

# COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,  
SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 87

DECEMBER 2023/JANUARY 2024

- NEW MAYOR AND DEPUTY MAYOR FOR KNOX
- CONTAINER DEPOSIT SCHEME AT MITRE 10 IN BAYSWATER
- FOODSHARE HUB FOR KNOX FOOD RELIEF PROVIDERS
- NEW MASTERPLAN FOR WANTIRNA RESERVE



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(SEE THE ARTICLE ON PAGE 23)

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Edition 91 - August/September - Friday 19th July  
Edition 92 - October/November - Friday 13th Sept  
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## Editorial

Hello Community News readers,  
One of the most important aspects of our community newspaper is that it provides an avenue for information about local groups who offer opportunities for social connections and foster involvement in areas of interest.

Our community thrives when it is connected. Being connected to community is important for mental health and wellbeing and helps to build a sense of belonging and security. Connected communities are more resilient and more able to support each other in difficult times. Connected communities foster goodwill and bring a sense of purpose to everyday life. Our community newspaper helps people in our community achieve positive and lasting connections.

The many organisations and groups who feature in our paper provide an avenue for information, friendship, knowledge, advice, curiosities, celebrations, news, events and points of interest that are worth sharing. Our paper provides an avenue for all this!

I am grateful to all our regular contributors who take the time to submit information and use the opportunity our paper provides to reach out and share with every one of our readers.

Have a safe and peaceful Christmas & New Year!  
Janet Claringbold, Editor on behalf of the team.



## Welcome to Knox's New Mayor from Knox City council

Cr Jude Dwight has been elected Mayor of Knox City Council, with Cr Sorina Grasso to serve as Deputy Mayor for the next year.

Cr Dwight said she was honoured and humbled to serve as Mayor.

"It is indeed a privilege but I also understand the responsibility. In wearing these robes, which represent a tradition and rich history of local democracy, leadership and decision making here in Knox, I commit to staying grounded and remembering who I am," she said.

"I am a resident, a ratepayer, a mum, a worker, a member of the Knox community. I am a custodian of our land and Council assets, for the benefit of this community.

"I recognise that being Mayor of the City of Knox is a privilege and a duty; an act of service, which I will undertake to the best of my abilities. I remain one among equals and encourage us all to work together for the benefit of the community that we represent."

Cr Dwight was first elected to represent Chandler Ward in 2020. She has lived in The Basin for 19 years with her husband and their growing family.

Cr Dwight thanked outgoing mayor Cr Timmers-Leitch for her service to the community in 2022-23.

Cr Timmers-Leitch was acknowledged for her unwavering commitment and efforts to bring about change, passion, energy and genuine concern for the wellbeing of the community.

New Deputy Mayor, Cr Sorina Grasso, was first elected to represent Dinsdale Ward in 2020. She lives with her partner and daughter who was raised in Knox and is passionate about advocating for local jobs and making a difference in the community.



*Cr. Jude Dwight, the new Mayor of Knox City Council with Cr. Sorina Grasso, Deputy Mayor*

## CNAV Conference 2023 by Coral Carew

Our Team attended the Annual Conference of the Community Newspaper Association (CNAV) in October. <https://cnav.org.au>

The conference was held at the Mercure Hotel in North Melbourne, the host being North & West Melbourne News.

Over 60 delegates from across Victoria, representing 30 papers, attended.

Keynote Speaker was CNAV President, James Poyner, Editor of Warrandyte Diary and Deputy Editor of Manningham & Nillumbik Bulletin. The subject was "The State of Community Media".

James explained since locally based commercial newspapers are no longer printing, how important it is that Community owned newspapers are and that they are proving to be more resilient because these newspapers are trusted by their readers.

Community Newspapers are low on resources as most are run by Volunteers who live in their respective communities.

Although the majority have little funds, their costs are low, making the papers free in most communities.

Workshops held in the morning and the afternoon were:

- The better way to report on Mental Health issues.
- Cybersecurity: practicing it and writing about it.

All workshops were well attended.



*Coral & Charles Carew and Janet Claringbold of SWCN*

Prior to the Annual Dinner, there was time to mix and mingle with other delegates, sharing and learning from each other.

The Annual Dinner gave us time to relax and enjoy each other's company.

Then came the announcement of the winners of the Awards.

All papers had been encouraged to submit entries of

their papers in varying categories.

The categories included Best Sporting Article, Best Community Content, Best History Article and more.

All were read by independent experienced judges.

While our paper did not win an award it was on the short list for Best Newspaper which is an achievement.

Congratulations to all winners!

## RSPCA Bayswater Op Shop Calls for Local Volunteers

RSPCA Victoria is on the lookout for new volunteer recruits to help run its Bayswater Op Shop, the latest addition to RSPCA's chain of op shops.

RSPCA Victoria is a not-for-profit charity established in 1871. Our vision is to end cruelty to all animals. Across the state we provide community services including animal shelters, clinics, education programs, op shops and an Inspectorate that is authorised to investigate and prosecute cases of animal cruelty. We operate three animal welfare shelters that provide refuge and strive to give more than 11,000 animals each year a second chance. We rely on the generous support of the community for more than 90% of our operating expenses.

Kerryn Janson, Manager of the Bayswater store, said she loves meeting and working with the local community.

"We had such a positive reception from Bayswater locals when we opened our doors nearly six months ago, and we're very grateful for their support," Ms Foley said. "This will be our first Christmas in Bayswater, and we need more volunteers to help run the store during this busy time."

RSPCA Op Shops are known for stocking a wide range of items at bargain prices, with the Bayswater store recently stocking new high-quality linen brands, plus items from Tarocash, Tiger Lily, and Jagged.

"There's always a treasure to be found – but don't wait too long to grab any items you've got your eye on, or you might miss out!" Ms Janson said.

Speaking about RSPCA Op Shops, Op-Shop Network Manager Liz Irvine said the stores are a fantastic part of the local community.

"We pride ourselves on being known for quality goods and a friendly atmosphere in our RSPCA Op Shops," Ms Irvine said.

"RSPCA Victoria op shops are a vital source of funding for our work preventing cruelty to animals across the state.

"Every purchase from our stores enables us to care for over 11,000 animals every year, with all donations and purchases making a real difference to our work to prevent cruelty to all animals."

RSPCA Op Shops are supported by local volunteers who join to help their community and often stay for the companionship and social connections they make with people they wouldn't have met otherwise.

No experience is necessary, all training is provided. People interested in volunteering can apply at [www.rspcavic.org/opshopvolunteers](http://www.rspcavic.org/opshopvolunteers)

**RSPCA Victoria Op Shop Bayswater**  
716 Mountain Highway, Bayswater  
9AM – 5PM, Tuesday to Saturday. Closed on public holidays.

Donations of clean, undamaged items suitable for resale are only accepted in-store during trading hours. Public parking is available at the rear of the store.



RSPCA Volunteers (Photo via <https://rspcavic.org/new-rspca-op-shop-opens-in-bayswater/>)

## Bayswater Makers' Market Special Christmas Market

At the Bayswater Senior Citizens Hall  
790 Mountain Highway

**Saturday 9th December**  
10 am to 2pm

Find the perfect Christmas gifts for your family and friends. Choose from a wide range of lovingly handmade and often unique items. We have terrariums, cakes, homewares, gifts, toys, jewellery, bags, babywear, cards, candles, soaps, wood crafts, books by a local author, coffee, crepes and lots of Christmas themed items including decorations.

Something for everyone and every age. Christmas bonus: receive a ticket for an entry in our free raffle with every purchase. Prizes drawn each hour.

**Please email any enquiries about stall bookings to [bw1market@bigpond.com](mailto:bw1market@bigpond.com) with photos please.**

**Other enquiries: Julia 9890 2546**

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# Jackson Taylor Update

# BAYSWATER NEWS

It's that time of year again when we start counting down to Christmas. But there's always lots to do before we get there. And on a brief personal note, for my partner Tash and I, that now includes our newborn son George, who arrived not too long ago. Tash and George are doing wonderfully and we're super excited he's here! Now adding 'proud Dad' to my role. Thanks for all the well wishes too – it's been wonderful.

## Container Deposit Refund Scheme

Victoria's Container Deposit Scheme is now officially up and running, with a new reverse vending machine installed locally at Mitre 10 on Mountain Hwy in Bayswater (pictured).

You'll be able to get a 10-cent refund for every eligible can, carton, and bottle you return. There are many locations now open locally with more coming online soon! For more information, visit <https://cdsvic.org.au/>

## Investing in Community Sport

The brand new, female-friendly pavilion at Marie Wallace Reserve is officially open! And not just this - but their existing pavilion has been given a ripper fit out and face-lift too! I was stoked to go into bat and lock in \$300,000 from the State Labor Government - with contributions from the Federal Government and by Knox City Council - who delivered this project.

The brand-new State Basketball Centre in Knox is nearly complete. The new facilities include, 12 new community courts, elite training facilities, new gymnastics facilities and it'll be open soon. This is a massive partnership between the State Government and Knox Council.

And it was great to meet local clubs at Templeton Reserve with the Minister for Community Sport to hear about their plans. I am proud to back in local clubs and grassroots sport in any way I can.

## Housing Reforms

Victoria is growing. We're the fastest growing state in Australia, with our population set to hit 10.3 million by 2051. To ease the housing pressure Victorians are facing, we need to build 2.24 million homes in that time, including a target of 425,600 across regional and rural Victoria. We've just released Victoria's 'Housing Statement' – The Decade Ahead 2024-2034, which sets a bold target to build 800,000 new homes — 80,000 a year — across the state over the next 10 years, delivered through an Affordability Partnership with the housing industry.

The Housing Statement focuses on five key areas to tackle the root of the problem – housing supply: good decisions, made faster, cheaper housing, closer to where you work, protecting renters' rights,



Jackson Taylor MP at the new reverse vending machine at Mitre 10, Mountain Hwy in Bayswater

more social housing and a long-term housing plan. This work will support 16,000 jobs and this landmark package to boost housing supply and affordability in Victoria – represents the biggest shake-up to planning and housing reform in generations. I'll keep you posted.

## In other news

- The new lights are now in place at the Burwood Highway and McMahons Road intersection in Ferntree Gully. Complete early 2024.
- The Eastern Freeway upgrades as part of the North East Link project start next year to reduce travel times and create loads more capacity on the Eastern.
- We've made a change so if you need a refill for the pill or antibiotics for a UTI, you can get it from your chemist.

## Blind Creek

The next stage of works is about to kick off on this project. This is the biggest stage and includes the naturalisation of Blind Creek, boardwalks around new wetlands, new shared paths, a footbridge, and

steppingstones over the creek, and lots of native plantings. Works in this zone will be complete in mid to late 2024.

## Local Shout-Out

To all of you! It's been another big year and I hope you all have a wonderful Christmas and a safe and happy new year. See you all in 2024!

## The Bayswater Senior Citizens Club Invites New Members

790 Mountain Highway Bayswater

If you are over 50 and interested in joining a friendly club which provides Bingo, Cards (canasta) and carpet bowls as well as movie mornings in the clubrooms then you will find a warm welcome awaiting you.

**For further details contact our President Sandra on 0448 399 181**



# Jackson Taylor MP

## Member for Bayswater

Delivers for Knox

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153 ☎ 9738 0577  
 📱 Jackson Taylor MP 📧 [jackson.taylor@parliament.vic.gov.au](mailto:jackson.taylor@parliament.vic.gov.au)

## Dinsdale Ward News with Cr. Sorina Grasso

# BAYSWATER NEWS

It was incredibly exciting in early October to visit the construction site of the new Knox Library together with engineers, officers of Knox City Council, Eastern Regional Libraries (Your Library) Marcia Trimmers-Leitch- Mayor Knox City Council, fellow Councillor Susan Laukens and Patrick Kelly representing Jackson Taylor MP Member for Bayswater and the Minister. Funded by Knox City Council and the State Government, the library occupies approximately two thirds of the 2nd floor of the old Myer building at Westfield Knox and I was very impressed to see how big the space is. It is fantastically spacious, with large windows and plenty of natural light and views overlooking trees and greenery, it is truly an amazing space, which will have a feature ceiling and state of the art equipment and facilities. It will also house the new Youth Hive and is altogether set to be a fantastic asset for the entire Knox community. I advocated and voted for this new library and am delighted to tell you it is due to open early 2024.



