

COMMUNITY NEWS

FROM STUDFIELD, WANTIRNA, WANTIRNA SOUTH,
SCORESBY, KNOXFIELD & BAYSWATER

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EDITION 90
JUNE/JULY 2024

- MAVIS CELEBRATES HER 100TH BIRTHDAY
- MAYOR ANNOUNCES STAMFORD PARK REDEVELOPMENT
- CR. MARCIA MAKES A DECISION FOR THE FUTURE
- CHIME CHOIR CELEBRATES 40 YEARS

SCORESBY UNITING CHURCH CELEBRATES 150 YEARS
(SEE ARTICLE ON PAGE 3)

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Editorial

Hello Community News readers.

Welcome to our 90th edition!

At this milestone, I would like to acknowledge the great work of the small but mighty SWCN team of volunteers who produce our paper. I would also like to acknowledge our contributors who take the time to share their news and information as well as our loyal advertisers who help to cover our costs. Without you all we would not have reached 90 editions!

You will see, as you read through our pages that our Collier Ward Councillor, Marcia Timmers-Leitch is not standing for Council for the next term. I would like to acknowledge Cr. Marcia for her positivity and energy, her determination and the goodwill that she has brought to her role over the past 6 years. Cr. Marcia has been a great contributor, with the Collier Ward Update each edition and I thank her for her efforts.

Finally I would like to acknowledge the passing of the Your Library CEO, Joseph Cullen. Joseph was a powerhouse for library services for our community. He leaves behind a long list of achievements. We are lucky to have had someone who wanted to make a difference and got there! RIP Joseph, you will be missed.

Please enjoy our 90th edition, happy reading!

Janet Claringbold - Editor, on behalf of the team.



Thanks to
Wantirna Village
& Knox Library
for generously
providing a room
for our meetings.

Scoresby Uniting Church 150 Years and Still Standing

There's a historic little church sitting in the heart of the Scoresby shopping village that recently celebrated its 150th anniversary. Scoresby Uniting Church was constructed in 1874 with bricks made from clay taken from what is now the local football oval. 150 years later the Church building remains much as it was in those early days, although thankfully with improved amenities, some modern comforts and the addition of a back room. Scoresby Uniting Church is the oldest continuously used building in the City of Knox and is listed with Heritage Victoria.



Scoresby Uniting Church around 1874

The congregation of Scoresby Church actually commenced 8 years earlier in 1866 with meetings conducted in the home of William Horner, who was instrumental in obtaining funding and construction of what was then the Scoresby Wesleyan Methodist church.

On the 14th of April this year the current congregation of Scoresby Uniting Church celebrated 150 years of worshipping in the church building. Guests included past members, current and past ministers and lay preachers, the local councillor and MP and other members of the Knox Uniting Church Cluster. In recognition that the Wurundjeri People of the Kulin nation are the traditional custodians of the land on which Scoresby Church was built, the service commenced with a Welcome to Country conducted by Uncle Tony Garvey representing the Wurundjeri Woi Wurrung Cultural Heritage Aboriginal Corporation.

Whilst it was wonderful to celebrate 150 years of the church building at Scoresby, of greater importance are the people who have benefited from being part of the church congregation and the various community outreach programs that Scoresby Church has been involved in over the years. Members of the church helped initiate the Mountain District Women's Co-op, which today also runs the Mountain District Learning Centre, organised and operated the Scoresby Op Shop for many years as well as a range of other community outreach programs.

A Drop-in Program now operates from the Scoresby Uniting Church on Monday and Thursday from 11am to 2pm offering food relief, a cuppa and a chat, recycled clothing, and a book exchange. An Art Group runs on Wednesdays and a Prayer Group is about to commence on Tuesdays. Worship services are run at 10am on the 2nd and 4th Sundays of the month, and you can be assured of a warm welcome at any of our programs and at Sunday services.

For further information email scoresbyunitingc@outlook.com or leave a message on 03 9763 1490.



Scoresby Uniting Church Today

Mavis Weston Celebrates Her 100th birthday!

Mavis is a Collingwood girl still to this day, born there and remains faithful to her heritage.

Her mother passed away when she was only 10 years old and she spent her early years with family. She met her husband when she was just 16 years old and he was 19 and of course settled in Collingwood.

They had two children a daughter Sunny who now lives in Officer and son Barry who is a resident of Perth. After her husband passed away she moved to Hawthorn and worked as a Machinist sewing curtains etc.

When the owner of the business sold Mavis was to become the new owner and kept the business running for many years.

Mavis was a resident of Marlborough Village of Boronia until recently when she moved to Officer to be with her daughter but returned to the village to celebrate her Birthday with her many friends of the Village.



Mary Doyle MP
Federal Member for Aston



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Delivering for Knox



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Dinsdale Ward News

with Cr. Sorina Grasso

As Deputy Mayor I have had the honour of joining the community for a number of important events, here is just a selection.

It was great to join Consul General of India, Mr Sushil Kumar and the Hindu Community on behalf for Hindu New Year celebrations and enjoy traditional lunch delicacies on banana leaf at the Indian Community Centre here in Knox. Hearing the outstanding singing of renowned performer Veeramani Raju was also very special.



It was also delightful to join Bayswater Park Cricket Club for their presentation night recently and present some of the awards. I am always happy to support local sporting clubs. Go Sharks!

I was also pleased to join the local community in Bayswater for several community engagement sessions to obtain direct feedback on Council's Bayswater Renewal Strategy Draft Plan.

It was also very special to join the local Hindu community at Shree Swaminarayan Temple in Boronia for the fantastic Holi celebration of good triumphing over evil. The colours, the excitement, the energy were all amazing.



As former Chair of the Knox Multicultural Advisory Committee, I was also excited to celebrate Council's Cultural Diversity Week at Carrington Park Leisure Centre on behalf of Mayor Jude Dwight. It's great to see the fantastic multicultural community we have here in Knox.

It was an honour and a privilege to be part of two ceremonies welcoming over 300 Knox residents to Australian citizenship at Knox Civic Centre. I was particularly honoured to be the presiding officer for the afternoon ceremony. Over 33% of Knox residents were born overseas and over 130 languages are spoken in our municipality. Today conferees came from the UK, the US, the Philippines, Iran, Scotland, India, China, Ireland, South Africa, New Zealand and more. Diversity is strength and it is great to see it here in Knox.

Finally, on ANZAC Day, it was beautiful, moving dawn service at Bayswater RSL where I had the honour of laying a wreath on behalf of the citizens of Knox. The local community was joined by veterans from Korea and Vietnam, Air Force Army cadets, students from Bayswater Secondary College and St Joseph's College Ferntree Gully and was lifted by the inimitable sound of Bronwyn Dean singing Abide with Me and the National Anthem. We were moved by guitarist Brad's rendition of And the Band Played Waltzing Matilda. Lest we forget.



BAYSWATER NEWS

June and July at the Bayswater Makers' Market

Bayswater Senior Citizens Hall
790 Mountain Highway.

**Saturday June 22nd & July 27th
10am to 2pm**

Enjoy browsing and shopping at our warm market.

Our market is a great place to support local producers, artists, authors and craft people. Our wares include winter woollies, cakes, jams and chutneys, jewellery, bags, babywear, cards, toys, homewares and plants.

Customers who enjoy Christmas in July will be able to find some Christmas themed items at our market on 22nd June.

Please email any enquiries about stall bookings to bw1market@bigpond.com with photos please. Other enquiries: Julia 9890 2546

ENROL AT BAYSWATER SOUTH PRIMARY SCHOOL TODAY!

To fill out an enrolment form for your child, click on the QR code and follow the instructions provided.

Enrol now and start your educational journey with us at BSPPS!



Cr Sorina Grasso
Dinsdale Ward Councillor - Knox City Council
Advocating for local jobs, prosperity & community.

cr.sorina.grasso@knox.vic.gov.au

M: 0437 853 445 CrSorinaGrasso



Jackson Taylor Update

75. That is how many level crossings have now been removed with the removal of Bedford Road Level crossing in late March which meant the Belgrave Line was back up and about. It now means that there are no level crossings on the line from Ferntree Gully to the City – a huge change and means it's now safer and there's less congestion on our roads.

And construction is now complete on the second of five Metro Tunnel stations. The Metro Tunnel will create an end-to-end rail line from Melbourne's north-west to the south-east, while freeing up space in the City Loop and connecting locals to jobs, healthcare and education. I recently took a tour of the Anzac Station, and I can tell you – this project is incredible, and I can't wait for everyone to be able to take a journey on it when it opens in 2025.

Supporting Education

Backing in education is always a priority and it's been so exciting lately to be opening new facilities at so many local schools – like Bayswater Secondary College. I recently took a tour with Principal Liz Swan of their new middle and senior school buildings – they look incredible and I'm so proud how this school keeps going from strength to strength. But that's not all, I've been pleased to open new facilities at Fairhills High recently with more to come soon like Templeton Primary – and Wantirna College won't be far off either, with works on their new facilities starting not long ago.

Covering supplies and extracurricular activities can be hard on families doing it tough. Uniforms, camps and excursions – it all adds up. That's why we are providing a one-off School Saving Bonus to help cover the costs. This \$400 bonus will help make sure our kids have everything they need for the school day, supporting families with children at government schools and families at our non-government schools who need it most. We'll work with schools to make it available for the start of the 2025 school year.

Knoxfield Community

We are creating a vibrant new neighbourhood in Knoxfield, with diverse housing and open recreational spaces for the community to enjoy as well as thriving new wetlands! Minister Colin Brooks and I got a tour of the site with ecologist, Peter, recently (pictured). I'll tell you what - it's going to be great! The site at the corner of Burwood Highway and Scoresby Road was formerly used as a Department of Environment, Land, Water and Planning horticultural research facility. Development Victoria is revitalising the site to deliver much needed housing, open space as well as a mixed-use zone which could include such things as retail and other services for the community.



Jackson, the Minister for Development Victoria, Colin Brooks MP, and ecologist, Peter.

The new wetlands will improve the health of local waterways, including Blind Creek, by ensuring the proper treatment of stormwater, which is not currently happening through the artificial dam. The wetlands will also provide a new purpose built and designed environment for local flora and fauna to thrive. New homes for locals - new wetlands and environment for our local critters. It's a win win.

In Other News:

- Delivered funding to Bayswater Bowls Club for funding to deliver new lighting to both greens.
- The Digital Driver Licence is now here – go to the Service Victoria app to get yours.
- Expanded the free brekkie program to every government school.
- Construction at athletics track underway.
- Turned on the new lighting at Bayswater Football Netball Club.

Local Shout-Out

Harry is a little legend from Wantirna South Primary who swam over 18km and raised over \$2,000 for the Starlight Childrens Foundation. Well done again Harry!



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Jackson Taylor MP

Member for Bayswater

Delivers for Knox

Suite 2, Mountain High Centre, 7-13 High Street, Bayswater Vic 3153

9738 0577

Jackson Taylor MP

jackson.taylor@parliament.vic.gov.au

Planning a new heart of Knox

We are planning for the future transformation of Council land between Burwood Highway and Lewis Park, next to Westfield Knox.

Help us untap its full potential

knox.vic.gov.au/HaveYourSay



What's on in Knox



Is your child ready for kindergarten in 2025?

Programs for 3 and 4 year olds. Kindergarten registrations open. knox.vic.gov.au/kindergarten



Stand for Council

Be the change you want to see and be a candidate in this year's council elections. Find out more knox.vic.gov.au/elections



Immerse yourself in art

Knox Council's interactive, month-long arts event, Immerse, begins this month. Visit our website for activations and installations near you. knox.vic.gov.au/immerse

0338

knox



A Message from the Mayor with Cr. Jude Dwight



Budget Delivers On Community Priorities

Last October we sought community feedback from across Knox as part of the budget process. The opportunity for consultation was brought forward so we could ask the community which services deliver the most value and if there are any areas Council should prioritise in this or future budgets.

Services that were most highly valued include open space and biodiversity, roads and transport, sustainability and climate response, early years, waste, libraries, seniors, sports and leisure, and health.

Council’s proposed Annual Budget 2024-25 includes \$126 million for services and nearly \$77 million in infrastructure investment.

