
Youth Services Team

The Knox Youth Services team held a launch of a brand new short film created by the Knox Rainbow Youth Action Group in partnership with Momentum Studios Australia entitled 'Still me.'

The Knox Rainbow Youth Action Group, supported by the Knox Youth Services team, is for LGBTIQ+ young people who are keen to develop new skills and are passionate about advocacy.

Since 2018, the group has been working on film projects in collaboration with Momentum Studios Australia, beginning with the production of their first short film, MASKED. Since its premiere, MASKED has received in excess of 2 million views on YouTube, and has been screened around the world in film festivals and on television across the UK. The film also received an Award for Excellence at the LGPro Awards.

'Still me.' follows the story of a non-binary teenager, Bailey (Alanah Parkin). After coming to terms with their identity, it's time for Bailey to come out at school and navigate what this means for their social life.

However, this proves harder than they anticipate, and Bailey is faced with a choice between social ridicule or the closet. Luckily, Bailey makes a new friend named Zach.

The project was funded by Knox City Council, the Victorian Government and the Youth Affairs Council Victoria (YACVic) HEY Grants initiative – Providing grant assistance to projects promoting the mental health of same sex attracted and sex and gender diverse youth.

'Still me.' premiered on Wear It Purple Day and can be seen on the Momentum Studios YouTube channel at <https://www.youtube.com/watch?v=6NtrKcMQRTM&t=92s>

To learn more about the Knox Rainbow Youth Action Group, visit <https://www.knox.vic.gov.au/our-services/children-family-and-community-services/youth-and-teenagers/youth-services/lgbtiq-young-people>, email youth@knox.vic.gov.au or call our Youth Services team on 9298 8000

knox:
Rainbow Youth
Action Group



LGBTIQ+
16-25s

Help increase rainbow visibility in the City of Knox!
The Rainbow Youth Action Group is for LGBTIQ+ people aged 16-25 who are keen to develop new skills and are passionate about advocacy.

You'll participate in fortnightly meetings, undertake training, organise events and get involved in community education activities, such as public speaking at functions and schools.

Interested? Contact
Madeleine Power madeleine.power@knox.vic.gov.au 9298 8000



**Working hard for
our local community**

Unit 4, 91 Dorset Road, Ferntree Gully 3156 | P: 9758 6011

nick.wakeling@parliament.vic.gov.au www.nickwakeling.com.au

Funded from Parliament's Electorate Office and Communications Budget.

**Nick
Wakeling** MP

STATE MEMBER FOR FERNTREE GULLY





What's New at Your Library

by Karla Simon

LIBRARY NEWS

Riveting Reads

Enjoy a great selection of the latest books and DVDs at Your Library. To place a free reservation on any of these titles, visit our website www.yourlibrary.com.au/catalogue.

Top Reads

- We Were Never Here by Andrea Bartz
- Media Tarts by Julia Baird
- 28 : a memoir of football, addiction, art, masculinity and love by Brandon Jack
- Recipe for a kinder life by Annie Smithers
- Futuresteading : live like tomorrow matters : practical skills, recipes and rituals for a simpler life by Jade Miles
- An insider's plague year by Peter Doherty
- Muddy people : a memoir by Sara El Sayed
- Majak by Majak Daw ; with Heath O'Loughlin
- The black dress by Deborah Moggach
- Once there were wolves by Charlotte McConaghy

New DVDs

- June again
- Agatha and the midnight murders
- Magical Maastricht: together in music
- Eurovision song contest Rotterdam 2021
- No man's land
- Six minutes to midnight
- Todd Sampson's body hack 3.0
- The very excellent Mr. Dundee
- Follow me
- The Seekers: live in the UK 2014

Events at Your Library

Join us at the library for these exciting events! To book into any of the events below, call 1300 737 277 or book online via our website events.yourlibrary.com.au. All events follow strict COVID Safe guidelines.

Please note: In the event of a lockdown or change in government restrictions, events may be cancelled at short notice.

Writing A Memoir With Nicolas Brasch

3PM, FRIDAY 1 OCTOBER
Free | Bookings essential
Knox Library

In this workshop you will learn about various aspects of memoir writing, from researching, structuring and writing a memoir, to dealing with moral and ethical dilemmas, and examining the notion of truth.

Nicolas Brasch is the author of more than 400 books and teaches professional and creative writing at Swinburne University; presents workshops and seminars on writing and storytelling; and is the founder of Writing 101, a platform of online writing courses.

Games Afternoons

EVERY WEDNESDAY AT 1PM
Free | Bookings essential
Knox Library

Come in and have a chat, play some games, and have a great time!

We have games including Thirty-One, Gin Rummy, Canasta, Hearts, Scrabble, Boggle, Sequence, and Rummikub. BYO games and requests for other games are welcome.

Age Pension & Your Choices

10AM, THURSDAY 7 OCTOBER
Free | Bookings essential
Realm

Do you want to know more about the Age Pension and your choices? Celebrate Senior's Week and join us for a presentation that will discuss qualifications and claims, income and asset tests and how you need to plan for retirement.

Get Together Gardeners: Create A Hanging Basket

1PM, MONDAY 25 OCTOBER
Free | Bookings essential
Knox Library

Save money and personalise your garden by creating and taking home your own spring hanging basket. All materials provided.



Featured Technology workshops:

Digitise your photo collection

2:00 PM MONDAY 11 OCTOBER
Free | Bookings essential
Realm

Learn to use Google PhotoScan, Notes apps and other various apps to digitise photos and documents. We will demonstrate how these apps crop and enhance documents, options for saving these documents or photos, and why it is important to digitise.

Staff Pick



If I had Your Face by Frances Cha

This story is about five young women living in Seoul, South Korea who all come from very different backgrounds and lead very different lives, but live together in a small apartment.

This book is a really quirky read, but I loved the relationships between the characters.

I think the book really explores how women value and need a supportive group of friends.

Anji - Library Customer Service Officer

The Radio Killer – Podcast & Music Streaming

11AM FRIDAY 15 OCTOBER
Free | Bookings essential
Bayswater Library

Sick of listening to the radio? Discover the new world of Podcast and music streaming on your device! Services including Spotify can transform how you access and listen to your favourite songs or radio shows. We will discuss the benefits of streaming along with where you are able to access these services.



Create Online Photobooks and Gifts

2PM TUESDAY 9 NOVEMBER
Free | Bookings essential
Ferntree Gully Library

Use apps and online services to create beautiful online scrapbooks and Photo Albums, we will be exploring platforms such as Snapfish, Canva and Kmart. We will show you just how easy it is!

No Interest To Be Charged For Late Rate Payments

from Knox City Council

Interest will not be charged on late rates payments and charges until 31 March 2022 in a move to further support households and businesses facing hardship.