*Marie Wallace Upgrade opening*

of the new Marie Wallace Bayswater Park Pavilion Upgrade. This versatile new facility will be an inclusive space for the community; for people of all levels of abilities and for women and girls who, until now, did not have their own separate facilities here. There are also new umpires' and scorers' rooms. The project was funded in partnership between Knox City Council, the Victorian State Government, the Australian Federal Government and Bayswater Junior Football Club and I am happy to tell you that together with my Councillor colleagues I advocated and voted for this upgrade, so it was fantastic to see it come to fruition.

I was also delighted to join Deputy Mayor Jude Dwight and the Indian community for Diwali celebrations at the Shree Swaminarayan Temple where the festivities for the Festival of Lights were once again, colourful and vibrant.



*Knox Library Construction*

On Sunday 15th of October it was great to join the community for Knox City Council's Stringybark festival where the theme was Sustainability and how to integrate it in every aspect of our lives to protect our environment. I was thrilled to see how well attended the festival was and how keen residents were to learn new ways to live more sustainably.

I was thrilled late October to step in on behalf of the Mayor to welcome the Victorian Minister for Community Sport Ros Spence MP, Mary Doyle MP Federal Member for Aston and Jackson Taylor MP Member for Bayswater at the official opening



*Diwali Celebrations 2023*



*Remembrance Day*

Finally, on the 11th of November at the 11th hour, I attended a very moving Remembrance Day Service at Bayswater RSL, where I had the honour of laying a wreath on behalf of the citizens of Knox and was joined by veterans and Jackson Taylor MP, Member for Bayswater. Lest We Forget.



## Cr Sorina Grasso

Dinsdale Ward Councillor - Knox City Council

Advocating for local jobs, prosperity & community.

[cr.sorina.grasso@knox.vic.gov.au](mailto:cr.sorina.grasso@knox.vic.gov.au)

M: 0437 853 445 CrSorinaGrasso



# A Message from the Mayor

with Cr. Marcia Timmers-Leitch



As I write what will be my final message for my Mayoral term, I would like to thank everyone for your interest and support during the year. As your Mayor, I have been humbled and privileged to expand beyond my own Collier Ward to attend openings and celebrations and meet people from across the municipality. I have truly enjoyed these past twelve months and look forward to supporting the incoming Mayor for the final year of this Council term.

Knox City Council hosts community events as a way to celebrate people coming together and I want to invite everyone to the Knox Carols by Candlelight in December. We have one of Melbourne's largest carols with the event attracting up to 25,000 people. It's through community events like this that Council fosters social connections and makes our community a better place to live and thrive.



*Knox Carols by Candlelight*

Knox Carols by Candlelight is a free event on Saturday 9th of December from 4pm–10pm at Wally Tew Reserve in Ferntree Gully kicking off with family entertainment, children's activities and the Knox Factor Grand Final. The main Carols by Candlelight show starts at 8pm with a spectacular fireworks finale. Find out more: [knox.vic.gov.au/carols](http://knox.vic.gov.au/carols)

As we approach the festive season I urge Knox residents to look out for one another and make

time to reach out to others who may need support. I encourage you to share some joy with others to make it a truly festive season for all.

If you live in Knox and are in need of food and other emergency relief, visit Council's website and search 'relief providers'.

If you're in a position to help others, consider contributing to the Knox Infolink 'Share the Joy' appeal: [knoxinfolink.org.au](http://knoxinfolink.org.au)

### Stamford Park Homestead restaurant reopening

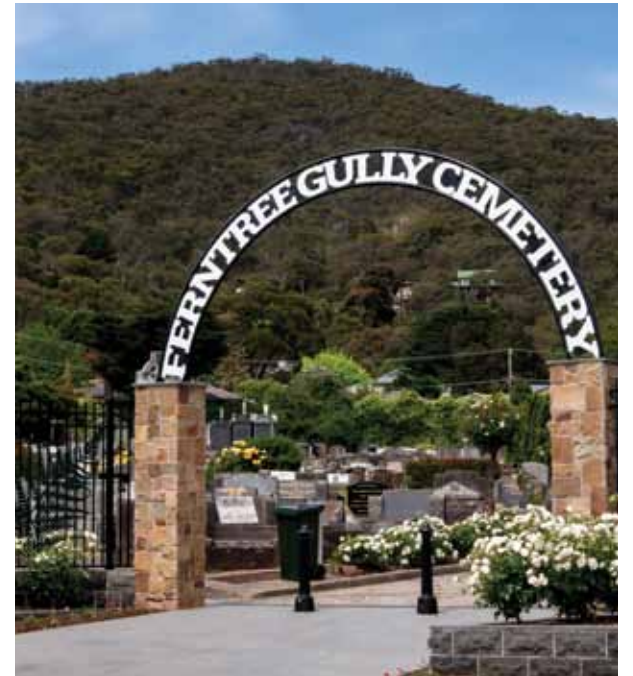
Council has appointed a new custodian for the Stamford Park Homestead restaurant, international restaurateur Blesson Verghese. Designing the venue to be accessible to all members of the community Verghese's vision is to include family barbecues and cultural activities across the lawn, jazz nights in the conservatory, a live chef's table in the kitchen garden and for people to enjoy a brunch or high tea on the verandah.

The homestead was built in 1882 by the Row family and is one of the last substantial 19th century houses in the region. Council bought the property in 1988 and embarked on a major capital works program of restoration. The restaurant is due to re-open in November and vouchers from the previous Stamford Park Homestead restaurant will be honoured.



*Stamford Park Homestead*

# KNOX UPDATE



*Ferntree Gully Cemetery*

### Ferntree Gully Cemetery marks its 150th anniversary

The Ferntree Gully Cemetery was established in 1873, after John Buckley, whose grave lies just inside the main gate, spearheaded a community campaign petitioning the government to set aside five acres of land for this important place.

Operating by community trustees until 1982, Council took over responsibility as trustee and takes great pride in providing this service not only for families and their loved ones but also for the wider community. Council is dedicated to preserving the cemetery's historical and cultural importance ensuring it remains a cherished space for generations to come.

Whilst it may be the burial place of pioneers, convicts, Gallipoli soldiers, cold case victims and prominent figures, including renowned artist Sir Arthur Streeton, it is the stories behind the names on the plaques that have most intrigued local historians.

For more information on "History and Mystery Tours" visit: [www.facebook.com/ftgcemeterytours/](http://www.facebook.com/ftgcemeterytours/)

For more information on available Ashes interment positions call 9298 8000

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## What's Happening At Community Pharmacy?

with Jason,  
Pharmacy Manager



This November we celebrated our 108th anniversary and we continue to flourish as a not-for-profit entity dedicated to the betterment of our community. We stand proud because of community-driven focus, constantly evolving to better serve you.

Our journey has been one of resilience and adaptation, and as we reflect on our past, we look forward to the future with a renewed vigour for enhancing the lives of those we are privileged to serve.

Thank you for being an integral part of our story, and here's to many more years of growth, collaboration, and community empowerment.

### VIP Night

Our annual VIP Night on November 23rd 2023 was truly a night to remember. The atmosphere was filled with excitement as Santa made a special appearance along with the Bayswater fire brigade adding a touch of adventure to the event. Wantirna Lions Club satisfied the taste buds with their sausage sizzle to rival the best of them. We had prizes, large discounts, and the evening was topped off with the enchanting voices of the choir from St. Luke's Primary School. We would like to extend our heartfelt gratitude to all who attended for it is your presence that spread joy and made this annual VIP Night a resounding success.

### Supporting Local

During the months of November and December our "We Care for" initiative is in full swing as we strive to make a meaningful impact on the lives of those in need. In collaboration with the Lions Club Wantirna we are actively raising funds through various channels including generous cash donations at our store, sales of delightful Christmas cakes and proceeds from a sausage sizzle during our VIP night. The funds collected will contribute to the Lions Club Wantirna's initiatives.

Additionally, our partnership extends to supporting Knox Infolink, a crucial local organisation who have set up a collection box in-store to gather essential products for this cause. This initiative aims to provide hampers of festive food and quality gifts to individuals and families facing financial hardships during the holiday season. It is a privilege for us to contribute to this heartwarming cause and we are grateful for the opportunity to make a positive difference in the lives of those in our community during the festive season.

### Gifts

Celebrate the magic of the holiday season with our great value giftware range carefully curated to bring joy and warmth to your Christmas festivities.

There is plenty to look through with Plush Helper Fairies, perfect companions for your little ones or our vibrant Christmas themed Madmia Socks. Celebrate Australia with our themed cooler bags and stubby holders capturing the essence of our unique style.

Cherish precious memories with our family photo frames or embark on a journey of self-expression with our motivational journals. We also have "Create Your Own" sets featuring customisable candles, soaps, and bath bombs and colouring books for the kids.

This Christmas, discover the art of giving with our diverse and charming giftware selection, each item a testament to the spirit of the season.



### Golden Ticket Offer

In December we've got an exclusive member prize offer that adds an extra layer of joy to your holiday shopping experience.

As a valued member, when you spend \$30 or more on our exquisite giftware, you'll receive a special envelope containing a chance to win various fantastic prizes.

The highlight of this promotion is the Golden Ticket – an opportunity bestowed upon four lucky members who will each receive a ticket, redeemable in-store for 2 x Movie tickets!

The promotion runs throughout the entire month, from the 1st to the 31st of December, giving you ample time to participate and potentially unlock these exciting rewards.

With numerous other prizes up for grabs this is a golden opportunity to treat yourself or your loved ones this festive season.

Remember, you've got to be in it to win it, so don't miss out on the chance to make your December shopping even more memorable!



### Pop-Up Shop at Wantirna Views Care Community

On Wednesday, November 15th, our visit to Wantirna Views Care Community was a heartwarming experience. With a pop-up shop in tow our dedicated team worked tirelessly to ensure the tenants at the retirement home had access to a wide selection of products including a large range of giftware. This initiative aimed to make access a little easier for the residents and it was met with smiles and gratitude. We have forged a strong and meaningful relationship with the compassionate team at Wantirna Views Care Community and we extend our sincere appreciation to them for welcoming us once again. It's these moments of connection and community outreach that truly make a difference in the lives of those we are fortunate to serve.

## Community Pharmacy Wantirna

Shop 3-4 Wantirna Mall  
348 Mountain Hwy, Wantirna

(03) 9720 2872

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Remember to jump on to our website, sign up to our newsletter and follow us on Facebook & Instagram to keep up to date with all our latest news!

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## Collier Ward Update with Cr. Marcia Timmers-Leitch

# WANTIRNA NEWS



Greetings fellow Knox residents,

As the end of the year approaches I would like to take the opportunity to wish Knox residents all the best for the festive season, whatever that may look like for you and your family.

If you would like to support locals in need this festive season, you might want to consider supporting Foothills Community Care by donating a Reverse Advent Calendar. If you are not familiar with the concept, a Reverse Advent Calendar begins as an empty box or bag. For 25 days, you place one item into the box each day (such as non-perishable food, toiletries, Christmas treat). Then, your filled Reverse Advent Calendar is donated to Foothills who distribute it to people in our Knox community who are in need of some special love and an extra hand up this Christmas time. If you would like some more information or to download a list of items visit <https://www.foothillscare.org.au/Christmas/>

I hope you enjoy the local Christmas lights throughout Wantirna in December, including long-time local favourites at Warwick Close, Cherrington Square, Castlefield Square, Brentwood Drive and Kidderminster Drive. A big thank you to all our amazing residents who delight the young and young at heart with their light and sound displays.