Our budget invests significant funding towards the priorities identified, including enhancing our playgrounds, parks and habitat reserves and supporting new parents and their babies and senior residents to live independently at home. It allocates funding to provide safe local roads, footpaths and shared paths, improve and maintain sporting and recreation facilities, and continues to implement actions under our Climate Response Plan to move towards net-zero emissions.



Average residential rates in Knox will continue to be among the lowest in metropolitan Melbourne with overall rates revenue increasing by 2.75% in line with the Victorian Government’s rates cap.

Council has retained the rate rebate of up to \$100 to all eligible pensioners on top of the Victorian Government’s pensioner rebate.

The final budget is expected to be adopted at the 24 June Council Meeting after final property valuations are known.

Stamford Park Opens Up

The Stamford Park wetland and parkland redevelopment has come to fruition!

Wetlands play a really important role improving the quality of stormwater and help enhance biodiversity in Knox by providing habitat needed for species to survive.



The parkland and wetlands, alongside Corhanwarrabul Creek are critical for our environment and Council’s extensive works have opened up this 36-hectare site for our community to come and enjoy.

We’re hosting a fun and interactive opening event on Saturday 15 June, 11am-2pm.

Do come along to explore the new paths around the park, play on the intergenerational playground, learn about the revegetation works from the lookout tower and boardwalk, and find out more about the local platypus colony and public art installations.

Check our website for updates closer to the event date.

Plan For Victoria

The state government is developing a plan for Victoria which aims to deliver 800,000 new homes over a decade. This will have significant impacts on the east where our population may grow by half a million residents over the next 30 years.

As chair of the Eastern Region Group of Councils, comprising Knox, Maroondah, Manningham, Whitehorse and Yarra Ranges, I’m keen to ensure the Victorian Government considers what our local community values as they plan for our increasing population and where they will live.

KNOX UPDATE



Growth will put pressure on our transport and recreation infrastructure, open spaces, tree canopy, and health and community services among other things. We need to work with the Government to keep pace with the predicted rate of growth and ensure well-considered planning.

We’re calling on all our residents to get involved – it’s important to have your say about what you want your future to look like.

Have your say by 30 June at: engage.vic.gov.au/developing-a-new-plan-for-victoria

Save The Date

In recognition of World Elder Abuse Awareness Day, Council is inviting residents to a line dancing event at Rowville Community Centre on Friday 14 June from 10.30am-12.30pm.

Council is committed to increasing community respect and inclusion for all ages across Knox and is a member of the EveryAGE Counts Coalition, a formal alliance of organisations and individuals who have agreed to tackle ageism against older Australians. Bookings: knox.vic.gov.au



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What's Happening At Community Pharmacy?

with Jason,
Pharmacy Manager



As winter takes hold, we are introducing a series of initiatives aimed at supporting our customers through the colder months. From flu vaccinations, Skin Health to Pain Management, we're here to ensure you and your family stay well. Additionally, we will be moving on from a chance to win Free Fuel promotion to a Shop & Save promotion in mid-July. Please come in and visit us for more details on how we can help you this winter season.

So Many Winners!

We are dedicated to giving back to our community and enhancing the lives of our valued customers. So far this year we've been thrilled to award an array of exciting prizes, including Visa gift cards, air fryers, speakers, headphones, kids' toys, Officeworks vouchers, and even the opportunity to win \$5,000 worth of fuel. And we're only halfway through the year! Our commitment to community and customer satisfaction means there are many more fantastic prizes on the horizon in our upcoming promotions. Visit us again soon for your chance to win in our next few competitions and experience the generosity and community spirit that sets Community Pharmacy Wantirna apart.



Pain Management

This May and June our pharmacy will have a special focus on pain management. Ongoing pain is a common issue that many people face often impacting daily life and overall well-being. Recognising this, we are dedicating these months to offer comprehensive support and solutions for managing pain with a special emphasis on musculoskeletal pain. Whether you are dealing with chronic pain or looking for ways to alleviate occasional discomfort our pharmacy is here to help.

Our knowledgeable pharmacists are always ready to discuss various pain management strategies. From lifestyle changes and physical therapy recommendations to over-the-counter solutions, we aim to offer comprehensive guidance.

We Care For - Champion

We are proud to announce that our pharmacy is supporting Champion from May 2024 through to the end of July 2024. Champion are a remarkable organisation focussed on providing essential resources and support to local individuals and families facing health challenges ensuring they receive the care and assistance they need. By partnering with Champion we aim to contribute to their mission by donating food and funding through our We Care For campaign. You can join us in contributing to their great cause by visiting our pharmacy and adding tinned or canned food to our collection box or simply adding cash to our donation money box.

For more information about Champion and their impactful work, please visit <https://champion.org.au/>



Catalogues

We are thrilled to announce the launch of our brand-new catalogue campaign designed to bring you a wide range of specials. You can pick up a copy of our latest catalogue directly from our pharmacy during your next visit or by visiting our website as we're also making the catalogue available online. We will be updating the catalogue every few months so there's always something new to discover. You can find it by going to www.communitypharmacy.com.au and looking under the 'Membership & Promotions' menu on the website.

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Remember to jump on to our website, sign up to our newsletter and follow us on Facebook & Instagram to keep up to date with all our latest news!

Website: www.communitypharmacy.com.au

Facebook: www.facebook.com/communitypharmacywantirna/

Instagram: www.instagram.com/communitypharmacywantirna/

Collier Ward Update

with Cr. Marcia Timmers-Leitch

WANTIRNA NEWS



Greetings fellow Knox Residents,

I can't believe how the years have flown by and that this is my 30th edition of the Collier Ward update since being elected in April 2019. It has been a privilege to bring you regular updates from Council and therefore it is fitting to use this milestone to announce that I will not be contesting the upcoming Local Government elections being held later this year.

I have truly loved being a part of Knox City Council and working with the dedicated people who deliver for our community each and every day of the year.

I have poured my heart and soul into representing our community and relish the relationships that I have built with all our community and sporting groups, local traders and residents. Together we have done great things and I feel privileged to have been a part of so many lives.

I feel proud of my six years as a Councillor and my terms as both

Deputy Mayor and as Mayor. I want to assure you that this has been a difficult decision and one that I have not taken lightly.

I believe it is time for some fresh energy, innovative ideas and new representation for the people of the Collier Ward and would like to inspire interested candidates to consider putting their hands up to represent our community and this council.

I am available to support any person interested in being a Councillor in the upcoming elections with my insights and knowledge on the process, the policies and the realities of both Council and the role of Councillor.

I invite anyone interested, especially for contesting the Collier Ward, to get in touch, and I look forward to seeing a robust line up of quality candidates for the good people of Knox to choose from in October to be their new representative.

For any help with an issue then do not hesitate to get in touch with me via email marcia.timmers-leitch@knox.vic.gov.au or phone 0428 162 218.

Stand for Knox City Council

Are you interested in becoming a candidate in this year's Local Government elections? If so, consider attending the free Stand for Council Information Sessions being held by the Municipal Association of Victoria (MAV) across Victoria, between May to August 2024.

The information session will cover the following topics:

- The election process and candidate requirements
- Local government and the important role councils play for our local communities
- The role and responsibility of a Councillor, including time commitment and decision making
- What newly elected councillors can expect soon after the elections
- Councillor training and development opportunities

Attendees will receive a Citizen to Councillor Guide 2024, a resource designed to help you understand the importance of this elected position.

Registration is essential. Visit the MAV website for a list of all the available sessions and to register your attendance. <https://www.mav.asn.au/stand-for-council-2024>



Paving The Sustainable Way

Knox is proud to be one of the first Councils to use a new type of concrete made of 90% waste materials for local footpaths and kerb renewal works.

This innovative product is sourced and prepared locally and contains materials from our stormwater drains, including debris from construction projects such as excavated rock, soil, and mud. The materials are collected and delivered to a supplier where they are washed with recycled water and organic matter is removed. The mixture is then sorted and combined with approximately 10% cement to bind it together.

The application of this material follows conventional methods, either pre-cast into moulds or poured directly at the site. The material's appearance, consistency, and surface finish are comparable to traditional concrete, ensuring seamless integration with the surrounding infrastructure. The time it takes to set, and the durability is also the same, typically lasting 50 to 100 years.

This eco-friendly concrete was first used by Council's Civil Construction team to repair footpath bays in Edna Court, Wantirna in December 2023. Following this successful trial, it has since been used to update sections of the shared path on Napoleon Road, Lysterfield and kerb in Wantirna Mall carpark.

Re-purposing materials in this way benefits our community, helping to reduce greenhouse gas emissions, as outlined in Council's Climate Response Plan 2021-2031 and improving recycling efforts by decreasing waste sent to landfill.

For more information, contact our Engineering Services and Operations Team on 9298 8000 or email project_feedback@knox.vic.gov.au.





WANTIRNA NEWS & POST

Paul & Kathy Cameron

Wantirna Mall Shop 16, 326 Mountain Hwy Wantirna Vic 3152 T: (03) 9720 3100 E: wantirnalpo@gmail.com	Now Open Monday to Friday 8.00am to 5.30pm Saturday 8.00am to 12.00noon
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Your
local
voice

Marcia Timmers-Leitch

Collier Ward Councillor - Knox City Council

✉ marcia.timmers-leitch@knox.vic.gov.au

☎ 0428 162 218 MarciaTimmersLeitch [cr_marciatimmersleitch](https://www.instagram.com/cr_marciatimmersleitch)



Chime Choir Celebrates 40 Years of Music Making

The Choral Institute of Melbourne (Chime), is a diverse, auditioned community choir based in Wantirna. It was founded in 1984 by renowned performer and educator Kevin Casey as a teaching choir for young singers.

Over its 40 year history, Chime's talented choristers have performed works from composers across the world spanning jazz, gospel, classical and contemporary genres.

Reflecting on founder Kevin Casey's legacy, Chime Committee Member, Alison Outhred commented; "At one point, there were three choirs under his teaching program - they've since morphed into one, and we have a thriving community of choristers that have toured all over the world and are passionate about music, music education and sharing great, contemporary and traditional choral music with our audiences".

Chime now boasts over 50 choristers from many backgrounds, demographics and experiences with a desire to sing challenging and delightful choral music that speaks to the heart and mind.

Under the direction of Artistic Director Jenny Mathers and accompanied by Rosa Hwang, Chime is celebrating its 40th anniversary with a Gala Concert on 23 June at The Edge, Federation Square.

"It is truly a joy to bring such amazing music to the world through Chime. The longevity of the choir is a testament to the dedication of all involved, and the



importance of choral music for our fulfillment. I look forward to many more years of bringing Chime's delightful sounds to stages and events across the world" said Ms. Mathers.

Joining the current choir are past Artistic Directors Jayne Turner and Marten Visser, former accompanist Coral Rafferty and former choristers, appearing in the Alumni Choir.

The Gala's repertoire will showcase the choir's favourite pieces from its 40-year history, including works by John Rutter, Mozart, Morten Lauridsen and Ola Gjeilo and will also feature the world premiere of

a commissioned piece from Australian composer, Mark Puddy, to mark the milestone year.

Showcasing the depth of Chime's abilities as a choir, the program will feature gospel, contemporary and sacred works.

In July, Chime will compete in the World Choir Games in Auckland, along with choirs from 41 countries. This is an opportunity for Chime to demonstrate its versatility and skill and bring the work of Australian and international composers to the world stage.

Over its 40 years of music making, the choir has welcomed over 1000 choristers into the Chime family, and together they have performed at festivals, weddings, and special events throughout Victoria and

Australia. They have sung with renowned soloists Aled Jones and Andrea Bocelli, choirs including the Soweto Gospel Choir, toured overseas to the US, UK, Canada, Hong Kong, Japan and Europe and competed in multiple choral competitions.

Chime Choir is available for private and public events, including weddings, festivals and celebrations, and have toured interstate and overseas.

Enquiries: alison.outhred@chime.org.au

For further information: <https://www.chime.org.au/in-the-news.html>

Wantirna Heights Brownie Guides go camping!

By Cassandra Bulman - Leader, 1st Wantirna Heights Brownie Guides

Wantirna Height Brownie Guides had a fantastic time camping in Term 1. Our whole unit spent a weekend connecting with nature, exploring the bush and of course singing campfire songs!

We got to explore a new campsite called Clifford Park which had so many activities for us to try out. We decided to tackle the Challenge Valley obstacle course one day and had an amazing morning at archery on the second day. We got so lucky and had such great weather.