Knox City Council Mayor Cr Lisa Cooper said the social and financial upheaval caused by the pandemic and ongoing restrictions continues to have an impact on locals.

"We know that more of our community faced financial hardship last year than ever before. In response, we put additional measures in place to provide flexibility and support for those in need of assistance," said Cr Cooper. As restrictions continue and many households and businesses face ongoing challenges we know the arrival of a rates notice is awful timing for some in our community. That's why we're extending these measures to reduce the pressure on ratepayers in need while ensuring we still have the funds needed to provide other critical services and support for the community."

Annual rates notices will be delivered in the coming weeks. In addition to waiving interest on late payments, payment arrangements and interest free periods are available to all categories of ratepayers and payment plans of more than 12 months can be offered.

To further support businesses Council will also waive trading permit fees for outdoor dining and signage until the end of August 2022.

These steps aim to provide those in need with more time to pay and peace of mind that late payments won't create greater challenges.

Any individual or business that has or will experience a loss of employment, reduced income or decrease in revenue because of COVID-19 can apply for a payment plan. More information is available on our Rates page or by calling 9298 8000.



Support For Knox During the Pandemic

The coronavirus pandemic has been difficult for everyone in Victoria, please remember to check in with your friends and loved ones during this time.

The State and Commonwealth Governments have been working together to provide supports to individuals doing it tough during restrictions including:

- \$250 Power Saving Bonus for eligible Pensioner Concession and Health Care Card holders
- \$450 Test Isolation Payment for Victorians who have no income or paid leave entitlements while awaiting the result of a coronavirus test
- \$1,500 Pandemic Leave Disaster payment for workers who have no income or paid leave and must self-isolate or quarantine for 14 days
- Up to \$1,500 Rent Relief grants for eligible renters

COVID-19 Disaster Payment for people who have lost income due to public health restrictions

Support for businesses include:

- The Small and Medium Enterprise Recovery Loan Scheme
- Commercial Tenancy Relief Scheme
- Support for the Victorian Events Industry
- Coronavirus liquor licence fee relief

Find more information about available coronavirus support on the Victorian coronavirus website www.coronavirus.vic.gov.au

If you have any questions or if you need further assistance, please do not hesitate to call my office on 9887 0255



The Ferntree Gully Arts Society
at The Hut Gallery
157 Underwood Road, FTG.
Weekends 11am to 4pm
All Welcome. Free Entry.

Exhibitions
Pending COVID
restrictions

'Members' Annual'

A wonderful exhibition of the best artwork by our artists created within the past two years in a variety of mediums.

The Allan & Peg Lowe Annual Award
Saturday 6 Nov to Sunday 5 Dec Official
opening and award presentation Sunday
14 November at 2:00pm

All artworks are for sale

'Skatedecks & Sneakers'

Call out to artists – decorate a skateboard deck or sneakers (single or a pair) and enter into our competition. Prizes – cash or Globe skate products Exhibiton rescheduled to February 2022. Check our website for information and entry forms in January.

All Classes and Workshops closed until restrictions are lifted for these activities.

www.thehutgallery.com.au

www.facebook.com/TheHutFTGArtsSociety

www.instagram.com/thehutgallery



SHAUN LEANE MP

LABOR MEMBER FOR EASTERN METROPOLITAN REGION

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Young People Hard Hit By Pandemic Response

By Nicole Seymour
Community Matters Most

As at the start of September, Victoria has recorded 22,187 confirmed cases of covid-19 since the beginning of the pandemic which equates to approx. 0.33% of all Victorians.

Whilst the direct toll of covid-19 infections on public health has been well contained, the social and economic costs and indirect impacts on mental health are yet to be fully realised.

What is evident is there is far higher demand for crisis services compared with pre-covid times putting stress on a mental health system that was already under resourced, underfunded and failing.

The measures needed to manage the public health response to the pandemic have had far-reaching impacts on people of all ages, particularly young people. Repeated and sustained disruption to education, reduced employment, inability to gain momentum in early career progression, financial insecurity, loss of independence as well as physical and social disconnection are all factors cumulating

to put young people under mental and emotional stress. Crisis Services are reporting higher incidences of suicidal ideation, self-harm, eating disorders, anxiety and depression amongst young people because of the immense stressors young people are experiencing throughout the pandemic.

All tiers of Government recognise the impact covid-19 is having on our mental health system and have committed extra funding to try to bolster the support systems available. Even so, the wait lists are long and there is a shortage in professional help available.

What can we do as a Community to support each other through these times? Patience, understanding and kindness. Support each other to stay connected – it takes a little more effort however may make a big difference to someone who needs you. As things improve we might also need to be more understanding of the medium / long-term impacts the disruption of the pandemic has had on young people in completing their schooling or entering



KNOXFIELD NEWSAGENCY

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 EMAIL: knoxfieldnewsagency@hotmail.com

Monday to Friday 7.00am to 5.30pm
 Saturday 7.30am to 3.30pm
 Sunday 7.30 am to 10.30am

the workforce. It may take longer for them to “find their feet” and establish the beginnings of financial independence. Hold no judgement and be as understanding as possible, these are extraordinary times and we can only face each day to the best of our ability.

A Couple of Key Mental Health Contacts:

- Beyond Blue 1800 224 636,
- Kids Helpline (counselling for young people aged 5 – 25) 1800 551 800,
- Lifeline 13 11 14

Tirhatuan Ward Update

By Cr. Nicole Seymour

Opportunity to have your voice heard regarding the future of housing development in Knox.

Housing has changed significantly across Knox over the past decade with more multi dwelling blocks and higher density living seen across major activity areas. Indeed, the area's the Studfield Wantirna News is circulated have seen increased apartments and town houses.

While additional housing is needed the pattern of development is often in direct contrast to the factors that make our suburbs highly attractive places to live. There is an ongoing conflict between maintaining neighbourhood character and local amenity with demand for choice in housing type and affordability.

Council is often criticised regarding poor planning outcomes. The assumption is that it is Council driving the increase in apartments, multi storey town houses and multi dwelling blocks. While Council is the local planning authority, ultimately State Government Planning Policy sets the framework

Council must work with little opportunity to interpret in a way that is sympathetic to our local areas or what our residents would like to see.

If you have thoughts about how you would like to see our suburbs and main activity areas develop, now is the time to have your say. The State Government is currently in the process of developing Melbourne's Future Planning Framework which will set State-wide policies to guide strategic land use and infrastructure development for the next 30 years.

“The plans identify urban renewal and growth areas, flag future transport opportunities, prepare for community, health, education, recreation, sporting and cultural facilities, and continue our work in protecting and identifying open space and greening initiatives.”

I encourage you to read about what is being proposed by visiting the Department of Environment, Land Water and Planning (DELWP) Melbourne's Future Planning Framework webpage at <https://engage.vic.gov.au/mfpf>.