As always, if you need help or information then don't hesitate to get in touch via email [marcia.timmers-leitch@knox.vic.gov.au](mailto:marcia.timmers-leitch@knox.vic.gov.au) or phone 0428 162 218.

## New Masterplan for Wantirna Reserve



Wantirna Reserve is a valued asset for the local community, and to ensure that current and future community needs are met, Council are developing a Masterplan to upgrade the reserve.

Located on Mountain Highway in Wantirna, the reserve is popular with the local community for a range of active and passive activities such as walking, cycling and playing amongst the tranquil backdrop of Koomba Park and Dandenong Creek Corridor. The proposed works aim to retain the existing landscape features while enhancing and upgrading facilities and amenities for current and future community needs.

The reserve is also home to the Wantirna Tennis Club, Knox Hockey Club, 2nd Wantirna Scout Group, Australian Jazz Museum and Knox Athletics (cross country).

Development of the Masterplan began in 2017/18, however, was put on hold while the tennis and hockey improvements were completed.

The proposed enhancements will include new and improved paths, upgraded playground and park space – including a new dog park, new car parks and refurbished pavilion

Community consultation on the Masterplan was conducted during November with the local community and clubs at the reserve invited to provide their feedback on the proposal.

This project is available to view on Council's website at <https://haveyoursay.knox.vic.gov.au/wantirna-reserve-masterplan>

For questions on the project or to provide your feedback, contact Landscape Architect, Open Space and Landscape Design, Jessica Zhao on [jessica.zhao@knox.vic.gov.au](mailto:jessica.zhao@knox.vic.gov.au).

## Foodshare Hub to Support Knox Food Relief Providers

Council are thrilled to announce the launch of the Outer East Foodshare (OEF) Food hub which will directly support the growing need for food relief in our community.

Outer East Foodshare are a volunteer organisation which rescues surplus food, gathers products that don't quite meet the "perfect" standard and collects farm produce that might otherwise go to waste.

The trial warehouse facility in Wantirna, located at the previous Templeton Preschool site at Templeton Reserve, will be the hub for storing, sorting, and distributing food to the more than 35 local food relief services that support Knox residents as well as those in surrounding municipalities.

Council established the Knox Emergency Food Relief Taskforce to work out the best way to sustainably support food relief. The goal for this hub

is to provide a central delivery site, with increased storage capacity, including fridges and freezers, increasing capacity to take rescued or donated food. A local hub will reduce travel costs and time for dedicated volunteers who previously had to travel to a warehouse located outside Knox.

Council has licensed the use of this building to Outer East Foodshare for a 12-month pilot. This provides an opportunity to test the model and measure impact.

The hub will be the first Knox community facility to be enrolled in the Food and Organics (FOGO) waste service, so any foods or scraps which cannot be salvaged will still avoid ending up in landfill.

Outer East Foodshare have received an \$18,000 grant from the Knox Community Development Fund 2023/24 to help their set up of this site. For more information on Outer East Foodshare and how to volunteer visit <https://www.outereastfoodshare.org>



Cr Marcia with Outer East Foodshare and Knox Food Relief providers at the launch of the Templeton Street Food Hub

Your  
local  
voice

# Marcia Timmers-Leitch

Collier Ward Councillor - Knox City Council

✉ [marcia.timmers-leitch@knox.vic.gov.au](mailto:marcia.timmers-leitch@knox.vic.gov.au)

☎ 0428 162 218 📱 MarciaTimmersLeitch 📷 cr\_marciatimmersleitch



## Girl Guides Learn New Skills

By Rebecca Whitehead – 2nd Wantirna Heights Guides

With the Guiding program outlined in four parts: people, physical, practical and self, this easily provided the outline for our program this past term.

Water colour painting was a beautiful new skill that we learnt about and explored with our Dads and Grandfathers. As a group we learned step by step how to create a pretty beach scene and explored techniques to paint icy poles. In addition to new practical and physical skills the connections with the family members were also enjoyed as we laughed our way through the activity.

Chalk chasing is something different to keep us all active. The classic game of tag is reinvented into a group game outside chasing chalk arrows at night time. The torches and darkness provided a fun atmosphere for this team building running game.

Food is always a popular group activity too – new tastes to try and old favourites to savour. We made coronation chicken to the original recipe which was the first time for some Guides to try curry powder or to shred a poached chicken. Our newest Guides were also able to experience the culinary classic of a camp donut which is similar to a hot jam donut just campfire style.

Camp was another highlight held in the beautiful bushland setting complete with kookaburras and



fairly wrens. The Guides completed challenges to earn the Achieve Life Skills badge which included discussing the themes of magazine articles, online internet content they see, explored short term goals and long term dreams and completed a session on time management skills. The Create Girls badge involved making a useful bag from an old t-shirt, fun games and laughter with our friends, personal reflection and some communal craft with beads.

You can find out more about Guides in your area by emailing [guides@guidesvic.org.au](mailto:guides@guidesvic.org.au) or visiting [www.guidesvic.org.au/be-a-guide](http://www.guidesvic.org.au/be-a-guide)

Our Girl Guide groups currently have vacancies for girls aged 6-16 and provide a welcoming space for girls to make friends, laugh and learn new skills – and the first three visits are free.

## Orana Neighbourhood House is Celebrating!



We're wrapping up a fantastic year here at Orana Neighbourhood House in Wantirna South. We had a great AGM in October with our Patchwork group donating over 50 handmade quilts to the Monash Children's Hospital Ronald McDonald House. These were presented in handmade carry bags ready for the children to take home with them as part of their care packs.



Mayor of Knox Cr. Marcia Timmers-Leitch with Orana Manager, Emily Harnett and guests

Our community garden is flourishing thanks to Liz, our horticulturalist and the garden crew. They have planted tomatoes of all varieties and harvested carrots, spinach, beetroot, cabbage, spring onions, kale and Bok choi. We encourage locals to come and get involved!

Throughout the year our resident chef, Oddie, has run some wonderful one-off cooking workshops, including Vietnamese Banh Xeo, savoury pancakes, rice paper rolls and spicy drunken noodles as well as his ever popular Kitchens of the World weekly classes.

This year we also launched our English language conversation classes, hosted special Seniors and Carer's Week afternoon teas with well-being workshops. We had drop-in technology help sessions for Get Online Week which launched our tech support sessions running every Thursday at 10:30. Our Walks for Carers is starting on the 7th of December and will be running the first Thursday of every month starting in February next year.

We would love to see more community members joining in our activities in 2024!

Please fill in our community survey to help us with planning, by scanning the QR code – it only takes a minute and no personal details are collected.



To celebrate the end of the year Orana will be hosting a Community Christmas Party on Friday 8th December from 2-5pm. Everyone is welcome to come and celebrate and take a look at our Neighbourhood

House. Enjoy a free BBQ, delicious dessert table and a homemade Christmas market showcasing items for sale from our groups (including potted plants/ homemade bags/ Christmas sweets). A raffle will also be run, with prizes from local businesses! Register your interest by emailing [onh@netspace.net.au](mailto:onh@netspace.net.au) or calling us at 9801 1895.

We look forward to seeing you at Orana soon!

**walks for carers**

**Wantirna Carer Support Group**

Inviting carers of people with disability, mental illness or aged person to attend free walking events in Victoria, connect with other carers, and to learn about the supports available.

Morning tea & guest speaker after each monthly walk!

**WHEN** 9.30am, Thursday 7 December

**WHERE** Orana Neighbourhood House  
62 Coleman Rd, Wantirna South VIC 3152

**CONTACT** [Belinda.Carney@knox.vic.gov.au](mailto:Belinda.Carney@knox.vic.gov.au)

**FIND A WALK NEAR YOU!**  
Visit: [nhvic.org.au/walks-for-carers-ncc](http://nhvic.org.au/walks-for-carers-ncc)

**QUESTIONS?**  
Contact the NHVIC Carers Project Coordinator:  
[michelle@nhvic.org.au](mailto:michelle@nhvic.org.au)

where carers are always welcome

carers club  
VMCH  
ORANA

## Community Bank Wantirna

### Increasing interest rates: Where to now for your Home Loan?

With so many interest rate rises in the past 18 months, reduced borrowing power, various government lending schemes available, plus the frequently reported statistic that 150,000 households are facing uncertainty as their fixed-rates are due to expire in the next 3 months- it may be the perfect time to explore your options.

Wantirna's Community Bank's Senior Branch Manager, Ruth Hall and Business Development Manager, Vish Sahota have more than 50 years lending experience between them. They have guided their customers through challenging times of the past.

With the previously predicted easing of rates predicted early 2024 now being predicted to be more likely in 2025 times may remain tough for households and many are recalculating their budgets to meet their mortgage payments month on month, it may be an ideal time to also check your home loan.

Not all banks offer redraw and fee free Offset facilities with all their home loans, both of these features are



Business Development Manager, Vish Sahota

important to ensure your loan has access to potential savings, especially with increased rates we are now experiencing. You may be able to save thousands by ensuring you have redraw on your loan and Offset accounts that are free with all our home loans and are offset 100% on both our fixed and variable rate loans.

Community Bank Wantirna can offer a free 45-minute Home Loan Health Check. An obligation free assessment that only requires a pay slip, ID and living expenses. We can come to you or meet you at the branch or arrange a virtual meeting.

At Community Bank Wantirna the team will be there all the way along the journey, from gaining a deep understanding of your immediate and long-term financial goals to settlement of your loan and beyond to check in with you regularly to ensure your loan is still meeting your changing needs.

In the same way you look after your health with regular check-ups we also recommend you review your home loan and insurance every 12 months. Whats to lose?

To book your free obligation 45-minute Home Loan Health Check call Vish on 0435 530 126 or the Wantirna branch on 9720 4122 – you don't have to be an existing customer to take advantage of this offer.



## Wantirna South Probus Club

### Marysville Camp

Well, what do we say about this camp??? We had a well set out itinerary with plenty of outdoor activities planned but the weather gods had other ideas. We were so pleased to learn that our club is made up of friends who are happy to "go with the flow" and make the most of every day.

Some of us met up for morning tea and "assembly" at Badgers Creek Weir and then continued on to Healesville Sanctuary. The day was warm and lovely and we made our way to The Spirits of the Sky show, stopping on the way for a talk with the kangaroos. When we arrived we were informed that the sky show had been cancelled. Our disappointment was balanced out by the lovely and well-informed ranger taking some of us on a great mini-tour of the platypus, night animals and birds. We happily wandered around the sanctuary seeing koalas, Tasmanian devils, dingos, and many other animals. Hunger and heat told us it was time for lunch so we sought out a shady spot to relax.

Mid-afternoon we all booked into the Marysville Camping Ground and quickly downed our cases and thirty of us dragged seats out onto the lawn to sit beside the Steavenson River in the beautiful sunshine. This was where we planned to spend much of our four days but that did not happen. By the next morning the rain had set in and there were no more plans. We have since learned that there was 100mm of rain (it did not stop raining for 24 hours at Marysville) (4 inches).

It was a very friendly camp with people moving around constantly. We had communal dinners, visited the floodlit Steavenson Falls, walked around Gallipoli Park, spent some time in town, played games including Canasta, Guess Who I Am, Trivia and had a jolly old time.



Floodlit Steavenson Falls

The one day that did go to plan was Day 3. In the morning we assembled at the Historic Centre where we were met by our guide who quickly organised us into groups which took turns watching very real footage of the terrible fires that went through Marysville in 2009 while the rest of us took advantage of looking at the wonderful collection of items from Marysville's history.

In the afternoon we visited Bruno's Sculpture Park and when Bruno himself appeared to show us around we very quickly sat up and took notice. He has a huge personality and a unique way of looking at the world and people which shows in his work. A very enjoyable time spent in the gallery and garden.

The last night was dinner at the Duck Inn pub which was just a 50m stroll from camp (once again under our umbrellas). Much chatter and reflection of our camp and we decided it was a good camp "under the circumstances".