Our theme for camp was 'Magical characters' so we made wands and magical creatures, acted out our own plays and shared who our favourite characters are. It was a pity we couldn't light a campfire outside this time but we still had fun belting out our favourite campfire songs!

We also have a very busy Term 2 planned including a sausage sizzle on Saturday 15th June. Come and say hi to our leaders and volunteers at Bayswater Bunnings and grab a sausage!

We'd love to have some new friends join us on Monday nights. If you're interested, you can find out more about Guides in your area. You can email guides@guidesvic.org.au or visit www.guidesvic.org.au/be-a-guide.



St Luke's Primary School... Enriching Learning Through Experiences

As a community, we like to reflect on what we do at St Luke's that makes us unique.

INQUIRY LEARNING

St Luke's students enrich their learning of Inquiry Units not just through expert teaching, but incorporating excursions and incursions that relate to the Inquiry Unit. Our Year 3/4s are learning about the early history of Australia and to learn about the early development of Melbourne and our Indigenous history went on a Walking Tour of Melbourne. They also visited the Ian Potter Gallery at Federation Square.

The Year 1/2s history unit of work focuses on developing an understanding of the Knox community. The students walked to Wantirna Mall to learn more about our local area and the resources that are available to them. The 1/2s also had a presentation from Marcia Timmers-Leitch, Councilor for the Collier Ward of the Knox City Council, to link with their Inquiry unit on the local area of Knox City Council and how it has changed over time.



Our Year 6 School Captains, Social Justice and Environmental Leaders attended the St Patrick's Day Mass and Concert to celebrate Catholic Education Week. They will all participate in the The Long Walk at Aquinas College as a display of our commitment to our faith and towards reconciliation. At the end of the term, the Year 5/6s will be attending camp at Sovereign Hill to provide our students the opportunity to immerse themselves in the rich history of the Australian gold rush era enhancing our Term 2 Inquiry Unit, "Eureka". Planned activities include two School Learning Programs, Quartz Mine Tour, an evening Aura Sound and Light Show, an evening Theatre Show, a Coach Ride, a Red Mine Tour and a Gold Pour Demonstration.

COMMUNITY ENGAGEMENT

When families play a role in their children's education, results show an increase in student achievement and an improvement of students' attitudes. Productive partnerships between schools, family and the community also provide a strong network of connections that our students can draw on throughout their schooling lives.

St Luke's School embraces its community through its actions and welcoming environment. Our families

are acknowledged as partners in the education of their children and active involvement in the life of the school is a priority at St Luke's. Some examples of how we achieve this are:- morning meditation in the classroom, attending excursions, assisting in sporting activities, fortnightly assemblies, classroom reading and helping, assisting in the Let's COOK Program, membership in our Parents & Friends Association and School Advisory Council, attendance at special days such as the Mother's and Father's Day breakfasts, attending our Playgroup and supporting our students in their faith journeys.



HELPING OTHERS

During the Lenten Season, our students raised \$715.00 for Project Compassion and these funds directly support people living in some of the most vulnerable communities across the world. Our Mini Vinnies Social Justice Team, alongside our Student Representative Council, brainstormed ideas to involve our students in not just the fundraising effort, but to raise awareness of the plight of other people



throughout the world who struggle to have just the basic necessities in their lives.

St Luke's hosted a second hand toy sale and our students made and sold friendship bracelets. Our school values of Resilience, Responsibility, Empathy, Respect and Integrity are modeled in our day to day experiences and learnings.

You are warmly invited to have a tour at St Luke's and experience for yourself our wonderful school and all of the opportunities it can give your child and family. Prep 2025 enrolments are closing shortly and there are some spaces available in other year levels.

Please contact the school office on 9801 6917 or info@slwantirna.catholic.edu.au to book your tour.



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News from Heathmont College

Lest We Forget

Each year Heathmont College dedicates itself to supporting veterans and their families, in the lead up to Anzac Day, as well as on the day itself.

To show their immense gratitude and respect the college had school representatives at both the local Ringwood RSL Anzac March service and the ceremony at the Shrine of Remembrance. Additionally the school sold Anzac fundraising items to their whole school community.

Anzac Day provides an excellent opportunity to educate students and staff about its significance. The college's library staff created a display within their Learning Resource Centre focusing on special bonds forged by the ANZAC's during tough times; those being Families, Friendship and Football

Whilst it remains crucial to honour those who fought and died for our country, it was agreed by all that the focus this year should be on some of the countless positive aspects arising from these times of conflict. Various faculties within the school contributed by constructing props to be used as part of the display.



Art Mural

Recently Heathmont College hosted its Annual Open Night.

Numerous families attended the night and were given the opportunity to explore the school's many educational offerings.

The event also highlighted the talents of the Year 10 Visual Arts students by way of an Art mural which was unveiled on the night.

Last minute touches were added by the group before the boards were displayed.

The mural will now be showcased in the Learning Resource Centre.



Young Citizen of the Year

During a recent curriculum day Heathmont College staff welcomed back former student, Satria Arbai, to discuss interacting with individuals who have a disability, using the acronym ALAN. ALAN stands for A-Acknowledge, L-Learn, A-Ask and N for Normalise.



Last year, Satria was awarded the Young Citizen of the Year for Maroondah.

Satria shared his personal experiences, advice and knowledge.



The event also included a presentation on the Social Model of Disability and Inclusion by Amelia Vance, Head of Disability and Inclusion.

Staff participated in workshops on various topics led by the Disability Inclusion team, focusing on modifications for students.

Satria, a Disability Inclusion Advocate, aims to continue to educate others. You can follow him on Instagram @Satriawrites

News from Wantirna College

Construction Begins!

On Tuesday 16 April Principal Carrie Wallis, together with Jackson Taylor MP and our College Captains, broke ground on a project that our community has been waiting for since funding of \$17M was announced by the Minister of Education in April 2022: the construction of a brand new 2-court Basketball Stadium and Performing Arts spaces! This event was also attended by members of the Victorian School Building Authority (VSBA), builders Building Engineering, architects Kosloff Architecture, staff and 100 of our student leaders. We hope that the new facility will be fully operational by this time next year.



iCan Challenge

iCan Challenge Walkathon – raised 50k for \$50k – for the Good Friday Appeal! On Wed 27 March, 77 Wantirna College students, staff and parents walked 50kms in one day from St Kilda to Frankston to raise money for the Royal Children Hospital's Good Friday Appeal.



The day started at 5:30am with all participants catching the bus from Wantirna College to head to the starting line and ended 12 hours later when we hopped off the bus back at school at 5:30pm. We walked from 6:30am to 4:30pm setting a good pace and generally staying together as a group. There were 8 stops along the way where support staff offered fresh fruit, sandwiches and drinks as well as first aid care. After some very light drizzle in the first hour the weather was temperate and the scenery beautiful.

Jackson Taylor MP joined us to run one leg of the distance with our Principal and five staff and students. They ran 5.5kms to help boost our fundraising efforts. We'd like to thank the Wantirna College and local community for their incredible support in helping us achieve our goal. Throughout the day we had positive comments and support via our Facebook page which tracked our walk including some pledges to donate if we did some fun activities along the way (see it all on the Wantirna College Facebook page!). As we stumbled gingerly off the bus at the end of the day our fundraising had reached \$42k with our community rallying over the next 48 hours to raise almost \$10k more for a total of \$50,952! Principal Carrie Wallis, Year 10 student, Thomas Megee and State Minister for Education Ben Carroll proudly presented a cheque on behalf of our community at the Good Friday appeal which was televised live.



Scoresby Primary School is Thriving

Empowering Minds, Nurturing Hearts: Scoresby Primary School's Commitment to Student Wellbeing and Learning



Scoresby Primary School is a thriving community set in the heart of Scoresby. For over 150 years we have been delivering quality education to the students in and around Scoresby.

The school has developed a positive culture of making a difference in students' education and assisting them to achieve their potential. We aim to educate the whole child and provide them with lifelong learning skills. We encourage and support a close relationship between home and school with an emphasis on recognising that education is a partnership between parents, students and teachers.

Literacy

All students across the school are taught reading and writing through a consistent and evidence-based approach supported by the Scoresby PS Instructional Model as well as our Literacy Scope and Sequence document.



We carefully select High Impact Teaching Strategies to get the most out of our students. Strategies, such as supporting students to set challenging but achievable learning goals, the provision of explicit and differentiated teaching, along with effective questioning and feedback enable the development of independent and self-motivated learners.

The delivery of a differentiated literacy program by our teachers is informed by ongoing student assessment data and programming in line with the Victorian Curriculum.

Numeracy

It is important to us that students develop mathematical understandings; are confident in, and can apply, mathematical knowledge to solve problems in a variety of ways. We promote understanding of the role of mathematics in life, society and work; and equip students to creatively investigate, interpret, understand and represent mathematical situations and acquire new knowledge and skills when needed.

Our new program, Rainbow maths, is another way that we are ensuring that our students have the numeracy skills required. This program focuses on improving fluency and automaticity of number facts and concepts with students working at their point of need.



Science

Teaching science in primary schools is of paramount importance as it lays the foundation for a lifetime of curiosity, critical thinking, and scientific literacy. At this crucial stage of development, children possess a natural sense of wonder and curiosity about the world around them making it an opportune time to ignite their passion for scientific inquiry. It is for this reason Scoresby Primary School has stand alone Science lessons for all students from Prep to Year 6.

However, Scoresby Primary School understands that true learning also extends far beyond textbooks and classrooms. This is why we have several programs that encourage learning outside of the classroom.

Children's University

Swinburne's Children's University is an innovative program designed to ignite a love for learning in young minds. Through engaging activities and interactive experiences, children explore diverse subjects, develop key skills, and unlock their potential. The program fosters curiosity, creativity, and a lifelong passion for education empowering children to thrive academically and personally. Our students engage with the program through online learning, excursions and home learning tasks. Once they have achieved 30 hours of registered learning outside of the classroom they are eligible to attend their graduation ceremony at Swinburne University.



Student Leadership Opportunities

Scoresby Primary School offers a myriad of opportunities for student leadership, fostering valuable skills and promoting active participation in school life.

Our Student Representative Council (SRC) empowers students to voice their ideas and concerns, enhance school culture and student engagement. They are passionate about raising money to support local causes and most recently organised a Free Dress day to raise money to adopt a platypus.

Our Sustainability leaders are spearheading our efforts to become a Resource Smart School through embedding sustainability across the school facilities, community and curriculum, while saving resources and money for the school.

DigiTech leaders harness technology to innovate learning experiences equipping peers with digital literacy skills essential in today's world. They organise music on the stage at lunchtimes and support our assemblies through visual and audio technology.

Peer Mediators are year 5 students who have been trained to resolve low level issues that may happen between two students at break times. Using listening skills, assertiveness, brainstorming and empathy to navigate these issues, these students are our eyes and ears in the school yard. This gives younger students someone they can come to for support and releases teachers to be more effective across a broader area during the day.

These leadership roles cultivate teamwork, responsibility, and initiative, shaping well-rounded individuals prepared for future success.

Kitchen Garden Program

The Stephanie Alexander Kitchen Garden program introduces children to gardening and cooking, fostering a connection to food, healthy eating habits, and environmental stewardship. We are lucky enough to have a member of our parent community to come and run this program and look after our kitchen garden. We grow a variety of vegetables and fruit that we can use in our cooking programs.



Lunchtime Clubs

Our primary school offers a diverse range of lunchtime clubs to cater to every interest from sports and arts to STEM activities. Students can involve themselves in a variety of sports activities run by our school House Captains, Music and Dancing on Stage run by our DigiTech leaders, Lego Club, Art Club, Choir and Science club run by passionate and dedicated teachers.

These clubs provide students with opportunities for fun, friendship, and personal development in a relaxed and inclusive environment.

We would love to have the opportunity to show you what else we can offer your child at Scoresby Primary School.

You are welcome to book a tour via our website scoresby.ps@education.vic.gov.au or by contacting the school office on 9763 7484.



What's new at Your Library?

by Karla Simon

LIBRARY NEWS

The winter What's on hits the libraries from 1 June! Be sure to grab a copy and plan your season. We have so many exciting events on offer, including author talks, Christmas in July, gardening, crafting, wellbeing, sensational new social groups, and much more! Pick up a copy from your local branch or visit our website to view the digital version at yourlibrary.com.au.