In particular, all Knox residents should pay attention to what is suggested for Knox as well as our neighbouring Local Government Areas. I was disappointed that there is no mention of major public transport improvement in Knox (No tram to Knox, No tram from Vermont to Bayswater, No Rowville rail) and Knox looks earmarked to carry the weight in terms of housing growth. Please do have a read and take the time to have your say. The plans for our Eastern region can be viewed at <https://engage.vic.gov.au/mfpf/eastern-metro-lufp>. There are online surveys on the engage website where you can share your thoughts of what you want Knox to become over the next 30 years. Community feedback is being accepted until the 24th October, 2021.

If you have been a resident critical of Council regarding the development that has been occurring across Knox and the impact on traffic, car parking, overlooking etc, I urge you to please have your say and share your feedback where it can potentially make a difference.

Thank you,

Cr Nicole Seymour – Tirhatuan Ward

Cr Nicole SEYMOUR

Tirhatuan Ward Councillor
Knox Council

✉ P.O. Box 2168, Rowville 3178

"Thank you for your on-going support. May we achieve great outcomes for our community together."

0427 245 834

nicole.seymour@knox.vic.gov.au

 Cr Nicole Seymour

www.nicoleseymour.com.au



KNOXFIELD & SCORESBY NEWS



MAYOR'S MESSAGE with Knox Mayor, Cr. Lisa Cooper

Most recently Bruce has been leading the transformational work at the City of Boroondara, helping to deliver a better experience for residents through service improvements, more convenient ways of accessing Council services, and enhanced systems and processes.

Prior to Boroondara, Bruce held senior executive and management roles at the City of Darebin, and Yarra Ranges Shire Council.

It is wonderful to welcome someone to the role who has such a deep understanding of local government and community.

Bruce is also a Chartered Accountant with a commercial background and was previously employed by PricewaterhouseCoopers in Melbourne and London before entering local government.

Bruce is joining Knox at an important time. He will play a significant role in helping us achieve the priorities set out in our new Community and Council Plans.

Together and with Bruce's leadership, these plans



Bruce Dobson - Chief Executive Officer

set out how we will achieve our community vision, which is that Knox is a place where we connect with our people and our environment, ensuring they are safe, supported and have every opportunity to thrive.

It is such an honor to have Bruce join our team and I look forward to the many things we will achieve on behalf of our community over the next few years at Knox City Council.

Best wishes for you and your families,
Cr Lisa Cooper

Mayor & Scott Ward Councillor

Dear Residents,

I am extremely excited to introduce you all to Bruce Dobson our new Chief Executive Officer at Knox City Council.

I'd like to start by telling you a little bit about Bruce's professional history.

Bruce is a highly regarded local government leader, who has served in senior executive roles for the past 11 years.

He has worked across many portfolios including corporate services, environment and infrastructure, customer experience and business transformation.

He also has a track record of driving organisational performance and delivering superior outcomes and service to the community.

Get Your Pool Ready For Summer

from One Stop Pool Shop - 9753 3929

With spring finally here after a long wet and cold winter in lockdown, it is time to turn our attention to our swimming pools.

Summer will be here before we know it and most of us will be spending this time at home in our backyards due to COVID 19 .

Preparation now will ensure your pool is sparkling and safe to swim in in the coming months

Green pools are common at the change of season so it is important that you get your water tested and equipment checked.

We are currently open for contactless water testing and chemical sales, so please feel free to contact us via phone, email, or website to make a time and discuss your pool.

Looking forward to a long sunny summer.

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KNOXFIELD & SCORESBY NEWS



Knoxfield Ladies Probus Club By Leonie Taylor

Hello to Everybody,

Well current times are not working in our favour in regard to regular Probus meetings or our "days out" which sadly we have had to cancel on so many occasions this year. However, our health in the community is of far greater importance, so that is our priority now.

I thought I would take this opportunity to write about and introduce some of the amazing, talented ladies we have in our Knoxfield Ladies Probus. My first story is about our current Vice President. Her name is Val Poll and Val has been a big part of our club for over six years.

Val joined in 2014, her husband, Frank, had recently passed away and Val sought company and friendship so she decided to become a member.

Val was asked on joining to take the role of Vice President. Well, whatever that role meant, Val was willing to give it her best and she did!

Naturally, that role led to President's role and in 2016 and 2017, Val was our President. Again in 2019, Val was voted as President. Known fondly for her humour, jokes and "full on" personality. Val did a wonderful job as President, and because she had done acting on stage for many years since the age of sixteen, Val believes this was her "training



ground" for her ability to talk non-stop and keep her audience involved and smiling. No doubt about that – her jokes are notorious.

Val has an amazing musical talent which she told me has come from her father. He loved to play on his mouth organ and during the War he was known to always play to his fellow troops and entertain them, a story that Val always loved to hear from him and pass on.

Her amazing talent is as a pianist, who I have heard play so beautifully, since learning to play the piano

at five years old, Val has achieved many certificates and taught many students. Val loves reading, playing iPad games, doing craftwork and spending time with her two daughters and four grandchildren. As a busy committee member, as well as holding Vice President's position, Val holds a craft day at her house each month for members as well as hosting our monthly committee meeting.

Thank you for all your time and talents Val to our Probus Club and as a Committee member. We so appreciate your dedication and friendship.

New members will always be welcome as soon as we return to monthly meetings, hopefully in the not too distant future. Take care everyone.



Above and left, the talented and irrepressible Val Poll.

Helping Victorians Home

from Kim Wells MP, Member for Rowville

The constant Covid 19 lockdowns have made interstate travel extremely difficult. With the state borders constantly closing there are many Knox residents who have been left stranded across Australia.

Numerous constituents have contacted my office who have not been granted permission into Victoria despite tragic circumstances. Some of these situations include elderly individuals who ended up being caught up in the border closures and are simply wanting to come home to their families who look after them. I have written to the Victorian Health Minister to make sure he is aware of the difficult circumstances these residents are in. I have also asked for these requests to return home are re-evaluated as many of the Victorian families are becoming increasingly concerned.

The last two years have been very difficult for all Australians. While border closures can be a great way to ensure that cases don't spread rapidly across the country it is time changes were made to allow Victorians to return home. I was very pleased to see the Victorian Ombudsman promising to investigate Border restrictions and take these cases seriously. If you have any concerns regarding a loved one who is stranded in NSW please do not hesitate to contact my office. Please look after yourselves and remember to check in on those around you during these harsh lockdowns.