Our group assembled in the camping ground



Bruno in his gallery



One of Bruno's statues







WANTIRNA NEWS & POST

Paul & Kathy Cameron

<p><b>Wantirna Mall</b>            Shop 16, 326 Mountain Hwy            Wantirna Vic 3152            T: (03) 9720 3100            E: wantirnalpo@gmail.com</p>	<p><b>Now Open</b>            Monday to Friday            8.00am to 5.30pm            Saturday            8.00am to 12.00noon</p>
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## News from the Aussie Veterans Op Shop

by Kristy Harris

With life starting to find some normality after a few years of uncertainty, can you believe we are winding up already to the end of 2023?

What a year we have had!

The support from our local community in terms of generous donations, in-store and online Facebook purchases has been nothing short of amazing. This much needed assistance has enabled us to once again directly support Veterans, families and the local community in so many ways.

- Welfare
- Advocacy
- Food bank, with thanks to FARESHARE
- Food bank bread donations to the community
- Sponsorship of Boronia K12 College in the form of a Year 6 Scholarship Community Funding Award and important Sporting Safety padding.

Volunteer positions in our two Boronia stores for young and old give much needed employment experience, social interaction, a sense of purpose and giving back to the community. Our volunteers are an amazing bunch and we thank them all very much for their hard work this year.

In September we hosted a huge Market fair event when The Boronia Mall turned 50 years old. Then again in November, The Mall hosted a Christmas Market event. With the help of our volunteers, Veterans Advocacy Centre and local community - we were able to raise approx. \$10,000 for our Veterans. A wonderful time was had by all. It was lovely to see the community flood the centre, many getting in the spirit in costumes, dancing, shopping and smiling from ear to ear.

Thank you to The Studfield Wantirna Community News and a special mention to Keith Slater from Wantirna Village for your unwavering support.

If you are interested in becoming a volunteer please contact us on 97610468 or

# AROUND KNOX

follow us via our Aussie Veterans Opshop Facebook page for news, sales and events.

Our stores will close on Friday December 22nd 2023 and reopen Monday 15th January 2024.

As we look forward to 2024 may we take this opportunity to wish our community a Merry Christmas and a safe Happy New Year.

Thank you from the Aussie Veterans Opshop management and Volunteers.



The Rotary Club of Boronia has been making a difference in the local community for over 50 years including through a strong connection with Knox Infolink. Members volunteer in several roles:

- Sorting food donations at a central location and packaging them in to take home packs.
- Cooking and serving a free hot breakfast 4 days a week for those in need of the service.

The Rotary Club maintains several plots at the Knox Community gardens with the produce going to the Infolink breakfast and food package services.

At Christmas time the Rotary Club also:

- Provides meal vouchers that may be used at local food outlets when breakfast is not available.
- Assists with compilation and distribution of Knox Community Christmas Support "Share the Joy" Appeal hampers.

Contributions to the Christmas appeal may be made at the InfoLink office, 136 Boronia Road, Boronia during opening hours – Monday, Tuesday, Thursday, Friday 10am – 3pm.

Rotary volunteers also cook a sausage sizzle once a month at Knox Leisureworks for the autism support service, Different Journeys, allowing their members and clients to enjoy a meal after their time in the swimming pool.

We meet most weeks at the Knox Club at 7pm on

Tuesdays and usually have a guest speaker give a presentation. Upcoming speakers include:

- 21 Nov: Kristian Dauncey, Executive Manager Strategy, Innovation & Growth at disability support organisation Nadrasca will be talking about who they are and what they do.
- 5 Dec: Prof Angela Morgan, speech pathologist at the Murdoch Childrens Research Institute will be talking about her Stuttering Study.
- 12 Dec: Dennis Johnstone: The Biala story - providing respite care for disabled children and carers.
- 16 Jan: Marcia Stephens: sport science
- 23 Jan: Desley Tunstall: Netball in PNG
- 6 Feb: Ian MacFarlane: Upper FTG Boxing Training to Help Fight Parkinson's Disease
- 13 Feb: The participants in our Knox Rocks youth music program will be showcasing their talents.

Paralympian Sam Bramham will be special guest speaker at the Kilsyth Club on Monday 26th Feb 2024. Cost of \$45 per person includes a 2-course meal. It will be a fun filled evening with a dress-up theme for the young (and young-at-heart) in attendance. Proceeds will go to Different Journeys.

#### Contacts for further information:

Secretary Monique Smith

Phone: 0419 003 277

Email: [contact@boroniarotary.org.au](mailto:contact@boroniarotary.org.au)

Website: <https://rotaryboronia.org.au/>

## WE NEED YOU TO JOIN OUR TEAM

### Studfield Wantirna Community News Inc.

Studfield Wantirna Community News is a "Not for Profit" community paper run by 5 Volunteers, is published Bi-monthly with 15,000 papers circulated in the Wantirna, Wantirna South, Scoresby, Knoxfield and Bayswater areas of Knox.

We need a volunteer to maintain our existing client base, and to follow up leads on clients wanting to advertise in the paper.

You will need your own transport, mobile phone, access to a computer and approx. 2 days per week.

**Call Charles on 0407 797 666**



## News from Heathmont College

### Heathmont College Indonesian Cultural Day Celebration

As part of language learning, Heathmont College hosted an annual Indonesian Cultural day with about 130 Grade 5/6 students from the local primary schools, who participated in various Indonesian language and cultural sessions. The college's Indonesian students helped to organise and run the workshop sessions on Balinese mask making, traditional dances, pencak silat martial arts, wayang puppetry and sepak takraw kick ball.

For lunch, students had a delicious lunch of Indonesian nasi goreng and mix salad prepared onsite! The day ended with students showcasing their Indonesian traditional dances and martial arts talents! They also took home wonderful Balinese masks which they designed. It was a truly amazing day!

These engaging events build intercultural understanding and Asia Literacy skills in students besides enabling smooth transition for primary school students going to high school.



## Weihnachten in Deutschland (Christmas in Germany)

Many of our Christmas traditions come from Germany – Christmas carols (“Silent Night”), the advent calendar, the Christmas tree. Thanks to Albert, Queen Victoria’s husband, Christmas trees became popular in England.

Popular food also comes from Germany. Lübeck is famous for marzipan, just as Nuremberg is famous for gingerbread. “Zimtsterne” (Cinnamon Stars) are now found in supermarkets, too. See below for a recipe:

### Zimtsterne (Cinnamon Stars)

Ingredients:

4 egg whites  
250g caster sugar  
5g cinnamon  
300g unpeeled almond meal  
Icing sugar (for rolling)

Method:

Beat egg whites and caster sugar for 20-30 min until foaming. Take about 3 tbsp of mixture to brush the cinnamon stars with. Combine remaining egg white mixture with cinnamon and almond meal and roll out dough onto icing sugar to 5mm thickness. Cut out stars from rolled dough and put onto a greased tray. Glaze stars with retained egg white mixture and put into preheated oven.

Oven temperature: 150 °C; Baking time: about 20 min)



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Knox City Council  
proudly presents

Free  
event



# Knox Carols by Candlelight

Sat 9 Dec • Wally Tew Reserve, Ferntree Gully

- Pre-show entertainment & free kids' activities from 4pm
- Main show 8pm • Fireworks 10pm

[knox.vic.gov.au/carols](https://knox.vic.gov.au/carols)



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For the latest news, events and opportunities to have your say.

[knox.vic.gov.au/enews](https://knox.vic.gov.au/enews)



### Find my bin days

Search your address to find out your bin collection dates.

[knox.vic.gov.au/BinDay](https://knox.vic.gov.au/BinDay)



### Discounts on composting products

Join the compost community and save up to 60% on compost bins, worm farms, bokashi bins.

[knox.vic.gov.au/composting](https://knox.vic.gov.au/composting)

knox





# What's new at Your Library?

by Karla Simon

# LIBRARY NEWS

## Festive Fun

It's time to put the fun back into this year's festive season!

Join us at Your Library for loads of great activities - there's something for all ages, including an Italian Christmas sweets demonstration, sustainable gift and decoration workshops, card making workshops, book folding, gingerbread cookie decorating, opportunities to meet Santa, story times, carols, and more!

Pick up a copy of the 'Festive Fun' program from Your Library or view online by visiting [yourlibrary.com.au](http://yourlibrary.com.au).



## New books and DVDs

Enjoy an excellent selection of the latest books and DVDs at Your Library. To place a free reservation on any of the titles below and more, visit our website [yourlibrary.com.au/catalogue](http://yourlibrary.com.au/catalogue).

### Top Reads

- Pasta love: how to make, eat and celebrate pasta like an Italian by Jaclyn Crupi
- The seven by Chris Hammer
- Lola in the mirror by Trent Dalton & Paul Heppell
- Sisters under the rising sun by Heather Morris
- Making it so: a memoir by Patrick Stewart
- Unruly: a history of England's kings and queens by David Mitchell
- The schoolgirl, her teacher and his wife by Rebecca Hazel
- The dictionary people: the unsung heroes who created the Oxford English Dictionary by Sarah Ogilvie
- Killing for country : a family story by David Marr
- Did you hear about Kitty Karr?: a novel by Crystal Smith Paul

### New DVDs

- 10 Cloverfield Lane
- 1923: A Yellowstone Origin Story - Season 1
- The Blue Caftan
- Champions
- Dirty Dancing: Havana Nights
- First Australians
- Hallmark Christmas: Christmas Sail / The Royal Nanny / A Royal Corgi Christmas (collection 29)
- Hotel Transylvania 4: Transformania
- The Little Mermaid
- NCIS: Season 20

Attend exciting events at Your Library! To book into any of the events below call 1300 737 277, book in person at any library branch, or book online via our website [events.yourlibrary.com.au](http://events.yourlibrary.com.au).

## Events at Your Library

### Ferntree Gully Art Society - Group Exhibition

UNTIL 9 JANUARY 2024 (during opening hours)

Miller's Homestead

30 Dorrigo Dve (Cnr Melrose Crt), Boronia

Gracing the walls of Miller's Homestead until 9 January will be a selection of works by the talented Ferntree Gully Art Society artists. Visit the Homestead during opening hours - Mon-Fri, 9.30am - 5pm, to view the exhibition.

Bookings not required (FREE)

### Jigsaw puzzle swap

SATURDAY, 2 DECEMBER, 10:30AM – 12PM

Bayswater Library

Shop 26, Mountain High Shopping Centre

7-13 High St, Bayswater

Tired of completing the same puzzle repeatedly? Bring it along and trade it for one that's new to you! Puzzles must be at least 500 pieces, in good condition, with no missing pieces. No children's puzzles please.

Bookings not required (FREE)

### Creative time with watercolour pencils

EVERY WEDNESDAY, 2PM - 3PM

Boronia Library

Park Crescent, Boronia

Have you ever tried watercolour pencils? Join this friendly group to transform colouring-in into watercolour pictures.

All items supplied. Bookings not required (FREE)

### Laughter yoga and meditation with Lynette

SATURDAY 16 DECEMBER, 11AM – 12PM

Rowville Library

Stud Park Shopping Centre

Stud Rd, Rowville

Get ready to laugh your stress away! Join Lynette, from the Ferntree Gully Laughter Club, for a unique and fun workshop on Laughter Meditation.

Through a series of playful exercises, Lynette will help you tap into your inner child and find your sense of humour.

You will learn how to breathe deeply, release tension, and experience the physical and emotional benefits of laughter. Bookings not required (FREE)



Lynette from Ferntree Gully Laughter Club

### Chair Yoga with Ramki

FRIDAY, 8 DECEMBER, 9:15AM – 10AM

Miller's Homestead

30 Dorrigo Dve (Cnr Melrose Crt), Boronia

Join Ramki Subramaniam, qualified yoga instructor from the reputed Svyasa University of Yoga in Bangalore for Chair Yoga sessions in the parlour at Miller's.