The Warm Winter Read is back from 1 June. Create healthy reading habits by tracking your reads over winter. Make time for yourself and your chosen story every day. Plus, there are prizes to be won! Visit our website to find out more: yourlibrary.com.au.



New books and DVDs

Enjoy an excellent selection of the latest books and DVDs at Your Library. To place a free reservation on any of the titles below and more, visit our website yourlibrary.com.au/catalogue.

Top Reads

- At Nonna's table : one Italian family's recipes, shared with love by Paola Bacchia
- Sanctuary by Garry Disher
- How to eat 30 plants a week by Hugh Fearnley-Whittingstall
- The last murder at the end of the world by Stuart Turton
- The husbands by Holly Gramazio
- How to solve your own murder by Kristen Perrin
- Crypt : life, death and disease in the Middle Ages and beyond by Alice Roberts
- Appreciation by Liam Pieper
- Butter by Asako Yuzuki
- The anxious generation : how the great rewiring of childhood is causing an epidemic of mental illness by Jonathan Haidt

New DVDs

- Battle over Britain
- Butchers Crossing
- The Sandman. The complete first season
- The Winchesters. The complete first season
- Wonka
- Confess, Fletch
- Utopia. Season Five
- The others
- Law & order. Special Victims unit. Season twenty.
- 13 hours: the secret soldiers of Benghazi

Event Highlights

Attend exciting events and activities at Your Library! Book your place (where required) by calling 1300 737 277, in person at any library branch, or online via our website events.yourlibrary.com.au.

Rose Cuttings Swap

WED 12 JUNE, 11AM-12PM

Ferntree Gully Library, 1010 Burwood Hwy, FTG.

Come along to Ferntree Gully library and bring along your rose cuttings from your winter pruning for your chance to swap with fellow rose gardening enthusiasts. Please label the cuttings with the colour and variety of rose if known. Bookings required (FREE)

Community Jigsaw Puzzle

1 JUNE - 29 AUGUST 2024

Bayswater Library, Shop 26, Mountain High Shopping Centre, 7-13 High St, Bayswater

Our libraries are a perfect place to take a break – rain, hail or shine! Come on in, enjoy the cosy space and join in the fun of jigsaw puzzling at Bayswater Library. Bookings not required (FREE)

Mates at Miller's Social Group

4th WEDNESDAY OF THE MONTH, 1:30PM-3:30PM. Miller's Homestead, 30 Dorriga Dve (Cnr Melrose Crt), Boronia

Join us for a fun, social, Inclusive/all abilities monthly group for men to connect, share knowledge, have fun and make friends. Each month we will have a fun activity to do, topic to discuss, game to play or project to work on whilst enjoying a cuppa with each other at the historic Miller's Homestead. Carers and support staff welcome. Bookings required (FREE)

Saving Money With Your Library Membership

THURSDAY 20 JUNE & 18 JULY, 2PM-3PM

Rowville Library, Stud Park Shopping Centre, Stud Rd, Rowville

A FREE library membership can get you access to children's resources, magazines, newspapers, books, TV shows, study tools, and so much more! Discover how you can use Your Library to maximise your savings without giving anything up. Bookings required (FREE)

Meet the author: Glenna Thomson

THURSDAY 20 JUNE, 6:30PM-7:30PM

Knox Library | Ngarrgoo, Westfield Knox, 425 Burwood Hwy, Wantirna South

Set in the highlands of rural Victoria, Gone is a spellbinding narrative that delves deep into the complexities of grief, resilience, and the enduring bonds of family. Glenna's time in the country enables her to write authentically about life in the city and in remote locations. She is also the author of Blueberry and Stella and Margie. Bookings required (FREE)

Christmas in July

MONDAY, 15 JULY – SAT. 20 JULY (during opening hours) Boronia Library, Park Crescent, Boronia

Love Christmas and want to enjoy it in winter? Come and see some decorations and enjoy some activities at Boronia Library. Look out for some special books you can swap for groceries, with all proceeds going to Infolink to help people in need. Bookings not required (FREE)

Wearable Tech For Fitness

MONDAY, 15 JULY, 2PM – 3:30PM

Ferntree Gully Library, 1010 Burwood Hwy, Ferntree Gully

Get hands-on with health-focused wearable tech. See how these devices can send reminders for medication, encourage physical activity, and even provide alerts for unexpected health events such as atrial fibrillation and falls. And learn about how they collect, store and send data, so you can be sure of staying safe online. Bookings required (FREE)

Bowen Therapy and EMMETT Technique

FRIDAY 19 JULY, 1:30PM-2:30PM

Knox Library | Ngarrgoo, Westfield Knox, 425 Burwood Hwy, Wantirna South

MONDAY 29 JULY, 10AM-11AM

Bayswater Library, Shop 26, Mountain High Shopping Centre, 7-13 High St, Bayswater

Join Trina from "Sacred You" and learn about the powerful modalities of Bowen Therapy and Emmett Technique. Fast becoming a popular alternative for physical pain relief, you will learn some easy moves that you can take away and use at home. Bookings required (FREE)

Atmospheric Folk in the Parlour with Emmy-Jean and Jamie

FRIDAY 19 JULY, 5:30PM-6:30PM

Miller's Homestead, 30 Dorriga Dve (Cnr Melrose Crt), Boronia

As part of our 'Immersed in Music' month, we bring you the talented Emily Townsend and Jamie Saxe, an acoustic guitar and vocal duo from Olinda in the Dandenong Ranges. They bring their own blend of reflective acoustic music to old classics, contemporary folk and original tunes. With influences ranging from Bob Dylan and Emmylou Harris to Harmony Byrne and The Milk Carton Kids, this duo combines the familiar with the new into their own blend of atmospheric folk. Bookings required (FREE)

From Beer to Whisky (via Chocolate and Cheese)

TUESDAY 30 JULY, 2PM-3:30PM

Ferntree Gully Library, 1010 Burwood Hwy, Ferntree Gully

Come along to Ferntree Gully Library and listen to travel writer Tim Richards as he recounts a travel writing trip he made by rail across Europe in 2019, taking in Düsseldorf, Wiesbaden, Vaduz, St Moritz, Zermatt, Interlaken, Lucerne, Zürich, Paris, Penzance, Inverness, and London. Bookings required (FREE)

Making Your Money Work For You in Retirement

WEDNESDAY 31 JULY, 1:30PM – 2:30PM

Bayswater Library, Shop 26, Mountain High Shopping Centre, 7-13 High St, Bayswater

Are you retired, or looking to retire, and want to make sure you're utilising your finances effectively? Join Wayne from Services Australia to learn about preparing for retirement, the ins and outs of superannuation, and your different income stream options for retirement. This event is facilitated by Services Australia. Bookings required (FREE)

Vale Joseph Cullen, CEO of Your Library. A champion of quality library services for our community.

ARTS & ENTERTAINMENT

News from the Australian Jazz Museum

Proactively Collecting, Archiving and Disseminating Australian Jazz.



Streaming

by Ken Simpson-Bull OAM

Streaming is a word frequently encountered these days. It means a method of viewing video or listening to audio content from the internet without actually downloading the media files. Apart from YouTube, Netflix is probably the best-known streaming service provider.

In recent times the Jazz Museum has offered streaming from its website in the form of vocals by jazz singer Georgia Lee from her online exhibition. Likewise, the performances of jazz musicians John and Shirley Ansell may be listened to via their current online exhibition.

Recently the Museum made available several video interviews of renowned jazz personalities, while the latest online exhibition on the website features audio performances by Graeme Bell and his Australian Jazz band from their 1947 Czechoslovakian tour. Twelve audio tracks of the recordings this band made at the time are now also able to be purchased for permanent digital streaming.

The latest streaming item to be made available is the jazz duo "Blue Tango" featuring Lynn Gough (singer) and Dave Richard (guitarist and singer) in four of their performances recorded at the Jazz Museum. They can be listened to on YouTube for free (Google: "Blue Tango at the Australian Jazz Museum") as well as on the streaming services Spotify, Apple, Tidal, Qobus and Amazon Music. Very soon each complete CD in the Museum's "Rare Collectable Jazz" catalogue of more than 50 discs will be available for purchasable streaming.

The Australian Jazz Museum

The Australian Jazz Museum), 15 Mountain Highway, Wantirna is open free to the public on Tuesdays 10.00am to 3.00pm.

For Group visits, which include refreshments and a live band performance, email tours@ajm.org.au

Visit the interesting website at www.ajm.org.au



Dave Richard and Lynn Gough

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An exhibition open to young artists aged 11 – 18
This is an exciting exhibition giving the youth in our communities a chance to display their talent
The artwork can be of any scope – digital, painting, multi-media, skate-decks etc

Open weekends 1st June to the 30th June
Fridays 1-4 and weekends 11-4 pm
Exhibition opening & presentation of awards
2pm Sunday the 16th of June

IN THE FOYER THE AFTER-SCHOOL KIDS ART

This is an exhibition of our very talented young students' artworks

FREE ENTRY, ALL WELCOME

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Fridays 1-4 and weekends 11-4pm
Opening & Awards Presentation 2pm the 16th July

FREE ENTRY ALL WELCOME

www.thehutgallery.com.au



Announcing A New Local Morning Radio Program – CONNECT

Connecting listeners with local happenings and community issues. Tune in Monday and Tuesday mornings to hear all about the latest entertainment options, information directly from many local community groups around Knox. The Mayor of Knox is live in the studio at 11am Monday 3 June and 15 July if you have any questions in advance.

Eastern Football & Netball League's Match of the Day is broadcast on Radio Eastern FM 98.1 each Saturday from 1:15pm, followed by a 5:15pm score wrap of all EFNL Games. Listen to FM 98.1 or stream on any device at www.radioeasternfm.com.au

Tune to 98.1 FM when you're out and about for all your local information.

As your local radio station, we love spreading the news about your local community organisation's events free of charge. Just get in touch at csa@radioeasternfm.com.au or 9722 9981.

You can now LISTEN BACK to any Radio Eastern FM program in full, just go to our website and select Listen Back.



Community Music and Performances Inc. Jazz on Sundays

Ringwood RSL
16 Station Street, Ringwood
1:30pm - 5:30pm
Doors open at 1.15pm

- 2 June
- 7 July
- 11 August
- 22 September
- 13 October
- 10 November
- 8 December

A friendly event with great musical entertainment all afternoon.

Bookings – trybooking.com/BVWQE
Facebook: CMAP Inc – Community Music and Performances Incorporated

More info: Ann Craig – 0412 063 603

Newly Opened Woodfired Pizza and Pasta Restaurant in Boronia

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SCAN HERE

KNOXFIELD & SCORESBY NEWS



Hello from Knoxfield Ladies PROBUS Club by Leonie Taylor

Hello everyone on this fine chilly day.

May has some busy days for our members. Early this month members attended a concert at the Knox Arts Centre at Bayswater to see Sylvie Paladino perform songs to honour the late American singer, Eva Cassidy. She has a wonderful singing voice and a lovely personality as well. I believe everyone who attended loved the show....I know I certainly did.

After the concert we all lined up to purchase her latest CD and Sylvie kindly autographed them all. It was a very enjoyable day as we then went onto the Knox Club for lunch and a chat.

The Melbourne Outer Eastern Region (MOER) luncheon was held at the Dorset Gardens Hotel. It was a Fun and Friendship lunch that all Probus members from all the region's clubs were invited to attend. It was a large attendance by members who enjoyed a two course meal and lucky prizes as well as table games. Very impressive to see all the members from over our region getting together to meet and enjoy the company and fun.

Also there's that delicious bus trip to The Chocolaterie in the Yarra Valley, then onto lunch at the Healesville RSL. MY MY... This is a day out to forget the calories and just enjoy the goods on sale. Rain, hail, sleet or shine this bus trip is always very popular with our members.

Just to tempt our tastebuds even more the guest speaker after this month's meeting will be Jacqui Harvey from Yarra Valley Gourmet Foods. Here's hoping she has some samples to try or buy!

Brunch this month is at Tosarias in Rowville for all those early risers and the Dinner Group will be dining on Malaysian cuisine for the "night outers" and Thai next month. Lots to enjoy.

Our new committee has settled in well and we have big plans and ideas to fill the rest of the year so I will keep you informed. Please call Jo who is our Membership Officer on 0414 914 091 if you or a friend would like to be a member of our Ladies Probus Club.