Keep 1.5m apart
from others



BE COVIDSAFE

Kim WELLS MP

STATE MEMBER FOR ROWVILLE

Unit 4, 1335 Ferntree Gully Rd, Scoresby 3179 03 9764 8988 KimWells.com.au

KimWellsMP KimWellsMP

Authorised by Kim Wells, Unit 4, 1335 Ferntree Gully Rd, Scoresby. Funded from Parliamentary Budget



**A STRONG VOICE
FOR SCORESBY
AND KNOXFIELD**

KNOXFIELD & SCORESBY NEWS

VICSES Knox Moves Into New Facility

from Jackson Taylor MP

The VICSES Knox unit has this week moved into its new address at Knoxfield thanks to a \$6 million investment from the Andrews Labor Government.

Member for Bayswater Jackson Taylor congratulated the Knox unit – one of the busiest metropolitan units in the state – on moving into their new premises saying, “The new VICSES Knox facility is an important development for the community who count on the great work of our volunteers on a daily basis.”

With 50 active members, volunteers from the VICSES Knox Unit are among the most active in

Victoria responding to 1200 requests for assistance from July 2020 to June 2021 inclusive.

As Victoria’s largest Road Crash Rescue provider in the state, volunteers from the unit also responded to almost 60 calls for help in relation to road crash rescue incidents in the last financial year alone.

The new fit-for-purpose facility is co-located with the Department of Environment, Land, Water and Planning (DELWP) local headquarters and



The New VICSES Knox facility in Knoxfield - photo sourced via <https://www.facebook.com/SESKnoxUnit>

reflects VICSES’ commitment and dedication to the community and will enable an expansion of local services while supporting the retention and recruitment of new volunteers.

Minister for Emergency Services Jaclyn Symes commented, “Our SES members keep our communities safe, often at the very worst of times. It’s important they have the facilities they need to match their outstanding work.”

The new site includes a Divisional Control Point which coordinates emergency response activities

with other emergency services agencies and will enable the Unit to continue to respond effectively and assist Victoria Police, Ambulance Victoria and fire services throughout the state.

The Labor Government’s \$125 million investment in VICSES capital works is ensuring the state’s emergency services volunteers are equipped with the resources needed to support Victorian communities. These projects are delivered on behalf of the government by the Community Safety Building Authority.

Friberg Ward News with Cr. Susan Laukens

Celebrating Biodiversity Month in Knox

Do you like taking photos with your mobile?

Do you walk Henderson Road Footbridge? The Quarry? Or Colchester Reserve Wetland?

Last question, have you seen the Fluker Posts and ever wondered what they are for?

Fluker posts are physical wooden posts that act as photo points installed at biodiversity hotspots in the environment. This community science long term project enables people walking past to capture a photo of the backdrop and upload it via the Fluker app. Download the app today and be about of this excellent project.



Highlight our Threatened Species in Knox

Unfortunately we have 45 documented threatened species in Knox. This month we shine the light on the plight of our native fauna.

I would like to introduce you to an incredible bird that flies from Asia to Knox, the Latham Snipe. The Latham Snipe annually presents at Tirhatuan Wetlands in Rowville, Waterford Valley Rowville, the Victorian Association of Radio Model Soaring site in Wantirna and Lake Knox Knoxfield. The greatest threat to this and all our Flora and Fauna is habitat loss. We all need to be a part of the solution and fight against habitat loss and protection of our precious animals. Join one of our Knox friends group, Knox Environmental society or sign up to the Gardens 4 Wildlife Victoria.



Left - Fluker Post, above - Lathan Snipe

Cr. Susan Laukens

KNOX CITY COUNCIL FRIBERG WARD COUNCILLOR • PUTTING OUR COMMUNITY FIRST

LET ME KNOW WHAT MATTERS TO YOU

Call or text on 0437 882 913,

email me at cr.susan.laukens@knox.vic.gov.au or visit www.susanlaukensforknox.com.au

 SusanLaukensforKnox



Laughter Club News

How Humour Helps Laughers

Having a sense of humour is widely spoken of as being an important element to hold in one's outlook on life, especially since Covid entered our lives. How we live our life is dependent on our viewpoint which has developed as we are naturally conditioned by our environment. We especially become conditioned as small children, watching, learning, listening, expressing and experimenting with what works in our attempts to get along and receive love from our parents in particular.

Adults can keep this seeking love and approval too when we look for it outside of ourselves. It is an identification thing, usually to boost our feelings of belonging and being a worthwhile person. Our experience with laughter may be cultural and consequent to our background, everyone's sense of humour is unique.

There are many reasons why we laugh which are mostly unconscious as a release to feel happier, lighter, without pain. We can laugh because we are happy, sad, in pain, feeling uncomfortable, in fact for innumerable reasons. Yet, laughter needs cultivation as any good habit does. Children laugh freely and as we grow up we tend to close up as a general rule, become self conscious and limit the amount of laughter in our daily lives.

An Indian physician, Dr Madan Kataria started free community laughter clubs 26 years ago and there are now thousands worldwide. Lynette became involved

17 years ago when she started the Boronia Laughter Club which transitioned into the Ferntree Gully Laughter Club. The experience of running one has given her first-hand experience of the transformation in members' lives.

We laugh together for the health benefits and initially for newcomers, they begin with 'fake it till you make it', because the body cannot differentiate between real and pretend laughter. How it is done is like improv theatre, pretending to laugh in different scenarios. This makes it easy to laugh without jokes or props and very quickly, the laughter is automatic and genuine.

Laughter sends positive messages to our body, releasing endorphins, resulting in us feeling uplifted, lighter, joyous and energised. There are enormous benefits from what we do which is basically adults engaging in playful childlike fun activities. Remember too it includes lots of deep breathing which helps oxygenate the blood and is very cleansing for the body. Deep breathing is calming, lowering stress levels within us as well.

Attending a laughter session creates an opportunity to come out of your comfort zone. Laughter is an aerobic exercise and there are innumerable health benefits, physically, emotionally, mentally, socially and spiritually. Laughing for one's health has become widely researched and it is now understood that it benefits all who do it. It does not discriminate and is an inclusive activity or pastime.

Laughter Yoga, as it is known, nowadays is incorporated as a wellness activity in business and other organisations. How wonderful indeed. Perhaps

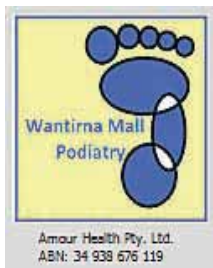
you will experience it in this way or by attending a laughter club. Either way, it is recommended attending a few times for you to discover how it helps you. Otherwise, you will never truly know how incorporating more laughter into your daily life will assist you! Lynette suggests making laughter a daily habit.

Our laughter club meets at 11am on Sundays and during Covid times Zoom is every week.

Cheerio for now. Until next time, love and laughter blessings. I look forward to hearing how you go with these ponderings.

Lots of Love and Laughter, Lynette Mitchell.