Chair Yoga promotes relaxation, reduces stress, is a safe way of exercising for those with mobility challenges and has all the benefits of regular Yoga, making it accessible for all to include this life - improving practice to their daily schedule.

Bookings required (COST \$10)

### Get togethers for Seniors

1st & 3rd WEDNESDAY OF THE MONTH

1:30PM – 2:30PM

Bayswater Library

Shop 26, Mountain High Shopping Centre

7-13 High St, Bayswater

EVERY FRIDAY, 11AM – 12PM

Boronia Library

Park Crescent, Boronia

We would love for you to come and join us for a chat and cuppa – what an enjoyable way to meet new people!

Tea/coffee provided – all welcome.

Bookings not required (FREE)



Do you know someone who needs help with...

- reading?
- writing?
- spelling?
- English conversation?

1 to 1 literacy support is available for adults at Your Library



Contact Lizzie to find out more

0408 379 026

[volunteers@erl.vic.gov.au](mailto:volunteers@erl.vic.gov.au)





## Hello from Knoxfield Ladies PROBUS Club by Leonie Taylor

Hello Everyone,

November has been a busy month and our members have had some really exciting days.

There was the delicious High Tea at Zest Restaurant which is always very well presented by the chef students at Waverley TAFE and served by the hospitality students who did a marvellous job. Everyone enjoyed the afternoon and had a very small dinner that night.

Then there was the day out at Gardenworld in Braeside. The displays were just amazing and I was so jealous that my garden was so lacking when I looked at the amazing plants there. The orchid area was incredible and such an array of every orchid and colour you could imagine. Every area was presented so well and all the plants were healthy and begging me to buy them. There was a big display of Christmas goods and such a variety. We all met for lunch at the café there which was a chance to catch up and compare our purchases, as well as enjoy the very nice fare available to eat.

The Dinner Group enjoyed Japanese food at Okami at the Wantirna Mall. They have had a great time trying all different foods and restaurants over the

year and next month will be a Christmas feast at the Ferntree Gully Hotel.

Our members who attend the Sunday Brunch dates will meet at The Eating House at Rowville for their next Brunch which is always very popular.

We are off to the Robert Gordon Pottery at Pakenham to see his pottery and have morning tea, then off to lunch at The Berwick Springs Hotel. This is a very popular day as we all needed to do a bit more Christmas shopping and the pottery and other goods are so beautiful in the large showroom.

Christmas is fast approaching and our Knoxfield Ladies Club will celebrate with a Christmas Lunch at The Wantirna Club where we hold our monthly meetings. They serve a very nice lunch with Christmas decorated tables and room, we have our Kris Kringle and lots of fun and food. I am sure all members will be attending as it's a great day to get together.

Ladies are always welcome to join our Club for fun and friendship. Call our Membership Officer, Jo Robinson on 0414 914 091. Stay happy and healthy and enjoy a very Merry Christmas.



*Eaten alive at Gardenworld*

### A Few Words From Cr. Susan Laukens Friberg Ward Councillor



#### Reflecting on 2023: A Year of Challenges and Rewards

As we find ourselves at the doorstep of the festive season, it's hard not to wonder where the year has disappeared to. In the midst of everything that 2023 has thrown our way—challenges, triumphs, and all the moments in between—it's time to pause, take a deep breath, and wish you all a safe and joyous holiday season.

May this festive season provide each of you with the opportunity to unwind, rejuvenate, and reconnect with your loved ones. Whether you're spending quality time with friends and family, embarking on well-deserved rest, or simply relishing the spirit of the season, our wish is that it brings you peace, happiness, and a chance to reflect on the journey that was 2023.

Here's to a Happy Festive Season!

#### Road Responsibility in Knox: A Closer Look at Who's in Charge

Residents in Knox have voiced their growing concerns about the condition of roads in the area. The Knox City Council plays a significant role in maintaining the local road network but not all roads fall under their jurisdiction. Here's a breakdown of road responsibilities in Knox:

##### 1. Knox City Council (Local Roads)

- The council is responsible for maintaining non-arterial or local roads.
- Local roads cater to lower volumes of traffic and primarily serve local transportation needs.
- If you encounter issues on local roads, such as potholes, road surface problems, or maintenance

concerns, you can reach out to the Knox City Council Customer Service at 9298 800.

##### 2. Vic Roads (Major Arterial Roads)

- Vic Roads takes charge of major arterial roads in Knox.
- These arterial roads handle high volumes of traffic and are vital transportation corridors.
- If you come across problems on arterial roads, such as issues with line markings, centre median strip upkeep, or road surface conditions, you should contact Vic Roads at 131 171.

For more detailed information about arterial roads in Knox and their respective responsibilities visit the Knox City Council website and explore their "Responsibility for Roads" section.

The condition of Knox's roads is a shared responsibility, with the council focusing on local roads and Vic Roads overseeing major arterial routes. This collaboration aims to ensure safer and better-maintained roads for all residents and commuters in the region. Your input and reports play a crucial role in keeping these roads in top shape, so don't hesitate to reach out when needed.



## Cr Susan Laukens

KNOX CITY COUNCIL FRIBERG WARD COUNCILLOR • PUTTING OUR COMMUNITY FIRST

LET ME KNOW WHAT MATTERS TO YOU

Call or text on 0437 882 913,

email me at [cr.susan.laukens@knox.vic.gov.au](mailto:cr.susan.laukens@knox.vic.gov.au) or visit [www.susanlaukensforknox.com.au](http://www.susanlaukensforknox.com.au)

SusanLaukensforKnox



# KNOXFIELD & SCORESBY NEWS

## Heart Of The School

In 2024 St. Jude's Primary will be starting on the next phase of our building program, our Heart of the School Project!

We will be creating a new Junior School Learning Centre with a Kitchen Garden Canteen and Wellbeing Hub. This building will be complemented by a terrific new outdoor learning area and gathering space with opportunities for water play, community events and imaginative play spaces.

Our recent Streetscape project provides a warm reception and includes some lovely seated areas for local walkers and students waiting for school buses.

We will reflect some of the landscape design of this space into the new outdoor area.

The most recent addition to our playground area includes our Pirate Ship, oversized sandpit and outdoor seating space – this area has also been a hit with both children and the young at heart!

Our passion for bringing people together, fostering curiosity and kindness, along with aiming for educational excellence are the drivers of this project.

Our Heart of the School project commences in May 2024 and will hopefully be ready for use in the middle of 2025!



**Mr. Mina Williams**  
B.Pod. M.A.Pod.A.  
**Podiatrist**



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- Sporting or Occupational Injuries
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- Veterans Affairs



**'COMMUNITY @ CAVELL' IS NOW OPEN!**



### Community at Cavell

One Hope Community Church has recently reopened our Community@Cavell hub at Cavell Street in Scoresby where we offer a range of free services.

For more details about our community programs and Sunday service, visit our website and Facebook page:  
[ohcc.com.au/community](http://ohcc.com.au/community)  
[facebook.com/CommunityatCavell](https://facebook.com/CommunityatCavell)

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Monday to Friday 7.00am to 5.30pm  
 Saturday 7.30am to 3.30pm  
 Sunday 7.30 am to 10.30am

## Cr Nicole SEYMOUR

Tirhatuan Ward Councillor  
 Knox Council  
 P.O. Box 2168, Rowville 3178

0427 245 834  
[nicole.seymour@knox.vic.gov.au](mailto:nicole.seymour@knox.vic.gov.au)  
 Cr Nicole Seymour



Authorised by Nicole Seymour PO Box 2168, Rowville 3178. Advert funded personally by Nicole.

# ENVIRONMENTAL NEWS



## What's been happening at the Ringwood Field Naturalists Club ?? by Alison Rogers

### Excursion - September

Leader Jack A around the local Warranwood/Warrandyte area.

Jack started with a short walk around Yanggai Barring wetland in Warranwood looking at birds on the local lake. Members were then taken to Colman Park for a walk through the local bushland and lunch in the Reserve. In the afternoon a walk was enjoyed at Tindals Wildflower Reserve in Warrandyte. Although not huge quantities of orchids were around, there was still many varieties to look at.

### Meeting - October

Speakers: Member's night. 'Wandering with Nature in Australia'

18 members showed a maximum of 5 slides or 5 mins each about their 'take' on this subject. A great variety of subjects were shown with images to enhance each talk. A great night with members asking for something similar soon. We learnt so much about so many different aspects of nature.

### Excursion - October

No excursion this month due to Club weekend away to Castlemaine

Castlemaine: Leaders - Inta and Roger N.

This was a well organised and interesting weekend away. The weather was great so we were able to enjoy many excursions over the weekend.

Friday afternoon we had a walk through the Castlemaine Botanic Gardens which showcased many varieties of trees planted decades ago.



*Glossodia major*  
Waxlip Orchid  
Photo Alison Rogers

On the Saturday we spent the morning at the Rise and Shine Bushland Reserve seeing many orchids in flower as well as a great amount of bush birds. We visited the Muckleford Forest in the afternoon, an historic area which is known for the red, white and blue mine. The bush was colourful with local flora in yellows and blues.

On Sunday we visited Baringhup Reserve in the morning looking at the huge River red gums and the many birds in the area. Lunch at Cairn Curran Reservoir's picnic reserve where we were lucky to see a Great crested Grebe. Finally a visit to Kalimna Park to enjoy the Circuit Walk in the afternoon. A great way to finish off an enjoyable weekend with 27 like-minded members.



Karijini National Park  
Photo Alison Rogers

### Meeting - November

Speaker Geoff Lay – "50 Years of Wandering"  
Geoff took us on a journey showing us the many

places he had visited over the last 50 years travelling throughout Australia. For many members, some of the places were new and for others it was a lovely reminder of places already visited. His speciality is Australian flora and combined with the lovely scenery photos taken throughout his travels, this meeting was enjoyed by all.

### Future Program

December: Speakers Hazel & Alan V – 6 Days bird watching in the Red Centre.

January: outdoor meeting

February: Shirley S/Barbra L and Hazel & Alan V "Christmas and Cocos Islands"

March: Shannon Hurley "Getting to know the Great Southern Reef in Victoria"

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10). All visitors are welcome. For more details phone Alison or Peter on 9801-6946. Check out our Website <http://www.rfnc.org.au> for details of our next meetings.

To our facebook and Community News readers we wish you a Very Merry Christmas and a Safe and Healthy 2024

**Saint Paul's Boronia**

# COMMUNITY MARKET DAY

**Sat 25 November 2023**  
**10am - 2pm**  
**273 Dorset Rd, Boronia**  
**Free Entry**

**Secure your spot:**

- Indoor stall incl table \$35
- Indoor stall excl table \$30
- Car boot \$20

Please email: [events@stpaulsboronia.com](mailto:events@stpaulsboronia.com)

**WE SAY NO TO VIOLENCE AGAINST WOMEN AND GIRLS**

During the 16 days of activism communities around the world join the call to prevent and eliminate violence against women and girls.

**JOIN THE WALK AGAINST FAMILY VIOLENCE**

Where: Lilydale Lake, Meeting at the Community Centre  
When: Monday 4<sup>th</sup> December  
Time: 10:30AM- 1:00PM

Come along and join us for this Important Walk  
BBQ Lunch and Refreshments will be provided.

For any inquiries, please call Boordawan William Aboriginal Healing Services on 03 9212 0200  
Or email at [education@bwahs.com.au](mailto:education@bwahs.com.au)

**NGWALA WILLUMBONG** **OONAH** **VACCA** **MISSION AUSTRALIA**

## News from the Australian Jazz Museum

*Proactively Collecting, Archiving and Disseminating Australian Jazz.*

### We Are Not Alone by Ken Simpson-Bull OAM

In a recent edition of the museum's quarterly glossy magazine (issued free, mostly in on-line form, to AJM members) we ran an article entitled "We Are Not Alone" in which we outlined several other jazz museums throughout the world with similar purposes and outlooks to our own here in Wantirna.