Regards and stay happy and healthy to all.



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WE NEED YOU TO JOIN OUR TEAM

Volunteers are welcome at Studfield Wantirna Community News

Call Charles on 0407 797 666

i | s | h | r | e | d Community Day

Once a month iShred opens the doors of its facility which allow members of the community to have their personal documents professionally and securely shredded at an economical cost, with our mobile shredding vehicle.

Our Community Day caters for shredding of:

- Old documents
- X-rays
- CDs & DVDs
- Hard Drives
- E-waste (ie. Laptops, Computers, Cables, Keyboards)

Our upcoming Community Days are on Saturday, 15th June and Saturday, 13th July from 9am — 12noon

5/7 Samantha Crt, Knoxfield
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KNOXFIELD & SCORESBY NEWS

Friberg Ward News

with Cr. Susan Laukens

Capital Works

Investment in capital works is essential for Knox to provide top-notch sporting facilities for our community. The Knox athletics track is set for a year-long renewal project to address past issues and transform into a regional gem. Meanwhile, Carrington Park Reserve is witnessing the construction of the new Victoria Racquetball Centre featuring state-of-the-art courts and refurbishments. Notably, these will be the first public squash courts built in two decades. This investment not only benefits local sporting clubs but also boosts our visitor economy and supports small businesses. It's a win-win for the entire community promising long-term benefits and pride in our enhanced facilities.

Cycling In Knox

Great to be out and about on the bike, cycling along the 100km of Bike trails in Knox. Have you ever wondered about the coloured round symbols on the shared path signs? They are directional signs for the Knox City Council Explore the Oppy routes. The Oppy Route is a tribute to one of Australia's greatest cyclists, Sir Hubert Opperman, who lived and died in the City of Knox. He enthralled Australians during the late 1920s with his strength and stamina in bicycle riding.

Get in quick to Have Your Say on The Knox Cycling Action Plan which will support more people to use our cycling network and provide direction on how we will improve and expand the cycling network.

The Plan: The Knox Cycling Action Plan will deliver a cycling network that:

- provides a cycling environment for experienced and inexperienced or less confident cyclists;
- is extensive and links our homes to key destinations, services and facilities across Knox; and
- is well-connected both locally and to the wider regional cycling network across Victoria



Coffee with a Councillor

I value the connection to community, getting out and about to hear what matters to you. How about come and have a coffee, chat with me.



You can find me at:

Mountain Gate Shopping centre, outside Coles
Tuesday 4th June 10am to 11am

Knoxfield Shopping Centre
Outside Lunch Break Deli
Tuesday 4th June 1pm to 2pm

Village Green Karoo road
(new location at resident request)
Tuesday 18th June 5pm to 6pm.

Please come and say hello and let me know what matters to you.

Knoxfield Dog Park

Knoxfield Dog Park was the first and hugely popular local dog Park in Knox. With dog owners coming from all over the region to socialise, exercise their dog, connect with other dog owners and forming friendships and community connection. Many residents in the past 4 years have spoken to me about the park.



I recently had the opportunity to meet Neil at the park. We spoke about what is great and what needs improvements. Neil spoke about seating in the park that encourages users to sit, connect, chat with members. Current seating is not meeting their needs. I am pleased to say that Council has acknowledged this is an issue and in the new financial year will consider new location for seating. Neil was also pleased with improvements of drainage and solar lights for twilight use extending the hours the Dog Park can be safely used by residents. I am so proud of the improvements that Council has made in recent years. People let me know what matters and I am proud to get the good stuff done.

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10-11.30am Friday: Mainly Music Music and activities for preschoolers and their carers

7.30-9.30pm Friday: Emerge Youth Small groups and activity nights for Year 7 - 12 students

CAP Money Course Free money mentoring/course - contact us for details

ALL WELCOME!

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Phone: 9599 4400
www.knox.vic.gov.au
Facebook: Community@Cavell

KNOXFIELD NEWSAGENCY

1597 FERN TREE GULLY ROAD
KNOXFIELD
VICTORIA

TEL: 9764 8260
FAX: 9764 9215

EMAIL: knoxfieldnewsagency@hotmail.com

Monday to Friday 7.00am to 5.30pm
Saturday 7.30am to 3.30pm
Sunday 7.30 am to 10.30am

Community News

Available online at
www.studfieldwantirnanews.org
Find us on Facebook



Cr Susan Laukens

KNOX CITY COUNCIL FRIBERG WARD COUNCILLOR • PUTTING OUR COMMUNITY FIRST

LET ME KNOW WHAT MATTERS TO YOU

Call or text on **0437 882 913**,

email me at cr.susan.laukens@knox.vic.gov.au or visit www.susanlaukensforknox.com.au

SusanLaukensforKnox

ENVIRONMENTAL NEWS



What's been happening at the Ringwood Field Naturalists Club ?? by Alison Rogers

Meeting - April Speaker: Daniel Flaim "Biodiversity and conservation in Maroondah"

A very interesting and thought-provoking talk. Daniel provided a presentation on the management of local bushland Reserves. This included problems facing the Reserves including illegal rubbish dumping. In an effort to improve the health and increase plant species number, the Bush Management team undertake weeding, occasional fuel reduction burns and hand pollinate some plant species. The team is also involved in growing their own indigenous plants which are then planted in the various Reserves. Another practice undertaken is their seed bank where they collect seed from their own nursery plants. This seed is used to either grow more plants in the nursery or as direct seeding into the ground in a particular Reserve. Over all a great effort is being done and is slowly improving the health and species numbers in the local bushland Reserves.

Excursion - Our April excursion was to Glen Nayook and surrounds led by Ina and Roger R.

We met at Glen Nayook Reserve on a chilly morning after an early start. Gathering together we headed up the track on the Glen Nayook Rainforest walk. Following the track, we were led through beautiful fern gullies with the tall Mountain Ash towering overhead. Nearly straight away we were lucky to see a Lyrebird scratching away in the undergrowth. Large moss-covered granite boulders were admired near the Little Targo River. 20 or so ferns were seen along the walk. Many birds were heard but not often seen. The yellow tailed black cockatoos were calling constantly and enjoyed by the group.

We then moved to the picnic area across the bridge in Noojee enjoying lunch by the Latrobe River.



Toorong Falls
photo by Alison Rogers

In the afternoon we travelled to the Toorong Falls Scenic Reserve. A very popular area with many sightseeing adventurers, mainly in family groups. We again headed on a beautiful walk-through wet forest types. The bush was mainly made up of tall 'over story' mainly consisting of Mountain Grey Gum, Mountain Ash, Blackwood Wattles and Austral Mulberry. The rough track was well worth the trek when we reached the Toorong Falls viewing platform. The falls were flowing with a lot of water as we had just had an amazing amount of rain the previous week.

Some returned by the same track, but others continued the loop, visiting the Amphitheatre Falls and then coming back along the Toorong River. Many ferns were again seen and ticked off the list by our expert fern lover Graham, who had been here many times with his parents who were experts on ferns. A lovely day was had by all.

Meeting - May Speaker: Shannon Hurley "Getting to know the Great Southern Reef in Victoria"

Shannon is a Marine Campaigner with the Victorian National Parks Association. She works on campaigns to protect various areas.

The Great Southern Reef is even more diverse than the Great Barrier Reef. Kelp Forests are the backbone of the reef which spans over 8,000 kms. About 80% of the marine life found here is found nowhere else on earth.

Westernport Bay has been found to be much more diverse than Port Phillip Bay.



Mosaic Leatherjacket
Photo Shannon Hurley

Shannon showed us many images taken underwater, including fish, sharks, kelp forests and corals. In answer to a question about how much of the reef is protected, she said that in Victoria we have only 5.3% of our coastline protected. She does not know the figures for the other States, but knows Victoria is the lowest. She said there is a lot of opposition to the organisation and what they do from local Landowners and fishermen. By Eleanor D

Excursion - Our excursion for May was to Yea wetlands and Cheviot Tunnel. Leader Jack A.

A foggy morning to start with and then a beautiful sunny day afterwards. The group walked along the boardwalks looking mainly at birds. We saw 38 bird varieties with the highlight being a Barking Owl. This was very unusual for this area.

After lunch we travelled the short distance to Cheviot Tunnel. The group walked through this very historical tunnel which was built in 1889. Although it has not been used for many years, it has been kept in good condition. Well worth the hour and half trip from our area. 6 additional birds were seen here, so making the total for the day 44.

Future Program

June: What in the world are Rhodolith beds? Adele Harvey

July: Show and tell. Members to bring something to show, to do with Natural History

August: Plants of the Victorian High Country. Alex Stadler

As you can see we have a very varied program and members enjoy learning a little about nature and this wonderful country we live in.

Meetings are held on the second Wednesday of each month at 7-30pm in Room 4 at Maroondah Federation Estate, Greenwood Ave, Ringwood (Melway 49 H10).

All visitors are welcome. For more details phone Alison 0438 6946 00 or Peter on 0409 6946 23

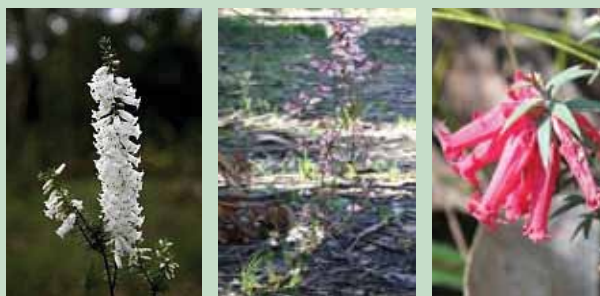
Check out our Website <http://www.rfnc.org.au> for details of our next meetings.

Knox Environment Society by Richard Faragher

Winter Colour

It seems that once Daylight Saving has finished, we quickly go from bright, warm, sunny and colourful days into the more muted, grey and less colourful autumn and winter hues. It is a great time to be out in the garden and removing those pesky weeds before they take over. However, before the spring flowers appear things can be a bit drab in the garden but some careful plant selection can still see splashes of colour in and amongst the greenery.

A great winter flower is the Common Heath, *Epacris impressa* which is also Victoria's floral emblem. It is a smallish shrub and grows from 0.5 to around 1.5 m high and 20 to 60 cm in width. It is an open, wiry shrub with masses of white, pink or crimson flowers and grows best



White, pink and crimson flower forms of Common Heath

in moist, well-drained soil, tolerating limited dry or wet periods once established. The colour makes it an attractive rockery plant and looks good planted in drifts.

The *Epacris impressa* is difficult to propagate and currently the KES produces all of their stock from

cuttings. They are difficult to strike as they require a relationship with microbes in the soil and this can make their survival in the garden difficult as well. Best results seem to occur when there is good Eucalyptus leaf mulch in natural soils. Although finicky they are worth the effort with the whites, pinks and red splashes through the garden.

The Knox Environment Society has small numbers of these plants that they sell when they are flowering (usually July), but they tend to sell quickly.

Other winter flowers are produced by the species of wattles and anyone who walks along our creeks or through our bushland reserves will tell you how spectacular they can be.

Silver Wattle : *Acacia delbata*

Fast growing open tree from 6 to 30m. Greyish / green foliage, with a spectacular display of yellow flower balls. It is easily grown and prefers deep moist soil. Tolerant of moderate frosts. Full sun, semi-shade.

Continued on page 19

ENVIRONMENTAL NEWS



Knox Community Gardens Society

Where Our Community Can Grow

by Rod Felton

Autumn is a great time to be in the garden. The summer growing season has well and truly finished and winter is quickly moving in. It gives us an opportunity to reflect on the successes and failures of summer and to plan and implement changes that will improve future crops. Many of our members 'rest' their plot over winter so they can holiday in a warmer climate without worrying about weeds. Others who remain in Melbourne for the winter plant brassica crops such as cauliflower, broccoli, kohlrabi and kale. Broad beans and peas can also be planted at this time of year. Some root vegetables can be planted, such as onions, garlic, leeks, parsnips and radishes. Also, don't forget about leafy greens, which also grow well in a cold Melbourne winter. Many herbs can be planted as well saving you heaps of money at the checkout. The trick though is to ensure you save enough space for spring plantings, otherwise your vegie garden will become double booked!