*Lynette & John Mitchell lead the free Community Ferntree Gully Laughter Club,
Phone: 0425 799 258 or John on 0425 798 115
Email: lynette@laughterforliving.com.au
<https://laughterforliving.com.au/>*



Wantirna Mall Podiatry
Melina Linardatos (B. Pod, MAPA)
4/322 Mountain Hwy, Wantirna
Ph: 9720 1235
Open: Tues – Fri 9am to 6pm
Sat: 9am to 1pm
www.wantirnamallpodiatry.com



Melina Linardatos

What are flat feet?

At Wantirna Mall Podiatry we see many feet with all different shapes and sizes, "what are flat feet" is a common question at the Podiatry clinic and can be complicated to answer. Flat feet or Pes Planus is a general term used to describe the lowering of the inner arch of the foot. Flat feet can be developmental or acquired meaning after a period time for various reasons the feet have become flat.

The flat feet are structural, the shapes of the foot bones and joints influence the shape of the foot but also functional meaning the ligaments and muscles within the foot are not working well to hold the position of the foot together. The joints maybe able to move too much, hypermobile or not able to move at all, limited. When walking the position of the foot also influences the position of other joints including the knees, hips and back.

When the feet are flat the position of the foot is not ideal for walking and can cause pain and deformity within the foot and other areas. Treatment of flat foot maybe required if the flat position of the foot is new, progressive, painful or associated with another pathology like arthritis. In order to determine the type of flat foot you have, the influence on other areas of the body and what can be done to help our Podiatrists conduct a Biomechanical Assessment.

If required, non- surgical treatments are prescribed to help any pain or abnormality including stretching and strengthening exercises, footwear and corrective or accommodative foot orthotics. Please visit us on our website for more information and handy tips.



Knox Seniors Festival 2021

1 - 28 October

Expand your horizons

Come along to meet new people, learn something new, and have a good time!

Event highlights include:

- 1 Oct - How to get older without getting old talk
- 5 Oct - Taste of Asia cooking workshop
- 7 Oct - Self-publish your own ebook

Book your spot today by calling 9298 8000 or visit knox.vic.gov.au/seniorsfestival




Event details may change due to restrictions. Check with the event host or our website for updates.

NEWS IN GOOD HEALTH & WELLBEING

News from Wantirna Osteopathy by Dr. Kira Nee (Osteopath)

An Increase In Sporting Injuries Post Lockdown & Covid-19

Early 2020 saw the start of social distancing and the closing of recreational sporting activities around the world. With the closing of local and elite sporting competitions, there was a notable reduction in adolescent broken bones and sports injuries. Compared to previous years paediatric fractures dropped by 60%.

There are many questions regarding how this time on the sidelines may affect everyone from athletes, to coaches, trainers and even spectators. A primary concern for many is the health and safety of athletes. Will these athletes experience a higher rate of injury?

Many experts are comparing the time spent in isolation to the 4.5-month 2011 NFL lockout where one study reported a spike of 12 Achilles tendon

injuries in the preseason alone.

Some experts expect an increase in hamstring, knee and ankle injuries following a return to Australian sporting fields. While many individuals kept active through lockdowns by running, cycling and other means it is proposed that this does not compensate for the lack of kicking, tackling and sprinting efforts seen in common Australian sports. Research suggests that most players do not reach their top running speeds during training sessions compared to a game. Tackling and agility movements that are unpredictable during games is also very hard to mimic during home based exercise sessions.

Inadequate conditioning may result in increased muscle strains, overuse injuries, tendon injuries and stress fractures. Your osteopath can help to identify



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- Sports injuries
- Headaches
- Back and neck pain
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these and assist in the appropriate treatment and management of these conditions. It is important to be particularly mindful of young athletes whose bones and joints are still developing. To assist in a return to sport individuals should slowly progress their training levels so as to not over-stress their body, work on their individual weaknesses during trainings and have an individualised re-introduction to training. An osteopath can help advise you on how to appropriately implement a training program to assist in preventing injury and allowing for a safe return to sporting fields.

Hands on Myotherapy



We have been very busy in between lockdowns at Hands on Myotherapy. There are many of our regular clients and those from the wider community who have been suffering from a range of injuries and conditions. COVID restrictions have limited our

time open to you and we appreciate that many will be looking forward to more appointment availability.

With this in mind we are expanding our team. In addition to our five amazing, dedicated Myotherapists, we are excited to announce that Remedial Massage is back! Our new Remedial Massage Therapist, Veronica, has 30- and 60-minute appointments available.

With a background in personal training and a keen interest in treating headaches and neck pain, Veronica is a great addition to our team.

Our therapists treat a wide range of conditions, including frozen shoulder, migraine, shin splints, tennis elbow and post-operative requirements, just to name a few.

We look forward to seeing all our regular and any new patients to provide our usual high-class level of treatment and care. If you are experiencing niggling aches and pain or suffering from ongoing injuries, call or book online today to start getting your body back to a more 'pain free' you.

 **Hands On
Myotherapy**

- Back and Neck Pain
- Pregnancy Massage
- Knee and Leg Pain
- Deep Tissue Massage
- Sporting/ Occupational Injuries
- Golfer/ Tennis Elbow
- Headaches
- Sciatica

8740 3991

Unit 10/603 Boronia Road
Wantirna VIC 3152

Monday - Friday 9am to 7.30pm
Saturday 8am to 1.00pm

www.handsonmyotherapy.com.au
enquire@handsonmyotherapy.com

Mr. Mina Williams
B.Pod. M.A.Pod.A.
Podiatrist



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NEWS IN GOOD HEALTH & WELLBEING

Five Key Reasons to Hire an In-Home Care Worker for an Ageing Loved One

from Home Care Assistance

Many seniors are fortunate to enjoy living independently into their golden years but eventually they may reach a point when they need help around the house. When this happens, hiring an in-home Care Worker provides a number of benefits.

1. Emotional Support

Seniors living alone are more vulnerable - loneliness, grief, and boredom all take a toll on emotional health. Home Care Assistance in-home Care Workers help maintain a cheerful, positive attitude as they help seniors with their daily routines.

2. Watch for New Health Conditions

New health issues begin with mild symptoms that can be easily overlooked. However, professional Care Workers are trained to monitor changes that signify a need for further investigation, such as an altered movement, alertness or sudden weight loss.

3. Help with Medication Management

Seniors may have difficulty remembering to take their medications, let alone at the right time. However, an in-home Care Worker can help your loved one with medication management.

4. Support Family Carers

Initially family members often try to do it all themselves. With time this is no longer possible due to increasing care needs or time commitments. In-home Care Workers provide respite care options allowing family members to tend to other needs and responsibilities.

5. Assist with Personal Hygiene

Going about with unkempt hair or skipping too many baths could have a negative effect on their self-esteem and cause conditions such as body rash impacting their comfort. Care Workers can assist with personal care so they always feel fresh and clean.

If your loved one needs professional in-home care, Home Care Assistance is here to help.

To learn more or schedule a free consultation with one of our qualified Care Managers contact us today 9005 1159.