Some of the institutions we researched included "The American Jazz Museum" in Kansas City, "The National Jazz Museum" in New York, "The

Louisiana State Museum of Jazz", "The Swiss Jazz Archive", "The British National Jazz Archive", "The Jazz Museum Bix Eiben" in Hamburg, Germany, and the "Centre for Jazz History" in Aalborg, Denmark, to name a few.

"Out of the blue" as it were, we received an email from staff of "The Jazz Centre UK" which is a British jazz museum located in Southend-on-Sea, a resort town in Essex. Having come across the Australian Jazz Museum's web site, they requested further details of our establishment in order to produce a comprehensive article for their own glossy magazine. As a result, our Australian Jazz Museum was presented in a three-page feature, with illustrations, in their very attractive widely circulated publication. (They coincidentally also called their feature "We Are Not Alone".) In addition they requested an informal partnership with us with a view to exchanging relevant information and ideas between the two museums. So our Wantirna Museum is becoming internationally known!

#### The Australian Jazz Museum

(nationally accredited) 15 Mountain Highway, Wantirna is open free to the public on Tuesdays 10.00am to 3.00pm. For Group visits, which include refreshments and a live band performance, ring Anne on 0431 522 031.

For volunteer positions email Margot at [mdavies@ajm.org.au](mailto:mdavies@ajm.org.au)

Visit the interesting web site at [www.ajm.org.au](http://www.ajm.org.au)

australian  
**jazz**  
museum



*The magazine of "The Jazz Centre UK" with whom we are now loosely affiliated.*



### Wantirna Lions Club –Support Your Community with a LIONS CHRISTMAS CAKE

To support the Wantirna Lions Club's numerous community projects, it will again be selling the fantastic Christmas Cakes and Puddings in our local community.

It would be great if you can support the Lions Club by purchasing a Cake and or Pudding.

Available at:

- Wantirna Mall - Community Pharmacy, Bendigo Community Bank, Post Office
- Studfield Shopping Strip-Amcal Pharmacy
- Mountain Gate Shopping Centre-Providence Food, Post Office
- Bayswater-Commonwealth Bank
- Knox City Centre- Westpac Knox
- Wantirna Retirement Village
- Wantirna Lions Club- Contact Paul 0400823441

**If you would like to know more about the Wantirna Lions current projects or membership please see [www.wantirna.vic.lions.org.au](http://www.wantirna.vic.lions.org.au),  
FaceBook: @Lions Club of Wantirna, Email: [wantirna@lionsclubs201v5.org](mailto:wantirna@lionsclubs201v5.org) or contact Paul Garvey 0400823441**



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## Laughter Club News

### Loneliness Prevention Using Laughter Club Involvement and More

Hello Everyone

I feel you will agree that we and people generally have changed significantly in the last few years as a result of the trauma, sickness, and isolation due to the Covid-19 virus. Many of us live fearfully, in more isolation and feeling alone nowadays. Especially as the Covid virus is still prevalent and I know of people who have caught it either again, or for the first time, as well as others who live in fear of catching the virus.

We must march on and use these negative opportunities looming down upon us to reach out to one another in support and comradeship. This is exactly what many social groups are about, in particular this one, the Ferntree Gully Laughter Club.

Human Beings are social creatures, not meant to be locked up, isolated, alone, apart from family, friends, workmates, or social groups. We can use 'bad things' that happen to us to grow, to evolve, to be more connected with positive energy, spirit, or whatever belief resonates with our good self.

In Brief, Five Major Benefits of Laughing

1 – Reduces Stress Laughter is an effective stress management tool and is the fastest way to reduce stress, whether it be physical, emotional, or mental stress.

2 – Mood Elevator Laughter releases feel-good endorphins of serotonin and dopamine. Our perception shifts, making one's life feel better, as well as energising us more.

3 – Health Benefits Laughter is a cardiovascular exercise that promotes physical wellness on all levels.

4 – Social Connector Laughter connects us. In particular, here I am referring to attending a free laughter club. Laughers feel like family.

5 – Laughing Through Challenges We can all laugh in good times but Laughter Yoga teaches people to



Image courtesy of Barbara Oehring Photography

laugh unconditionally even in hard times. It provides strength in adversity and is a coping mechanism that may help us be able to feel mentally positive, regardless of the circumstances.

In particular, this article addresses loneliness and point 4 – Social Connector, suggesting it is highly important that we have various social networks to avoid that horrible loneliness feeling.

Social or Learning Groups and Activities

A laughter club may not be your cup of tea. If you care to look around there are innumerable social groups, many of which you may feel comfortable joining. Councils and libraries could be a place to start as there is a huge support for people not only in learning new skills but also speakers from various groups introducing themselves and their group. The University of the Third Age, or U3A as it is known, is remarkable and people who join up at the start of each year can easily book into many classes becoming busy with a variety of activities. Have you checked your local U3A out?

I feel it is important to live in harmony with ourselves, in the community, with family, also extending out into the world and everything we do and are involved

in. We live in a duality on earth which is always changing. You know, we can be too introverted, staying at home alone, happy in that for a while and we can then do the opposite when we realise that it has gone the other way and we feel secluded.

Self-Care and Balance

Check in with how your self-care is currently and make the appropriate changes. We need to look after our bodies which work hard and could probably do with better care, food, and attention than we provide for them.

I encourage you to look for and find that balance in your life. Enjoy life! Do what you love to do. Make time for some fun things, get outside in the fresh air with nature, in the garden, whatever rocks your world. Life can be and has been difficult and depressing, apparently going in a direction we cannot possibly fathom with our finite mind. Writing this reminds me of Desiderata by Max Ehrmann, the words "With all its sham, drudgery and broken dreams, it is still a beautiful world."

When and Where?

Great news to share, John and I are both excited and grateful to bring you more opportunities to laugh which is doing some laughter yoga sessions inside libraries.

Ferntree Gully Laughter Club – we meet behind the Ferntree Gully Library at 11am Sunday, on the 2nd 4th and 5th Sunday of the month. Boronia Library – 11am 2nd December Rowville Library – 11am on 18th December. First-timers, please contact Lynette in case there is a meeting change.

Cheerio for now and all of us at the laughter club are looking forward to seeing you some time!

Lots of Love and Laughter. Lynette Mitchell.

Phone: 0425 799 258

Email: [lynette@laughterforliving.com.au](mailto:lynette@laughterforliving.com.au)

Website: [www.laughterforliving.com.au](http://www.laughterforliving.com.au)

## Hands on Myotherapy



### Joint Mobilisation in the Management of Arthritis

with Dominique Harrison

Arthritis is the swelling and tenderness of one or more joints. The main symptoms are joint pain and stiffness, which typically worsen with age. The most common types of arthritis are osteoarthritis and rheumatoid arthritis.

Managing the symptoms of arthritis is important to ensure patients maintain their quality of life and keep on doing the things they love. One technique that I often implement with patients presenting with arthritis is Joint Mobilisation.

Here's how it can help:

By gently moving the affected joint, it stimulates the release of endorphins, which are natural pain-relieving chemicals in the body. Joint mobilisation techniques aim to restore normal joint movement by gently gliding or oscillating the joint surfaces, thereby reducing stiffness and limited range of motion.

Another benefit of Joint Mobilisation is increasing the lubrication of affected joints. This plays a pivotal role in helping manage arthritic joints that often have reduced synovial fluid; the fluid needed to help lubricate the joint and reduce friction.

After a session patients can also experience enhanced circulation to the affected joints that promotes healing as well reducing inflammation. Patients often report that they feel more relaxed, with an increase in range of movement and a sense of ease.

If you are suffering from these symptoms, come and say hello, I would love to help you.



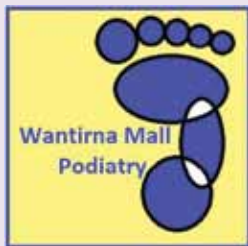
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[enquire@handsonmyotherapy.com](mailto:enquire@handsonmyotherapy.com)



### Wantirna Mall Podiatry

Melina Linardatos  
(B. Pod, MBA and MHA)  
4/322 Mountain Hwy, Wantirna  
Ph: 9720 1235  
[www.wantiramallpodiatry.com](http://www.wantiramallpodiatry.com)



### Common Problems With Aging Feet

As we all age our feet age too causing many age-related foot problems; one very common issue is tough nails. Your toenails can change as part of the aging process, becoming thick, discoloured and /or distorted so it is important to maintain them to avoid future problems. If you can cut your nails yourself trim them without cutting down the sides with a pair of nail clippers and file them gently in a downwards motion with an emery board for a smooth edge.

At Wantirna Mall Podiatry we can help you to maintain your nails if you are unable to, treat the thickness of nails and we can also treat any thick calluses and corns.

Dry skin can also be a problem, using a Urea based cream can help soften the skin but its best to wear something on your feet after applying the cream so that you don't slip.

Aging can also change the structure of feet which can cause foot pain. Arches can become

flattened, the foot joints less flexible and deformed, the natural padding at the bottom of the feet can go. Changes to the structure of the foot can change the way you walk, increase pressure on the soles of the feet and increases the risk of instability and falls.

Treatment of age-related foot pain can be dependent on the problem and this can involve further investigation and treatment.

But if you have a general ache, one easy thing you can do to help this problem is to be fitted and wear Orthopaedic footwear with a non-slip sole. Orthopaedic shoes differ from fashion footwear, they can come in different widths and can contain different design features to help you with your specific problems.

At Wantirna Mall Podiatry we have a range of Dr. Comfort Orthopaedic Medical Footwear we can fit you with to help you with your specific foot health needs, another place to be fitted would be your local Orthopaedic footwear retailer.

### FTG Town Club Still Going Strong

Ferntree Gully T.O.W.N. Weight Loss Club has recently celebrated 30 successful years since we opened and have given many hundreds of local people support to lose their excess kilos.

During those 30 years our members have lost a total of 4,845.1kg. We have had over 130 members reach their Ideal Weight recommended by their doctors, including 4 members of our Leadership team in the last 3 months.

Ferntree Gully T.O.W.N. Weight Loss Club is a Not for Profit, Low Cost, Support group that meets every Wednesday night at the Wattle Hall at 160 Underwood Road Ferntree Gully, from 5.15pm to 7.15pm.

If you have a few or lots of Kilo's to lose and would like support to do so, please contact our Leader Therese on 0417 351 898 or email [ftgtownleader@gmail.com](mailto:ftgtownleader@gmail.com).

We welcome all new and returning members.



Therese (Leader), Noelle (Deputy Leader), Pat (Assist. Secretary) and Trish (Secretary). Have reached their ideal weight and between them they have lost 48.3kgs

## Osteopathy For The Instrumental Athlete

By Dr. Josh Graham (Osteopath)

Much like an athlete managing an injury would, musicians can also benefit greatly from the use of osteopathic management. When comparing athletes and musicians, their risk factors for injury are quite similar. Poor mobility, strength or postures can lead to an injury. Over-training or over-playing are also well-known causes of injury. Musicians commonly experience playing-related complaints as a result of either muscular strain, tendon overuse, joint irritation or nerve irritation. For hobbyists, this pain may lead to a loss of enjoyment, while for students and professionals their practice, performance quality and income may be impacted – similar to how an athlete would be affected by their pain.

### How can osteopathy help musicians with playing-related complaints?

Osteopathy uses a holistic and multi-modal approach to help promote optimal function of the body. An osteopath has a variety of manual therapy techniques available aimed at affecting muscle tissue and joint motion, as well as a knowledge of exercise rehabilitation to help build mobility and strength.

Outside of treatment and exercise, an osteopath is also able to provide education and advice. This may include education of good ergonomic playing posture, advice around the importance of rest breaks, or tips and tricks like the use of massage



balls or heat packs for some self-management at home.

While it may not be obvious at first, the rigours that musicians put their bodies through are not unlike those of an athlete. In order to stay on top of any playing-related complaints just like a sporting athlete needs to stay on top of an injury; osteopathy is a great resource for any musician – or instrumental athlete.