Knox Community Gardens hosted a Talking Café on a sunny Tuesday morning in late April. So, what is a Talking Café? Talking cafes are weekly drop in sessions held in local cafes where participants can come together to socialise and find about what's happening in their community. Each week a Talking Café host will be in attendance to welcome participants and introduce any guest speakers. Participants pay for their own coffee if they wish to have one. Each café runs for about an hour and newcomers are always welcome.

Occasionally the Talking Café will pop-up at a special location, like it did at the gardens. Gary, who is a volunteer community connector, hosted the event. Everyone who attended were most impressed with the venue and the fine weather! After morning tea and a chat, (refer to photo) the attendees set off on a tour of the gardens. It was a very successful morning and a great opportunity for us to host such an important community welfare program such as this. If you would like to know more, check out the website livingourbestlife.org.au



Mary Doyle, Federal Member for Aston, visited the gardens on Tuesday 23rd April 2024. Carol (president) and John (membership officer) took Mary on a tour of the gardens, answering many questions along the way. In addition to seeing our gardens in such great condition, Mary also loved seeing the goats in the surrounding bushland, which are currently residing in the area to keep the undergrowth clear. After having morning tea and a chat with some of our members, Mary gave a short speech, thanking us for the invitation. She was very impressed with what she saw and even talked about renting one of the raised gardens that is currently looking for an owner.

KCGS will be celebrating its 40th birthday on Saturday 5th October 2024 so please add this date to your diary. Planning for the big day has just started but there will be plenty to see and do for the whole family. Further information will be available as the year unfolds.

The land on which the gardens are located was originally Bunurong Territory, occupied by the Mayone Belluk tribe. Land Titles show that local land was occupied by the Dinsdale family and that E. Dinsdale donated a portion of that allotment on either side of Blind Creek to the Crown. In October 1980, 7.128 hectares was separated from the Knoxfield Horticultural Research Station Reserve and detailed as Crown allotment 40B Parish of

Scoresby. In April 1981, the Governor of Victoria, in the Victorian Gazette, proclaimed under the Crown Land (Reserves) Act 1978, that those 7.128 hectares be permanently reserved for Park and Recreation. The State government passed the management, but not ownership, of this parcel of Crown Land to Knox Council.

In February 1982, Knox Council resolved "That the Crown Reserve that was formally part of Knoxfield Horticultural Research Station and now under management of the Council, be named Dinsdale Public Park and Recreation Reserve (formally gazetted on 9th January 1985). In June 1984, Knox City's Landscape Architect, Mr Dick Dare announced "the gardens will allow residents in flats and small units without room to grow produce, to enjoy a pleasurable pastime. One of the principal themes of these gardens is to give Knox citizens a chance to take part in educational experiences in horticulture associated with vines, fruit and vegetables" (Knox Sherbrooke News).

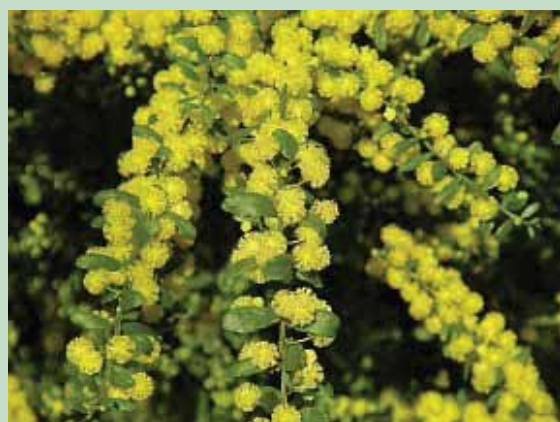
In July 1984, a Commonwealth Employment Program was established to create a vineyard, orchard and community garden and to provide horticultural employment and training. In October 1984, Knox Community Garden was established as a co-operative and 62 plots were allocated to members of the local community. In late 1984, 1500 shiraz, chardonnay and cabernet vines were donated by the town of Noarlunga, Knox's sister city in South Australia (part of the McLaren Vale wine area) and planted at the KCGS site.

If you would like to drop in for a visit and have a look around, the gardens are usually open on Tuesday morning from 9am to 12noon. We are located at 51 Kleinert Road Boronia.

Further information about KCGS is available on our website knoxcommunitygardens.org.au, facebook @knoxcommunitygardens or email knoxcommunitygardens@gmail.com

Gold Dust Wattle: *Acacia acinacea*

This is a smaller wattle generally growing from 0.5 to 2.5 m tall and 2 to 4 m wide. It is an open spreading shrub with flowers in profuse bright yellow balls along arching branches. Adaptable to well drained soils in full sun to semi-shade and makes a good low screening plant.



Native Fuchsia : *Correa reflexa var reflexa*

This great little shrub grows from 0.3 up to 2m in height and from 1 to 2m in width. It is an open and upright shrub with green bells. It is very adaptable and likes well drained soils in full sun to semi-shade. It is a good shrub for attracting birds, in particular the Eastern Spine Bill. The KES also produces the local Red-flowering forms with yellow tips in much smaller numbers.



Yellow Hakea : *Hakea nodosa*

A medium shrub that grows from 1 to 3m tall and from 1 to 2m in width. It is erect and spreading in form with small yellow flowers and soft needles making

it good small bird habitat. It is very adaptable and tolerates poor drainage but grows well in dry or moist conditions in full sun to full shade. It is widely planted across Knox. It is attractive in flower and it provides a good low screen and is quick growing.



These are but a few of the great plants that can be found at the Knox Environment Society community volunteer nursery at 1010 Burwood Hwy in Ferntree Gully.

We are open Wednesday 1pm to 6pm, Thursday 10am to 4pm, Saturday and Sundays 10am to 1pm. Visit our website www.kes.org.au for more information.

All photos from KES Website.

Laughter Club News

Hello Everybody

Recently a new laughter club member joined who had been wanting to try laughter yoga for a couple of years. She enjoyed it a lot and I bring this up as a small prod to encourage you to attend too. Have you also been feeling that you need to laugh more and are considering coming along? Then, why put it off? It is free, you have nothing to lose except your inhibitions along with any discomfort you may experience because of trying something unfamiliar.

I have been leading the Ferntree Gully Laughter Club for over nineteen years and in that time, many people have come along, tried it, felt it was not for them and not returned. Others have come for a period and left, whilst some have stayed and become a happy bunch of friendly people. Pick up the phone and call me if you like, I am always delighted to meet you and talk about the laughter club and the benefits of laughing.

Life seems to be very challenging for many of us these days. Challenges can also be beneficial for our whole body, as we need to be stretched and challenged; there is such a thing as positive stress. There are also other more subtle challenges we may face due to unhealed issues within us. Do you get the feeling of what I am saying? It will ring true for a lot of people reading this and alternatively there will be a great percentage of individuals out there to whom it means absolutely nothing. Which is perfectly alright, we are all so different, a multitude of combinations in our physical body, health, work, hobbies, interests and on it goes.

In some difficult times in our lives, we may seek help, a counsellor, health professional, or perhaps to join a particular group or even a church. I recommend becoming aware enough to catch feelings where there is self-judgment and negative self-talk. And then to find ways to work with it in order to heal and



release what would otherwise remain unresolved and unhealed. Our lives will be richer for doing that.

Another possible scenario is to work through and heal unhealed traumas with the help of another person, learning to be kinder to yourself, even taking on the role of becoming our own inner coach.

It can be beneficial, when we ponder, meditate, journal, sit with nature, take time out and there are many ways to do that. It can be such a positive thing to have some quiet time with yourself, perhaps in nature, in order to become centred within, attuning to our soul and higher spiritual self.

Looking for support whether it is external, or, if we are lucky enough to be able to do this, find ways to regroup within yourself, back into feeling a balanced, centred human being.

And might I suggest, what can be highly helpful in these times of mental and emotional stress, that you come and visit with us and others to share laughter yoga? It can make a huge difference in your life whether you only need to come for a little while, or ongoing. I firmly believe that when you face yourself

when things do not seem right in your life, you will find a way to make the necessary shifts. Things genuinely get drawn towards us and of course, do please be careful about what you wish for, because it may not be the best thing to occur after all.

I believe you can do it, live a meaningful life, with clarity and purpose, no matter what time it is in your life or position that you are in. You can grow, evolve, becoming in touch with your purpose, which may also change as well. It is never too late and never, ever, give up! You can choose joy no matter what is going on.

I wish you well and do reach out to me or another if you need support through a difficult time in your life. Remember to create some fun things to do in your life, perhaps something unexplored, or to give yourself more time for your passion. It could be simple things to spend longer in the garden, or with your favourite creative pursuits. Knitting and crocheting can be steady and healing for some, regular walks, the list is unlimited. Volunteering is also a fabulous opportunity which people love to do. Feel into it, make a list, what will help you right here, right now? Be the change you wish to see in the world. There is still time.

Lots of Love and Laughter. Lynette Mitchell.

We meet as follows each month:

Ferntree Gully Laughter Club 11am 2nd & 4th Sunday

Boronia Library 11am Saturday – once a season

Rowville Library 11am 3rd Saturday

Knox Library 2pm 3rd Thursday

Ferntree Gully Library 2pm 4th Tuesday

First timers, please contact Lynette to confirm, in case of a meeting change.

Phone: 0425 799 258

Email: lynette@laughterforliving.com.au

Website: www.laughterforliving.com.au

People in need of support can call
Beyond Blue on 1300 22 4636

Hands on Myotherapy

WELCOME BACK ALISON



Our exciting news this month is that our director Alison, has returned from maternity leave.

"I'm very excited to announce my return to Myotherapy. Having enjoyed my time at home with my babies, I'm now ready to get back to another of my passions; treating and caring for my clients.

I've prided myself on being a good listener, empathising with my clients. I return with a deeper understanding and appreciation of how the role of a parent, carer or grandparent can be tiring, stressful and at times overwhelming. As a Mum I know how rewarding and wonderful this role can be, but I also appreciate how it can add other layers of stress and demands on the body. My own postpartum experience has encouraged me to further develop my skills to better treat injuries and conditions as a result of pregnancy, birthing and parenting.

Navigating Parenthood can be a challenge on its own but with added body aches and pains it sometimes makes it unnecessarily exhausting. I can tailor treatments using massage, dry needling and taping and also develop a customised daily living plan offering simple and practical solutions for all those constant niggles, aches, and pains.

I'm still available to treat necks, shoulders, backs, knees, jaws and sporting injuries but would also love to help treat and support expecting Mums, new Mums and parents who are currently on this wild but amazing ride of parenthood."

Alison is available for appointments Thursdays and Fridays. Call or book online via our website.



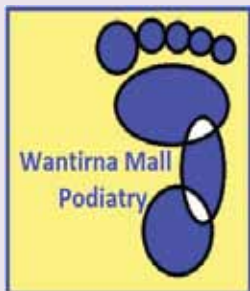
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Causes of cold feet - why are my feet always cold?

Many people report suffering from cold feet and also cold hands especially in bed. If your core body temperature drops the vessels in our hands and feet constrict to divert the blood away from our extremities to our core in order to keep our internal organs warm.

People with Raynaud's syndrome have small blood vessels which overcompensate when exposed to cold temperatures. The blood vessels in the feet shut off the blood supply causing cold feet and sometimes blue or purple appearance and then white. With subsequent exposure to warm temperature the feet can turn bright red.

There are several medical conditions can cause cold feet but the main medical problems that cause cold feet are decreased circulation in the extremities and nerve damage. One cause

of decreased circulation is when arteries are narrowed by fatty deposits and impede blood flow in the limbs, this is called Artherosclerosis. People with nerve damage, called Neuropathy, may also experience cold feet. With Neuropathy a person senses cold but the feet do not feel cold to touch. That is because the nerves that detect temperature sensations are not working properly.

If you are suffering from cold feet or are worried about your nerve endings or circulation it is a good idea to talk to your GP. A Podiatry consultation can also help; at Wantirna Mall Podiatry we conduct nerve and circulation assessments of the feet and can offer practical advice regarding your individual situation.



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News from Wantirna Osteopathy

by Dr. Nicole Muley (Osteopath)

Feeling the Winter Pinch? Arthritis and Winter

Arthritis describes over 100 conditions of joint pain and inflammation impacting 1 in 6 Australians. Common symptoms include joint pain and stiffness, swelling, and a reduction in joint movement.