FUTURE VOLUNTEERS PUT YOUR HANDS UP!

Throughout 2021 our volunteers have continued to help Bridges to support our clients under tight restrictions and with limited capacity.

As our services recommence, we continue to need supportive and willing volunteers to help in the

following roles:

- Pet Walking
- Transport Drivers
- Social Support
- Admin Assistants
- Phone a Friend
- Knox Senior Safety Register

Find out more at www.bridgescc.com.au

Email or call: info@bridgescc.com.au on

9753 4577 or 0476 470 030



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NEWS IN GOOD HEALTH & WELLBEING

It's The Little Things.....!

from Balmoral Village

The annual Director's Cocktail Party at Balmoral Over 55s Lifestyle Village in Wantirna South has been a tradition for years. It's an opportunity for the owners of the village to say thank you to our incredible residents. Drinks, canapés, laughter, fun and great conversations continue late into the evening. It is uniquely Balmoral!

With the current restrictions delaying the event again this year, we didn't want our residents to miss out. So our village manager, Helen Sargent and her team, prepared a small gesture for our resident community. A bottle of bubbly, some chocolates and something savoury. Hand delivered to every resident to enjoy in the comfort of their own home. Of course, we hope to celebrate the annual event in person as soon as we can.

It's the little things that make Balmoral Over 55s Lifestyle Village one-of-a-kind. As the resident's committee reflected, "Once again you have sent us a 'spot of sunshine' to help us through the latest lockdown. Village residents regularly comment to [us] on how fortunate we are to be living in Balmoral. A heartfelt thank you on behalf of all residents." One resident noted, "I realise how fortunate we are to be part of the Balmoral family. I am so thankful I



made the move!" with another saying "a very sincere and heartfelt thankyou to you, we are all in this together as part of the Balmoral family". One couple summed it up well: "Yes! We will be drinking a toast to all concerned!".

As the challenging times continue, why not consider

being part of a unique, caring, supportive, inclusive and happy village community. Join us at Balmoral. We'll save a bottle of bubbly for your arrival!

Balmoral Over 55s Lifestyle Village is at Ridge Road, Wantirna South. Phone (03) 9800 1333.
www.balmoralvillage.com.au

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retirement living

Apartments from \$345,000
Villa units from \$477,500

Stay local! Balmoral is a community within a community. Enjoy safety, security, low maintenance, landscaped gardens with beautifully appointed apartments and villa units.

03 9800 1333

Call us today to make the move to Balmoral.
Balmoral Village, Ridge Road Wantirna South 3152. www.balmoralvillage.com.au

Balmoral
OVER 55 LIFESTYLE VILLAGE



COMMUNITY NEWS

Wantirna Evening View Club

Ferntree Gully VIEW Club

How friendship can make an extraordinary difference.

VIEW is a national women's organisation with over 15,000 members in more than 300 communities who volunteer, fundraise and advocate for children's education charity The Smith Family.

We sponsor more than 1,200 disadvantaged students and donate more than \$1 million each year to help fund learning and mentoring programs for disadvantaged children.

Our members have been making the most of friendship and support to help change the lives of thousands of children. They meet regularly to share their passion and experience, build lasting friendships and make a tremendous difference to the young students we support. We welcome women from all walks of life to join us and make a difference today.

Wantirna Evening VIEW Club is a group of friendly women who meet and enjoy a social environment whilst knowing we are raising valuable funds for The Smith Family Learning For Life Program. We currently sponsor 6 students through the dedicated efforts of our ladies.

We raise the funds by holding raffles at our meetings, Bunning's BBQs, trips to the theatre (local and into city) or a cosy afternoon tea at a member's house.

We meet on the 1st Wednesday of the month (except in January) at The Wantirna Club, 350 Stud Road, Wantirna 3152 – 7 pm for a 7:15pm start. A lift to go upstairs is available. We enjoy a delicious 2 course meal plus tea and coffee for \$30.00 and each meeting we have an interesting guest speaker.

We would love new members to join – any age group most welcome. Being an evening club our meeting time is suitable for the working lady or the lady who has day time commitments.

For more information, please call our President – Kate on 0421 650 684.

Our monthly luncheon meetings are held on the 4th Monday (except in December) of each month and includes a 2-course lunch, tea/coffee at a cost of \$25. We have a meeting, then a speaker or entertainment.

We support The Smith Family and raise money through our luncheons and in-house functions. We support 6 disadvantaged students through the 'Learning for Life' Program with the Smith Family. We also support a refuge for women and children escaping domestic violence.

Monday 25th October, 2021
Yvonne 'The Gadget Girl'.

Monday 22nd November, 2021
No Speaker as yet

If you want to join a club that is both welcoming and fun, come join us. Visitors are very welcome.

Time - 11.30am for a 12.00 noon start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna South

To book ring Denise Barth - 0408 379 935

What's On?

| Event | Date & Time | Location | More Information |
|---------------------------------|--|---|---|
| OLDER MEN : NEW IDEAS | 2nd & 4th Fridays each month | Orana Neighbourhood House 62 Coleman Rd ,Wantirna | 1300 13 50 50 COTA web site |
| Changing Seasons Cafe | Wednesday to Sunday 7.30am to 3.30pm (after lockdown) | 31-34 Elizabeth St, Bayswater Access from the road | 8720 1382 |
| Wantirna Evening View Club | 1st Wednesday each month 7pm for a 7.30pm start | The Wantirna Club, 350 Stud Road Wantirna South | Kate on 0421 650 684. |
| Ferntree Gully View Club | 4th Monday of each month 11.30am | The Knox Club. Cnr Stud and Boronia Rd. Wantirna South | Denise Barth 0408 379 935 |
| Boronia View Club | 3rd Friday of each month at 11.30am | Eastwood Golf Club Liverpool Road Kilsyth | Judith 9764 8602 |
| Boronia Ladies Probus | 3rd Wednesday of each month | Knox Club, cnr Boronia & Stud Rds Wantirna | Zita 9764 5233 |
| iShred - Community Shedding Day | Sat. Oct 9 & Sat Nov 13 | 5/7 Samantha Crt. Knoxfield | 1300 763 688 |
| Tiny's Bar and Bottle Shop | Open Tuesday to Sunday | 1/1333 Ferntree Gully Rd. Scoresby | Bookings: 8260 5882 |
| Ringwood Field Naturalists Club | 2nd Wednesday each month at 7.30pm | Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood | Alison or Peter on 9801-6946 http://www.rfnc.org.au |
| Lions Club of Wantirna | 1st & 3rd Wednesday each month at 7.00pm | Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater | Paul 0400 823 441 |
| Scoresby 55+ Social Circle | Thursdays 10am-12.00noon | Scoresby Football Club, Scoresby Recreation Reserve. | Jeanette 0407 308 671 or John 0405 698 554 |
| Knoxfield Ladies Probus | 3rd Wednesday of the month at 10.00am. | Wantirna Club, 350 Stud Road Wantirna | Val 9763 6175 or Bev 9753 3224 |
| Lions Club of Knox | 1st & 3rd Tues of month at 7.00pm | Our Saviours Lutheran Church Knox 646 Burwood Hwy, Knoxfield | Geraint 0450 923 437 |
| Probus Club of Wantirna Sth | 2nd Wednesday of the month at 10.00 am. | Wantirna Club, Stud Road Wantirna | Helen Dewar 0418 333 022 |
| Scoresby TOWN Club | Wednesdays 8.30am | Bayswater Church of Christ | 0418 306 104 |
| The Hut Gallery | See details on page 16 | 157 Underwood Rd. Ferntree Gully | thehutgallery.com.au |