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## osteopathy



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## Life Activities Club Knox

Good Gracious!! It's almost time to wish you a very Merry Christmas, safe holidays and of course, a wonderful 2024. (And I do). HAPPY NEW YEAR, Welcome, 2024. So where can you find us in the meantime and also where can we get to meet you??

As usual the Bushwalkers head off every Thursday and the Sunday walkers will enjoy the Bushy Park Wetlands. For more exercise join the Badminton with their shuttlecocks in Mitcham. They play between 2pm and 4pm, every Thursday, including school holidays. \$5:00 each for the hire of the Mitcham Badminton Centre.

December and most activities will be organised to include some Christmassy eats. Friday walkers will have a short walk and Christmas get together, the Garden group have been invited to one of our member's homes to explore an interesting garden

followed by, and yes you guessed it.

Social Board Games and Cards groups will be at the Wattle Hall too for their celebrations. On behalf of our members, I'm wishing you the most wonderful time and remember, our activities continue throughout the year. Please ring and obtain a copy of our newsletter, membership is only \$25:00 per year.

Feb 1st 2024, please book this in. "Picnic in the Park" at the Tim Neville Arboretum on Francis Cres. FTG. It's BYO - food - drinks - chair too, and we get together from 5pm plus we're home before dark.

More details about activities are listed in our quarterly newsletter and we'll happily send one to you. Our new Membership Secretary, Lorraine, is awaiting your call, and feel free to ask questions.

Lorraine's number - 0438 068 334



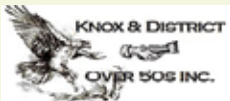
Happy "Friday Walkers" in beautiful Melbourne

# COMMUNITY NEWS

## IRENE JACKSON 103rd birthday on 9th November 2023



Congratulations Irene from all your friends at Boronia Ladies Probus Club Inc. What a wonderful achievement on reaching this amazing milestone on your life's Journey and we wish you more of these very special days in the coming years.



## Knox Over 50s

At Knox & District Over50s we are a very friendly and sociable group who normally meet on the 4th Tuesday of each month from January to November.

Our first meeting for 2024 will be held at 10.30 am on Tuesday the 23rd of January, at Club Kilsyth, 1-15 Canterbury Road, Bayswater North, followed by lunch in the bistro for those who wish to stay on.

We provide guest speakers, day and overnight trips, visits to Boronia Cinema, coffee mornings, regular lunches at different locations around Knox and morning melodies. If you are looking to enhance your social life, come along and join us.

During October a group of members travelled to Lancefield to visit "Edgar's Mission", a not-for-profit farmed animal sanctuary, and enjoyed a great outing. We thought you might like to see a photo of Edgar, the little pig whose sorry plight inspired this wonderful initiative.

During November we had a trip to the Werribee Mansion and Rose Garden. And, in early December, will be entertained with "A Very Musical Christmas" at the Knox Community Arts Centre.

Our Christmas Luncheon will once again be held at the Churchill-Waverley Golf & Bowls Club.

We have a monthly newsletter (Knox Natters Matter)

which will keep you up to date with the many fun social activities available.

If you are interested in joining our group, please contact Jill (on 9801 4363) for further information.

We look forward to hearing from you or, more importantly, seeing you in the near future.



"Edgar Alan Pig"



"Edgar's Mission", Lancefield

## Cuboree 'Open for Adventure'

By Nicole Klep, District Leader of Cub Scouts.



25th – 29th September 2023

Take 3,500 Cubs aged 8-11 years old and 4 nights 5 days under canvas and what do you get – a great big adventure and oh so much fun! That's what 124 Cubs from the City of Knox experienced at Gilwell Park, Gembrook. This was the 11th Cuboree and the theme was 'Open for Adventure'.

A Cuboree Unit is made up of 36 Cubs, 5 Line Leaders (Cub Leaders), 1 Unit Akela (L.I.C) and 3 Unit Catering Staff (usually parents). They camp in tents, eat and do all the activities together. The campsites all have a spectacular gateway (designed by each unit) which relates to the Cuboree theme. The theme for our sub-camp that we were assigned to was 'We Know We Can'. Our 4 Cuboree units did a superb job! Our Cuboree Units also had themed hats for our Cubs, worn all through Cuboree, which helped identify them from the other 100+ other Cuboree Units and 3,500+ Cubs and over 400 Joeys (aged 5-8 years old) who visited on the Wednesday! With fun filled days and night-time entertainment on offer, you can imagine there were plenty of hungry

tummies to fill. Here are a few interesting statistics from the catering side of Cuboree .... 36,713 pieces of fruit, 10,042 packets of popcorn, 10,042 packets of potato chips, 6,796 litres of milk, 3,832 litres of juice, 2,280 litres of cordial, 5,553 loaves of bread, 843 kg of breakfast cereal, 239 litres of hand sanitiser, 526 kg of cheesecake and 8,128 hamburgers.

The activity bases included: Cherry Lane, Outback Adventure, Theatre Adventure, Vertical Adventure, Safari Adventure, Jungle Adventure, Neon Adventure, Scouts and Beyond. To give you a taste of an activity Vertical Adventure involved climbing, scaling, sliding and towering over Gilwell Park on a Vertical Adventure high up in the sky.

All the Cubs had an absolutely amazing time and went home inspired, exhausted and perhaps a tad bit dirty, with some magnificent stories to tell! They loved the blanket badges they collected and the Cuboree t-shirt and scarf. I am not so sure that their families loved the mud they brought home!

If you are interested in trying Scouting go to: <https://scoutsvictoria.com.au/locations/all-groups/>

2nd/3rd Bayswater, 1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 4th Knox are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 5 to 26 years and after 26 lots of fun is to be had by becoming a leader!



## The Gully Market

### - Giving Back to the Community



The Gully Market is located in the Upper Ferntree Gully railway station car park. It operates every Saturday and Sunday from 9.00am to 3.00pm and has been running for nearly 50 years.

The Gully community market has taken on a more proactive role recently to distribute funds raised through stall fees back into the community. The first recipient was the Upper Gully CFA, with a donation of \$2300 being made at the market on sat 2/9/23. On Friday 29 September we had a special market, with all stall fees collected (\$210) being donated to the Upper Gully Junior Football Club.

The next major event was the Angliss hospital, with a donation of \$5000 being presented to them at the market on Saturday 14/10/23. Leading up to Christmas there will be donations made to local charities and foodbanks. Ongoing, there will be donations to various community groups. These are yet to be determined, but SES is one we have in sight for early 2024.

During the festive season, the market still continue to operate unless high temps dictate otherwise. The only unlikely weekend will be between Christmas and New Year.

We look forward to continue to give back to the community and invite the local community to visit the market and checkout the variety of stalls we are building up, and striving to add to on a weekly basis. Afterall, we need the support of the community to achieve our aims.

I take this opportunity to extend our best wishes for Christmas and New year, and to thank the community for their past and future support.

For Contact details, visit [thegullymarket@gmail.com](mailto:thegullymarket@gmail.com)

Ian Rice - Market President, Tracy Pate - Secretary/Treasurer, Dianne Cree PA/ Social Media



## Ferntree Gully View Club

Our monthly luncheon meetings are held on the 4th Monday of each month (except December), and includes a 2-course lunch, tea/coffee at a cost of \$25. We have a meeting, then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We support 6 disadvantaged students through the 'Learning for Life' Program with the Smith Family. We also support a refuge for women and children escaping domestic violence.

Monday 18th December, 2023

Christmas Lunch - Entertainment: 'Time Steppers'.

Time - 11.00am for a 12.00 noon start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna South

No Lunch meeting for January 2024

If you want to join a club that is both welcoming and fun, come join us. Visitors are very welcome.

Contact: - Romaine on 0421 400 549

## Wantirna Day View Club

Wantirna Day VIEW Club (Voice, Interests, and Education of Women), is a group of friendly women who meet regularly and enjoy social interaction, whilst also raising valuable funds for The Smith Family Learning for Life Program. We currently sponsor six Learning for Life students through the dedicated efforts of our members. We raise funds in a variety of ways, including, but not limited to, raffles at our meetings; BBQs at Bunnings; trips to the movies/theatre; Craft/Chat & Chew groups, and excursions to venues in Regional Victoria.

We meet on the 1st Wednesday of the month (except in January), at The Stamford Hotel - Cnr Stud & Wellington Roads, Rowville – 10:30 am for a 11:00 am start. The meeting room is accessible by lift and stairs, and there is ample parking available on site. Members contribute a small fee of \$12 per meeting which includes morning tea and a raffle ticket, and lunch is available to order at your own cost. Most meetings also host a guest speaker/entertainment for members' enjoyment.

We would love new members to join – any age group would be most welcome. For more information, please call our President – Kate on 0421 650 684.

## Boronia VIEW Club

Boronia will have its last meeting for the year at 11.30am on Friday 15 December at Eastwood Golf Club, Liverpool Rd., Kilsyth with a 2-course lunch costing \$27. This will be followed by an afternoon of "mayhem and madness" including the Yarra Vally Singers who will be the entertainment. There will be a raffle for lovely Christmas hampers. All monies raised will go to The Smith Family Learning for Life program. The club sponsors 8 needy Australian children through this program to help them with their educational requirements. The club is looking for new members so ladies of all backgrounds and ages come along and you will be warmly welcomed. Within the club there is also opportunity for small outings, coffee club, book club etc. Enquiries to Judith on 9764-8602

There will be no January meeting

## What's On?

Event	Date & Time	Location	More Information
OLDER MEN : NEW IDEAS	2nd & 4th Fridays each month	Orana NH, 62 Coleman Rd ,Wantirna	Call Orana on 9801 1895, call 1300 13 50 90 or see the COTA web site
Changing Seasons Cafe	Wed to Fri 10.30am to 3.30pm Sat & Sun 9.00am to 4.00pm	31-34 Elizabeth St, Bayswater Access from the road	8720 1382 Facebook @ChangingSeasonsCafe
Wantirna Day View Club	1st Wednesday each month 10:30 am for 11:00 am start	Stamford Hotel Cnr Stud & Wellington Rds, Rowville	Kate on 0421 650 684
Ferntree Gully View Club	4th Monday of each month 11.30am	The Knox Club. Cnr Stud and Boronia Rd. Wantirna South	Romaine Meadowcroft - 0421 400 549
Boronia View Club	3rd Friday of each month at 11.30am. Dec. 17th 11.30 am.	Eastwood Golf Club Liverpool Road Kilsyth	Judith 9764 8602
Boronia Ladies Probus Club	3rd Wednesday of each month	Knox Club, cnr Boronia & Stud Rds Wantirna	Enquiries: 0435 136 472
Combined Probus Club of Wantirna Heights	First Wednesday of every month at 10am	Knox Boat Fishing Club, Schultz Reserve, Kingloch Pde Wantirna.	Michael on 0439 551 209
iShred - Community Shedding Day	From 9.00am Sat. 9th Dec	5/7 Samantha Crt. Knoxfield	1300 763 688
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 <a href="http://www.rfnc.org.au">http://www.rfnc.org.au</a>
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00pm	Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater	Paul 0400 823 441
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	Jeanette 0407 308 671 or John 0405 698 554
Knoxfield Ladies Probus	3rd Wed. of the month at 10.00am.	Wantirna Club, 350 Stud Road Wantirna	Jo 0414 914 091
Lions Club of Knox	1st & 3rd Tues of month at 7.00pm	Our Saviours Lutheran Church Knox 646 Burwood Hwy, Knoxfield	0425 716 079
Probus Club of Wantirna Sth	2nd Wednesday of the month at 10.00 am.	Wantirna Club, Stud Road Wantirna	Helen Dewar 0418 333 022
Scoresby TOWN Club	Wednesdays 8.30am	Bayswater Church of Christ	0418 306 104
The Hut Gallery	Open Sat/Sun 11am to 4pm	157 Underwood Rd. Ferntree Gully	<a href="http://thehutgallery.com.au">thehutgallery.com.au</a>
Rotary Club of Rowville Lysterfield	Tuesdays 6.45pm	Tosarias Restaurant, 60 Henderson Road, Rowville	Kevin Harrison - 0419 919 011
Rotary Club of Knox	Wednesdays 12.45pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Harvey Gough - 0407 722 570
Rotary Club of Boronia	Tuesdays 6.30pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Greg Mossop - 0437 599 949
Rotary Club of Bayswater	Wednesdays 6.00pm	Rotary Club Rooms , Marie Wallace Reserve, King Street, Bayswater	Ron Bridges - 0414 843 427
The Boronia branch of CWA	2nd Wednesday of the month Craft Meeting - 4th Wednesday	CWA Hall at 4 Sundew Ave Boronia	Evelyn on 9762 1537 or 0434 722346



## News from EACH Financial Counselling

by Bridget Morcom

### No Interest Loan Scheme (NILS)

- Loans for a wide range of items with no interest and no fees
  - Borrow up to \$2000
  - Pay back only what you borrow.
- NILS provide individuals and families on low incomes with access to safe, fair and affordable credit.
- They can help you manage your money wisely.