It is common for arthritis sufferers to experience an increase in pain and stiffness as the cooler breeze kicks in. But why do the joint symptoms get worse?

Barometric pressure:

The pressure of the earth fluctuates with weather changes. A drop in the pressure of the atmosphere is more common during the winter months. When pressure drops, muscles and tendons in the body begin to expand which puts more stress on an arthritic joint and increases pain and stiffness

Blood flow and temperature:

Joints contain synovial fluid that keeps things running smoothly like the motor oil to your car. As the weather drops the consistency of the fluid become more like sludge reducing the lubricant like nature of the joint fluid and the ability for the joint to glide smoothly. In addition, as the temperature drops the body draws blood away from the extremities to help maintain a stable body temperature. This mechanism can make the muscles become tight and stiff heightening the pain response.



Movement:

As the winter season sets in the days tend to become shorter and the motivation to exercise in the winter chill declines. The reduction in physical activity often leads to a reduction in strength and joint mobility decreasing the overall joint function and enhancing symptom sensitivity.

There are simple changes you can make to ease the pressure of the winter months.

Stay Warm: Staying warm with layers of clothing, electric blankets and heat packs can help regulate your body temperature and reduce stiffness.

Exercise: Find the right exercise for you and keep moving to optimise your strength and joint movement.

Hydration and a healthy diet: Staying hydrated can help maintain synovial fluid. A nutritious anti-inflammatory diet can aid in the management of joint inflammation and reduce joint stress.

Manage stress: Incorporating stress management strategies such as breathing and meditation can help ease the pressure on the nervous system and reduce pain sensitivity.

Compression: Utilising quality compression can help with joint awareness, swelling and pain control to allow you to continue with the daily activities you enjoy.

How can Osteopathy help me?

Here at Wantirna Osteopathy we treat many patients suffering from arthritis. Regular hands on treatment can help reduce muscular tightness and improve joint mobility to provide relief. A practitioner will be able to provide you with tips and tricks specific to you, including possible compression and rehab exercises.

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Life Activities Club Knox

Our crafty Ladies have stored their needles in a safe place, maybe for later ??? The Cuppa and Craft crew have gone into recess, for how long??? Until another convener volunteers to organise and restart this activity. Hang on to your craft ideas. This crew knitted so many blankets which were sent overseas and to show appreciation our knitters received a thankyou card in the mail.

And the painting group have also washed their paintbrushes, packed their Artists bag and this activity is on hold. Our painters enjoyed the togetherness, helpful hints, experimenting with colour, and to finish their day, off they went to a local restaurant for dinner together.

With Armchair Travel, see the world in a comfy chair with friends and afternoon tea, enjoy videos of people's holidays one of which was a visit to Oman, Iraq and Turkey. Also see documentaries, films from Member's holidays, (and there has been many), and videos from around the world. No passport, no money changing, etc. etc.

Cards continue playing "500", Canasta and Bolivia. AND these can also be included in the Friday Social Board Games, same time, same hall in Ferntree Gully. 160 Underwood Road at 11 o'clock, bring your lunch if you like.

And Live Theatre, well "CHICAGO" last month was a hit, next in June 19th the Musical WICKED will again find a team of Theatregoers on the train to Melbourne for another friendly Social Outing.

Next local live theatre at the 1812 Ferntree Gully season 4 starts in August and sounds like a lot of fun. Title: The Sweet Delilah Swim Club, tickets \$25:00 pp.

Would you be interested in visiting the famous



Werribee Park Mansion and the beautiful Rose Garden?? Another great day out and it will cost \$20:00 pp for the bus and entry fee, bring or buy your lunch in the café there. Hopefully some bus seats still remain.

We're still walking various tracks; water aerobics is also fun and then there are the Dine-outs and lunch outings. For June, our Lunchers will meet at the Wantirna Club and the Diners will get together at Montana Restaurant in Bayswater.

!!!!!! "Christmas in July", Members will get together for a 2-course lunch and our cost is only \$25:00. Thanks to our devoted Committee.

For more details, and a copy of our current Newsletter please ring our Membership Secretary Lorraine.

Lorraine's number - 0438 068 334

COMMUNITY NEWS

Boronia Ladies Probus Club

We had a fabulous day out at Cruden Farm in Langwarrin. This property has been donated to the Community by the Murdoch Family, it's a truly wonderful place to visit. The gardens and surrounds are beautiful and very serene.

Members enjoyed a movie and a boxed Lunch at Boronia Cinemas in April.

We would love to have anybody looking for a friendly active social club come visit. Our next meeting is June the 19th at the Knox Club starting at 10.00. Contact no. 0435136472



Knox Over 50s

At Knox & District Over50s we are a very friendly and sociable group who normally meet on the 4th Tuesday of each month from January to November.

Our next General Meeting will be held at 10.30 am on Tuesday the 25th of June, at Club Kilsyth, 1-15 Canterbury Road, Bayswater North, followed by lunch in the bistro for those who wish to stay on.

We provide guest speakers, many day trips and an annual 4-5 day trip, visits to Boronia Cinema, coffee mornings, regular lunches at different locations around Knox and morning melodies. This year's 4-5 day trip will be visiting Adelaide and surrounds.

If you are looking to enhance your social life, come along and join us.

Previously, we have mentioned our trip to the Yarra Glen Harness Racing during April. Our photos show some of the "hopefuls" on the day and one very lucky winner!

We have a monthly newsletter (Knox Natters Matter) which will keep you up to date with the many fun social activities available.

If you are interested in joining our group, please contact Jill (on 9801 4363) for further information.

We look forward to hearing from you or, more importantly, seeing you in the near future.



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- Advocating with creditors
- Discussing the options you have so you can decide the best way forward
- Understanding which debts are priorities
- Developing budgets and set financial goals
- Accessing dispute resolution services
- Understanding your rights and obligations
- Refer on to other services as required

What can't a financial counsellor do?

- Give financial advice or act as a financial planner
- Provide legal, accounting or tax advice
- Give out cash, loans or pay bills
- Provide therapeutic counselling

EACH can also offer Financial Counselling support for:

- Victim/survivors of family violence
- Gamblers and those impacted by gambling – contact EACH Gamblers Help Eastern on 1300 003 224 or the 24 hour Gamblers Helpline on 1800 858 858 Gamblershelp.com.au
- Small Business support – through 'Partners in Wellbeing' that offers well-being coaching, business support and financial counselling. Partnersinwellbeing.com.au Ph: 1300 375 330



Champion Hosts OzHarvest's Nest Program

The Temple Society Australia opened their Bayswater hall kitchen to OzHarvest so that CHAMPION could host their NEST program in April/May. NEST (Nutrition Education Skills Training) is a six week program where the 8 participants learnt about healthy eating and easy, affordable cooking in a friendly and fun environment. The program included both theoretical and practical education.

Some of the dishes cooked included French Toast, Overnight Oats, Pumpkin & Tomato Quiches, Sausage Rolls, Minestrone Soup and a Lentil Curry

Run by Steph from OzHarvest, for most of these participants, it was a big decision to step out of their comfort zones to commit to this 6 week course. They made amazing tasting dishes and look forward to putting new practices into place at home.



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The Bayswater Senior Citizens Club Invites New Members

790 Mountain Highway Bayswater.

If you are over 50 and interested in joining a friendly club which provides Bingo, Cards (canasta) and carpet bowls as well as movie mornings in the clubrooms then you will find a warm welcome awaiting you.

**For further details contact our
President, Sandra on 0448 399 181**

**Creative
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Through Arts & Culture

Sunday 4 August 2024 10am to 3pm
Nunawading Community Hub

Explore how our diverse arts and cultural experiences enrich every age, nurturing body, mind, and soul for a happier, healthier family! Mark your calendar and be part of this one-day extravaganza!

MARKETPLACE

Stalls: Zentangle, Calligraphy, Nutrition, Traditional Chinese Medicine, Philosophy, Yoga, Sounds of Harmony, Interactive Lion Dance, Soap Making, Scrumptious Food, and More!

LEARNING JOURNEYS

Explore the stalls for authentic experiences that inspire positive change and foster personal growth, uncovering inherent virtues within each individual.

GLOBAL HARMONY

As individuals cultivate their inner virtues, they become catalysts for a harmonious world, where empathy and understanding flourish.

Sign up at
<https://www.trybooking.com/CROTJ>



COMMUNITY NEWS

Ferntree Gully View Club

Our monthly luncheon meetings are held on the 4th Monday of each month (except December) and includes a 2-course lunch, tea/coffee at a cost of \$35 (for June) and \$30 (for July). We have a meeting, then a speaker or entertainment. We support The Smith Family and raise money through our luncheons and in-house functions. We support 7 disadvantaged students through the 'Learning for Life' Program with the Smith Family. We also support a refuge for women and children escaping domestic violence.

Monday 24th June, 2024 - Our Club's 29th Birthday (Cost \$35). Singer: Katie

Monday 22nd July, 2024 - Cabella Mia Fashions Fashions modelled and can be purchased. Lunch (\$30).

If you want to join a club that is both welcoming and fun, come join us. Visitors are very welcome.

Time - 11.00am for a 12.00 noon start

Where - The Knox Club, corner Stud & Boronia Roads, Wantirna Sth. Contact: Romaine on 0421 400 549

Wantirna Day View Club

Wantirna Day VIEW Club (Voice, Interests, and Education of Women), is a group of friendly women who meet regularly to enjoy social interaction, whilst also raising valuable funds for The Smith Family Learning for Life Program.

We meet on the 1st Wednesday of the month (except in January) at The Stamford Hotel - Cnr Stud & Wellington Roads, Rowville – 10:30 am for an 11:00 am start. Members contribute a small fee of \$12 per meeting, (which includes morning tea, room hire, and raffle), and lunch is available to order at your own cost. Most meetings also host a guest speaker/entertainment for members' enjoyment.

We would love new members to join. Ladies of any age group, and from any location, would be most welcome. For more information please call our President – Kate on 0421 650 684

Boronia VIEW Club

Boronia VIEW Club meets at 11.30 am at Eastwood Golf Club, Liverpool Rd. Kilsyth. Meetings include a 2-course lunch costing \$30. The meeting on Friday 21 June will welcome Dorothy Coombe speaking about her role as Food Bank Victoria Community ambassador.

The meeting on Friday 19 July will welcome Heather Venten speaking about raising 7 daughters and starting up a netball club. There will be a book stall, trading table and raffle with all monies raised going to needy Australian children through The Smith Family learning for Life program.

The club is looking for new members so ladies of all ages and backgrounds please come along and you will be warmly welcomed. There are small groups within the club eg. coffee and film mornings and outings etc.

Enquiries to Judith on 9764-8602

What's On?