Financial Counselling at EACH By Melinda Kearsley

COMMUNITY NEWS

Covid -19 Financial Support

Due to the financial impact of ongoing lockdowns in Victoria, the Victorian Government has made several support payments available.

Coronavirus (COVID-19) rent relief grant

A one-off grant specifically for renters living in their primary residence to help them maintain safe, secure and stable accommodation. It is paid directly to the renter's agent, lessor or landlord to contribute to their rental payments, under their new rental agreement.

To be eligible for the grant you will need to:

- Have lost income as a result of the pandemic on or after 27 May 2021;
- Have less than \$2,000 in savings (excluding superannuation);
- Have a single income of less than \$1,208.85 per week, or \$1,813.46 as a couple, aligning to an annual income limit of \$62,860 for singles, and \$94,300 for couples;
- Provide proof of a rent reduction agreement for a period after 27 May 2021; and
- Be paying more than 30% of your income in rent.

More information is available at: <https://www.housing.vic.gov.au/help-renting/rentrelief>

COVID-19 Disaster Payment – for Centrelink or Dept of Veteran's Affairs recipients

This payment is available for those who lived in, worked in or visited a Commonwealth-declared COVID-19 hotspot in Victoria that is subject to a restricted movement order.

You meet the requirements of living or working in a Commonwealth-declared COVID-19 hotspot if both of these apply:

- You live or work in an area which isn't locked down
- You can't work because you're unable to cross into or out of the lockdown area.

Further eligibility rules apply, and information is available at: <https://www.servicesaustralia.gov.au/>

[individuals/services/centrelink/covid-19-disaster-payment-victoria-if-you-get-centrelink-or-dva-payment/who-can-get-it](https://www.individuals/services/centrelink/covid-19-disaster-payment-victoria-if-you-get-centrelink-or-dva-payment/who-can-get-it)

Pandemic Leave Disaster Payment – Victoria

Pandemic Leave Disaster Payment is a lump sum payment of \$1,500 to help you during the 14 days you need to self-isolate, quarantine or care for someone.

To claim, either:

- Call 180 22 66 where we can take your claim, Monday – Friday from 8am to 5pm
- Print and complete the Claim for Pandemic Leave Disaster Payment – Victoria form and fax it to 1300 727 760.
- Call 131 202 for languages other than English

Victorian Power Saving Bonus

The one off \$250 Power Saving Bonus is for eligible for Pensioner Concession Card holders and some Health Care Card holders (including JobKeeper, Youth Allowance, Austudy and Abstudy recipients), who are receiving Centrelink payments.

This payment is deposited directly into your bank account to help with energy costs.

You can apply by following this link: <https://compare.energy.vic.gov.au/>

Financial Counselling at EACH

EACH offers a free, confidential and respectful financial counselling service to anyone living in the Eastern Metropolitan region of Melbourne who is experiencing financial difficulty.

Clients do not need to be receiving a Centrelink payment or have a low income to receive this service.

A financial counsellor will assess your financial situation then inform you of all available options depending on your circumstances.

How can financial counsellors help:

- They can assess your income and expenses and help you identify solutions.
- They can inform you of your rights and responsibilities under the law.
- They can provide information regarding access to insurance and superannuation.
- They can inform you of what government assistance may be available.
- They can explain the role of ombudsman services and dispute resolution agencies.
- They can provide information on bankruptcy and assist in the application process.
- They can correspond and negotiate with creditors on your behalf.

The service does not provide loans, take over your finances or deal directly with money, offer investment advice or do tax returns.

Appointments are held in private rooms or over the phone. You can bring a friend or family member for support if you wish, and interpreters are available if required.

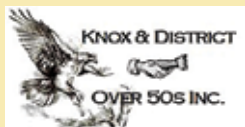
How to contact us:

Phone FC intake: 9871 1817

Email: fcintake@each.com.au

Web: <https://each.com.au/service/easternfinancial-counselling->

If your matter is urgent, you can call the National Debt Helpline on 1300 007 007



News from...
Knox Over 50s

At Knox Over50s we are a very friendly and sociable group who normally meet monthly from January to November and provide guest speakers, day and overnight trips, a book club, visits to Boronia Cinema, coffee mornings, regular lunches at different locations around Knox and morning melodies.

Due to the current lockdown restrictions, we do not envisage holding a meeting during the month of October. However, as soon as the rules permit, we will resume our monthly meetings. It is most likely our first meeting would be an outdoors one (subject to weather conditions). We have our fingers (and toes) crossed this will be before Christmas.

As we are finally seeing an improvement in our weather with the arrival of Spring, we are hoping for a similar improvement in the social situation. Each and every one of us has been missing our get-togethers with family and friends and it would be wonderful to freely enjoy the company of others.

Following the ups and downs of recent months, we hope to also return to our other regular activities as listed above. Weather permitting, we may also be able to continue with walks around Lewis Park on the third Monday of each month.

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you feel you may be interested in joining our group, please contact Jill (on 9801 4363) for further information.

We look forward to hearing from you or, more importantly, seeing you in the near future.



Lewis Park

Sourced via <https://walkingmaps.com.au/walk/2014>



Life Activities Club Knox

To introduce you to our Friendly Club we invite you to come to any 3 activities which are listed in our Newsletter. FREE, but after 3 free, we hope that you will become a member. For an annual fee, only \$25:00, you will receive the quarterly newsletter, no charge for quarterly meetings, and a warm welcome to all activities. I'm thinking that it's possible that we might have new residents in the area and maybe some retired persons looking for an outlet.

We are here for you!

Meet us at Water Aerobics when we join an organised 10 am class with a great instructor, or/ and join the Badminton played every Thursday afternoon. It's fun. There are 3 walking groups also.

These activities will raise the heart rate and also include fun, laughs, and conversation.

Ready to sit now? Come to Armchair Travel. Musical Appreciation, Lunch somewhere, or find us at the Village Cinemas in Knox. Coffee Mornings are also enjoyable with topics and conversations leading anywhere. Other activities are Cards, probably this also gets the heart rate up. Play Bolivia, Canasta, or/and 500.