Are you on a low income or government benefits and struggle to pay for larger expenses? It can be challenging to pay for big one-off expenses with the cost of living being so high.

Maybe you need a new fridge, car tyres, dental work, a new laptop for study or have medical bills? This is where NILS saves the day! Don't take out BNPLs or payday loans that are going to charge you high interest, establishment fees, monthly fees, and late fees.

### Are you eligible?

The No Interest Loan Scheme (NILS) is run by Good Shepherd provides borrowings of up to \$2000, payable over 24 months, with no credit check.

It is available to those who:

- Have a healthcare or pension card
- OR earn less than \$57,000 net for a single income household
- OR earn less than \$75,000 net per year for couples or families

- OR have experienced Family violence in the past 10 years.
- Have the capacity to repay the loan?

Note that:

- An assessment will be done to show you can meet the repayments
- You have to apply before purchasing the good or incurring an expense
- The loan is paid directly to cover the expense or service.
- Once you have paid back a NILS loan you can then apply for another one.

\*\*\*NILS loans are NOT cash or for debts or food!

### How do I apply for a NILS loan?

Apply through Community Organisations like EACH: Phone 1300 00 3224

What if I don't have enough money to pay the debts I already have?

Financial Counselling is a free, independent and confidential service which can provide you with information, support and advocacy when you are unable to pay your debts.

EACH offers a free and confidential and respectful financial counselling service

### Contacts:

NILS: EACH 1300 003 224

Financial counselling:

EACH Financial Counselling - 9871 1817

The National Debt Helpline - 1800 007 007

## Concerned About Your Gambling?

Gambling affects an increasing population of Australians. It can impact anyone, no matter your background, job, or social status. Having a punt, playing pokies or bingo, and scratching lotto tickets are promoted as normal types of entertainment. However, gambling can be problematic.

When you are winning, you want to win more, and when you are losing, you want to win back what you have lost. Eventually, you lose it all, if not more. What can start out as a little flutter to pass the time or having some fun with friends can become a slippery slope that can spiral into a cycle of chasing losses and emotional volatility. Financial hardship, relationship breakdowns, and depression are common for those who struggle with gambling. However, their loved ones, local businesses, and the community lose out too.

If you think you or someone you know could have a gambling problem, reach out for a private and confidential talk with a Therapeutic Counsellor to help make sense of how you got to where you are and how to move forward. It could be the best decision you ever make.

**Contact Gambler's Help at EACH on  
1300 00 3224**



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### Who listens to the radio?

Are you interested in volunteering for your local community radio station? We're sure to have just the role for you! Check out Radio Eastern FM 98.1 online or search "Volunteers for Knox" to find out more how to join our fun team.

Find out what's happening in the community, such as special events, news and weather updates, sport and entertainment. NEW THIS MONTH: Listen back to our latest community interviews anytime here: [www.radioeasternfm.com.au/soundcloud](http://www.radioeasternfm.com.au/soundcloud)

We love spreading the news about your local community organisation's events, free of charge. Just get in touch at [csa@radioeasternfm.com.au](mailto:csa@radioeasternfm.com.au) or 9722 9981



# COMMUNITY NEWS

## Christmas Market

**KNOX HISTORICAL SOCIETY** is having a Christmas Fair & Craft Market at 'Ambleside' homestead & museum,

3 Olivebank Rd, Ferntree Gully, on Saturday, 9th of December from 1 – 6pm.

Enjoy the beautiful gardens of this historic homestead, built in 1889, and stalls for crafts and Christmas gifts, sausage sizzle, and other hot food and drinks.

There are free games and activities for the kids, and a special visitor arrives at 4 pm. Entry is by gold coin donation. Details: [khs@relics.com](mailto:khs@relics.com)

## Community Music and Performances Inc.

### Jazz on Sundays at the Ringwood RSL

16 Station Street, Ringwood  
It's a friendly event with great musical entertainment all afternoon.

**Sun 10 Dec 1:30 - 5:30pm**

Doors Open to function room at 1:15pm

More Information:

Ann Craig - 0412 063 603

Facebook: CMAP Inc – Community Music and Performances

## CWA Boronia Branch Welcomes New Members

The Boronia branch of CWA (aka The Country Women's Association) recently celebrated it's 86th Anniversary in Boronia and continues to support local charities and the interests of women, children and families.

We meet on the 2nd Wednesday of the month at our own hall 4 Sundew Ave Boronia at 10.30 am and have a Craft meeting on the 4th Wednesday.

New members are always welcome.

**Ring Evelyn on 9762 1537 or 0434 722 346.**


i | s | h | r | e | d Community Day

5/7 Samantha Crt, Knoxfield  
 1300 763 688  
[www.ishred.com.au](http://www.ishred.com.au)

Once a month iShred opens the doors of its facility which allow members of the community to have their personal documents professionally and securely shredded at an economical cost, with our mobile shredding vehicle.

Our Community Day caters for shredding of:

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**Our upcoming Community Days are on Saturday, 9th December from 9am — 12noon**

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**Nari Khera 0409 786 121**  
[nari.khera@aussie.com.au](mailto:nari.khera@aussie.com.au)





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## Templeton Tennis Club News

by Don McCracken , President

Welcome to the Christmas edition of our club news, another year has all but passed us by. This is my last article and further ones will be provided by the incoming leadership team of Chris Jones and Neil Houlston.

I would like to take this opportunity to say a big "THANK YOU" to Janet and the crew at the local paper. She, along with the other volunteers provide a wonderful vehicle by which our Club and many others can keep in touch with the wider local community.

The summer season is well under way. Our junior teams currently have 7 of the 14 teams in top four positions and the seniors 2 of their 3 teams.

Both mid week ladies teams have qualified for finals, one team in third spot and the other in second. We wish them well with finals commencing 15th November.

We have had council grant monies of \$960 approved

for ball purchases through the minor grants program. We, as always, thank council for their continued support of our Club and sport in general. We are currently awaiting the detail of the \$10,000 grant given by Jackson Taylor via Sports Recreation Victoria for further works at the Club. We also thank him and the Victorian Labor Government for their assistance.

Night competitions, Monday and Wednesday nights are all back in full swing and progressing well.

Our coach, Kelly Cooper, runs a highly successful coaching program at the club for all levels. Give her a ring! Straight Sets 0414 874 482.

Check out our website, [www.templetontennis.com.au](http://www.templetontennis.com.au) for details of those who support us, our sponsors, and give them a call. Let us return the favour, don't forget to mention that you are a Templeton Tennis Club member. Barry Plant Real Estate Wantirna, Integrity

Cabinets, Jackson Taylor local MP (when article was written) and the Bendigo Bank in Wantirna Mall

Don't forget these people should you require any of their services.

Come and join us at the family club, your club, the Templeton Tennis Club.

Merry Christmas and a Happy New Year to all!

Templeton Tennis Club Inc.  
Templeton Reserve, Templeton St  
Wantirna 3152. Melway Ref. 63 G9  
Membership: Leanne 0493 450 111  
President: Chris 0425 763 106  
Coaching: Kelly 0414 874 482  
Website: [www.templetontennis.com.au](http://www.templetontennis.com.au)  
Email: [president@templetontennis.com.au](mailto:president@templetontennis.com.au)

**Thank you to Don McCracken, for providing articles consistently for Community News since our first edition in 2008. An outstanding achievement! Very best wishes from SWCN**



## Wantirna Tennis Club The Place to Be in 2023

by Alison Rogers

By the time you all get to read this newsletter, two exciting events will have happened at the Club.

The Official Opening of our 5 new courts and our Annual Club Championships.

We are looking forward to welcoming many specially invited guests, members who are current members and those who have played or been involved in the past at our Club. We are looking forward to this great day.

On the very same day the finals of our Club Championships will be played. All matches will have been played in the weeks leading up to this day. There will also be a round robin played so all can have a chance to play on the new courts.

There has been a lot of interest in our five new classic clay courts and these along with our 5 en tout cas courts are being well used through our 'book a court' system. These are now available for booking both day and night.

So come on down and have a hit.

### Juniors

Our 21 junior teams have now been playing for some weeks both on Saturdays and Sundays. The weather has been kind to us, so there has been some good matches played. We also have 13 players in Junior Pennant teams representing Eastern Region Tennis Association. We wish them luck for their 10 week season.

### Coaches Corner at Wantirna

Cardio Tennis is a big part of what our Coaches are doing down at Wantirna. It is great to see all those ladies and men down there having such a good time. Looks like they are not only getting fit, but are enjoying each other's company as well.

A great social event each week.



### Christmas Training Camp for kids

Troy & Mike Tennis will be holding a pre-Christmas Training Camp for kids starting on Wednesday December 20th to Friday December 22nd 2023.

10am-12 noon then 12 noon - 2pm each day.

The camp consists of:

- a 2 hour morning training session,
- a short lunch break
- an afternoon of supervised match play.
- There will be a bbq on the final day.

The camp is loads of fun, open to kids even if they are not currently in the program. You don't need to be a Wantirna Tennis Club member to book in and bring your friends. The cost is \$50 per day.

To book in for the camp please contact Mike Alder on 0433511904 or email [coaches@wantirnatenniscub.org.au](mailto:coaches@wantirnatenniscub.org.au) or Contact us via our Facebook page [www.facebook.com/troyandmiketennis](http://www.facebook.com/troyandmiketennis)

### Social tennis

Social Tennis is still going strong on Tuesday mornings. Even if the weather is hot or cold come on down and join the others or just have a coffee and a chat.

It is lovely to see our group of social players expanding. They are a great group of friendly people.

If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground, you can have a hit. It is only \$5 for visitors, members free. All welcome.

### About Wantirna Tennis Club

Visit our website for details on how to join our Club. We have excellent facilities, including two BBQs, covered with a shade cloth sail. We have 9 tennis courts and a Coaching area in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call or check out our website to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Club coaching team: Troy & Mike 0424693005 or email [enquires@troyandmiketennis.com](mailto:enquires@troyandmiketennis.com)

Coaching Face book: [www.facebook.com/troyandmiketennis.com](http://www.facebook.com/troyandmiketennis.com)

Wantirna Tennis Club Inc Melway Ref: 63C8  
Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna

PO Box 5295 Studfield 3152

Club Secretary: Alison 0408576025 or email [wantirnatennis@gmail.com](mailto:wantirnatennis@gmail.com)

Web: [www.tennis.com.au/wantirnatc/](http://www.tennis.com.au/wantirnatc/) WTC Face book: [www.facebook.com/.../Wantirna-Tennis-Club](http://www.facebook.com/.../Wantirna-Tennis-Club)

**To our facebook and Community News readers we wish you a Very Merry Christmas and a Safe and Healthy 2024**



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