Event	Date & Time	Location	More Information
OLDER MEN : NEW IDEAS	2nd & 4th Fridays each month	Orana NH, 62 Coleman Rd ,Wantirna	Call Orana on 9801 1895, call 1300 13 50 90 or see the COTA web site
Changing Seasons Cafe	Wed to Fri 10.30am to 3.30pm Sat & Sun 9.00am to 4.00pm	31-34 Elizabeth St, Bayswater Access from the road	8720 1382 Facebook @ChangingSeasonsCafe
Wantirna Day View Club	1st Wednesday each month 10:30 am for 11:00 am start	Stamford Hotel Cnr Stud & Wellington Rds, Rowville	Kate on 0421 650 684
Ferntree Gully View Club	4th Monday of each month 11.30am	The Knox Club. Cnr Stud and Boronia Rd. Wantirna South	Romaine Meadowcroft - 0421 400 549
Boronia View Club	3rd Friday of each month at 11.30am. Dec. 17th 11.30 am.	Eastwood Golf Club Liverpool Road Kilsyth	Judith 9764 8602
Boronia Ladies Probus Club	3rd Wednesday of each month	Knox Club, cnr Boronia & Stud Rds Wantirna	Enquiries: 0435 136 472
Combined Probus Club of Wantirna Heights	First Wednesday of every month at 10am	Knox Boat Fishing Club, Schultz Reserve, Kingloch Pde Wantirna.	Michael 0439 551 209
iShred - Community Shedding Day	From 9.00am Sat. 15th June & Sat. 13th July	5/7 Samantha Crt. Knoxfield	1300 763 688
Ringwood Field Naturalists Club	2nd Wednesday each month at 7.30pm	Room 4, Maroondah Federation Estate, Greenwood Ave, Ringwood	Alison or Peter on 9801-6946 http://www.rfnc.org.au
Lions Club of Wantirna	1st & 3rd Wednesday each month at 7.00pm	Lions Club room, Bayswater Community Centre, 739 Mountain Hwy. Bayswater	Paul 0400 823 441
Scoresby 55+ Social Circle	Thursdays 10am-12.00noon	Scoresby Football Club, Scoresby Recreation Reserve.	Jeanette 0407 308 671 or John 0405 698 554
Knoxfield Ladies Probus	3rd Wed. of the month at 10.00am.	Wantirna Club, 350 Stud Road Wantirna	Jo 0414 914 091
Lions Club of Knox	1st & 3rd Tues of month at 7.00pm	Our Saviours Lutheran Church Knox 646 Burwood Hwy, Knoxfield	Sue 0411 529 293
Probus Club of Wantirna Sth	2nd Wednesday of the month at 10.00 am.	Wantirna Club, Stud Road Wantirna	Helen Dewar 0418 333 022
Scoresby TOWN Club	Wednesdays 8.30am	Scout Hall behind 91 Lewis Road Wantirna	9761 1875
The Hut Gallery	Open Sat/Sun 11am to 4pm	157 Underwood Rd. Ferntree Gully	thehutgallery.com.au
Rotary Club of Rowville Lysterfield	Tuesdays 6.45pm	Tosarias Restaurant, 60 Henderson Rd, Rowville	Kevin Harrison - 0419 919 011
Rotary Club of Knox	Wednesdays 12.45pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Harvey Gough - 0407 722 570
Rotary Club of Boronia	Tuesdays 6.30pm	Knox Club, cnr Boronia & Stud Rds Wantirna	Greg Mossop - 0437 599 949
Rotary Club of Bayswater	Wednesdays 6.00pm	Rotary Club Rooms , Marie Wallace Reserve, King Street, Bayswater	Ron Bridges - 0414 843 427
The Boronia branch of CWA	2nd Wednesday of the month Craft Meeting - 4th Wednesday	CWA Hall at 4 Sundew Ave Boronia	Evelyn on 9762 1537 or 0434 722346
Ringwood View Club	2nd Wed of the month 11am	Ringwood Club, Maroondah Hwy	Heather 0411 219 248
KSSSG-Knox Stroke Survivors	2nd & 4th Wed of the month 10.30am	Crave Restaurant, 236 Dorset Road Boronia	Lister 0413095061 Rob 9758 8582 Anna 0414976619



COMMUNITY NEWS

The Cubs Learn About Communication and Leadership

by Nicole Klep, District Leader of Cub Scouts.

On Saturday the 19th of May 22 Cubs from 6 Cub Units in the City of Knox attended a District Personal Development Course which is a requirement for achieving their Grey Wolf. The Grey Wolf Award is the highest award a Cub can earn and requires the Cub to challenge themselves and be self-motivated to earn certain badges and complete a number of tasks.

The Cubs participated in 11 sessions over the day. They started off the day with some warm up get to know you games. The human bingo was lots of fun. The Cubs learnt the duties of a patrol leader and assistant patrol leader. What makes a good patrol leader and assistant patrol leader? Lots of Cubs enjoyed the practical skill activities held outside, despite the drizzle. It is not easy to work out how to get a bucket outside a circle with only the use of spars and ropes or to have one Cub blind folded and direct them to erect a tent. They also had to turn a tarp over whilst standing on it at all times and move water from one bucket to another using only a straw, a balloon or one piece of A4 paper. Great activities for teamwork, communication and for Cubs to work on their leadership skills.

They also learnt about unit councils and how they can voice their choices and concerns. We had a fun activity of teaching another Cub a skill, so they could learn about skill transferring. They did some work on behaviour management, bullying and also participated in a youth forum where they reviewed

the course they attended and contributed to the District Cub program.

Overall the day went really well and the Cubs worked well as a team and individually.



If you are interested in trying Scouting go to: <https://scoutsvictoria.com.au/locations/all-groups/>

2nd/3rd Bayswater, 1st Wantirna South, 2nd Wantirna, 1st Knoxfield and 4th Knox are the local Scout Groups. You can try three nights for free! So come along and join in the fun. Scouting is for youth from age 5 to 26 years and after 26 lots of fun is to be had by becoming a leader!



Gully Market News

The Gully market had a special mother's day market weekend on 11 - 12 May. We donated \$3000 including stall fees collected over the weekend plus whatever we raised through fundraising to the Otis foundation.

This foundation provides retreat accommodation for breast cancer patients and their families. It was founded by a Bendigo doctor in 2000, at the bequest of his wife, who died of breast cancer age 36, and now has retreat accommodation Australia wide. Some are purpose built, but over time many people around Australia have donated time at their holiday houses to the foundation. I urge people to look online and read the story of this wonderful foundation, and, if able to, make a small donation. After all, everyone knows someone suffering from breast cancer. Prior to this, on the weekend of 27-28 April we donated the stall fees collected totalling \$515 to the Anzac appeal.

Remember the gully market operates Saturday and Sunday, and we need the community support so that we can continue to support worthwhile causes like this. See our website to find out who we have donated to so far, totalling nearly \$14,000. Thanks to Ian Rice - Market President, Tracy Pate - Treasurer/ Secretary and Dianne Cree - PA/Social Media.



Ian Rice, President and Tracy Pate, treasurer/ secretary surrounded by stall holders and customers presenting a cheque for \$ 3000 to Claire Culley, CEO of Otis Foundation

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Wantirna Tennis Club So much more in '24

by Alison Rogers

SPORT NEWS

This is going to be a massive year for Wantirna Tennis Club. The Club will turn 90 years old later in the year. To celebrate this event we will be having an afternoon down at the Club on Sunday 15th September. Keep an eye out for more details.

We are planning a big celebration with everyone being asked to come along and join with us. Past members, past players, current members and all their families will be there. We hope you can come along and enjoy this time with us. Any photos tucked away in the cupboard? We would love a copy.

Did you play at Wantirna? I wonder if you are in this photo from 1967.

Call Alison 0408 576 025 to show expressions of interest.



Book a Court

Have you had a chance to come down and have a play on our new courts yet?

There has been a lot of interest in our five new classic clay courts and these, along with our 5 en tout cas courts, are being well used through our 'book a court' system. These courts are now available for booking both day and night. When booking, select the 'lights' option, so that the lights come on automatically for you before play. So come on down and have a hit, we welcome you all.

Juniors

The winter competition season started on the 27th of April. Wantirna has 20 junior teams competing this season and it was great to see all the kids excited to get involved.

If you have children who would like to join in with the Junior Members of our Club and play some team tennis, please give us a call. Details at the end of this article. All welcome.

Coaches Corner at Wantirna

To book in for the camp please contact Mike Alder on 0433511904 or email michaeljohnalder@gmail.com

All aspects of Mike and Troy's Coaching program has grown, with the Cardio Tennis for both women and men being extremely popular.

The junior program is also going well with many of those being coached moving on to playing junior Competition for the Club.

For anyone who hasn't tried Cardio Tennis yet, don't forget you're welcome to come and have a free trial.

Classes are Tuesday and Thursday lunchtimes as well as Monday, Tuesday and Thursday evenings. Sessions are 45 minutes and it's a fantastic way to enjoy tennis while getting a huff and puff!

Also a reminder that if anyone needs a new racquet, a restring or anything tennis related we can offer great service and pricing on all major brands.



Social tennis

Social Tennis is still going strong on Tuesday mornings. Even if the weather is hot or cold come on down and join the others or just have a coffee and a chat. It is lovely to see our group of social players expanding. They are a great group of friendly people.

If you don't feel you can commit to competition, or are not sure if you are good enough to play tennis, come on down and have a hit with some of the social players at the Club. You don't know till you have a go. All standards are welcome. Enclosed grounds keep young children safe and while they enjoy the playground, you can have a hit.

It is only \$5 for visitors, members free. All welcome.

About Wantirna Tennis Club

Visit our website for details on how to join our Club. We have excellent facilities including two BBQs covered with a shade cloth sail. We have 10 tennis courts and a Coaching area in the terrific setting of Wantirna Reserve. We offer a range of competitive tennis and social tennis for both adults and juniors with an excellent coaching programme, plus Hot Shots and Cardio tennis. With safe access into the complex and beautiful grounds set in the peaceful Wantirna Reserve with the Knox/East link bike track going right past our front door. Give us a call or check out our website to get more details and information on membership or tennis coaching.

At Wantirna you can always see what is happening by checking out our website or face book page.

Club coaching team: Troy & Mike 0424693005 or email coaches@wantirnatennisclub.org.au or t_murrell@bigpond.com Coaching Face book: www.facebook.com/troyandmiketennis.com

Wantirna Tennis Club Inc Melway Ref: 63C8

Wantirna Reserve, Cnr Mountain Hwy and Burwood Hwys Wantirna
PO Box 5295 Studfield 3152

Club Secretary: Alison 0408576025 or email wantirnatennis@gmail.com

Web: www.tennis.com.au/wantirnac/

WTC Face book: www.facebook.com/.../Wantirna-Tennis-Club

HELP US UNDERSTAND ECO-ANXIETY IN KIDS

MONASH University
Ethics Approval Number: 38204

WHO CAN PARTICIPATE?

- English-speaking children aged between 9 and 12 years old, who completed NAPLAN in 2023 or 2024.

WHAT WILL MY CHILD BE ASKED TO DO?

- Complete a 20-30 minute online survey about their feelings about the state of the environment.
- Complete a 5-10 minute survey, 3 weeks later.

WHAT WILL I (PARENT/CAREGIVER) BE ASKED TO DO?

- Complete a 5-10 minute online survey, about your own feelings about the state of the environment.

You will receive a personalised report about your child's eco-anxiety!

To register your interest, scan the QR Code or follow the link below:



<https://redcap.link/0krberet>

Questions? Email psych.ecoanxiety@monash.edu



Templeton Tennis Club News

Family Fun Day Success and Winter Competition Commences

by Neil Houlston, Secretary

Templeton Tennis Club has had multiple recent events in the last few months including our Family Fun Day and commencement of the winter 2024 competition on weekends.

Summer 2024 Competition Results

Our adults' team in B Special 1 won their grand final at the club with both singles coming down to a 3rd set. Congratulations to Boris, Mile, Brad and Luke on their success.

Most of our junior teams progressed to the grand final and many were very close runners-up.

We would like to congratulate all players on another successful season for our club!

Family Fun Day Success

Our Family Fun Day was a success with 16 teams entered across multiple grades, resulting in a full house day of fun.

There was a great atmosphere full of juniors, parents and a few adult players, with many getting practice before the next competition season commenced. It was great to see everyone sharing the same passion for tennis.

Winter 2024 Competition Commencement

We are now a few weeks into our weekend winter competition for both juniors and adults.

Our club this season has 9 Sunday Morning Junior

teams, 4 Saturday Morning Junior teams and 3 Saturday Afternoon Adult teams.

We wish all players the best of luck for the current season.



Follow Us On Socials

To stay up to date with events and everything else happening at Templeton Tennis Club, make sure to follow our Facebook and Instagram pages (@templetontennisclub). The new pages have the blue tennis ball icon for the profile picture.

Templeton Tennis Club Inc.
Templeton Reserve, Templeton St
Wantirna 3152.
Melway Ref. 63 G9
Membership: Leanne 0493 450 111
President: Chris 0425 763 106
Coaching: Kelly 0414 874 482
Website: www.templetontennis.com.au
Email: president@templetontennis.com.au

Orana Carers Walk

Inviting carers of people with disability, mental illness or aged person to attend free walking events in Victoria, connect with other carers, and to learn about the supports available.

Morning tea & guest speaker after each monthly walk!

WHEN	2024: 6th Jun, 4th Jul, 1st Aug, 5th Sep, 3rd Oct, 7th Nov, 5th Dec
WHERE	Orana Neighbourhood House 62 Coleman Road, Wantirna South VIC 3152
CONTACT	Belinda.Carney@knox.vic.gov.au

FIND A WALK NEAR YOU!
Visit: nhvic.org.au/walks-for-carers-ncc

QUESTIONS?
Contact the NHVIC Carers Project Coordinator:
michelle@nhvic.org.au

where carers are always welcome

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