Good times in Spring... Oct 4th Girls Coffee and Chat will meet in Banksia Nursery. This is a beautiful place to meet for a morning tea, etc.

The tour of the Gingerbread Factory seemed to be



A well deserved rest after a visit to the Edible Forrest

a fun outing as after the tour we were to decorate our very own gingerbread man to take home for show and tell. \$9:00 each for this tour, however as we are in lockdown as I write this, I can't share the day with you. Of course, there will be other times, we are flexible, adaptable, and we can deal with change.

Another change, the A.G.M. needed to be deferred and will now be held on October 25th. at 7:30pm. With nominations in hand, voting takes place, and I

wonder if the Committee will change?? The current members are doing a wonderful job.

Give us a try, we are a friendly club with an aim to keep well, be interesting, get out of the house, socialise and enjoy retirement.

For more information and also a copy of our current newsletter about our friendly club, i.e., Life Activities Club Knox Inc., please ring: CAROL 0419 870 639

Look us up at www.life.org.au/knox

Tackling the Graffiti Problem in Knox

Information sourced from Knox City Council

Graffiti is defined in the Victorian Graffiti Prevention Act 2007 (the Act) as to "write, draw, mark scratch or otherwise deface property by any means so that the defacement is not readily removable by wiping with a dry cloth". Graffiti vandalism is a crime. It is the act of marking or defacing premises or other property without permission. The removal and prevention of graffiti is very costly to the community.

The presence of graffiti in public areas or on private property has a significant impact on the community's sense of safety, amenity and quality of the physical environment.

Knox Council has a Graffiti Management Policy which is intended to:

- Minimise incidents of graffiti on Council property
- Support the community to minimize incidents of graffiti on private property
- Ensure prompt identification and removal of graffiti
- Advocate to owners of other public infrastructure to remove graffiti.

Reducing the impact of graffiti in our community is considered a high priority. Council aims to remove graffiti on Council property within five working days and removing offensive graffiti on Council property within 24 hours.

There are a number of ways to help minimise graffiti on private property including:

- planting trees and shrubs along exposed fences and walls
- painting your fence in a dark colour
- putting protective coatings on surfaces such as

- glass, signage and outdoor furniture
- installing lighting in graffiti hotspots
- considering installing a mural on walls
- watching out for graffiti in your neighbourhood.

More resources can be found at <https://www.crimeprevention.vic.gov.au/resources/graffiti-in-victoria>

Community members can help by reporting graffiti as soon as it is noticed. Reporting graffiti is easier than ever with the free graffiti management tool known as Vandaltrak which is available on-line via <https://www.vandaltrak.com/> or via a free phone app.

VandalTrak use GPS (Global Positioning System) coordinates embedded in smartphone images to fix the precise location of each case of graffiti. When graffiti incidents are uploaded, they are mapped, catalogued and made accessible in real-time to police investigators, volunteer clean-up groups, utility companies, contractors and councils.

- Graffiti on Council property can be reported directly through Council's online services or through a call to Customer Services on 9298 8000.
- Call Victoria Police on 000 for graffiti in progress or report graffiti damage on private property to your local police station.
- If you have information on illegal graffiti offences, contact your local police station or call Crime Stoppers on 1800 333 000. You can provide information to Crime Stoppers without giving your details.

Removing Graffiti

Residents and business owners or occupiers have a responsibility to remove graffiti from their property. Council is not responsible for removing graffiti from private property but will assist vulnerable community members. Removing graffiti within 24 hours is the most effective way to stop it as it is not only easier to remove paint when it's freshly applied, it sends a message that it won't be tolerated which lessens its likelihood in the future.

Property owners may need to use a high-pressure water spray or engage a professional graffiti removal company, especially for graffiti applied in high-risk locations.

To assist with graffiti removal Council provides free graffiti removal kits and discount paint vouchers which can be obtained by contacting Customer Service on 9298 8000.

Community members can also help by directly contacting businesses and organisations and letting them know about graffiti on their property.

- Public phones - Telstra: 13 22 03
- Street light poles - SP Ausnet: 1300 360 795
- Post boxes - Australia Post: 13 76 78
- Traffic signal boxes/state road assets - VicRoads: 13 11 70
- Rail property - Metro Trains: 1800 800 007
- Glass bus shelters - AdShel: 1800 501 402
- EastLink assets - EastLink: 9955 1400.

TEMPLETON

tennis club

Templeton Tennis Club News

by Don McCracken , President

Welcome to the Spring edition of our Clubs' newsletter.

We again welcome back our sponsors from last year Integrity Cabinets and Barry Plant Wantirna. Their support of our club is much appreciated. We welcome a new sponsor in Jackson Taylor MP and appreciate his interest in our Club.

The winter season has been and gone with only a few games being played due to Covid restrictions.

Summer season is fast approaching and we are again hoping for good numbers to represent our Club with 3 senior, 16 junior and 2 midweek ladies teams. This will all be determined over the coming weeks as we come to terms with the requirements of the hopefully, reducing Covid restrictions.

We take this opportunity to thank Council for their assistance in reducing our power costs by providing funds to individually key the lights on courts 1 to 6.

Their continuing support of our Club and sport in general is much appreciated.

Accordingly, this year's club championships will be held at a time to be determined.

Why not join now and experience the upgraded facilities!

Night competition on Mondays and social Wednesday nights will recommence when we are allowed. Come and join us. If you are interested in any level of competition be it day, night, social or just looking for some exercise give us a call (the numbers are shown below).

Our coach, Kelly Cooper, runs a highly successful coaching program at the club for all levels. Give her a ring! Straight Sets 0414 874 482.

Check out our website, www.templetontennis.com.au for details of those who support us, our sponsors, Barry Plant Wantirna, Integrity Cabinets and our local MP Jackson Taylor. Give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member.

SPORT NEWS



Come and join us at the family club, your club, the Templeton Tennis Club.

Templeton Tennis Club Inc.
Templeton Reserve, Templeton St
Wantirna 3152. Melway Ref. 63 G9
Membership: Leanne 9887 1957
President: Don 0425 748 138
Coaching: Kelly 0414 874 482
Website: www.templetontennis.com.au
Email: president@templetontennis.com.au



Victoria, every one of us needs to check in, everywhere, every time.

Checking in helps us stop the spread of coronavirus, and protects our businesses, our communities and each other.

So, let's all check in. Everyone. Everywhere. Every time.

For more information visit [CORONAVIRUS.vic.gov.au](https://www.coronavirus.vic.gov.au)

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7 Janville Street, Boronia



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Abby Ivankovic
0430 417 861

Through the use of technology, our skilled team can work with you to achieve a successful sale. Contact us to find out how we can help you.

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